See an Ophthalmologist

Ophthalmologists are medical and surgical doctors trained to recognize and treat all threats to your vision.

Healthy Adults
Age 40: get a comprehensive eye exam
Age 65 and older: every year or two

Adults with Risk Factors
People with diabetes: dilated eye exam every year
African Americans 40 and older: dilated eye exam every 2 years
People with a family history of glaucoma: dilated eye exam every 2 years

For ophthalmologist-reviewed information about eye diseases and treatments, eye health news, and tools to locate an ophthalmologist, visit:

aaao.org/eyesmart

Based on a survey conducted by The Harris Poll and the American Academy of Ophthalmology.