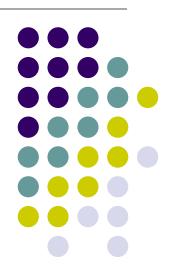
## Presbyopia and Its Correction

Basic Optics, Chapter 24



- 2
- Presbyopia is the loss of accommodation associated with increasing age
  - Due to decreased elasticity of the lens

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- We think of it as afflicting of middle-aged adults, but loss of accommodation begins in childhood
  - It goes unnoticed until middle age, when the cumulative loss is enough to impact vision at reading distances

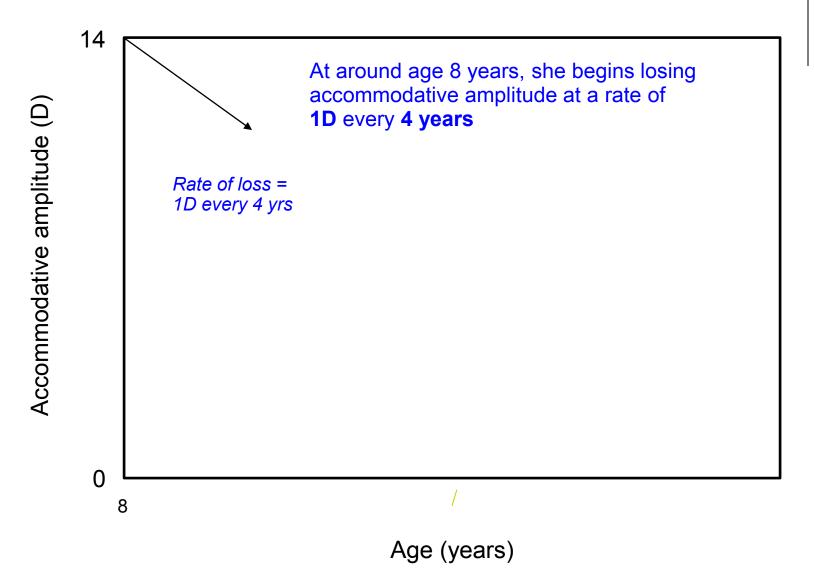
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- We think of it as afflicting of middle-aged adults, but loss of accommodation begins in childhood
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- The relationship between age and accommodative amplitude has a characteristic pattern, as shown on the following slides

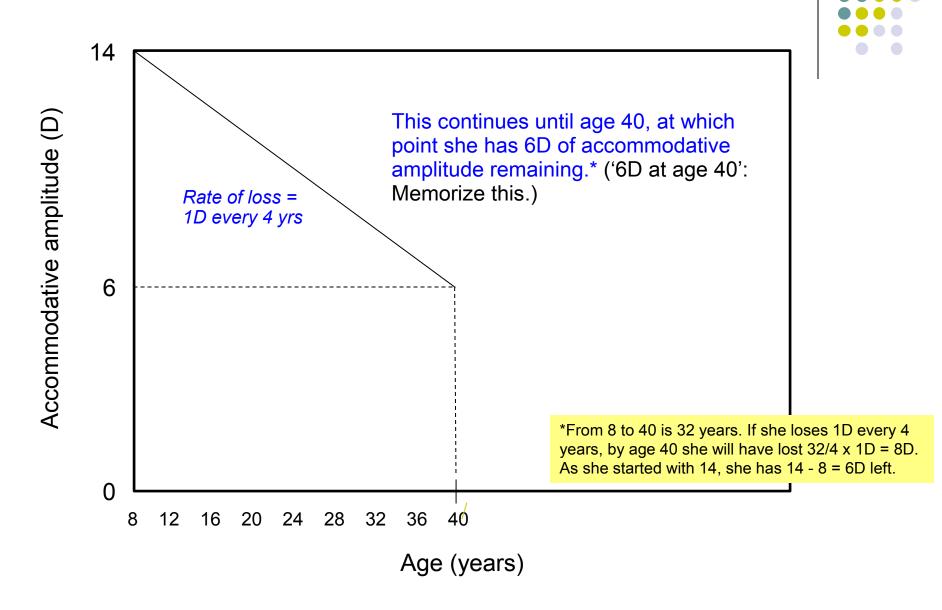
14

Accommodative amplitude (D)

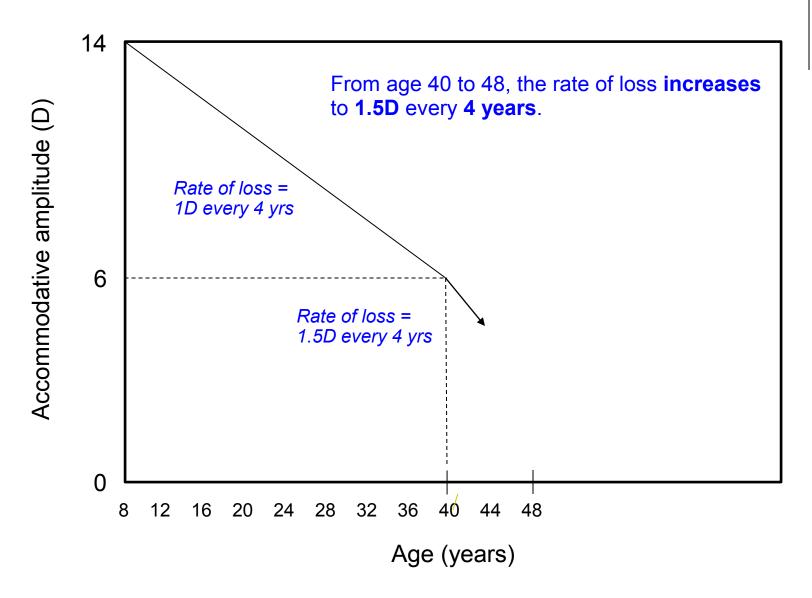
On average, a young child has about 14D of accommodative amplitude. Memorize this number.

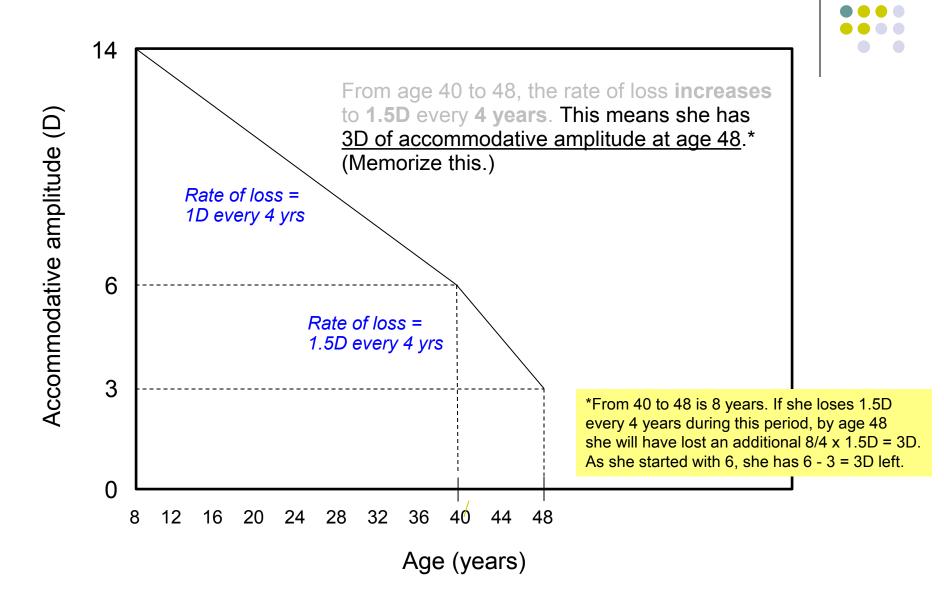


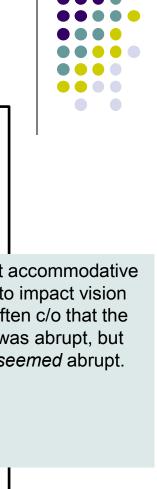


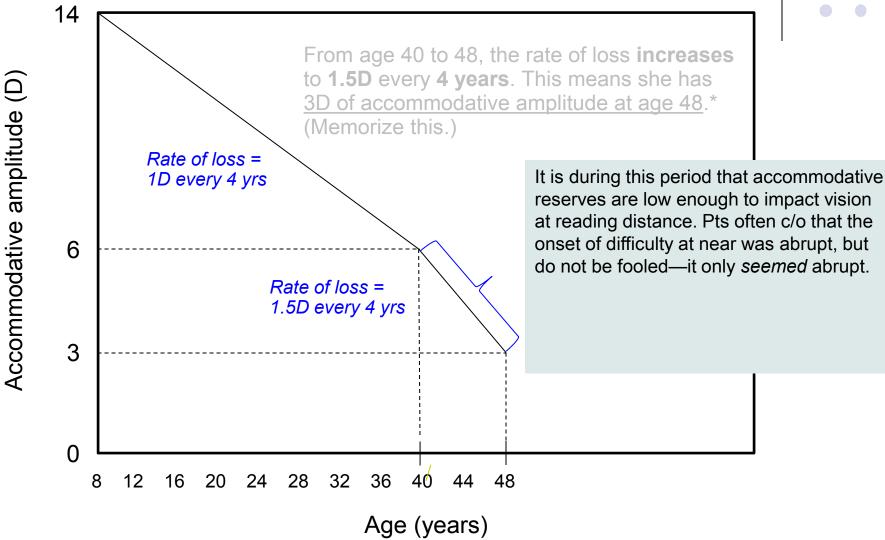


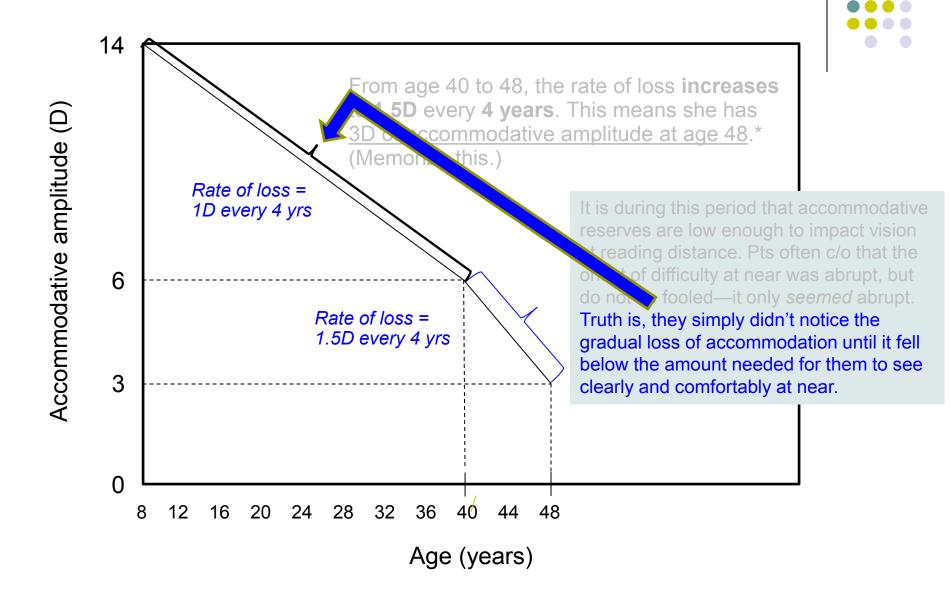


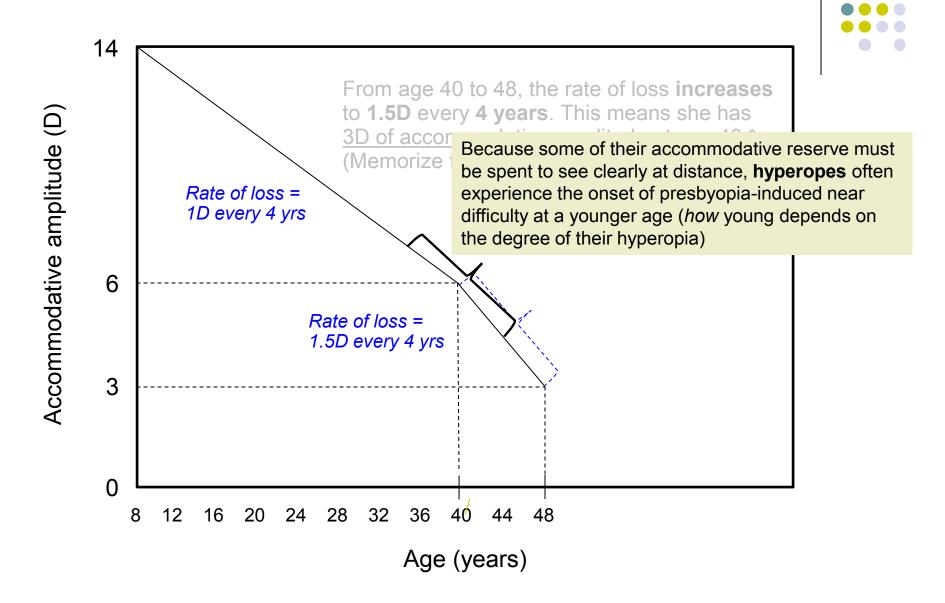




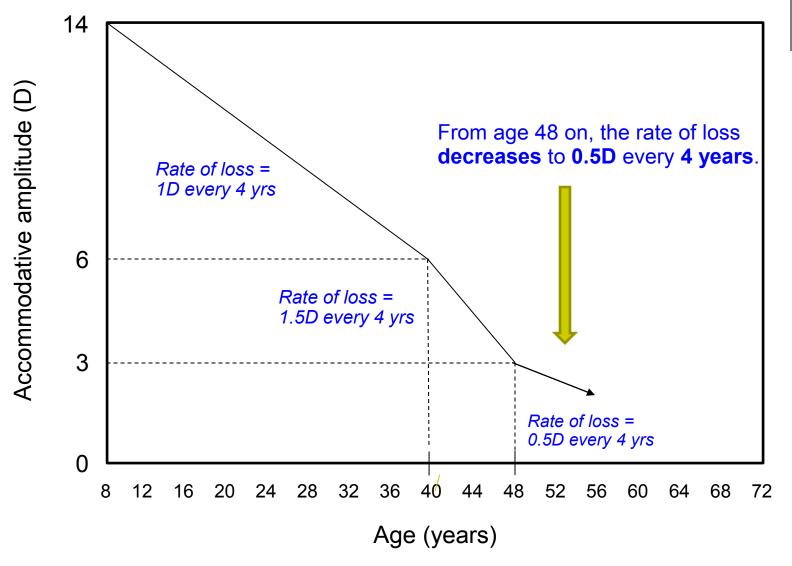










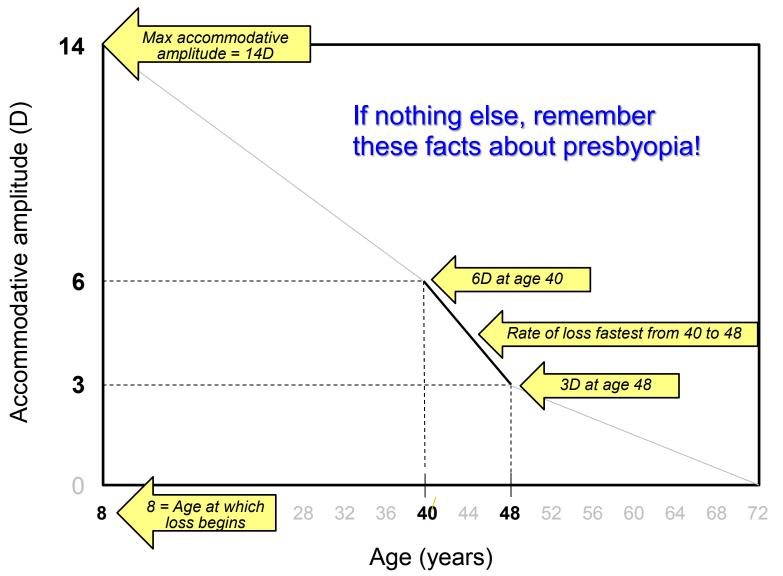






\*48 to 72 = 24 years. At .5D every 4 years, she loses  $24/4 \times .5D = 3D$ . As she started with 3, she has 3 - 3 = bupkis.





- 16
- Presbyopia is the loss of accommodation associated with increasing age
  - Spectacle correction of presbyopia is performed with single-vision readers or by specs with a nearvision component

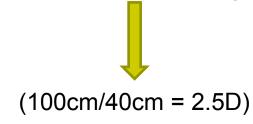
- 17
- Presbyopia is the loss of accommodation associated with increasing age
  - Spectacle correction of presbyopia is performed

Next we will review some high-yield pearls regarding the spectacle correction of presbyopia

18

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- 19
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  - Note: It takes +2.5D to get from infinity to 40 cm



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- Again as a default, the Optics book assumes readers can (and should) use half of their accommodative reserve while reading

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  - Should because using some accommodation allows the reader to move the book a little nearer or farther without causing the image to blur



40 cm as a default

#### reading distance

- Note: It takes +2.5D to get from infinity to 40 cm
- readers can (and should) use half of their accommodative reserve while reading
  - Can because this amount of accommodative effort is per the book, 'the most that is comfortably

**Memorize these factoids!** In addition to being clinically useful rules of thumb, they bring into play a host of OKAP/WQE questions that are impossible to answer without knowing them. **For example...** 

allows the reader to move the book a little nearer or farther without causing the image to blur



 What Rx should be given to a 4D hyperope with 3D accommodative reserve?

Bifocal Rx:

?



- What Rx should be given to a 4D hyperope with 3D accommodative reserve?
  - He needs +4 sph to see clearly at distance, and another +2.5D to see clearly at near

Bifocal Rx: +4 sph add 2.50

(IMPORTANT! This is not the final/correct answer—keep going)



- What Rx should be given to a 4D hyperope with 3D accommodative reserve?
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Bifocal Rx: +4 sph add 1

(This is)



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- What Rx should be given to a 4D myope with 4D accommodative reserve?
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Bifocal Rx: +4 sph add 1

Bifocal Rx: -4 sph add 2.5

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Bifocal Rx: +4 sph add 1

Bifocal Rx: -4 sph add 0.5

(Final/correct)

## 30

#### single-vision near

 What Rx should be given to a 4D hyperope with 3D accommodative reserve?

#### single-vision near

What<sub>A</sub>Rx should be given to a 4D myope with 4D accommodative reserve?

What if the pt wanted specs only for near?

#### single-vision near

- What Rx should be given to a 4D hyperope with 3D accommodative reserve?
  - To see clearly at near he needs +4 + (+)2.50 = 6.5D

single-vision near

 What<sub>A</sub>Rx should be given to a 4D myope with 4D accommodative reserve?

Single-vision readers Rx:

+6.5 sph

(Not final/correct—keep going)

# 32

#### single-vision near

- What Rx should be given to a 4D hyperope with 3D accommodative reserve?
  - To see clearly at near he needs +4 + (+)2.50 = 6.5D
  - Allowing the use of half his accommodative reserve, he needs 6.5 – 1.5 = 5D

single-vision near

 What<sub>A</sub>Rx should be given to a 4D myope with 4D accommodative reserve?

Single-vision readers Rx:

(Final/correct)



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- What<sub>A</sub>Rx should be given to a 4D myope with 4D accommodative reserve?
  - She has a +4 error lens—but needs only +2.5D for near. So she has a surplus add of +1.5. Thus, full near correction would require -1.5D.

Single-vision readers Rx:

+5 sph

Single-vision readers Rx:

-1.5 sph

(Not final/correct—keep going)

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#### single-vision near

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  - Allowing the use of half her accommodative reserve, she needs -1.5 - 2 = -3.5D

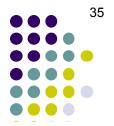
Single-vision readers Rx:

+5 sph

Single-vision readers Rx:

-3.5 sph

(Final/correct)



single-vision near

- What Rx should be given to a 4D hyperope with 3D accommodative reserve?
  - To see clearly at near he
     needs +4 + (+)2 50 = 6 5

Another way of thinking about this one

needs 6.5 - 1.5 = 5D

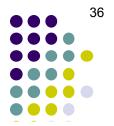
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Single-vision readers Rx:

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37

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  - To get from 6D to 2.5D, we must offset the excess +3.5; ie, she needs an Rx of -3.5D.

Single-vision readers Rx:

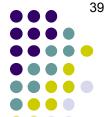
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Consider: A pseudophakic pt corrected for distance with monofocal IOLs is slightly hyperopic (oops), needing +0.5 at distance. Because she has no accommodative reserve (duh), a full near add (+2.50) is given; ie, her Rx is +0.50 add 2.5. At a followup appt she c/o blurriness. At what distance, and why?



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<sup>&</sup>lt;sup>1</sup>Technically, seeing clearly at <6m requires an additional plus power; however, most individuals aren't bothered by the blur of objects nearer than 6m until somewhere around 1m.



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<sup>&</sup>lt;sup>1</sup>Technically, seeing clearly at <6m requires an additional plus power; however, most individuals aren't bothered by the blur of objects nearer than 6m until somewhere around 1m.

<sup>&</sup>lt;sup>2</sup>Also technically, there is an additional gap from 40cm on in; however, adults rarely try to see at such distances, and thus this gap goes unnoticed.



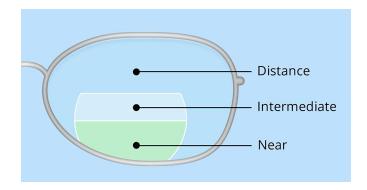
- Correcting presbyopia with bifocals may leave the wearer with a clinically significant 'gap' in their clear vision at the arm's length distance
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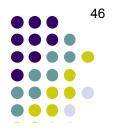


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- This intermediate-distance gap can be corrected via a trifocal or PALs



- Trifocals
  - Consist of a 'stripe' of intermediate power sitting atop the add seg

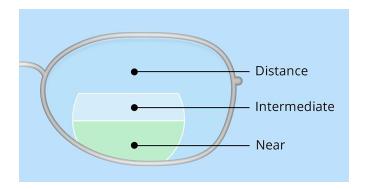


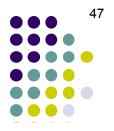


#### Trifocals

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- Intermediate zone power = half of the add seg power

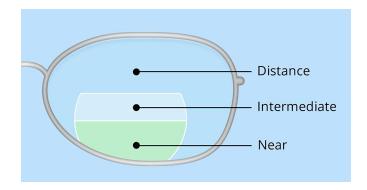
Remember this!





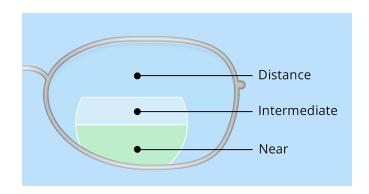
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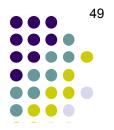




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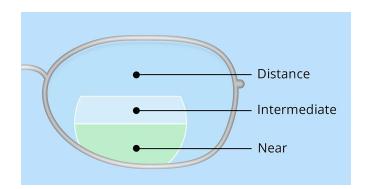


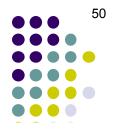
\*If this means nothing to you: No worries, we will unpack it in detail later shortly



#### Trifocals

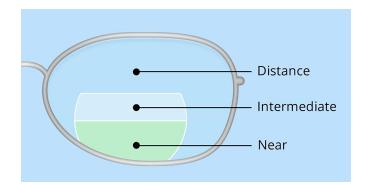
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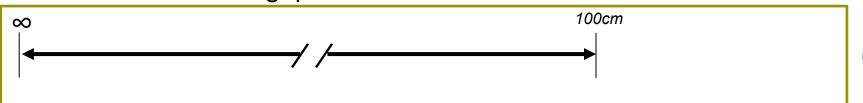
Next let's work an OKAP-style question on this...



- A 51 y.o. engineer has specs, -2.50 +0.25 x 161 OD and -2.25 +0.75 x 016 OS and an accommodative amplitude of 1D. He has bifocals, but c/o difficulty at intermediate distances. You Rx trifocals with +3D near and +1.50 intermediate. He returns a week later c/o 'gaps' in his otherwise clear vision between:
  - 67 and 100 cm, 25 and 40 cm
  - Infinity and 67 cm, 40 and 33 cm
  - Infinity and 40 cm, 33 and 25 cm
  - 67 and 100 cm, 40 and 33 cm

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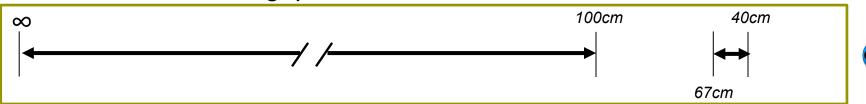
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With accommodation completely relaxed

With accommodation maxed out

• ...through the distance segment: infinity to 100cm

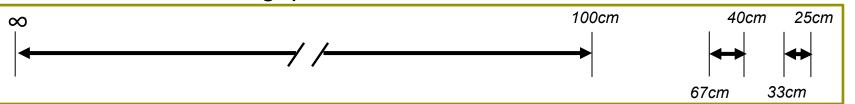
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•	through the distance segment:	infinity	to	100cm
•	through the intermediate:	67cm	to	40cm

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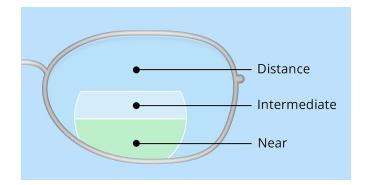


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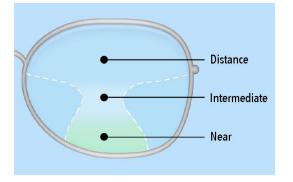
		ith accommodation completely relaxed		With accommodation maxed out	
•	through the distance segment:	infinity	to	100cm	
•	through the intermediate:	67cm	to	40cm	
•	through the near:	33cm	to	25cm	

Thus the gaps are between 67 and 100 cm, and between 40 and 33 cm.

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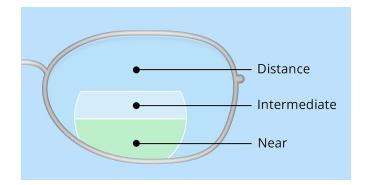


- PALs
  - Consist of distance Rx above, full near add at the bottom, and a 'corridor' of increasing power in-between

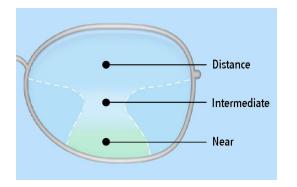




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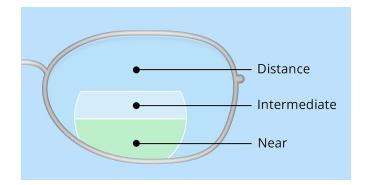


- PALs
  - Consist of distance Rx above, full near add at the bottom, and a 'corridor' of increasing power in-between
  - Advantage: No gaps or jump

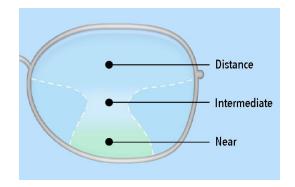




- Trifocals
  - Consist of a 'stripe' of intermediate power sitting atop the add seg
  - Intermediate zone power = half of the add seg power
  - Advantage: Easy adjustment for pts used to a bifocal
  - Disadvantages
    - Image jump\*
    - Gaps may remain, esp if pt has little accommodative reserve



- PALs
  - Consist of distance Rx above, full near add at the bottom, and a 'corridor' of increasing power in-between
  - Advantage: No gaps or jump
  - Disadvantages
    - Peripheral distortion—pt may c/o peripheral 'swimming' when turning their head





- Start new presbyopes with PALs
  - Forewarn them about the 'swim'!\*

<sup>\*</sup>Remember: If you tell a pt about something in advance, it's an expectation. If you tell them about it *after* it happens, it's a complication.

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Next (and as promised), let's drill down on the highly OKAPable issues of image **jump** and image **displacement** 

 Image jump and image displacement are phenomena associated with bifocal additions

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- Not an issue with PALs (progressive addition lenses; i.e., no-line bifocals\*)

<sup>\*</sup>Be aware that, because they aren't limited to two focal distances, the term *no-line* **bifocals** is a misnomer. But take note of this fact, as it is more than semantic hair-splitting.

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- Image jump and image displacement are phenomena associated with bifocal additions
- Not an issue with PALs (progressive addition lenses; i.e., no-line bifocals\*)
- Before delving into jump and displacement, let's talk about some background info:
  - Lenses as prisms
  - Types of bifocal add segments
  - Optical centers
  - Prentice's rule of induced prism

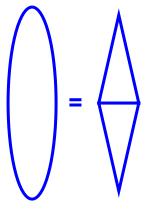
#### **Lenses as Prisms**



Spherical lenses come in two basic flavors: Plus and minus

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Recall that a *plus* lens can be thought of as two prisms **base-to-base** 



**Spherical lenses** come in two basic flavors: *Plus* and *minus* 

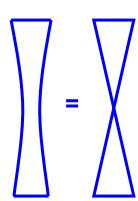
#### **Lenses as Prisms**

72

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**Spherical lenses** come in two basic flavors: *Plus* and *minus* 

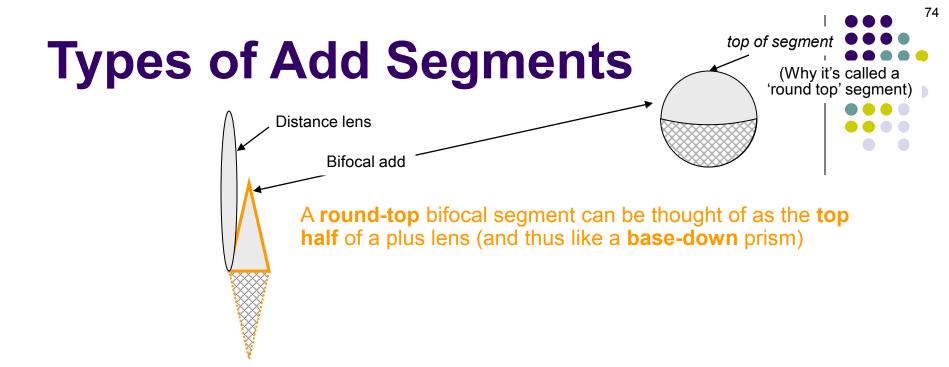
Likewise, a *minus* lens can be thought of as two prisms **apex-to-apex** 



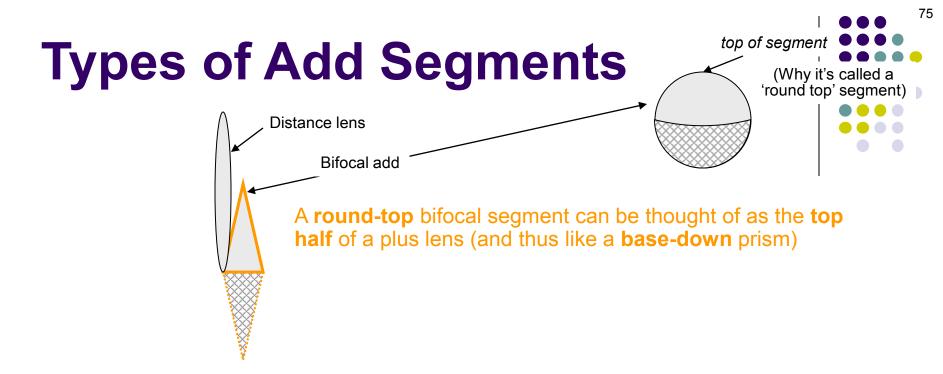
# **Types of Add Segments**



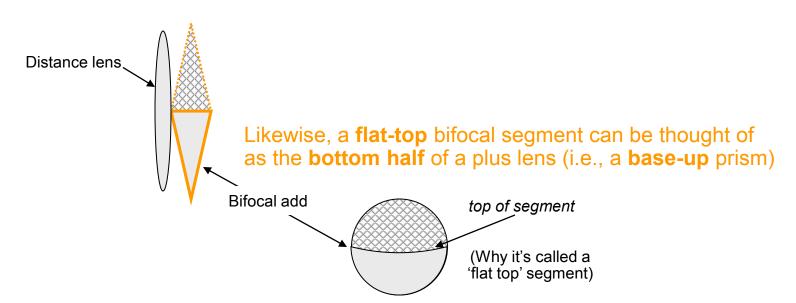
Bifocal adds come in two basic flavors: Round top and flat top



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# **Lenses: Optical Centers**

The optical center of the **plus** lens is right here, in the center

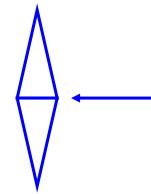
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77

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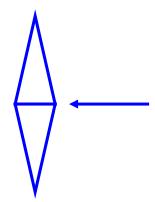
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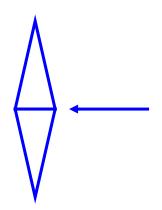


**Spherical lenses** come in two basic flavors: *Plus* and *minus* 

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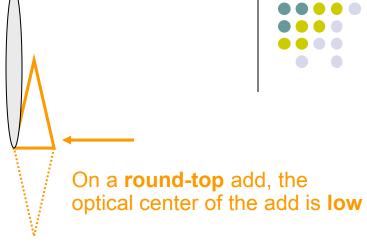
The optical center of the add is near its base; i.e., near where it would be if the add were a 'whole' plus lens instead of half of one

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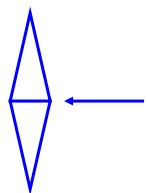
The optical center of the **minus** lens is right here, in the center



79

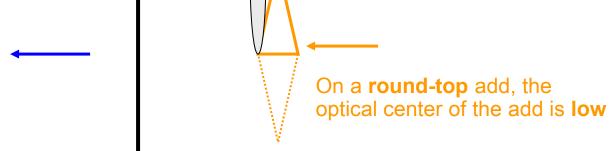
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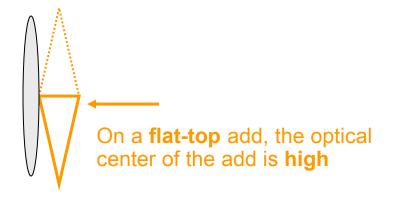


**Spherical lenses** come in two basic flavors: *Plus* and *minus* 

The optical center of the **minus** lens is right here, in the center



The optical center of the add is near its base; i.e., near where it would be if the add were a 'whole' plus lens instead of half of one





Because lenses are fundamentally prisms, it is not surprising that lenses can have prismatic effects. Prentice's Rule states that the amount of prism (in prism diopters, PD) induced by a lens is a function of the distance from the optical center through which one is looking, and the dioptric power of the lens:

$$PD = hD$$

where **h** is the distance from the optical center in cm and **D** is the dioptric power of the lens.

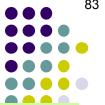


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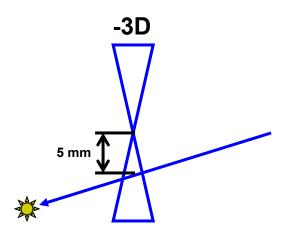
Make sure you take note of this!



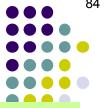
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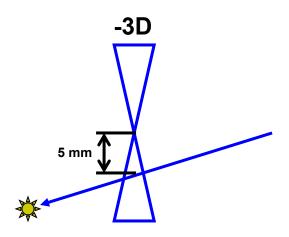
Looking 5 mm below the optical center of a -3D lens induces  $0.5 \times (-3) = 1.5D$ of base-down prism



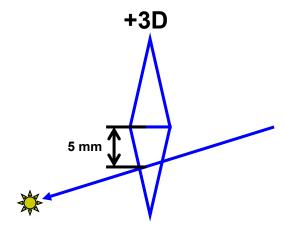
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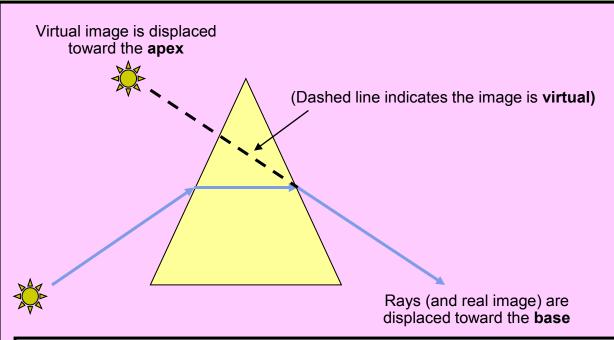


Looking 5 mm below the optical center of a +3D lens induces  $0.5 \times (3) = 1.5D$ of base-up prism

e lens.

Because lens effects. Prent lens is a func dioptric powe

where h is th



Recall that light rays are bent toward the **base** of a prism, with the result that the image seems to move toward the apex of the prism!



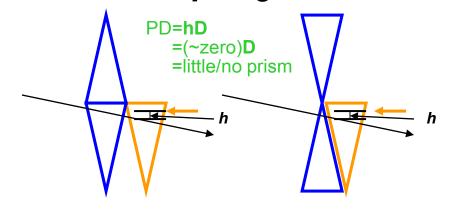
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Looking 5 mm below the optical center of a +3D lens induces  $0.5 \times (3) = 1.5D$ of base-up prism

 Image jump refers to a sudden change in image location that occurs when gaze shifts from the distance lens to the add segment

- Image jump refers to a sudden change in image location that occurs when gaze shifts from the distance lens to the add segment
  - Think of it as a Prentice's Rule issue owing to the location of the optical center of the add segment

Bifocal add: Flat-Top segment

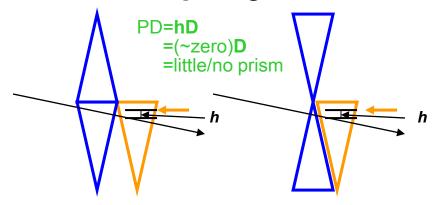


The optical center of a **flat-top** segment is high\*.

\*Per the BCSC *Optics* book, the optical center of a typical flat-top is 3 mm from the top of the segment. However, don't factor this into any Prentice-rule calcs you do on the OKAP or WQE (unless the Q itself supplies this info)!

Image jump: A sudden change in image location occurring when gaze shifts into the bifocal add segment

Bifocal add: Flat-Top segment



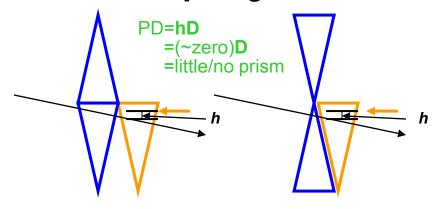
The optical center of a **flat-top** segment is high. When gaze shifts downward into the add, one is looking very near its optical center. Because there is little induced prism (i.e., **h** is small), images do not seem to jump.

**Image jump**: A sudden change in image location occurring when gaze shifts into the bifocal add segment



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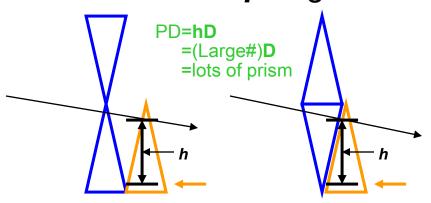
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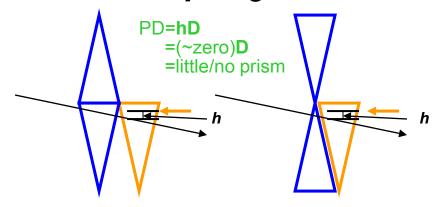
#### Bifocal add: Round-Top segment



However, the optical center of a **round-top** segment is low\*.

\*The *Optics* book does not offer a specific value for the typical segment-top-to-optical-center distance on a round-top.

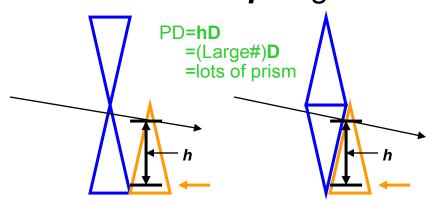
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**Image jump**: A sudden change in image location occurring when gaze shifts into the bifocal add segment

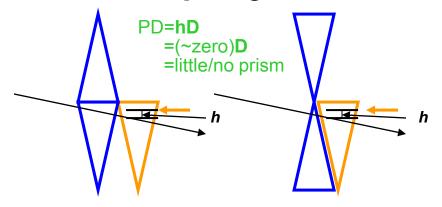
#### Bifocal add: Round-Top segment



However, the optical center of a **round-top** segment is low. Therefore, when gaze shifts downward into the add, one is suddenly looking through a lens at considerable distance from its optical center (i.e., **h** is large). This abruptly induces a significant amount of prism, and images will seem to jump (*upwards*, toward the apex of the add segment 'prism').

Bifocal add:

*Flat-Top* segment

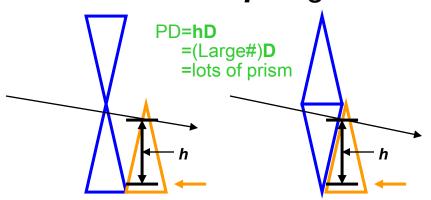


The optical center of a **flat-top** segment is high. When gaze shifts downward into the add, one is looking very near its optical center. Because there is little induced prism (i.e., **h** is small), images do not seem to jump.

Image jump: A sudden change in image location occurring when gaze shifts into the bifocal add segment

Bifocal add:

**Round-Top** segment



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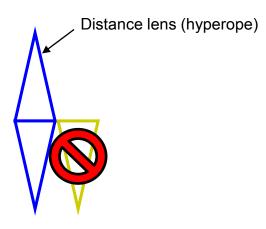
A final note related to image jump...

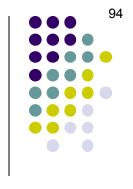
There is a third, rarely dispensed bifocal flavor:

The Executive or Franklin\* type

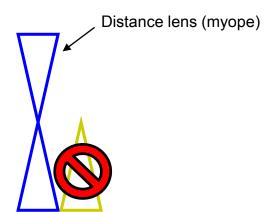
\*Yes, that Franklin

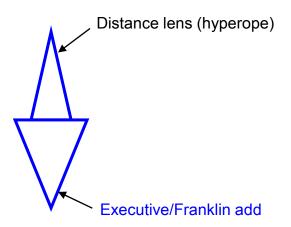


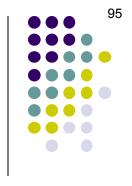




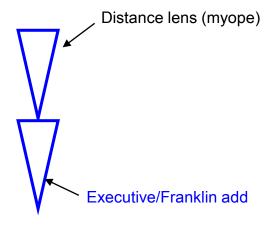
Executive/Franklin bifocals are not created by affixing a flat- or round-top seg to a base distance lens

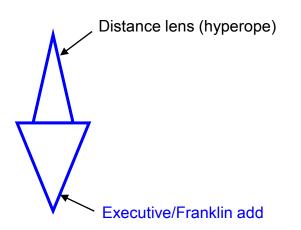






Instead, they are created by **replacing** the entire bottom half of the distance lens with the entire bottom half of an 'add' lens



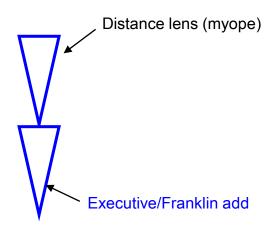


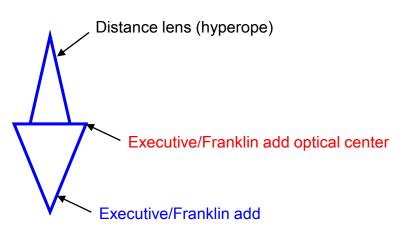


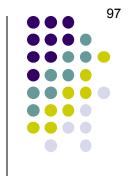
96

This construction makes Executive/Franklin bifocals recognizable by the line extending across the entire lens

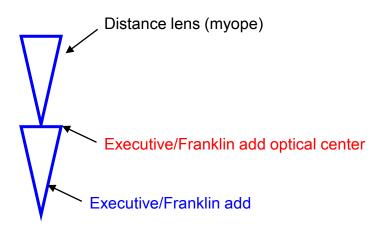
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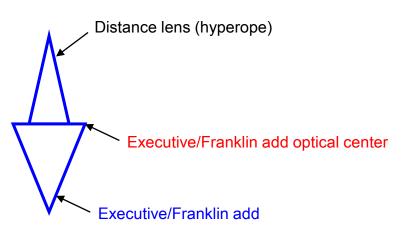


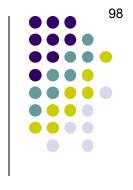




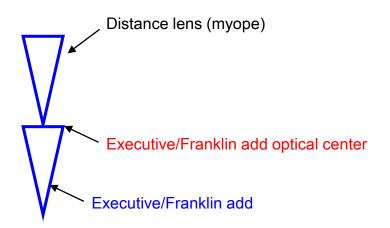
This construction also means the optical center of the add is at the very top of the near segment. Put another way: For the Executive/Franklin bifocal, h = 0.

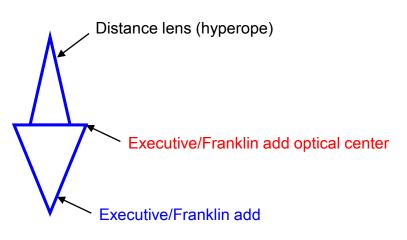


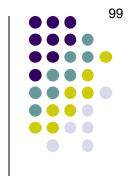




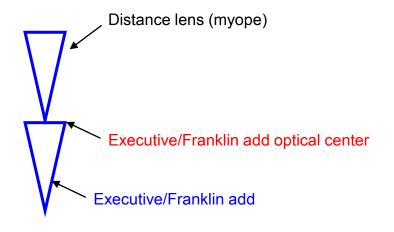
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The takeaway point: Executive/Franklin bifocals produce **no** image jump.

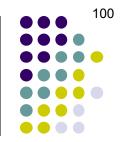
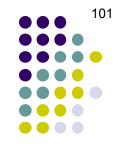


 Image displacement refers to the total apparent distance between an image viewed through the distance lens versus through the add segment



- Image displacement refers to the total apparent distance between an image viewed through the distance lens versus through the add segment
  - Think of it as owing to net prismatic effects
    - The magnitude of image displacement is a function of the total net prism acting on the image through the bifocal segment

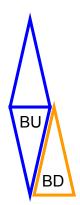
The magnitude of image displacement is a function of the total net prism acting on the image through the bifocal segment



The magnitude of image displacement is a function of the total net prism acting on the image through the bifocal segment

Bifocal adds: *Plus* lenses

When a **round-top** segment is placed on a plus lens, note how the prismatic effects work to cancel each other



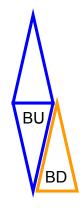
BU+BD=Little net prism → little image displacement



The magnitude of image displacement is a function of the total net prism acting on the image through the bifocal segment

Bifocal adds: Plus lenses

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BU+BD=Little net prism → little image displacement

BU BU

However, when a **flat-top** segment is placed on a plus lens, note how the prismatic effect is amplified

BU+BU=Lots of net prism → lots of image displacement

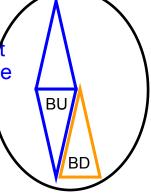


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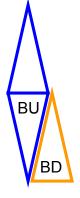
BU

For a plus lens, image displacement is minimized with a round-top segment

The magnitude of image displacement is a function of the **total net prism** acting on the image through the bifocal segment

Bifocal adds: *Plus* lenses

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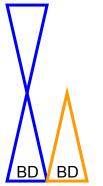
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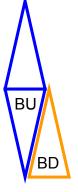
When a **round-top** segment is placed on a minus lens, note how the prismatic effects amplify one another

BD+BD=Lots of net prism → lots of image displacement

The magnitude of image displacement is a function of the **total net prism** acting on the image through the bifocal segment

Bifocal adds: *Plus* lenses

When a **round-top** segment is placed on a plus lens, note how the prismatic effects work to cancel each other



BU+BD=Little net prism→ little image displacement

However, when a **flat-top** segment is placed on a plus lens, note how the prismatic effect is amplified

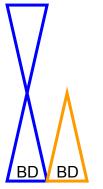
BU+BU=Lots of net prism → lots of image displacement

BU

BU

For a plus lens, image displacement is minimized with a round-top segment

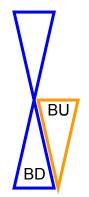
#### Bifocal adds: *Minus* lenses



When a **round-top** segment is placed on a minus lens, note how the prismatic effects amplify one another

BD+BD=Lots of net prism → lots of image displacement

However, when a **flat-top** segment is placed on a minus lens, the prismatic effects work to cancel one another

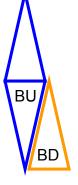


BD+BU=Little net prism→ little image displacement

The magnitude of image displacement is a function of the **total net prism** acting on the image through the bifocal segment

Bifocal adds: *Plus* lenses

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BU

BU

For a plus lens, image displacement is minimized with a round-top segment

#### Bifocal adds: *Minus* lenses

BDVBD

When a **round-top** segment is placed on a minus lens, note how the prismatic effects amplify one another

BD+BD=Lots of net prism → lots of image displacement

However, when a **flat-top** segment is placed on a minus lens, the prismatic effects work to cancel one another

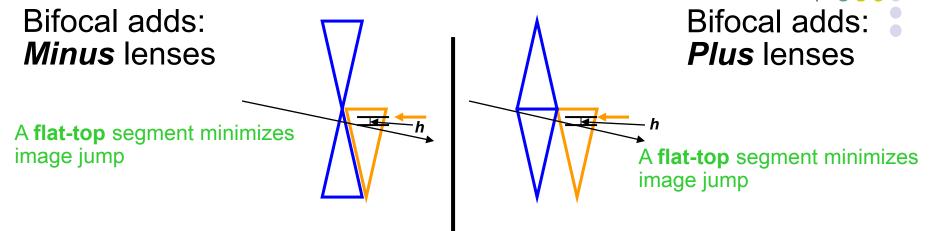
ninus s ner BD

BD+BU=Little net prism → little image displacement

For a minus lens, image displacement is minimized with a **flat-top** segment

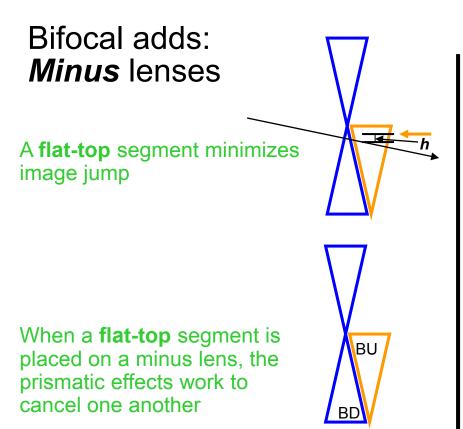






As stated previously, a flat-top segment minimizes image jump for both plus and minus lenses





BD+BU=Little net prism → little image displacement

Plus lenses

A flat-top segment minimizes image jump





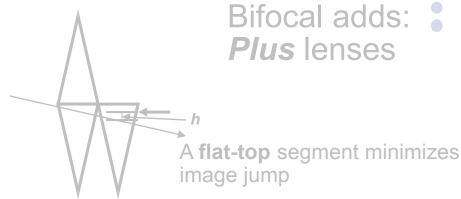
A flat-top segment minimizes image jump

So, for minus lenses the choice of add type is easy: A flat-top minimizes both image jump and displacement

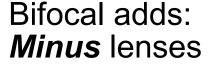
When a **flat-top** segment is placed on a minus lens, the prismatic effects work to cancel one another

BD+BU=Little net prism → little image displacement

BU







A **flat-top** segment minimizes image jump

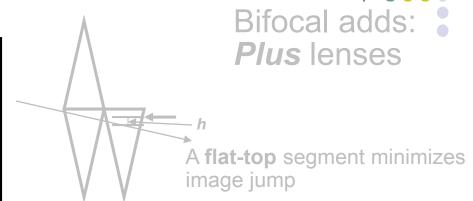
So, for minus lenses the choice of add type is easy: A flat-top minimizes both image jump and displacement

When a **flat-top** segment is placed on a minus lens, the prismatic effects work to cancel one another

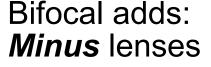
BD+BU=Little net prism→ little image displacement

BU

For a minus lens, always select a **flat-top** segment







A **flat-top** segment minimizes image jump

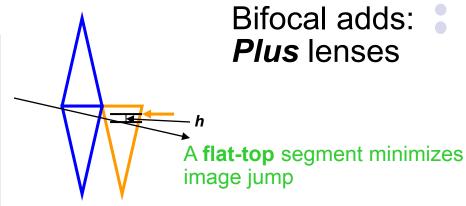
So, for minus lenses the choice of add type is easy: A flat-top minimizes both image jump and displacement

When a **flat-top** segment is placed on a minus lens, the prismatic effects work to cancel one another

BD+BU=Little net prism → little image displacement

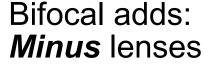
BU

For a minus lens, always select a **flat-top** segment



For plus lenses, the choice is not as easy: A flat-top will minimize jump...





A **flat-top** segment minimizes image jump

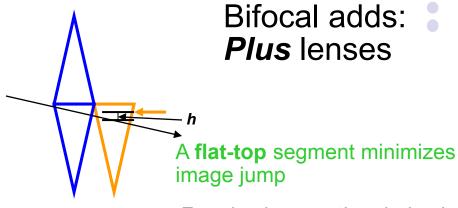
So, for minus lenses the choice of add type is easy: A flat-top minimizes both image jump and displacement

When a **flat-top** segment is placed on a minus lens, the prismatic effects work to cancel one another

BD+BU=Little net prism → little image displacement

BU

For a minus lens, always select a **flat-top** segment



For plus lenses, the choice is not as easy: A flat-top will minimize jump...but a roundtop minimizes displacement

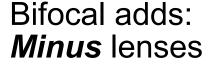
When a **round-top** segment is placed on a plus lens, the prismatic effects work to cancel each other

BU+BD=Little net prism → little image displacement

BD

BU





A **flat-top** segment minimizes image jump

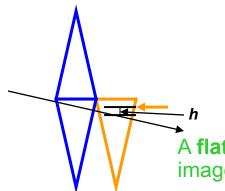
So, for minus lenses the choice of add type is easy: A flat-top minimizes both image jump and displacement

When a **flat-top** segment is placed on a minus lens, the prismatic effects work to cancel one another

BD+BU=Little net prism → little image displacement

BU

For a minus lens, always select a **flat-top** segment



Bifocal adds: **Plus** lenses

A **flat-top** segment minimizes image jump

For plus lenses, the choice is not as easy: A flat-top will minimize jump...but a roundtop minimizes displacement

When a **round-top** segment is placed on a plus lens, the prismatic effects work to cancel each other

BU+BD=Little net prism → little image displacement

BD

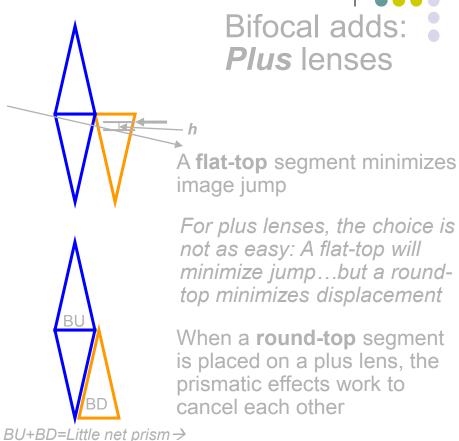
BU

So which is the best add segment for a plus lens?

adds:

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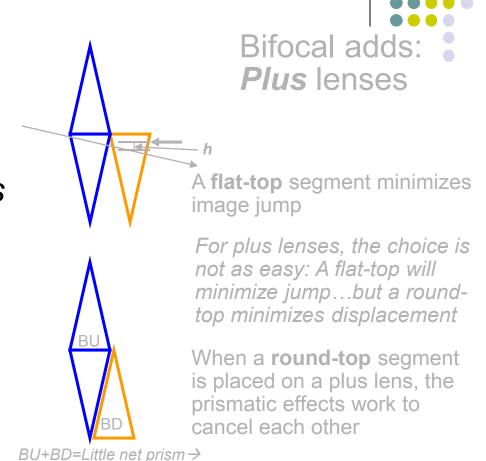
 The choice of segment type for hyperopic adds depends on whether one needs to minimize jump vs displacement



So which is the best add segment for a plus lens?

little image displacement

- The choice of segment type for hyperopic adds depends on whether one needs to minimize jump vs displacement
  - Jump might bother waiters
  - Displacement might bother desk workers

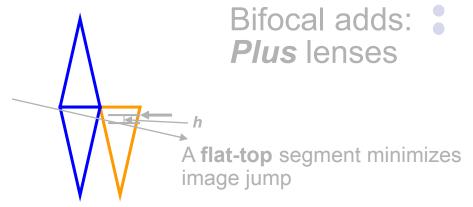


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So which is the best add segment for a plus lens?

little image displacement

- The choice of segment type for hyperopic adds depends on whether one needs to minimize jump vs displacement
  - Jump might bother waiters
  - Displacement might bother desk workers
- In practice, most specs are made with flat-top segs
  - Easier and cheaper to make



For plus lenses, the choice is not as easy: A flat-top will minimize jump...but a roundtop minimizes displacement

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When a **round-top** segment is placed on a plus lens, the prismatic effects work to cancel each other

BU+BD=Little net prism → little image displacement

So which is the best add segment for a **plus** lens?