

THIS MONTH'S BLINK

Christmas Tree Cataract

A 69-year-old man complained of blurred vision with no relevant medical history. He also mentioned that he needed to get new spectacle lenses, as it had been 3 years. His best-corrected visual acuity determined by the Snellen scale was 20/25 in both eyes. The photograph shows polychromatic and highly reflective, needle-shaped opacities in the left lens. Christmas tree cataract is typically idiopathic or associated with myotonic dystrophy. Because the cataract did not cause a significant decrease in vision, it was not removed but monitored for progression.

WRITTEN BY INÊS COUTINHO, MD, CRISTINA SANTOS, MD, AND MANUELA BERNARDO, MD, HOSPITAL PROF. DOUTOR FERNANDO DA FONSECA, AMADORA, PORTUGAL. PHOTO BY INÊS COUTINHO, MD, HOSPITAL PROF. DOUTOR FERNANDO FONSECA, AMADORA, PORTUGAL.

