

Q

RVO

Is retinal vein occlusion (RVO) an embolic condition?

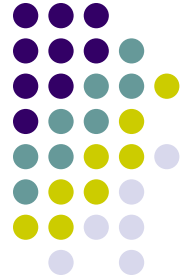


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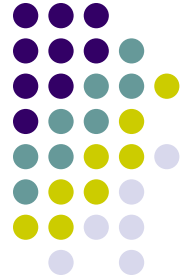
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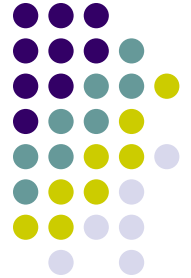
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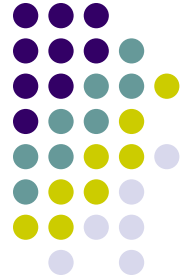
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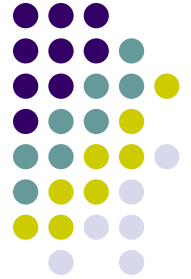
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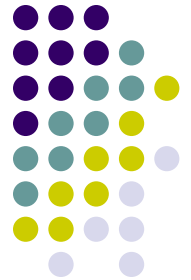
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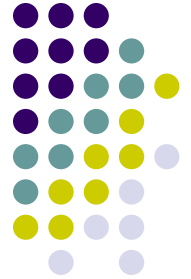
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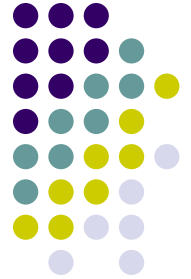
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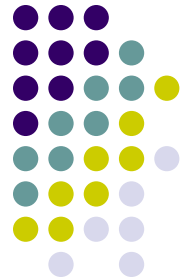
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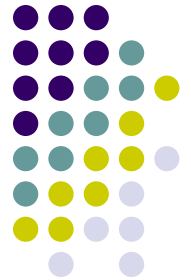
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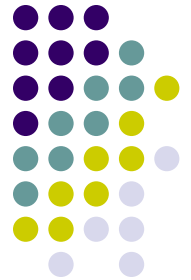
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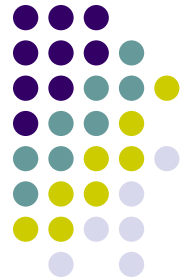
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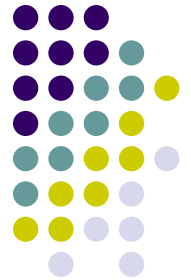
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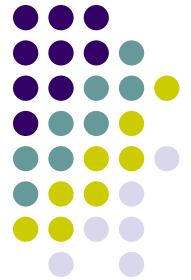
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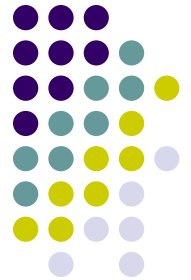
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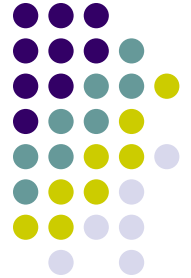
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Regarding RVO risk factors—may I introduce ‘the H’s.’

You know three already; what are the others?

Do RVO pts

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--Hypertension

--High IOP (ie, OAG)

--Hyperglycemia (in CRVO for sure; not clear re BRVO)

In a sense

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All that being said, the Retina book emphasizes two risk factors for RVO. Which two? (Note: One of them is not on the list above.)



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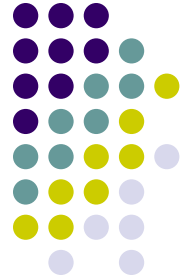
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HTN and **advancing age**

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Age. Over % of CRVO pts are older than #

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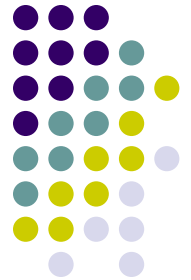
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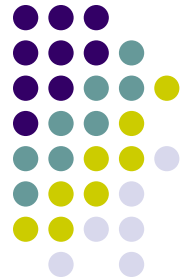
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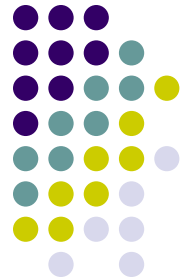
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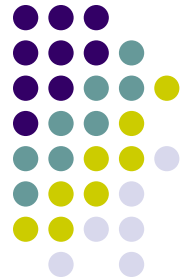
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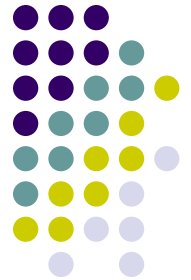
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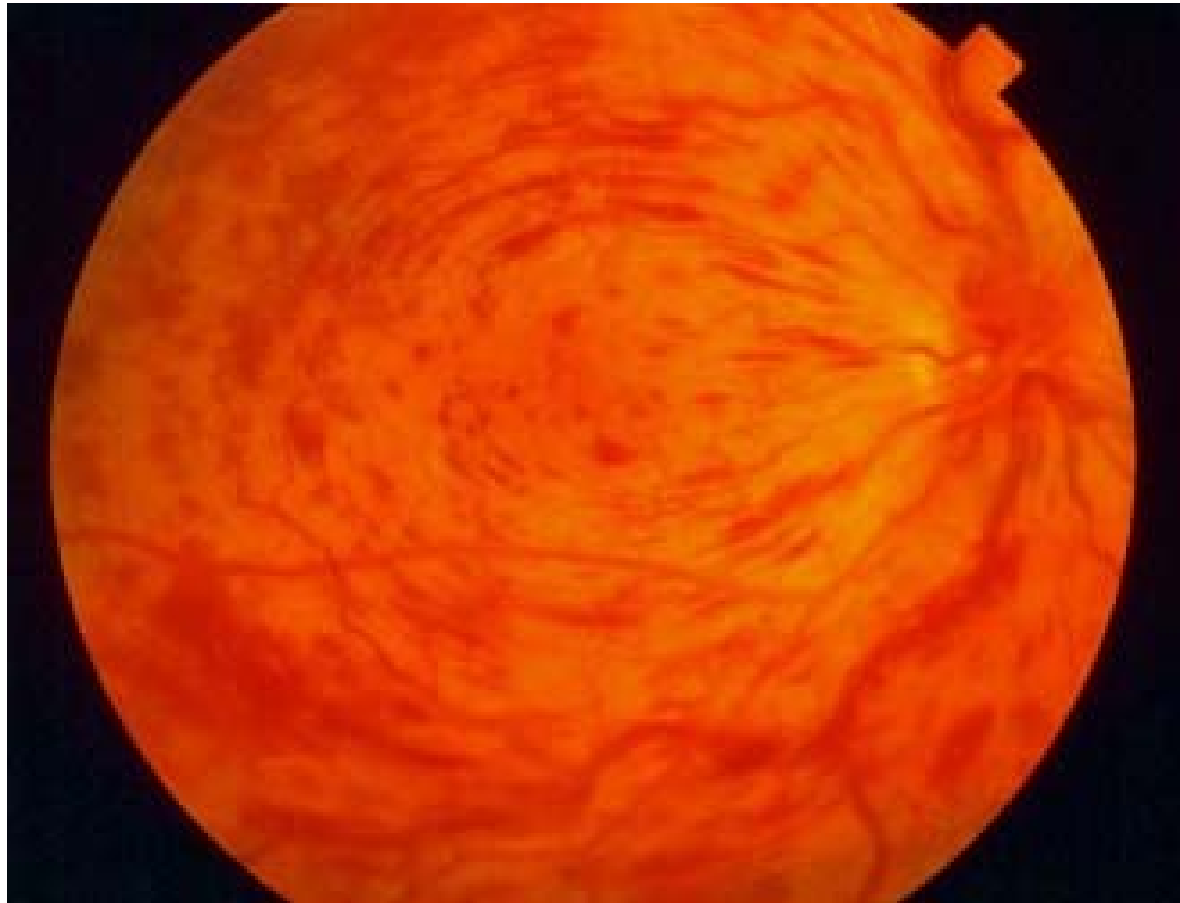
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- Intraretinal hemorrhages
- Tortuosity of the involved retinal vasculature



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CRVO: Tortuous veins; retinal hemorrhages

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OK then, what is the mechanism underlying RVO?

Thrombosis of the venous structure

Do RVO pts tend to be vasculopathies?

Yes. HTN is mos def a risk factor for all forms of RVO

What role does vasculopathy play in the genesis of a RVO?

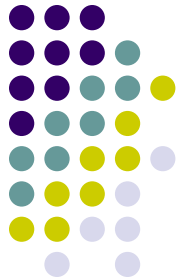
Vasculopathy contributes to the development of atherosclerotic dz. And it's atherosclerotic changes to retinal arterial vessels that cause them to impinge upon and compress adjacent venous vessels. Impingement impedes blood flow through the venous vessel, as well as damages its endothelial cells. The combination of endothelial damage and impeded blood flow initiates the clotting cascade, the result being formation of a thrombus.

What two DFE findings are the hallmark of an RVO event?

--Intraretinal hemorrhages

--Tortuosity of the involved retinal vasculature

*In BRVO, the retinal findings are limited to a single quadrant.
Which quadrant is most likely to be involved?*



RVO

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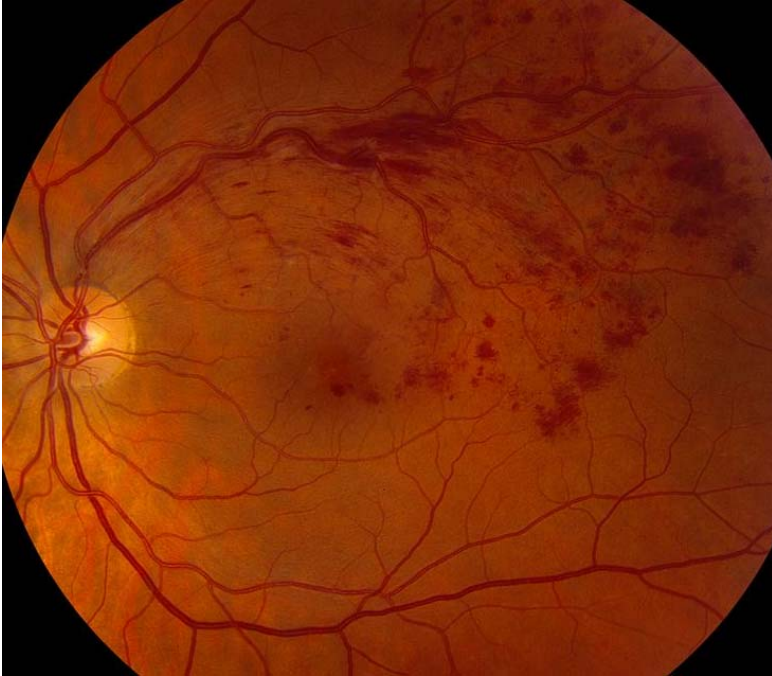
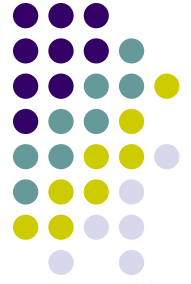
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The superotemporal



RVO



BRVO in the S-T quad

RVO

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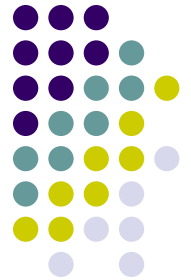
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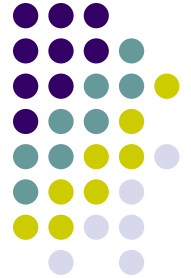
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Next we will look more closely at BRVO

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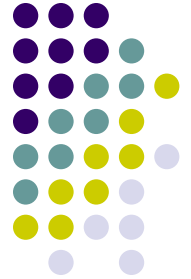
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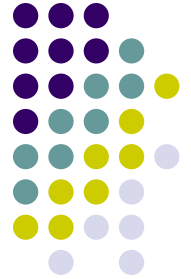


A

BRVO

In the present context, what does BVOS stand for?

Branch Vein Occlusion Study, a major clinical trial regarding BRVO mgmt



BRVO

Q

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What three questions did the BVOS seek to answer?

1)

2)

3)



A

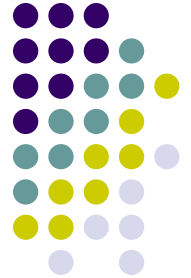
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Q

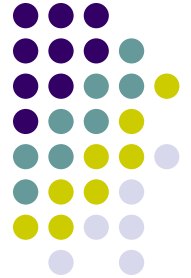
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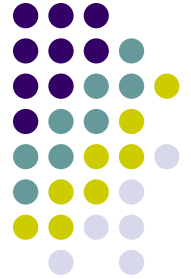
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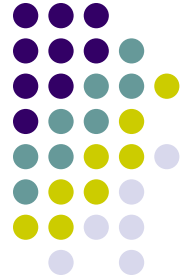
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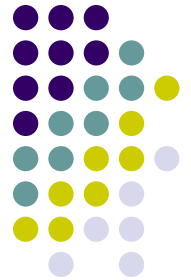
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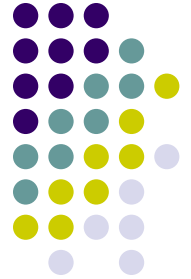
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Because their use wasn't even a gleam in Dr Flynn's eye when the BVOS was performed. (To be clear, I'm referring here to *Harry* Flynn, not myself. And no relation, if you're wondering.)



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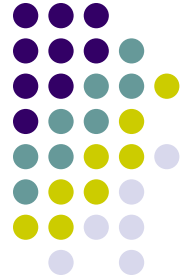
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Note: Because the Retina book runs through the BVOS findings/recs re laser tx for macular edema after BRVO, we will do the same

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Q

BRVO



- BVOS recs re *macular edema* after BRVO:
 - Wait length of time for spontaneous resolution

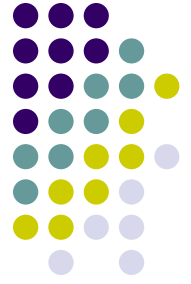
A

BRVO



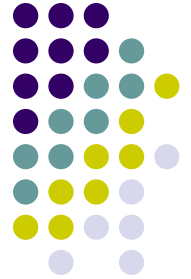
- BVOS recs re *macular edema* after BRVO:
 - Wait 3 months for spontaneous resolution

RVO



Macular edema after BRVO

BRVO

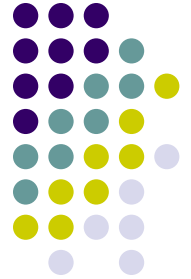


- BVOS recs re *macular edema* after BRVO:
 - Wait **3 months** for spontaneous resolution

*Apropos of what we just noted: We **don't** wait 3 months hoping for spontaneous resolution any more. Rather, treat (pharmacologically) ME after BRVO **immediately!***

Q

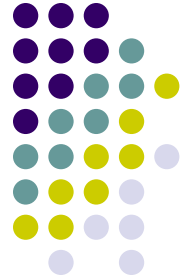
BRVO



- BVOS recs re *macular edema* after BRVO:
 - Wait 3 months for spontaneous resolution
 - Perform grid macular laser (GML) if:
 - VA is Snellen to Snellen, and...

A

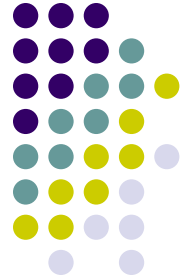
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- BVOS recs re *macular edema* after BRVO:
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 - Perform grid macular laser (GML) if:
 - VA is 20/40 to 20/200, and...

Q

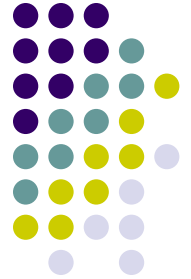
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- BVOS recs re *macular edema* after BRVO:
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 - FA reveals no two words

A

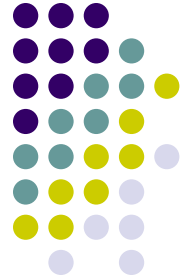
BRVO



- BVOS recs re *macular edema* after BRVO:
 - Wait 3 months for spontaneous resolution
 - Perform grid macular laser (GML) if:
 - VA is 20/40 to 20/200, and...
 - FA reveals no foveal ischemia

Q

BRVO



- BVOS recs re *macular edema* after BRVO:
 - Wait 3 months for spontaneous resolution
 - Perform grid macular laser (GML) if:
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 - FA reveals no foveal ischemia
 - Per the BVOS, patients treated with GML are:
 - twice as likely to ?Gain VA? Not lose VA?, and

A

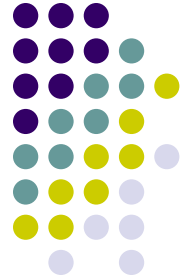
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 - twice as likely to gain 2 lines of VA, and

Q

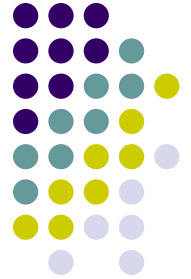
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 - Per the BVOS, patients treated with GML are:
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 - twice as likely to have a final VA \geq Snellen

A

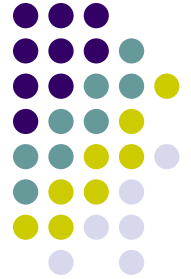
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Q

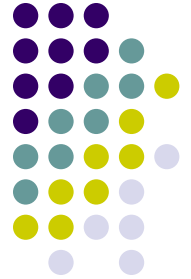
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- Re *eyes with neovascularization* after BRVO...
 - Scatter photocoagulation reduces the risk of vitreous hemorrhage by %

A

BRVO



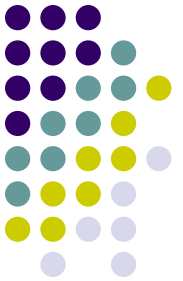
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 - twice as likely to have a final VA \geq 20/40
- Re *eyes with neovascularization* after BRVO...
 - Scatter photocoagulation reduces the risk of vitreous hemorrhage by 50%

BRVO

Q

To what area/aspect of the retina should scatter laser be applied?

- BVO
 - W
 - P
 -
 -
 - P
 -
 -
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BRVO

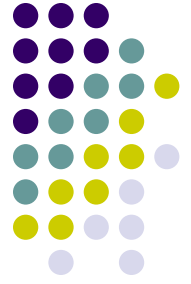
A



To what area/aspect of the retina should scatter laser be applied?
To areas of capillary nonperfusion

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 - W
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BRVO



BRVO: Scatter laser scars

BRVO



Q

To what area/aspect of the retina should scatter laser be applied?

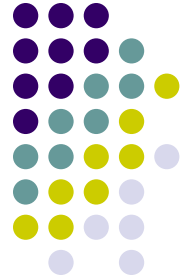
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Speaking of capillary nonperfusion...Per the BVOS, what finding put a BRVO eye at risk for developing neo?

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BRVO

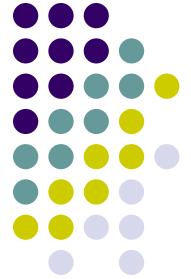
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- To what area/aspect of the retina should scatter laser be applied?
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- Speaking of capillary nonperfusion... Per the BVOS, what finding put a BRVO eye at risk for developing neo?
The presence of “extensive retinal ischemia”
- Re *eyes with neovascularization* after BRVO...
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BRVO

Q



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 - W
 - P
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 -
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Q/A

BRVO



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- *Speaking of capillary nonperfusion...Per the BVOS, what finding put a BRVO eye at risk for developing neo?*
The presence of “extensive retinal ischemia”
- *How did the BVOS define ‘extensive’ in this regard?*
It was defined as an area of nonperfusion # or more DDs in size
- Re *eyes with neovascularization* after BRVO...
 - Scatter photocoagulation reduces the risk of vitreous hemorrhage by 50%

A

BRVO



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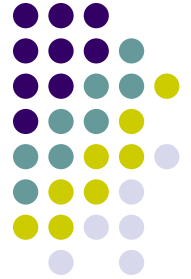
Q



- BVO
 - W
 - P
 - It was defined as an area of nonperfusion 5 or more DDs in size
 - Again per the BVOS: What proportion of eyes with extensive retinal ischemia went on to develop neo?
 - P
 -
 -
- Re *eyes with neovascularization* after BRVO...
 - Scatter photocoagulation reduces the risk of vitreous hemorrhage by 50%

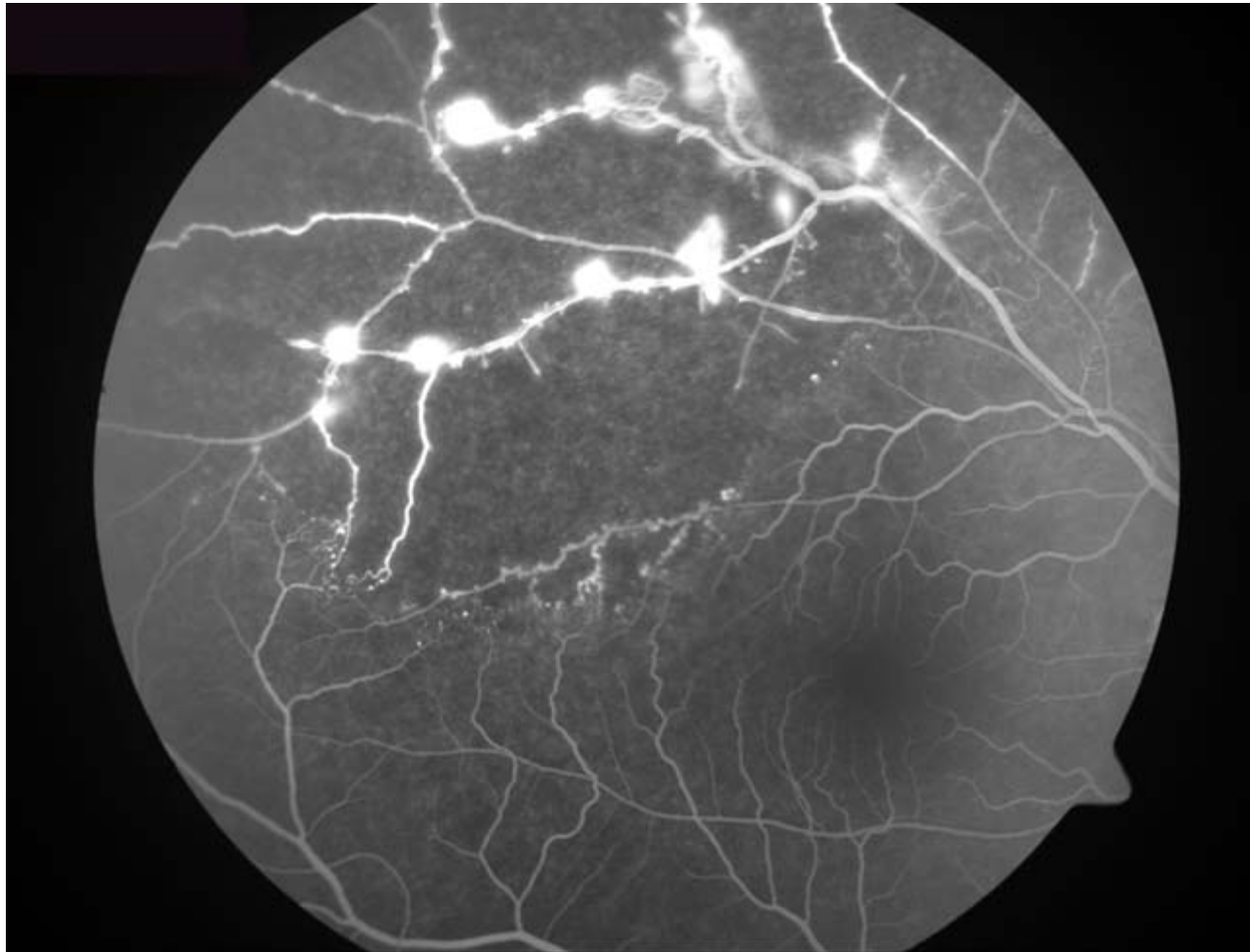
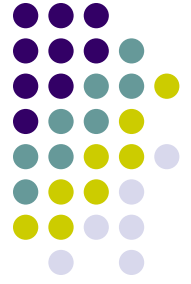
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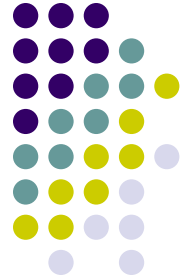
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 - It was defined as an area of nonperfusion 5 or more DDs in size
- *Again per the BVOS: What proportion of eyes with extensive retinal ischemia went on to develop neo?*
 - A little over a third
- Re *eyes with neovascularization* after BRVO...
 - Scatter photocoagulation reduces the risk of vitreous hemorrhage by 50%

BRVO



BRVO: Neovascularization

BRVO

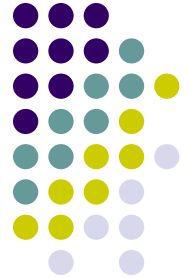


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It was defined as an area of nonperfusion 5 or more DDs in size
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- *Finally, and yet again per the BVOS: What proportion of eyes that developed neo went on to have a vitreous hemorrhage?*
- Re **eyes with neovascularization** after BRVO...
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Q/A

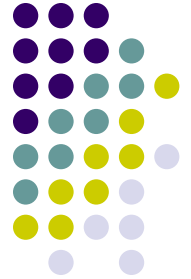
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- *Speaking of capillary nonperfusion... Per the BVOS, what finding put a BRVO eye at risk for developing neo?*
The presence of “extensive retinal ischemia”
- *How did the BVOS define ‘extensive’ in this regard?*
It was defined as an area of nonperfusion 5 or more DDs in size
- *Again per the BVOS: What proportion of eyes with extensive retinal ischemia went on to develop neo?*
A little over a third
- *Finally, and yet again per the BVOS: What proportion of eyes that developed neo went on to have a vitreous hemorrhage?*
Most—at least , and perhaps as many as
- Re *eyes with neovascularization* after BRVO...
 - Scatter photocoagulation reduces the risk of vitreous hemorrhage by

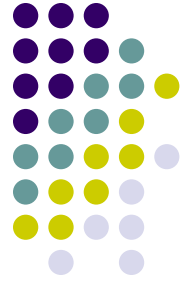
A

BRVO



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 - A little over a third
- *Finally, and yet again per the BVOS: What proportion of eyes that developed neo went on to have a vitreous hemorrhage?*
 - Most—at least 60% , and perhaps as many as 90%
- Re *eyes with neovascularization* after BRVO...
 - Scatter photocoagulation reduces the risk of vitreous hemorrhage by 50%

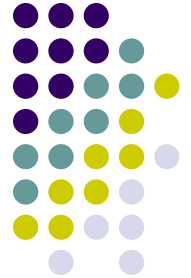
BRVO



BRVO: Neovascularization with vitreous hemorrhage

BRVO

Q



- BVOS

To what area/aspect of the retina should scatter laser be applied?

To areas of capillary nonperfusion

- W

Speaking of capillary nonperfusion... Per the BVOS, what finding put a BRVO eye at risk for developing neo?

The presence of "extensive retinal ischemia"

- Pe

How did the BVOS define 'extensive' in this regard?

- It was defined as **an area of nonperfusion 5 or more DDs in size**

- Again per the BVOS: What percentage of eyes with extensive retinal ischemia went on to develop neo?

- Pe

A little over 50%

- Finally, a
- neo wen

- Most—a

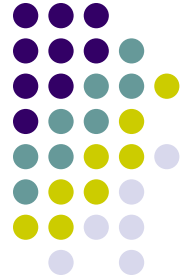
By what means did the BVOS determine that extensive nonperfusion was present?

- Re eyes with neovascularization after BRVO...

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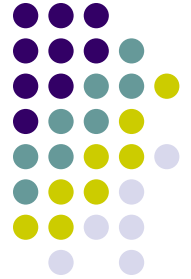
BRVO

A



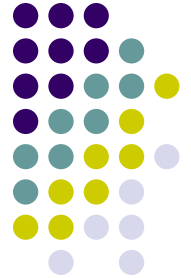
- BVOC
 - W To what area/aspect of the retina should scatter laser be applied?
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 - P Speaking of capillary nonperfusion... Per the BVOS, what finding put a BRVO eye at risk for developing neo?
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 - P How did the BVOS define "extensive" in this regard?
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 - P Again per the BVOS: What percentage of eyes with extensive retinal ischemia went on to develop neo?
A little over 50%
 - P By what means did the BVOS determine that extensive nonperfusion was present?
By FA
 - P Finally, a little over 50% of eyes with extensive nonperfusion went on to develop neo.
 - P Most—about 80%—of eyes with extensive nonperfusion went on to develop neo.
- Re eyes with neovascularization after BRVO...
 - Scatter photocoagulation reduces the risk of vitreous hemorrhage by 50%

BRVO



BRVO: Waaaaay more than 5DD nonperfusion

BRVO



Q

- BVO

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A little over 50%

- Finally, a
- neo wen

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By FA

- Most—a

OK, so if a BRVO pt is found to have 5+ DD of nonperfusion on FA, should you go ahead and perform scatter?

- Re eyes with neovascularization after BRVO...

- Scatter photocoagulation reduces the risk of vitreous hemorrhage by 50%

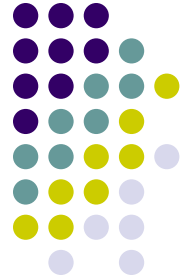
BRVO

A



- BVO
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BRVO



Q

- BRVO

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- Most—no. OK, so if a BRVO pt is found to have 5+ DD of nonperfusion on FA, should you go ahead and perform scatter? No; what you should do is follow them closely, and be ready to scatter them **if neo should occur**

- Re eyes with neovascularization after BRVO...

- Scatter

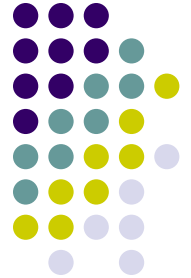
Speaking of neo... Is neovascularization of the iris (NVI) a common occurrence in BRVO?

risk of

vitreous hemorrhage by 50-70%

Q/A

BRVO



- BRVO

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- Re eyes with neovascularization after BRVO...

- Scatter

Speaking of neo... Is neovascularization of the iris (NVI) a common occurrence in BRVO?

Not really—it only occurs in about **5%** of cases

vitreous hemorrhage by 30-40%

risk of

A

BRVO



- BVO

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To areas of capillary nonperfusion

- W

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- *Finally, a BRVO pt is found to have 5+ DD of nonperfusion on FA, should you go ahead and perform scatter?*

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No; what you should do is follow them closely, and be ready to scatter them **if neo should occur**

- Re eyes with neovascularization after BRVO...

- Scatter

Speaking of neo... Is neovascularization of the iris (NVI) a common occurrence in BRVO?

Not really—it only occurs in about 2% of cases

vitreal hemorrhage by 30-70%

risk of

BRVO

A



- BRVO

To what area/aspect of the retina should scatter laser be applied?

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Speaking of capillary nonperfusion... Per the BVOS, what finding put a BRVO eye at risk for developing neo?

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- Pe

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- It

Now we will turn our attention to CRVO

- Again pe

the BVOS: What percentage of eyes with extensive retinal ischemia went on to develop neo?

- Pe

A little over 50%

- Finally, a

neo were found to have 5+ DD of nonperfusion on FA, should you go ahead and perform scatter?

- Most—a

No; what you should do is follow them closely, and be ready to scatter them if neo should occur

- Re eyes with neovascularization after BRVO...

- Scatte

Speaking of neo... Is neovascularization of the iris (NVI) a common occurrence in BRVO?

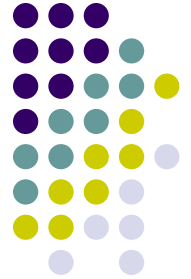
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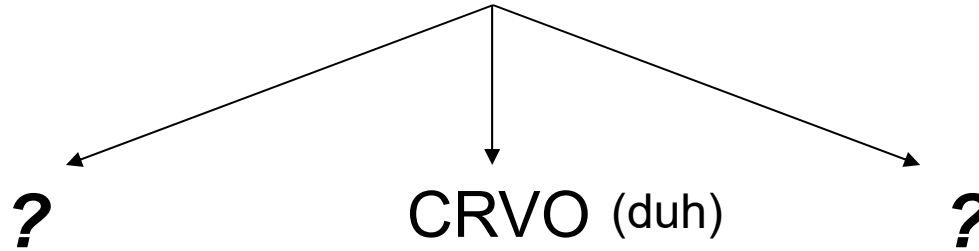
risk of

Q

CRVO

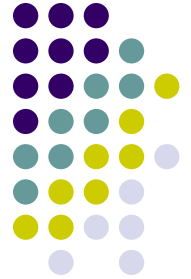


DDx for a CRVO-like fundus

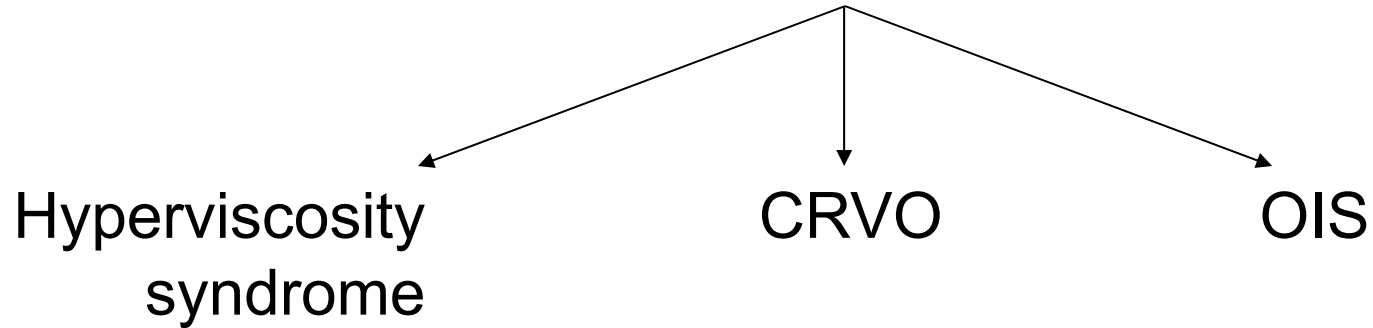


A

CRVO



DDx for a CRVO-like fundus

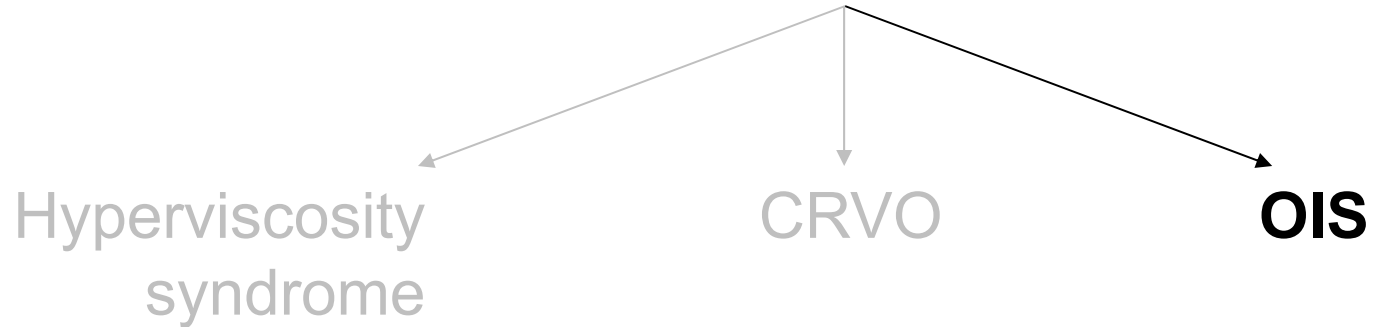


Q

CRVO



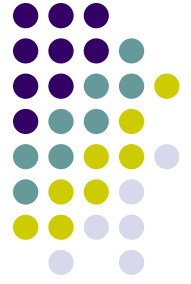
DDx for a CRVO-like fundus



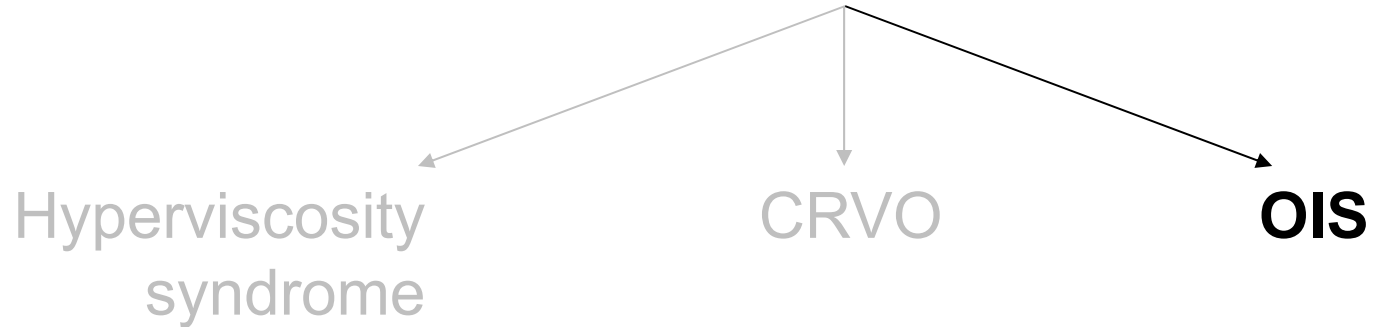
What does OIS stand for in this context?

A

CRVO



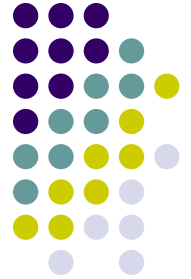
DDx for a CRVO-like fundus



What does OIS stand for in this context?
Ocular ischemic syndrome

Q

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

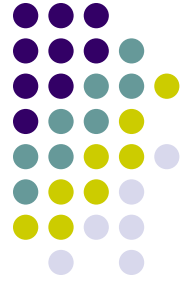
OIS

What does OIS stand for in this context?
Ocular ischemic syndrome

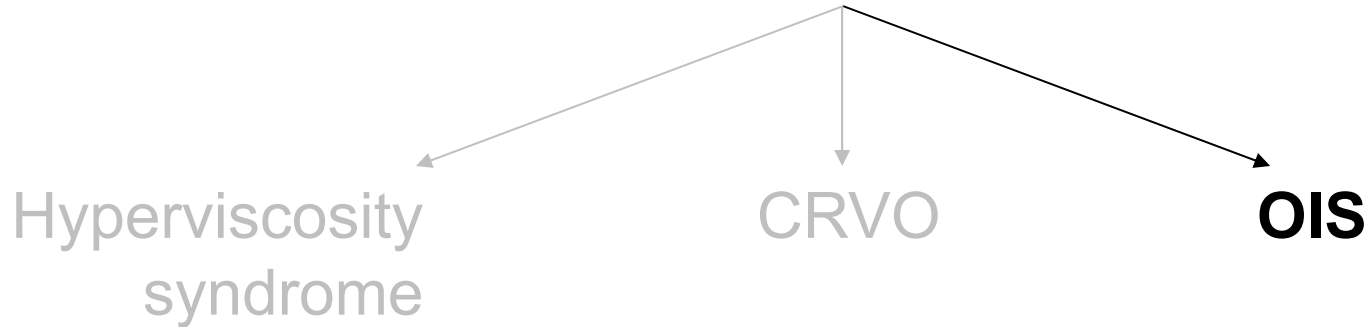
In a nutshell, what is OIS?

A

CRVO



DDx for a CRVO-like fundus



What does OIS stand for in this context?
Ocular ischemic syndrome

In a nutshell, what is OIS?
A constellation of signs and symptoms owing to chronic ocular hypoperfusion

Q

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

What does OIS stand for in this context?
Ocular ischemic syndrome

In a nutshell, what is OIS?
A constellation of **signs and symptoms** resulting from chronic ocular hypoperfusion

What are the signs/symptoms of OIS?

Signs:

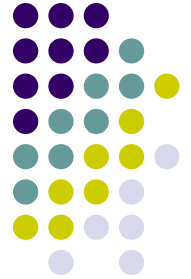
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--?
--?

Symptoms:

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--
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A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

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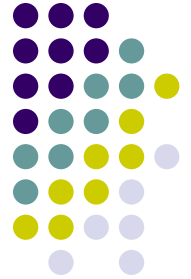
Signs:

- Retinal hemorrhages
- NVI/NVA
- AC cell/flare

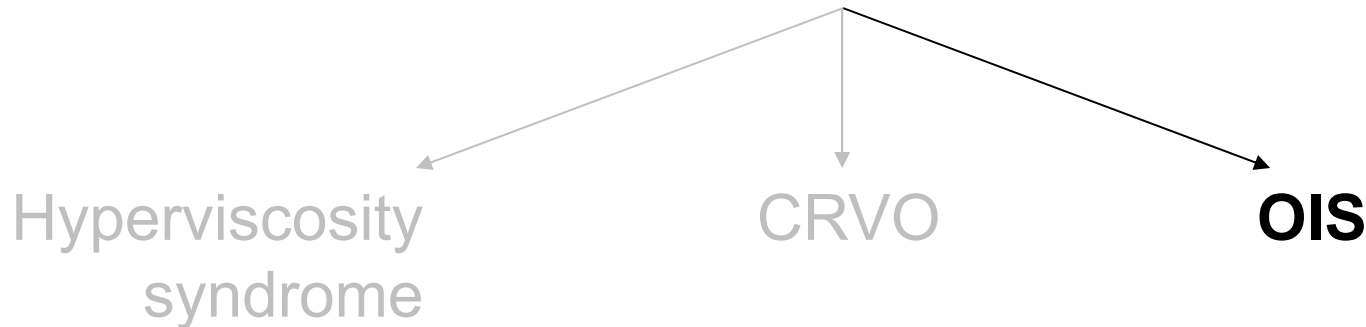
Symptoms:

Q

CRVO



DDx for a CRVO-like fundus



What does OIS stand for in this context?
Ocular ischemic syndrome

In a nutshell, what is OIS?
A constellation of **signs and symptoms** resulting from chronic ocular hypoperfusion

What are the signs/symptoms of OIS?

Signs:

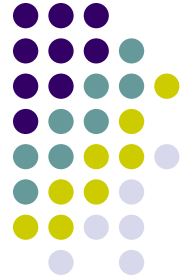
- Retinal hemorrhages
- NVI/NVA
- AC cell/flare

Symptoms:

- ?
- ?
- ?

A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

What does OIS stand for in this context?
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Signs:

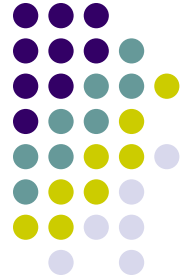
- Retinal hemorrhages
- NVI/NVA
- AC cell/flare

Symptoms:

- Decreased vision
- Pain
- Prolonged photostress recovery time

Q

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

What does OIS stand for in this context?
Ocular ischemic syndrome

In a nutshell, what is OIS?
A constellation of **signs and symptoms** resulting from chronic ocular hypoperfusion

What are the signs?

Signs:

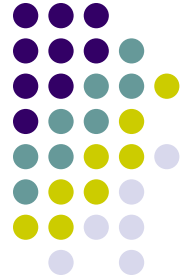
- Retinal hemorrhages
- NVI/NVA
- AC cell/flare

What is 'photostress recovery time'?

--Prolonged photostress recovery time

A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

What does OIS stand for in this context?
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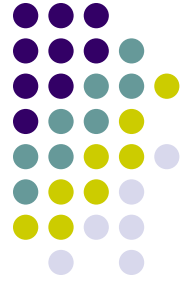
What is 'photostress recovery time'?

It refers to the amount of time it takes for vision to recover after the retina has been subjected to a very bright light

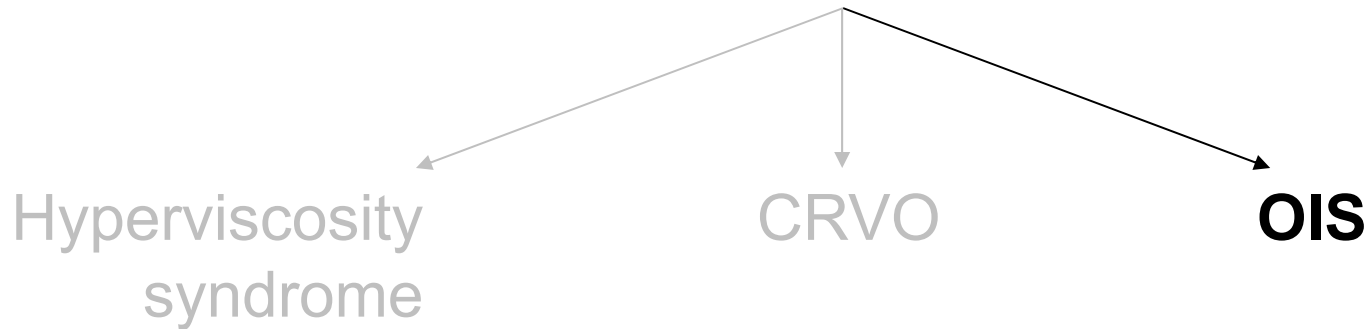
--Prolonged photostress recovery time

Q

CRVO



DDx for a CRVO-like fundus



What does OIS stand for in this context?
Ocular ischemic syndrome

In a nutshell, what is OIS?
A constellation of signs and symptoms owing to chronic ocular hypoperfusion

In what way does the DFE appearance of OIS resemble that of CRVO?

A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

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Ocular ischemic syndrome

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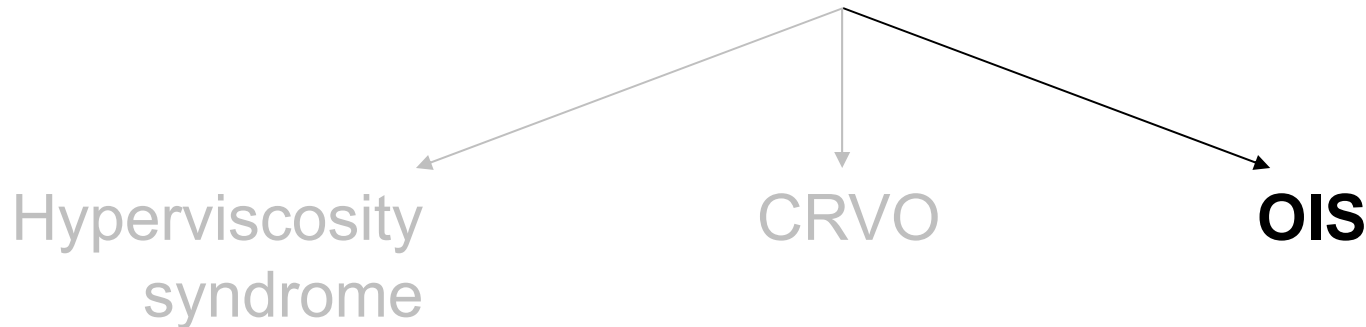
In what way does the DFE appearance of OIS resemble that of CRVO?
The presence of extensive intraretinal hemorrhages

Q

CRVO



DDx for a CRVO-like fundus



What does OIS stand for in this context?
Ocular ischemic syndrome

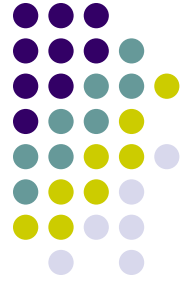
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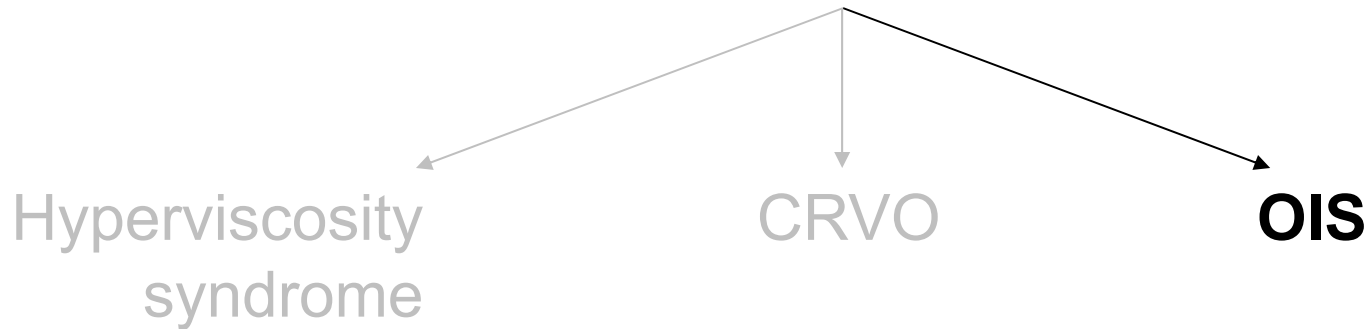
In what way does the DFE appearance of OIS differ from that of CRVO?

Q/A

CRVO



DDx for a CRVO-like fundus



What does OIS stand for in this context?
Ocular ischemic syndrome

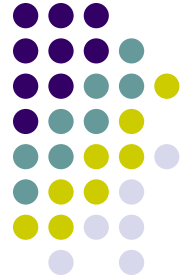
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In what way does the DFE appearance of OIS differ from that of CRVO?
The retinal vasculature in OIS lacks the which characterizes that of CRVO

A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
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CRVO

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Q

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

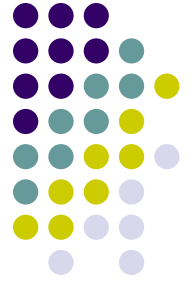
CRVO

OIS

What simple, noninvasive test can be performed that reliably differentiates between OIS and CRVO?

A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

What simple, noninvasive test can be performed that reliably differentiates between OIS and CRVO?
Ophthalmodynamometry

Q

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

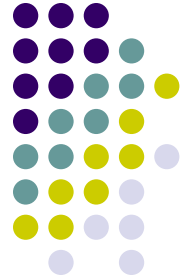
OIS

What simple, noninvasive test can be performed that reliably differentiates between OIS and CRVO?
Ophthalmodynamometry

What does ophthalmodynamometry measure?

A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

What simple, noninvasive test can be performed that reliably differentiates between OIS and CRVO?

Ophthalmodynamometry

What does ophthalmodynamometry measure?

Perfusion pressure of the retinal arterial tree

Q

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

What simple, noninvasive test can be performed that reliably differentiates between OIS and CRVO?
Ophthalmodynamometry

What does ophthalmodynamometry measure?
Perfusion pressure of the retinal arterial tree

How does ophthalmodynamometry differentiate between OIS and CRVO?

Q/A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
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CRVO

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What simple, noninvasive test can be performed that reliably differentiates between OIS and CRVO?

Ophthalmodynamometry

What does ophthalmodynamometry measure?

Perfusion pressure of the retinal arterial tree

How does ophthalmodynamometry differentiate between OIS and CRVO?

Perfusion pressure will be low in **one** but normal in **the other**

A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

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What simple, noninvasive test can be performed that reliably differentiates between OIS and CRVO?
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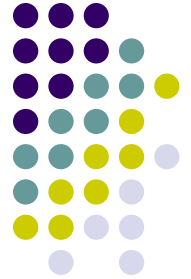
What does ophthalmodynamometry measure?
Perfusion pressure of the retinal arterial tree

How does ophthalmodynamometry differentiate between OIS and CRVO?
Perfusion pressure will be low in OIS but normal in CRVO

My ophthalmodynamometer is in the shop. Is there a way to check perfusion pressure without it?

A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity
syndrome

CRVO

OIS

What simple, noninvasive test can be performed that reliably differentiates between OIS and CRVO?
Ophthalmodynamometry

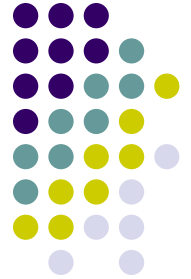
What does ophthalmodynamometry measure?
Perfusion pressure of the retinal arterial tree

How does ophthalmodynamometry differentiate between OIS and CRVO?
Perfusion pressure will be low in OIS but normal in CRVO

My ophthalmodynamometer is in the shop. Is there a way to check perfusion pressure without it?
Push gently on the globe while observing the central retinal artery. If it collapses with minimal applied pressure, perfusion pressure is low, and OIS rises to the top of the DDx

Q

CRVO



DDx for a CRVO-like fundus

**Hyperviscosity
syndrome**

CRVO

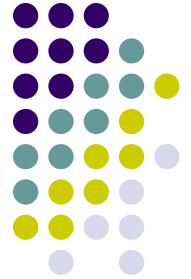
OIS

?
?
?

*The Retina book mentions three causes of hyperviscosity syndrome—
what are they?*

A

CRVO



DDx for a CRVO-like fundus

Hyperviscosity syndrome

Waldenström
macroglobulinemia
Multiple myeloma
Polycythemia vera

*The Retina book mentions three causes of hyperviscosity syndrome—
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CRVO

OIS

Q

CRVO



DDx for a CRVO-like fundus

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CRVO

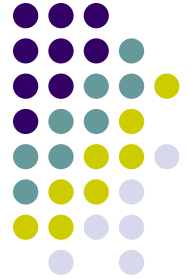
OIS

The Retina book mentions three causes of hyperviscosity syndrome—what are they?

What key finding strongly suggests a CRVO-like presentation is in fact a manifestation of a hyperviscosity syndrome?

A

CRVO



DDx for a CRVO-like fundus

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macroglobulinemia
Multiple myeloma
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CRVO

OIS

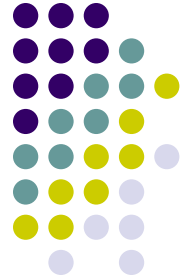
*The Retina book mentions three causes of hyperviscosity syndrome—
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If the CRVO is **bilateral**

Q

CRVO



DDx for a CRVO-like fundus

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If hyperviscosity syndrome is suspected, what tests should be ordered?

--?

--?

--?

CRVO

OIS

A

CRVO



DDx for a CRVO-like fundus

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Multiple myeloma
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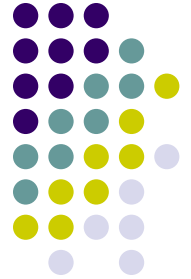
--CBC

--Serum electrophoresis

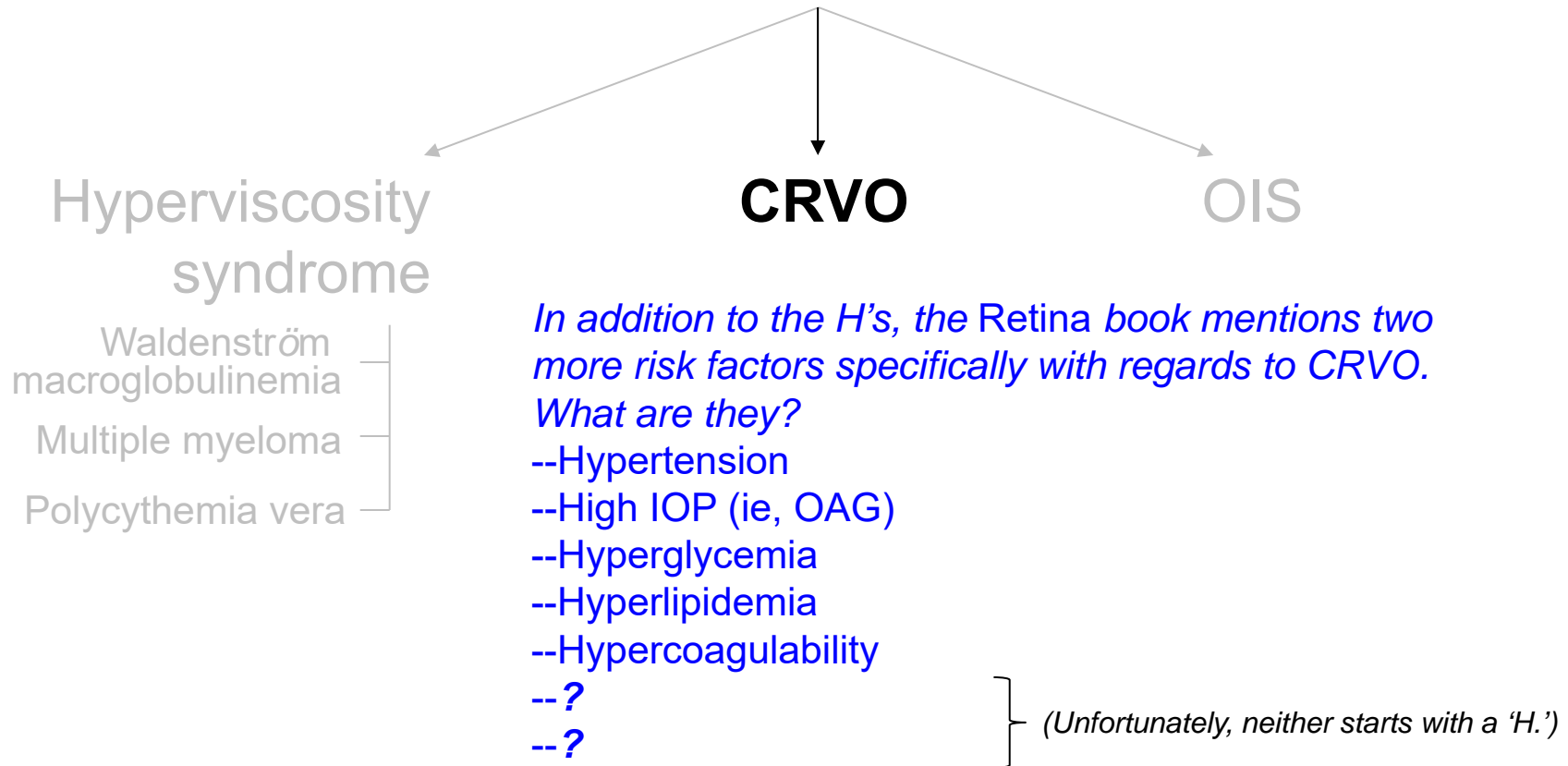
--Measurement of whole-blood viscosity

Q

CRVO

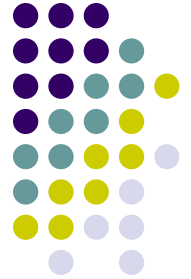


DDx for a CRVO-like fundus

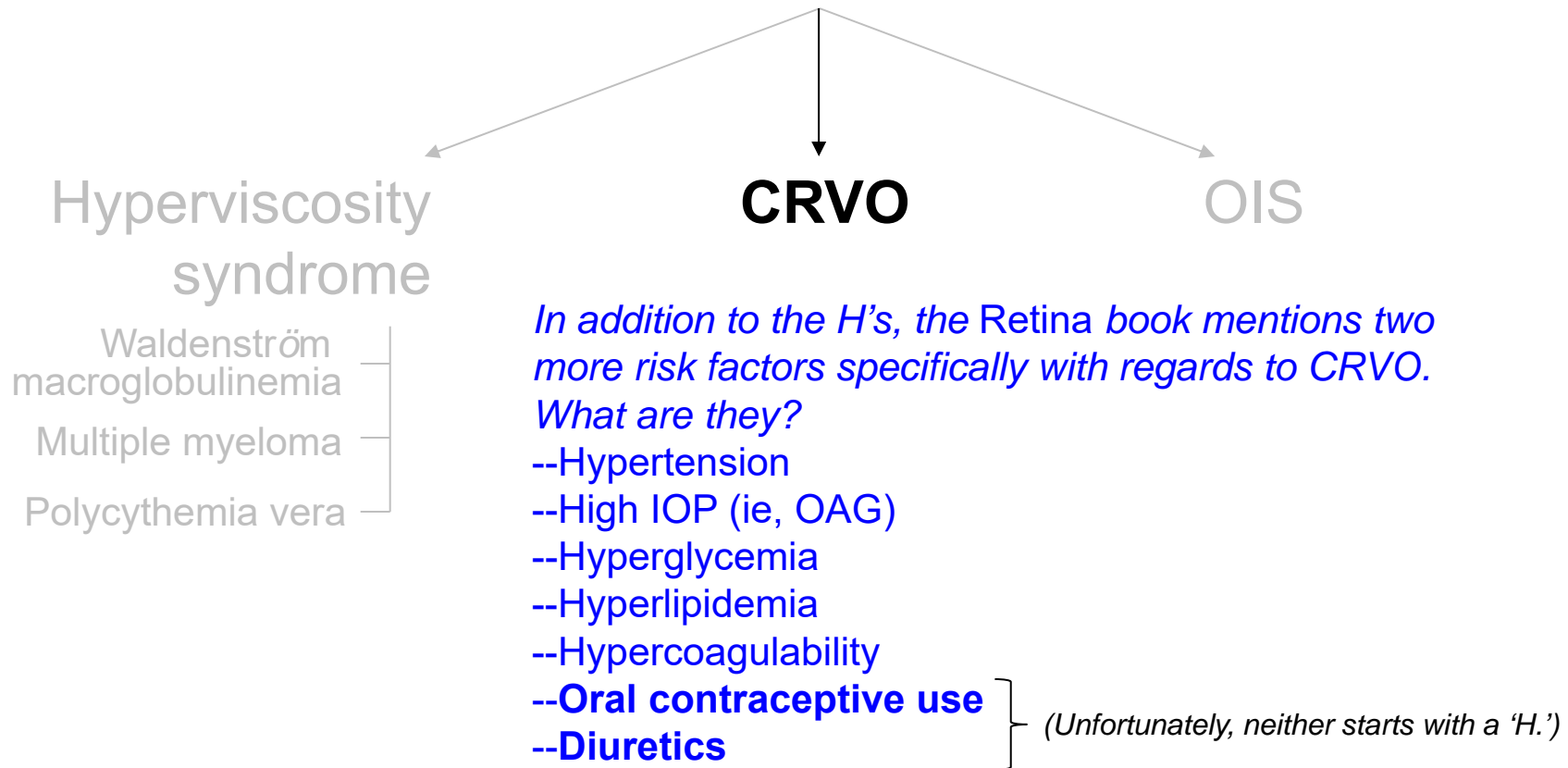


A

CRVO

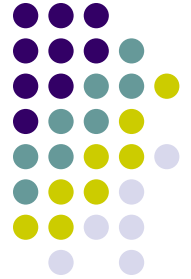


DDx for a CRVO-like fundus



Q

CRVO



DDx for a CRVO-like fundus

What systemic medical conditions may contribute to or result in a hypercoagulable state?

Hyperviscosity
syndrome

Waldenström
macroglobulinemia

Multiple myeloma

Polycythemia vera

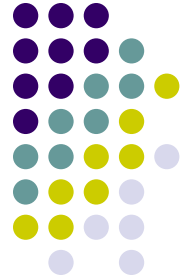
S

conditions two
to CRVO.

- Hyperlipidemia
- Hypercoagulability**
- Oral contraceptive use
- Diuretics

A

CRVO



DDx for a CRVO-like fundus

What systemic medical conditions may contribute to or result in a hypercoagulable state?

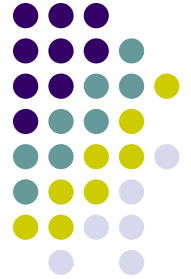
Conditions that directly affect coagulation

Conditions that can incite vasculitis

- Hyperlipidemia
- Hypercoagulability**
- Oral contraceptive use
- Diuretics

Q

CRVO



DDx for a CRVO-like fundus

What systemic medical conditions may contribute to or result in a hypercoagulable state?

Conditions that directly affect coagulation, including:

- ?
- ?
- ?

Conditions that can incite vasculitis

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A

CRVO



DDx for a CRVO-like fundus

What systemic medical conditions may contribute to or result in a hypercoagulable state?

Conditions that directly affect coagulation, including:

- Hyperhomocystinemia (Note: yet another 'H')
- Protein S deficiency
- Protein C deficiency

Conditions that can incite vasculitis

- Hyperlipidemia
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Q

CRVO



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- ?
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A

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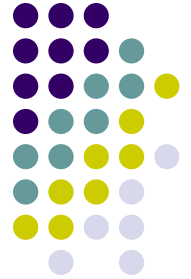
- Sarcoid
- SLE

--**Hypercoagulability**

- Hyperlipidemia
- Oral contraceptive use
- Diuretics

Q

CRVO



DDx for a CRVO-like fundus

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Conditions that can incite vasculitis, including:

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- SLE

--Hyperlipidemia

--**Hypercoagulability**

--Oral contraceptive use

--Diuretics

So does every CRVO pt need a hypercoagulability workup?

Q/A

CRVO



DDx for a CRVO-like fundus

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--**Hypercoagulability**

--Oral contraceptive use

--Diuretics

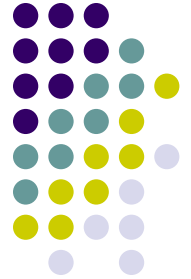
So does every CRVO pt need a hypercoagulability workup?

No, only those who:

- are younger than , and/or
- have none of the common risk factors

A

CRVO



DDx for a CRVO-like fundus

What systemic medical conditions may contribute to or result in a hypercoagulable state?

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- SLE

--Hyperlipidemia

--**Hypercoagulability**

--Oral contraceptive use

--Diuretics

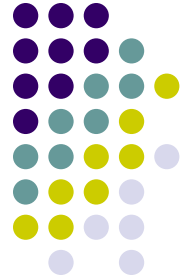
So does every CRVO pt need a hypercoagulability workup?

No, only those who:

- are younger than 50 , and/or
- have none of the common risk factors

Q

CRVO



CRVO

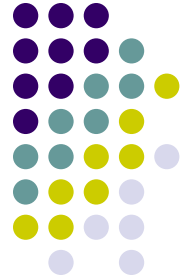
*The
traditional way
to divvy them up*

?

?

A

CRVO



CRVO

*The
traditional way
to divvy them up*

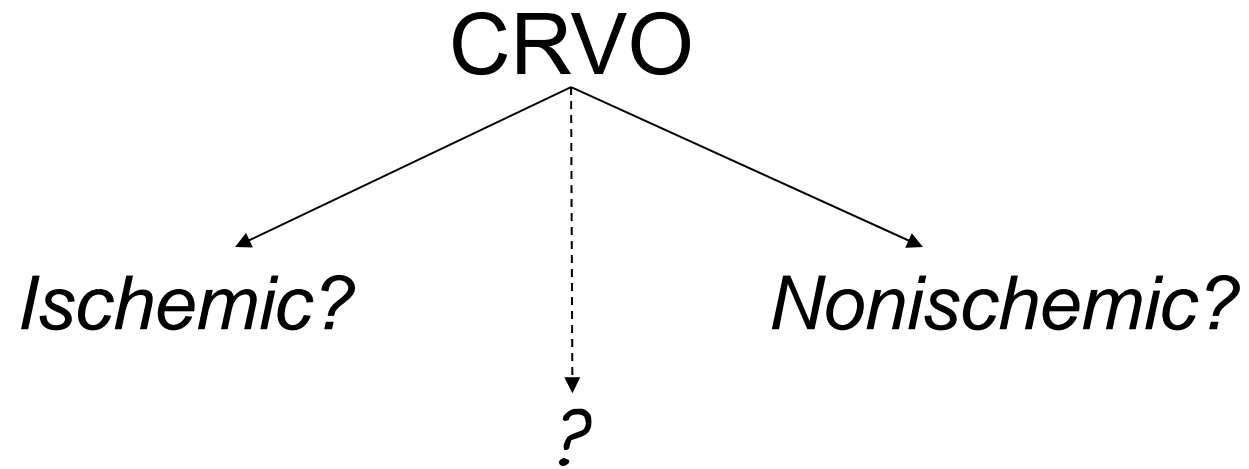
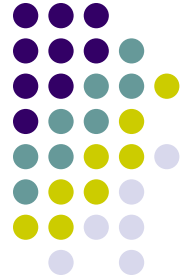
Ischemic

Nonischemic

(We'll define *ischemic* and *nonischemic* shortly)

Q

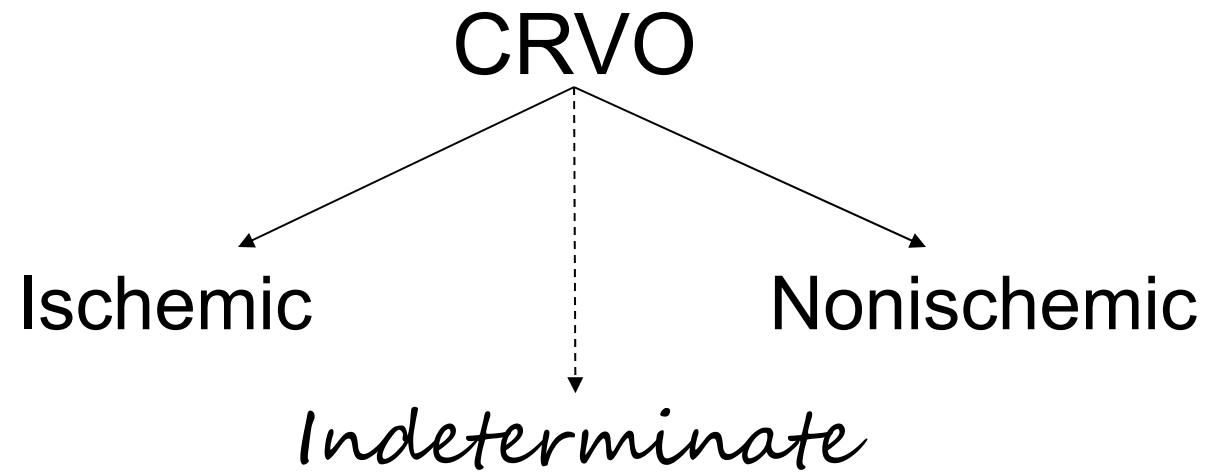
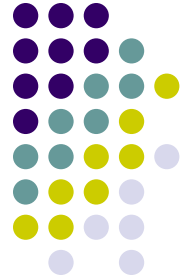
CRVO



What if, for whatever reason, a CRVO's ischemia-status cannot be determined?

A

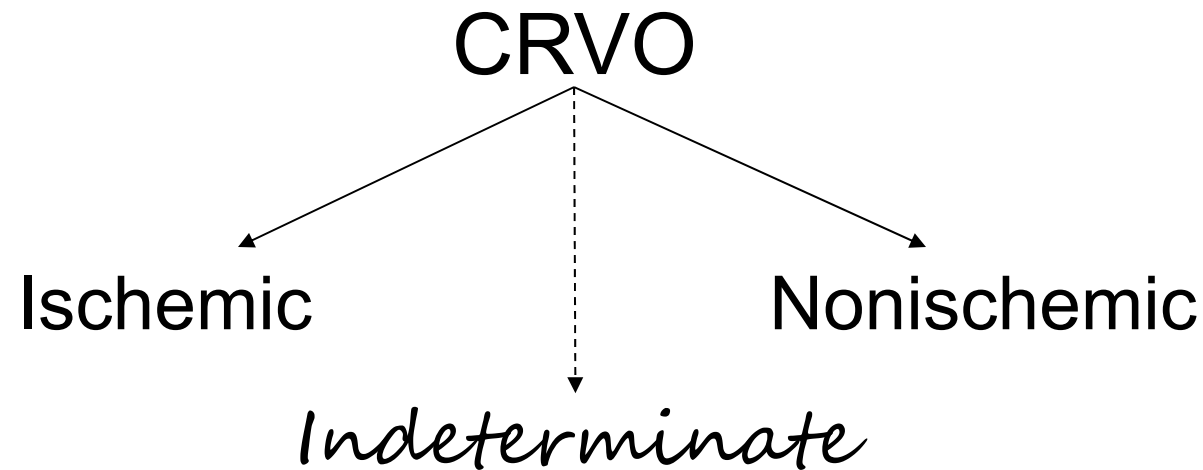
CRVO



*What if, for whatever reason, a CRVO's ischemia-status cannot be determined?
Such a CRVO is classified as *indeterminate**

Q

CRVO

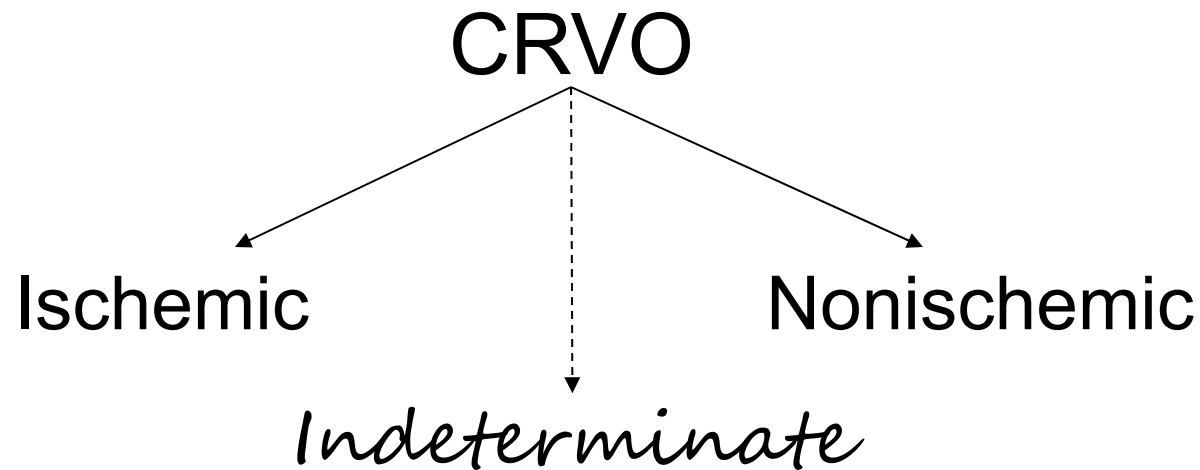


*What if, for whatever reason, a CRVO's ischemia-status cannot be determined?
Such a CRVO is classified as *indeterminate**

What is the natural history of indeterminate CRVOs?

Q/A

CRVO



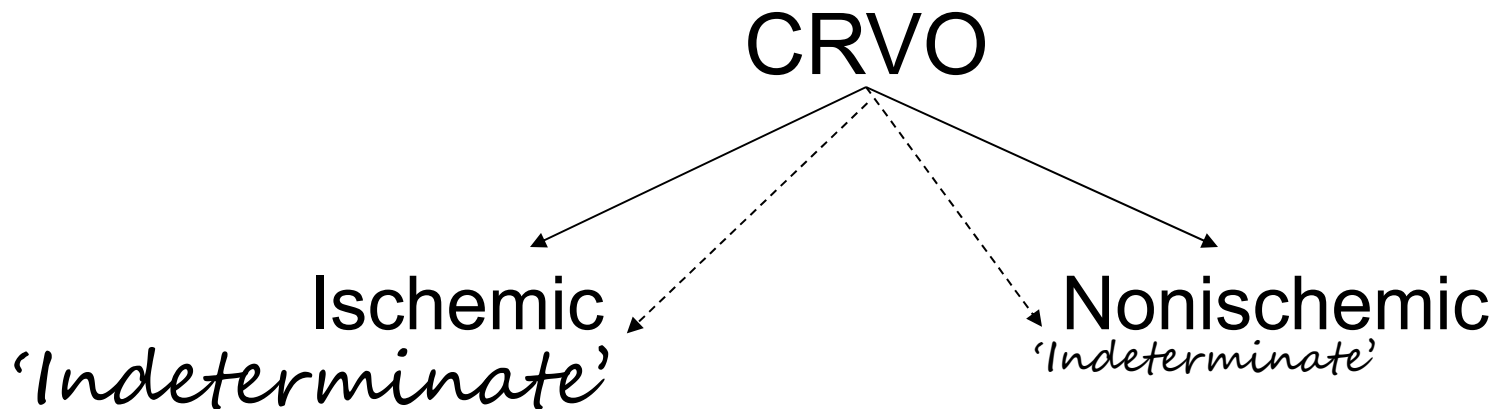
*What if, for whatever reason, a CRVO's ischemia-status cannot be determined?
Such a CRVO is classified as *indeterminate**

What is the natural history of indeterminate CRVOs?

big % of them turn out to be you got a 50:50 shot...

A

CRVO

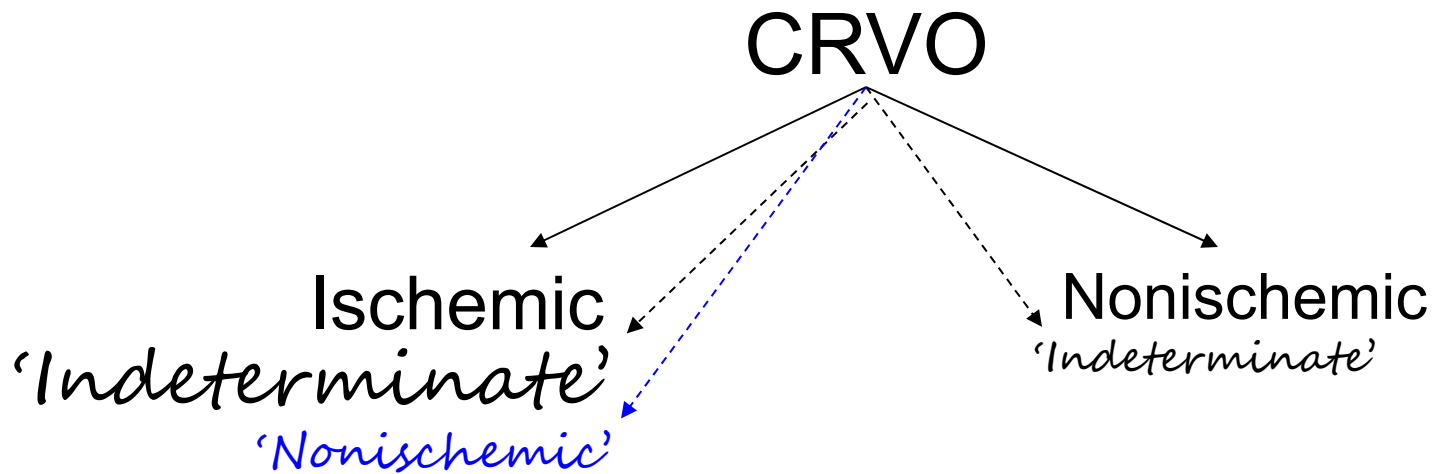


What if, for whatever reason, a CRVO's ischemia-status cannot be determined?
Such a CRVO is classified as *indeterminate*

What is the natural history of indeterminate CRVOs?
~80 of them turn out to be ischemic

Q

CRVO



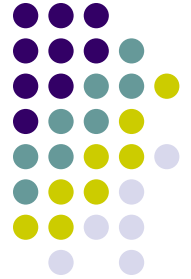
As an (important) aside: A number of CRVOs initially classified as nonischemic will 'convert' to ischemic. What depressingly-high percentage will do so by 36 months post-event?

What is the natural history of indeterminate CRVOs?

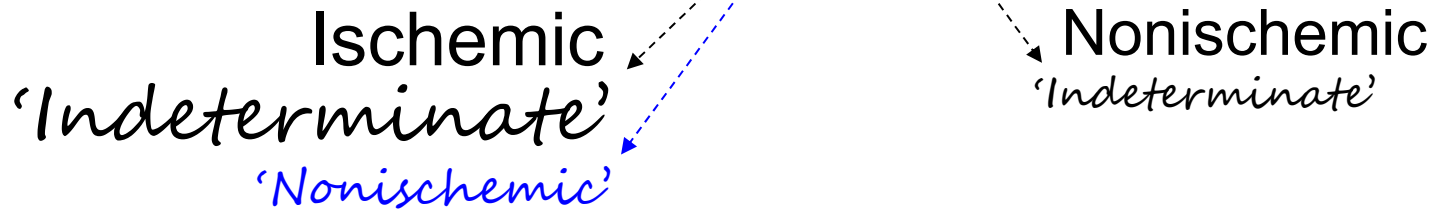
~80 of them turn out to be ischemic

A

CRVO



CRVO



As an (important) aside: A number of CRVOs initially classified as nonischemic will 'convert' to ischemic. What depressingly-high percentage will do so by 36 months post-event?

About a third

What is the natural history of indeterminate CRVOs?

~80 of them turn out to be ischemic

Q

CRVO

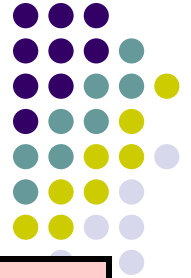


Ischemic CRVO				
Nonischemic CRVO				

What test must be run to determine whether a CRVO is ischemic or nonischemic?

A

CRVO

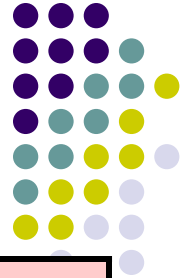


				FA
<i>Ischemic CRVO</i>				
<i>Nonischemic CRVO</i>				

What test must be run to determine whether a CRVO is ischemic or nonischemic?
Fluorescein angiography

Q

CRVO

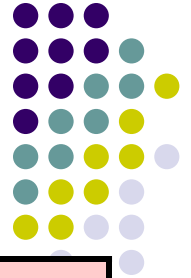


				FA
Ischemic CRVO	What is the classic description of the fundus in CRVO?			
Nonischemic CRVO				

What test must be run to determine whether a CRVO is ischemic or nonischemic?
Fluorescein angiography

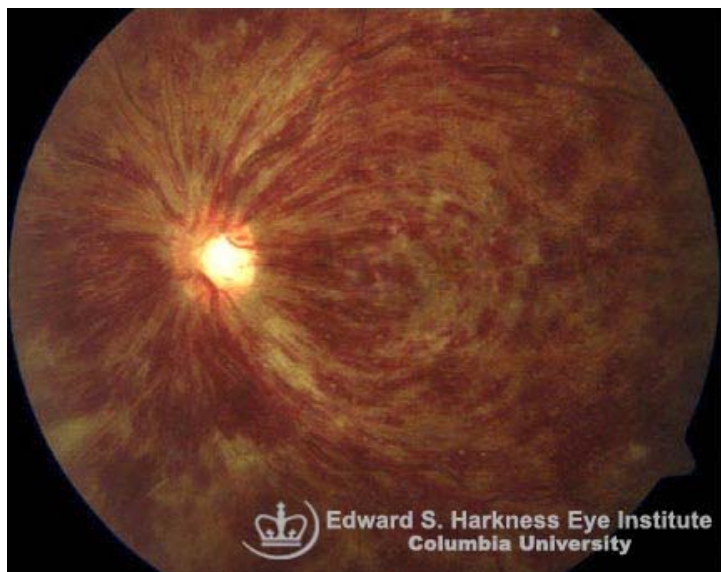
A

CRVO

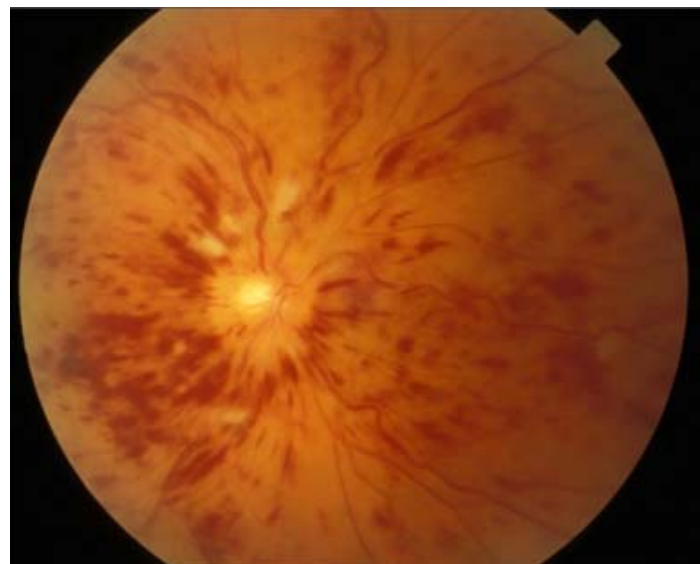
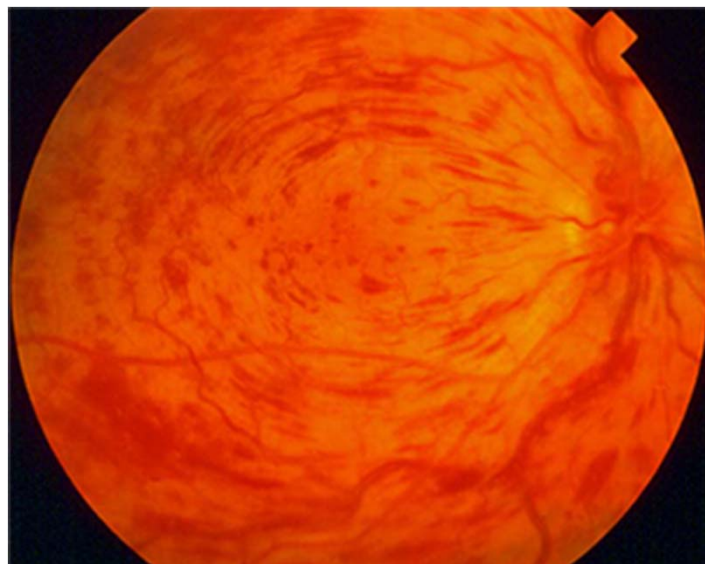
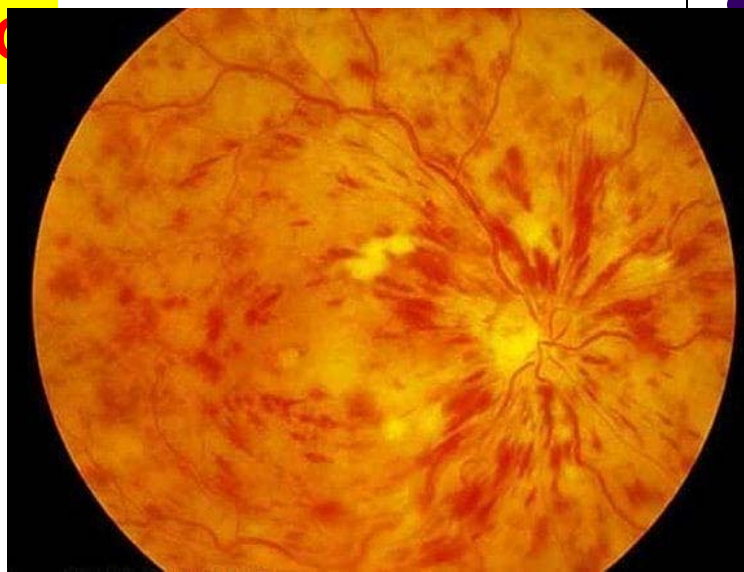


				FA
Ischemic CRVO	<p>What is the classic description of the fundus in CRVO? Blood and thunder</p>			
Nonischemic CRVO				

What test must be run to determine whether a CRVO is ischemic or nonischemic?
 Fluorescein angiography



CRVO



CRVO: Blood and thunder

Q

CRVO

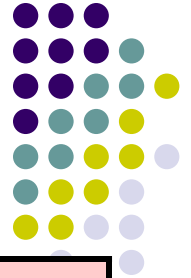


				FA
Ischemic CRVO	<p>What is the classic description of the fundus in CRVO? Blood and thunder</p> <p><i>What impact does this frequently have on attempts to determine whether a CRVO is ischemic or not?</i></p>			
Nonischemic CRVO				

What test must be run to determine whether a CRVO is ischemic or nonischemic?
 Fluorescein angiography

A

CRVO

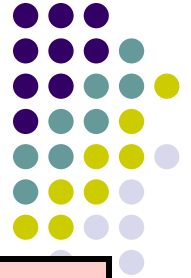


				FA
Ischemic CRVO	What is the classic description of the fundus in CRVO? Blood and thunder			
Nonischemic CRVO	What impact does this frequently have on attempts to determine whether a CRVO is ischemic or not? Heme and cotton-wool spots (CWS) may obscure FA hyperfluorescence, rendering FA interpretation problematic			

What test must be run to determine whether a CRVO is ischemic or nonischemic?
~~Fluorescein angiography~~

Q

CRVO

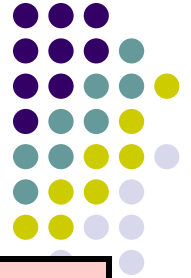


				FA
Ischemic CRVO?	What is the classic description of the fundus in CRVO? Blood and thunder How are such CRVOs classified?			
Nonischemic CRVO?	to determine whether a CRVO is ischemic or not? Heme and cotton-wool spots (CWS) may obscure FA hyperfluorescence, rendering FA interpretation problematic			

What test must be run to determine whether a CRVO is ischemic or nonischemic?
~~Fluorescein angiography~~

A

CRVO

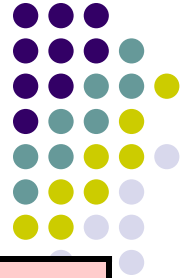


				FA
Ischemic CRVO	<p>What is the classic description of the fundus in CRVO? Blood and thunder</p> <p>How are such CRVOs classified? As <i>indeterminate</i>, as mentioned previously to determine whether a CRVO is ischemic or not?</p> <p>Heme and cotton-wool spots (CWS) may obscure FA hyperfluorescence, rendering FA interpretation problematic</p>			
Indeterminate CRVO				
Ischemic CRVO				

What test must be run to determine whether a CRVO is ischemic or nonischemic?
~~Fluorescein angiography~~

Q

CRVO



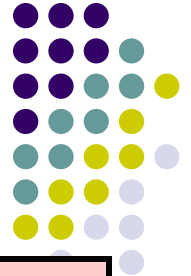
				FA findings?
Ischemic CRVO				
Nonischemic CRVO				

What test must be run to determine whether a CRVO is ischemic or nonischemic?
Fluorescein angiography

What FA finding is common to both ischemic and nonischemic subtypes?

A

CRVO

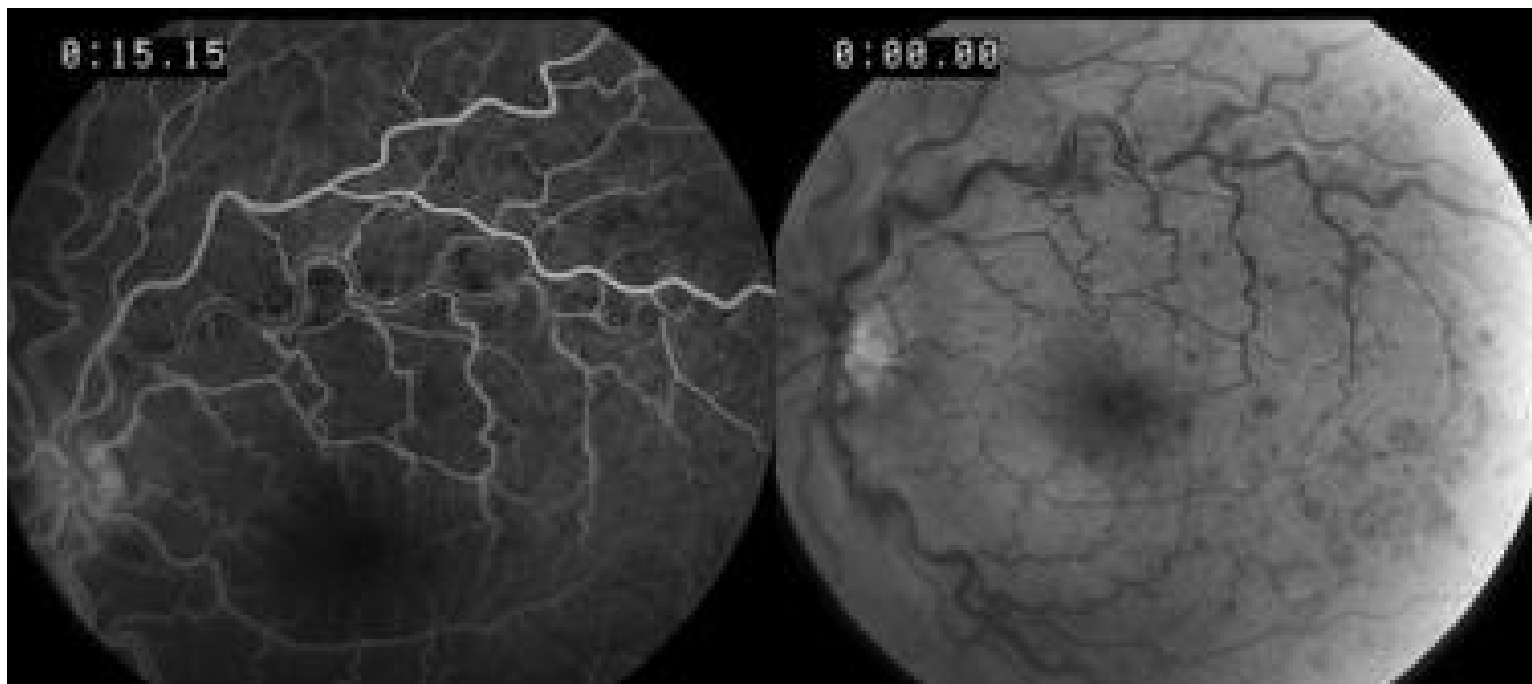
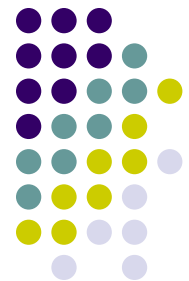


				FA findings?
Ischemic CRVO				Prolonged retinal circ time
Nonischemic CRVO				Prolonged retinal circ time

What test must be run to determine whether a CRVO is ischemic or nonischemic?
Fluorescein angiography

What FA finding is common to both ischemic and nonischemic subtypes?
Prolonged retinal circulation time

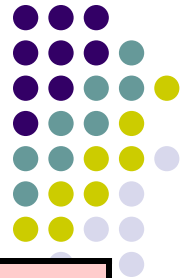
CRVO



CRVO: Prolonged circ time (note the timer)

Q

CRVO



				FA findings?
Ischemic CRVO				Prolonged retinal circ time with...
Nonischemic CRVO				Prolonged retinal circ time with...

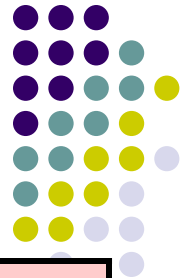
What test must be run to determine whether a CRVO is ischemic or nonischemic?
Fluorescein angiography

What FA finding is common to both ischemic and nonischemic subtypes?
Prolonged retinal circulation time

What FA finding differentiates ischemic from nonischemic CRVO?

A

CRVO



				FA findings?
Ischemic CRVO				Prolonged retinal circ time with... capillary nonperfusion
Nonischemic CRVO				Prolonged retinal circ time with... capillary nonperfusion

What test must be run to determine whether a CRVO is ischemic or nonischemic?
Fluorescein angiography

What FA finding is common to both ischemic and nonischemic subtypes?
Prolonged retinal circulation time

What FA finding differentiates ischemic from nonischemic CRVO?
The extent of capillary nonperfusion.

A

CRVO



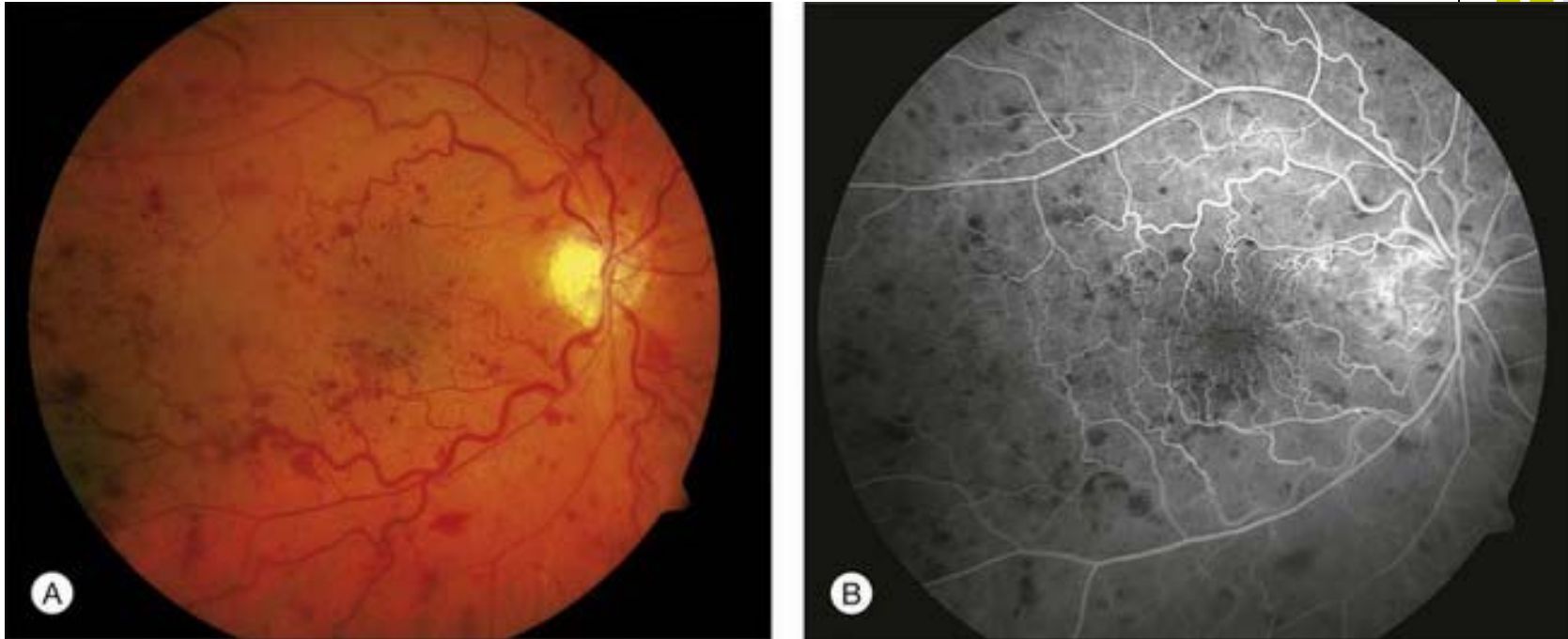
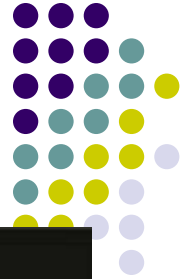
				FA findings?
Ischemic CRVO				Prolonged retinal circ time with... 10+ DD capillary nonperfusion
Nonischemic CRVO				Prolonged retinal circ time with... minimal capillary nonperfusion

What test must be run to determine whether a CRVO is ischemic or nonischemic?
Fluorescein angiography

What FA finding is common to both ischemic and nonischemic subtypes?
Prolonged retinal circulation time

What FA finding differentiates ischemic from nonischemic CRVO?
The extent of capillary nonperfusion. In ischemic CRVO, at least 10 disc diameters of capillary nonperfusion are present, whereas in nonischemic, only a minimal amount (if any) is present.

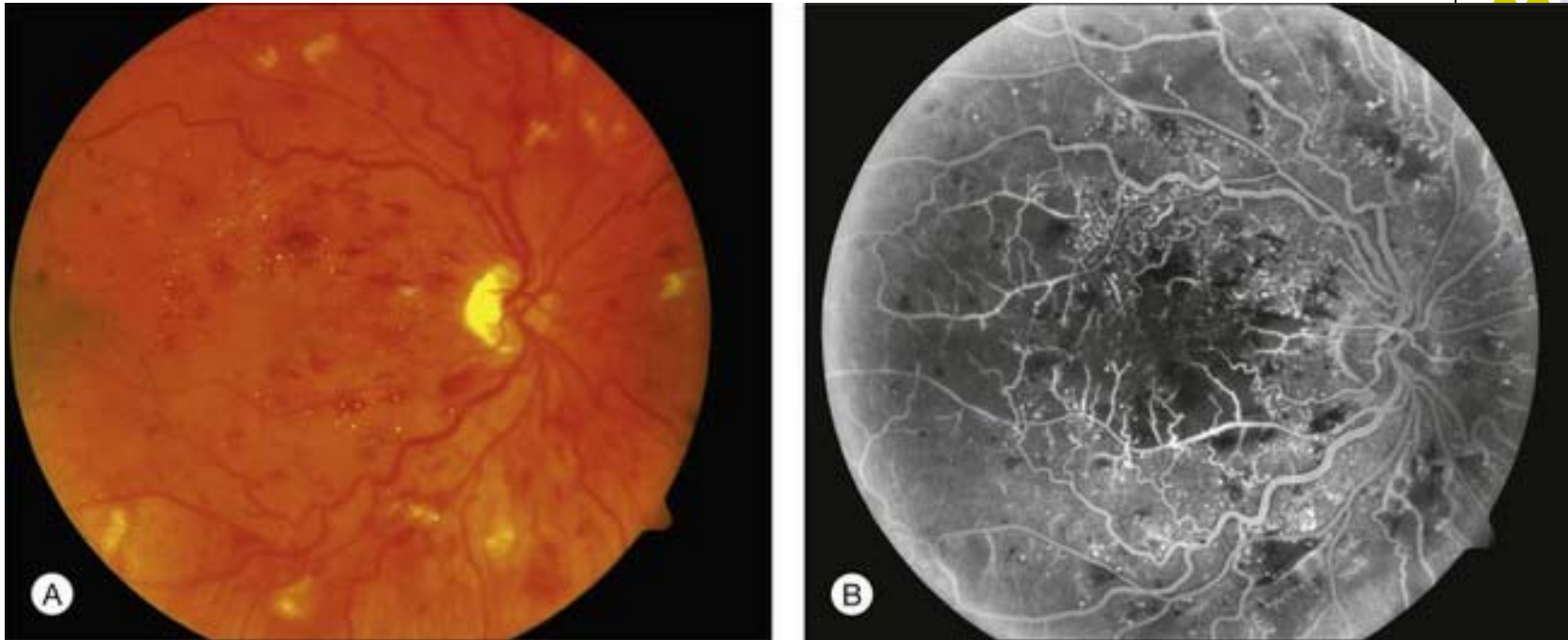
CRVO



(A) Fundus photograph of a central retinal vein occlusion demonstrating typical features of venous tortuosity, macular thickening, and intraretinal hemorrhage in all four quadrants of the fundus. (B) Early-phase angiogram of the fundus depicted in A, demonstrating an intact parafoveal capillary network in this perfused central retinal vein occlusion

CRVO: Nonischemic

CRVO

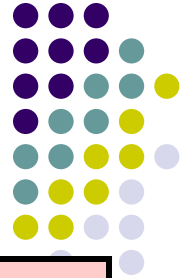


(A) Fundus photograph of an eye with central retinal vein occlusion demonstrating scattered retinal hemorrhages, venous engorgement, and cotton-wool spots. (B) Midphase fluorescein angiogram of the eye shown in A, demonstrating capillary nonperfusion involving the foveal center. This eye also had extensive peripheral nonperfusion and is an example of the nonperfused form of central retinal vein occlusion.

CRVO: Ischemic

Q

CRVO

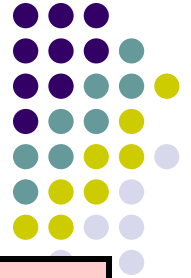


	APD?	VA	CWS?	FA findings
Ischemic CRVO	Yes? No?			Prolonged retinal circ time with... 10+ DD capillary nonperfusion
Nonischemic CRVO	Yes? No?			Prolonged retinal circ time with... minimal capillary nonperfusion



A

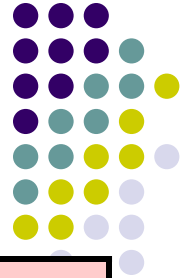
CRVO



	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes			Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No			Prolonged retinal circ time with... minimal capillary nonperfusion

Q

CRVO



	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	<i>Good? Bad?</i>		Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	<i>Good? Bad?</i>		Prolonged retinal circ time with... minimal capillary nonperfusion

Q

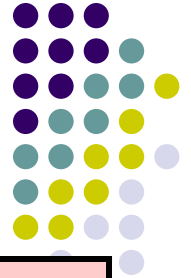
CRVO



	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad		Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good		Prolonged retinal circ time with... minimal capillary nonperfusion

A

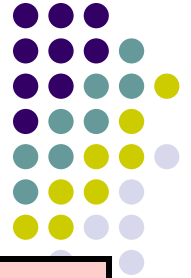
CRVO



	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes? No?	Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good	Yes? No?	Prolonged retinal circ time with... minimal capillary nonperfusion

A

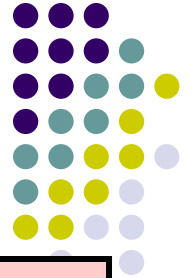
CRVO



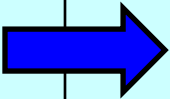
	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with... minimal capillary nonperfusion

Q

CRVO



	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with... minimal capillary nonperfusion

When initial VA is...	 ≥20/40		

(Question is on the next slide—proceed when ready)

Q

CRVO

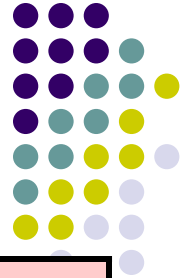


	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with... minimal capillary nonperfusion

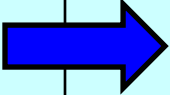
When initial VA is...	→ ≥20/40		
...final VA is likely to be...	Good? Bad?	← The question	

A

CRVO

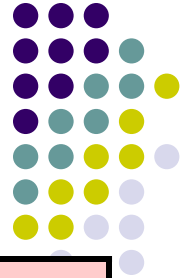


	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with... minimal capillary nonperfusion

When initial VA is...	 ≥20/40		
...final VA is likely to be...	Good		

Q

CRVO

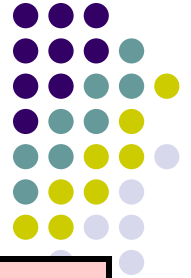


	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with... minimal capillary nonperfusion

When initial VA is...				≤20/200
...final VA is likely to be...	Good			Good? Bad?

A

CRVO

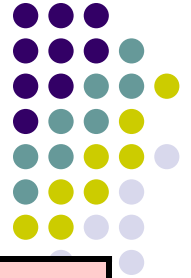


	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with... minimal capillary nonperfusion


When initial VA is...				≤20/200
...final VA is likely to be...	Good			As bad, or even worse

Q

CRVO

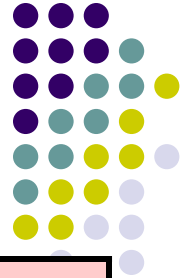


	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with... minimal capillary nonperfusion


When initial VA is...				20/50 - 20/200	≤20/200
...final VA is likely to be...	Good		Good? Bad?		As bad, or even worse

A

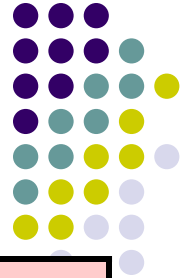
CRVO



	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with... 10+ DD capillary nonperfusion
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with... minimal capillary nonperfusion

When initial VA is...		20/50 - 20/200	≤20/200
...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	As bad, or even worse

CRVO

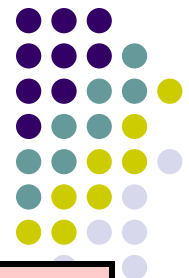


	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with...10+ DD
tl;dr for Final VA after CRVO:				
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with...minimal capillary nonperfusion

<i>When initial VA is...</i>	$\geq 20/40$	20/50 - 20/200	$\leq 20/200$
<i>...final VA is likely to be...</i>	Good	50% stabilize 20% improve 30% worsen	As bad, or even worse

(No question—proceed when ready)

CRVO



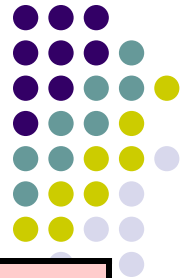
	APD?	VA	CWS?	FA findings
<i>Ischemic CRVO</i>	Yes	Bad	Yes	Prolonged retinal circ time with...10+ DD
<i>Nonischemic CRVO</i>	No	Good	No	Prolonged retinal circ time with...minimal capillary nonperfusion

tl;dr for *Final VA after CRVO*: Good vision stays good...

When initial VA is...	≥20/40	20/50 - 20/200	≤20/200
...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	As bad, or even worse

(No question—proceed when ready)

CRVO



	APD?	VA	CWS?	FA findings
Ischemic CRVO	Yes	Bad	Yes	Prolonged retinal circ time with...10+ DD
Nonischemic CRVO	No	Good	No	Prolonged retinal circ time with...minimal capillary nonperfusion

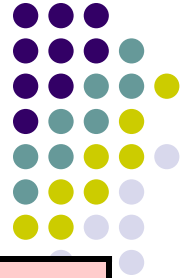
tl;dr for Final VA after CRVO: Good vision stays good...Bad vision stays bad

When initial VA is...	$\geq 20/40$	20/50 - 20/200	$\leq 20/200$
...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	As bad, or even worse

(No question—proceed when ready)

Q

C RVO

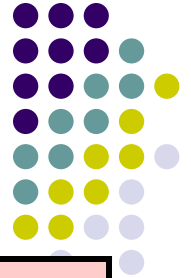


What physiological process accounts for improvement in such cases?

Findings	
longed retinal circ e with... 10+ DD lary nonperfusion	
longed retinal circ e with... minimal lary nonperfusion	
≤20/200	
...final VA is likely to be...	Good
50% stabilize 20% improve 30% worsen	bad, or even worse

Q/A

C RVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka two words)

Findings

longed retinal circ
e with... **10+ DD**
lary nonperfusion

longed retinal circ
e with... **minimal**
lary nonperfusion

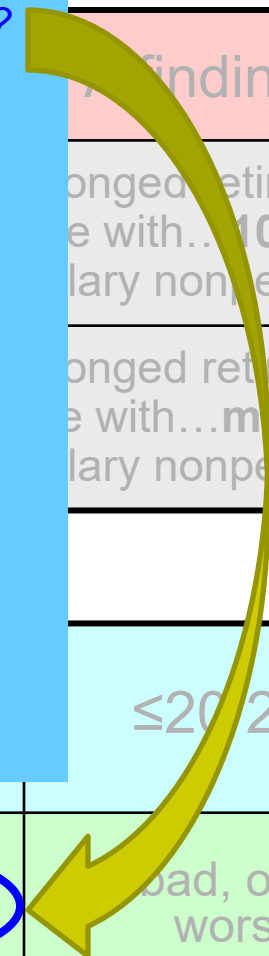
≤20/200

...final VA is
likely to be...

Good

50% stabilize
20% improve
30% worsen

bad, or even
worse



A

C RVO

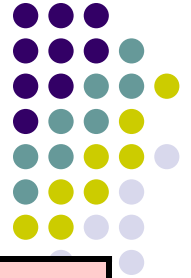


What physiological process accounts for improvement in such cases?
The development of collaterals (aka shunt vessels)

Findings	
longed retinal circ e with...10+ DD lary nonperfusion	Good
≤20/200	
bad, or even worse	

Q

C RVO



What physiological process accounts for improvement in such cases?
The **development** of collaterals (aka shunt vessels)

Does 'development' here refer to the creation of new vessels, ie, neovascularization?

Findings

aged retinal circ
with...10+ DD
y nonperfusion

onged retinal circ
e with...minimal
lary nonperfusion

≤20/200

...final VA is
likely to be...

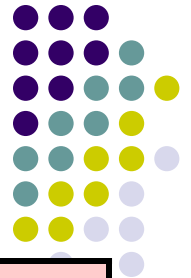
Good

50% stabilize
20% improve
30% worsen

bad, or even
worse

A

CRVO



What physiological process accounts for improvement in such cases?

The **development** of collaterals (aka shunt vessels)

Does 'development' here refer to the creation of new vessels, ie, neovascularization?

No, it refers to small, native vessels expanding enough to allow the timely egress of normal retinal inflow

Findings

aged retinal circ
with...10+ DD
y nonperfusion

onged retinal circ
e with...minimal
lary nonperfusion

≤20/200

...final VA is
likely to be...

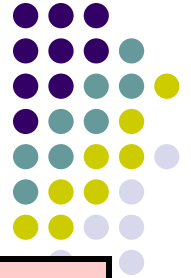
Good

50% stabilize
20% improve
30% worsen

bad, or even
worse

Q

C RVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka *shunt vessels*)

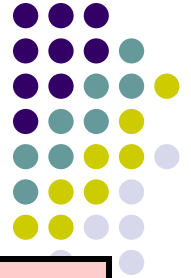
What does it mean to say the blood is shunted?

Findings
longed retinal circ e with...10+ DD lary nonperfusion
longed retinal circ e with...minimal lary nonperfusion
≤20/200
bad, or even worse

...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	
--------------------------------	------	---	--

A

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka *shunt vessels*)

What does it mean to say the blood is shunted?
It means blood entering the retinal circulation finds an anatomic pathway by which to bypass the occluded CRV and leave the eye

Findings	
longed retinal circulation with... 10+ DD	lary nonperfusion
longed retinal circulation with... minimal	lary nonperfusion
≤20/200	
...final VA is likely to be...	Good
50% stabilize 20% improve 30% worsen	bad, or even worse

Q

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka *shunt vessels*)

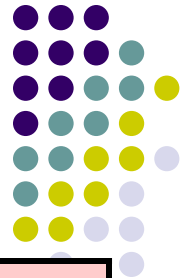
What does it mean to say the blood is shunted?
It means blood entering the retinal circulation finds an anatomic pathway by which to bypass the occluded CRV and leave the eye

Where does the blood go instead of into the CRV?

Findings	
longed retinal circulation with... 10+ DD	lary nonperfusion
longed retinal circulation with... minimal	lary nonperfusion
≤20/200	
...final VA is likely to be...	Good
50% stabilize 20% improve 30% worsen	bad, or even worse

A

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka *shunt vessels*)

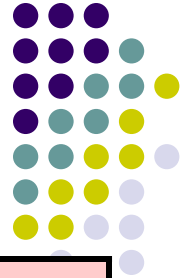
What does it mean to say the blood is shunted?
It means blood entering the retinal circulation finds an anatomic pathway by which to bypass the occluded CRV and leave the eye

Where does the blood go instead of into the CRV?
Into the choroidal circulation

Findings	
longed retinal circ e with...10+ DD	lary nonperfusion
longed retinal circ e with...minimal	lary nonperfusion
≤20/200	
...final VA is likely to be...	Good
50% stabilize 20% improve 30% worsen	bad, or even worse

Q

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka shunt vessels)

What does it mean to say the blood is shunted?
It means blood entering the retinal circulation finds an anatomic pathway by which to bypass the occluded CRV and leave the eye

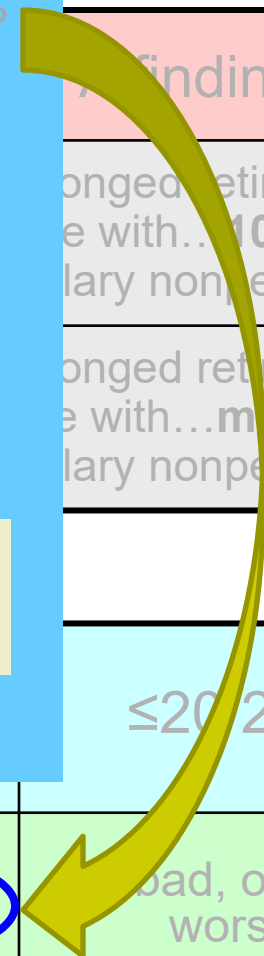
Where does the blood go instead of into the CRV?
Into the **choroidal circulation**

But the choroid is still 'in the eye.' Where does the blood go from there?

Findings
longed retinal circulation with... 10+ DD lary nonperfusion
longed retinal circulation with... minimal lary nonperfusion

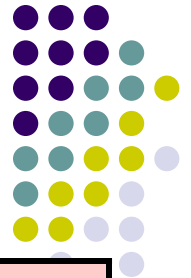
≤20/200
bad, or even worse

...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	
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Q/A

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka *shunt vessels*)

What does it mean to say the blood is shunted?
It means blood entering the retinal circulation finds an anatomic pathway by which to bypass the occluded CRV and leave the eye

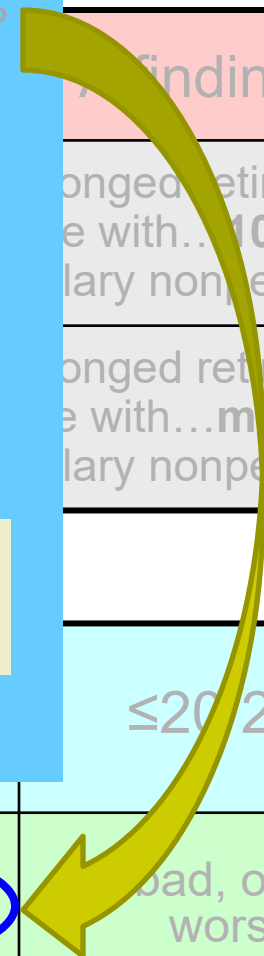
Where does the blood go instead of into the CRV?
Into the **choroidal circulation**

But the choroid is still 'in the eye.' Where does the blood go from there?
The choroidal circulation drains into the , which in turn drain into the inferior and superior

Findings
longed retinal circulation with... 10+ DD lary nonperfusion
longed retinal circulation with... minimal lary nonperfusion

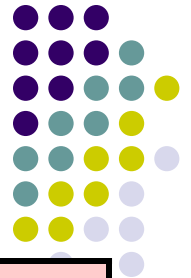
≤20/200
bad, or even worse

...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	
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A

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka *shunt vessels*)

What does it mean to say the blood is shunted?
It means blood entering the retinal circulation finds an anatomic pathway by which to bypass the occluded CRV and leave the eye

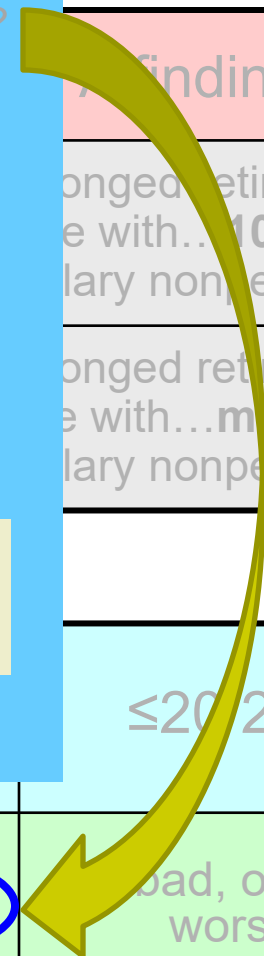
Where does the blood go instead of into the CRV?
Into the **choroidal circulation**

But the choroid is still 'in the eye.' Where does the blood go from there?
The choroidal circulation drains into the vortex veins, which in turn drain into the inferior and superior ophthalmic veins

Findings
longed retinal circulation with... 10+ DD lary nonperfusion
longed retinal circulation with... minimal lary nonperfusion

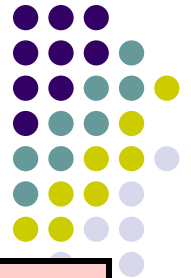
≤20/200
bad, or even worse

...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	
--------------------------------	------	---	--



Q

C RVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka shunt vessels)

What does it mean to say the blood is shunted?

How many vortex veins are there?

omnic
he eye

Findings

longed retinal circ
e with... **10+ DD**
lary nonperfusion

longed retinal circ
e with... **minimal**
lary nonperfusion

The choroidal circulation drains into the **vortex veins** which in turn drain into the inferior and superior ophthalmic veins

≤20/200

...final VA is likely to be...

Good

50% stabilize
20% improve
30% worsen

bad, or even worse

A

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka shunt vessels)

What does it mean to say the blood is shunted?

How many vortex veins are there?
Usually four, occasionally five

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omic
the eye

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Findings

longed retinal circ
e with... **10+ DD**
lary nonperfusion

longed retinal circ
e with... **minimal**
lary nonperfusion

What does it mean to say the blood is shunted?
The choroidal circulation drains into the **vortex veins** which in turn drain into the inferior and superior ophthalmic veins

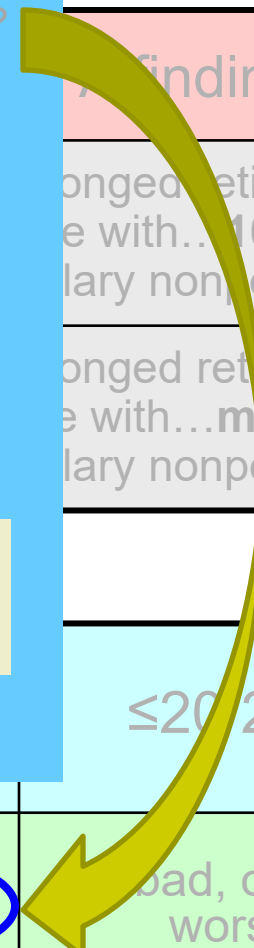
≤20/200

...final VA is
likely to be...

Good

50% stabilize
20% improve
30% worsen

bad, or even
worse



Q

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka shunt vessels)

What does it mean to say the blood is shunted?

How many vortex veins are there?

Usually four, occasionally five

One aspect of the vortex veins is visible on DFE. What is it?

What does it mean to say the blood is shunted?

The choroidal circulation drains into the **vortex veins** which in turn drain into the inferior and superior ophthalmic veins

Findings

longed retinal circulation with... **10+ DD**
lary nonperfusion

longed retinal circulation with... **minimal**
lary nonperfusion

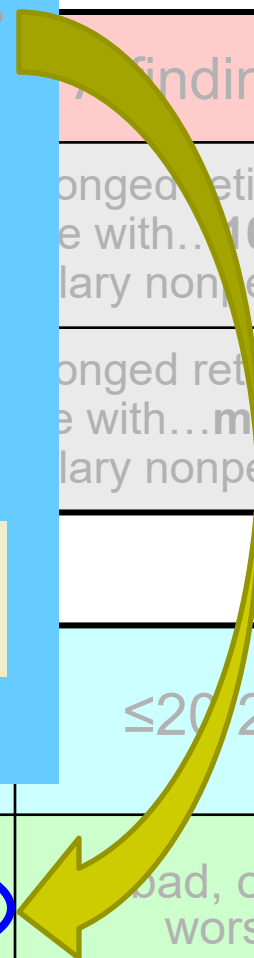
≤20/200

...final VA is likely to be...

Good

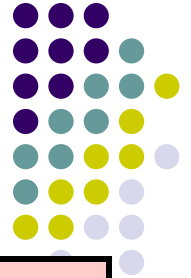
50% stabilize
20% improve
30% worsen

bad, or even worse



Q/A

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka shunt vessels)

What does it mean to say the blood is shunted?

How many vortex veins are there?
Usually four, occasionally five

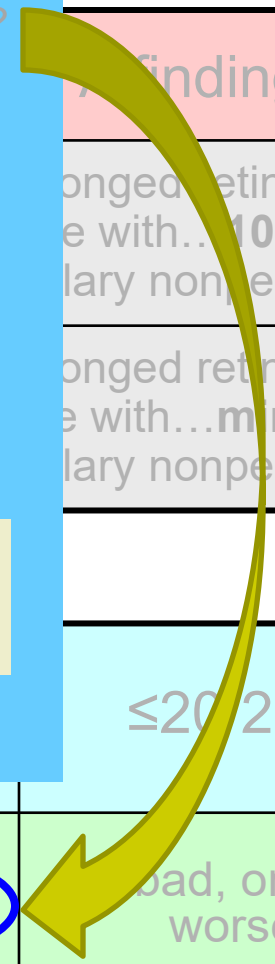
One aspect of the vortex veins is visible on DFE. What is it?
Their collecting channels (aka **macula**)

What does it mean to say the blood is shunted?
The choroidal circulation drains into the **vortex veins** which in turn drain into the inferior and superior ophthalmic veins

Findings
longed retinal circulation with... 10+ DD lary nonperfusion
longed retinal circulation with... minimal lary nonperfusion

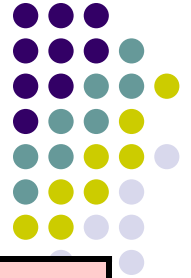
≤20/200
bad, or even worse

...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	
--------------------------------	------	---	--



A

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka shunt vessels)

What does it mean to say the blood is shunted?

How many vortex veins are there?

Usually four, occasionally five

One aspect of the vortex veins is visible on DFE. What is it?

Their collecting channels (aka ampullae)

What does it mean to say the blood is shunted?

The choroidal circulation drains into the **vortex veins** which in turn drain into the inferior and superior ophthalmic veins

Findings

longed retinal circulation with... **10+ DD**
lary nonperfusion

longed retinal circulation with... **minimal**
lary nonperfusion

≤20/200

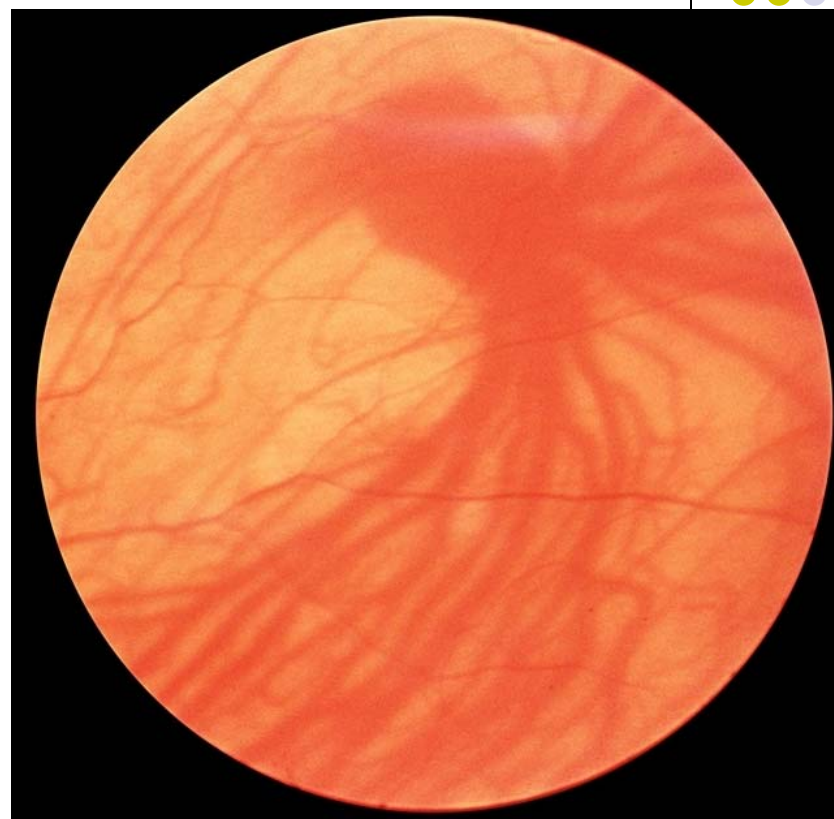
...final VA is likely to be...

Good

50% stabilize
20% improve
30% worsen

bad, or even worse

CRVO



Vortex vein ampullae

Q

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka shunt vessels)

What does it mean to say the blood is shunted?

How many vortex veins are there?

Usually four, occasionally five

One aspect of the vortex veins is visible on DFE. What is it?

Their collecting channels (aka ampullae)

Where (as in anterior, posterior, etc) are the ampullae located?

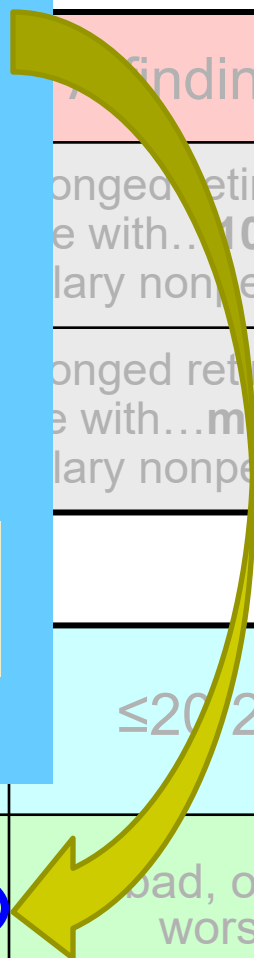
What are the drainage pathways for the choroid?

The choroidal circulation drains into the **vortex veins** which in turn drain into the inferior and superior ophthalmic veins

Findings
longed retinal circulation with... 10+ DD ... lary nonperfusion
longed retinal circulation with... minimal ... lary nonperfusion

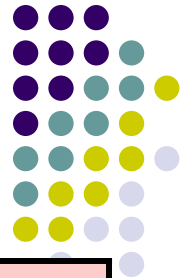
≤20/200
bad, or even worse

...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	
--------------------------------	------	---	--



A

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka shunt vessels)

What does it mean to say the blood is shunted?

How many vortex veins are there?

Usually four, occasionally five

One aspect of the vortex veins is visible on DFE. What is it?

Their collecting channels (aka ampullae)

Where (as in anterior, posterior, etc) are the ampullae located?

Usually right at the retina's equator

The choroidal circulation drains into the **vortex veins** which in turn drain into the inferior and superior ophthalmic veins

Findings

longed retinal circulation with... **10+ DD** ...lary nonperfusion

longed retinal circulation with... **minimal** ...lary nonperfusion

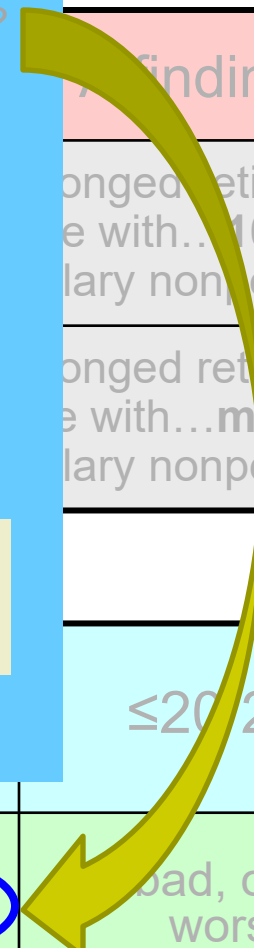
≤20/200

...final VA is likely to be...

Good

50% stabilize
20% improve
30% worsen

bad, or even worse

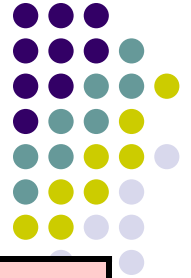




Vortex vein ampullae (blue circle indicates the equator)

Q

CRVO



What physiological process accounts for improvement in such cases?
The development of collaterals (aka *shunt vessels*)

What does it mean to say the blood is shunted?
It means blood entering the retinal circulation finds an anatomic pathway by which to bypass the occluded CRV and leave the eye

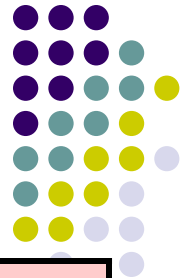
Where does the blood go instead of into the CRV?
Into the choroidal circulation

Where are the shunt vessels typically located?

Findings	
longed retinal circulation with... 10+ DD	lary nonperfusion
longed retinal circulation with... minimal	lary nonperfusion
≤20/200	
...final VA is likely to be...	Good
50% stabilize 20% improve 30% worsen	bad, or even worse

A

CRVO



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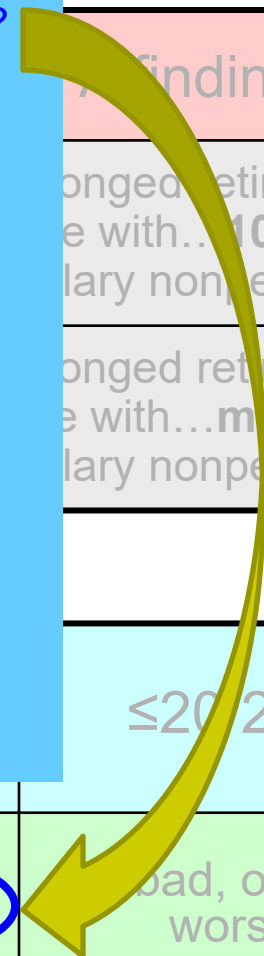
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In the peripapillary region

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CRVO



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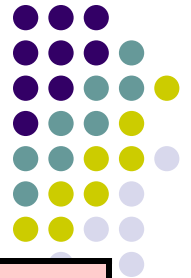
By what name are these collaterals known?

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<p>longed retinal circulation with... minimal</p> <p>lary nonperfusion</p>
<p>≤20/200</p>
<p>bad, or even worse</p>

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CRVO



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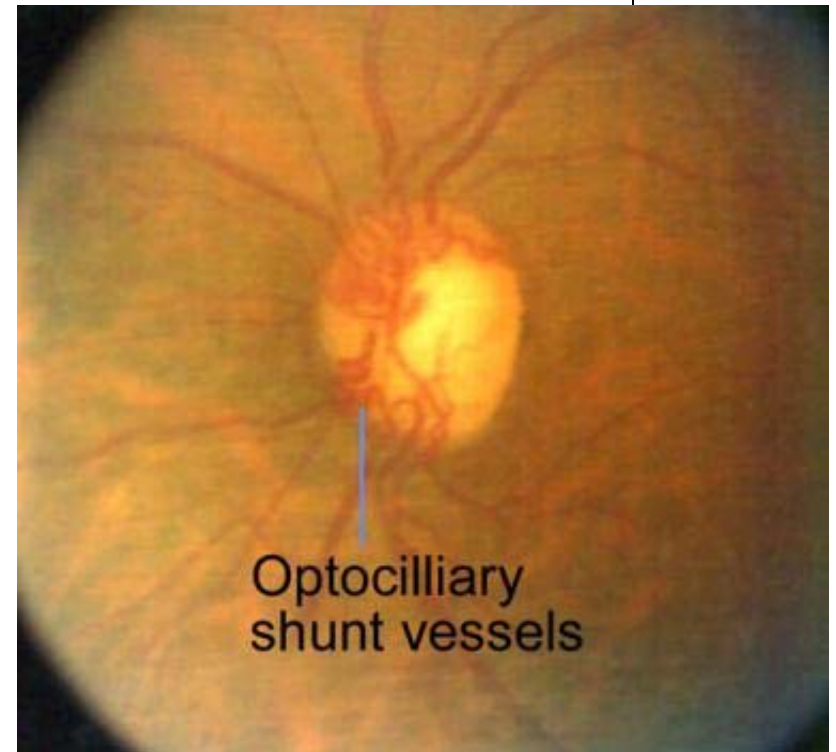
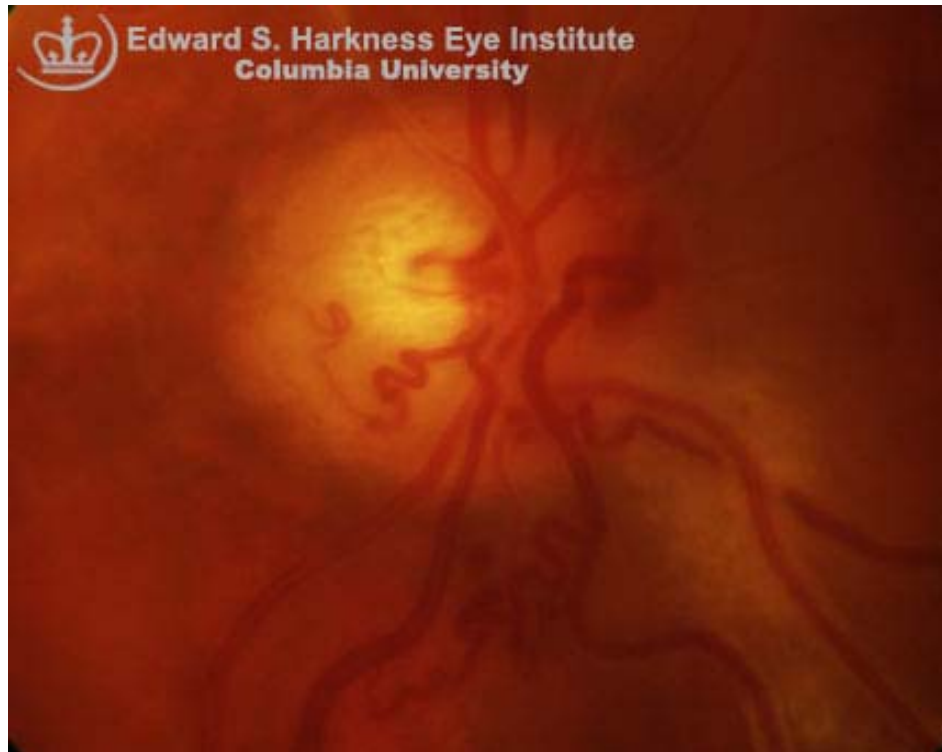
Where are the shunt vessels typically located?
In the peripapillary region

By what name are these collaterals known?
'Optociliary shunt vessels'

Findings
longed retinal circulation with... 10+ DD lary nonperfusion
longed retinal circulation with... minimal lary nonperfusion
≤20/200
bad, or even worse

...final VA is likely to be...	Good	50% stabilize 20% improve 30% worsen	
--------------------------------	------	---	--

CRVO

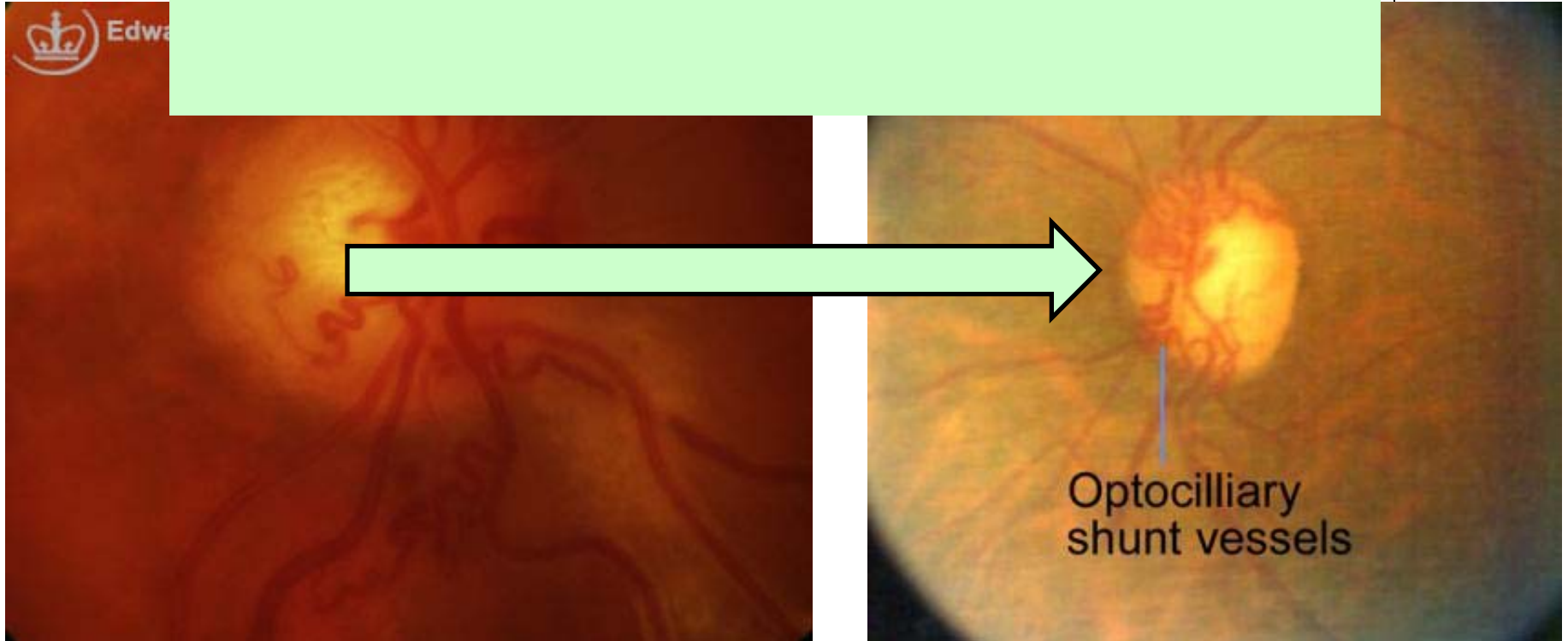
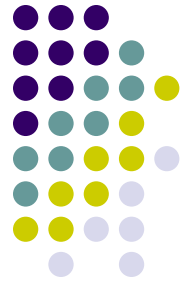


Optociliary shunt vessels

C RVO

Q

Bruh, that sure looks like NVD to me. How could you distinguish between optociliary shunt vessels and NVD?



Optociliary shunt vessels

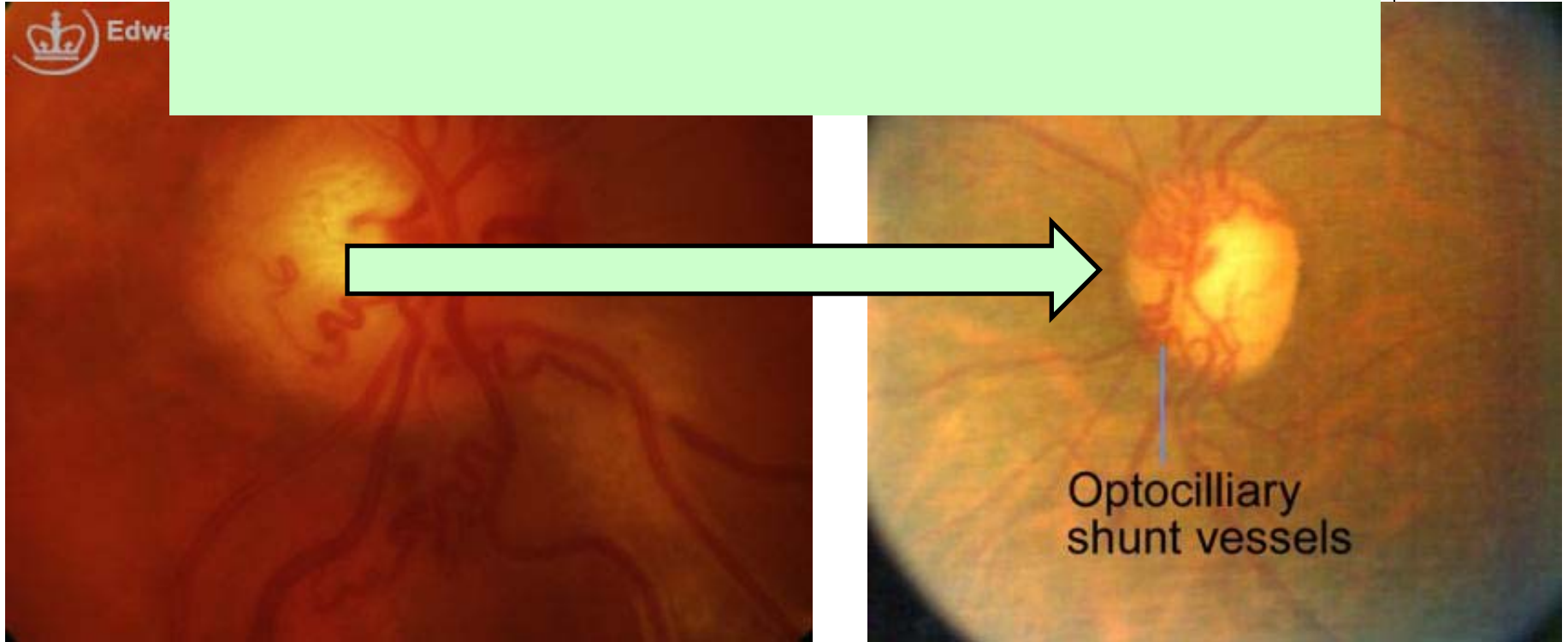
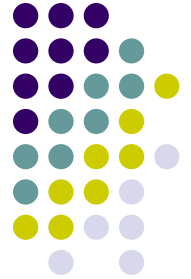
CRVO

Q/A

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You could perform

test (abb.)

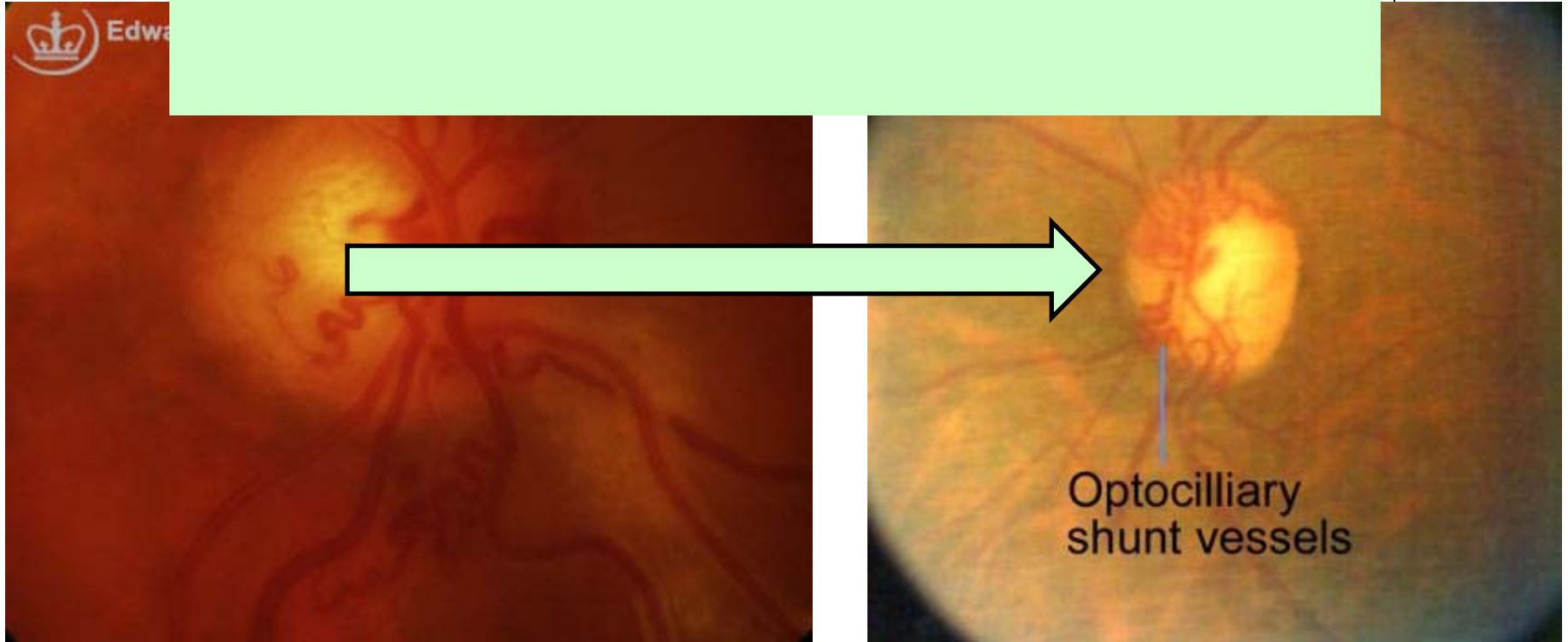
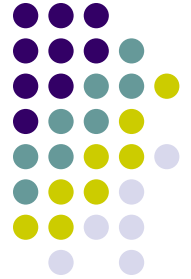


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Optociliary shunt vessels

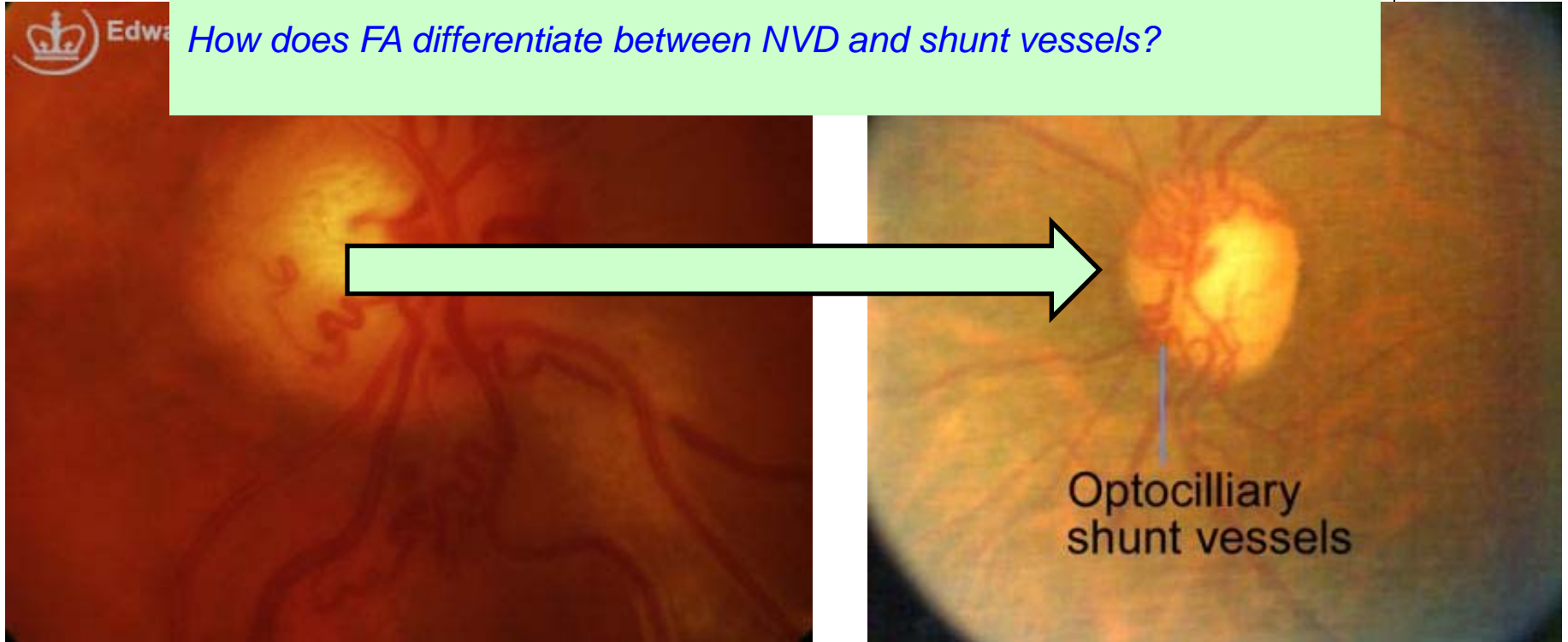
CRVO

Q

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You could perform FA

How does FA differentiate between NVD and shunt vessels?



Optociliary shunt vessels

C RVO

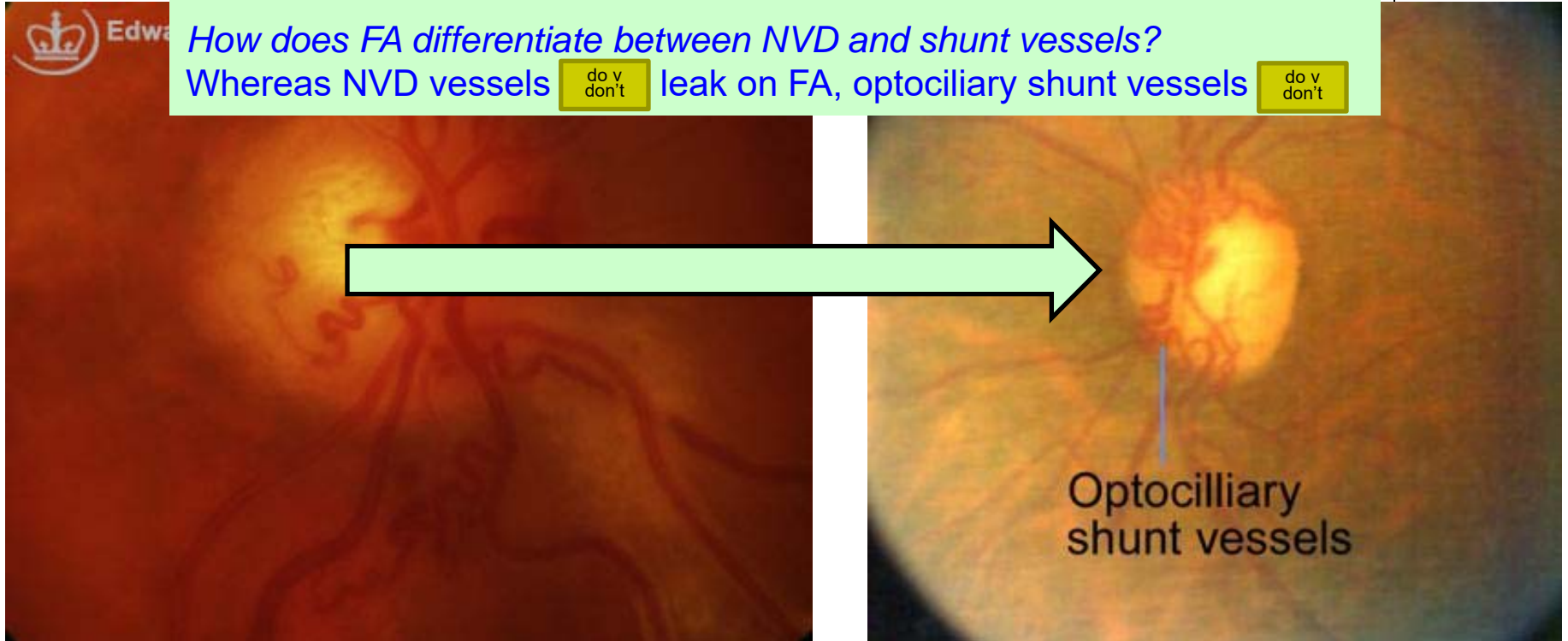
Q/A

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How does FA differentiate between NVD and shunt vessels?

Whereas NVD vessels do v don't leak on FA, optociliary shunt vessels do v don't



Optociliary shunt vessels

C RVO

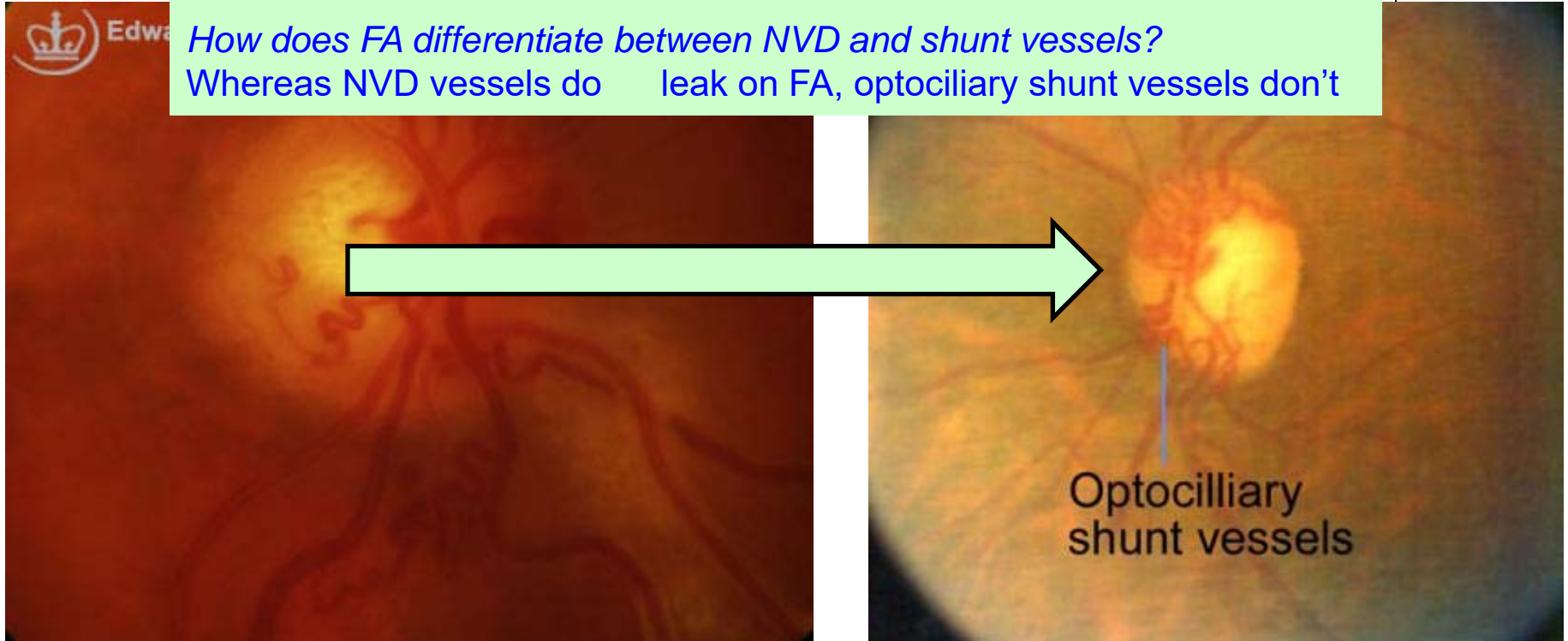
A

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You could perform FA

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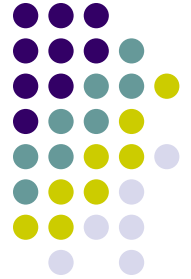
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Optociliary shunt vessels

A

CRVO

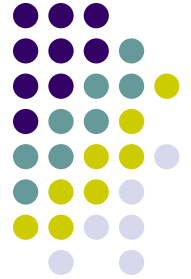


- Re NVI after CRVO: According to the CVOS...

What does CVOS stand for in this context?

A

CRVO

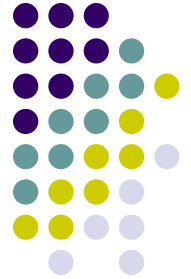


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Central Vein Occlusion Study

Q

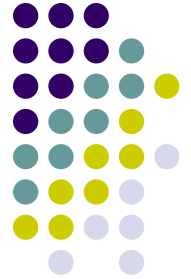
CRVO



- Re NVI after CRVO: According to the CVOS...
 - *What is the #1 predictor for neo?*

A

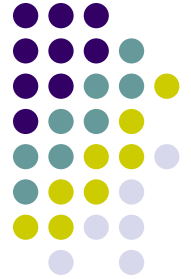
CRVO



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Q

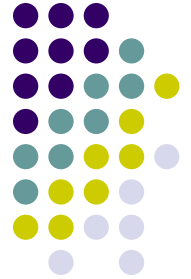
CRVO



- Re NVI after CRVO: According to the CVOS...
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 - *If a CRVO is demonstrably ischemic, should PRP be performed in anticipation of the development of NVI, in order to prevent its occurrence?*

A

CRVO



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The CVOS demonstrated that prophylactic PRP did **not** prevent the development of NVI, and in fact seemed to reduce the effectiveness of subsequent PRP that was placed when NVI developed.

Q

CRVO

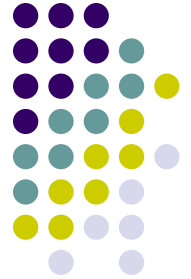


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 - *If a CRVO is demonstrably ischemic, should PRP be applied prophylactically, or if not prophylactically, at what point should PRP be applied?*

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A

CRVO



- Re NVI after CRVO: According to the CVOS...
 - *What is the #1 predictor for neo? Poor VA*
 - *If a CRVO is demonstrably ischemic, should PRP be applied prophylactically, at what point should PRP be applied? Most clinicians perform PRP at the first sign of NVI, in order to prevent its occurrence? No.*

The CVOS demonstrated that prophylactic PRP did **not** prevent the development of NVI, and in fact seemed to reduce the effectiveness of subsequent PRP that was placed when NVI developed.

Q

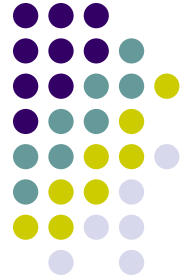
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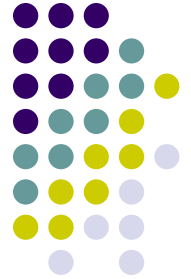
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Q

CRVO



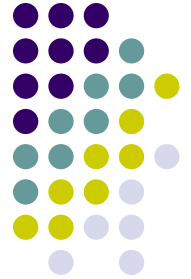
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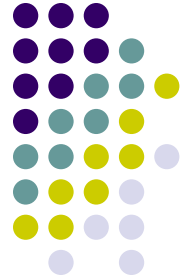
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For many reasons, not least of which is the fact that so many CRVO pts have glaucoma

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CRVO



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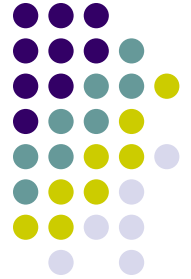
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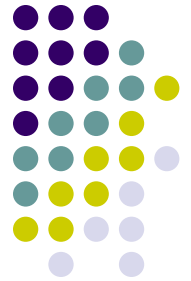
Gonioscopy

What are you checking for via gonioscopy?

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Q/A

CRVO



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CRVO



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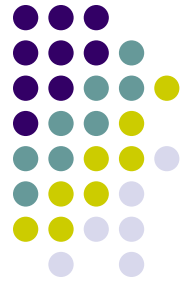
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Q

CRVO



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 - *If a CRVO is demonstrably ischemic, should PRP be performed in anticipation of the development of*

Why
For r

Assuming no PRP or other treatment (a subject we'll get to shortly), how frequently should a CRVO pt be re-evaluated, and for how long?

In ac
Goni

med?

not

ent

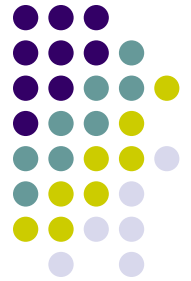
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Q/A

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Why
For r

Assuming no PRP or other treatment (a subject we'll get to shortly), how frequently should a CRVO pt be re-evaluated, and for how long?

Every [] for at least []

In ad
Goni

med?

not

ent

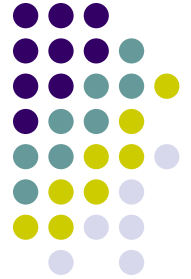
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CRVO



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Every month for at least 6 months

In ad
Goni

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Q

CRVO



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What is the main thing you're looking to catch at these visits?

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Q/A

CRVO



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The development of NVA (which could result in **abb.**, a disastrous sequelae)

What are you checking for via gonioscopy?

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CRVO



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In ad
Goni

What is the main thing you're looking to catch at these visits?

The development of NVA (which could result in NVG, a disastrous sequelae)

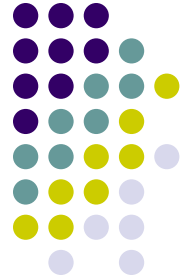
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Q

CRVO



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Is anterior-segment neovascularization common after ischemic CRVO?

Why
For r
In ad
Goni

Assuming no PRP
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Q/A

CRVO



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Very—over % of cases will develop it

Why
For
Every month for

In ad
Goni

What is the main thing you're looking to catch at these visits?

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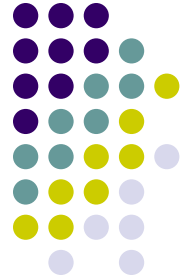
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CRVO



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Is anterior-segment neovascularization common after ischemic CRVO?

Very—over 50% of cases will develop it

*Why
For
In ad
Goni*

*Assuming no PRP
should a CRVO
Every month fo*

*In ad
Goni*

What is the main thing you're looking to catch at these visits?

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CRVO



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Is anterior-segment neovascularization common after ischemic CRVO?

Very—over 50% of cases will develop it

Typically, how much time passes after an ischemic CRVO until NVG appears?

*Why
For
In ad
Goni*

*Assuming no PRP
should a CRVO
Every month for*

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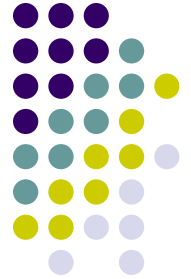
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- Re NVI after CRVO: According to the CVOS...

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- *If a CRVO is demonstrably ischemic, should PRP be performed in anticipation of the development of*

Is anterior-segment neovascularization common after ischemic CRVO?

Very—over 50% of cases will develop it

Typically, how much time passes after an ischemic CRVO until NVG appears?

Somewhere in the 3-5 month range

What is the main thing you're looking to catch at these visits?

The development of NVA (which could result in **NVG** a disastrous sequelae)

What are you checking for via gonioscopy?

First is a basic assessment of the status of the angle. After that is an ongoing evaluation for the development of NVA.

- *When is the follow-up visit after PRP? One week; **check IOP** and assess response; re-treat if needed*

Q

CRVO



- Re NVI after CRVO: According to the CVOS...

- *What is the #1 predictor for neo? Poor VA*
- *If a CRVO is demonstrably ischemic, should PRP be performed at the time of diagnosis or 3-5 months later... This explains the name by which post-CRVO NVG is known. What is that name?*

Is an
Very

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mic CRVO?

Why
For

Assuming no PRP
should a CRVO
Every month for

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Goni

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NVG

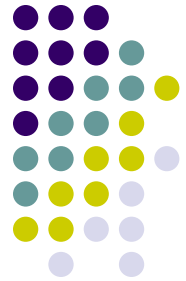
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CRVO



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3-5 months later... This explains the name by which post-CRVO NVG is known. What is that name?
'One-hundred-day glaucoma'

Typically, how much time passes after an ischemic CRVO until NVG appears?
Somewhere in the **100-day 3-5 month range**

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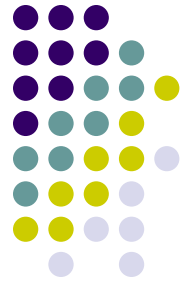
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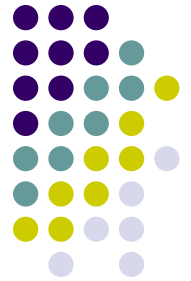
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Because very frequently, anterior-seg neo in CRVO occurs **without** neovascularization of the posterior segment

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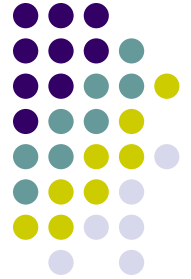
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CRVO



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Why is DFE inadequate as a surveillance method in CRVO?

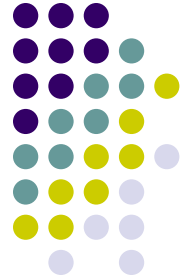
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● Re NVI after CRVO: According to the CVOS...

- V OK then, it makes sense that to preclude NVG in CRVO, we need to monitor the anterior segment directly for signs of neo. That being said (and assuming gonioscopy at the initial visit)
- It's not sufficient to monitor the anterior segment at every visit.

So, in CRVO NVI occurs in the absence of NVD/NVE, and

Why is iris surveillance inadequate?
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Why is DFE inadequate as a surveillance method in CRVO?
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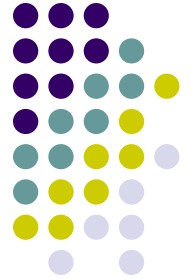
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- When is the follow-up visit after PRP? One week; **check IOP** and assess response; re-treat if needed

(No question—proceed when ready)



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OK, it better No, the Why is iris surveillance inadequate?

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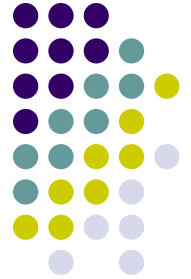
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Q

CRVO



- Re NVI after CRVO: According to the CVOS...

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Why is iris surveillance inadequate?

How does this compare with neovascularization following a **branch RVO**?

The development of NVA (which could result in NVG, a disastrous sequelae)

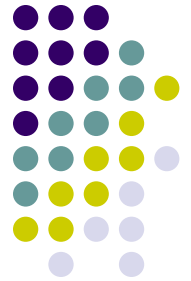
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CRVO



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OK then, it makes sense that to preclude NVG in CRVO, we need to monitor the anterior segment directly for signs of neo. That being said (and assuming gonioscopy at the initial visit), it is better to monitor the anterior segment every visit.

So, in CRVO NVI occurs in the absence of NVD/NVE, and **NVA occurs in the absence of NVI**

Why is iris surveillance inadequate?

How does this compare with neovascularization following a **branch RVO**? In BRVO the pattern is the **opposite** of what it is in CRVO—that is, neo will develop in the posterior segment, but only rarely in the anterior segment

The development of NVA (which could result in NVG, a disastrous sequelae)

What are you checking for via gonioscopy?

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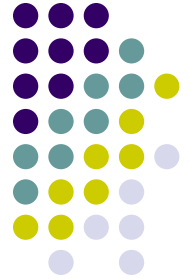
CRVO



- CVOS recs re macular edema after CRVO...
 - Wait [] for spontaneous resolution
 - Perform grid macular laser (GML) if:
 - VA is [] to [], and
 - FA reveals []
 - Per CVOS, patients treated with GML are:
 - twice as likely to [], and
 - twice as likely to []

A

CRVO



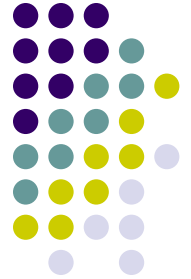
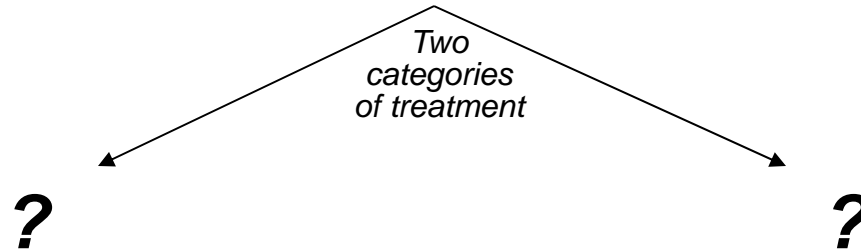
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 - twice as likely to []

Trick question! The CVOS demonstrated that GML improved macular edema *angiographically*, but did **not** improve vision. For this reason, **GML is contraindicated in CRVO!**

Q

CRVO

What are the
options for CRVO tx?



A

CRVO

What are the
options for CRVO tx?

*Two
categories
of treatment*

Surgical

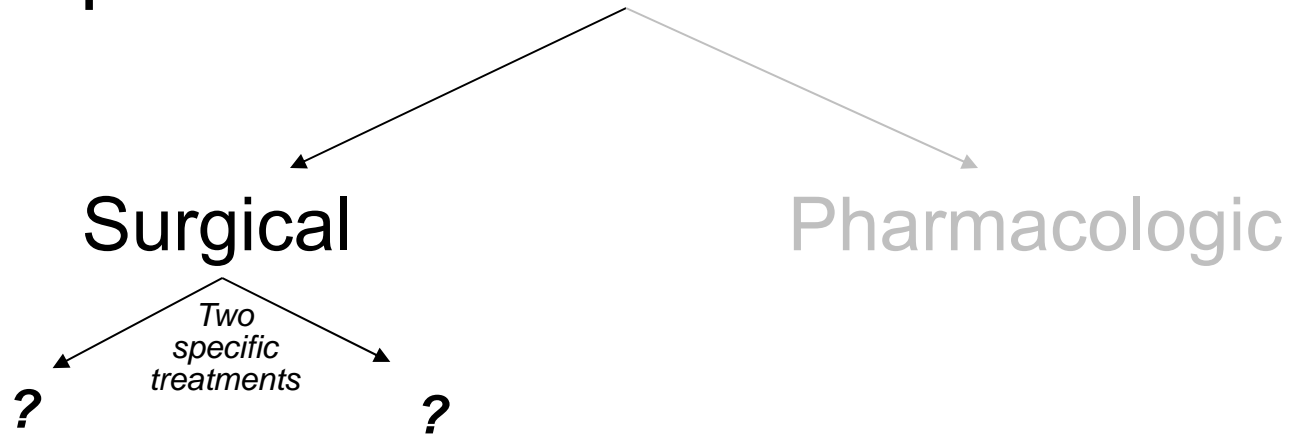
Pharmacologic



Q

CRVO

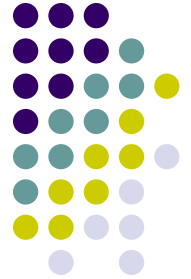
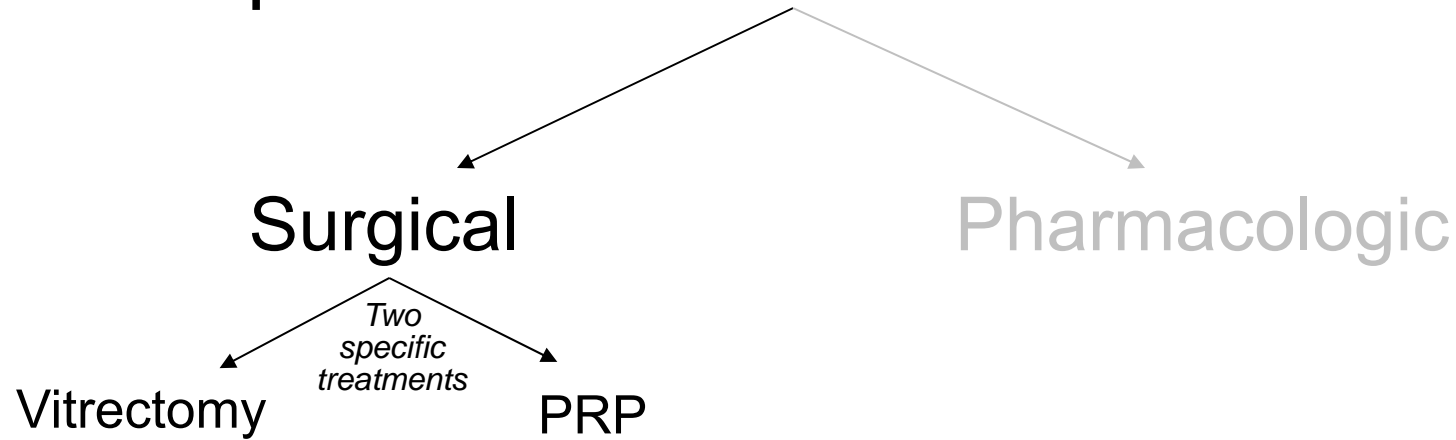
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CRVO

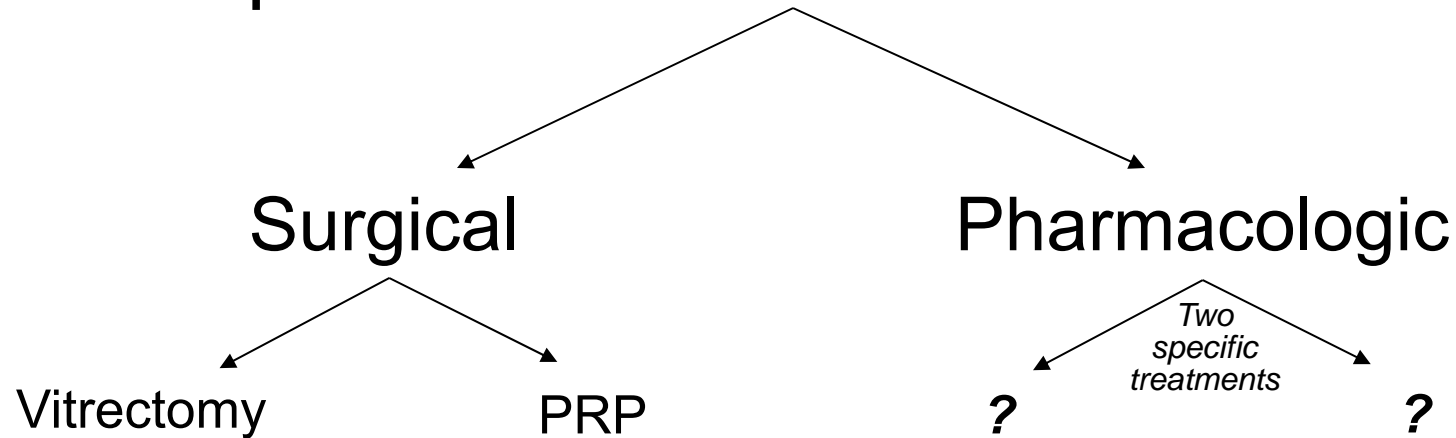
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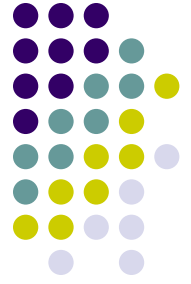
Q

CRVO

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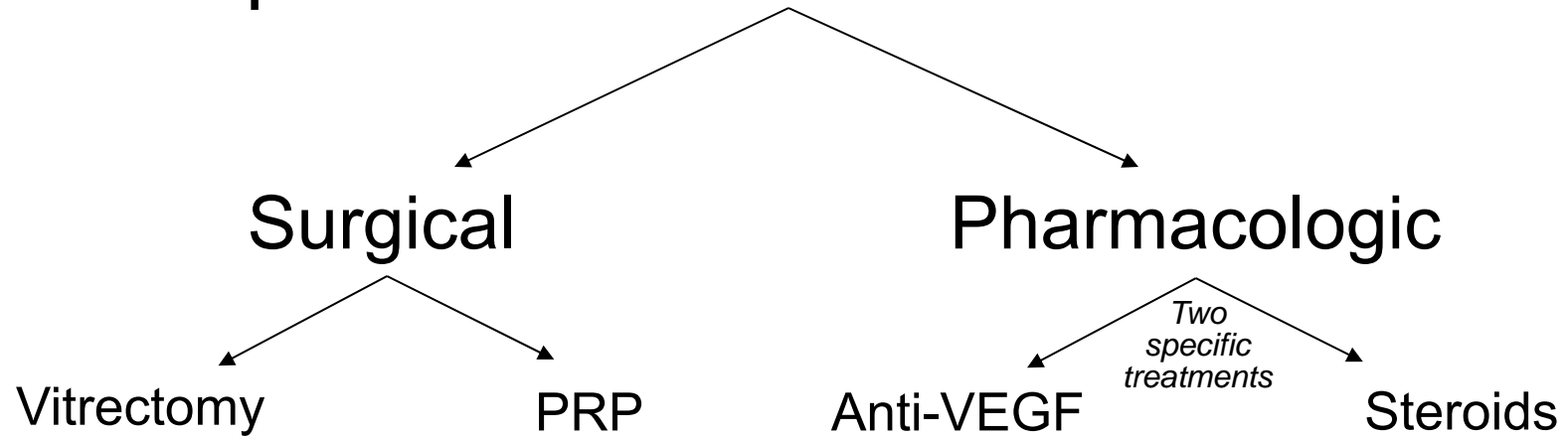


CRVO

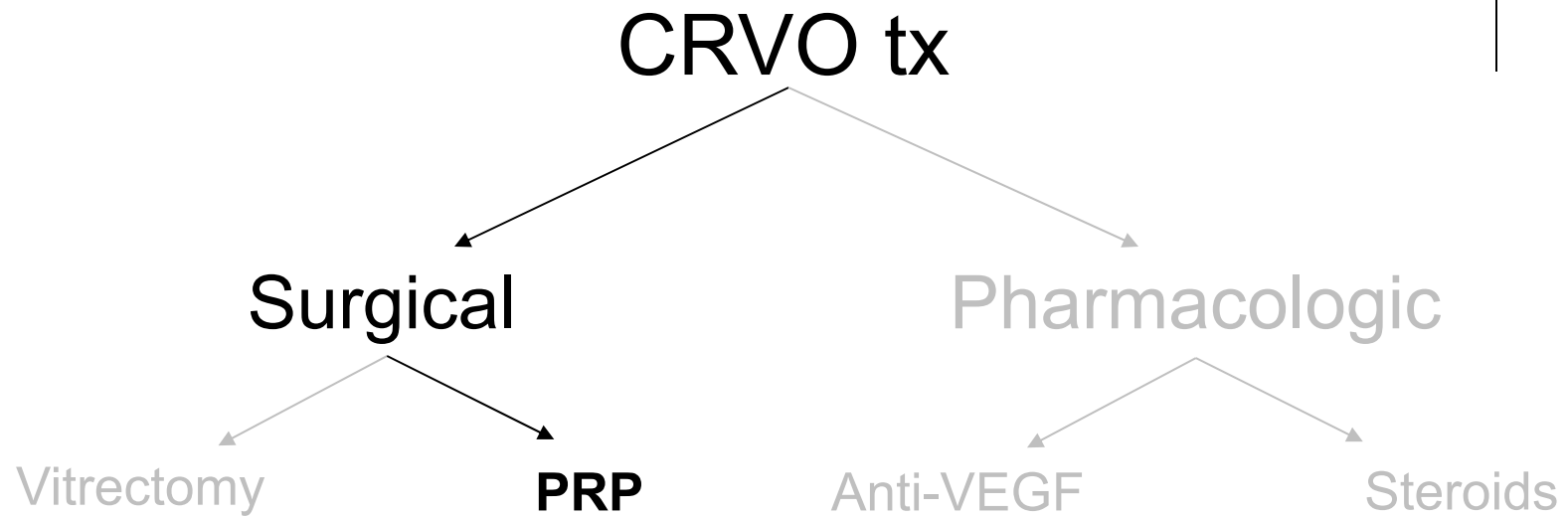


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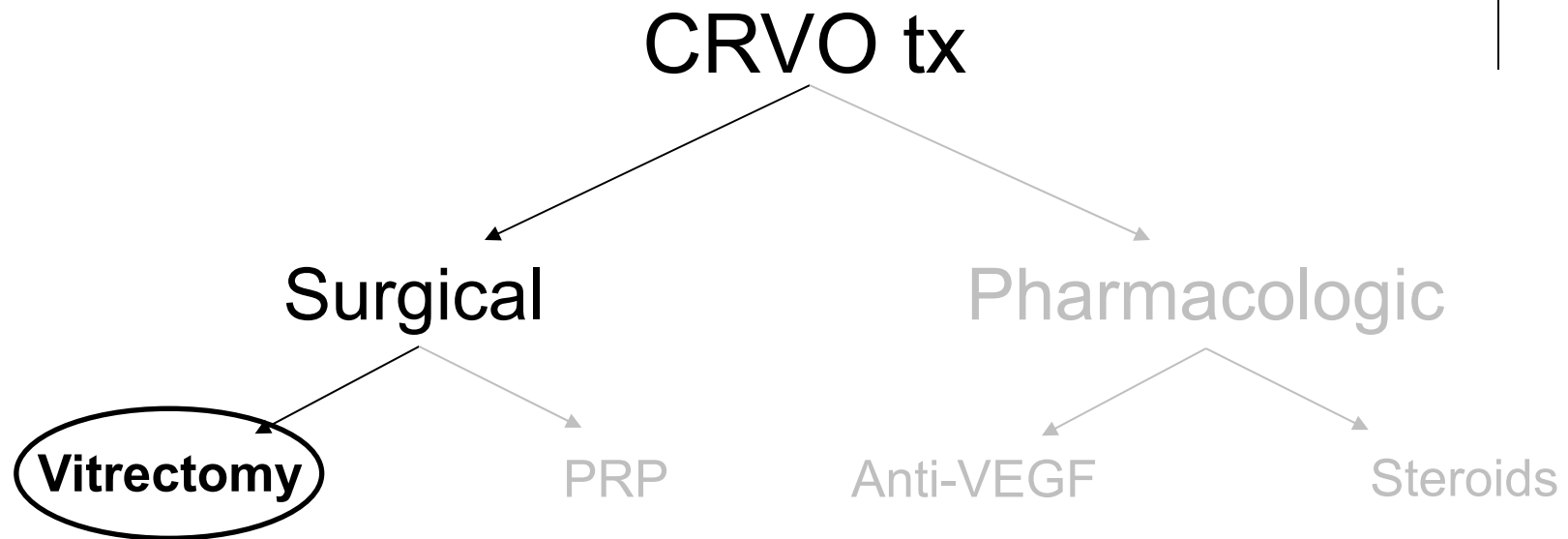
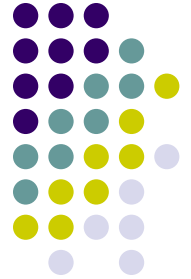
CRVO



We've already addressed PRP
(tl;dr Do it at the first sign of NVI)

Q

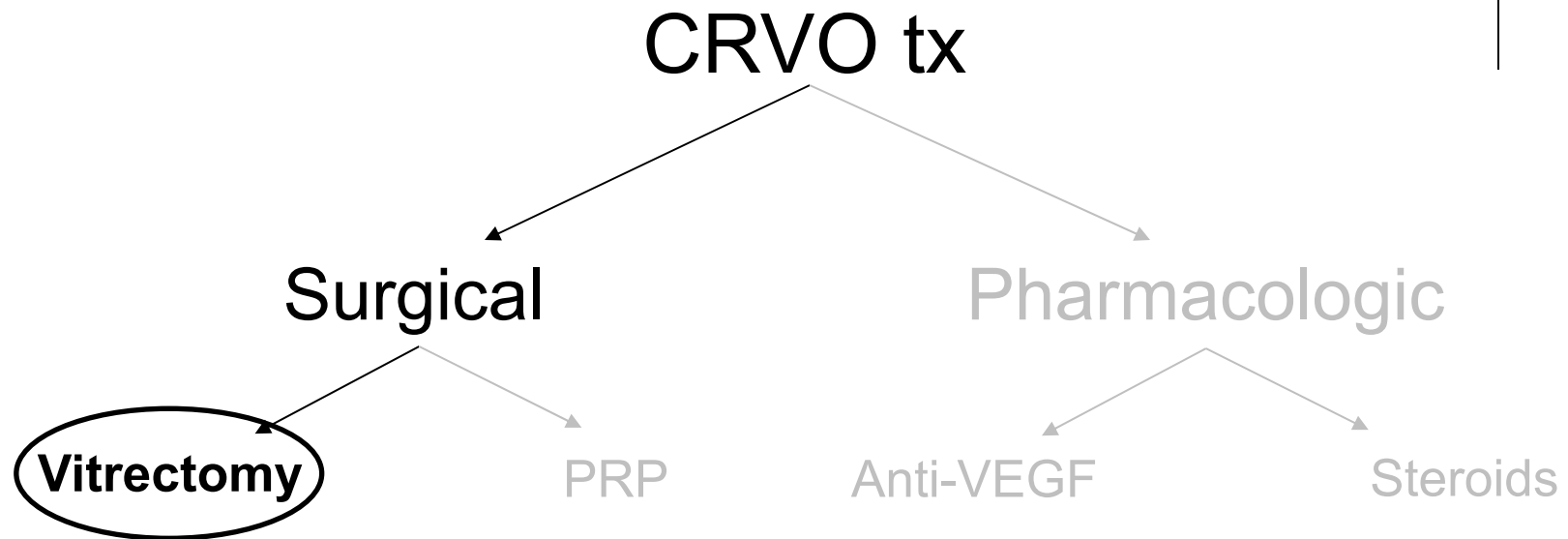
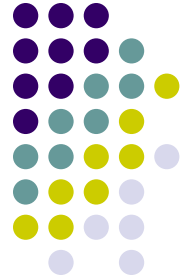
CRVO



What is the most common indication for vitrectomy after CRVO?

A

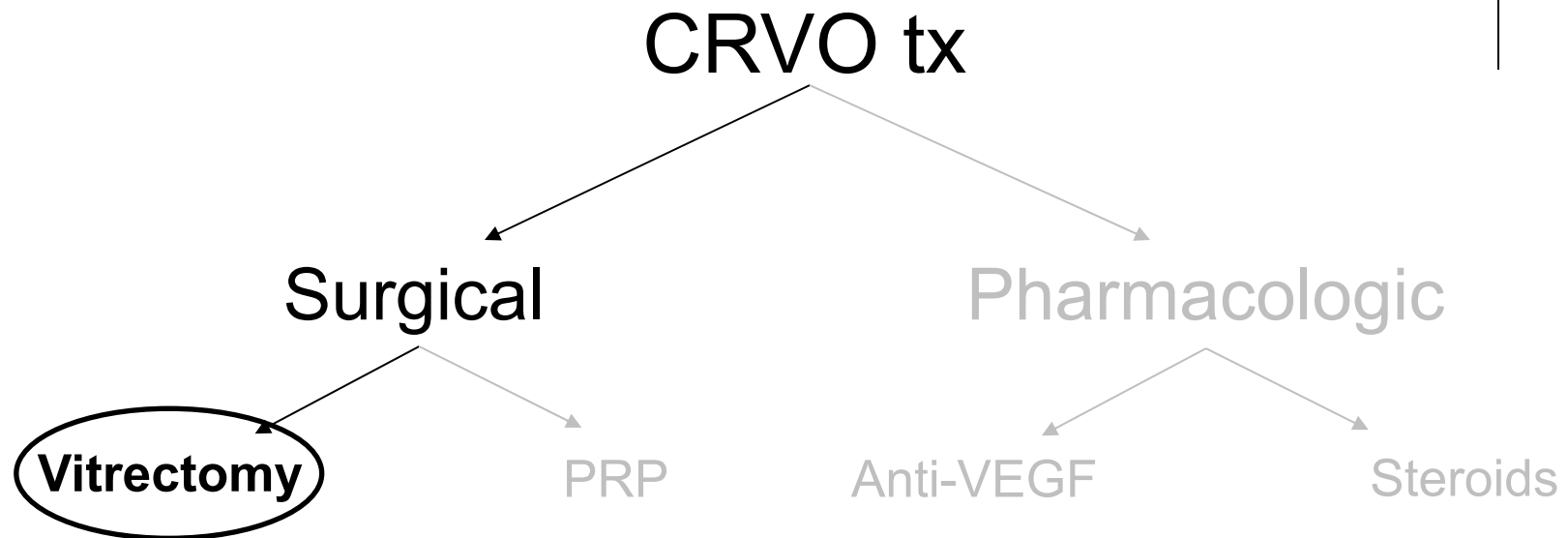
CRVO



What is the most common indication for vitrectomy after CRVO?
Vitreous hemorrhage interfering with either vision, or treatment
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Q

CRVO

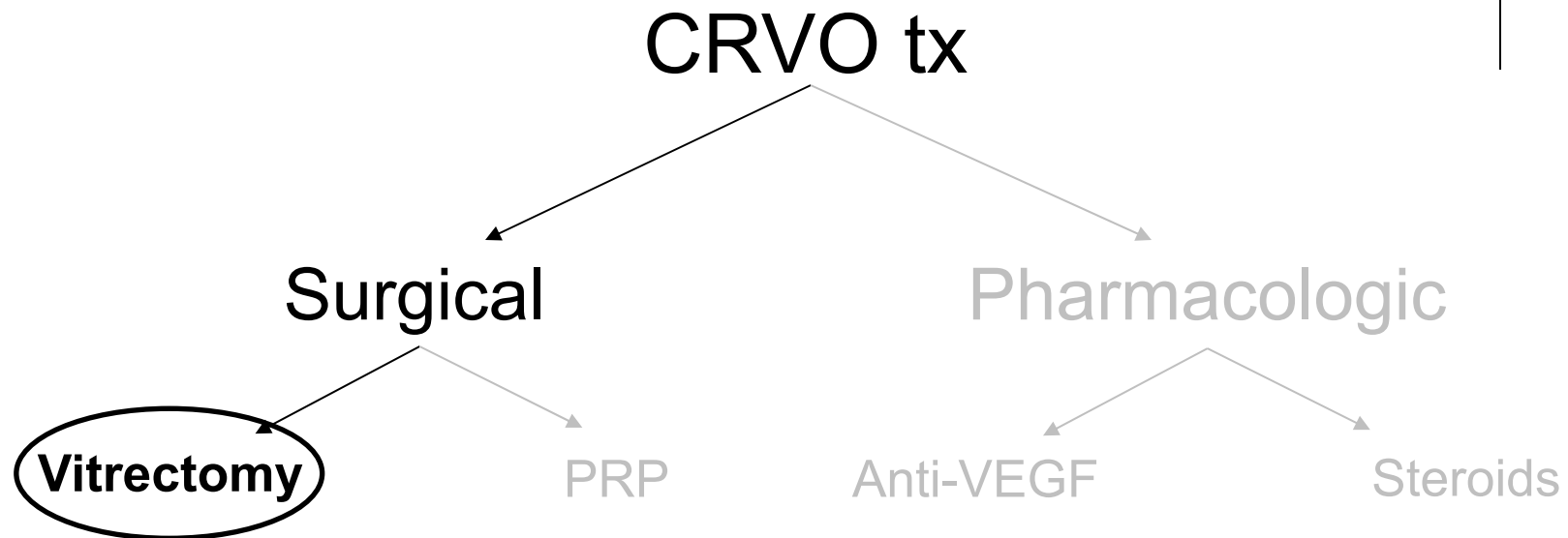
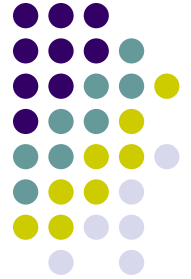


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*Can vitreous hemorrhage occur even in the absence of clinically
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A

CRVO

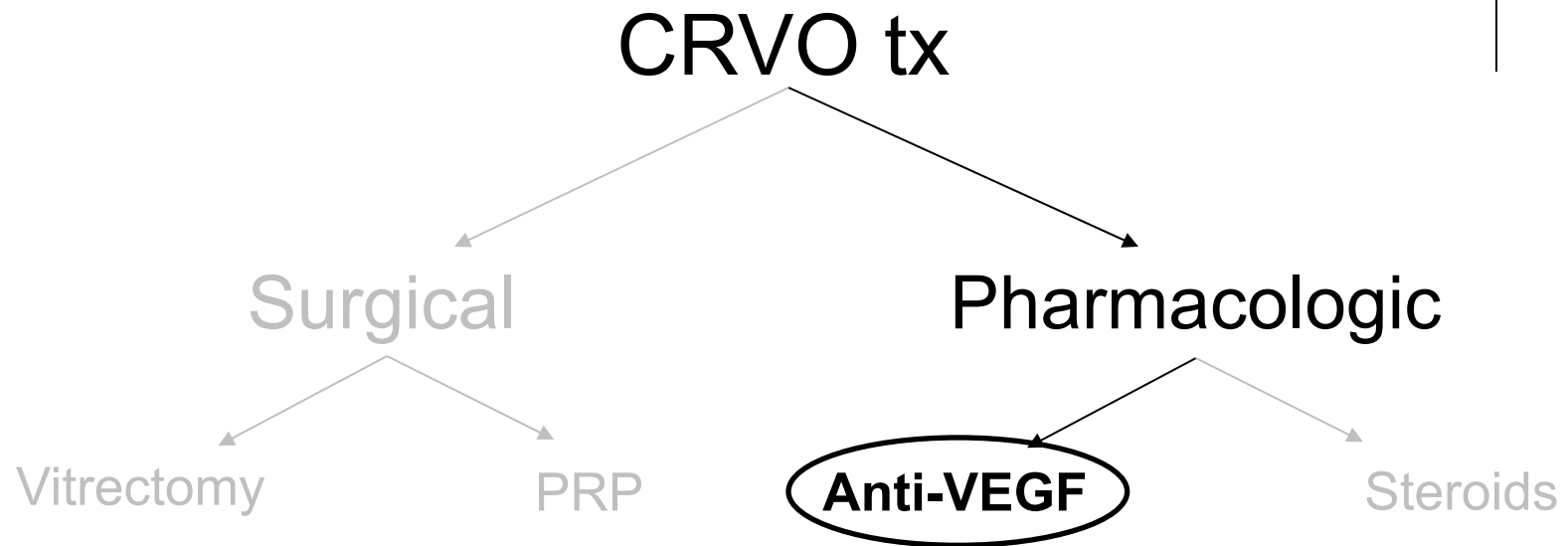


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Can vitreous hemorrhage occur even in the absence of clinically apparent posterior segment neo?
Indeed it can

Q

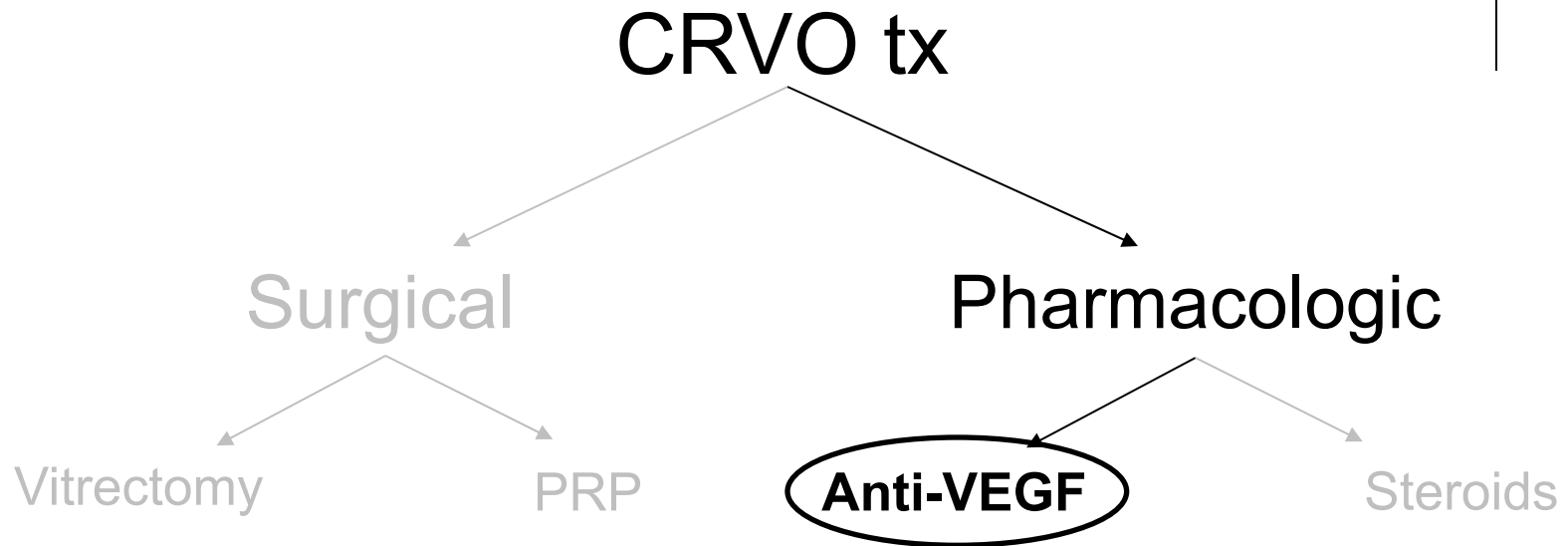
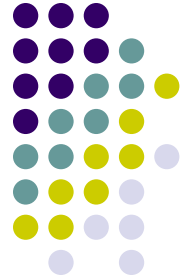
CRVO



What is the indication for intravitreal anti-VEGF therapy in CRVO?

A

CRVO

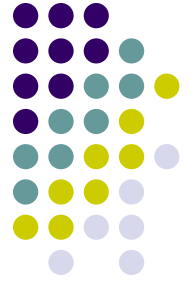


What is the indication for intravitreal anti-VEGF therapy in CRVO?

Cystoid macular edema (CME)

Q

CRVO



CRVO tx



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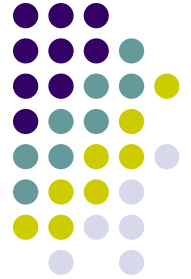
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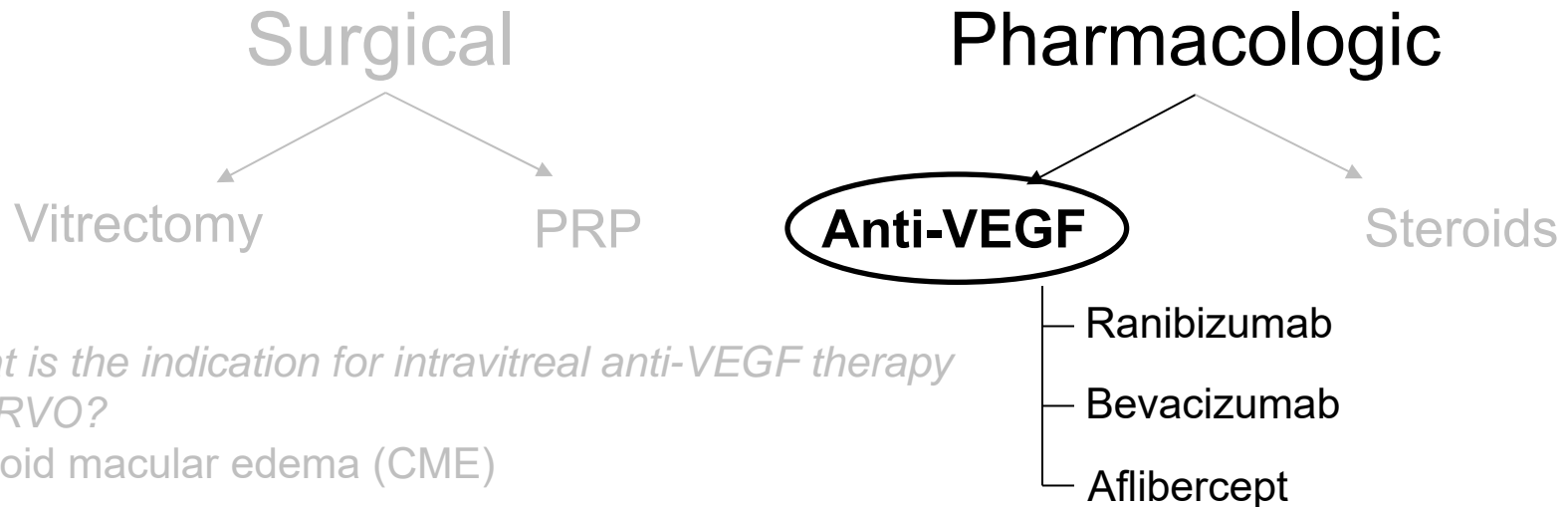
What are the three anti-VEGF meds that have been used in clinical trials for the tx of CRVO?

A

CRVO



CRVO tx



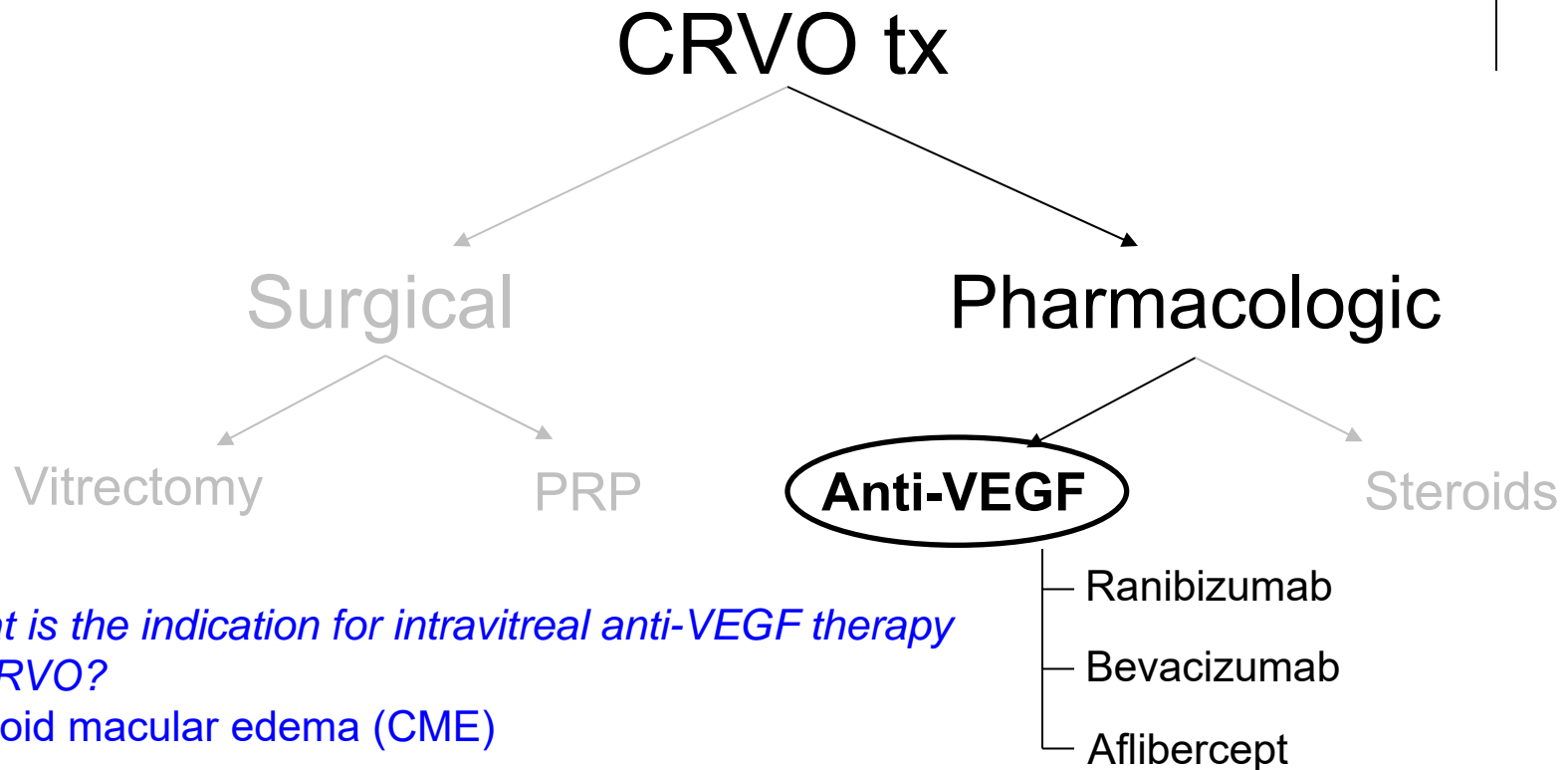
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CRVO



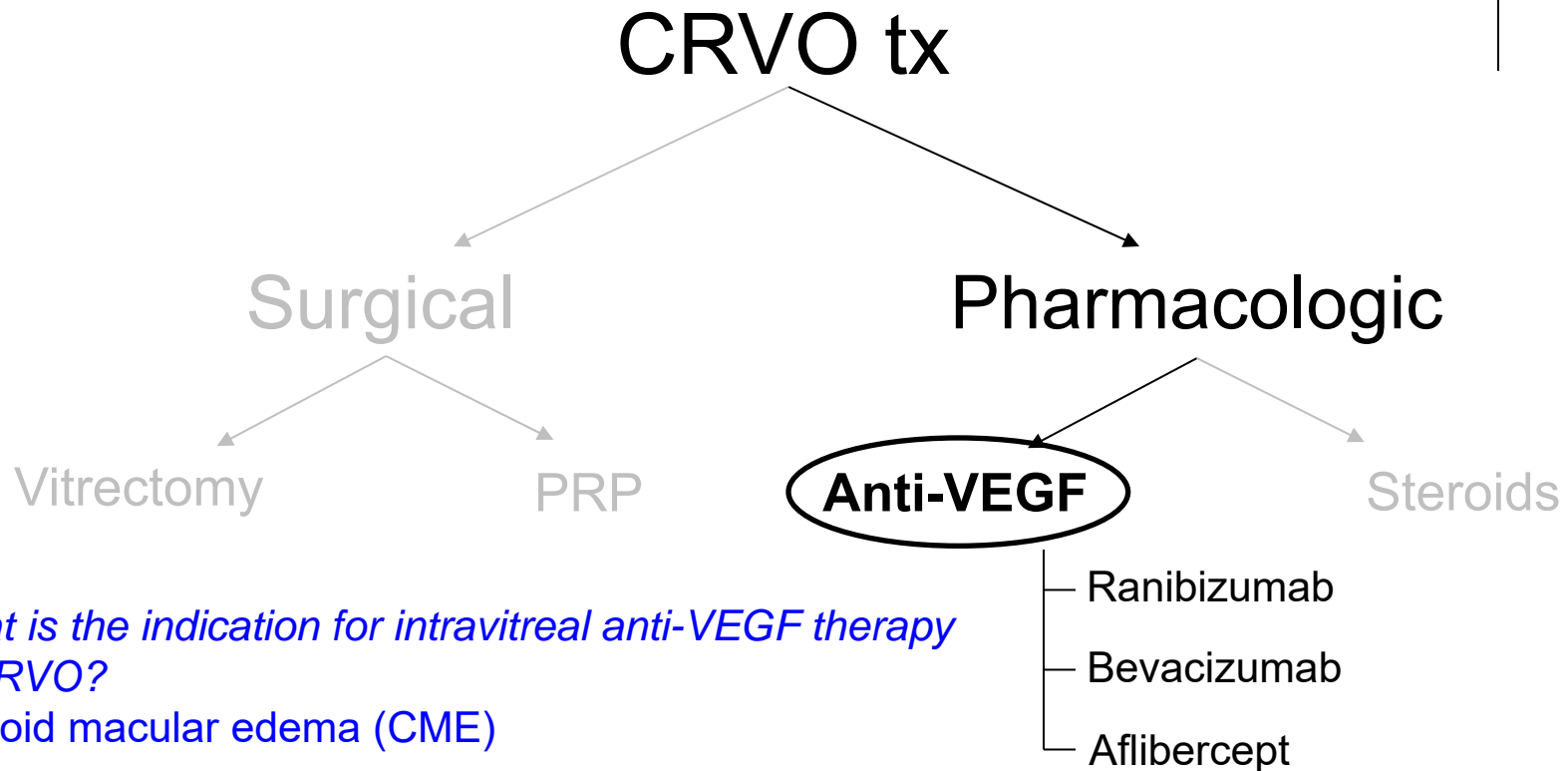
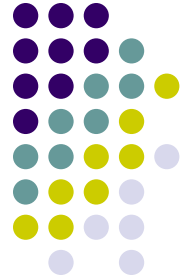
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Cystoid macular edema (CME)

Are IVit anti-VEGF meds effective?

Q/A

CRVO



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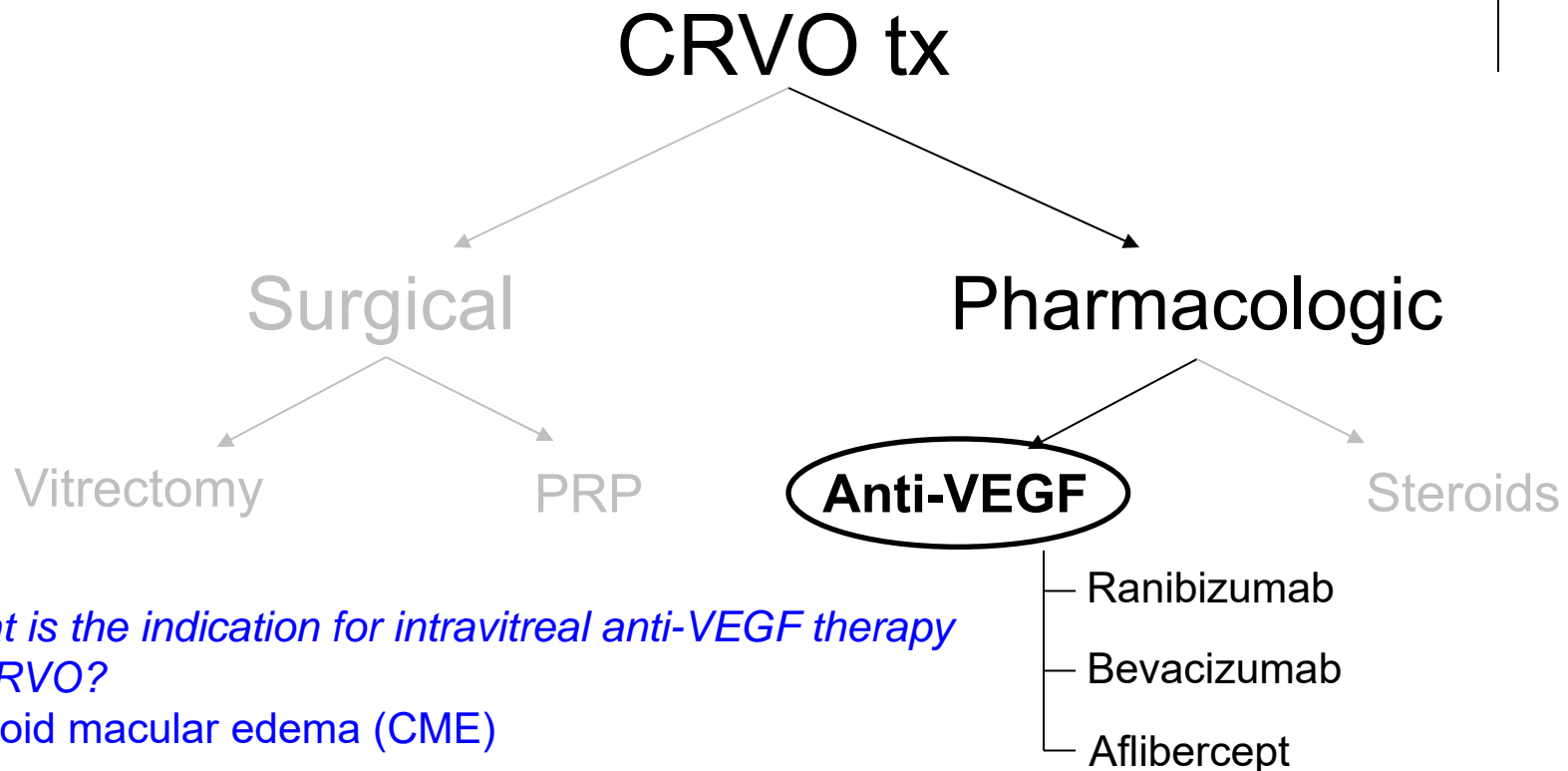
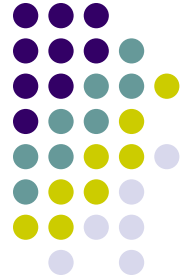
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Are IVit anti-VEGF meds effective?

Indeed they are—at 6 months post-event, about % of CRVO pts will gain # or more ETDRS letters above baseline

A

CRVO



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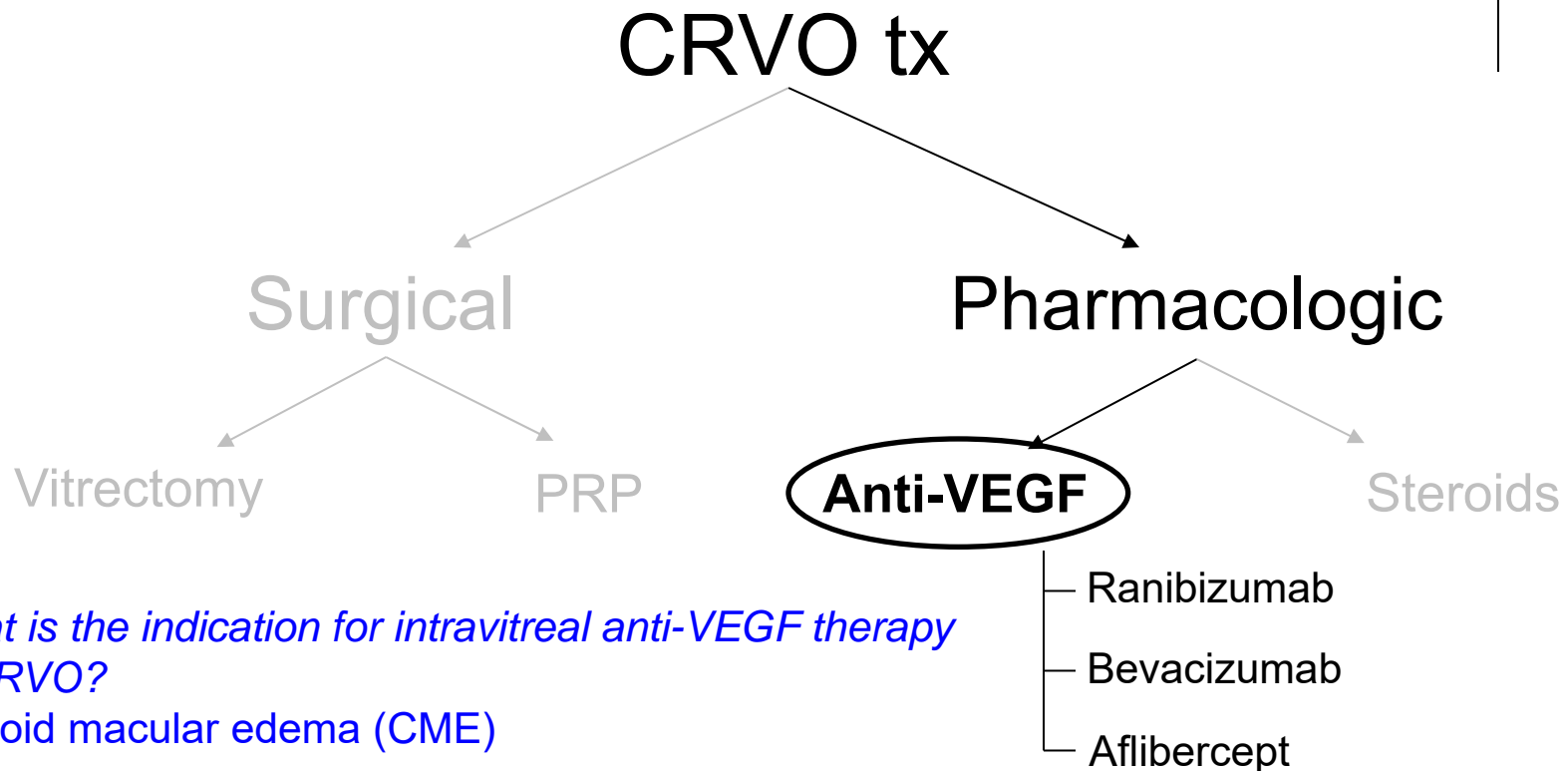
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Q

CRVO



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Cystoid macular edema (CME)

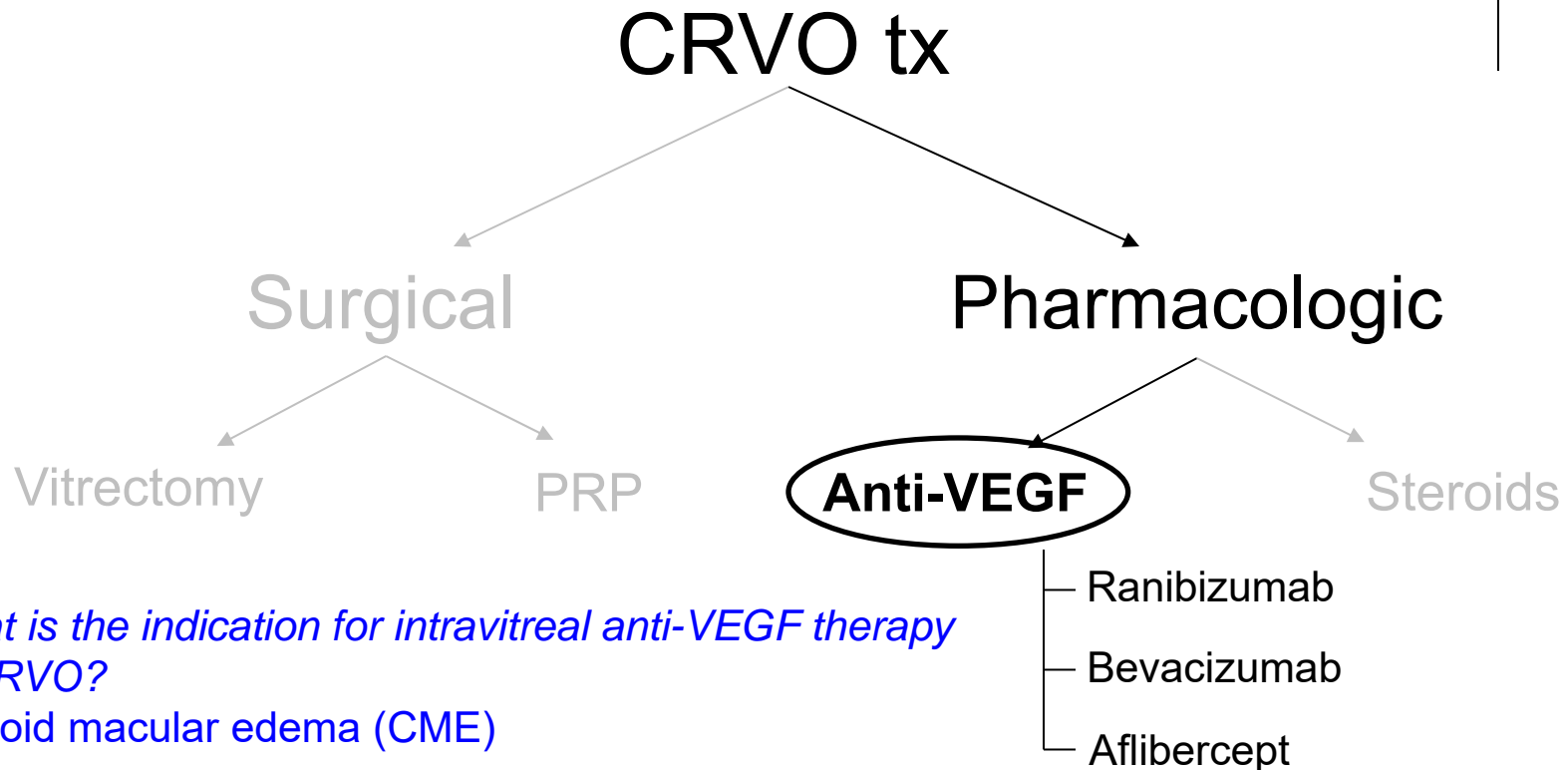
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What complications/side effects were revealed in the anti-VEGF clinical trials?

A

CRVO



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Cystoid macular edema (CME)

Are IVit anti-VEGF meds effective?

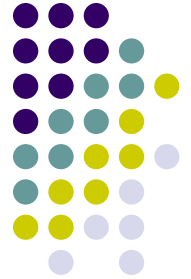
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What complications/side effects were revealed in the anti-VEGF clinical trials?

None to speak of

Q

CRVO



CRVO tx

Surgical

Pharmacologic

The clinical trials that had these results—what injection schedule did they use?

Anti-VEGF

Steroids

Ranibizumab

Bevacizumab

Aflibercept

Are IVit anti-VEGF meds effective?

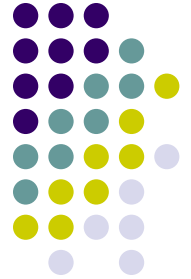
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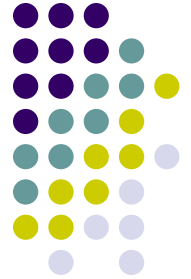
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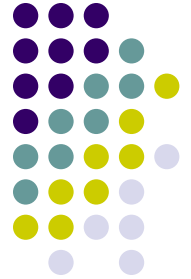
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Surgical

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Monthly

Does that mean CRVO pts receiving anti-VEGF therapy must be tx'd monthly?

No. In common clinical practice, monthly, tx-and-extend, and as-needed schedules are all employed successfully. As of this writing, no schedule has been proven superior to the others.

Anti-VEGF

Steroids

— Ranibizumab

— Bevacizumab

— Aflibercept

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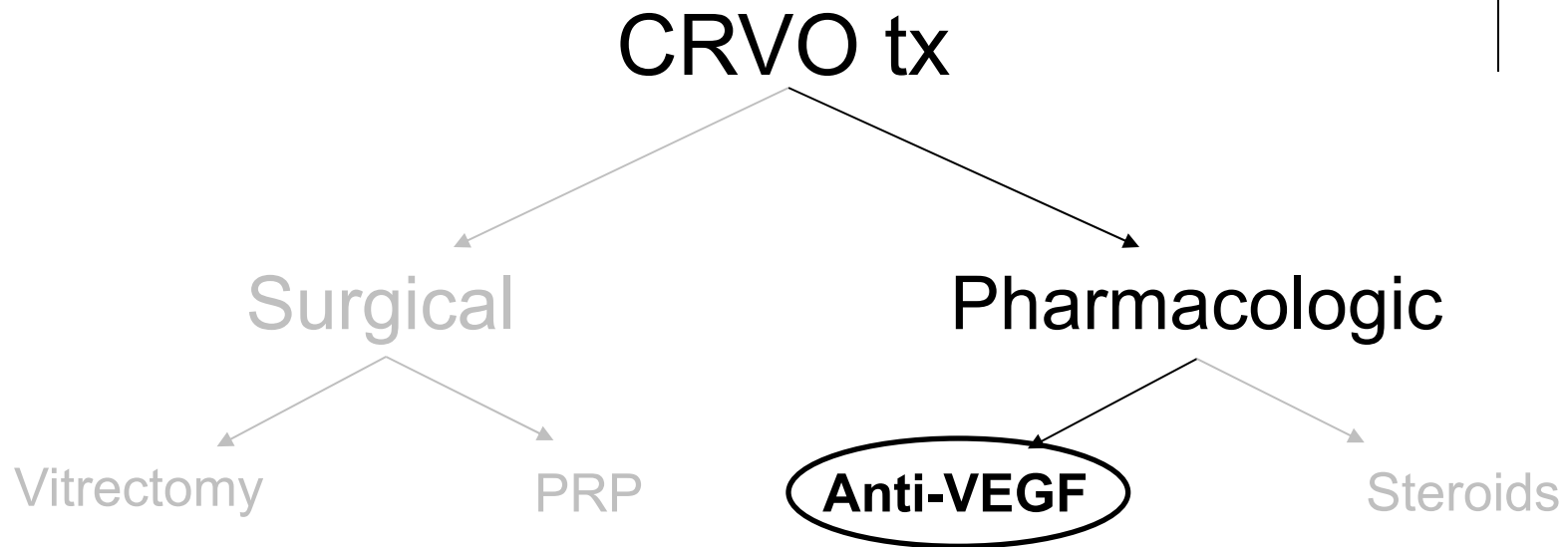
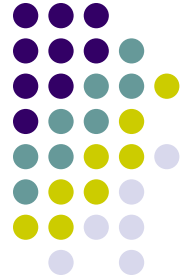
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CRVO



What is the indication for anti-VEGF in CRVO?

Cystoid macular edema (CME)

Of the three, which works best?

Ranibizumab?

Bevacizumab?

Aflibercept?

Are IVit anti-VEGF meds effective?

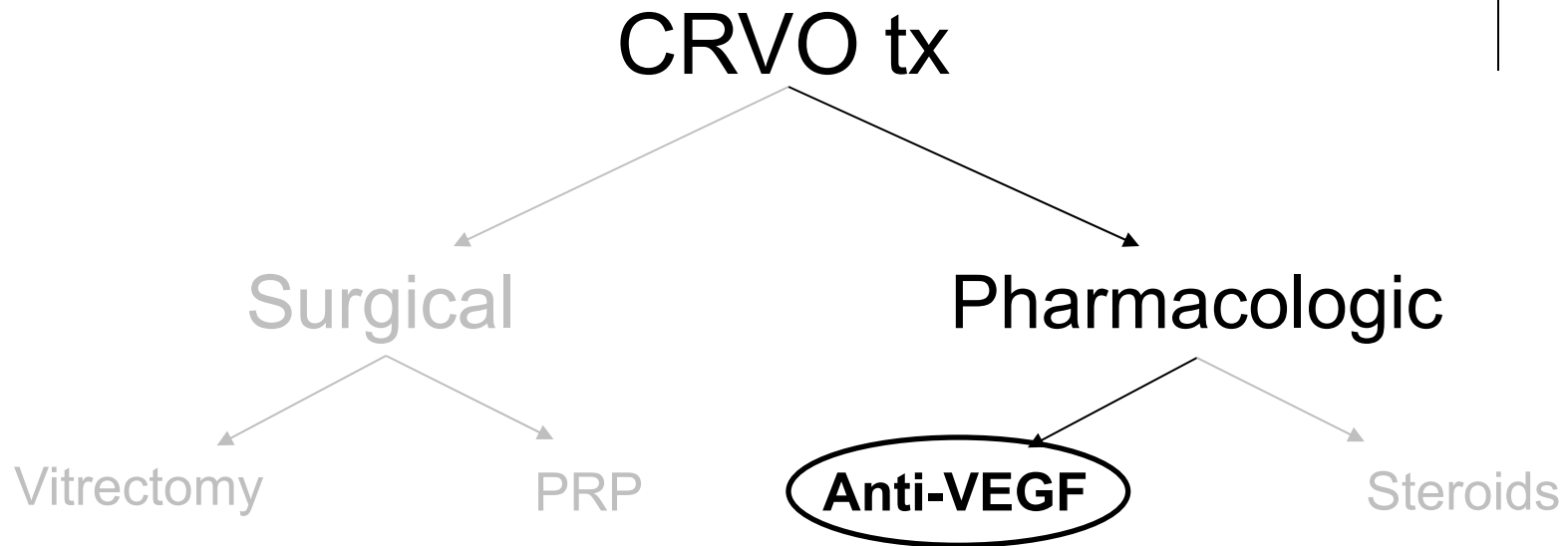
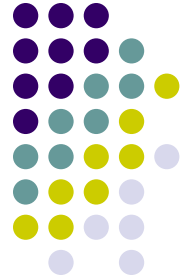
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What complications/side effects were revealed in the anti-VEGF clinical trials?

None to speak of

A

CRVO



What is the indication for surgery in CRVO?

Cystoid macular edema (CME)

Of the three, which works best?
None (ie, all are of equal efficacy)

Are IVit anti-VEGF meds effective?

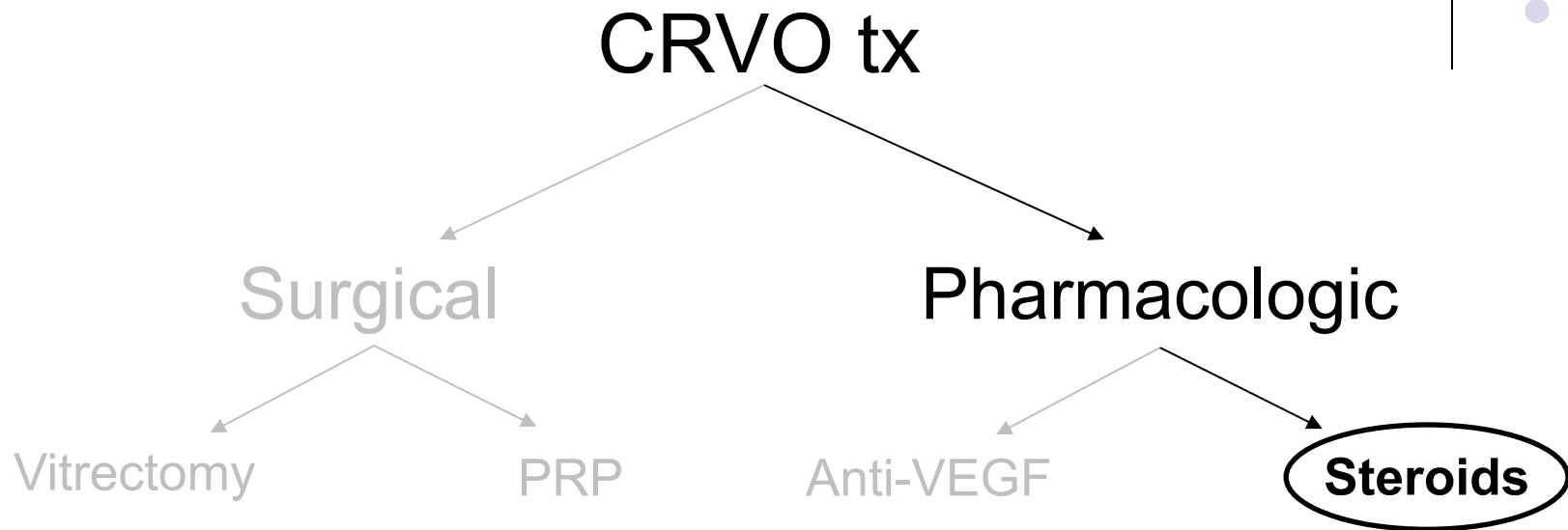
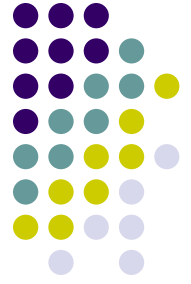
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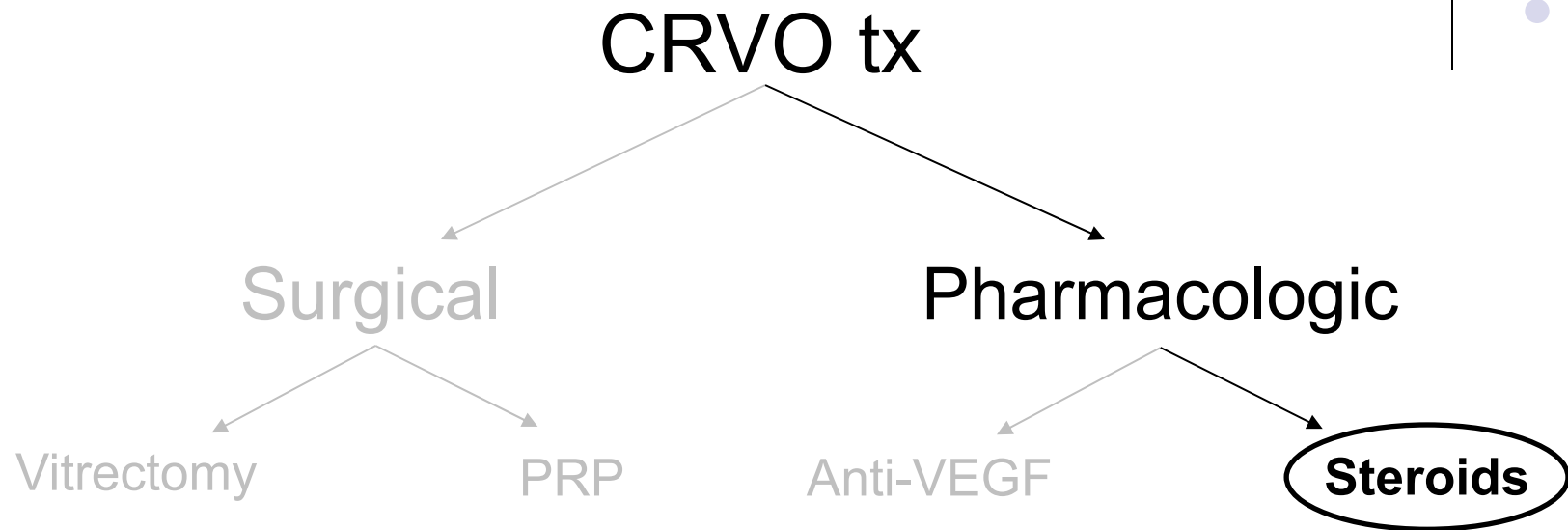
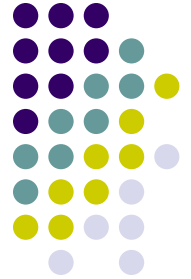
CRVO



What is the indication for intravitreal steroids in CRVO?

A

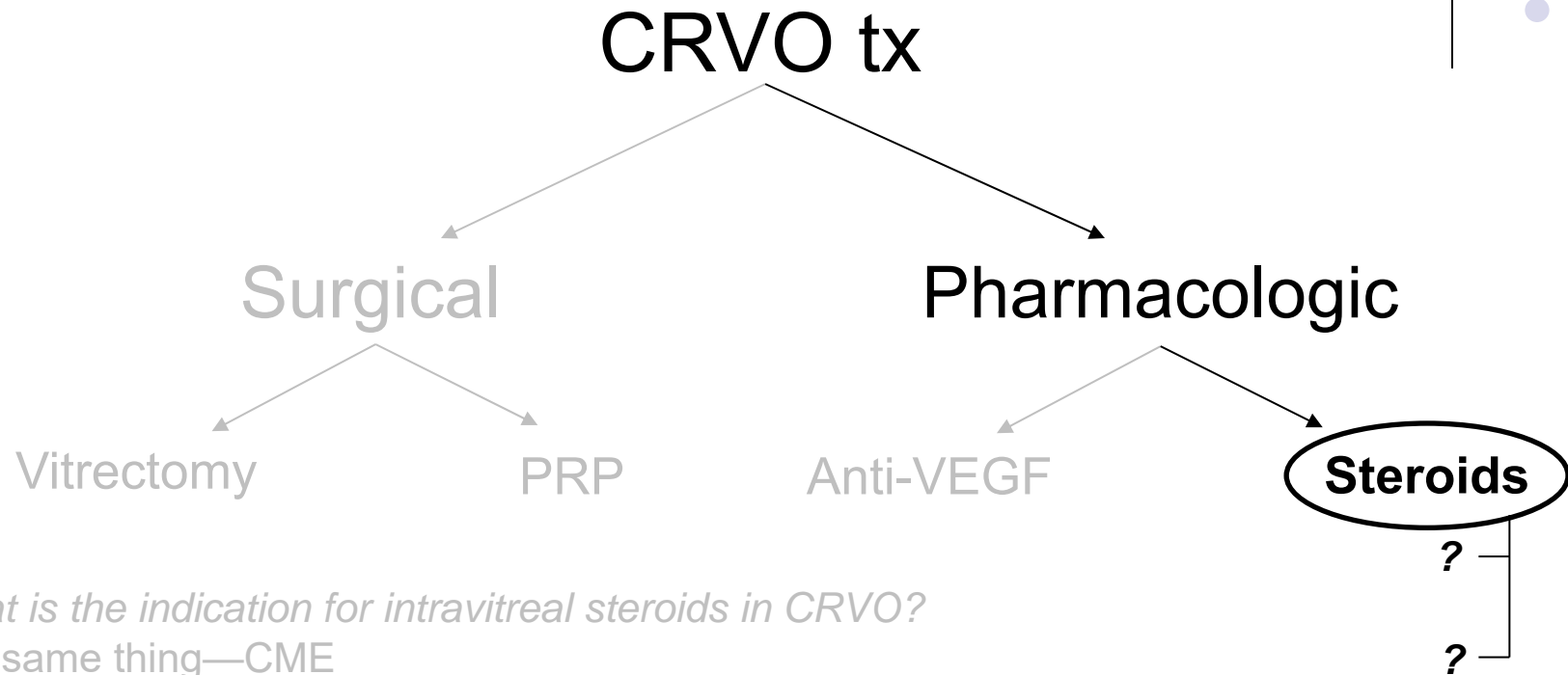
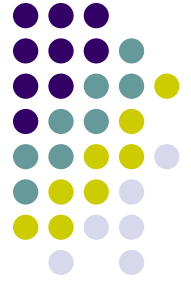
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What is the indication for intravitreal steroids in CRVO?
The same thing—CME

Q

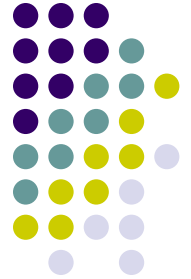
CRVO



What are the two means of IVit steroid delivery?

A

CRVO



CRVO tx

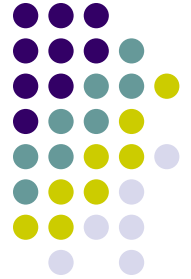


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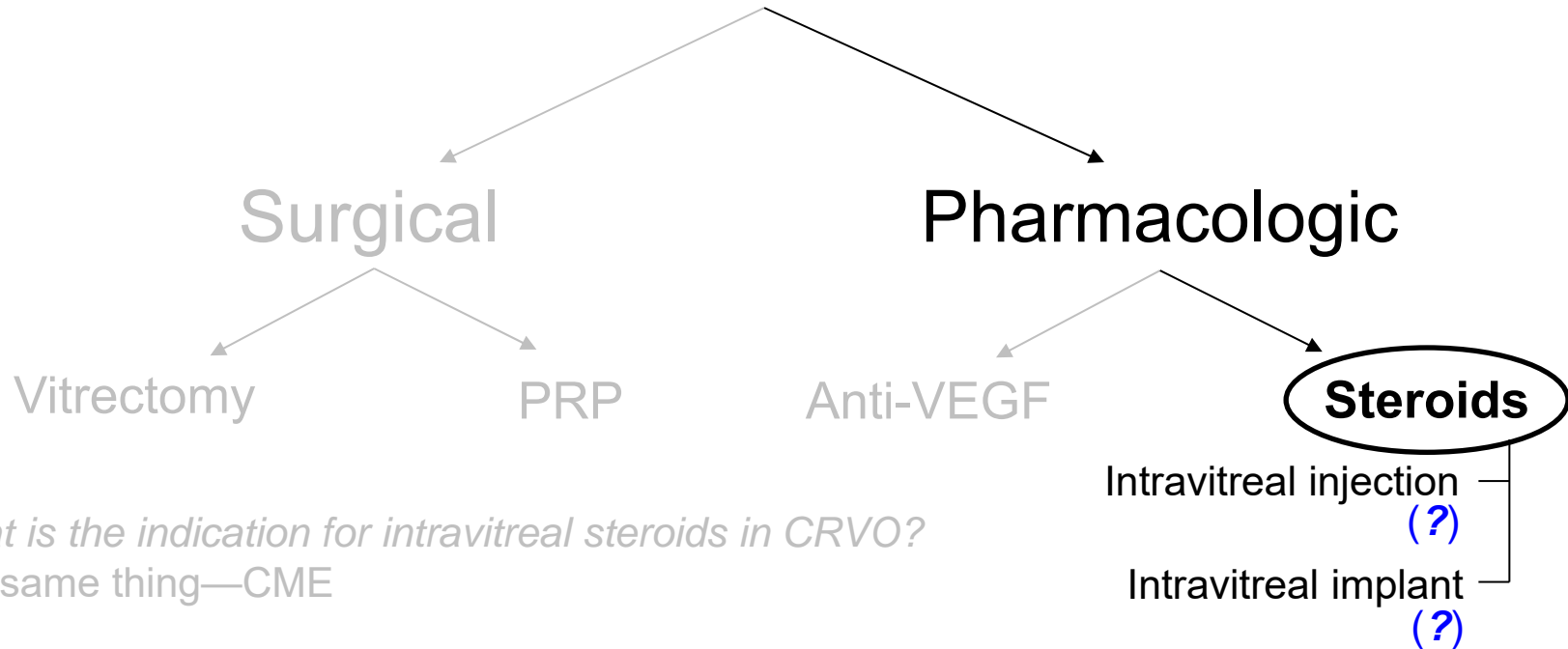
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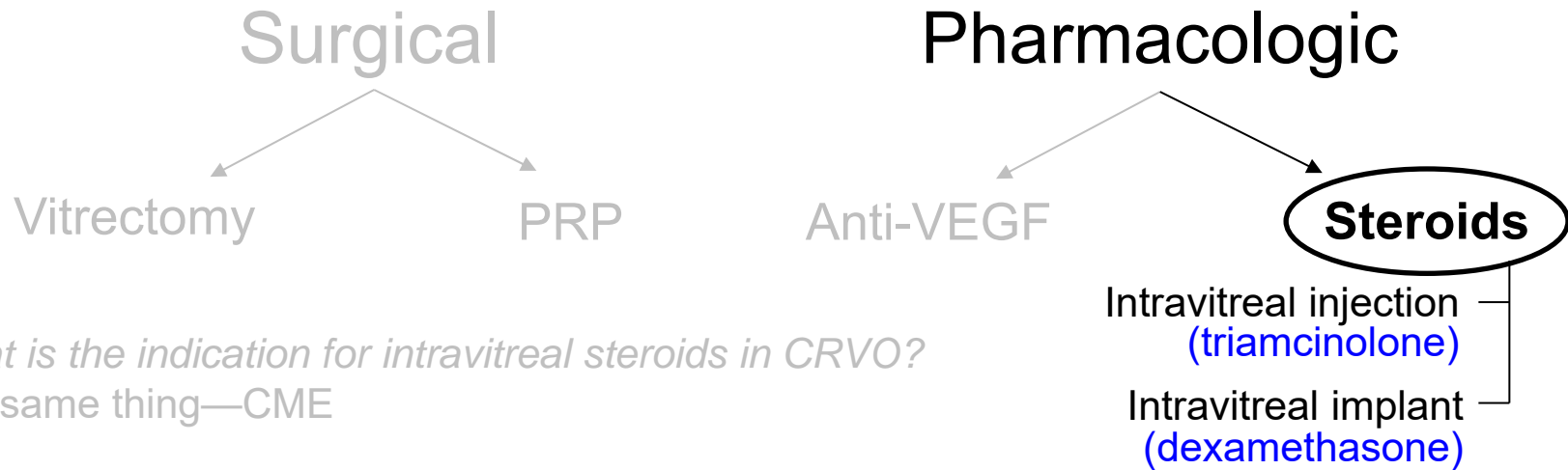
What are the two means of IVit steroid delivery?
What steroid is used for each?

A

CRVO



CRVO tx

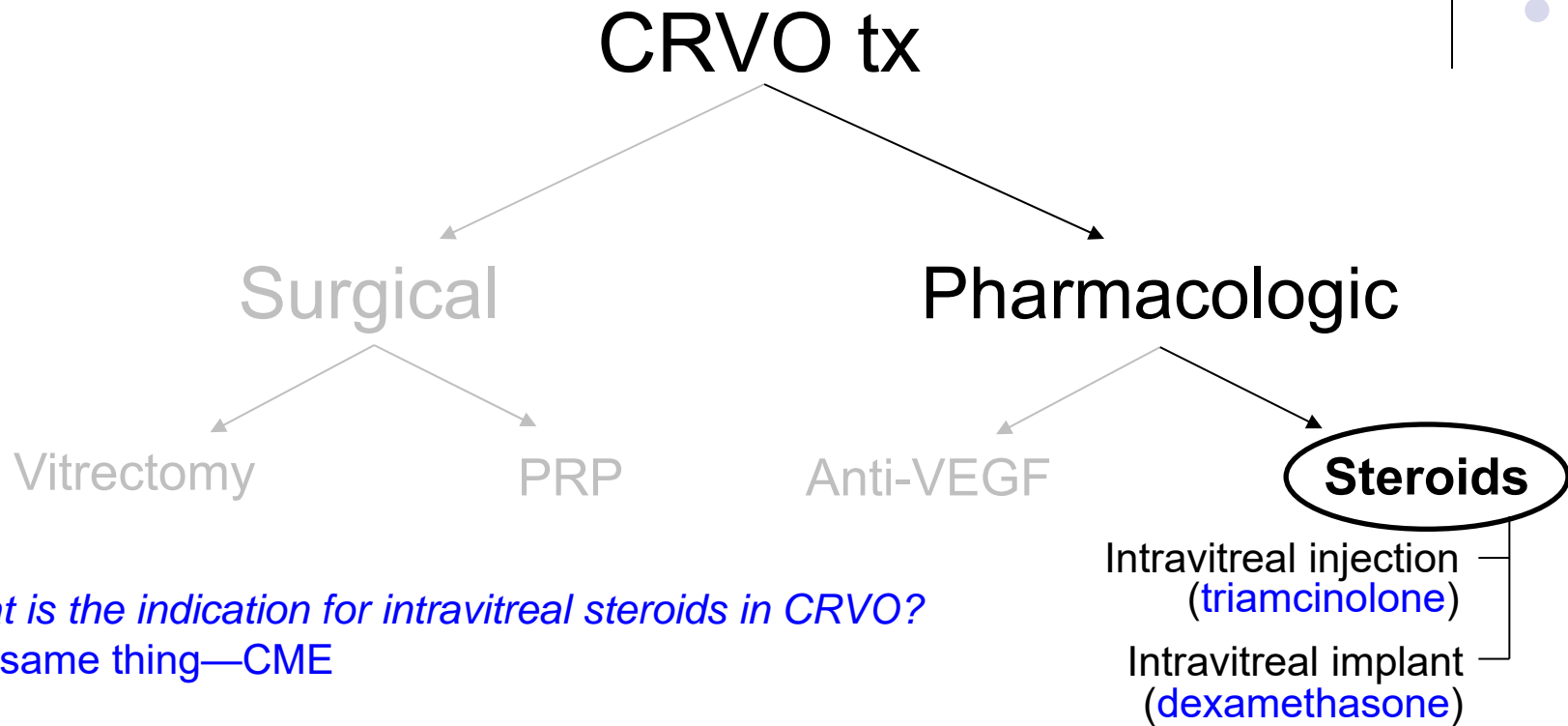
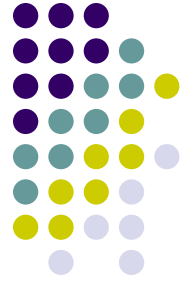


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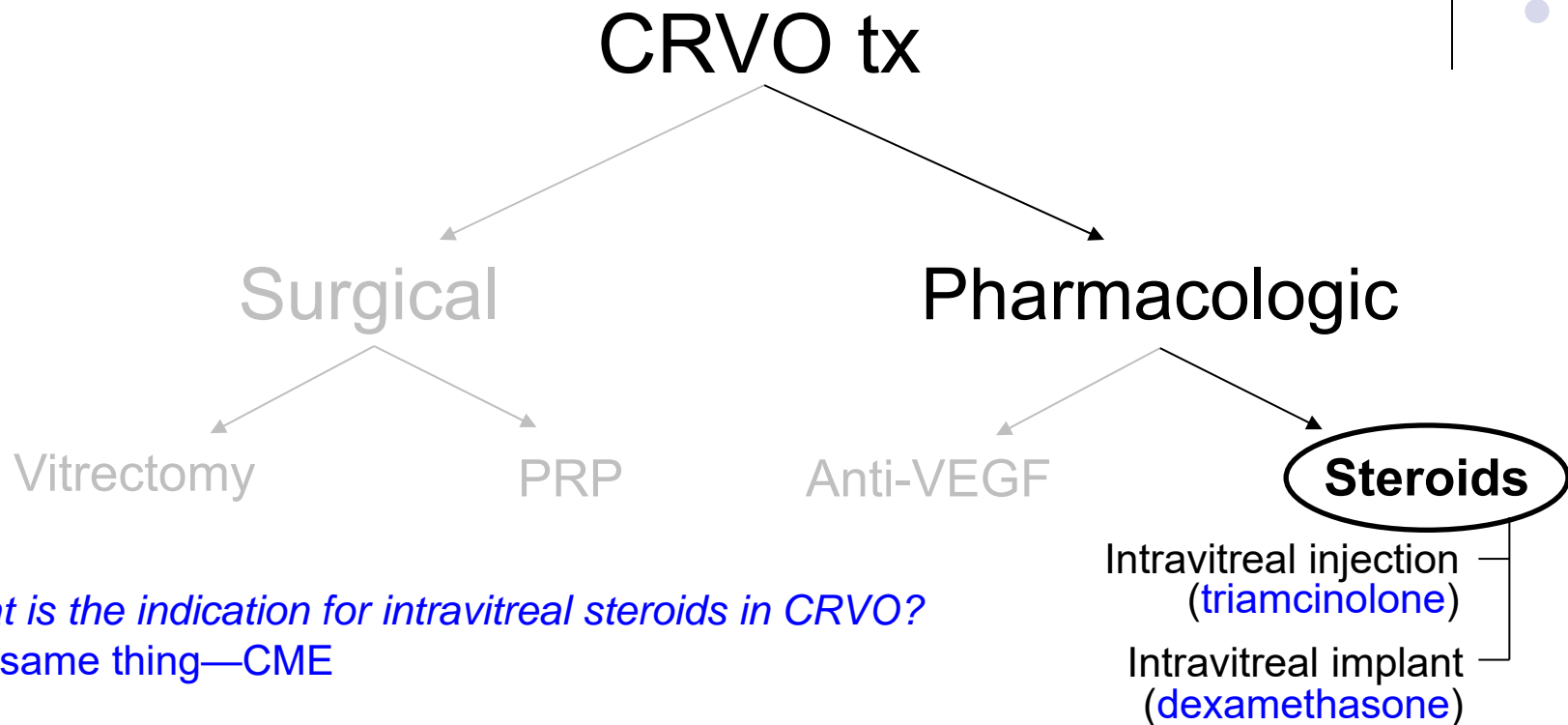
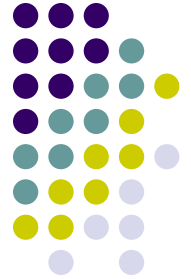


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Are IVit steroids effective?

Q/A

CRVO



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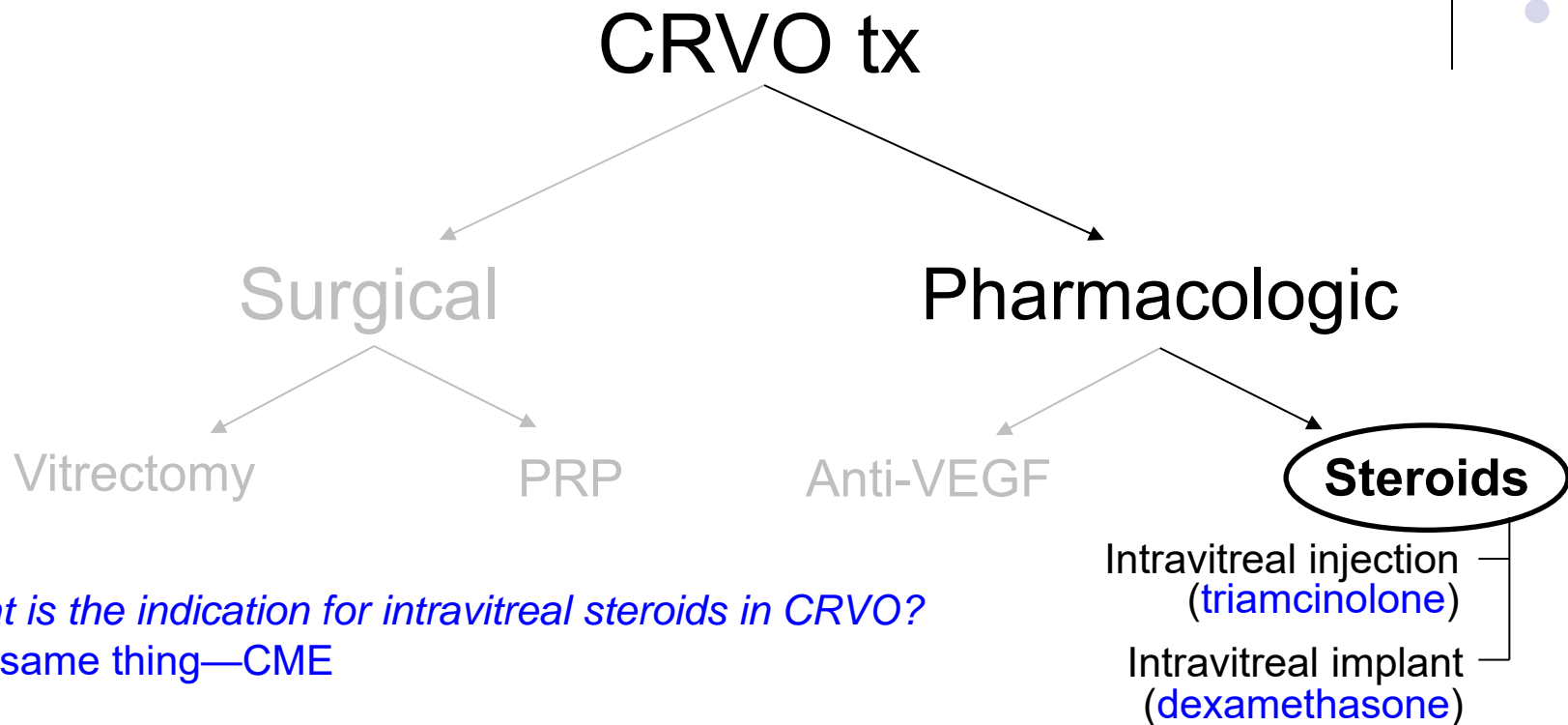
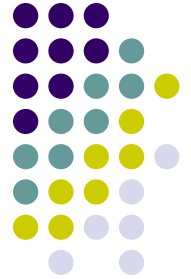
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CRVO



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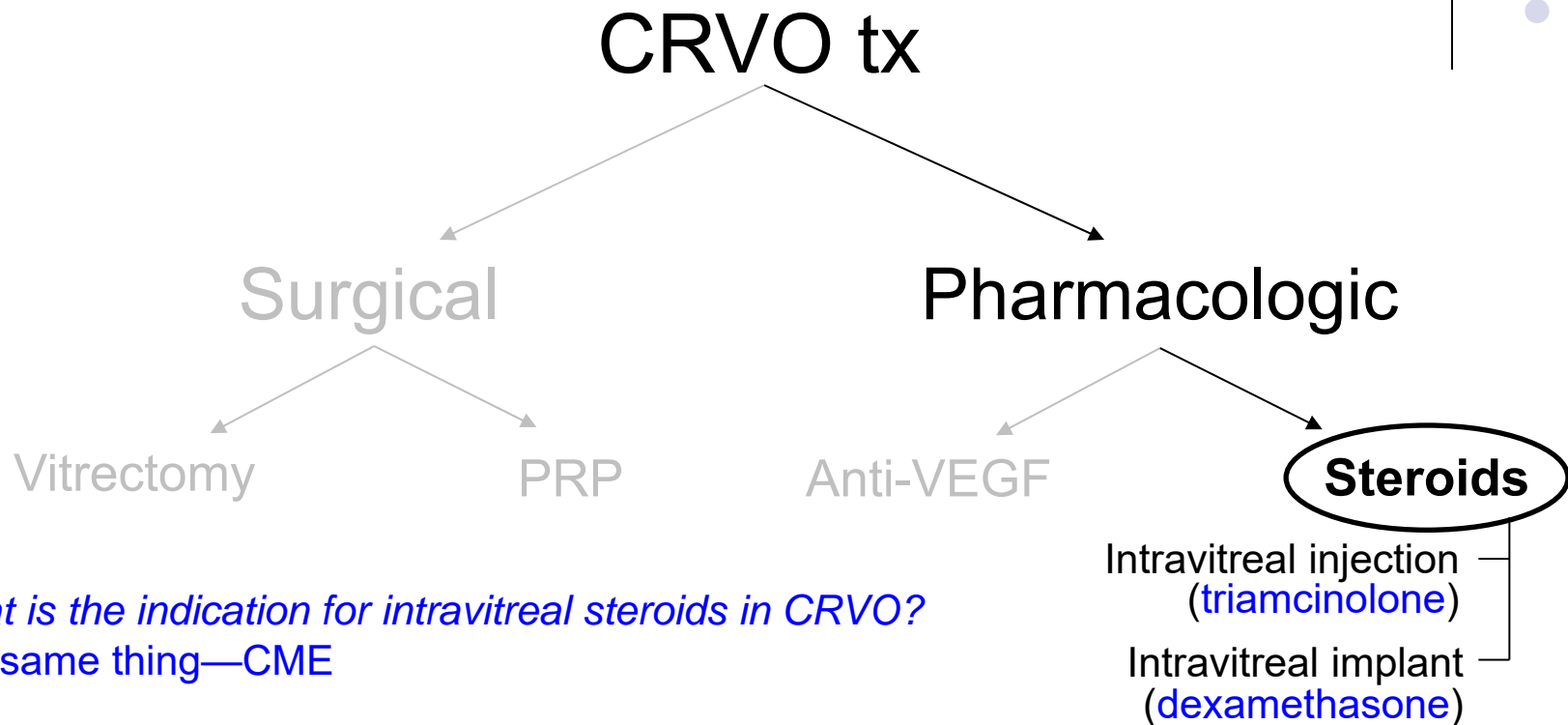
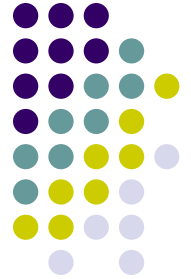
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CRVO



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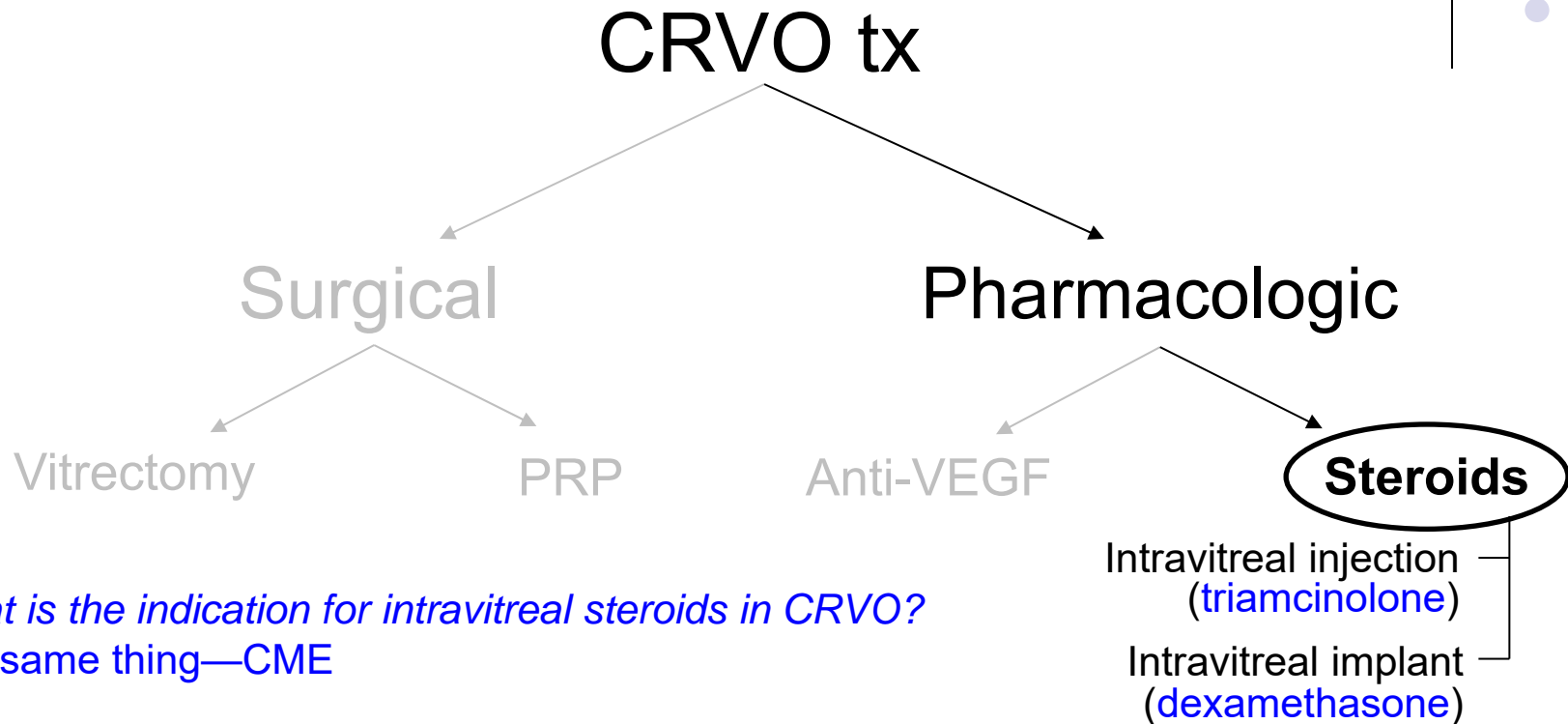
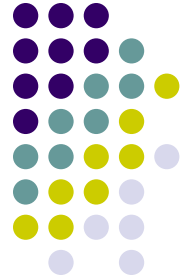
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Q

CRVO



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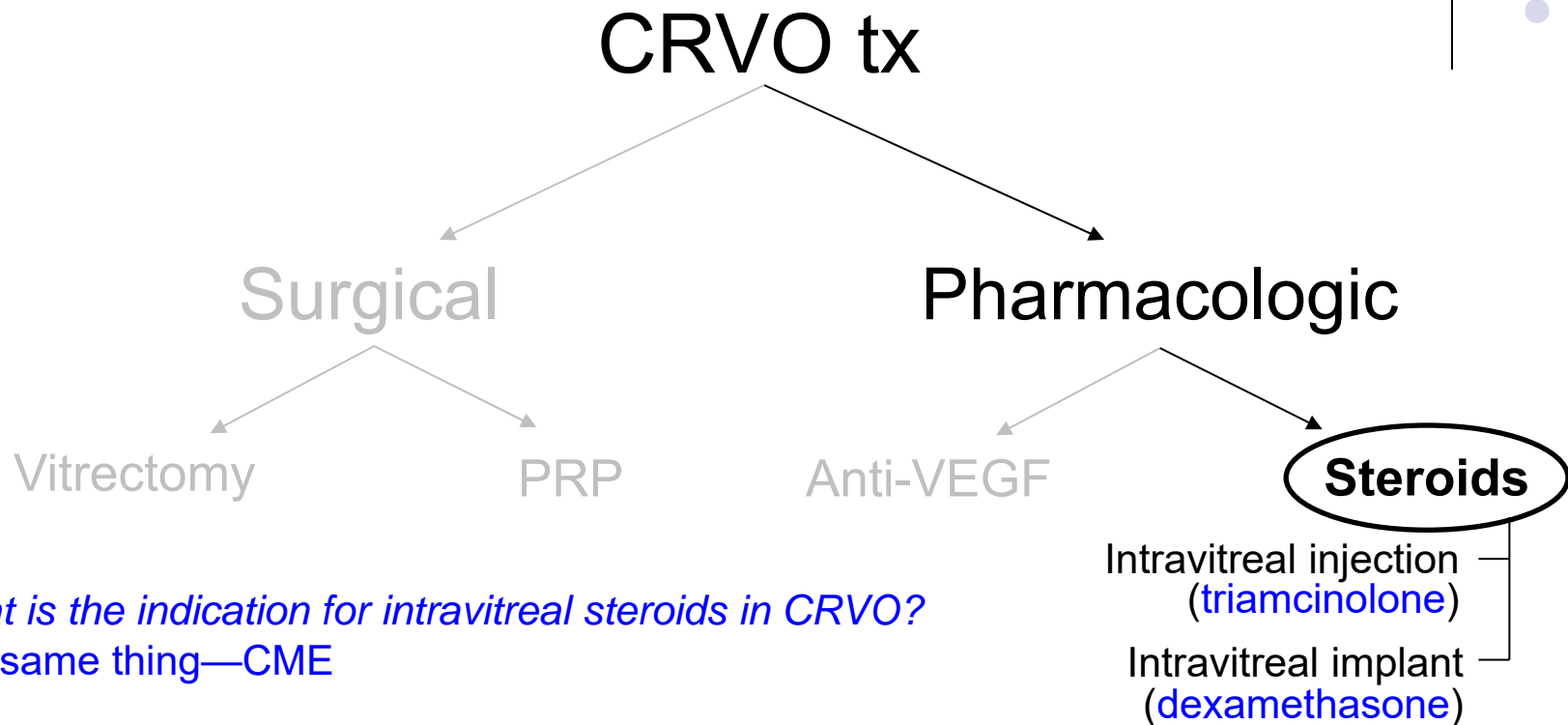
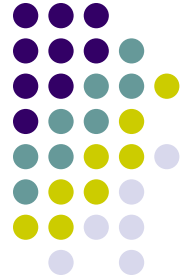
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What complications/side effects were revealed in IVit steroid clinical trials?

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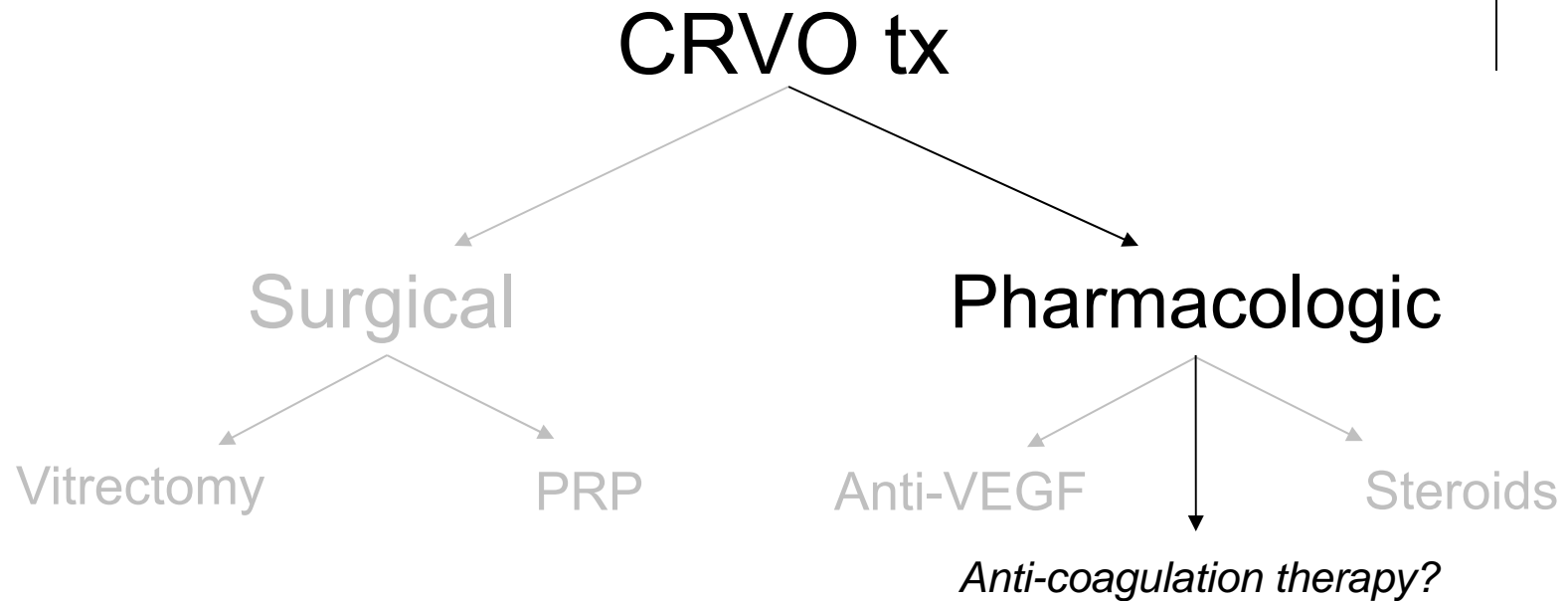
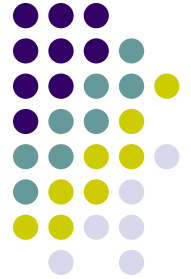
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The same two that dog all chronic ocular steroid use—cataract formation and IOP elevation

Q

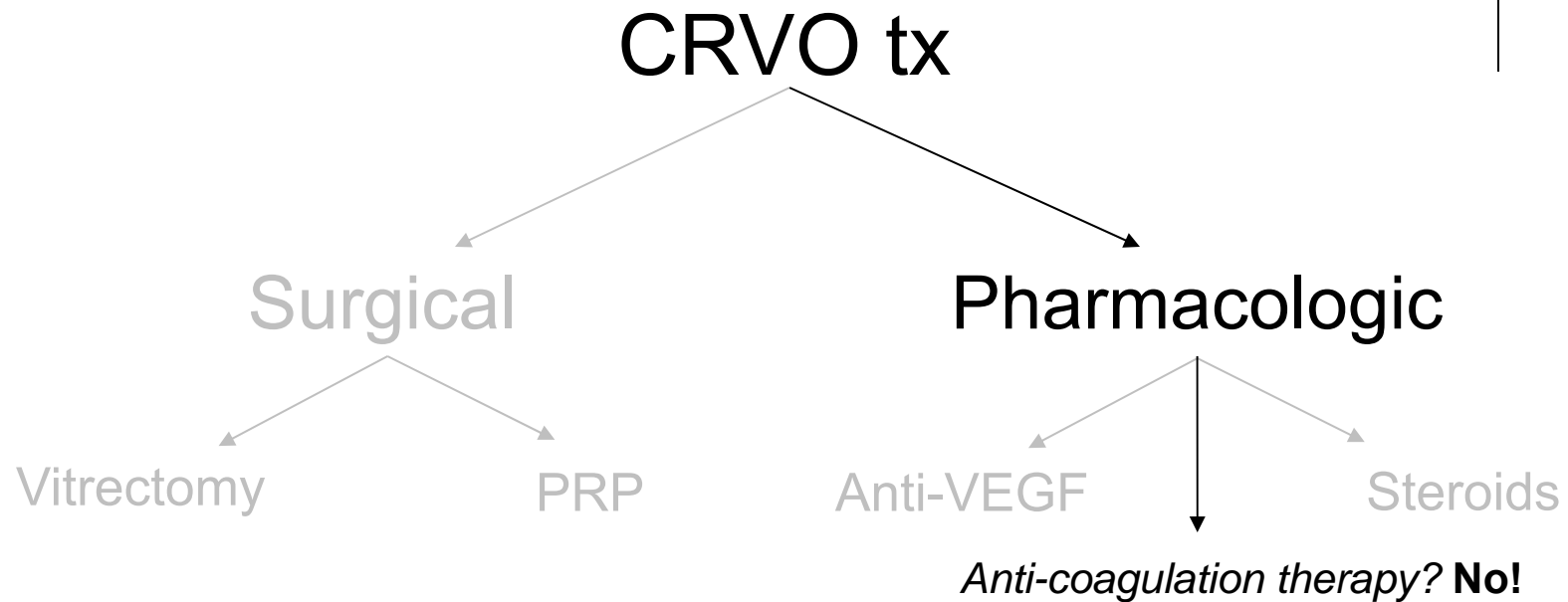
CRVO



Finally: Is anti-coagulation therapy indicated in the management of CRVO?

A

CRVO



Finally: Is anti-coagulation therapy indicated in the management of CRVO?
No. Not only has it failed to demonstrate efficacy, it has been shown to *worsen* the intraretinal hemorrhages.