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LAST MONTH'S BLINK

Bilateral Ectropion in Nonbullous Ichthyosiform Erythroderma

A 34-year-old woman presented with a six-month history of tearing, foreign body sensation, and outward turning of lid margins in both eyes. Her visual acuity was 20/20 in the right and left eyes. Examination revealed bilateral lower lid ectropion and loss of cilia, along with whitish scales on the skin around the eyelids and face (Fig. 1). Scales and dry skin were present all over her body, especially on the extensor aspects of the hands (Fig. 2), forearms (Fig. 3), and legs, which also had thick, dry, plate-like scales (Fig. 4). In addition, she had clubbing of the fingernails (Fig. 2). She also complained of decreased sweating. Notably, the patient had been born with a collodion membrane, which exfoliates over time, leaving scales on the body. She was referred to the dermatology clinic, where a diagnosis of nonbullous congenital ichthyosiform erythro-



derma (NBCIE) was made, and the patient was started on daily oral acitretin and local application of emollients.

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