

CHECKLIST: Things to Take with You When Leaving Residency or Fellowship

Created by Natasha Herz, MD, for the American Academy of Ophthalmology's *YO Info*, www.aao.org/yo/yo_info.cfm

1. **The list of instruments and suture you use for each procedure, the company that makes them and the catalog ID number for each one (get from scrub nurse).**
 - a. Cataract
 - b. Trabeculectomy
 - c. Plastics
 - d. Keratoplasty
 - e. Suture brand, material, length and needle used in the various procedures
2. **All your phaco settings. (Ask the surgical rep for the machine you use to e-mail you these.)**
 - a. Different grades of cataracts
 - b. Low-flow settings for floppy iris cases
 - c. Anterior vitrectomy settings
 - d. Have surgical rep at new surgical center present at first case to program your machine
3. **All the surgical consent forms — major and minor surgeries.**
 - a. YAG capsulotomy
 - b. Chalazion excision
 - c. Punctal plug placement
 - d. Lid lesion excision
 - e. Generic minor procedure form
 - f. Cataract (including premium IOL info sheet/consent)
 - g. Refractive surgery (info and consent)
4. **All exam forms.**
 - a. New patient exam
 - b. Follow-up full exam
 - c. Follow-up quick exam
 - d. Post-op exam
 - e. New patient forms
5. **Any educational handouts that you use regularly to explain eye conditions, treatments or pre-op/post-op care.** (Have these e-mailed to you, if possible, as electronic versions are best.)
6. **Your favorite eye model (as long as it's yours to take!) or eye photo that you use to explain eye conditions and surgeries.**
7. **All the contact information for your mentors and professors, including e-mail address, cell, pager, etc.**