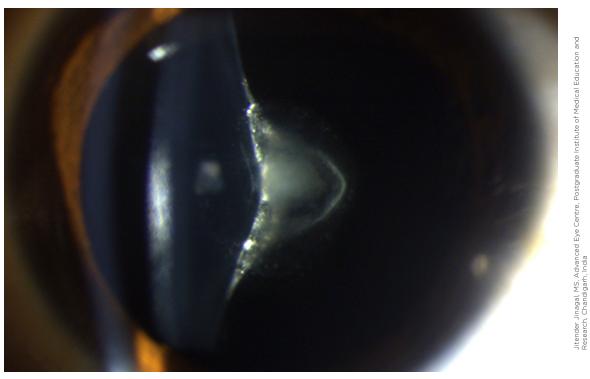
MYSTERY IMAGE BLINK



WHAT IS THIS MONTH'S MYSTERY CONDITION? Visit aao.org/eyenet to make your diagnosis in the comments.

LAST MONTH'S BLINK

Bilateral Ectropion in Nonbullous Ichthyosiform Erythroderma

34-year-old woman presented with a sixmonth history of tearing, foreign body sensation, and outward turning of lid margins in both eyes. Her visual acuity was 20/20 in the right and left eyes. Examination revealed bilateral lower lid ectropion and loss of

cilia, along with whitish scales on the skin around the eyelids and face (Fig. 1). Scales and dry skin were present all over her body, especially on the extensor aspects of the hands (Fig. 2), forearms (Fig. 3), and legs, which also had thick, dry, platelike scales (Fig. 4). In addition, she had clubbing of the fingernails (Fig. 2). She also complained of decreased sweating. Notably, the patient had been born with a collodion membrane, which exfoliates over time, leaving scales on the body. She was referred to the dermatology clinic, where a diagnosis of nonbullous congenital ichthyosiform erythro-



derma (NBCIE) was made, and the patient was started on daily oral acitretin and local application of emollients.

WRITTEN BY NITIN KUMAR, MBBS, MS, AND ZORAMTHARA ZADENG, MBBS, MS, ADVANCED EYE CENTRE, POSTGRADUATE INSTITUTE OF MEDICAL EDUCATION AND RESEARCH, CHANDIGARH, INDIA. PHOTOS BY THE AUTHORS.

