Contents

Foreword xi
Preface xiii

Part I
Evaluation and Preparation  1

Chapter 1
Patient Selection  3
Maria M. Aaron, MD
Criteria for Surgical Intervention  3
Factors That Affect Surgical Risk  4
Ethical Considerations  7
Implications of the Surgeon’s Experience  8

Chapter 2
Preparation of the Patient  11
Rebecca D. Sarran, MD
Hreem Patel, MD
Jack A. Cohen, MD
Preparations in the Office  11
Process in the Operating Room  13

Chapter 3
Preparation of the Surgeon  17
Alla Goldberg, MD
Eric R. Holz, MD
Familiarization  17
Understanding the Planned Procedure  18
Knowing the Tools  18
Physical Factors That Affect the Surgeon  18
Hand Preparation  20
Operating Room Environment  21

Chapter 4
Informed Consent  25
Kian Eftekhar, MD
Paul J. Tapino, MD
Importance of Informed Consent  25
Elements of Informed Consent  26
Obtaining Informed Consent:
Challenges for Residents  27
Summary  31

Chapter 5
Simulation in Surgical Training  35
William G. Gensheimer, MD
Yousuf M. Khalifa, MD
Wet Laboratory  35
Intraocular Simulation  36
Virtual Reality  40

Part II
Surgical Logistics  43

Chapter 6
The Importance of Ergonomics for Ophthalmologists  45
Sandra M. Woolley, PhD
Anna S. Kitzmann, MD
Ergonomics and Ergonomic Risk Factors  45
Adopting Ergonomically Friendly Practices  46
Reducing the Risk of Developing Musculoskeletal Disorders  59

Chapter 7
The Operating Microscope and Surgical Loupes  63
Norman A. Zabriskie, MD
Daniel I. Bettis, MD
Advantages and Disadvantages of Magnification  63
Patient Positioning  64
Surgeon Positioning  68
Positioning the Bed  70
Stabilizing the Hands  71
Microscope Function  76
Surgical Loupes  80
Chapter 8  
Surgical Instruments and Blades  85  
Robert B. Dinn, MD  
Jay M. Lustbader, MD  
Surgical Instruments  85  
Other Specialized Surgical Instruments  104  
Surgical Blades  106  

Chapter 9  
Suture Materials and Needles  111  
Jennifer Lee, MD  
Keith D. Carter, MD  
Characteristics of Sutures  111  
Classification of Sutures  111  
Needles  115  

Chapter 10  
Lasers  119  
Neeti Parikh, MD  
Jonathan D. Walker, MD  
Laser Physics  119  
Laser–Tissue Interactions  120  
Wavelength  123  
Controlling the Energy  124  
Putting the Variables Together  125  
Laser Safety  127  
Patient Issues  128  
New Directions  129  

Chapter 11  
ACGME Requirements for Surgical Training  133  
Bryan J. Winn, MD  
ACGME Case Logs  133  
Common Pitfalls  135  
Tips for Maintaining an Accurate Surgical Log  136  
Beyond Residency and the ACGME  137  
Milestones  137  

Part III  
Intraoperative Considerations  141  

Chapter 12  
Aseptic Technique and the Sterile Field in the Operating Room  143  
Ensa K. Pillow, MD  
John Russell Burks, MD  
Skin Preparation  143  
Application of Antiseptic Agents  144  
Hand Scrubbing  144  
Gowning and Gloving  147  
Draping  148  
Sterile Field  148  

Chapter 13  
Ophthalmic Anesthesia  153  
Steven J. Gedde, MD  
Yunhee Lee, MD, MPH  
Sedation  153  
Local Anesthetic Agents  154  
Regional Anesthetic Agents  155  
Local Anesthesia  157  
Regional Anesthesia  158  
General Anesthesia  163  
Facial Nerve Blocks  164  
Complications of Ophthalmic Anesthesia  165  

Chapter 14  
Hemostasis  171  
J. Paul Dieckert, MD, MBA  
Prevention  171  
Heating  171  
Vasoconstriction  173  
Biochemical Enhancement of Hemostasis  173  
Mechanical Tamponade  174  
Embolization  174  

Chapter 15  
Suturing and Knot Tying  177  
Edward J. Wladis, MD  
Paul D. Langer, MD  
Simple Square Knot  177  
Basic Suturing Principles  179  
Common Suturing Techniques  180  

Chapter 16  
Intraocular Fluids  187  
James P. Dunn, MD  
Ophthalmic Viscosurgical Devices  187  
Irrigating Fluids  191  
Mydriatics and Miotics  192  
Anesthetics  193  
Corticosteroids, Antibiotics, and Antifungals  194  
Capsular Staining Agents  195
Vascular Endothelial Growth Factor Antagonists 195
Compounding Intraocular Drugs 196

Chapter 17
Patient Safety Issues 199
Andrew G. Lee, MD
Claudia M. Prospero Ponce, MD
Infection Prophylaxis 199
Surgery on the Incorrect Eye 199
Incorrect Intraocular Lens Insertion 202
Minimizing Medication Errors: Communication About Drug Orders 202
Preventing Surgeon-Related Fire in the Operating Room 205

Part IV
Postoperative Considerations 213

Chapter 18
Postoperative Management 215
Dmitry Pyatetsky, MD
Nicholas J. Volpe, MD
Postoperative Instructions 215
Timing of Postoperative Care 217
Transition of Care 219
Focus of the Examination 220
Pain Management 221
Management of Complications 222

Chapter 19
The Healing Process 229
Casey Mickler, MD
Frank Moya, MD
Peter A. Quiros, MD
Healing by Intention 229
The Process of Healing 230
Wound Healing in Dermal/Conjunctival Tissue 233
Corneal Wound Healing 236
Scleral Wound Healing 239
Uveal Wound Healing 240
Modifying Wound Healing 240
Wound Healing Enhancers 242
The Ultimate Goal 243

Chapter 20
Dressings 247
David K. Wallace, MD, MPH
Shaohui Liu, MD, PhD
Advantages and Disadvantages of Postoperative Dressings 247
Indications 248
Supplies 248
Technique for Dressing Placement 250
Postoperative Instructions 252
Dressing Removal 253

Chapter 21
Handling of Ocular Tissues for Pathology 255
Mahendra K. Rupani, MD
Christa Soekamto, MD
Anvesh C. Reddy, MD
Preoperative Planning, Cryosection, and Routine Handling of Specimens 255
Supplies and Equipment, Requisitions 256
Labeling of Specimen Containers 258
Specimen Requisitions 258
Transportation 259
Frozen Sections 259
Pearls for Handling of Routine Specimens 261
Special Procedures 265
Gross Specimens Only 266

Chapter 22
Complications and Their Consequences 269
Sarah W. DeParis, MD
M. Reza Vagefi, MD
Care of the Patient 269
Medicolegal Implications of an Error 271
Care of the Surgeon in the Event of an Error 273

Appendix A
Preferred Responses, Chapter Self-Assessment Tests 277

Index 279