

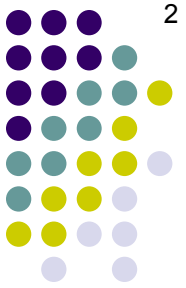
The Tear Film

What roles does the tear film (specifically, the answer this first tear film) play in ocular health and function?



The Tear Film

What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?



The Tear Film

What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?

There are three:

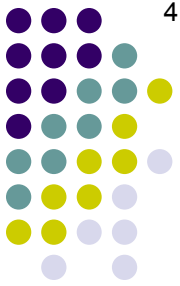
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--?

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The Tear Film



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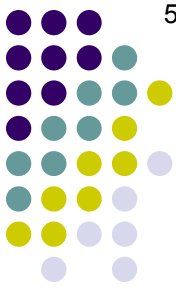
There are three:

--Facilitates diffusion of [] to the [] cornea

--?

--?

The Tear Film



What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?

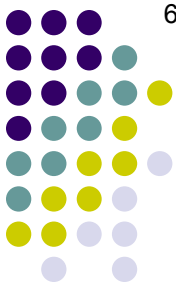
There are three:

--Facilitates diffusion of oxygen to the avascular cornea

--?

--?

The Tear Film



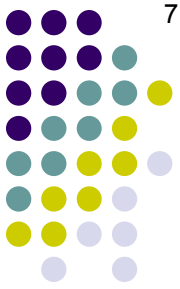
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There are three:

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- Assists in clearing debris from the corneal surface
- ?

The Tear Film

7

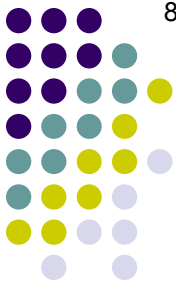


What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?

There are three:

- Facilitates diffusion of oxygen to the avascular cornea
- Assists in clearing debris from the corneal surface
- Provides a glassy-smooth refracting surface at the air-cornea interface (or more accurately, the air-tear film interface)

The Tear Film



What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?

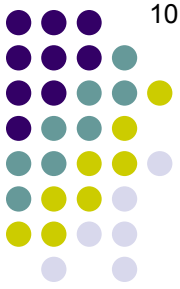
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Where does the tear film reside? (The answer is not 'on the surface of the eye.')

The bulk of tear volume is in the tear strip or lake (aka the tear meniscus) resting on the lower-lid margin

The Tear Film



What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?

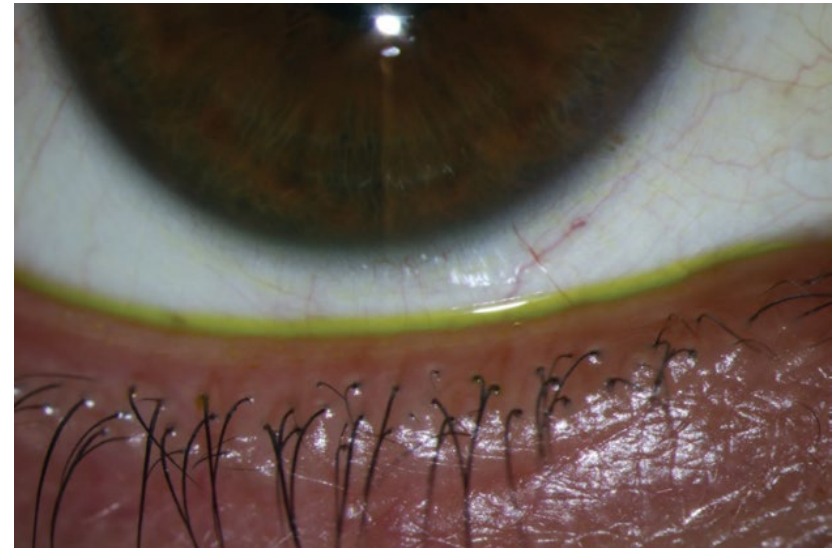
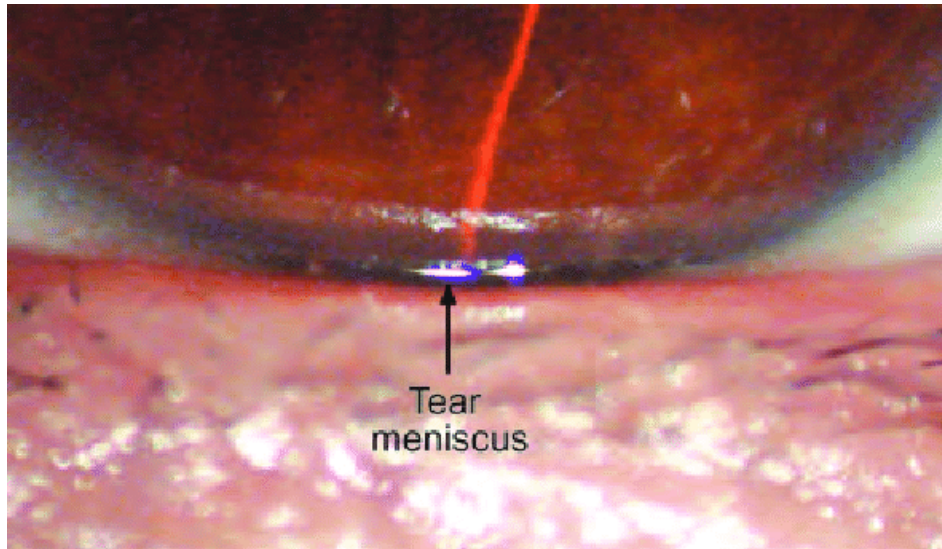
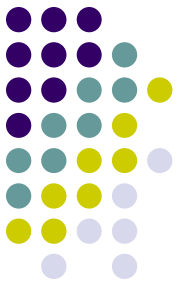
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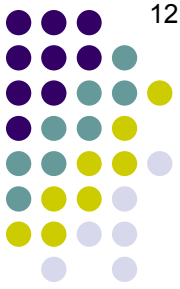
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The Tear Film



Tear lake (strip; meniscus)

The Tear Film



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How does the tear volume get from the tear strip up onto the ocular surface where it's needed?

The Tear Film



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Courtesy of the action of the

two words

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How does the tear volume get from the tear strip up onto the ocular surface where it's needed?

Courtesy of the action of the upper lid (UL)

The Tear Film



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How does the tear volume get from the tear strip up onto the ocular surface where it's needed?

Courtesy of the action of the upper lid (UL) . During a blink, the UL travels down across most of the extent of the (the lower lid goes up a little, but not much).

two words (not 'ocular surface')-

The Tear Film



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How does the tear volume get from the tear strip up onto the ocular surface where it's needed?

Courtesy of the action of the upper lid (UL). During a blink, the UL travels down across most of the extent of the interpalpebral fissure (the lower lid goes up a little, but not much).

The Tear Film



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The Tear Film



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Th
--F
--A
--F
ac
W
Th
on
Ho
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The Tear Film



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he "What function does the tear film play in ocular health?"
Th
What muscle is responsible for blinking?

The orbicularis oculi

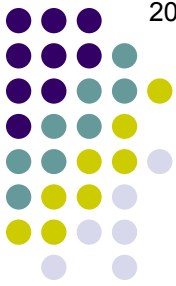
--F
--A
--F
ac more

W
Th
on (e.)
esting

Ho where
it's needed?

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The Tear Film



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he "tear film" is a thin layer of liquid that covers the surface of the eye. It is composed of three layers: a thin layer of mucus, a middle layer of aqueous humor, and a thick layer of oil. The oil layer is the most important for preventing evaporation of the tear film.

Th The orbicularis oculi

--F The orbicularis oculi is a muscle that surrounds the eye. It is responsible for closing the eyelids. The basic arrangement of the fibers of the orbicularis oculi is circular.

--F more

ac

W

Th (e.)

on resting

Ho

where

it's needed?

Courtesy of the action of the upper lid (UL), **During a blink**, the UL travels down

across most of the extent of the interpalpebral fissure (the lower lid goes up a

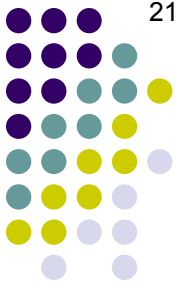
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The Tear Film



What roles does the tear film (specifically, the precorneal tear film) play in ocular

he "What is the function of the orbicularis oculi?"

Th The orbicularis oculi

--F
--A What is the basic arrangement of the fibers of the orbicularis?

--F As multiple concentric bands encircling all or part of the orbital aperture

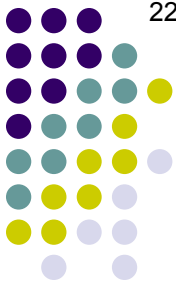
ac more

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on
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The Tear Film



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--F The orbicularis oculi

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--F As multiple concentric bands encircling all or part of the orbital aperture

ac The 'multiple bands' are organized into two basic portions—what are they?

W (e.g., the upper and lower eyelids.)

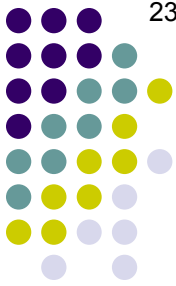
Th --? resting

on --?

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The Tear Film



What roles does the tear film (specifically, the precorneal tear film) play in ocular

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What muscle is responsible for blinking?

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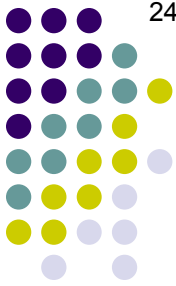
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W
Th *--Orbital*
on *--Palpebral*

Ho
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W *How is each defined?*

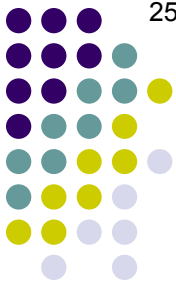
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on *--Palpebral: ?*

Ho *where*
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ac The 'multiple bands' are organized into two basic portions—what are they?

W How is each defined?

Th --Orbital: The portion overlying the

several words

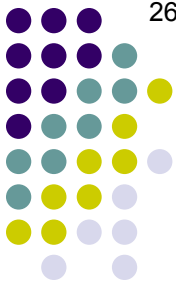
on --Palpebral: The portion overlying the

one word

Ho it's needed?

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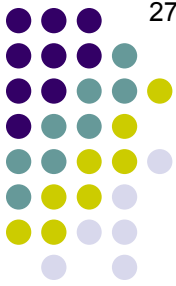
Th --Orbital: The portion overlying the bones of the orbit
on --Palpebral: The portion overlying the lids

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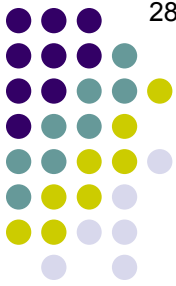
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on --Palpebral: The portion overlying the lids

Ho There's a fundamental distinction between the orbital and palpebral portions vis a vis blinking. What is it?

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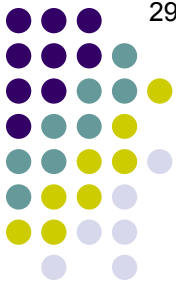
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it's needed The palpebral portion is responsible for

two words

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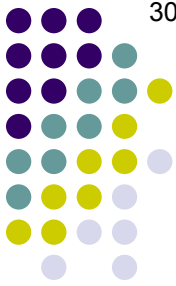
on --**Palpebral: The portion overlying the lids**

Ho
it’s needed *There’s a fundamental distinction between the orbital and palpebral portions vis a vis blinking. What is it?*

Courtesy of The palpebral portion is responsible for normal blinking

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--**Orbital: The portion overlying the bones of the orbit**

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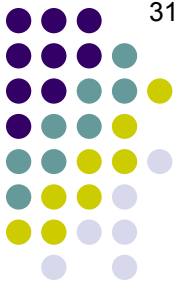
There's a fundamental distinction between the orbital and palpebral portions vis a vis blinking. What is it?

The palpebral portion is responsible for normal blinking, whereas the orbital portion comes into play only during

several words

Courtesy of [unintelligible]
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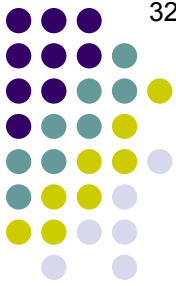
on --Palpebral: The portion overlying the lids

Ho There's a fundamental distinction between the orbital and palpebral portions vis a vis blinking. What is it?

it's needed The palpebral portion is responsible for normal blinking, whereas the orbital portion comes into play only during effortful/voluntary eye closure

Courtesy of across most of the extent of the interpalpebral space (the lower lid goes up a little, but not much). As it goes down the UL wipes debris off the surface and into the lake. As it goes back up, the UL exerts a capillary-attraction force on the aqueous in the tear lake, thereby pulling it up across the ocular surface. (The oil layer follows along.)

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W How is each defined? The palpebral portion is subdivided into two parts—what

Th are they?
on --Orbital: The portion overlying the bones of the orbit

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----?

He ----?

it's needed?

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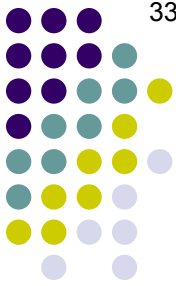
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where

Next Q

The Tear Film



What roles does the tear film (specifically, the precorneal tear film) play in ocular

he "What is the function of the orbicularis oculi?"
Th What muscle is responsible for blinking?

--F The orbicularis oculi

--A What is the basic arrangement of the fibers of the orbicularis?

--F As multiple concentric bands encircling all or part of the orbital aperture more

ac The 'multiple bands' are organized into two basic portions—what are they?
W How is each defined? The palpebral portion is subdivided into two parts—what

Th are they? (e.)
Th --Orbital: The portion overlying the bones of the orbit resting

on --Palpebral: The portion overlying the lids

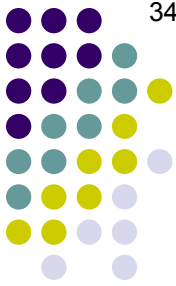
----Preseptal

Hc ----Pretarsal where

it's needed?

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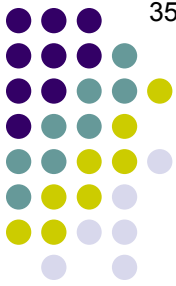
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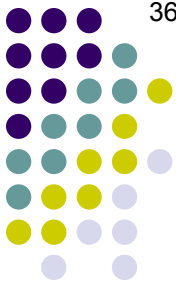
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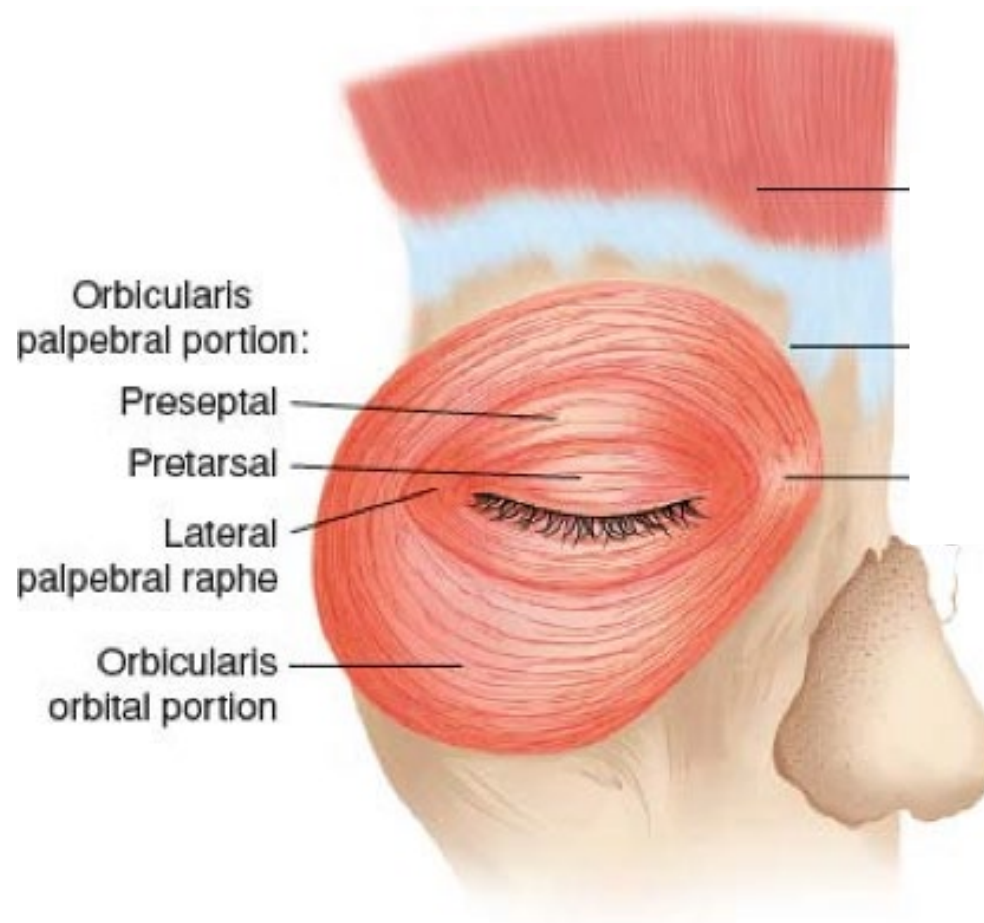
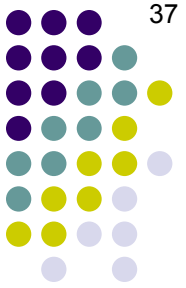
--Palpebral: The portion overlying the lids

----Preseptal: The part overlying the orbital septum

Hc ----Pretarsal: The part overlying the tarsal plates where
it's needed?

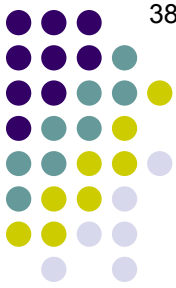
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The Tear Film



Orbicularis oculi mm

The Tear Film



What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?

There are three:

- Facilitates diffusion of oxygen to the avascular cornea
- Assists in clearing debris from the corneal surface
- Provides a glassy-smooth refracting surface at the air-cornea interface (or more accurately, the air-tear film interface)

Where does the tear film reside? (The answer is not 'on the surface of the eye.')

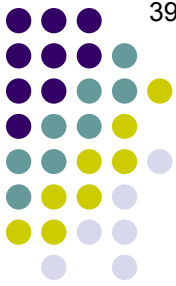
The bulk of tear volume is in the tear strip or lake (aka the tear meniscus) resting on the lower-lid margin.

How does the tear volume get from the tear strip up onto the ocular surface where it's needed?

Courtesy of the action of the upper lid (UL). During a blink, the UL travels down across most of the extent of the interpalpebral fissure (**the lower lid goes up a little, but not much**). As it goes down the UL wipes debris off the surface and into the lake. As it goes back up, the LL exerts a capillary attraction force on the aqueous layer.

If the lower lid (LL) isn't really going up, what does it do?

The Tear Film



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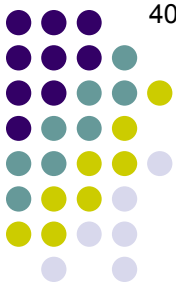
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aqueous layer

If the lower lid (LL) isn't really going up, what does it do?

It mainly moves towards the

The Tear Film



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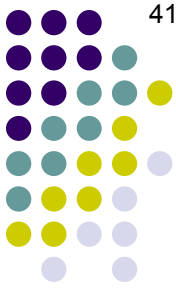
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The Tear Film



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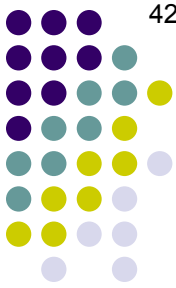
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If the lower lid (LL) isn't really going up, what does it do?

It mainly moves horizontally towards the nose. In doing so, it pushes the tear lake (and the debris it contains) toward the XXXXXXXXXX for removal from the surface.

The Tear Film



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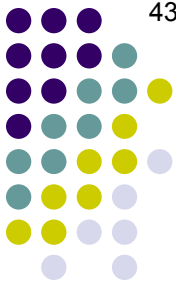
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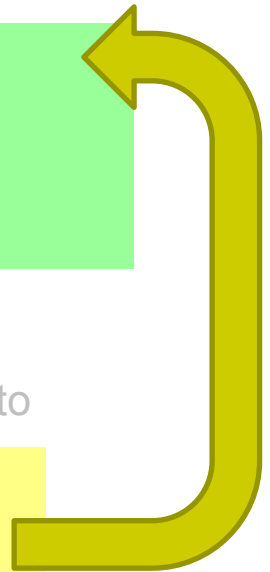
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So that's how tear gets to the punctas, but how do they get into and through them?

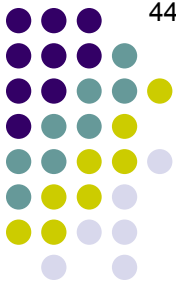
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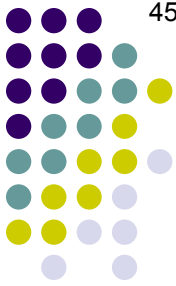
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Again, it's all about the blink. Contracture of the orbicularis muscle compresses the lacrimal sac and canalicular system, thereby forcing tears within the system down the the way out (two words).

Courtesy of the action of the upper lid (UL). During a blink, the UL travels down across most of the extent of the interpalpebral fissure (the lower lid goes up a little, but not much). As it goes down the UL wipes debris off the surface and into the lake. As it goes back up, the LL exerts a capillary attraction force on the aqueous layer. *If the lower lid (LL) isn't really going up, what does it do?* It mainly moves horizontally towards the nose. In doing so, it pushes the tear lake (and the debris it contains) toward the punctas **for removal from the surface**

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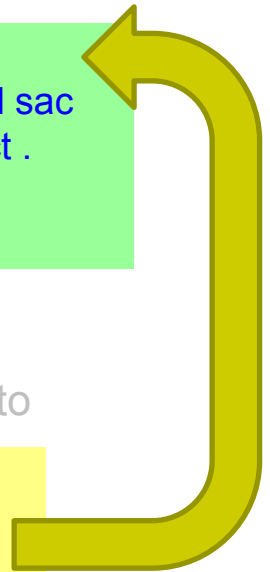
So that's how tear gets to the punctas, but how do they get into and through them?

Again, it's all about the blink. Contracture of the orbicularis muscle compresses the lacrimal sac and canalicular system, thereby forcing tears within the system down the nasolacrimal duct .

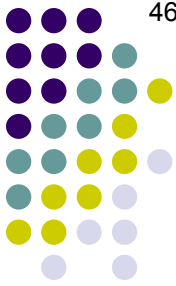
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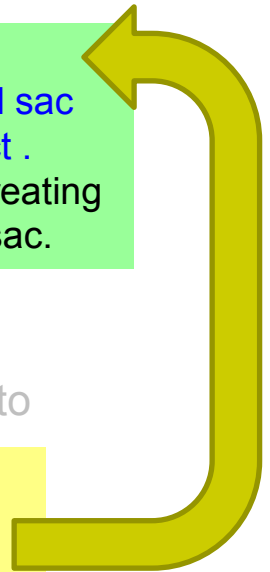
Again, it's all about the blink. Contracture of the orbicularis muscle compresses the lacrimal sac and canalicular system, thereby forcing tears within the system down the nasolacrimal duct.

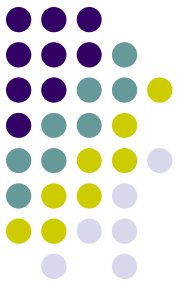
When the orbicularis relaxes, the lacrimal sac and canalicular system 're-inflate,' thereby creating a negative pressure that sucks tears through the puncta, down the canaliculi, and into the sac.

Courtesy of the action of the upper lid (UL). During a blink, the UL travels down across most of the extent of the interpalpebral fissure (**the lower lid goes up a little, but not much**). As it goes down the UL wipes debris off the surface and into the lake. As it goes back up, the LL exerts a capillary attraction force on the aqueous layer.

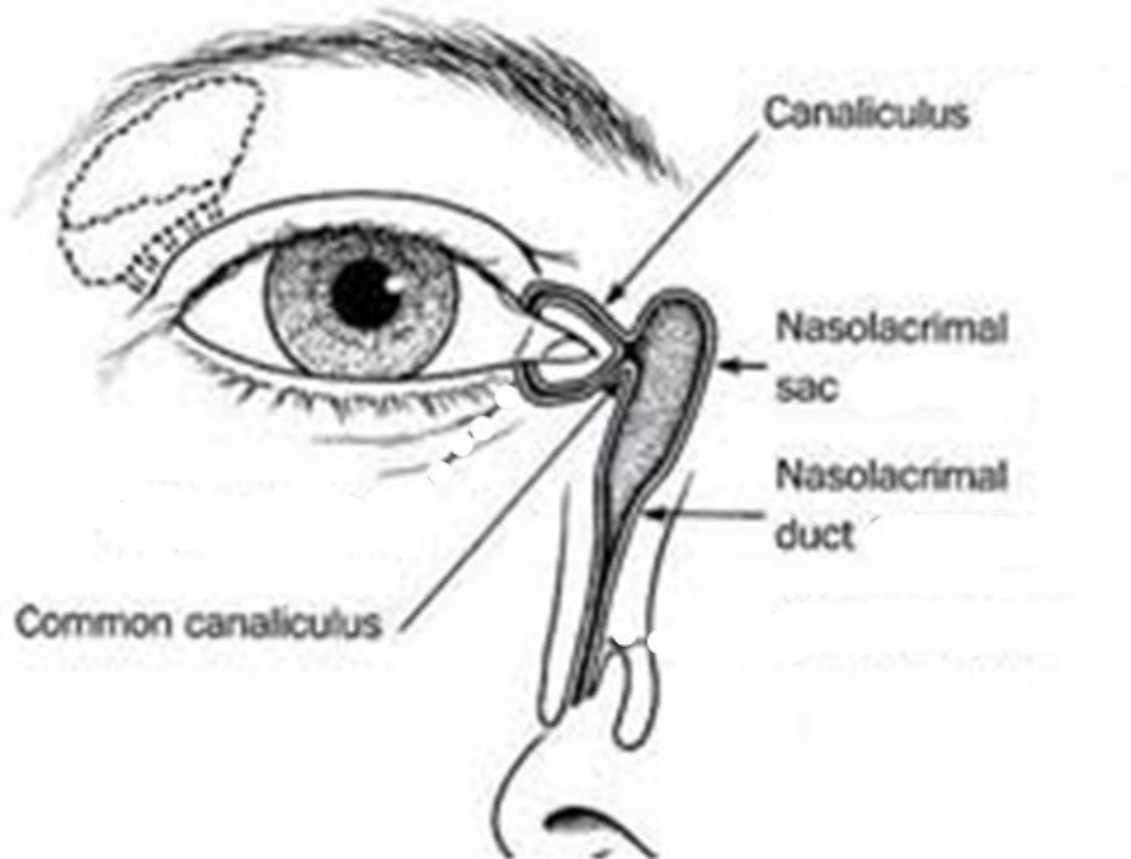
If the lower lid (LL) isn't really going up, what does it do?

It mainly moves horizontally towards the nose. In doing so, it pushes the tear lake (and the debris it contains) toward the punctas **for removal from the surface**



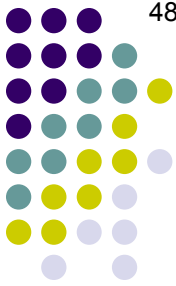


The Lacrimal Drainage System



Basic components of the nasolacrimal drainage system

The Tear Film



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Where does the tear film reside? (The answer is not 'on the surface of the eye.')

The bulk of tear volume is in the tear strip or lake (aka the tear meniscus) resting on the lower-lid.

In addition to moving down (UL) and horizontally (LL), the lids move in another direction of clinical significance—what is it?

How does the tear film move? Where is it needed?

Courtesy of the lower lid, the tear film is spread across most of the extent of the interpalpebral fissure (the lower lid goes up a little, but not much). As it goes down the UL wipes debris off the surface and into the lake. As it goes back up, the LL exerts a capillary attraction force on the aqueous layer.

If the lower lid (LL) isn't really going up, what does it do?

It mainly moves horizontally towards the nose. In doing so, it pushes the tear lake (and the debris it contains) toward the punctas* for removal from the surface.

The Tear Film



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Back toward the orbital apex

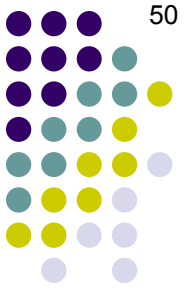
How does the tear film move back toward the orbital apex where it's needed?

Courtesy of the lower lid (LL) moving back toward the orbital apex. As the LL goes down across most of the extent of the interpalpebral fissure (the lower lid goes up a little, but not much). As it goes down the UL wipes debris off the surface and into the lake. As it goes back up, the LL exerts a capillary attraction force on the aqueous layer.

If the lower lid (LL) isn't really going up, what does it do?

It mainly moves horizontally towards the nose. In doing so, it pushes the tear lake (and the debris it contains) toward the punctas* for removal from the surface.

The Tear Film



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Back toward the orbital apex

How does the tear film move back toward the orbital apex where it's needed?

Courtesy of the lower lid. As the lower lid goes down across most of the extent of the interpalpebral fissure (the lower lid goes up a little, but not much). As it goes down the UL wipes debris off the surface and into the lake. As it goes back up, the LL exerts a capillary attraction force on the aqueous layer.

What is the significance of this movement?

If the lower lid (LL) isn't really going up, what does it do?

It mainly moves horizontally towards the nose. In doing so, it pushes the tear lake (and the debris it contains) toward the punctas* for removal from the surface.

The Tear Film



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In addition to moving down (UL) and horizontally (LL), the lids move in another direction of clinical significance—what is it?

How does the tear film move? Where is it needed?

Back toward the orbital apex

What is the significance of this movement?

We'll answer this shortly

Courtesy of the lower lid, tears are swept across most of the extent of the interpalpebral fissure (the lower lid goes up a little, but not much). As it goes down the UL wipes debris off the surface and into the lake. As it goes back up, the LL exerts a capillary attraction force on the aqueous layer.

If the lower lid (LL) isn't really going up, what does it do?

It mainly moves horizontally towards the nose. In doing so, it pushes the tear lake (and the debris it contains) toward the punctas* for removal from the surface.

The Tear Film



52

What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?

There are three:

--Facilitates diffusion of oxygen to the avascular cornea

--Assists in clearing debris

--Provides a glaze that allows the eye to see accurately, the cornea

Where does the tear film reside?

The bulk of tear film is on the lower-lid

How does the tear film move?
it's needed?

Courtesy of the lower lid

across most of the extent of the interpalpebral fissure (the lower lid goes up a little, but not much). As it goes down the UL wipes debris off the surface and into the lake. As it goes back up, the LL exerts a capillary attraction force on the aqueous layer.

If the lower lid (LL) isn't really going up, what does it do?
It mainly moves horizontally towards the nose. In doing so, it pushes the tear lake (and the debris it contains) toward the punctas* for removal from the surface.

What is the typical blink rate (blinks/minute) when at rest?

What is the significance of this movement?

We'll answer this shortly

The Tear Film



53

What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?

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--Assists in clearing debris

--Provides a glaze

accurately, the a

What is the typical blink rate (blinks/minute) when at rest?

About 10

Where does the tear film reside?

The bulk of tear

on the lower-lid

How does the tear film move?

it's needed?

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aqueous

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What is the significance of this movement?

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The Tear Film



54

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--Provides a glaze

accurately, the a

What is the typical blink rate (blinks/minute) when at rest?

About 10

*There is a **very** common activity during which the blink rate doubles, to about 20/minute—what is it?*

Where does the tear film spread?

The bulk of tear

on the lower-lid

How does the tear film spread?

it's needed?

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aqueous

layer

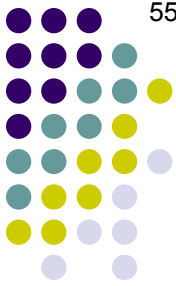
What is the significance of this movement?

We'll answer this shortly

If the lower lid (LL) isn't really going up, what does it do?

It mainly moves horizontally towards the nose. In doing so, it pushes the tear lake (and the debris it contains) toward the punctas* for removal from the surface.

The Tear Film



What roles does the tear film (specifically, the precorneal tear film) play in ocular health and function?

There are three:

--Facilitates diffusion of oxygen to the avascular cornea

--Assists in clearing debris

--Provides a glaze

accurately, the a

Where does the

The bulk of tear

on the lower-lid

How does the t

it's needed?

Courtesy of the

across most of the extent of the

little, but not much). As it goes down the UL wipes debris off the surface and into

the lake. As it goes back up, the LL exerts a capillary attraction force on the

aque

layer

What is the typical blink rate (blinks/minute) when at rest?

About 10

*There is a **very** common activity during which the blink rate doubles, to about 20/minute—what is it?*

Conversation

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The Tear Film



57

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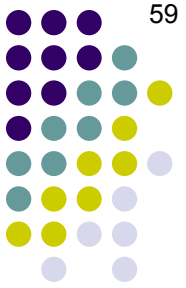
The Tear Film

The tear film is comprised of # basic components.

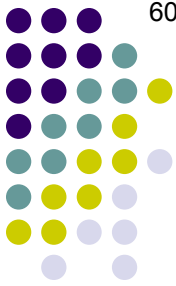


The Tear Film

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The Tear Film



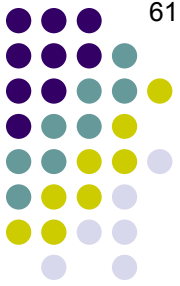
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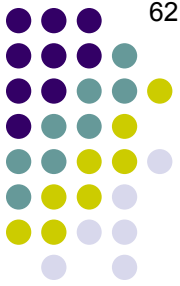
The Tear Film



The tear film is comprised of three basic components. What are they?

- Lipid
- Aqueous
- Mucin

The Tear Film



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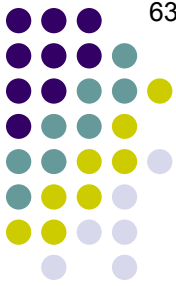
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How are the three components physically related to one another?

The Tear Film



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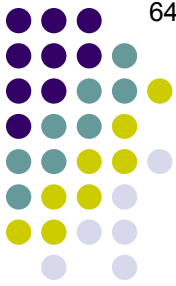
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How are the three components physically related to one another?

The aqueous and mucus components are intermixed into a single, gel-like layer (the ' phase'), which in turn is covered by a lipid layer

The Tear Film



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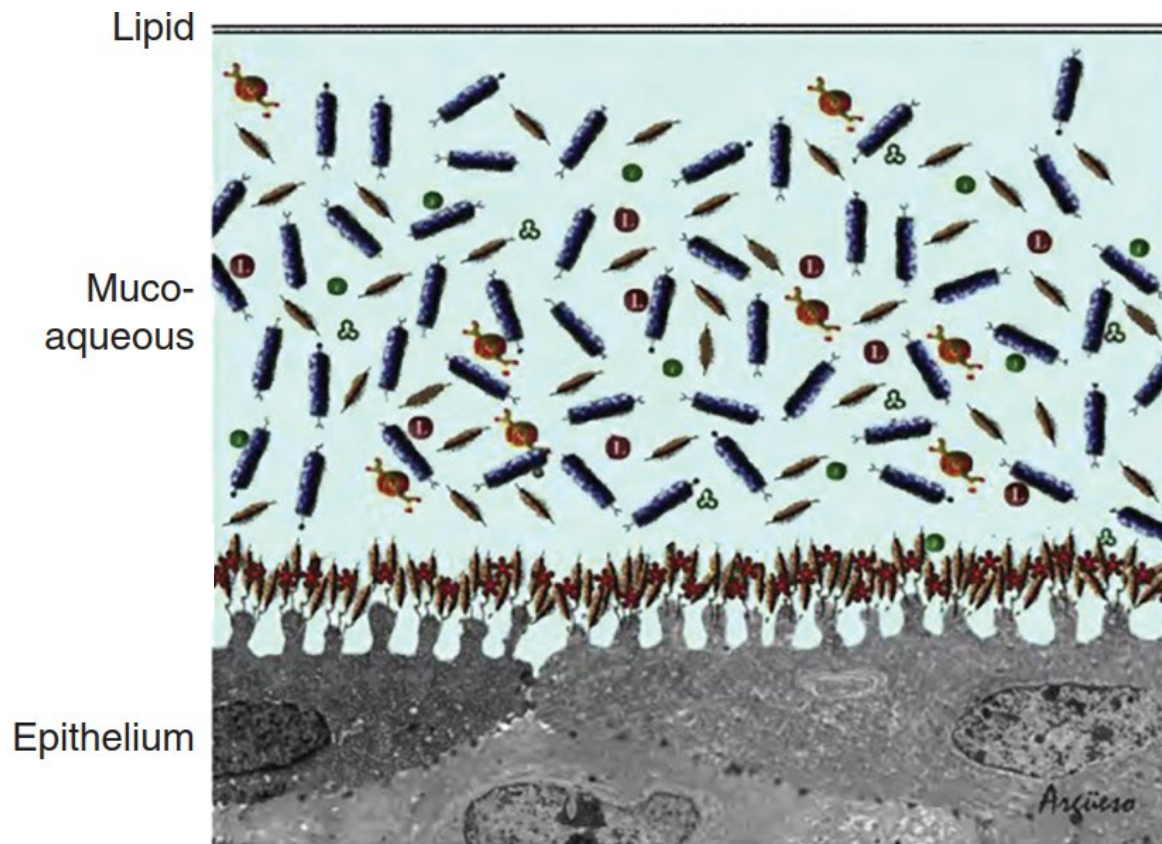
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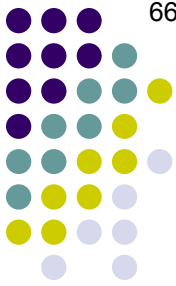
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The aqueous and mucus components are intermixed into a single, gel-like layer (the 'mucoaqueous phase'), which in turn is covered by a lipid layer

The Tear Film



Two-phase model of the tear film. Schematic drawing of the structure of the tear film showing the outer lipid layer and the mucoaqueous layer.



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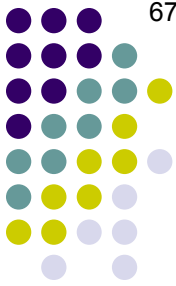
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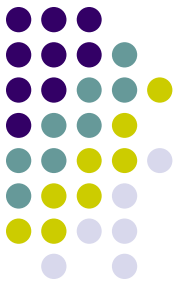
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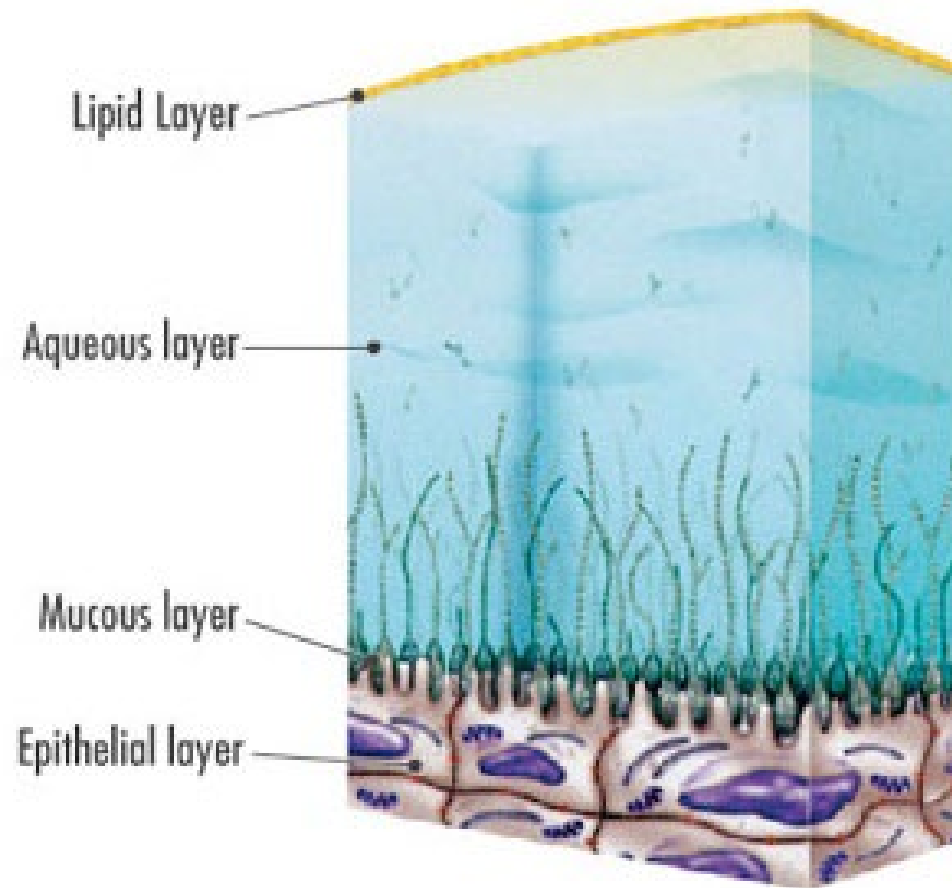
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The idea that the tear film is composed of three separate and distinct layers each comprised of one component, ie, separate mucus, aqueous, and lipid layers

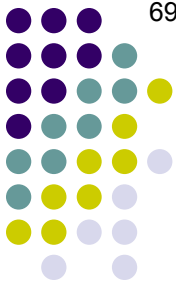
The Tear Film



THE TEAR FILM AND CORNEAL EPITHELIUM LAYER



The *tripartite model* of the tear film



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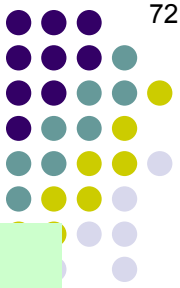
The aqueous and mucus components are intermixed into a single, gel-like layer (the ‘**mucoaqueous phase**’), which in turn is covered by a **lipid layer**

As a result, the current widely accepted conception is that of a **2-phase model** in which a lipid layer overlies a mucocutaneous phase

The tripartite model, which posited separate mucus, aqueous, and lipid layers

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The lipid component/layer makes key contributions to the stability and effectiveness of the tear film—what are they?

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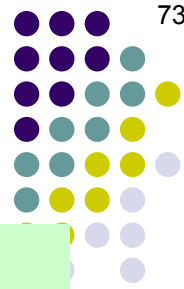
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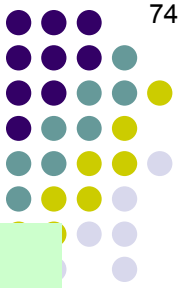
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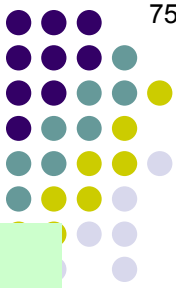
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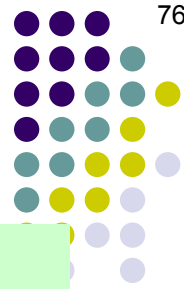
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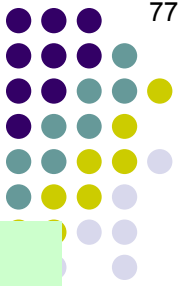
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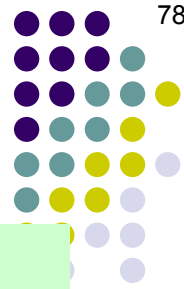
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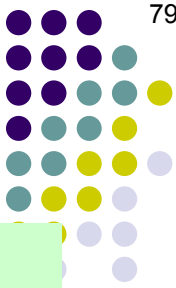
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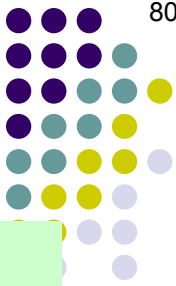
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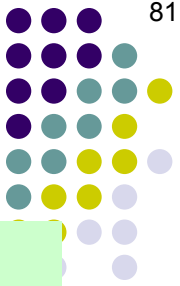
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The meibomian glands

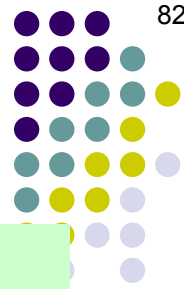
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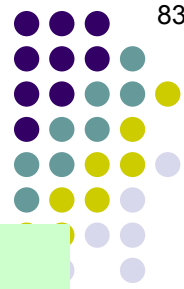
The meibomian glands are embedded within the

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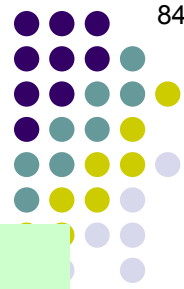
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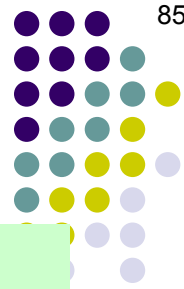
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Upper lid, lower lid, or both?

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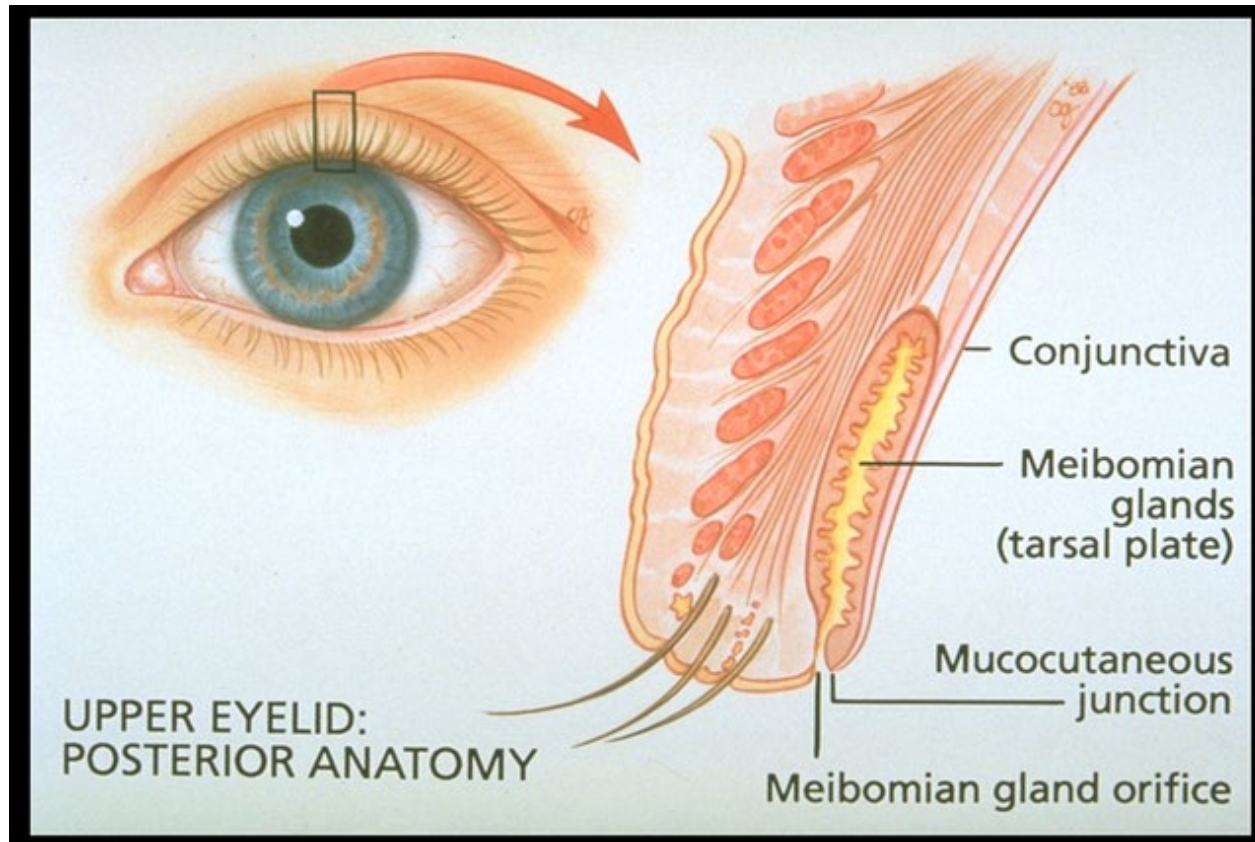
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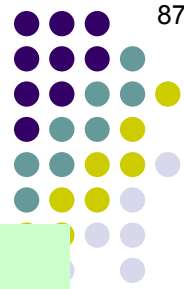
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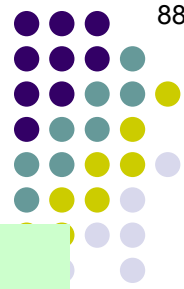
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The product of a meibomian gland is called **duh**

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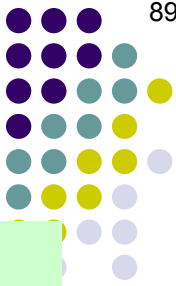
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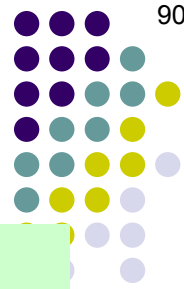
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There are up to twice as many meibomian glands in the **upper vs lower** lids

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While once widely accepted, consensus now is it's incorrect

The Tear Film

Lipid

The lipid component/layer makes key contributions to the stability and effectiveness of the tear film—what are they?

- Inhibit tear film evaporation, thereby keeping it on the eye longer
- Reduce tear film surface tension, thereby keeping it on the eye longer
- Without a lipid layer, surface tension (along with gravity) would pull the tear film down the eye to the lake
- Facilitate visual acuity by providing a smooth refracting surface

Which gland(s) produce the lipids constituting this layer?

The **meibomian glands**

The meibomian glands are embedded within the tarsal plates

The product of a meibomian gland is called *meibum*

There are up to twice as many meibomian glands in the upper lids

How many MGs are we talking about for each lid?

--Uppers:?

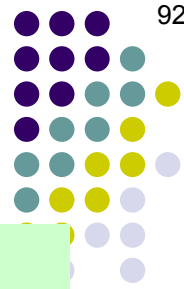
--Lowers:?

(Looking for a range for each)

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How many MGs are we talking about for each lid?

--Uppers: 30-40

--Lowers: 20-30

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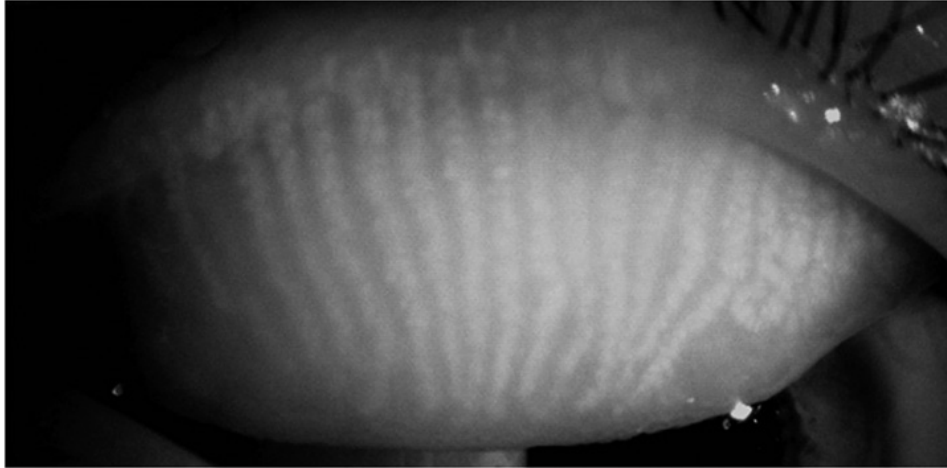
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The Tear Film

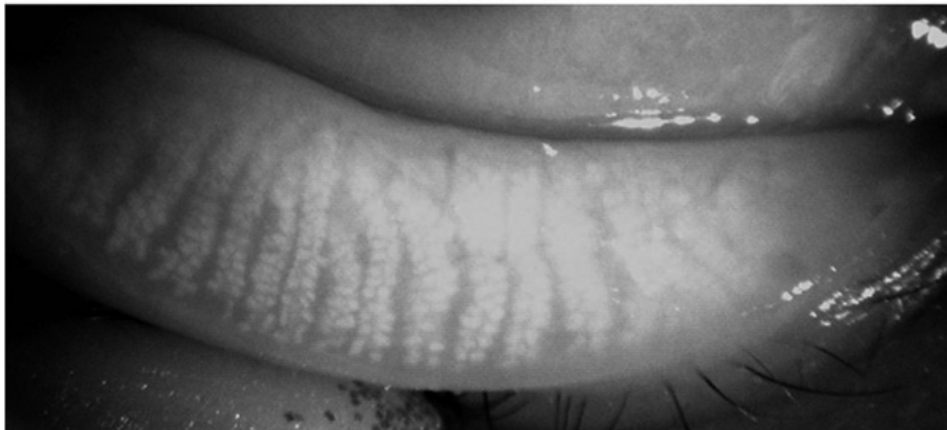


93

Upper lid



Lower lid



Meibomian glands

The Tear Film

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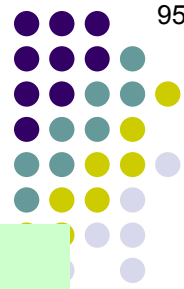
sympathetic?
parasympathetic?
somatic?

system

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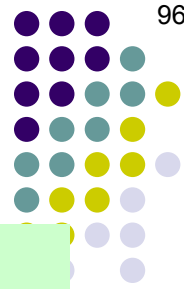
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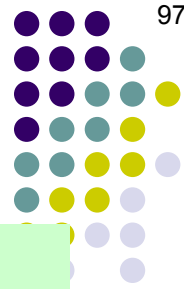
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What role does parasympathetic input play in meibum secretion?

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Recall this from earlier in the set...

(No question yet—keep going)

In addition to moving down (UL) and horizontally (LL), the lids move in another direction of clinical significance—what is it?

Back toward the orbital apex

What is the significance of this movement?

We'll answer this shortly

The Tear Film

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It pulls the tarsal-plate portion of the lids against the globe. In doing so, the meibomian glands get squeezed, causing them to express meibum into the tear lake.

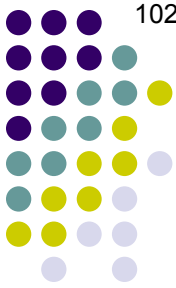
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The Tear Film



The tear film What gland-type secretes the aqueous portion of the tear film? ?

--Lipid

--**Aqueous**

--Mucin

How are the

The aqueous

gel-like layer

a lipid layer

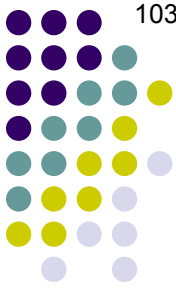
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The idea that the tear film is composed of three separate and distinct layers each comprised of one component, ie, separate mucus, aqueous, and lipid layers

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--Mucin Lots! But we think of them as being in one of two groups:
How are the --?
The aqueous --?
gel-like layer
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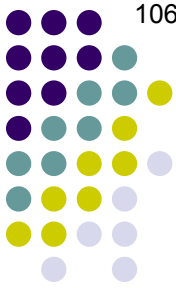
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--The [redacted] lacrimal glands

How are the

The aqueous

gel-like layer

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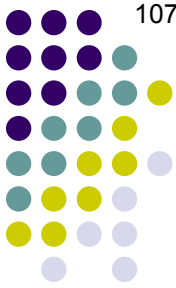
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--The accessory lacrimal glands

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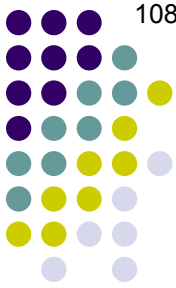
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The tear film

- Lipid
- Aqueous**
- Mucin

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How many lacrimal glands are there (in each orbit)?
Lots! But we think of them as being in one of two groups:

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Are they innervated?
Yes, primarily by nerves of the

sympathetic?
parasympathetic?
somatic?

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The aqueous
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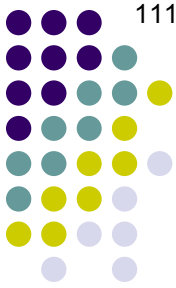
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--The accessory lacrimal glands

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Are they innervated?

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Where is the main lacrimal gland located?

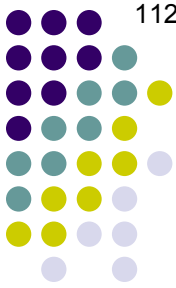
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The idea that the tear film is composed of three layers each comprised of one component: mucin, aqueous, and lipid layers

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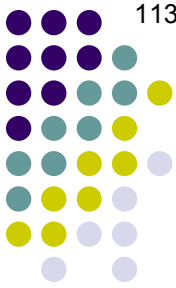
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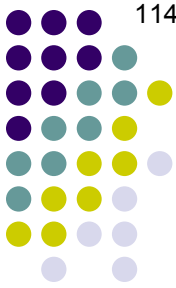
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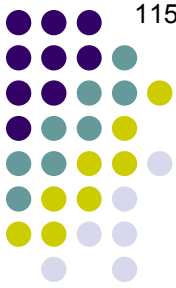
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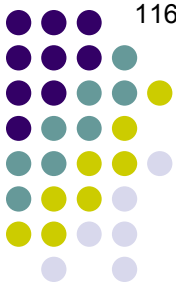
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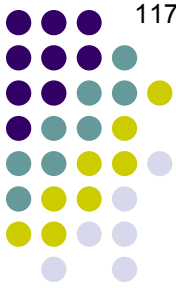
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The lateral horn of the levator aponeurosis

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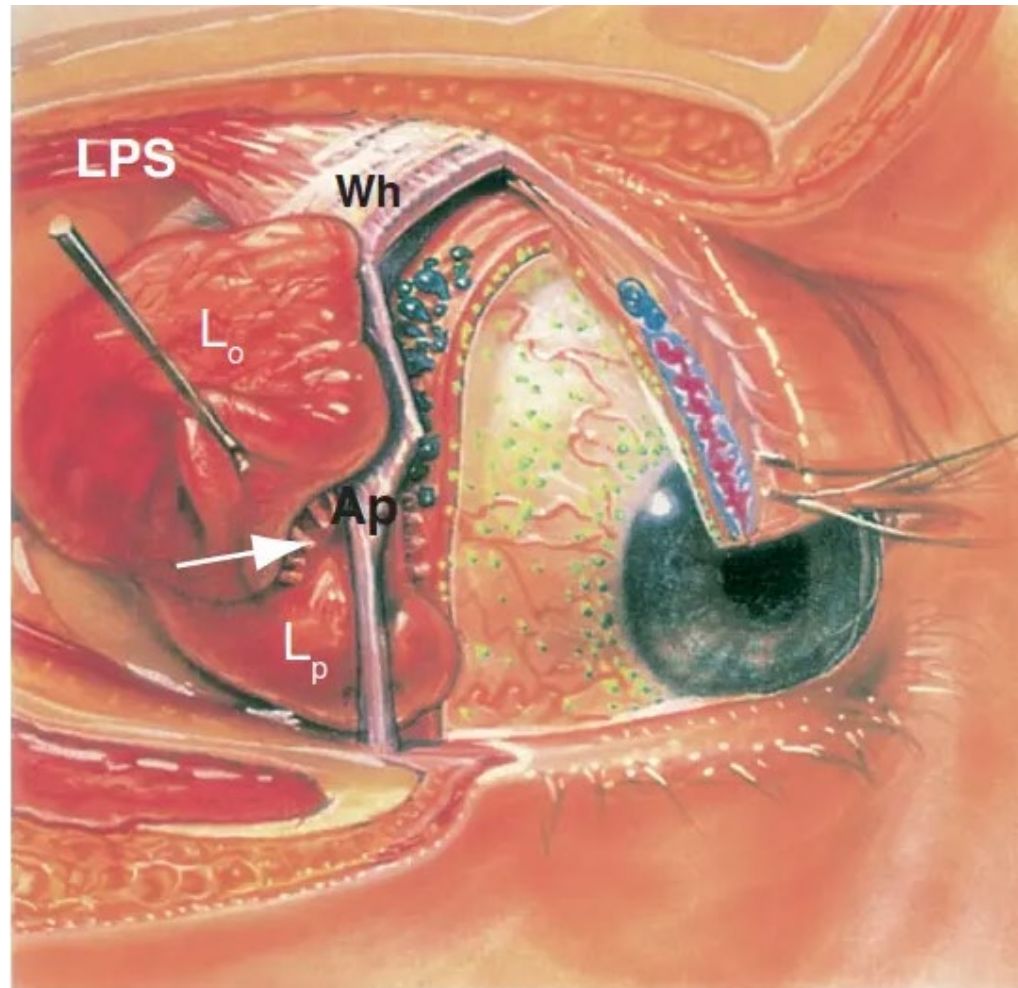
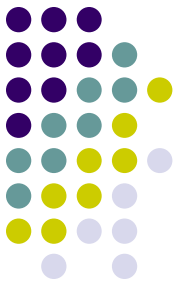
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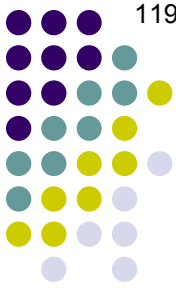
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The Tear Film



The orbital lobe of the lacrimal gland (L_o) and the palpebral lobe of the lacrimal gland (L_p) are separated by the lateral horn of the levator aponeurosis (Ap)
(FYI: LPS = levator palpebralis superioris; Wh = Whitnall's ligament)

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--Glands of



--Glands of



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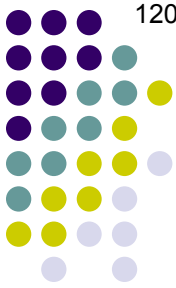
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Lots! But we think of them as being in one of two groups:

--The main lacrimal gland

--**The accessory lacrimal glands**

How are the

The aqueous

gel-like

a lipid

There are two eponymous accessory glands—what are they?

--Glands of Krauss

--Glands of Wolfring

As an

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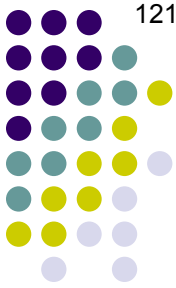
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The Tear Film



The tear film What gland-type secretes the aqueous portion of the tear film? ?

--Lipid

Lacrimal gland

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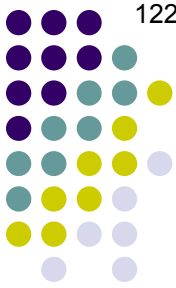
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As an film?

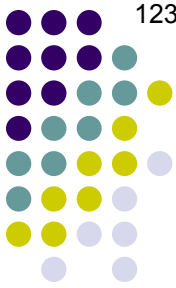
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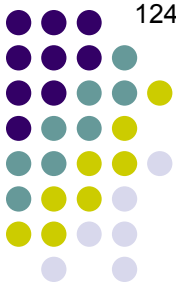
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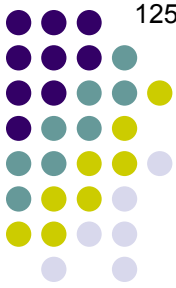
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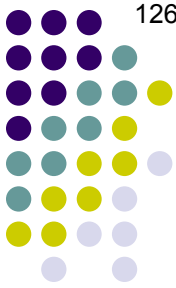
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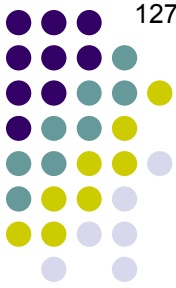
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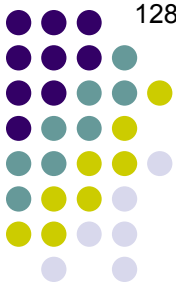
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Are these large, singular structures a la the main lac gland?

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Which is more numerous—glands of Krauss, or of Wolfring?

There are about twice as many glands of [redacted] as there are glands of [redacted]

There

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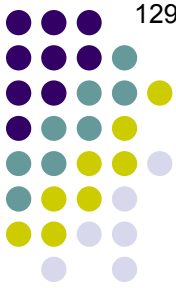
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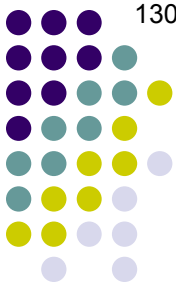
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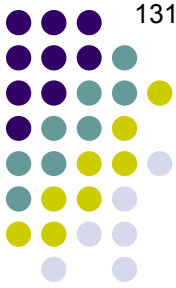
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In addition to secreting its aqueous component, the lacrimal glands contribute important 'microconstituents' of the tear film. What are these?

--?

--?

--?

How are the

The aqueous

gel-like

a lipid

There are two types of lacrimal glands: the main lacrimal gland and the accessory lacrimal glands.

What is the primary location for each?

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system

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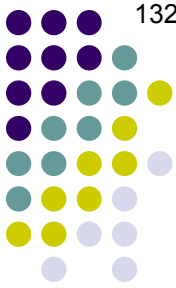
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There

While

ect

The Tear Film



What gland-type secretes the aqueous portion of the tear film?

Lacrimal gland

Aqueous

In addition to secreting its aqueous component, the lacrimal glands contribute important 'microconstituents' of the tear film. What are these?

- Electrolytes
- Solutes
- Proteins

What is the primary location for each?

- Glands of Krauss, found in the fornices
- Glands of Wolfring, found near the tarsal plates

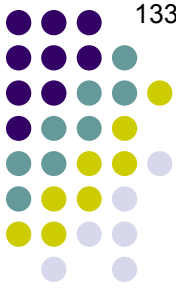
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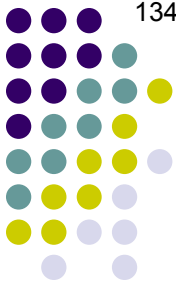
Electrolytes

The aqueous

--Solute

Na⁺ and K²⁺ figure prominently among the tear-film electrolytes. How do their concentrations in the tear film compare to that of serum?

The Tear Film



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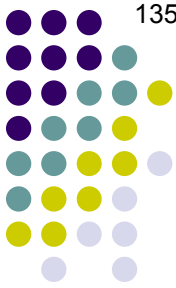
The aqueous --Solute

Na^+ and K^{2+} figure prominently among the tear-film electrolytes. How do their concentrations in the tear film compare to that of serum?

Tear film is about equal to that of serum

one
of
them

The Tear Film



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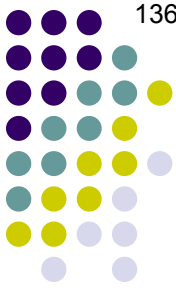
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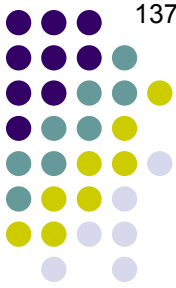
--Solute

Na⁺ and K²⁺ figure prominently among the tear-film electrolytes. How do their concentrations in the tear film compare to that of serum?

Tear film Na⁺ is about equal to that of serum, **whereas tear film K²⁺ is about** **what it is in serum**

twice vs
half

The Tear Film



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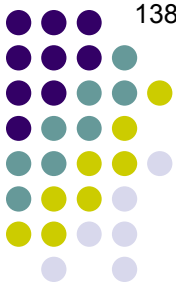
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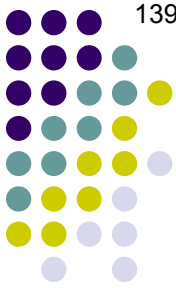
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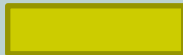
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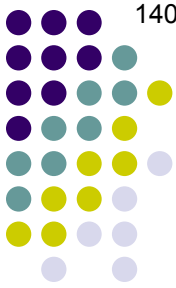
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To regulate tear-film



The Tear Film



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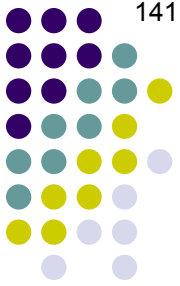
Tear film Na⁺ is about equal to that of serum, **whereas tear film K²⁺ is about twice what it is in serum**

What is the primary role of electrolytes in the tear film?

To regulate tear-film osmolarity

The Tear Film

141



In a sentence or two, what is osmolarity?

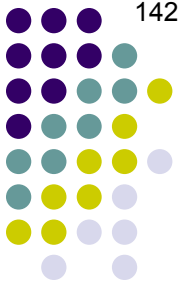
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e these?

To regulate tear-film **osmolarity**

The Tear Film

142



In a sentence or two, what is osmolarity?

The concentration of solutes in a fluid—literally, the number of solute-particles in a given amount of solvent (fluid)

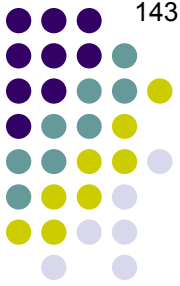
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To regulate tear-film

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The Tear Film



In a sentence or two, what is osmolarity?

The concentration of solutes in a fluid—literally, the number of solute-particles in a given amount of solvent (fluid). With regard to the tear film, it is expressed in

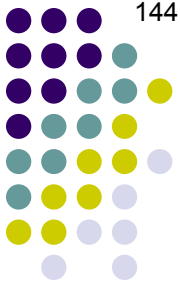


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To regulate tear-film **osmolarity**

The Tear Film



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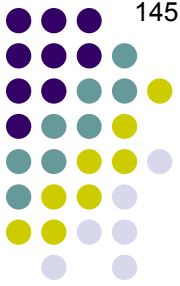
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To regulate tear-film **osmolarity**

The Tear Film



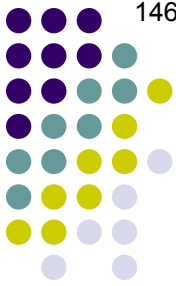
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What is normal tear osmolarity value? (It's a range.)

To regulate tear-film **osmolarity**

The Tear Film



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296 ± 10

To regulate tear-film **osmolarity**

The Tear Film



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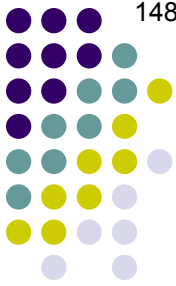
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In DES, do you expect tear osmolarity to be higher, or lower than normal?

To regulate tear-film **osmolarity**

The Tear Film



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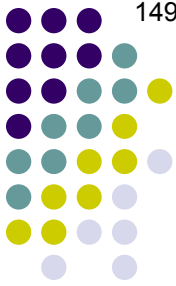
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To regulate tear-film **osmolarity**

The Tear Film



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In DES, do you expect tear osmolarity to be higher, or lower than normal?

Higher. Think of it this way: If the tear film is inadequate—if there's not enough fluid there—it means the solute-particles are dissolved in a smaller amount of fluid, which in turn means the *concentration* of the particles will be higher.

To regulate tear-film **osmolarity**

The Tear Film

150



In a sentence or two, what is osmolarity?

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What is normal tear osmolarity value? (It's a range.)

296 ± 10

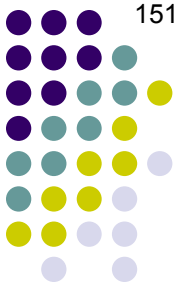
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What tear-osmolarity value is widely acknowledged as indicative of at least mild DES?

To regulate tear-film **osmolarity**

The Tear Film



In a sentence or two, what is osmolarity?

The concentration of solutes in a fluid—literally, the number of solute-particles in a given amount of solvent (fluid). With regard to the tear film, it is expressed in milliosmoles per liter (mOsm/L).

What is normal tear osmolarity value? (It's a range.)

296 ± 10

In DES, do you expect tear osmolarity to be higher, or lower than normal?

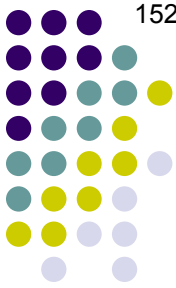
Higher. Think of it this way: If the tear film is inadequate—if there's not enough fluid there—it means the solute-particles are dissolved in a smaller amount of fluid, which in turn means the *concentration* of the particles will be higher.

What tear-osmolarity value is widely acknowledged as indicative of at least mild DES?

308

To regulate tear-film **osmolarity**

The Tear Film



The tear film What gland-type secretes the aqueous portion of the tear film?

--Lipid

Lacrimal gland

Aqueous

--Mucin

In addition to secreting its aqueous component, the lacrimal glands contribute important 'microconstituents' of the tear film. What are these?

How are the

Electrolytes

The aqueous

--Solute

Na^+ and K^{2+} figure prominently among the tear-film electrolytes. How do their concentrations in the tear film compare to that of serum?

Tear film Na^+ is about equal to that of serum, whereas tear film K^{2+} is about twice what it is in serum

What is the primary role of electrolytes in the tear film?

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Why is tear-film osmolarity important?

Next Q

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Because of its associated **two-words** gradient

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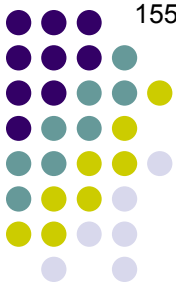
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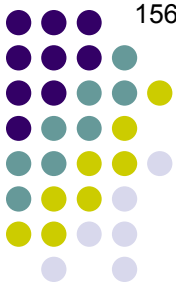
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Because of its associated osmotic-pressure gradient. The corneal epi cell membranes are freely permeable to water but not solutes; ie, they are semi-permeable. Recall the rule regarding semi-permeable membranes:

three words

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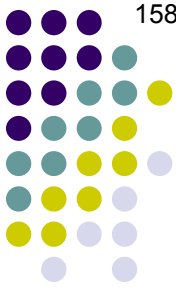
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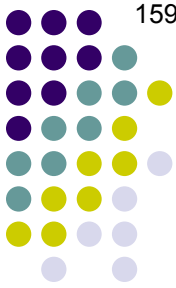
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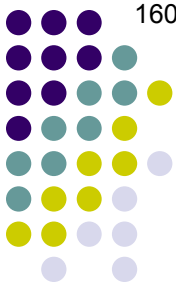
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The Tear Film



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Lacrimal gland

Aqueous

--Mucin

In addition to secreting its aqueous component, the lacrimal glands contribute to the tear film these?

How are the

The aqueous

gel-like

a lipid

--Electrolyte

Solutes

--Proteins

There are

What is the primary

--Glands of Krauss, found in the fornices

--Glands of Wolfring, found near the tarsal plates

As an

The ide

layers

aqueous

Are these large, singular structures a la the main lac gland?

No, they are two sets of (much smaller) glands distributed throughout the orbit

Which is more numerous—glands of Krauss, or of Wolfring?

There are about twice as many glands of Krauss as there are glands of Wolfring (ie, 2/3 Krauss, 1/3 Wolfring)

There

While

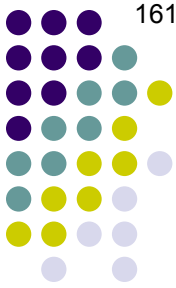
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ucus,

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The Tear Film



What gland-type secretes the aqueous portion of the tear film?

Lacrimal gland

Aqueous

In addition to secreting its aqueous component, the lacrimal glands contribute to the tear film by secreting:

--Electrolytes

Solutes

--Proteins

What are the main solutes in the tear film?

The usual suspects: Glucose, lactate, the amino acids, etc.

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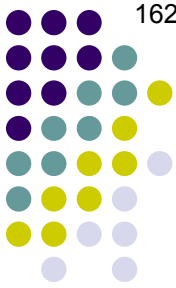
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The Tear Film



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Lacrimal gland

Aqueous

In addition to secreting its aqueous component, the lacrimal glands contribute to the tear film by secreting:

Solutes

What are the main solutes in the tear film?

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What is the relationship between solute concentrations in the tear film and their respective concentrations in serum?

What is the primary type of lacrimal gland?
--Glands of Krauss, found in the fornices
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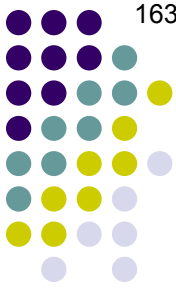
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Lacrimal gland

Aqueous

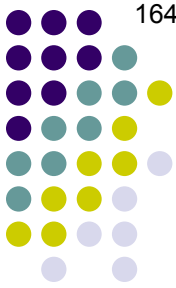
Solutes

What are the main solutes in the tear film?

The usual suspects: Glucose, lactate, the amino acids, etc.

What is the relationship between solute concentrations in the tear film and their respective concentrations in serum?
They are roughly equivalent

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Aqueous

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How are the

--Electroly

What is the primary protein on the tear film?

The aqueous

--Solute

gel-like

There

Proteins

a lipid

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As an

film?

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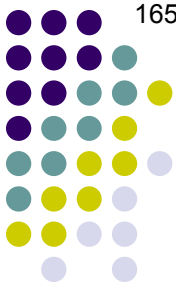
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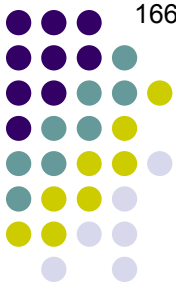
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Immunoglobulin, specifically

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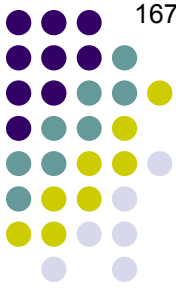
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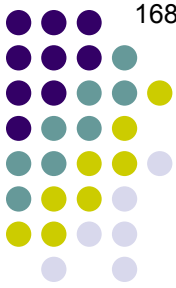
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Is it just hanging out in the tear film, or does it contribute to local host-defenses?

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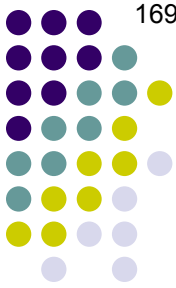
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What is the chief function of the mucin component of the mucoaqueous layer?

How are

The aqueous

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The idea

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aqueous

There is

While once widely accepted, consensus now is it's incorrect



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*aka membrane- *spanning* , membrane- *anchored* , and membrane- *tethered*



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Facilitating surface wetting by transforming the epithelial surface from a hydrophobic to a hydrophilic state

There are two types of mucin present in the tear film and on the ocular surface—what are they?

--Secreted mucins

--Membrane-bound* mucins

How are

The aqueous

gel-like layer

a lipid layer

Which are found in the mucoaqueous layer/gel?

Secreted

As an as

The idea

layers each

aqueous

Which cells are the chief producers of the secreted mucins?

Goblet cells located in the conjunctival epithelium

There is

While once widely accepted, consensus now is it's incorrect

The 'membrane bound' mucins—to which membrane(s), ie, what cell types and locations, are they bound?



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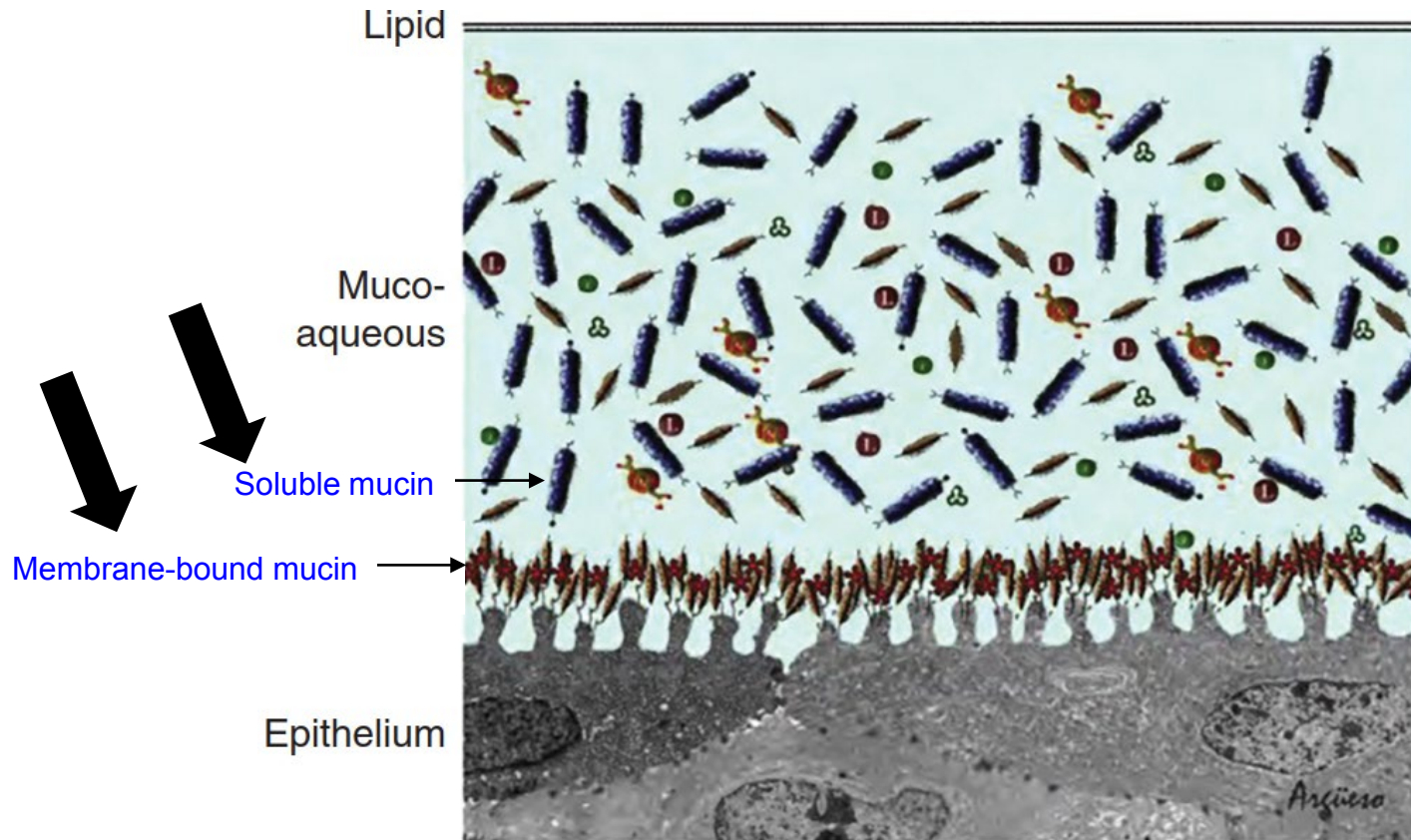
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The epithelia of the cornea and conj

The Tear Film



We saw this depiction of the *two-phase model of the tear film* earlier in the set...But are now ready to note the presence and location of **soluble mucins** (found in the mucoaqueous layer of the tear film) and **membrane-bound mucins**

The Tear Film



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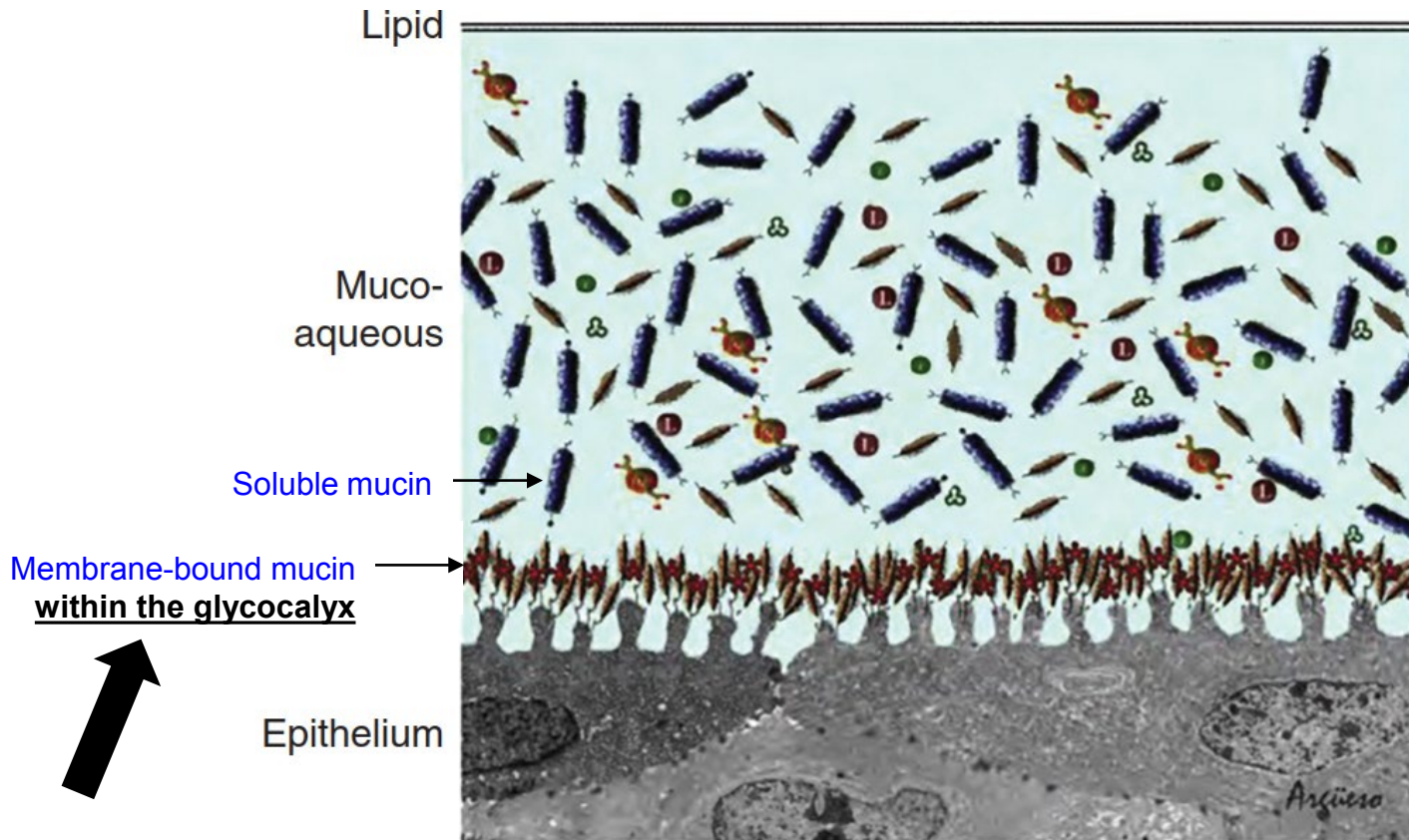
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As always, nature finds a way. First, the ocular surface isn’t ‘naked;’ rather, it is coated by a filamentous gel-like structure called the *glycocalyx*. Glycocalyxes are common throughout nature (eg, bacterial capsules are a glycocalyx) and on multiple cell lines in humans. They serves many purposes related to cell-cell recognition and communication, host defense, etc. In ocular-surface epi cells, the membrane-bound mucins constitute a sizable component of the glycocalyx.

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The Tear Film

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