LAST MONTH’S BLINK

**Traumatic Aniridia**

A 77-year-old woman, 2 weeks after undergoing uncomplicated laser-assisted phacoemulsification of her right eye, presented 2 hours after falling onto the right side of her face. Her vision was hand motion with 2+ corneal folds, total hyphema, and IOP of 40 mm Hg. There was no evidence of corneal or scleral laceration. Upon emergent anterior chamber washout (1A; note residual blood), absence of the iris was observed (1B). No vitreous hemorrhage or retinal detachment was evident. The recently implanted IOL was centered and intact within the capsular bag. The patient was placed on topical glaucoma medications, bed rest, and a short course of oral prednisone. Over 1 month, her corneal edema and hyphema cleared (1C). A year later, with total aniridia and a centered, intact IOL (1D), she denies complaints of glare and has maintained 20/30 uncorrected VA.

There are few reports of isolated aniridia in pseudophakic eyes after nonperforating blunt trauma, without dehiscence/extension of the cataract incision.1-6 Small self-sealing modern cataract incisions appear to be protective against expulsion of intraocular contents, which has led to several theories regarding the mechanism of traumatic aniridia.3,4 Acute rise in IOP from blunt trauma may allow the corneal incision to act as a “release valve,” promoting rapid progression of an iridodialysis to complete avulsion and subsequent expulsion due to the high-velocity injury.3,4 In our case, there was total iris loss, but the remainder of the intraocular contents remained stable and intact. Thus, it is possible that the IOL may have acted to absorb the impact and block disruption of surrounding tissue.5 An additional theory is that the traumatized iris may have remained within the eye, only to undergo rapid phagocytosis by macrophages and trabecular meshwork cells.3


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