



AMERICAN ACADEMY  
OF OPHTHALMOLOGY®

# AAO 2021

## Join Your Fellow YOs

### AAO 2021 YO Event Guide

Where All of Ophthalmology Meets®

[aao.org/2021](https://aao.org/2021) [aao.org/yo](https://aao.org/yo) #aaoyo #aao2021

**AAO 2021** Fri-Mon, Nov 12-15

**Subspecialty Day** Fri-Sat, Nov 12-13

**AAOE® Program** Fri-Mon, Nov 12-15

**REGISTER NOW**

for in-person or virtual attendance

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Protecting Sight. Empowering Lives.®



## This year we are celebrating two very important milestones at AAO 2021 in New Orleans!

First, the opportunity to meet in person again! The Academy's YO Committee has developed educational sessions and exclusive "YO Lounge Empower Hours" that will help you prepare for a successful career and practice. Your participation makes the experience richer, and we are so excited to welcome you.

Second, we hope you will join us in celebrating the YO Committee and our subcommittees as they are honored with the [Academy's 2021 Special Recognition Award](#) during the Opening Session on Friday, Nov. 12.

This award acknowledges the impact young ophthalmologists have had on the Academy for the past several decades. Since the YO Committee's inception in the late 1990s, and with the addition of three YO Subcommittees, we have brought a significant voice along with more effective and diverse representation to the Academy.

- **The YO Info Editorial Board** has produced a well-received e-newsletter distributed monthly to YOs around the globe. [YO Info](#) features clinical pearls written by and for YOs, as well as many other topics. Special editions are produced each year including the [Resident Edition](#), [Graduate Edition](#) and [International Edition](#).

- **The YO Advocacy Subcommittee** has engaged YOs at the state and federal levels. Its most significant outcome has been its contributions to the [Advocacy Ambassador Program](#). Residents and fellowship trainees come to Washington, D.C., each year for the [Academy's Mid-Year Forum](#) to learn and participate alongside seasoned advocates.
- **The YO International Subcommittee** has focused on facilitating the development of complementary YO structures around the globe and collaborating on joint educational sessions specific to YOs. YO committees are now prevalent in state, subspecialty, regional, national and supranational ophthalmology societies.

Beyond these specific efforts, the YO Committee has been instrumental in adding new insight and innovation to the Academy's presenter panels and resources such as the ONE Network®, EyeWiki® and Academy social media efforts. YOs are increasingly participating as members of important secretariats, committees and task forces. If you want to get involved, please [volunteer](#) for the Academy.

**There is so much to celebrate, and we hope to see you there!**



## YO Lounge

**Open Daily from 8 a.m. – 5 p.m.  
Room 222**

*The 2021 YO Lounge and YO Program are supported in part by Allergan.*

Don't miss these three YO Lounge Empower Hours each day from 1 – 2 p.m.

**Saturday, Nov. 13**

**Empower Hour: Academy Resources for Every Stage of YOur Career**

**Sunday, Nov. 14**

**Empower Hour: Practice and Risk Management Pearls for a Successful Career**

**Monday, Nov. 15**

**Empower Hour: Guardians of the GalaxEYE – Advocacy for Every Stage of YOur Career**



## AAO 2021 YO Program

**Sunday, Nov. 14 | Room 252-254**

2021 YO Program Chairs:  
Meron Haile, MD, and Viraj Mehta, MD, MBA

This year's YO Program is action packed. Make sure to add one or all sessions to your meeting schedule.

### **PART I: Carving Your Path as a Resident and Beyond**

9:45 – 11 a.m.

Learn about choosing your practice type, negotiating contracts, managing your online reputation, expanding your surgical experience and much more. Plus, hear from Academy President Tamara R. Fountain, MD.

### **PART II: Wellness: A Practical Guide to Your Rights and Resources**

11:30 a.m. – 12:45 p.m.

Join the conversation on balancing parenthood, protecting patients, discovering your side gig and securing financial wellness. We will also recognize winners of this year's YO/ONE® Network Surgical Video Competition.

### **PART III: Why Representation Matters: A New Era of Equity**

2 – 3:15 p.m.

Be inspired and meet the recipients of the Academy's 2020 and 2021 Artemis Awards, selected for their outstanding service. Hear your colleagues discuss matters concerning the LGBTQ community, health care disparities and diversity in clinical trials.

**Build your meeting schedule by using the [online program search](#)**

Search for events relevant to YOs by using the filter "Endorsed by the YO Committee."

## YO Symposia

**Saturday, Nov. 13**

**SYM12 | 3:45–5 p.m. | La Nouvelle Orleans C**

### **Mentoring in Ophthalmology**

Chairs: Janice C. Law, MD and Nathan L. Scott, MD

Behind every successful professional is a team of mentors. This symposium will compare the roles of mentoring, coaching, advising and sponsoring. Ophthalmology has always depended on the products of mentoring and having diversity among mentors and mentees. We will dive deep into best practices for successful relationships and the entity of reverse mentoring to benefit mentors of all career stages.

**Monday, Nov. 15**

**SYM34 | 8–9:15 a.m. | Room 243–245**

### **Self-Reflection at Any Stage of Your Career — Things I Would Tell My Younger Self**

Chairs: Janice C. Law, MD and Marguerite B. McDonald, MD

Pairs of senior ophthalmologists and young ophthalmologists will discuss a variety of challenges and opportunities faced in medicine, such as obtaining work-life balance, ensuring wellness, breaking through the glass ceiling, diversifying leadership ranks and developing successful relationships with mentors.

*Jointly sponsored by the YO Committee and Senior Ophthalmologist (SO) Committee*

**SYM68 | 11:30 a.m.–12:45 p.m. | Room 340–341**

### **Welcome to the Real World of Ophthalmology: Reality 101 for Residents and Fellows**

Moderator: Robert F. Melendez, MD, MBA

Panelists: Nicole Bajic, MD; Jennifer F. Jordan, MD; Brad E. Kligman, MD

Join an interactive YO panel discussion around practice management pearls and how active participation in organized medicine can be a unique benefit for your career.

*Welcome to the Real World of Ophthalmology is supported in part by Allergan and Omeros.*

## Learning Lounge Hall C, Booth 600

**Sunday, Nov. 14**

**LL19 | 3:30–4:30 p.m.**

### **Contract Negotiation and Getting What You Want**

Moderators: Arvind Saini, MD, MBA and James G. Chelnis, MD

Learn from your YO peers on pearls and pitfalls on contracts and finances as well as aiming for what you really want as you launch your career.

**Monday, Nov. 15**

**LL27 | 2–3 p.m.**

### **Building Global Ophthalmology into Your Career**

Moderator: Simon Fung, MD, MA, FRCOphth  
Panelists: Mais Alkilany, MD, MRSCED(OPHTH); Jacquelyn A. O'Banion, MD; Jeff H. Pettey, MD, MBA

Global ophthalmology continues to grow and become a full-time focus for many physicians. Learn how you can take your career to this next level.

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## Social Events



### Orbital Gala Masquerade

**Sunday, Nov. 14 | 6 – 8 p.m.**  
**House of Blues, New Orleans**

The *Orbital Gala* has been reimagined into an intimate, exclusive and masquerade-themed cocktail party with a full bar and heavy hors d'oeuvres. The shorter time format gives you the flexibility to enjoy time with friends and colleagues and sample the flavors of New Orleans. Celebrate our guest of honor, David Noonan, bid on auction items including *Conversations with Legends*, hear from the YO selected as the Academy's 2021 *Artemis Award* recipient, and more.

### 2021 Global YO Reception

**9 p.m. – Midnight**  
**Location: Republic NOLA (828 S. Peters St.)**

**Meeting badge with YO Ribbon required for admission**

Following the *Orbital Gala Masquerade*, join colleagues for a night to remember in New Orleans.

*The 2021 Global YO Reception is supported in part by the Ophthalmic Mutual Insurance Company (OMIC).*

## Get Published on EyeWiki and Win!

If you are an ophthalmology resident anywhere, or currently in a fellowship in the United States, the American Academy of Ophthalmology encourages you to take advantage of the phenomenal online publishing opportunity **EyeWiki®** provides.

**Questions?** Email [eyewiki@aao.org](mailto:eyewiki@aao.org).

### U.S. YOs: Contribute to EyeWiki, Win A Trip to Mid-Year Forum 2022

Four residents and/or fellows who contribute to EyeWiki will win all-expenses-paid trips to the Academy's Mid-Year Forum 2022 in April in Washington, D.C.

**Simply write and submit** a high-quality EyeWiki article in any of the following areas before December 1, 2021:

- Cataract/Refractive Surgery/Cornea/Anterior Segment
- Retina/Vitreous/Uveitis/Oncology/Pathology
- Glaucoma/Neuro-Ophthalmology
- Pediatrics/Strabismus/Oculoplastics/Orbit/Ocular Trauma

### International YOs: Contribute to EyeWiki, Win Academy Online Products

If you are an ophthalmologist (including residents and fellows in training) outside of the United States, the Academy invites you to contribute to EyeWiki and compete for one of four annual prizes.

Winners will receive the Academy's Basic and Clinical Science Course™ (BCSC®) complete eBook set.

**Simply write and submit** an original, high-quality EyeWiki article in any of the following areas before June 2, 2022:

- Cataract/Refractive Surgery/Cornea/Anterior Segment
- Retina/Vitreous/Uveitis/Oncology/Pathology
- Glaucoma/Neuro-Ophthalmology
- Pediatrics/Strabismus/Oculoplastics/Orbit/Ocular Trauma

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## Not Attending AAO 2021 in Person?

AAO 2021 Virtual is the online component of the Academy's annual meeting that allows you to participate in the live sessions in New Orleans — including the YO Program and the YO Symposium, Mentoring in Ophthalmology. Ask questions and engage with our moderators and speakers as you watch the sessions live.

**REGISTER NOW**

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## Engage With Colleagues and the Academy on Social Media

#aao2021 #aaoyo



### Facebook:

Like and follow the Academy's Facebook Page



### Twitter:

Follow @aao\_ophth. Use the official hashtags, #aaoyo and #aao2021, for conversations and real-time meeting updates.



### LinkedIn:

Follow American Academy of Ophthalmology



### Instagram:

Follow @aaoeye



### YouTube:

Subscribe to AAOtv