

## Hol up...Before we start talking about sensory adaptations to strabismus, let's review the basic principles of binocular vision





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(We'll unpack the notion of 'corresponding retinal areas' shortly)

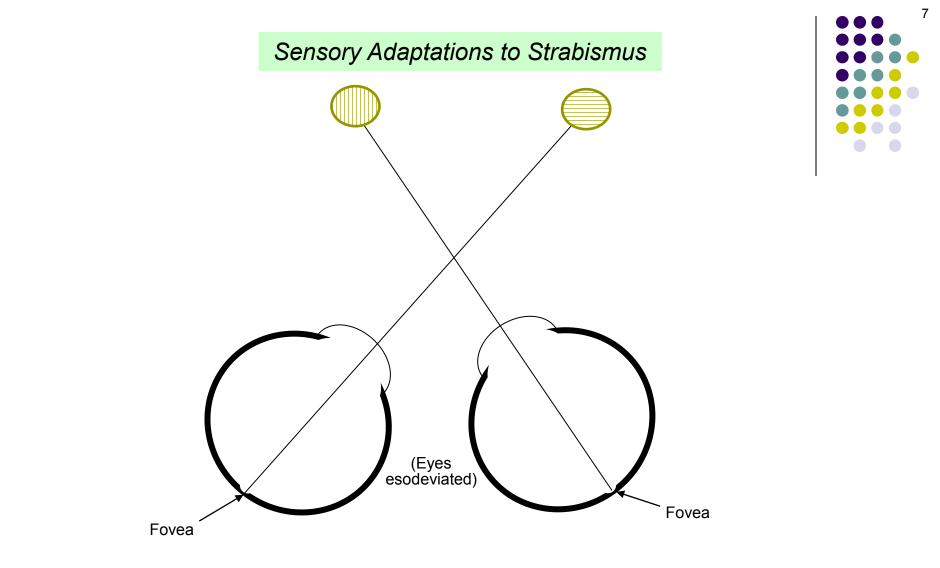


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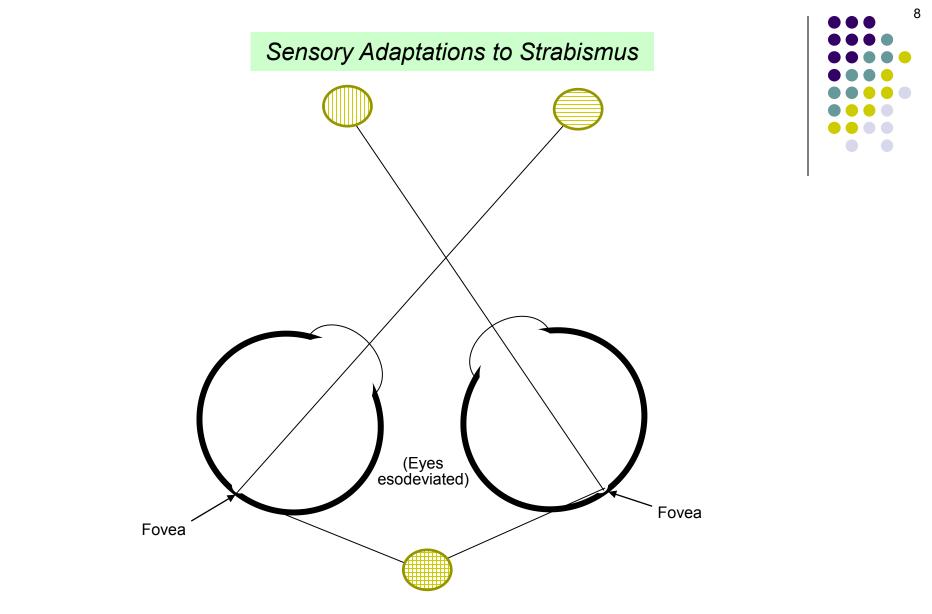




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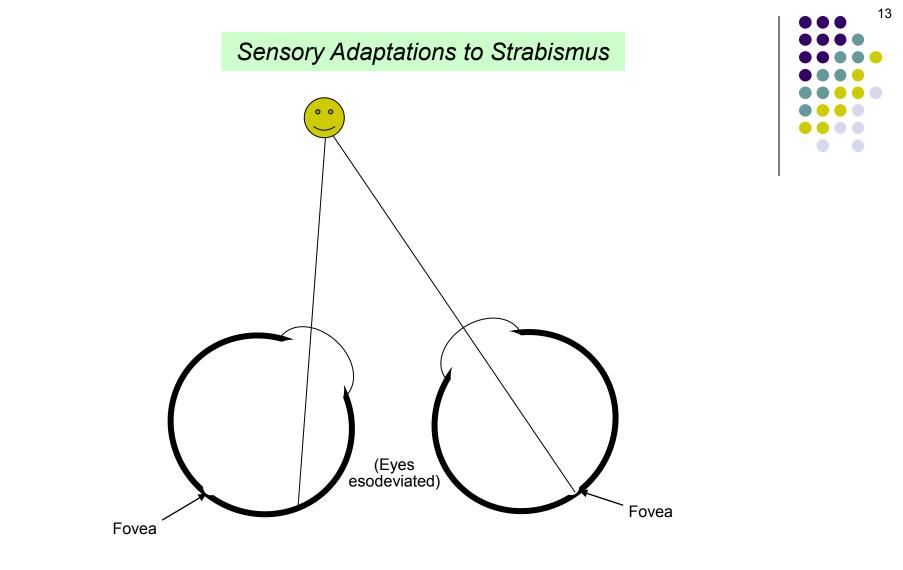


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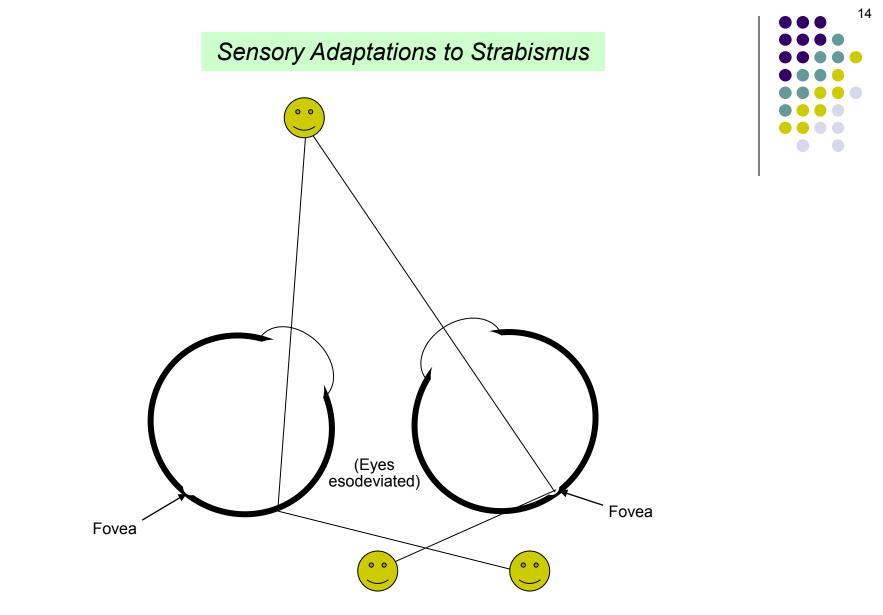




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- What does it mean to say retinal locations in the two eyes *correspond*? It means the two locations have the same subjective visual direction.
  - If all corresponding retinal areas in the two eyes are symmetrically located (i.e., are the same retinal distances and directions from their respective foveas), the two retinas are said to be in words 1 and 2 of 3

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abbreviation of prev 3 words

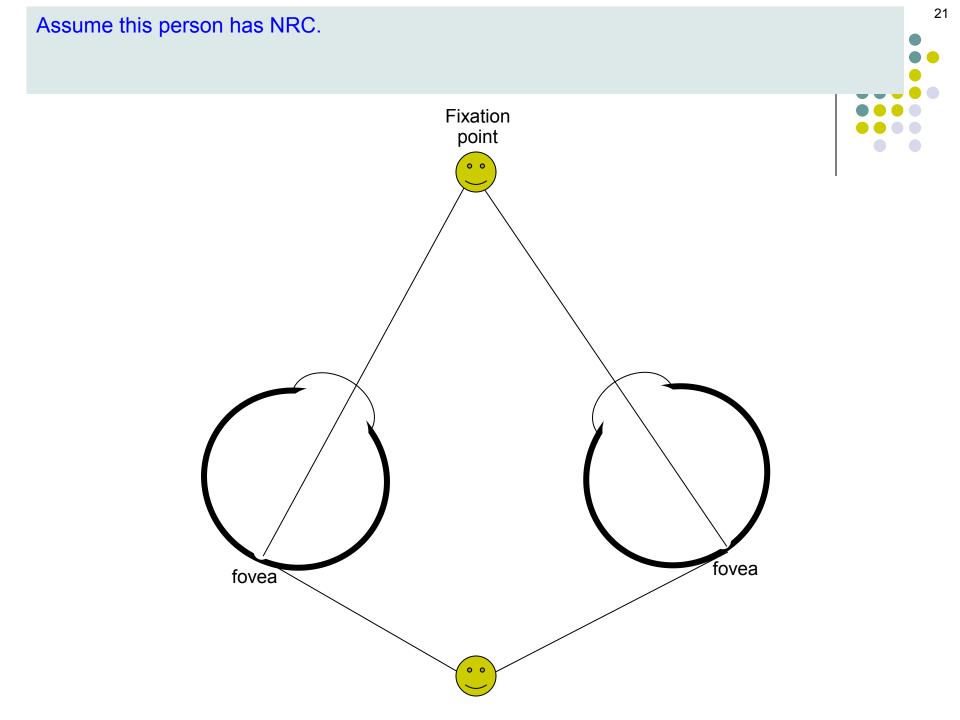




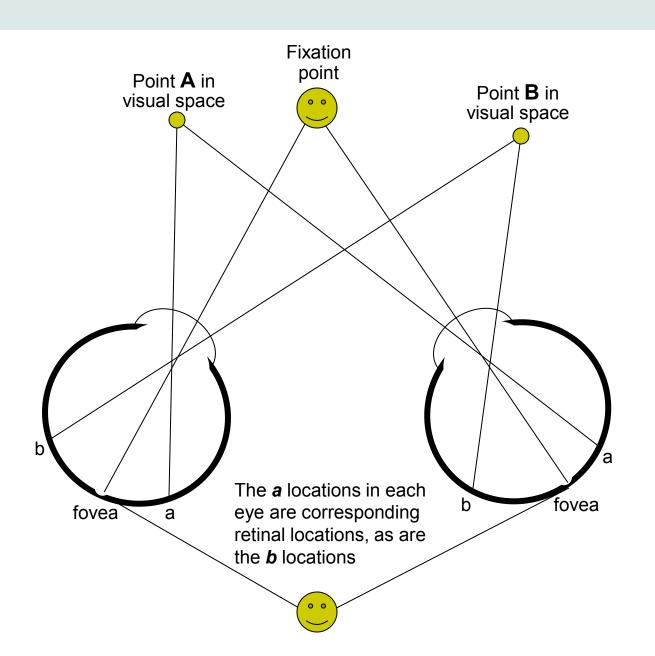
- What does it mean to say retinal locations in the two eyes *correspond*? It means the two locations have the same subjective visual direction.
  - If all corresponding retinal areas in the two eyes are symmetrically located (i.e., are the same retinal distances and directions from their respective foveas), the two retinas are said to be in *normal retinal correspondence* (NRC).



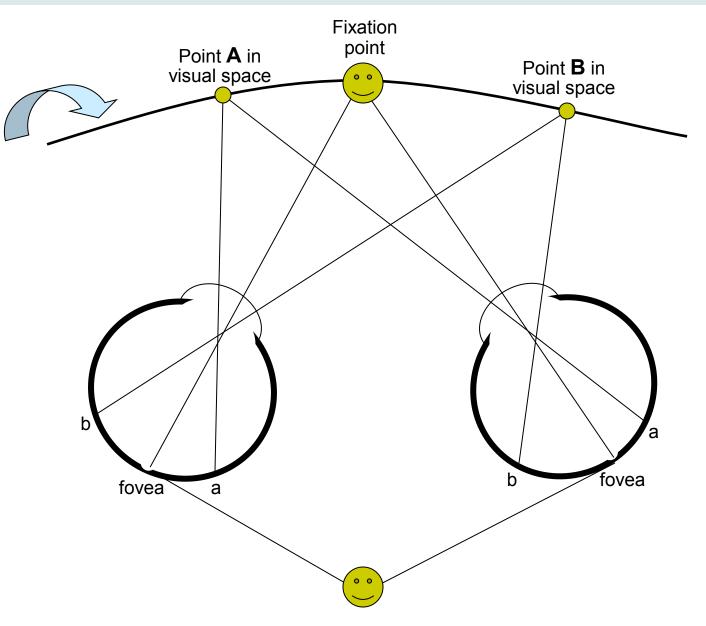
## Continuing on with our review of the principles underlying binocular vision, let's look at those related to stereopsis

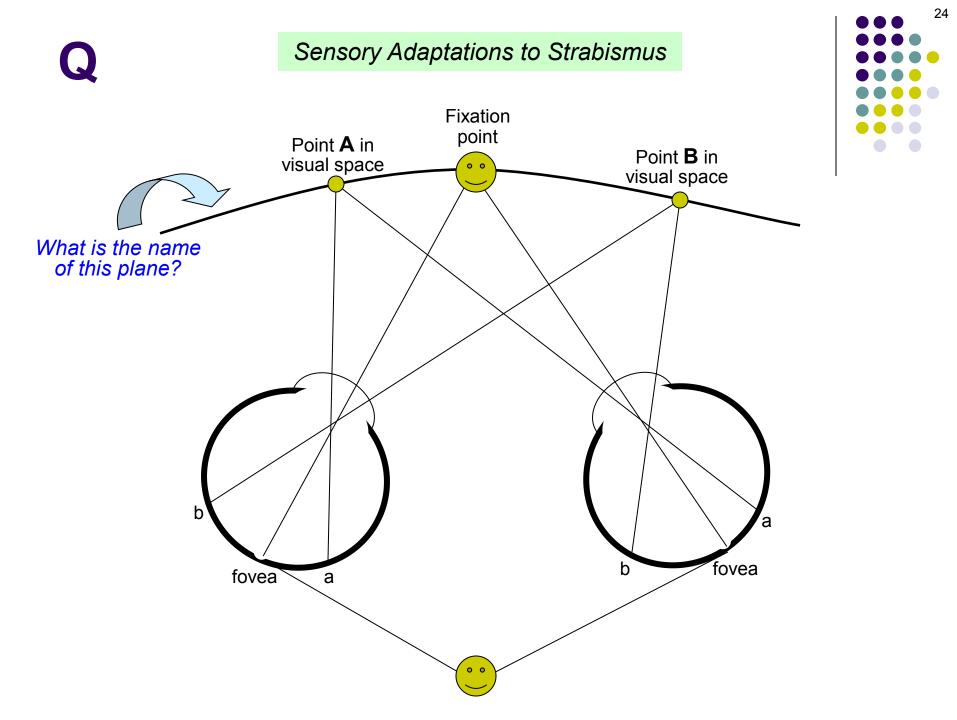


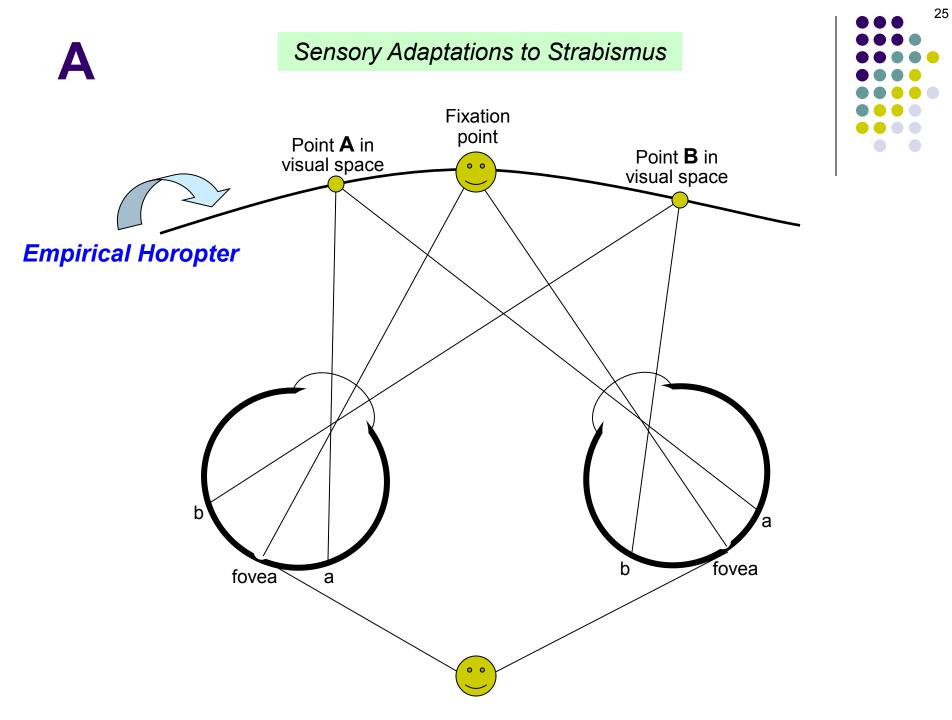
Assume this person has NRC. For a given fixation point, we can identify a set of points in visual space that stimulate corresponding retinal areas.

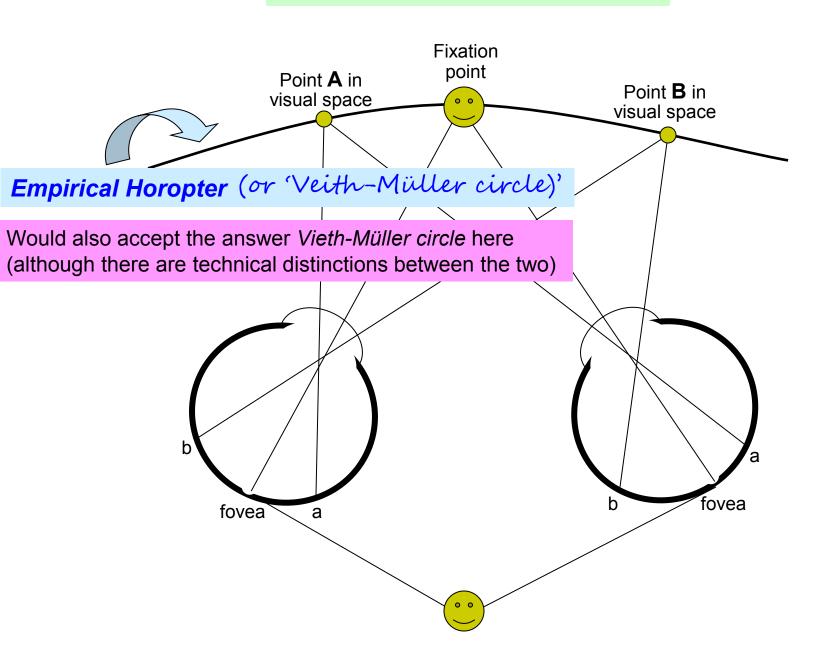


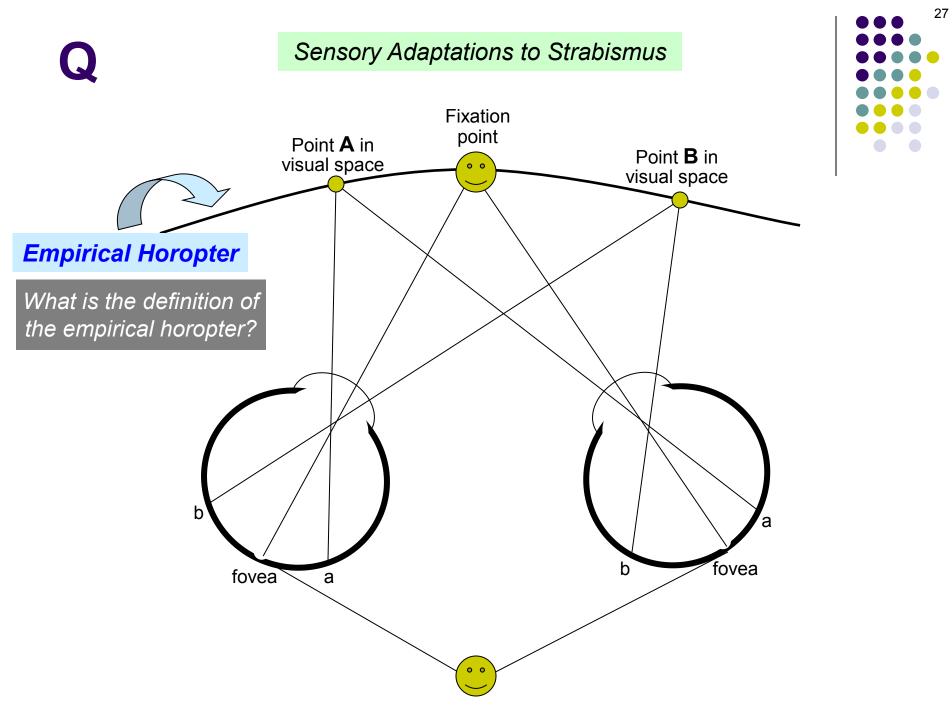
Assume this person has NRC. For a given fixation point, we can identify a set of points in visual space that stimulate corresponding retinal areas. If we mapped them out, we would find these points form a curved plane in front of the pt.

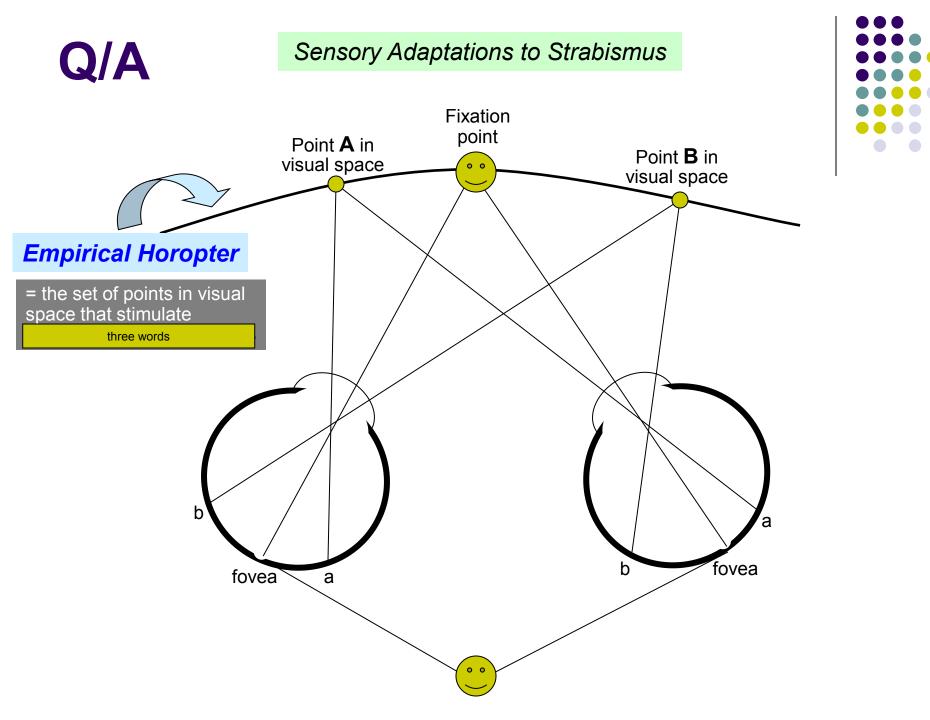


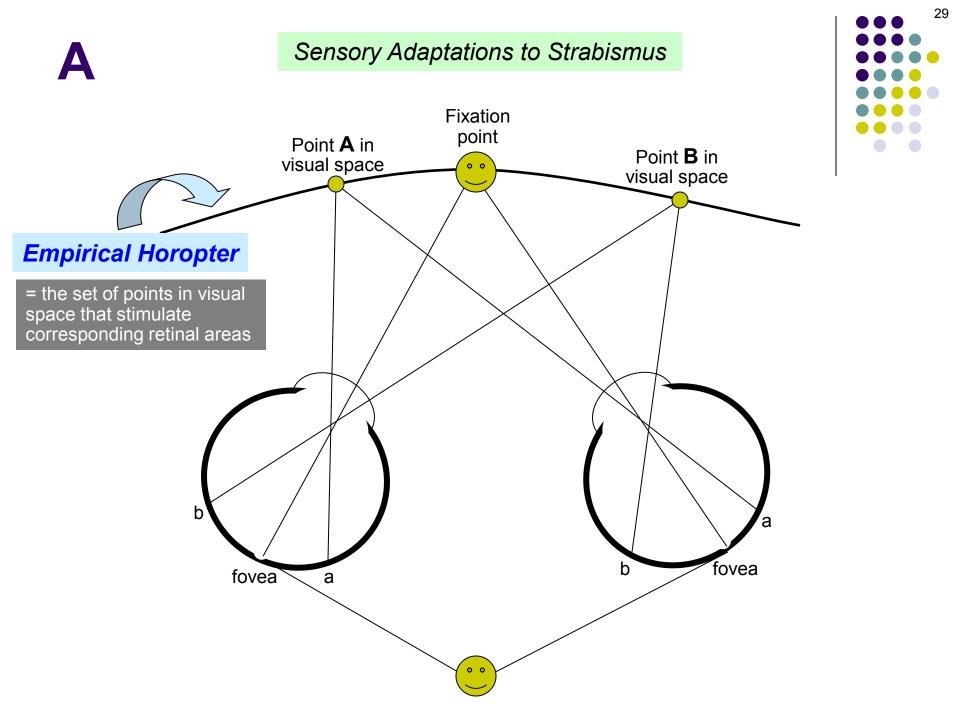


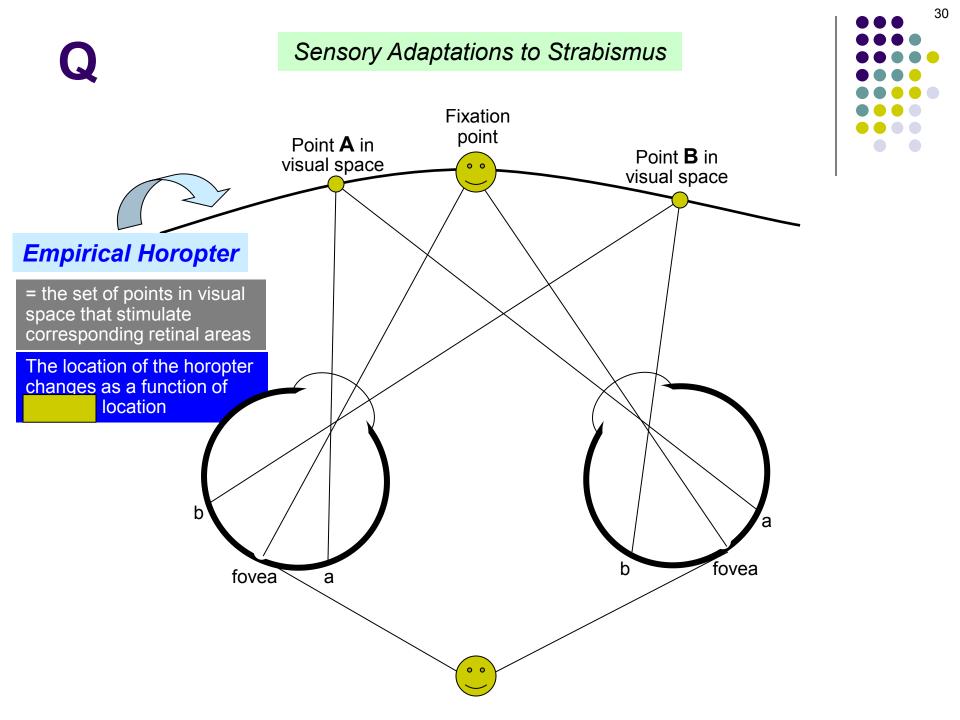


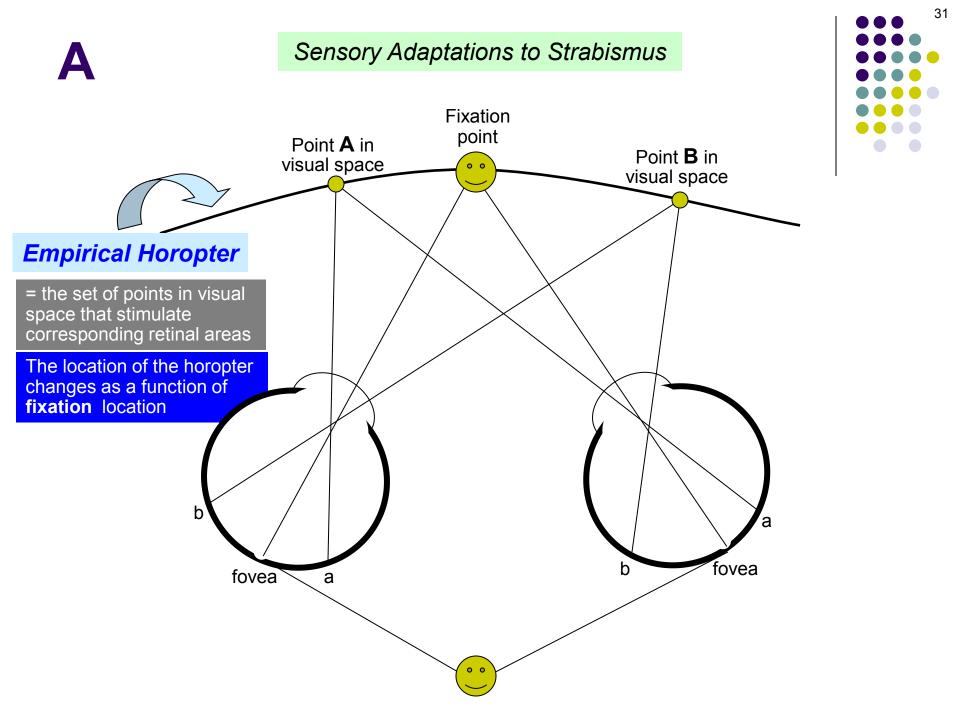


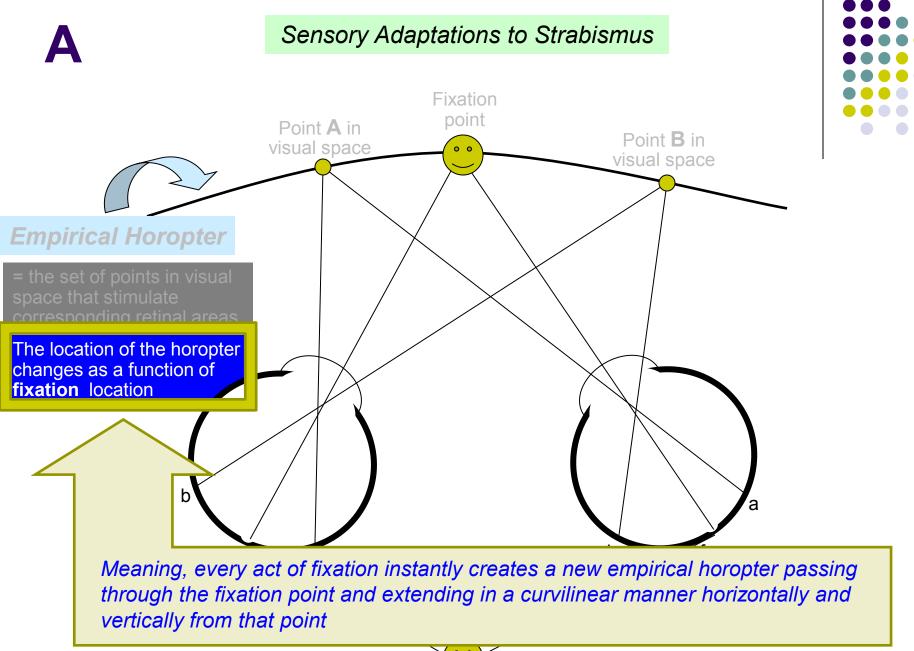


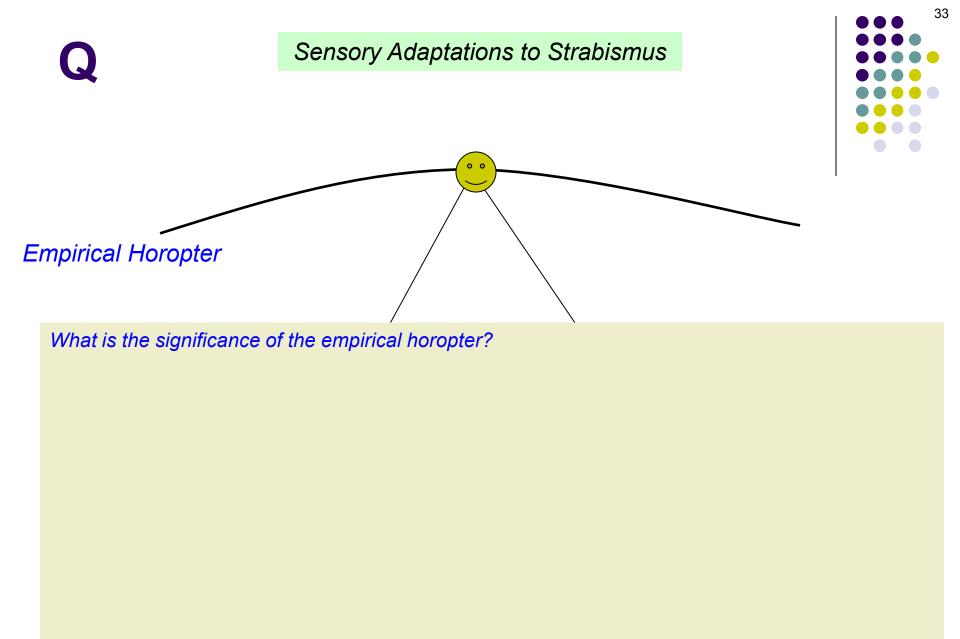


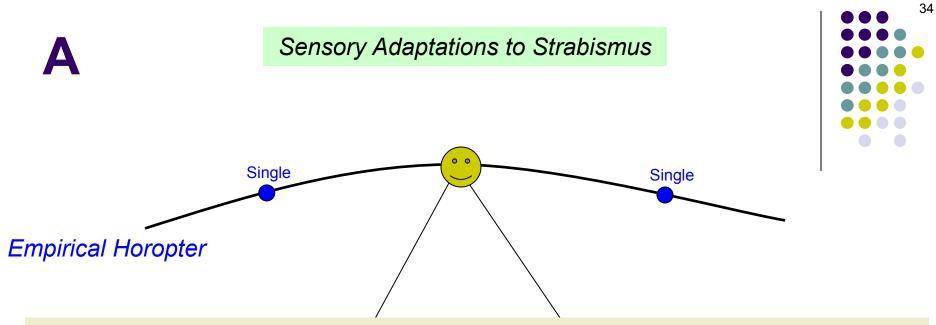






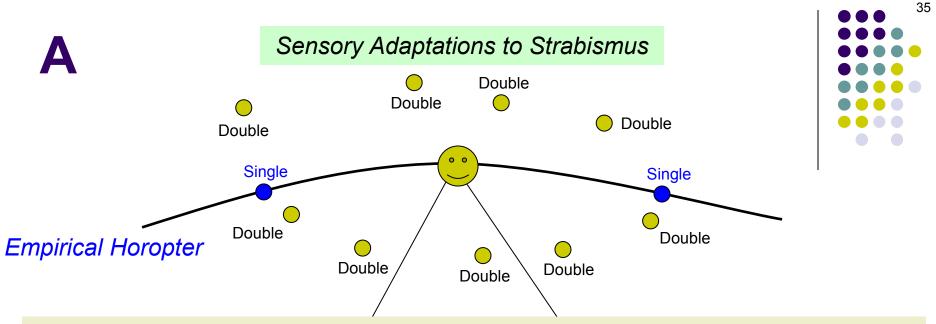






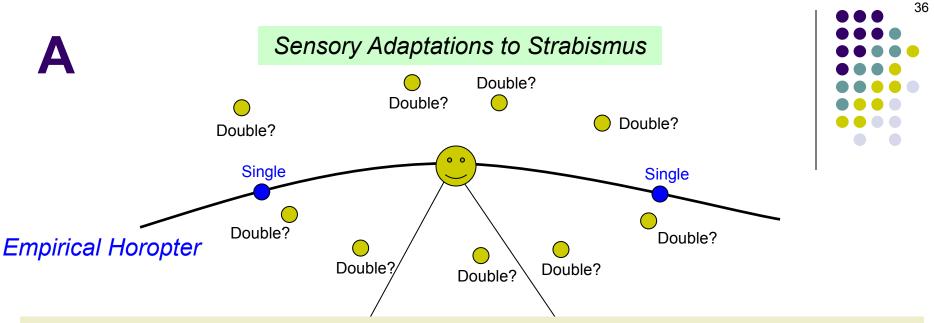
What is the significance of the empirical horopter?

In order to project to corresponding locations on the two retinas, points in visual space must lie on the empirical horopter. Because rays from these points stimulate corresponding retinal locations, the perceptual experience they produce is of a single object at a single location in visual space.



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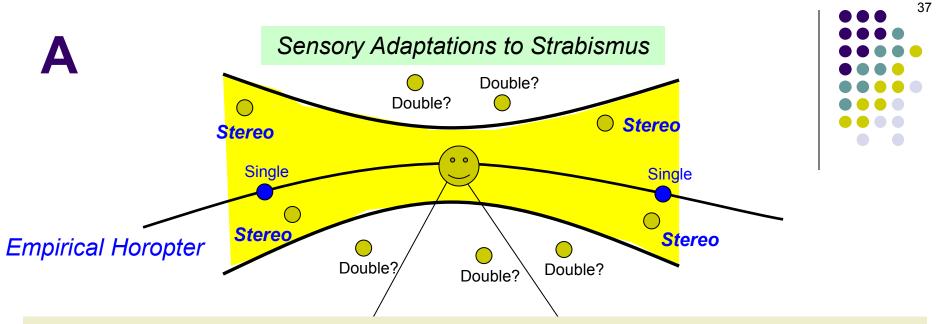
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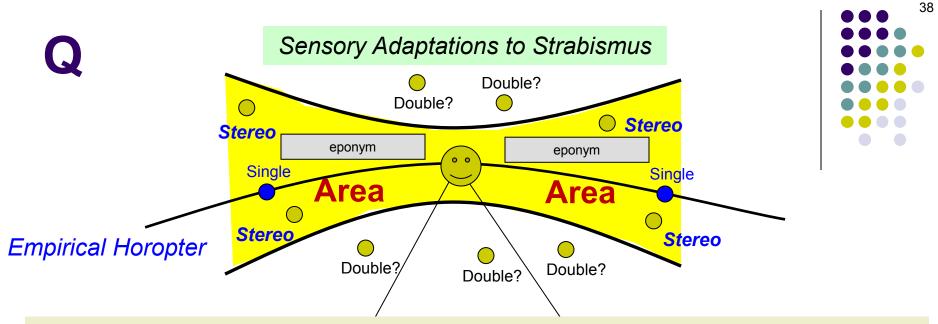
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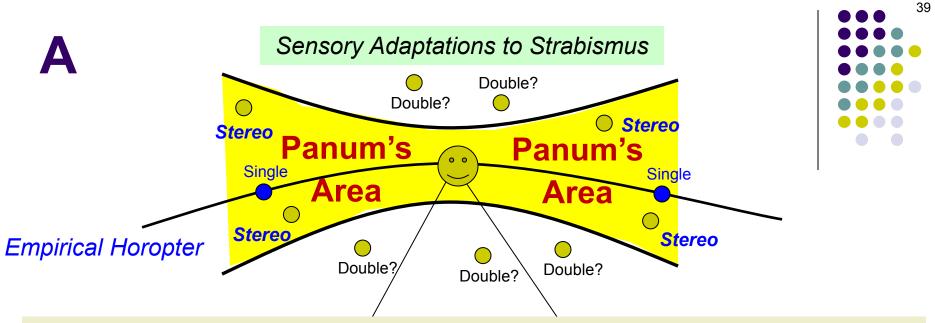
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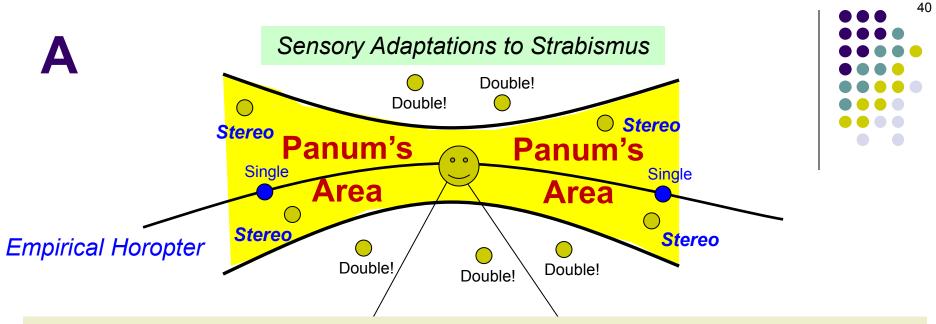
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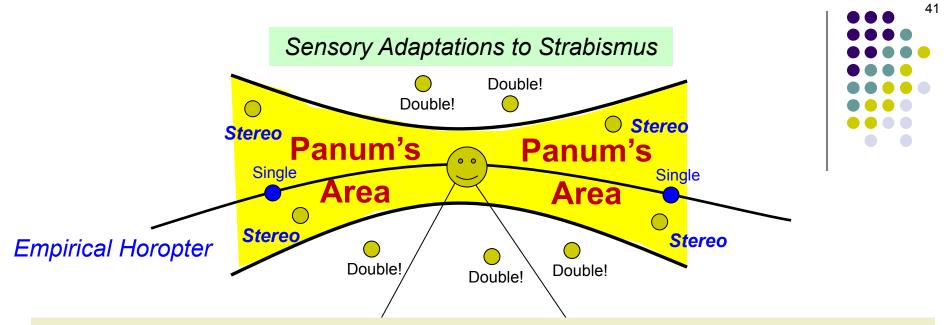
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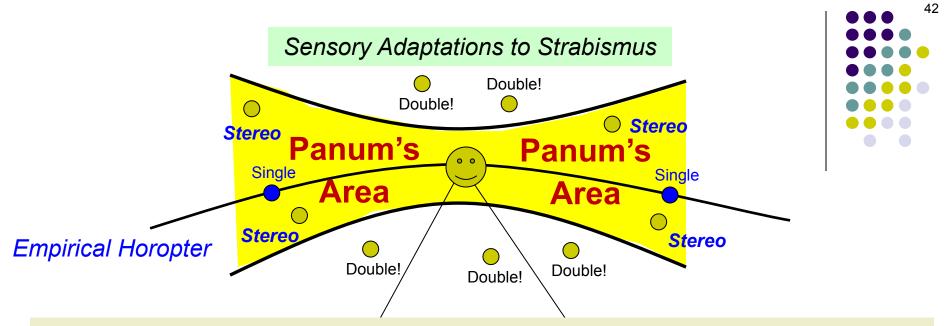
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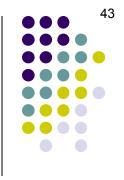
Likev Through careful observation, you can demonstrate the existence of Panum's and t area to yourself. Place yourself in a fairly cluttered environment, ie, give yourself lots of potential visual targets. Pick an object to look at—something 2-3 feet

This away. While doing so, direct your awareness—not your *eyes*, your *awareness*— to an object a foot or so closer or farther away, and just off to the side. If you can

There do this (it's trickier than it sounds), you will find that your visual experience of this y produnot-in-Panum's-area object is diplopic.

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#### Sensory Adaptations to Strabismus



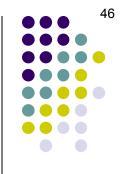
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  - •

Mnemonic is...





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  - **S**
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Mnemonic is....SAM





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Let's drill down on each adaptation in detail, starting with suppression

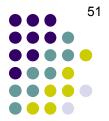


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#### Sensory adaptations: Suppression

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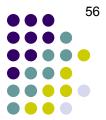
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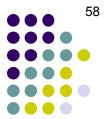
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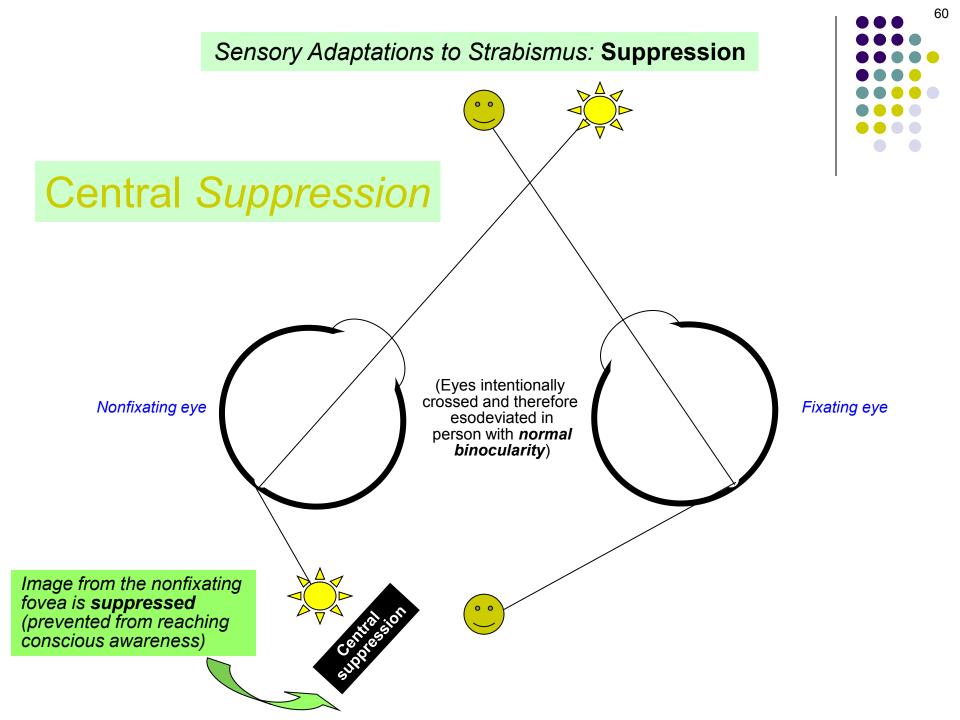
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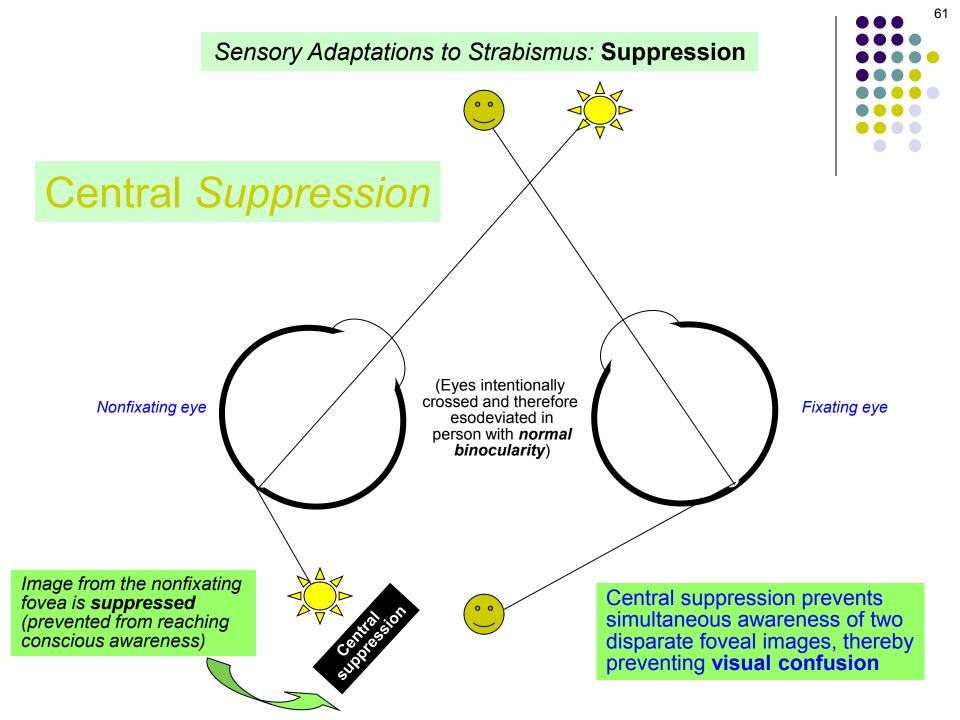


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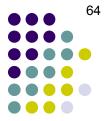




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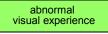


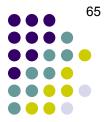
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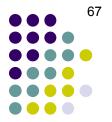




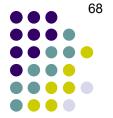
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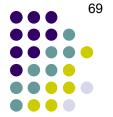
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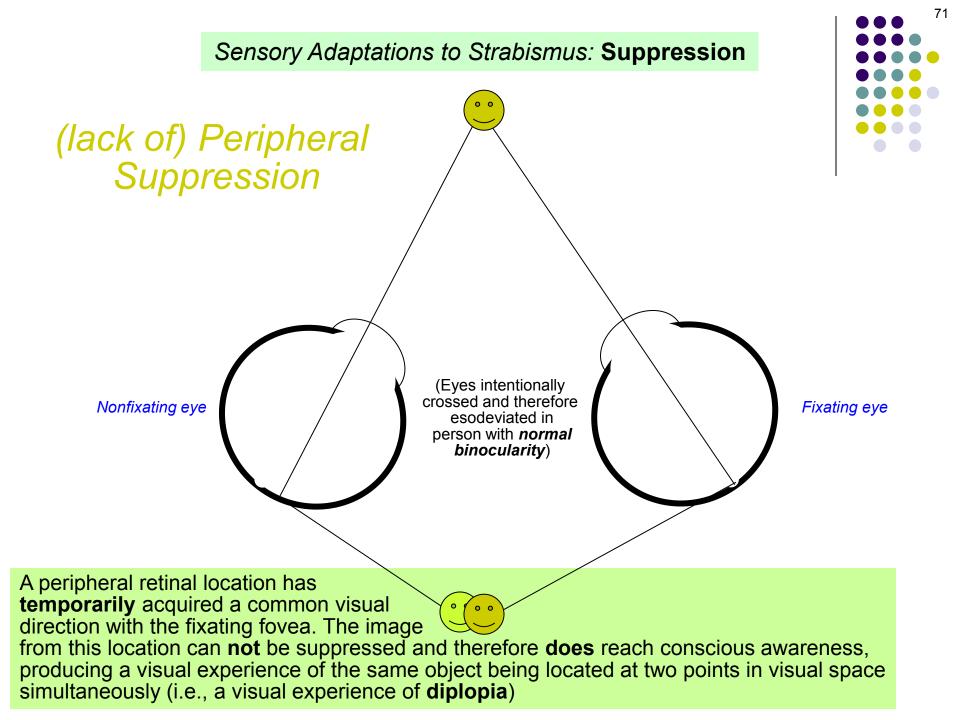


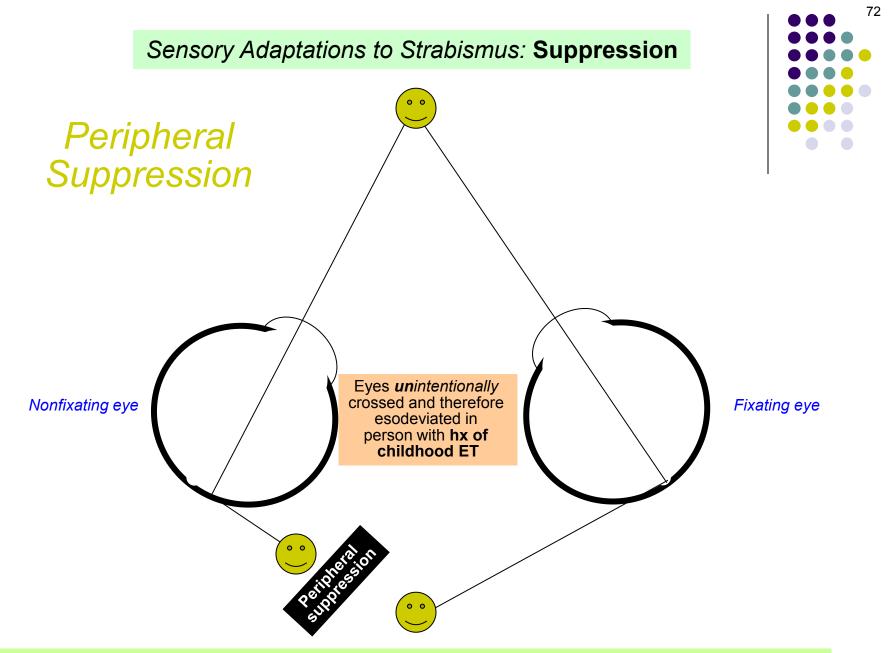
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- Can be *facultative* (suppression active only when the eye is deviated) or *constant* (suppression active at all times)





However, in a person with a history of childhood strabismus, **peripheral suppression** prevents conscious awareness of the image from the deviated retina

Sensory Adaptations to Strabismus: Suppression

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### Sensory adaptations: Suppression

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#### Visualizing Suppression

Think about what you see when you cross your eyes. (In fact, go ahead and try it look at something across the room, then cross your eyes.) The image of regard immediately becomes doubled (and blurred from induced accommodation, but that's a topic for another day). But note what you **don't** see—whatever image is falling on the fovea of your nonfixating eye. The fovea of your nonfixating eye must be pointing at *something*; so why don't you see it?

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You don't see it because this foveal image is prevented from reaching consciousness by the sensory adaptation of *central suppression*. What would you see without central suppression? You would see the two foveal images-of-regard seeming to occupy the same location in visual space—the definition of *visual confusion*. You would see **two** objects in **one** location. But you don't, thanks to central suppression.

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### In a nutshell suppression is prevention of an

#### Visualizing Suppression

Think about what you see when you cross your eyes. (In fact, go ahead and try it look at something across the room, then cross your eyes.) The image of regard immediately becomes doubled (and blurred from induced accommodation, but that's a topic for another day). But note what you **don't** see—whatever image is falling on the fovea of your nonfixating eye. The fovea of your nonfixating eye must be pointing at *something*; so why don't you see it?

You don't see it because this foveal image is prevented from reaching consciousness by the sensory adaptation of *central suppression*. What would you see without central suppression? You would see the two foveal images-of-regard seeming to occupy the same location in visual space—the definition of *visual confusion*. You would see **two** objects in **one** location. But you don't, thanks to central suppression.

On the other hand, the image of regard in the fixating eye is also falling on a peripheral retinal area in your nonfixating eye, and suppression of **this** image (*peripheral suppression*) is a sensory adaptation available only on an acquired basis in an immature visual system—it can't be 'conjured up on the fly' during volitional eye-crossing. The result is that crossing one's eyes produces *diplopia*—**one** object seen in **two** locations—but (thanks to central suppression) not visual confusion.



- What are the three sensory adaptations the visual system employs to avoid confusion and diplopia?
  - Suppression
  - Anomalous retinal correspondence (ARC)
  - Monofixation syndrome

Next let's look at anomalous retinal correspondence



- What are the three sensory adaptations the visual system employs to avoid confusion and diplopia?
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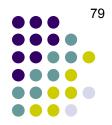
Next let's look at anomalous retinal correspondence. But first, we will recapitulate the slides we saw earlier concerning NRC.





• What does it mean to say retinal locations in the two eyes *correspond*?





 What does it mean to say retinal locations in the two eyes *correspond*? It means the two locations have the same words 1 and 2 of 3

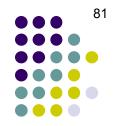
word 3 of 3





 What does it mean to say retinal locations in the two eyes *correspond*? It means the two locations have the same subjective visual direction.





- What does it mean to say retinal locations in the two eyes *correspond*? It means the two locations have the same subjective visual direction.
  - If all corresponding retinal areas in the two eyes are symmetrically located (i.e., are the same retinal distances and directions from their respective foveas), the two retinas are said to be in words 1 and 2 of 3

word 3 of 3

abbreviation of prev 3 words





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  - Likewise, if a symmetrical relationship does not hold, the retinas are said to be in <u>not normal</u> retinal correspondence (<u>abbreviation</u>).





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  - Likewise, if a symmetrical relationship does *not* hold, the retinas are said to be in *anomalous retinal correspondence* (ARC).



Sensory Adaptations to Strabismus: ARC



## Sensory adaptations: Anomalous retinal correspondence (ARC)

ARC occurs when a peripheral vs central area of the deviating eye acquires a three words with the foreavs of the fixating eye



Sensory Adaptations to Strabismus: ARC



## Sensory adaptations: Anomalous retinal correspondence (ARC)

 ARC occurs when a peripheral area of the deviating eye acquires a common visual direction with the fovea of the fixating eye



Sensory Adaptations to Strabismus: **ARC** 



# Sensory adaptations: Anomalous retinal correspondence (ARC)

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Restores some sense of

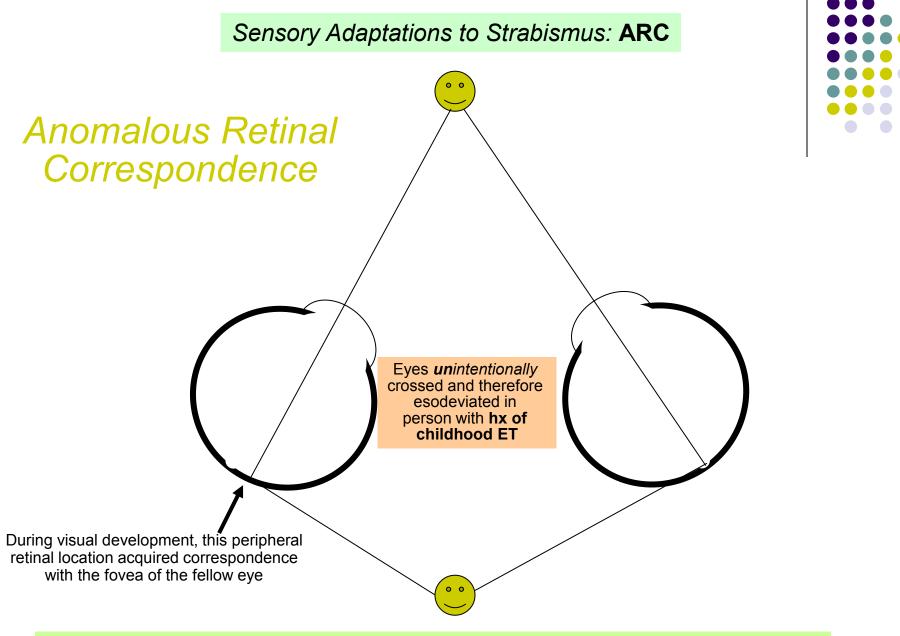
two words





# Sensory adaptations: Anomalous retinal correspondence (ARC)

- ARC occurs when a peripheral area of the deviating eye acquires a common visual direction with the fovea of the fixating eye
  - Restores some sense of binocular cooperation



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In a person with a history of childhood strabismus, **ARC** often develops, facilitating binocular coordination by allowing fusion



- What are the three sensory adaptations the visual system employs to avoid confusion and diplopia?
  - Suppression
  - Anomalous retinal correspondence (ARC)
  - Monofixation syndrome

Finally, we will take a deep dive into monofixation syndrome



(

Sensory Adaptations to Strabismus: Monofixation syndrome



Monofixators have peripheral fusion but no central

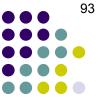
(BTW, this section is **T/F**)





Monofixators have peripheral fusion but no central fusion *T*

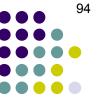




Monofixators have periphera fusion but no centra fusion T

In the context of binocular vision, to what does the term fusion refer?

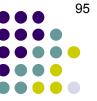






In the context of binocular vision, to what does the term fusion refer? The visual cortex receives two images (one from each eye) of objects located within the binocular field of view. **Fusion** refers to the cortical process of unifying these *two* images into a percept of *one* object in visual space.

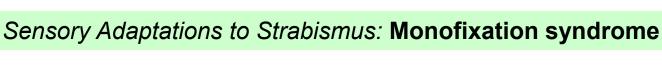






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To what do the terms central and peripheral refer in the context of fusion?



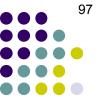


Monofixators have peripheral fusion but no central fusion 7

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*To what do the terms* central *and* peripheral *refer in the context of fusion?* **Central** refers to images involving the foveal region, **peripheral** to images farther removed



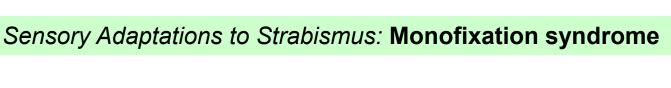




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Do central and peripheral fusion differ in ways other than their relationship to the foveal region?





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Do central and peripheral fusion differ in ways other than their relationship to the foveal region?

Indeed they do. As a general rule, the central fusional process requires that the images be highly similar in size and shape—very little disparity is tolerated in this regard. In contrast, the act of peripheral fusion is much more forgiving of dissimilarity between the images received from the respective eyes.





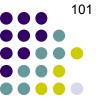
- Monofixators have peripheral fusion but no central fusion T
- A small foveal suppression scotomata is present OU

(Note: Foveal suppression is a commonly-employed synonym for central suppression)



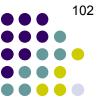


- Monofixators have peripheral fusion but no central fusion T unitaterally
- A small foveal suppression scotomata is present OUT F



Monofixators have peripheral fusion but no central fusion

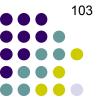
This is the essence of monofixation syndrome: *Peripheral fusion in the absence of central (bifoveal) fusion owing to the presence of a small central suppression scotoma* 



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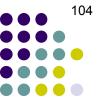
How big (small?) is the suppression scotoma?



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How big (small?) is the suppression scotoma? Usually about 1-4 degrees

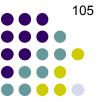


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Note: That's degrees, not prism diopters!

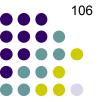


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How big (small?) is the suppression scotoma? Usually about 1-4 degrees

What should be inferred if the scotoma is significantly larger than 4 deg? That the pt does not have monofixation syndrome



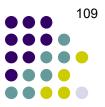


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- A small foveal suppression scotomata is present OUT F
- Retinal correspondence = Small angle ARC



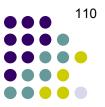


- Monofixators have peripheral fusion but no central fusion T unitateralli
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- Monofixators have peripheral fusion but no central fusion T unilaterally
- A small foveal suppression scotomata is present OU F
- Retinal correspondence = Small angle ARC T

In other words: As a rule, monofixation syndrome pts do not develop NRC; instead, they develop ARC. It is a 'small angle' ARC in the sense that the noncorresponding locations in the two eyes that acquire a common visual direction (remember, that is the definition of ARC) tend to be not too far removed from the locations that would have a common visual direction in NRC.



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- Monofixators have peripheral fusion but no central fusion T unitateralli
- A small foveal suppression scotomata is present OU, F
- Retinal correspondence = Small angle ARC T
- Muscle balance is typically a micro (<8 PD) XT</li>





- Monofixators have peripheral fusion but no central fusion T unitaterally
- A small foveal suppression scotomata is present OU, F
- Retinal correspondence = Small angle ARC T<sub>ET</sub>
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- Monofixators have peripheral fusion but no central fusion 7
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Should this be interpreted as indicating monofixation syndrome always involves an ET?

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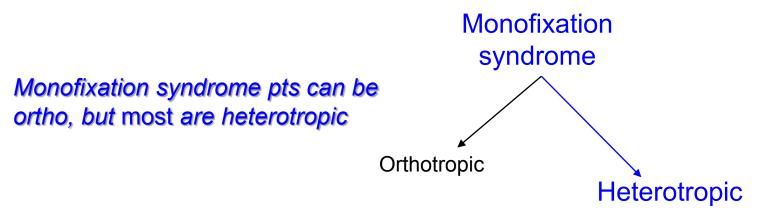
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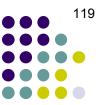
Should this be interpreted as indicating monofixation syndrome always involves an ET? No. Muscle balance in monofixation can be ET, XT, or HT. They can even be ortho.



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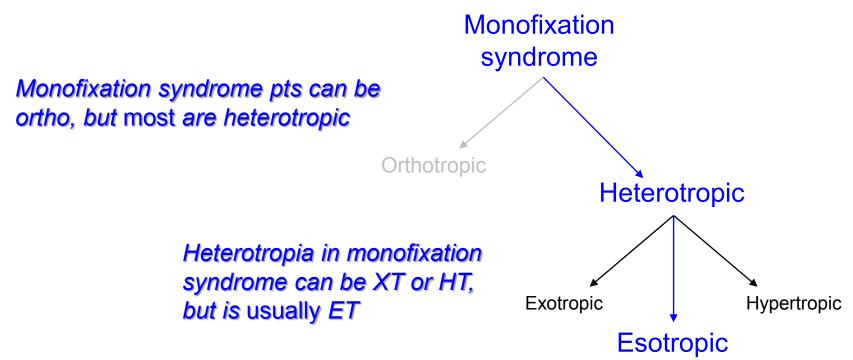
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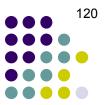




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- Amblyopia is uncommon





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- Is an indication for re-op if it develops after ET surgery F

## To the contrary: Monofixation syndrome is a **desirable** outcome after ET surgery!



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- Is an indication for re-op if it develops after ET surgery F
- Can be diagnosed via the 4⊿ BO prism test

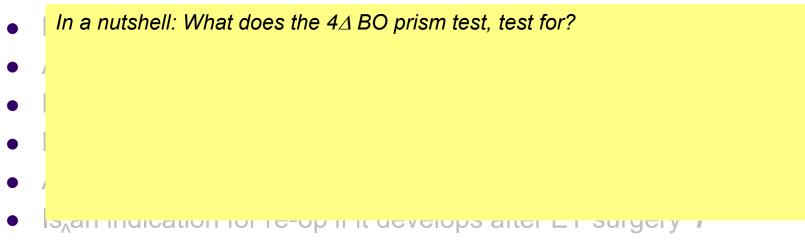




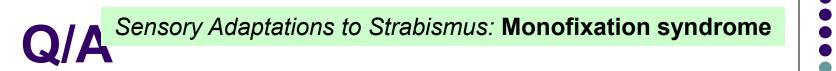
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# Sensory Adaptations to Strabismus: Monofixation syndrome

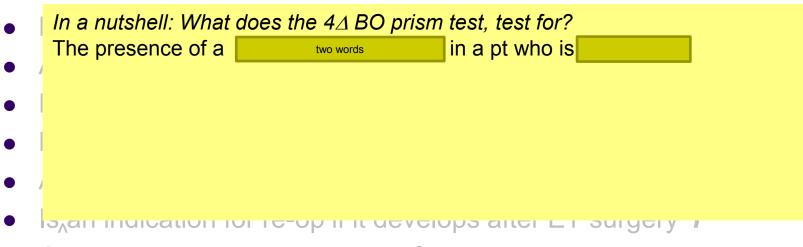




Can be diagnosed via the <u>4A BO prism test</u> T



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Can be diagnosed via the <u>4 BO prism test</u> T





In a nutshell: What does the 4∆ BO prism test, test for? The presence of a suppression scotoma in a pt who is orthotropic

- $I_{S_A}$  an indication for re-op in it develops after L i surgery r
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In a nutshell: What does the 4∆ BO prism test, test for?
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- In a nutshell: What does the 4∆ BO prism test, test for? The presence of a suppression scotoma in a pt who is orthotropic (recall that some monofixation syndrome pts are ortho)
  - How is it performed?

- $I_{3,\alpha}$  an indication for re-op in it develops after r is surgery r
- Can be diagnosed via the <u>4A BO prism test</u> T





How is it performed?

- As the name implies, it involves a  $4\Delta$  prism held in a 'base out' (BO) position.
- The prism is placed in front of either eye, and subsequent movements of the eyes are noted. (Much more below.)
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#### In a person with bifixation:

When the prism is introduced, what will the eyes do first?



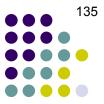


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#### In a person with bifixation:

When the prism is introduced, what will the eyes do first? Both eyes will turn in the direction of the prism's apex



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#### In a person with bifixation:

#### When the prism is introduced, what

*will the eyes do first?* Both eyes will turn in the direction of the prism's apex The introduction of the prism yields the impression that the object of regard has suddenly moved, and the eyes turn to refixate it

### Sensory Adaptations to Strabismus: Monofixation syndrome



In a nutshell: What does the 4<sup>Δ</sup> BO prism test, test for?
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What will the eyes do next?





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What will the eyes do next? The eye without the prism will turn in (ie, will converge)





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The presence of the prism produces which resolves when the fellow eye adducts





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#### In a person with **bifixation**:

When the prism is introduced, what will the eyes do first? Both eyes will turn in the direction of the prism's apex

What will the eyes do next? The eye without the prism will turn in (ie, will converge)

The presence of the prism produces diplopia, which resolves when the fellow eye adducts





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In a nutshell: What does the 4<sup>Δ</sup> BO prism test, test for?
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### Sensory Adaptations to Strabismus: Monofixation syndrome



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Just as was the case when prism was placed before the fixating eye of a pt with bifixation (*both* eyes are the 'fixating eye' in a pt who bifixates), introduction of prism before the fixating eye of a monofixation-syndrome pt yields the impression that the object of regard has moved, and so the eyes turn to refixate it

# Q

#### Sensory Adaptations to Strabismus: Monofixation syndrome



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What will the eyes do next? Nothing (ie, the fellow eye will **not** turn in)





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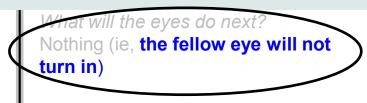
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#### Why doesn't the fellow eye converge?

Recall that in monofixation syndrome only one eye fixates (hence the name), while the other has a central suppression scotoma. In the present scenario the prism is in front of the fixating eye, meaning the fellow eye is the one with the scotoma.

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# Q

#### Sensory Adaptations to Strabismus: Monofixation syndrome



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#### Sensory Adaptations to Strabismus: Monofixation syndrome



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*prism?* Nope Why don't the eyes move when the prism is introduced? Again, in monofixation syndrome one eye fixates, while the other is suppressed. In the present scenario. the prism is placed in front of the eye with the scotoma. Because this eye isn't looking at anything (so to speak), introduction of the prism doesn't produce a percept of displacement, and thus there is nothing to compel the eyes to move.

# Q



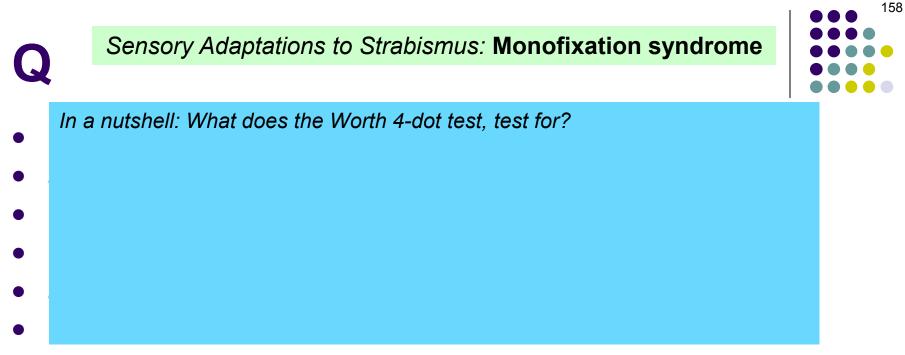
- Monofixators have peripheral fusion but no central fusion T unitaterally
- A small foveal suppression scotomata is present OUTF
- Retinal correspondence = Small angle ARC  $T_{ET}$
- Muscle balance is typically a micro (<8 PD) XT, F</li>
- Amblyopia is uncommon F
- Is an indication for re-op if it develops after ET surgery F
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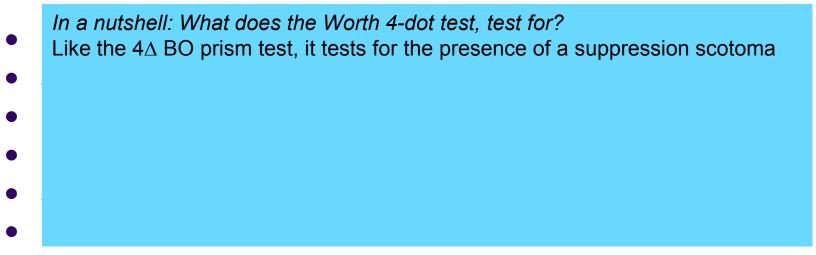


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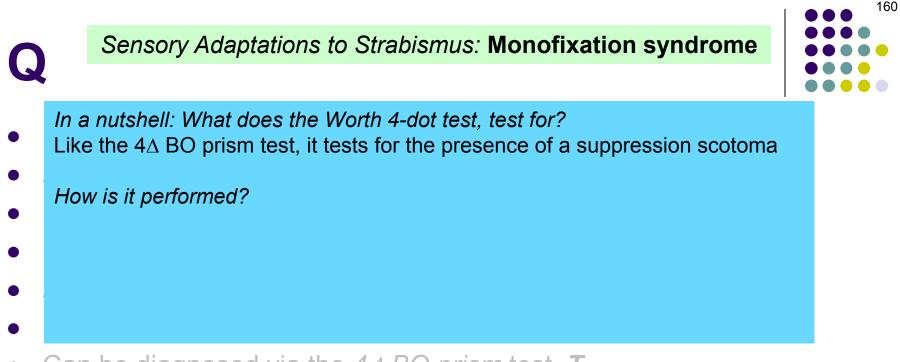


### Sensory Adaptations to Strabismus: Monofixation syndrome

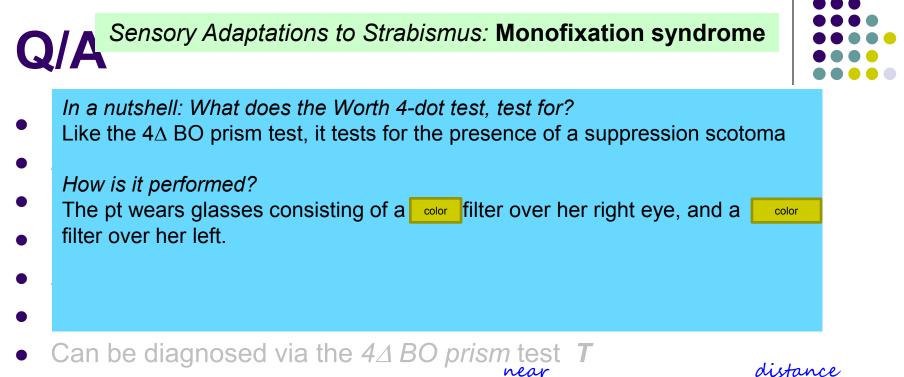




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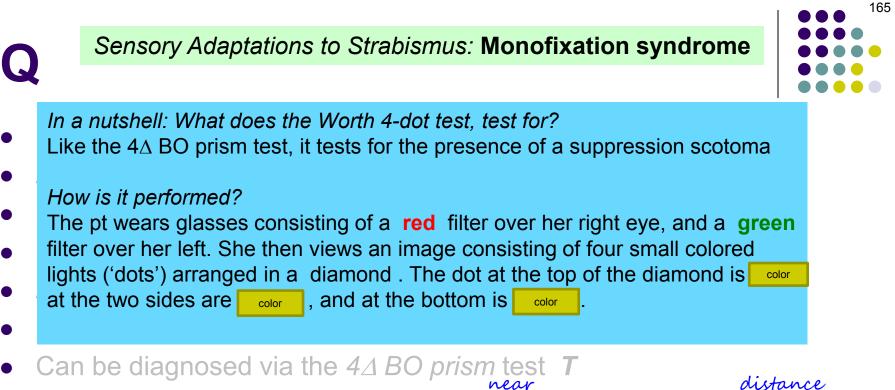


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Before we get to the issue of how the presence of a suppression scotoma affects what the pt sees, what in general is the impact of the colored filters on perceptual experience of the dots?





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# Q/A

### Sensory Adaptations to Strabismus: Monofixation syndrome



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2) The filters cause the white light to appear to be the

same color as *vs* opposite color from

that of the filter





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Before we get to the issue of how the presence of a suppression scotoma affects what the pt sees, what in general is the impact of the colored filters on perceptual experience of the dots? Two important effects need to be noted:

1) The filters prevent the wearer from seeing the dot that is different from that of the color of the filter. So the right eye, with its red filter, cannot see the two green dots, and the left eye with its green filter cannot see the single red dot.

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#### Sensory Adaptations to Strabismus: Monofixation syndrome



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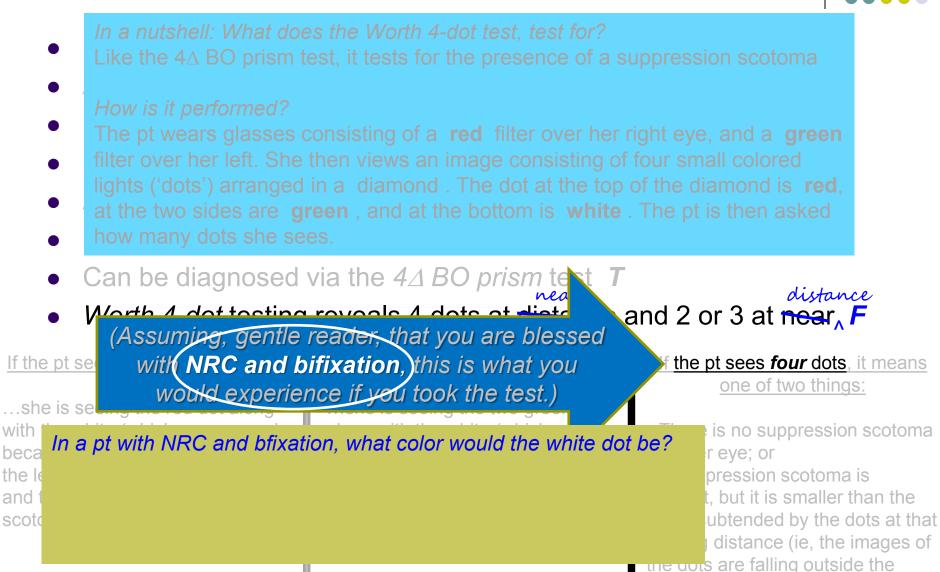
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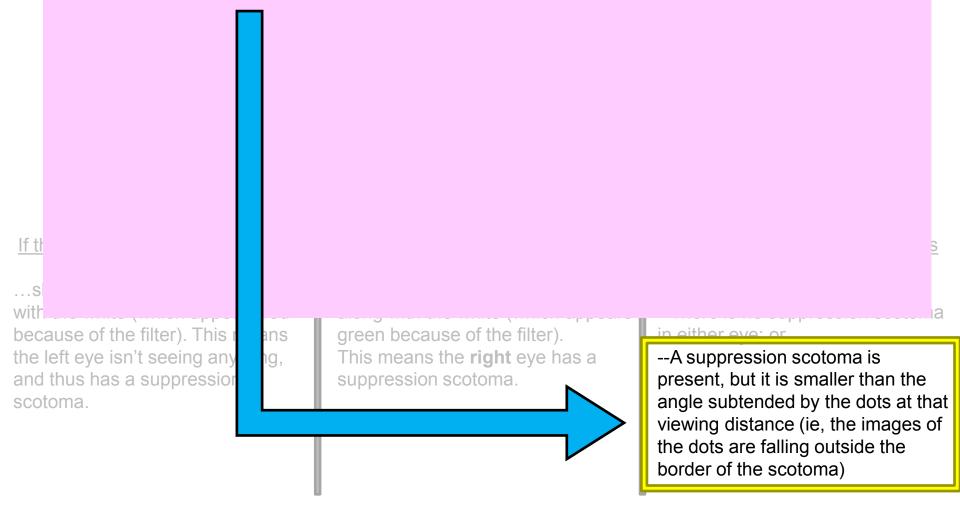
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(No question yet—proceed when ready)

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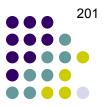
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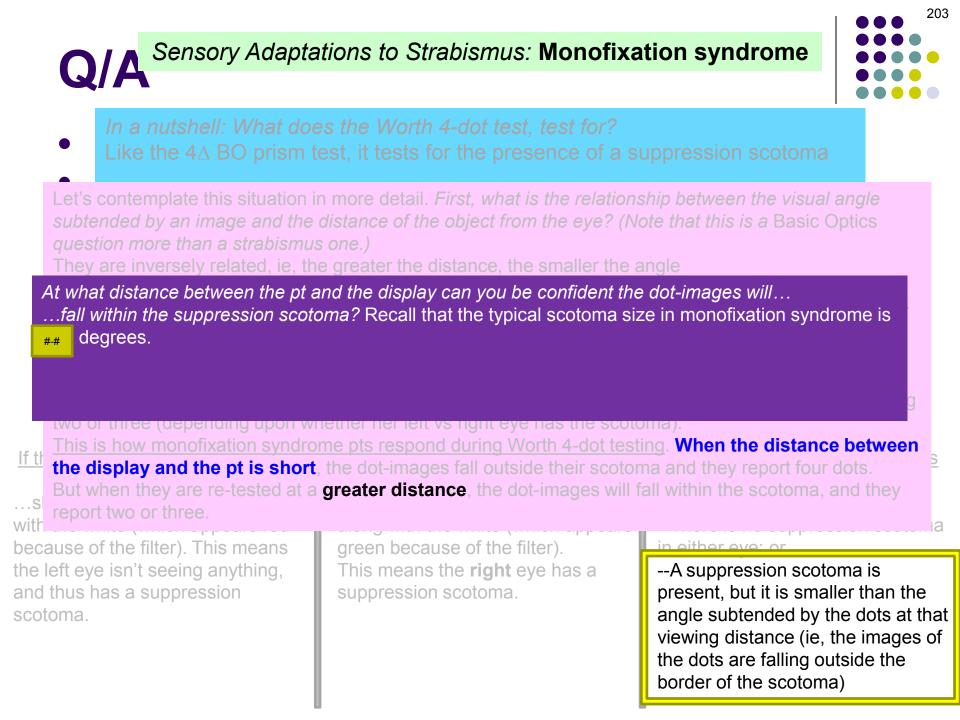
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At what distance between the pt and the display can you be confident the dot-images will... ...fall within the suppression scotoma? Recall that the typical scotoma size in monofixation syndrome is 1-4 degrees. Assuming one is using a standard Worth display, the angular size of the dot-image will be <1 deg at a distance of 3 meters, and thus will assuredly fall within the limits of the scotoma. ...fall outside the suppression scotoma?

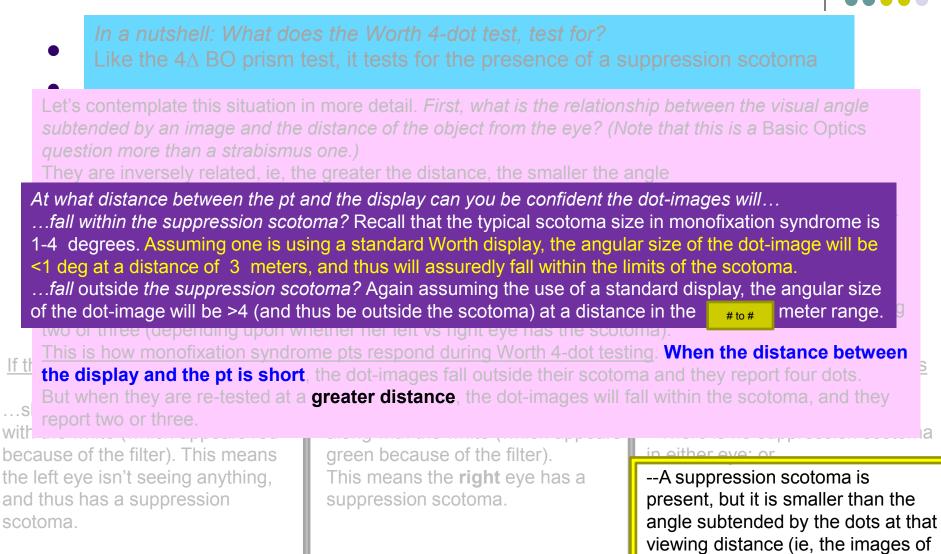
two or three (depending upon whether her left vs fight eye has the scotoma).

This is how monofixation syndrome pts respond during Worth 4-dot testing. When the distance between the display and the pt is short, the dot-images fall outside their scotoma and they report four dots. But when they are re-tested at a greater distance, the dot-images will fall within the scotoma, and they report two or three.

because of the filter). This means the left eye isn't seeing anything, and thus has a suppression scotoma. green because of the filter). This means the **right** eye has a suppression scotoma.

#### in either eve: or





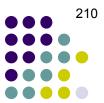
the dots are falling outside the border of the scotoma)





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  - present, but it is smaller than the angle subtended by the dots at that viewing distance (ie, the images of the dots are falling outside the border of the scotoma)

# Q



- Monofixators have peripheral fusion but no central fusion T unitateralli
- A small foveal suppression scotomata is present OUT F
- Retinal correspondence = Small angle ARC  $T_{ET}$
- Muscle balance is typically a micro (<8 PD) XT, F</li>
- Amblyopia is uncommon F
- Is an indication for re-op if it develops after ET surgery F
- Can be diagnosed via the 4△ BO prism test T
- Worth 4-dot testing reveals 4 dots at distance and 2 or 3 at near F
- Stereopsis in the 200-3000 arc-s range is usually not achievable







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Monofixation syndrome is a common entity. These patients have peripheral fusion without central fusion; thus they possess gross stereopsis (200-3000 arc-s) but not the high-grade stereopsis that requires bifoveation (~40 arc-s). This is because they cannot bifixate an object of regard (hence the term 'monofixation'). Vision in the nonfixating eye is characterized by a small foveal suppression scotoma and minute ARC. Muscle balance testing usually reveals an ET of about 8PD. Amblyopia is the rule; it is usually mild but can be profound. Monofixation is considered a desirable outcome in correction of ET with spectacles or surgery. The 4 BO prism test is very useful in diagnosing a monofixation syndrome. Worth 4-dot testing reveals a characteristic pattern: When assessed at a distance of 2-3 feet, the lights fall outside the suppression scotoma and the patient perceives all four dots. However, when the light is held at distance (10+ feet), the lights fall within the suppression scotoma, and only 2 or 3 dots will be appreciated with the non-suppressing eye.