

Q

Stargardt Disease/Fundus Flavimaculatus

- Inheritance?



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- Inheritance? **AR** (in most cases; a small % are AD)



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The ABCA4 gene is mission-critical to the eye, with implications extending far beyond Stargardt/FF. Given this, let's look at it in some detail...



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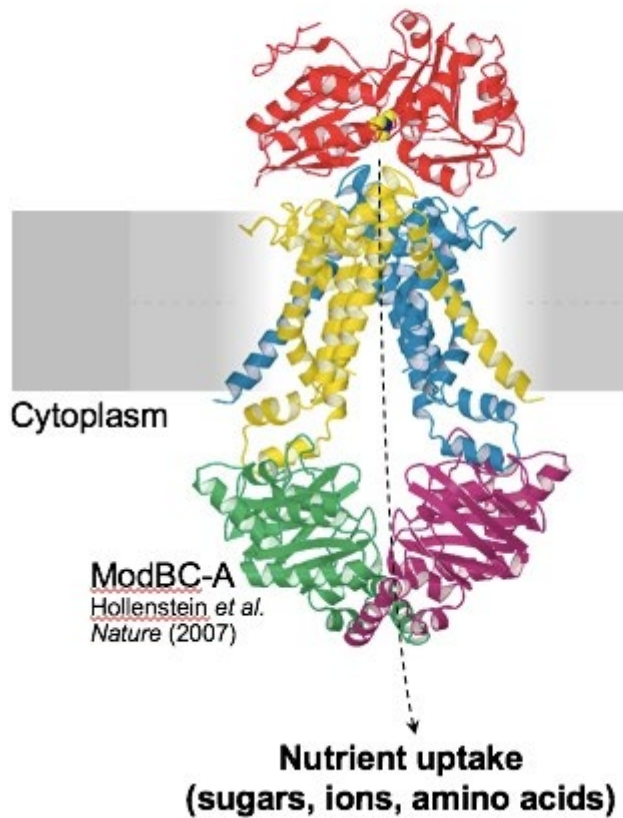
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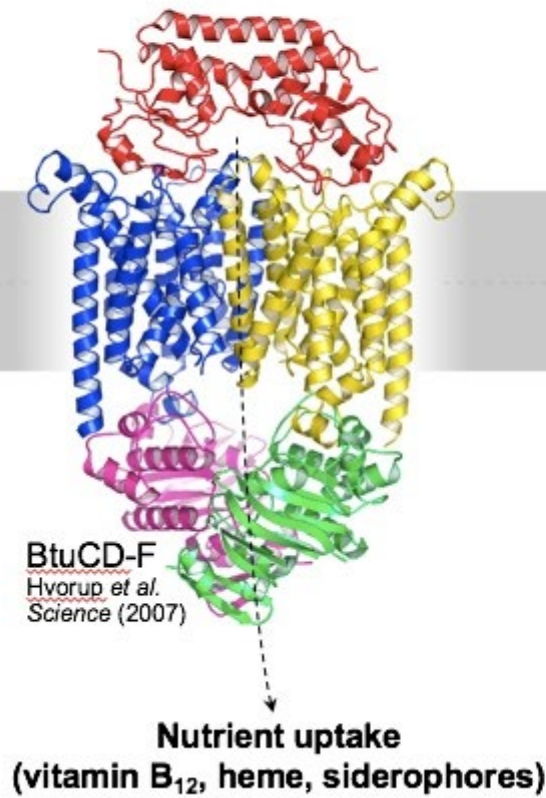
In a word, they transport--substrates, into (or out of) cells. They are transmembrane channels that use ATP as an energy source to transport substances in or out of a cell against a concentration gradient.



Type I ABC importers



Type II ABC importers



ABC exporters

(Multi-)drug extrusion
Peptide/toxin export
(Glyco-)lipid flipping





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Name a substrate, and an ABC transporter is probably involved--most nutrients, vitamins, trace elements, etc coming in; metabolic waste, fats, sterols, and drugs going out.



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'Drugs going out'--what does that mean?

It means exactly what it says--ABC transporters are how cells rid themselves of therapeutic compounds. For example, bacterial drug resistance is often 2ndry to the development of ABC transporters. Likewise, when a previously effective cancer drug loses efficacy for an individual, it can often be attributed to the appearance in the cancer line of an ABC transporter that effluxes the drug.

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What role does the ABCA4 transporter play within rod outer segments?

It is responsible for exporting a potentially toxic metabolic byproduct of the visual cycle. When ABCA4 is defective, this byproduct accumulates within the segment. Then, when the outer segments are shed and 'swallowed' by the underlying RPE (as part of the normal retinal renewal process), the metabolic byproduct is incorporated into the RPE cell's

wear-and-tear
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Changes in the appearance of the posterior pole, as well as (far more importantly) death of overlying photoreceptors, with subsequent decreased vision



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*The pathophysiology of Stargardt/FF **tl;dr***

- Defective ABCA4 alleles inherited; defective ABCA4 transporters expressed in rod outer segments
- Defective ABCA4 transporters can't export metabolic byproducts of the visual cycle, leading to their accumulation within the segments
- As part of the normal retinal renewal process, byproduct-laden outer segments are shed, then phagocytized by RPE cells
- Within RPE cells, the byproduct is converted to A2E, which eventually kills the cell
- When the RPE cell dies, photoreceptors that depend on it die as well

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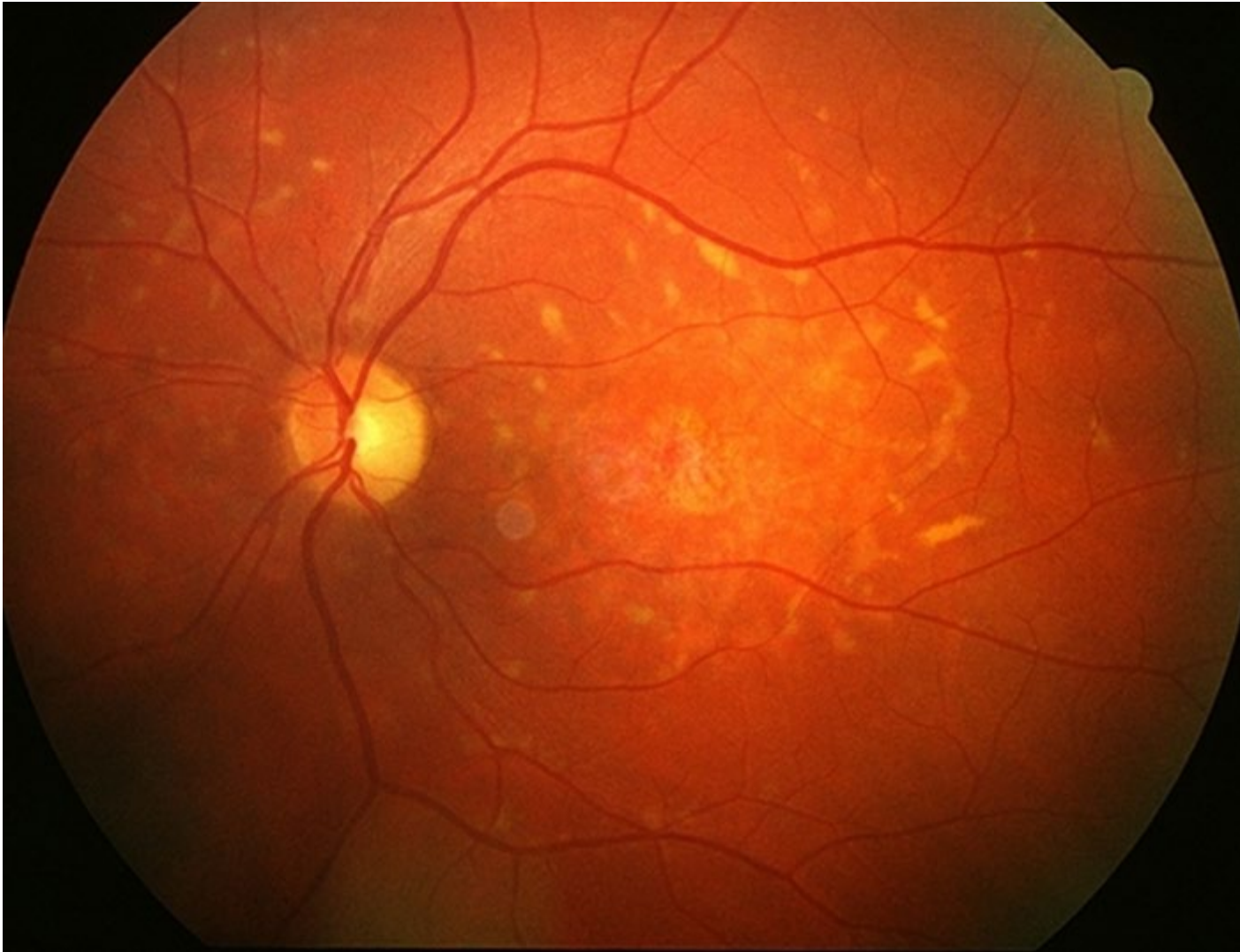
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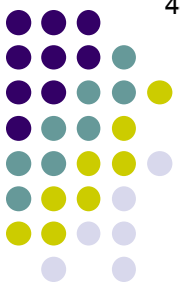
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Stargardt: RPE-level flecks





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- The flecks often touch one another, rendering their aggregate appearance 'net-like'



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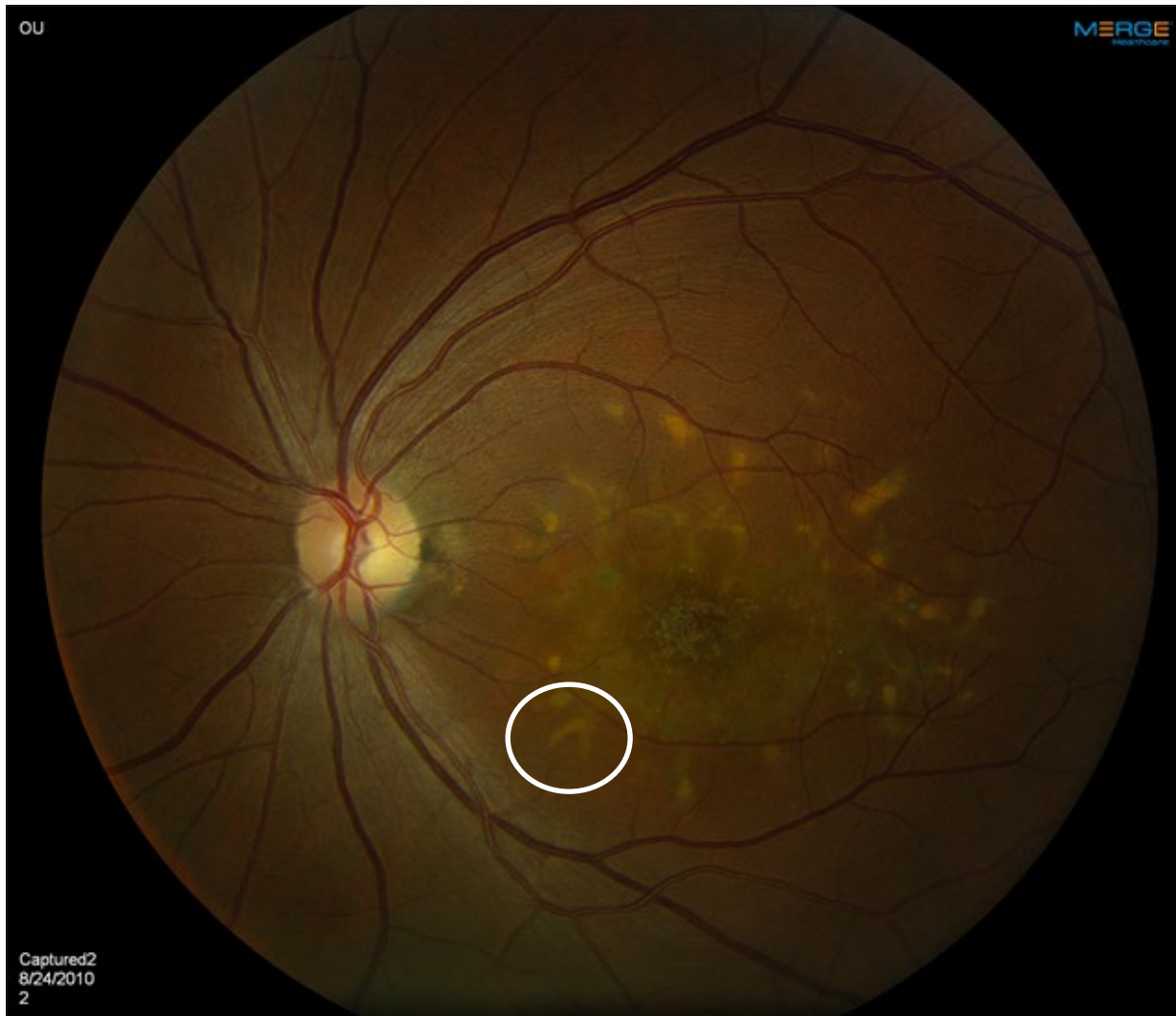
How does that come about?

If two of these elongated flecks touch one another at just the right angle, their appearance will be reminiscent of a fish's tail. Drusen. How do Drusen?

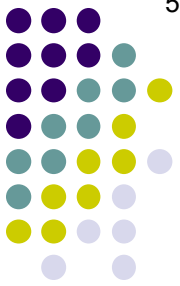
--Drusen are round(-ish), whereas some flecks are elongated

--The flecks often touch one another, rendering their aggregate appearance 'net-like'

Stargardt Disease/Fundus Flavimaculatus



Pisciform lesions





Q

Stargardt Disease/Fundus Flavimaculatus

- Inheritance? AR (in most cases; a small % are AD)
- Gene responsible for most cases? ABCA4
- Fundus appearance: **Atrophic fovea** surrounded by white-yellow **pisciform flecks**

Which appears first--foveal atrophy, or the flecks?



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*The classic appearance of the fovea in Stargardt is
described with a two-word alliteration. What is it?*



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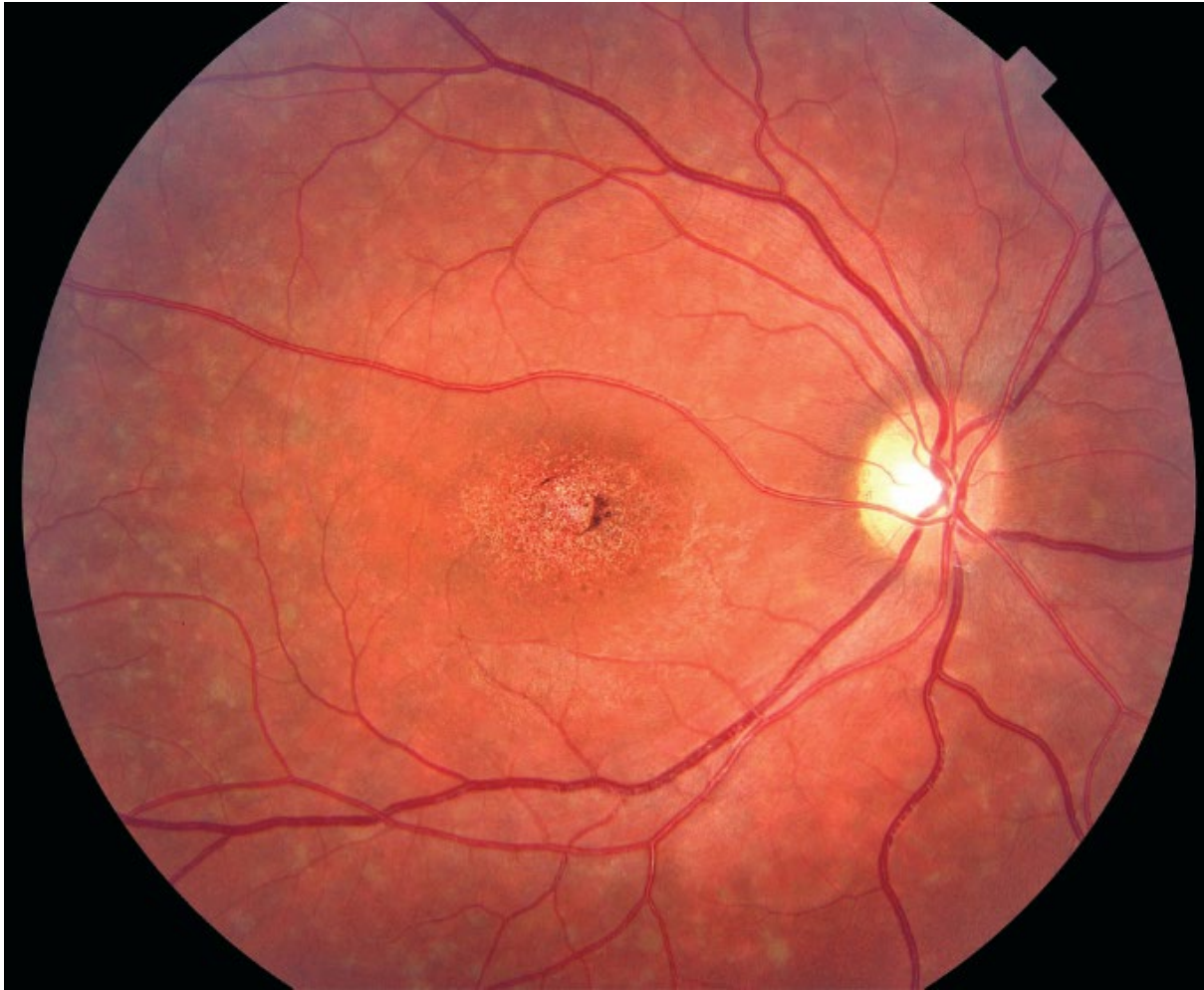
The classic appearance of the fovea in Stargardt is described with a two-word alliteration. What is it?

'Beaten bronze'

Stargardt Disease/Fundus Flavimaculatus



57



Stargardt disease. Macular atrophy, pisciform yellow-white flecks, and a beaten-bronze appearance. Note the peripapillary sparing of retina



Q

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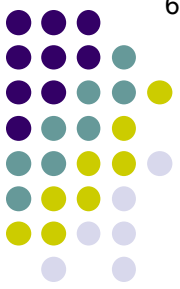
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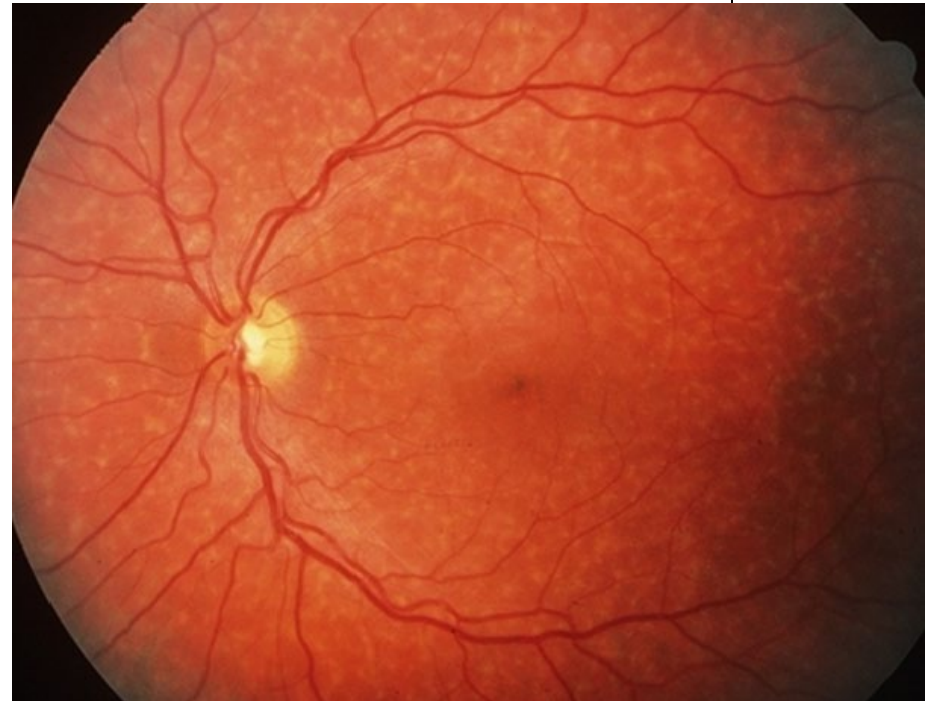


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Stargardt Disease/Fundus Flavimaculatus



Stargardt



Fundus flavimaculatus



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- Pts present with c/o , usually in life period

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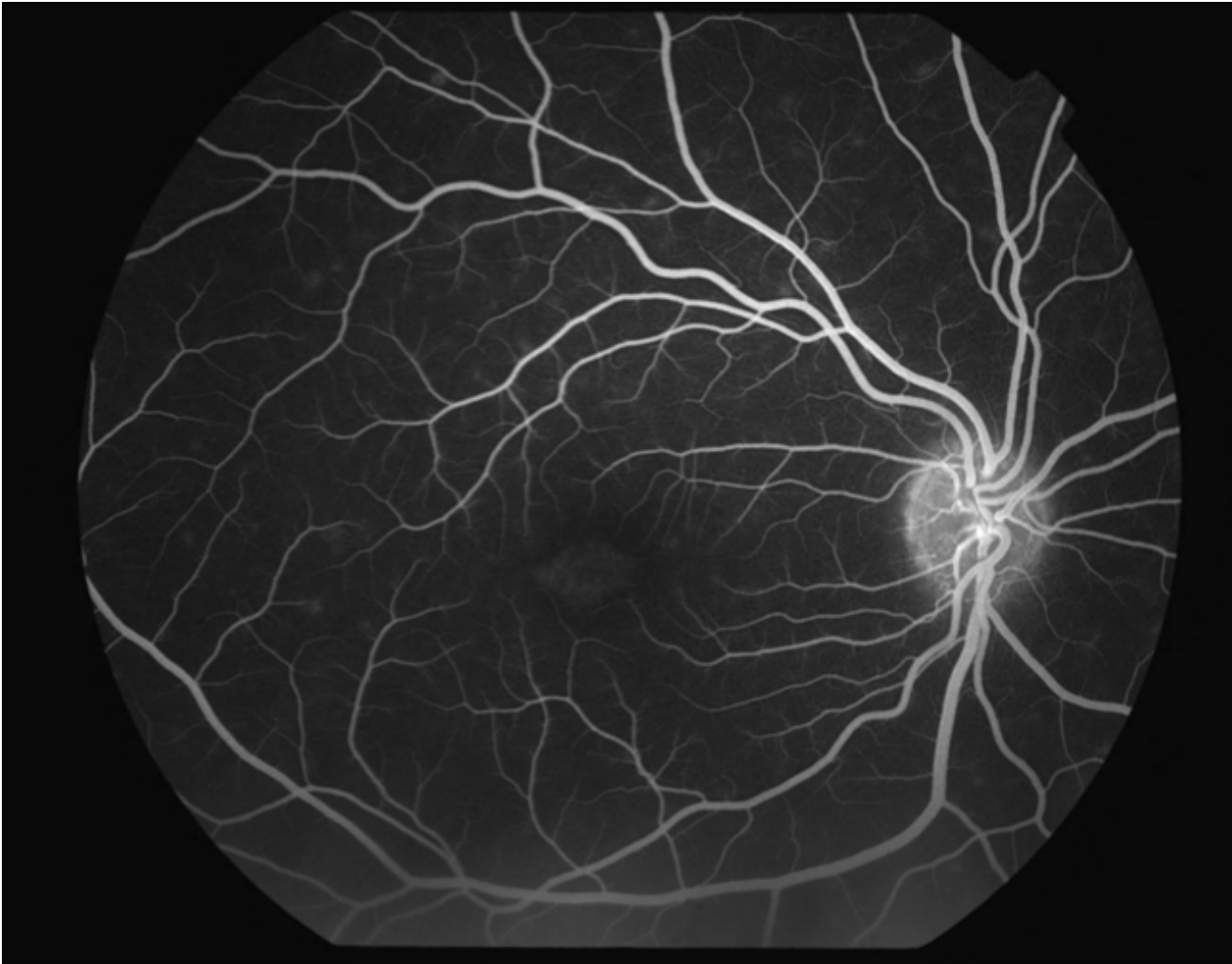
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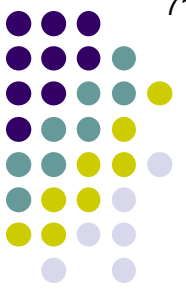


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Stargardt Disease/Fundus Flavimaculatus



Stargardt—*dark choroid* appearance on FA





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At what level of the retina is blocking occurring?



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In Stargardt, what causes the RPE to block choroidal FA fluorescence?

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The accumulation of abnormal lipofuscin/A2E within RPE cells

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What test has supplanted FA for working up suspected Stargardt?

chart (not uncommonly,
fundus changes)

What should you do if/when encountering such a child (either on the OKAP/Boards or IRL)?
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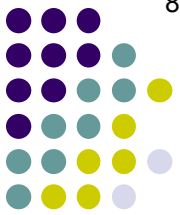
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A bull's eye maculopathy--a ring of perifoveal hypo- vs hyperfluorescence surrounding a central foveal area of hypo- vs hyperfluorescence

hypo- vs hyperfluorescence

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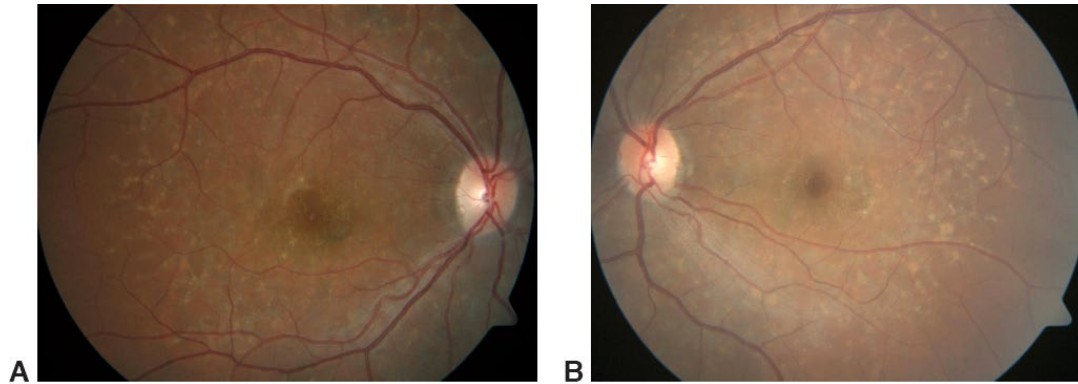
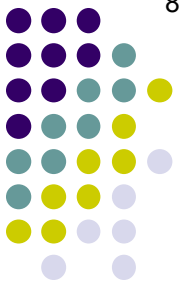
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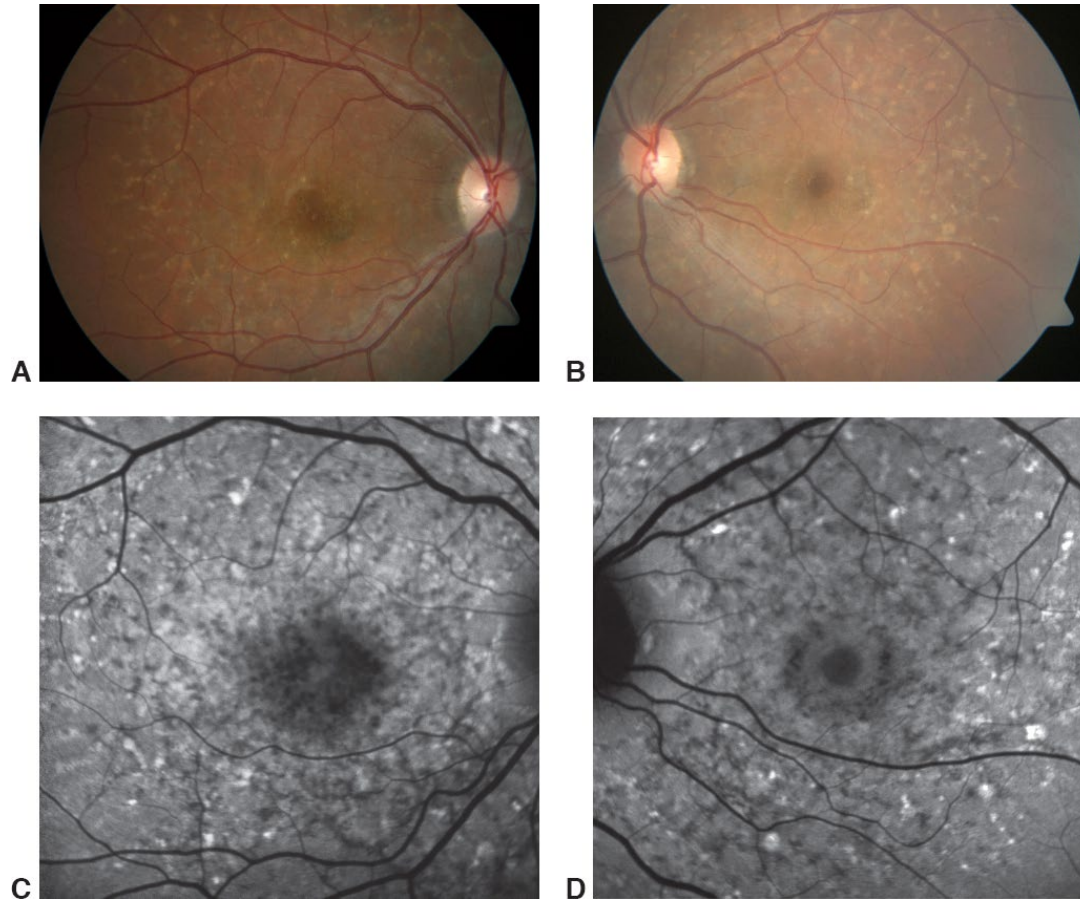
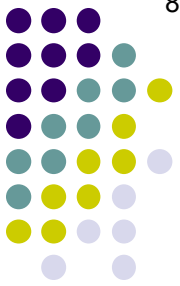
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Stargardt Disease/Fundus Flavimaculatus



Stargardt disease. The right eye (A) and left eye (B) demonstrate classic pisciform yellow-white flecks throughout the macula, with mottling of the central retinal pigment epithelium (RPE).

Stargardt Disease/Fundus Flavimaculatus



Stargardt disease. The right eye (A) and left eye (B) demonstrate classic pisciform yellow-white flecks throughout the macula, with mottling of the central retinal pigment epithelium (RPE). Corresponding right (C) and left (D) FAF images reveal mottled hypo- and hyperautofluorescence with hyperautofluorescent flecks (corresponding to the pisciform flecks) and a bull's-eye maculopathy, greater in the left eye than in the right eye



Q

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What is the classic FAF appearance of Stargardt?

What test? A bull's eye maculopathy—a ring of **perifoveal hyperfluorescence**
 Fundus appearance: surrounding a central foveal area of hypofluorescence

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Why does the perifoveal macula hyperfluoresce?

commonly, (ages)

What should you do if/when encountering such a child (either on the OKAP/Boards or IRL)?

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Because its RPE cells are stuffed with lipofuscin-containing A2E, a substance that autofluoresces particularly well

commonly, (ages)

What should you do if/when encountering such a child (either on the OKAP/Boards or IRL)?

The answer ^{FAF}used to be 'order an FA,' so we'll address that first...



Q

Stargardt Disease/Fundus Flavimaculatus

- Inheritance? AR (in most cases; a small % are AD)
- Gene responsible for most cases? ABCA4
- Fundus appearance: Atrophic fovea surrounded by white-yellow pisciform flecks
 - If pisciform lesions are in macula only, is Stargardt
 - If they are widely scattered, is fundus flavimaculatus
- Pts present with c/o decreased vision, usually in childhood
- Classic FAF appearance: ~~dark choroid~~ Bull's eye

What is the classic FAF appearance of Stargardt?

What test? A bull's eye maculopathy - a ring of perifoveal hyperfluorescence
Fundus appearance surrounding a central foveal area of hypofluorescence

Why is FAF preferred?
It is more reliable

OK, but then why does the central foveal area hypofluoresce?

chart (not uncommonly,
fundus changes)

What should we do?

Boards or IRL)?

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Why is FAF preferred?
It is more reliable

OK, but then why does the central foveal area hypofluoresce?
Because its RPE cells are dead and gone, leaving little lipofuscin
in that area to fluoresce

What should we look for?

The answer used to be 'order an FA,' so we'll address that first...

chart (not uncommonly,
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Boards or IRL)?



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- Other diseases associated with ABCA4 dysfunction include

two words

same first word-hyphenated another word,
then same second word

and

abb.

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How can one dysfunction of a single protein cause such a variety of pathology?

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How can one dysfunction of a single protein cause such a variety of pathology?
 Because it is not the case that the ABCA4 transporter is either fully functional or completely dysfunctional.



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*How can one dysfunction of a single protein cause such a variety of pathology? Because it is not the case that the ABCA4 transporter is either fully functional or completely dysfunctional. Rather, ABCA4 function exists on a *continuum*, from completely intact (= normal/non-diseased) to mildly impaired (= mild Stargardt) to moderately impaired (= worse Stargardt) to severely impaired (= cone-rod dystrophy) to completely nonfunctional (= RP).*



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So, all of these conditions are caused by mutations on ABCA4?

... variety of pathology?
... fully functional
... a continuum,
 from completely intact (= normal/non-diseased) to mildly impaired (= mild Stargardt) to moderately impaired (= worse Stargardt) to severely impaired (= cone-rod dystrophy) to completely nonfunctional (= RP).



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So, all of these conditions are caused by mutations on ABCA4?

Yes and no. All of these conditions can be caused by ABCA4 mutations.

But all of them can be caused by mutations to *other* genes as well.

...spectrum of pathology?

...fully functional

...a continuum,

from completely intact (= normal/non-diseased) to mildly impaired (= mild Stargardt) to moderately impaired (= worse Stargardt) to severely impaired (= cone-rod dystrophy) to completely nonfunctional (= RP).



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For each condition, what percent of cases are caused by ABCA4 mutation?

--Stargardt:
--Cone dystrophy:
--Cone-rod dystrophy:
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- Stargardt: **>95**
- Cone dystrophy: don't have a number for this
- Cone-rod dystrophy: **30-50**
- RP: **5-10**



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What is the \$2 term for this situation, ie, when mutations in a single gene can produce multiple phenotypes?

- If pisciform
- If they
- Pts prese
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Genetic heterogeneity

- Classic F
- Ultimate vision is usually in the 20/50 – 20/200 range

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Genetic heterogeneity. LCA is an excellent example—it can be caused by mutations to at least 17 different genes.

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What does LCA stand for in this context?

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What does LCA stand for in this context?
Leber's congenital amaurosis

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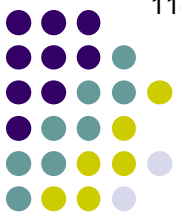
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- Treatment?

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- Treatment? **No effective treatments are available**