## AAO RESIDENTS CONTENT OUTLINE

### I. GENERAL MEDICINE

**Infectious Diseases** 

- General microbiology
- Bacterial infections
- Viral infections
- Fungal infections
- Treatment of infectious disease
- Specific infections
  - Lyme disease
  - Acquired immunodeficiency syndrome (AIDS)
  - Tuberculosis
  - Sexually transmitted diseases
  - Hepatitis
  - o Varicella zoster
  - Methicillin-resistant staphylococcus aureus (MRSA)
- Metastatic infections
- Diagnosis and Treatment of Infectious Diseases
- Ophthalmological considerations

### Hypertension

- Definition
- Classification and prevalence
- Etiology
- Evaluation and Diagnosis
- Laboratory Tests
- Treatment
  - Nonpharmacologic Therapy
  - Pharmacologic Therapy/Antihypertensives
- Special considerations
- Hypertensive crisis
- Ophthalmological considerations
- **Cerebrovascular Disease** 
  - Cerebral Ischemia and Infarction
  - Intracranial Hemorrhage
  - Carotid Artery Disease
  - Ophthalmological considerations
- **Acquired Heart Disease** 
  - Congestive Heart Failure
  - Ischemic Heart Disease
  - Cardiac Rhythm Disorders
  - Ophthalmological considerations

Hypercholesterolemia

- Risk Assessment
- Management

- Statins in acute myocardial infarction
- The metabolic syndrome
- Ophthalmological considerations

**Pulmonary Diseases** 

- Obstructive Lung Disease
- Restrictive Lung Disease
- Pulmonary Embolism
- Evaluation
- Treatment
- Preoperative and Postoperative Considerations
- Ophthalmological considerations

**Hematologic Disorders** 

- Blood composition
- Erythropoiesis
- Diagnostic tests
- Anemia
- Disorders of hemostasis
- Management
- Ophthalmological considerations

**Rheumatic Disorders** 

- Rheumatoid Arthritis
- Spondyloarthropathies
- Juvenile Rheumatoid Arthritis
- Systemic Lupus Erythematosus
- Wegener granulomatosis
- Antiphospholipid Antibody Syndrome
- Scleroderma
- Polymyositis and dermatomyositis
- Sjogren Syndrome
- Relapsing polychondritis
- Vasculitis
- Behcet Syndrome
- Sarcoidosis
- Heritable Disorders of Connective Tissue
- Medical Therapy for Rheumatic Disorders
- Ophthalmological considerations

**Endocrine Disorders** 

- Diabetes Mellitus
- Thyroid Disease
- Pituitary Dysfunction
- Hyperlipoproteinemias
- Multiple endocrine neoplasias
- Ophthalmological considerations

## Geriatrics

- Physiologic aging and pathologic findings in the aging eye
- Pharmacologic considerations in older patients
- Elder abuse
- Surgical Considerations
- Psychology of aging
- Osteoporosis
- Falls
- Systemic Diseases
- Economic implications
- Ophthalmological considerations

Cancer

- Incidence
- Etiology of Cancer
- Endocrine and Paraneoplastic Manifestations of Cancer
- Mechanisms of growth and spread
- Therapy
  - Chemotherapy
  - Radiation
  - Surgery
- Principles of Chemotherapy and Chemotherapeutic Agents
- Ophthalmologic considerations

**Behavioral & Neurologic Disorders** 

- Behavioral disorders
  - Due to a General Medical Condition
  - Schizophrenia
  - Mood Disorders
  - Somatoform Disorders
  - Substance Abuse Disorders
- Pharmacologic Treatment of Psychiatric Disorders
- Neurologic disorders
  - Parkinson disease
  - Multiple sclerosis and other demyelinating diseases
  - Epilepsy
  - o Stroke
- Down Syndrome
- Alzheimer Disease and Dementia
- Myasthenia gravis and other neuromuscular Disorders
- Headache
- Ophthalmologic considerations
- **Preventive Medicine** 
  - Screening Procedures
  - Immunization
  - Ophthalmologic considerations
- **Medical Emergencies** 
  - Cardiopulmonary Arrest

- Shock
- Seizure and Status Epilepticus
- Toxic Reactions to Local Anesthetics and Other Agents
- Malignant hyperthermia
- Ocular Side Effects of Systemic Medication
- Ophthalmologic considerations

**Perioperative Management in Ocular Surgery** 

- Adults
- Children
- Fasting Recommendations
- Management of Medications
- Operative Management
- Postoperative Management

**Using Statistics in Practice and Work** 

- Obtaining Useful Information from Published Studies
- Clinical Studies Design
- Interpretating diagnostic and screening tests
- Risk, Benefit, Probabilities, and Expected Outcomes
- Application of Statistics to Measure and Inform Clinical Practice

### II. FUNDAMENTALS AND PRINCIPLES OF OPHTHALMOLOGY Anatomy

- Orbit and Ocular Adnexa
  - o Orbital anatomy
  - Cranial nerves
  - Ciliary ganglion
  - Extraocular muscles
  - Eyelids
  - Lacrimal gland and excretory system
  - Conjunctiva
  - Tenon's capsule
  - Vascular supply and drainage of the orbit
- The Eye
  - Topography of the globe
  - Precorneal tear film
  - Cornea
  - o Sclera
  - Limbus
  - Anterior chamber
  - Uveal tract
  - o Iris
  - Ciliary body
  - Choroid
  - o Lens
  - o Retina

- Vitreous
- Ora serrata
- Cranial Nerves: Central and Peripheral Connections
  - o CN I
  - CN II
  - CN III
  - CN IV
  - CN V
  - CN VI
  - CN VII
  - Pupillary reflexes
  - Cavernous and other venous sinuses
  - Circle of Willis

### Embryology

- Glossary
- Ocular Development
  - Growth factors
  - Homeobox genes
  - Neural crest cells
  - Embryogenesis
  - Organogenesis
- Congenital Anomalies

### Genetics

- Terminology and Glossary
- Molecular Genetics
  - o DNA
  - Gene expression
  - Gene translation
  - o DNA replication
  - o DNA repair
  - Mutations and disease
  - Mitochondrial genome
  - Genes and specific disease
  - o Molecular manipulation and DNA analysis
  - o Transgenic and knockout models
  - Gene therapy
- Clinical Genetics
  - Genes and chromosomes
  - Alleles
  - Mitosis and meiosis
  - Segregation
  - Independent assortment
  - o Linkage
  - Chromosomal analysis
  - Mutations
  - Racial and ethnic concentration of genetic disorders

- Patterns of inheritance
- $\circ$  Lyonization
- Polygenic and multifactorial inheritance
- Pedigree analysis
- Genetic counseling
- Pharmacogenetics
- Clinical management of genetic disease

### **Biochemistry & Metabolism**

- Tear Film
- Cornea
- Iris & Ciliary Body
- Aqueous Humor
- Lens
- Vitreous
- Retina
- Retinal Pigment Epithelium
- Free Radicals & Antioxidants

## **Ocular Pharmacology**

- Pharmacologic Principles
  - Pharmacokinetics
  - Pharmacodynamics
- Ocular Pharmacotherapeutics
  - Cholinergic agents
  - o Adrenergic agents
  - Carbonic anhydrase inhibitors
  - Prostaglandin analogs
  - Drugs for dry eye
  - Ocular decongestants
  - Irrigating solutions
  - o Anti-inflammatory agents
  - Antibiotics
  - o Anesthetics
  - Osmotic agents
  - **Biologic agents**
  - Viscoelastics
  - Fibrinolytics
  - Anti-fibrinolytics
  - Diagnostic agents

# III. ORBIT, EYELIDS & LACRIMAL SYSTEM

### Orbit

- Orbital Anatomy
  - $\circ$  **Dimensions**
  - Osteology
  - Topographic relationships
  - Apertures (fissures and foramina)

- Evaluation of Orbital Disorders
  - "The six P's"
  - Physical examination and laboratory tests
  - Imaging studies
  - o Pathology
  - Laboratory studies
- Congenital orbital anomalies
  - Anophthalmos
  - o Microphthalmos
  - Microphthalmos wth cyst
  - Craniofacial clefting
- Dermoid cyst
- Infectious and inflammatory disorders
  - Infections
    - Preseptal and orbital cellulitis
    - Infectious dacryoadenitis
    - Zycomycosis
    - Aspergillosis
    - Other rare infections
  - **o** Inflammations
    - Thyroid eye disease
    - Idiopathic orbital inflammation
    - Sarcoidosis
    - Vasculitides
- Orbital neoplasms
  - Cavernous hemangioma
  - o Lymphoma and lymphoproliferative disease
  - Hemangiopericytoma
  - Neurilemmoma
  - Neurofibroma
  - o Rhabdomyosaroma
  - Neuroblastoma
  - Metastatic tumors
  - Tumors of the optic nerve
  - o Glioma
  - o Meningioma
  - Neoplasms of the lacrimal gland
  - Adenoid cystic carcinoma
  - Benign mixed tumor (pleomorphic adenoma)
  - Malignant mixed tumor
- Orbital trauma
  - Orbital blowout fractures
  - Orbital medial wall and orbital roof fractures
  - o "Tripod" (zygomatico-maxillary complex) fractures
- Vascular abnormalities
  - Orbital varix

- Arterio-venous malformations
- Lymphangioma
- Capillary hemangioma
- Sinus disease affecting the orbit
  - o Mucocele
  - Sinonasal carcinoma
  - Osseous disorders affecting the orbit
    - Fibrous dysplasia
    - Cholesterol granuloma
    - Intraosseous hemangioma
    - Sphenoid wing meningioma
- Orbital surgery
- **Periocular Soft Tissues** 
  - Anatomy
  - Principles of facial and eyelid surgery
  - Classification and management of eyelid disorders
    - Congenital anomalies
      - Blepharophimosis syndrome
      - Coloboma of the eyelid
      - Other congenital anomalies (e.g., Treacher-Collins, Goldenhar)
    - Eyelid neoplasms
      - Basal cell carcinoma
      - Squamous cell carcinoma
      - Sebaceous cell carcinoma
      - Melanoma
      - Other bening, premalignant and malignant lesions
    - o Inflammation of the eyelid
      - Blepharitis
      - Hordeolum
      - Meibomian gland dysfunction
      - Chalazion
      - Demodecosis
      - Phthiriasis Palpebrarum
      - Other inflammatory processes involving the eyelids
    - Eyelid trauma, including full thickness eyelid laceration and canalicular laceration
    - Eyelid, canthal, and periocular reconstruction
    - Eyelid malpositions and involutional changes
      - Ectropion
      - Entropion
      - Epiblepharon
      - Symblepharon
      - Trichiasis and distichiasis
      - Blepharoptosis
      - Eyelid retraction

- Facial dystonia
- Involutional periorbital changes
- Dermatochalasis
- Brow ptosis
- Cosmetic eyelid surgery and rejuvenation

## Lacrimal drainage system

- Embryology, anatomy, and physiology of the lacrimal drainage system
- Congenital abnormalities of the lacrimal drainage system
  - Amniocele of the lacrimal sac
  - Lacrimal fistula
- Abnormalities of the lacrimal drainage system
  - Agenesis of the lacrimal puncta
  - Congenital nasolacrimal duct obstruction
  - Acquired nasolacrimal duct obstruction
  - Punctal and canalicular stenosis
  - Canaliculitis
  - Acute and chronic dacryocystitits
  - Lacrimal sac neoplasms
- Evaluation and management of epiphora
- Surgical procedures
- The anopthalmic socket
  - Enucleation, evisceration, and exenteration
  - Surgical rehabilitation of the anophthalmic socket

## **IV. INTRAOCULAR INFLAMMATION & UVEITIS**

## Anatomy

- Iris
- Choroid
- Sclera

Definitions

- Anterior uveitis
- Intermediate uveitis
- Posterior uveitis
- Panuveitis
- Episcleritis
- Scleritis

Immunology

- Basic Concepts
- Immunization and Adaptive Immunity: The Immune Response Arc
- Ocular Immune Responses
- Mechanisms of Immune Effector Reactivity
- Special Topics in Ocular Immunology
- The eye in the immunosuppressed patient

- Intraocular Inflammation & Uveitis
- Clinical Approach to Uveitis
  - Laboratory workup
  - Diagnostic tests
- Noninfectious (Autoimmune) Uveitis
- Infectious Uveitis
- Endophthalmitis
  - Endogenous
  - Post-operative
  - o **Traumatic**
- Masquerade Syndromes
- Complications
- Ocular Involvement in AIDS
- Ocular surgery in patients with uveitis
  - Cataract
  - o Glaucoma
  - Intravitreal implants
  - Vitreoretinal
- Pharmacologic therapy in patients with uveitis
  - Corticosteroids
    - Topical
    - Regional and intraocular injections
    - Sustained release intravitreal implant
    - Systemic agents and side effects
      - o Anti-metabolites
      - T-cell inhibitors
      - o Alkylating agents
      - Tumor necrosis factor antagonists

## **V. RETINA & VITREOUS**

## **Basic Anatomy**

- The Vitreous
- Neurosensory Retina
- Retinal Pigment Epithelium
- Bruch's Membrane
- Choroid

**Diagnostic Approach to Retinal Disease** 

- Techniques of Examination
- Retinal Angiography Techniques
  - Fluorescein Angiography
  - Indocyanine Green Angiography
- Other Imaging Techniques
  - Optical Coherence Tomography
  - Scanning Laser Ophthalmoscopy
  - o Retinal Thickness Analyzer

• Autofluorescence

• Common Uses of Imaging Technology Retinal Physiology, Psychophysics, and Testing

- Electroretinogram
  - **Recording and Interpreting the**
  - Specialized Types of ERG
  - Applications and Cautions
  - Electrooculogram and RPE Responses
    - Electrooculogram
    - Other RPE Tests
  - Cortical Evoked Potentials
    - Visually Evoked Potentials
    - Electrically Evoked Potentials
  - Psychophysical Testing
    - Dark Adaptation
    - Color Vision
    - Contrast Sensitivity

**Disorders of the Retina and Vitreous** 

- Acquired Diseases Affecting the Macula.
  - Central Serous Chorioretinopathy
  - Age-Related Macular Degeneration
  - Ocular Histoplasmosis Syndrome (OHS)
  - Angioid Streaks
  - o Pathologic Myopia
  - Idiopathic and Other Causes of Choroidal Neovascularization
  - Vitreoretinal Interface Abnormalities
  - Retinal Vascular Disease
    - o Retinal Effects of Systemic Arterial Hypertension
    - Diabetic Retinopathy
    - Sickle Cell Retinopathy
    - Peripheral Retinal Neovascularization
    - Retinopathy of Prematurity
    - Venous Occlusive Disease
    - Arterial Occlusive Disease
    - Ocular Ischemic Syndrome
    - Vasculitis
    - Cystoid Macular Edema
    - Coats Disease and Retinal Telangiectasis
    - Phakomatoses
    - Retinal Cavernous Hemangioma
    - Arterial Macroaneurysms
- Choroidal Disease
  - o Bilateral Diffuse Uveal Melancytic Proliferation
  - Choroidal Perfusion Abnormalities
  - o Choroidal Hemangioma

- Uveal Effusion Syndrome
- Focal and Diffuse Chorioretinal Inflammation
  - Noninfectious Chorioretinopathies
    - White Dot Syndromes
    - Other Noninfectious Choroidopathies
    - Infectious Chorioretinopathies
- Congenital and Stationary Retinal Disease ; Color Vision Abnormalities
  - o Color Vision (Cone System) Abnormalities
  - Night Vision (Rod System) Abnormalities
- Hereditary Retinal and Choroidal Dystrophies
  - Diffuse Photoreceptor Dystrophies
    - Retinitis Pigmentosa
    - Cone Dystrophies
    - Cone-Rod Dystrophies
  - Macular Dystrophies
    - Stargardt Disease (Fundus Flavimaculatus)
    - Vitelliform Degenerations
    - Familial (Dominant) Drusen
    - Pattern Dystrophies
    - Sorsby Macular Dystrophy
  - o Choroidal Dystrophies
    - Diffuse Degenerations
    - Regional and Central Choroidal Dystrophies
  - Inner Retinal and Vitreoretinal Dystrophies
    - X-Linked Retinoschisis
    - Goldmann-Favre Syndrome
- Retinal Degenerations Associated Other Organ Systems or With Systemic Disease
- Metabolic Diseases
- Systemic Drug Toxicity
- Peripheral Retinal Abnormalities
  - Retinal Breaks , Evaluation and Treatment
  - o Traumatic Breaks
  - **o** Posterior Vitreous Detachment
  - Lesions Predisposing to Retinal Detachment
  - Lesions Not Predisposing to Retinal Detachment
- Retinal Detachment
  - Subclinical Retinal Detachment
  - Rhegmatogenous Retinal Detachment
  - o Fellow Eye in Patient With Retinal Detachment
  - **o** Traction Retinal Detachment
  - Exudative Retinal Detachment

• Retinoschisis

**Diseases of the Vitreous** 

- Normal Anatomy
- Posterior Vitreous Detachment
- Developmental Abnormalities
- Hereditary Hyaloideoretinopathies
- Asteroid Hyalosis, Cholesterolosis (Hemophthalmos, Synchysis Scintillans)
- Amyloidosis
- Spontaneous Vitreous Hemorrhage
- Pigment Granules
- Vitreous Abnormalities Secondary to Cataract Surgery

Valsalva Retinopathy

Purtscher Retinopathy and Purtscher-Like Retinopathy Terson Syndrome

**Posterior Segment Trauma** 

- Evaluation of the Patient Following Ocular Trauma
- Blunt Trauma, Closed-globe injuries
- Open-globe injuries
- Intraocular Foreign Bodies
- Complications of Posterior Segment Trauma
- Shaken Baby Syndrome/Child Abuse
- Avulsion of the Optic Disc

Adverse Effects of Light or Electromagnetic Energy on the Retina Interventions and Therapy for Posterior Segment Diseases

- Laser-based Therapy
  - Basic Principles
  - o Photocoagulation
  - Transpupillary Thermotherapy
  - Photodynamic Therapy
- Cryo-based Thearpy
- Local Pharmacotherapy
  - Periocular injections
  - Intravitreal injections
  - Sustained-release devices

**Scleral Buckling Surgery** 

**Pneumatic Retinopexy** 

Vitreoretinal Surgery

- Vitrectomy for Selected Macular Diseases
- Vitrectomy for Posterior Segment Complications Anterior Segment Surgery
- Vitrectomy for Retinal Detachment
- Vitrectomy for Complex Retinal Detachment
- Complications of Pars Plana Vitrectomy

**Retinal Prosthetics** 

### VI. CLINICAL OPTICS

### **Physical Optics**

- Wave Theory
- Interference
- Coherence
- Polarization
- Diffraction
- Scattering
- Reflection
- Transmission and Absorption
- Illumination
- Laser Fundamentals
- Ophthalmic Lenses
- Ophthalmic Prisms
- Mirrors

**Geometrical Optics** 

- Pinhole Imaging
- Imaging with Lenses and Mirrors
- Object Characteristics
- Image Characteristics
- Light Propagation
- First-Order Optics
- Higher-order aberrations

**Optics of the Human Eye** 

- The Schematic Eye and the Reduced Eye
- Pupil Size
- Visual Acuity
- Refractive States of the Eye
- The Biology of the Eye in the Optical System
- Correction with Spectacle Lenses
- Correction with Contact Lenses
- Correction with Intraocular Lenses
- Correction with Refractive Corneal Surgery

**Clinical Refraction** 

- Objective Refraction: Retinoscopy
- Subjective Refraction Technique
- Cycloplegic and Noncycloplegic Refraction
- Clinical Accommodative Problems
- Prescribing Multifocal Lenses
- Prescribing Special Purpose Lenses
- Special Types of Lenses
- Therapeutic Use of Prisms

## **Contact lenses**

- Terminology
- Effect of Contact Lenses on the Cornea
- Rigid Contact Lens
- Soft Contact Lenses
- Complications of Contact Lens Wear
  - Infectious
  - Non-infectious
- Care of Contact Lenses

Intraocular Lenses

- Optics of Intraocular Lenses
- Optical Quality of Intraocular Lenses
- Optical Results of Intraocular Lenses
- Multifocal Intraocular Lenses
- Intraocular lens material

**Optical Considerations in Refractive Surgery** 

- Corneal Shape
- Angle Kappa
- Pupil Size
- Irregular Astigmatism
  - Wavefront Analysis
  - Causes of Irregular Astigmatism

### **Vision Rehabilitation**

- Epidemiology of Vision Impairment
- Important Definitions in Low vision
- Classification of Functional Visual Deficits
- Patient Assessment
- Helping Patients Function Better
- Contrast Enhancement
- Lighting and Glare Control
- Instruction and Training
- Counseling and Support Groups
- Visual Rehabilitation Professionals and Services
- Levels of Vision Rehabilitation Services
- Pediatric Low Vision Issues

**Telescopes & Optical Instruments** 

- Slit Lamp Biomicroscope
- Lenses for Fundus Biomicroscopy
- Pachymetry
- Applanation Tonometer
- Direct and Indirect Ophthalmoscope
- Fundus Camera
- Geneva Lens Clock
- Trial Lenses
- Keratometer

- Corneal Histology
- Diagnostic Ultrasonography
- Lensometer
- Automated Refraction
- Specular Microscopy
- Macular Function Testing
- Wavefront Aberrometers
- Optical Coherence Tomography

## VII. OPHTHALMIC PATHOLOGY & INTRAOCULAR TUMORS

## **Ophthalmic Pathology**

- Ophthalmic Pathology
  - History of ophthalmic pathology
  - Topography
  - Wound Repair
  - Specimen Handling
- Special Procedures
  - Immunohistochemistry
  - Flow cytometry
  - Molecular pathology
  - Diagnostic electron microscopy
  - Fine needle aspiration biopsy
  - Frozen sections
- Conjunctiva
  - Topography
  - Congenital anomalies
  - o Inflammations
  - Degenerations
  - Neoplasms
- Cornea
  - Topography
  - Congenital anomalies
  - Inflammations
  - Degenerations and dystrophies
  - o Neoplasms
  - **Pigment deposits**
- Anterior Chamber & Trabecular Meshwork
  - Topography
  - Congenital anomalies
  - Degenerations
  - Neoplasms
- Sclera
  - Topography
  - Congenital anomalies
  - Inflammations
  - Degenerations

- Neoplasms
- Lens
  - o Topography
  - Congenital anomalies
  - $\circ$  Inflammations
  - o Degenerations
  - o Neoplasms
  - Abnormalities associated with systemic disorders
  - Pathology of intraocular lenses
- Vitreous
  - o Topography
  - Congenital anomalies
  - Inflammations
  - Degenerations
  - o Neoplasms
- Retina & Retinal Pigment Epithelium
  - Topography
  - Congenital anomalies
  - Inflammations
  - **Degenerations**
  - Neoplasms
  - Trauma
- Uveal tract
  - o Topography
  - Congenital anomalies
  - Inflammations
  - Degenerations
  - Neoplasms
  - o **Trauma**
- Eyelids
  - Topography
  - Congenital anomalies
  - Inflammations
  - Degenerations
  - o Neoplasms
  - o **Trauma**
- Orbit
  - Topography
  - Congenital anomalies
  - Inflammations
  - Degenerations
  - Neoplasms
  - o Trauma
- Optic Nerve
  - Topography
  - Congenital anomalies

- o Inflammations
- Degenerations
- Neoplasms
- o **Trauma**

## **Intraocular Tumors: Clinical Aspects**

- Melanocytic Tumors
  - o nevi
  - o melanocytoma
  - o melanoma
  - pigmented epithelial tumors of the uvea and retina
- Angiomatous Tumors
  - o Hemangiomas
  - Arteriovenous malformations
- Retinoblastoma
  - Genetic counseling
  - Diagnostic evaluation
  - Classification
  - Associated conditions
  - Treatment options
- Metastatic and Secondary Tumors of the Eye
  - Metastatic carcinoma
  - Direct intraocular extension
- Lymphomatous Tumors
  - o Intraocular lymphoma
  - Uveal lymphoid infiltration
- Ocular Manifestations of Leukemia
- Rare tumors

## VIII. NEURO-OPHTHALMOLOGY

Anatomy and physiology

- Bony anatomy
- Anatomy of the orbit, eyelids, and lacrimal system
- Afferent visual pathways
- Efferent visual pathways
- Facial motor anatomy
- Sensory anatomy (trigeminal system)
- Autonomic anatomy
- Vascular anatomy

Ocular and neurologic evaluation

- Ocular and neurologic examinations
  - Ocular evaluation
  - Neurologic evaluation
  - Neuro-ophthalmic evaluation of the comatose patient
  - Examination of children:
- Ancillary tests

- Visual field testing
- Electrophysiology
- Ocular and orbital ultrasound
- o IVFA and ICG
- Nerve fiber layer analysis
- Imaging
- Lumbar puncture

Neuro-ophthalmic symptoms and signs

- Visual loss and visual field loss
- Positive visual phenomena and hallucinations
- Higher cortical dysfunction
- Optic nerve abnormalities
- Oscillopsia and nystagmus
- Double vision and abnormal extraocular movements
- Ptosis and lid retraction
- Proptosis and enophthalmos
- Pupillary changes
- Facial movements and weakness
- Pain

Disorders of the afferent and efferent visual pathways

- Diseases of the optic nerve
  - Ischemic optic neuropathy
  - $\circ$  Inflammation
  - Compression / Infiltration
  - Paraneoplastic
  - Traumatic
  - Toxic or Nutritional
  - Metabolic
  - Hereditary or Congenital
  - $\circ$  Glaucoma
  - Raised intracranial pressure (papilledema)
- Orbital pathology causing neuro-ophthalmic manifestations
  - o Trauma
  - Mass lesions
  - o Inflammation
  - Infection
- Diseases of the chiasm
  - Chiasmal visual field defects
  - Compression/infiltration
  - Inflammation
  - o Trauma
  - o Ischemia/hemorrhage
- Diseases of the retrochiasmal visual pathways
  - **Optic tract**
  - Lateral geniculate
  - **o** Radiations

- Calcarine cortex
- Association areas
- Specialized syndromes
- Pupillary pathology
  - Normal pupillary responses
  - Effects of drugs
  - Congenital pupillary abnormalities
  - Traumatic and secondary pupillary changes
  - Evaluation and management
- Eye movement systems pathology
  - Vestibular ocular system
  - **Optokinetic nystagmus**
  - Saccades
  - Pursuit
  - Convergence
  - Divergence
  - Specific syndromes
  - Ocular motility disturbance by location
- Nystagmus and disorders of ocular stability
  - o Jerk nystagmus
  - Pendular nystagmus
  - Congenital vs acquired nystagmus
  - Central vs peripheral nystagmus
  - Specific types of nystagmus and their localizing value
  - Induced nystagmus
  - Ocular oscillations
- Eyelid position abnormalities
  - Eyelid retraction
  - Ptosis
  - o Eyelid nystagmus
- Facial nerve dysfunction
  - Central and peripheral facial palsy
  - Blepharospasm
  - Hemifacial spasm
  - Facial myokymia, tics, and myotonia
  - Oculomasticatory myorhythmia (Whipple's)

Disorders with neuro-ophthalmic manifestations

- Developmental and congenital anomalies
  - Visual maturation
  - **Prematurity and birth injuries**
  - Cerebral palsy
  - Congenital hydrocephalus
  - Cranial dysostoses (craniosynostosis)
  - o Amblyopia
  - Congenital optic nerve anomalies
  - Common malformations of the eye and orbit

- o Skull base malformations. Chiari malformation
- Fibrous dysplasia
- Child abuse
- Systemic disorders
  - Hereditary
  - Neurocutaneous
  - o Vascular
  - Metabolic
  - Autoimmune
  - Neoplastic
  - Infectious
- Neurologic disorders commonly
  - Head and ocular injury
  - Increased intracranial pressure
  - Vascular disease of the brain and the eye
  - Seizures
  - o Neoplasms
  - Demyelinating disease
  - $\circ$  Infections
  - Metabolic diseases
  - Neuro-degenerative diseases
  - Hereditary ataxias
  - **Polyradiculopathies**
  - Neuro-muscular transmission deficits
  - Myopathies (involving the extraocular muscles)
  - Headache and facial pain
- Ocular diseases
  - Ocular neoplasms
  - Ocular infection or inflammation
  - Retinal disorders
  - o Glaucoma
- Neuro-ophthalmic manifestations of iatrogenic diseases
  - Radiation
  - Chemotherapy
  - o Drugs
  - Surgical procedures
- Functional disorders
  - Terminology
  - Clinical presentations
  - Specific techniques of evaluation

### Procedures

- Procedures and their complications
  - Temporal artery biopsy
  - Strabismus surgery
  - Canthotomy, cantholysis
  - Optic nerve sheath fenestration

- Orbital surgery
- Neurosurgery
- Interventional neuroradiology techniques
- Botulinum toxin therapy
  - Treatment of blepharospasm, hemifacial spasm, Meige syndrome
  - Treatment of strabismus

**Counseling patients** 

- Definition of legal blindness and requirements for driving
- Counseling of the visually impaired patient
- Genetic counseling

## **Important Studies**

- Optic Neuritis Treatment Trial (ONTT)
- Longitudinal Optic Neuritis Study (LONS)
- Controlled High-Risk Subjects Avonex Multiple Sclerosis Prevention Study (CHAMPS)
- Ischemic Optic Neuropathy Decompression Trial (IONDT)

## IX. PEDIATRIC OPHTHALMOLOGY & STRABISMUS

Strabismus and Amblyopia

- Introduction to Strabismus
  - Epidemiology
  - Childhood syndromes
  - Acquired
    - Paretic
    - Restrictive
- Anatomy of the Extraocular Muscles and their Fascia
- Motor Physiology
  - Hering's and Sherrington's Laws
  - Ductions and versions/vergence movements
  - Comitancy
  - Adaptations in strabismus
    - A- & V-Pattern Horizontal Strabismus
    - Dissociated deviations
    - Latent nystagmus
    - Oblique overaction
    - Smooth pursuit/OKN abnormalities
- Sensory Physiology & Pathology
  - Normal binocular sensory physiology
  - Childhood adaptations to strabismus
  - o Adult adaptations to strabismus
  - Diagnostic Techniques for Strabismus and Amblyopia
    - Vision testing for infants and children
    - Determination of refractive error in infants and children
    - Sensory testing
    - Assessment/quantification of strabismus

- Amblyopia
  - Classification
    - Strabismic
    - Refractive
    - Organic
    - Mixed mechanism
  - o **Treatment** 
    - Occlusion
    - Pharmacological and optical penalization
- Esodeviations
  - o Infantile
  - Acquired
    - Refractive
      - Normal AC/A
      - High AC/A
    - Nonrefractive
- Exodeviations
  - o Infantile
  - Acquired/intermittent exotropia
- Special Forms of Childhood Strabismus
  - Duane's syndrome
  - Brown's syndrome
  - Double elevator palsy
  - Generalized fibrosis syndrome
- Acquired Paretic Strabismus
  - Cranial nerve palsies
  - o Myasthenia Gravis
  - Ophthalmoplegia syndromes
- Acquired Restrictive Strabismus
  - Thyroid/Graves ophthalmopathy
  - Orbital trauma
- Childhood Nystagmus
  - Congenital Motor Nystagmus
  - Secondary/sensory nystagmus
- Surgery of the Extraocular Muscles
  - Principles of surgical correction
  - Techniques for surgical correction
  - Complications of surgical correction
  - Special considerations in pediatric anesthesia
- Chemodenervation Treatment of Strabismus
- Conservative and Orthoptic Management of Strabismus

**Pediatric Ophthalmology** 

- Growth & Development of the Eye
- Congenital Anomalies
- Orbital Dysmorphology & Eyelid Disorders

- Terminology and association of abnormal interocular distance
- Eyelid disorders
- Infectious & Allergic Ocular Disease
  - Intrauterine and perinatal infections of the eye
  - Ophthalmia neonatorum
  - Conjunctivitis
  - Orbital and adnexal infections
  - Ocular allergy
  - Stevens-Johnson Syndrome
  - o Kawasaki Disease
- The Lacrimal Drainage System
  - Developmental anomalies
  - Dacryocele
  - o Nasolacrimal duct obstruction
- Diseases of the Cornea and Anterior Segment
  - Embryology of the cornea and anterior segment
  - Congenital corneal anomalies
  - Infantile corneal opacities
  - Systemic diseases with corneal manifestations in childhood
- Iris Abnormalities
- Pediatric Glaucomas
  - Primary congenital glaucoma
  - Secondary pediatric glaucomas
  - Treatment
  - Prognosis and follow up
  - Childhood Cataracts and Other Pediatric Lens Disorders
    - Pediatric cataracts
    - Surgery
    - Structural or positional lens abnormalities
    - Dislocated lenses in children
- Uveitis in the Pediatric Age Group
  - $\circ$  Classification
  - Anterior uveitis
  - Intermediate uveitis
  - Masquerade syndromes
  - Diagnosis of pediatric uveitis
  - Treatment of pediatric uveitis
- Vitreous and Retinal Diseases & Disorders
  - o Leukocoria
  - Hereditary retinal disease
  - Hereditary macular dystrophies
  - **o** Hereditary vitreoretinopathies
  - Systemic diseases and disorders with retinal manifestations
  - Screening examination of premature infants for retinopathy of prematurity

- Optic Disc Abnormalities
  - o Developmental anomalies
  - Optic atrophy
  - Optic neuritis
  - o Papilledema
  - Pseudotumor cerebri
  - o pseudopapilledema
- Ocular & Periocular Tumors in Childhood
  - Orbital tumors
  - Eyelid and epibulbar lesions
  - Intraocular tumors
- Phakomatoses
  - Neurofibromatosis
  - Tuberous sclerosis
  - Von Hipel-Lindau disease
  - Sturge-Weber syndrome
  - Ataxia-telangiectasia
  - Incontinentia pigmenti
  - Wyburn-Mason syndrome
- Craniofacial Malformations
  - Approach to the child with craniofacial malformations
  - Craniosynostosis
  - Craniosynostosis syndromes
  - Ocular complications
  - Management
  - Nonsynostotic craniofacial conditions
  - Ocular Findings in Inborn Errors of Metabolism
- Ocular Trauma in Childhood
  - Child abuse
  - Superficial injury
  - Penetrating injury
  - Blunt injury
- Decreased Vision in Infants and Children
  - Normal visual development
  - Approach to the infant with decreased vision
  - Acquired vision loss later in childhood

### X. EXTERNAL DISEASE & CORNEA

•

**Basic & Clinical Concepts of Corneal & External Eye Disease** 

- Anatomy and histology
  - Eyelids
  - Conjunctiva
  - Cornea
  - o sclera
- Pharmacology
- Examination Techniques for the External Eye & Cornea

**Ocular Surface Disorders** 

- Normal physiology of the Ocular Surface
- Diagnostic Approach to Ocular Surface Disease
  - Tests of tear production
  - Vital dyes and other surface staining techniques
  - Impession cytology
- Dry Eye Syndrome
  - Risk factors
  - Clinical features and complications
  - Treatment
    - Pharmacologic
    - Punctal occlusion

Infectious Diseases of the External Eye & Cornea

- Basic Concepts
- Clinical Aspects
  - Viral
  - Bacterial
  - Fungal
  - other

## Immune-mediated Disorders of the External Eye & Cornea

- Ocular Immunology
- Mucous membrane pemphigoid
- Mooren ulcer and other forms of peripheral ulcerative keratitis
- Scleritis
- Clinical Approaches

Neoplastic Disorders of the Eyelids, Conjunctiva & Cornea

- Tumor Cell Biology
- Diagnostic Approaches to Ocular Surface Neoplasia
  - **Biopsy techniques**
- Clinical Approaches

**Congenital Anomalies of the Cornea & Sclera** 

- Basic Concepts
- Clinical Aspects

Corneal Dystrophies and Metabolic Disorders involving the Conjunctiva, Cornea & Sclera

- Molecular Genetics
- Clinical Approach

Degenerative Disorders of the Conjunctiva, Cornea & Sclera

- Degenerative & Aging Process
- Clinical Approach

**Toxic & Traumatic Injuries of the Anterior Segment** 

- Wound Healing
- Clinical Aspects

Neurotrophic keratitis

**Contact lens-related disease** 

**Corneal complications of eyelid disease Surgery of the Ocular Surface** 

- Introduction
- Surgical Procedures

**Corneal Transplantation** 

- Basic Concepts
- Clinical Approach

Universal precautions and preventive health

## **XI. GLAUCOMA**

Terminology, Epidemiology and Heredity

- Definition and classifications
  - Primary and Secondary Open Angle Glaucoma
  - Primary and Secondary Angle Closure Glaucoma
  - Congenital/Developmental Glaucoma
- Epidemiology
  - Open Angle Glaucoma
  - Angle Closure Glaucoma
- Hereditary, Genetic and Environmental Factors
  - **Open Angle Glaucoma**
  - Angle Closure Glaucoma
  - o Congenital/Developmental Glaucoma
  - Other genes

**Intraocular Pressure and Aqueous Humor Dynamics** 

- Aqueous Production
  - Rate of formation
  - Suppression
- Aqueous Outflow
  - Trabecular
  - Uveoscleral
- Episcleral Venous Pressure
- Intraocular Pressure
  - **Distribution**
  - Factors which influence IOP
  - Diurnal variation
  - Tonomtery
    - Technique
    - Types
    - Relationship with corneal thickness
- **Clinical Evaluation** 
  - Relevant history
  - External Adnexae and Anterior Segment
  - Pachymetry
  - Gonioscopy
    - Technique
    - Grading the angle

- Optic Nerve Evaluation
  - Clinical examination
    - Normal anatomy
    - Glaucomatous findings
    - Pathophysiology
  - **Documentation**
  - Quantitative Measurements
    - Confocal scanning laser ophthalmoscopy
    - Optical coherence tomography
- Visual Field
  - Types of perimetry
  - Patterns of loss
  - Interpretation and artifacts
  - Monitoring
- Other tests
  - Ultrasound biomicroscopy
  - o Blood flow measurements
- **Open-Angle Glaucoma** 
  - Definition
  - Epidemiology
  - Primary Open-Angle
    - Clinical features
    - Risk factors and Related Conditions
    - Prognosis
  - Normal or Low-Tension Glaucoma
    - Clinical features
    - Differential diagnosis
    - o Work-up
    - Related Conditions
    - Prognosis
  - Glaucoma Suspect
  - Ocular Hypertension
  - Secondary Open Angle Glaucoma
    - Exfoliation syndrome
    - o **Pigmentary**
    - Lens-induced
      - Phacolytic
      - Lens particle
      - Phacoantigenic
    - **Tumors**
    - Inflammation
    - Elevated episcleral venous pressure
    - Surgery/trauma
    - o Mediations
      - Steroids
      - Cycloplegics

**Angle-Closure Glaucoma** 

- Definition and anatomy
- Epidemiology
- Clinical Features
- Pathogenesis and Mechanisms of Angle Closure
- Primary Angle Closure
  - Risk factors
  - Gonioscopy and the narrow angle
  - Acute, subacute, intermittent
  - Chronic
- Plateau Iris
- Secondary Angle Closure Glaucoma
  - With pupillary block
    - Lens-induced
  - Without pupillary block
    - Neovascular
    - Iridocorneal endothelial syndrome
    - Tumors
    - Inflammation
    - Aqueous misdirection
    - Trauma
    - Surgery
    - Retinal detachment and uveal effusion
    - Epithelial and fibrous downgrowth
    - Nanophthalmos
    - Drug-induced

### Childhood Glaucoma

- Definition and classification
- Epidemiology and genetics
- Clinical features
- Pathophysiology
- Differential diagnosis
- Prognosis and follow-up
- Developmental glaucomas
  - Associated ocular anomalies
  - Associated systemic anomalies
  - Other secondary

### Medical Management of Glaucoma

- General Principles
- Topical agents
  - Adrenergic agonists
  - Beta adrenergic antagonists
  - Carbonic anhydrase inhibitors
  - Parasympathomimetics
  - Prostaglandin analogues

- Combined medications
- Systemic agents
- Considerations in Special Cases
  - **Pregnancy**
  - Sickle cell
  - o Uveitis
  - Corneal Transplant
- Compliance

Surgical Therapy for Glaucoma

- General Principles and Indications
- Open-Angle Glaucoma
- Laser
  - o ALT
  - o SLT
- Incisional Surgery
  - Trabeculectomy
    - Antimetabolites
    - Full-thickness Sclerostomy
- Angle-Closure Glaucoma
  - o Laser
    - Peripheral iridotomy
    - Iridoplasty
  - Incisional Surgery
    - Peripheral iridectomy
    - Cataract extraction
    - Goniosynechiolysis
- Other Procedures
  - Aqueous Shunts
  - Ciliary Ablation
  - Nonpenetrating Surgery
  - Combined Cataract and Filtering Surgery
  - Developmental/Congenital Glaucoma surgery
    - Goniotomy
    - Trabeculotomy

## XII. LENS & CATARACT

## Anatomy

- Capsule And Epithelium
- Nucleus
- Cortex
- Zonules

## Biochemistry

- Lens Proteins
- Transport And Permeability
- Glucose And Carbohydrate Metabolism

• Oxidative Damage

Physiology

- Accommodation
- Transparency, Water, And Electrolyte Balance
- Light Transmission Spectrum
- Presbyopia

Embryology

• Normal Development

Pathology

- Congenital Anomalies And Abnormalities
- Developmental Defects
- Types Of Cataract
- Drug-Induced Lens Changes
- Trauma
- Metabolic Cataract
- Intrauterine Infections And Cataract
- Cataracts Associated With Uveitis
- Exfoliation Syndromes
- Cataract And Skin Diseases
- Lens-Induced Glaucoma
- Ischemia
- Cataracts Associated With Degenerative Ocular Disorders
- Nutritional Effects

**Epidemiology of Cataracts** 

**Evaluation and Management in Adults** 

- Signs And Symptoms
- Medical Management
- Low Vision Aids For Cataract
- Indications For Surgery
- Preoperative Evaluation
- External Examination
- Slit-Lamp Examination
- Fundus Evaluation
- Measurements Of Visual Function
- Special Tests
- Preoperative Measurements
- Patient Preparation And Informed Consent

**Surgery for Cataracts** 

- Historical Development
- Anesthesia For Cataract Surgery
- Preoperative And Intraoperative Preparation
- Wound Construction
- Intracapsular Cataract Extraction
- Extracapsular Cataract Extraction

- Cataract Extraction By Phacoemulsification
- Cataract Extraction By Laser Phacolysis
- Clear Lens Extraction
- Pars Plana Lensectomy
- Primary Intraocular Lens Implantation In Adults
- Primary Intraocular Lens Implantation In Children
- Viscoelastics
- Outcomes Of Cataract Surgery

**Complications of Cataract Surgery** 

- Shallow Or Flat Anterior Chamber
- Corneal Edema
- Hemorrhage
- Retinal Phototoxicity
- Elevated Intraocular Pressure
- Cystoid Macular Edema
- Retinal Detachment
- Endophthalmitis
- Macular Infarction
- Chronic Uveitis
- Capsular Rupture
- Corneal Melting
- Wound Leak Or Filtering Bleb
- Iridodialysis
- Cyclodialysis
- Ciliary Block Glaucoma
- Retained Lens Material
- Vitreous Disruption Or Wound Incarceration
- Induced Astigmatism
- Pupillary Capture
- Epithelial Downgrowth
- Capsular Opacification And Contraction
- Complications Of IOL Implantation

**Cataract Surgery in Special Situations** 

- Cataract Surgery In Children
- Anticipated Poor Wound Healing
- Psychosocial Considerations
- Systemic Conditions
- Ocular Conditions
- Trauma

## XIII. REFRACTIVE SURGERY

## **Underlying Concepts**

- The Science of Refractive Surgery
  - Corneal topography

- Wavefront analysis
- Corneal biomechanics
- Wound healing
- Laser biophysics
- The Role of the FDA in Refractive Surgery
- Patient Evaluation
  - Preoperative evaluation
  - Patient examination
  - o Diagnostic and ancillary tests
  - Informed consent

**Specific Procedures in Refractive Surgery** 

- Incisional Corneal Surgery
  - Radial keratotomy
  - Limbal relaxing incisions
  - Arcuate keratotomy
  - Outcomes
  - complications
- Onlays & Inlays
  - Intrastromal corneal ring segments
  - Epikeratoplasty and keratophakia
  - orthokeratology
  - Outcomes
  - complications
- Photoablation
  - o LASIK
  - o LASEK
  - Photorefractive keratectomy
  - Phototherapeutic keratectomy
  - o Outcomes
  - complications
- Thermokeratoplasty
  - Conductive keratoplasty
  - Outcomes
  - o complications
- Intraocular Surgery
  - Piggyback lenses
  - Clear lens extraction
  - Phakic intraocular lenses
  - Toric intraocular lenses
  - Multifocal intraocular lenses
  - Accommodating intraocular lenses
  - Investigational techniques
  - Outcomes
  - complications
- Treatment of Presbyopia
  - Theories of accommodation

- Accomodative surgery
- Non-accomodative surgery
- Outcomes
- o complications

**Refractive Surgery in the Setting of Other Conditions** 

- Refractive Surgery in patients with ocular diseases
- Refractice surgery in and patients with systemic diseases
- Considerations after Refractive Surgery
  - IOL calculations after refractive surgery
  - Retinal detachment
  - Corneal transplantation
  - Contact lens wear
  - o glaucoma
- Managing complications
- Clinical Trials in refractive surgery
- Medicolegal aspects of refractive surgery