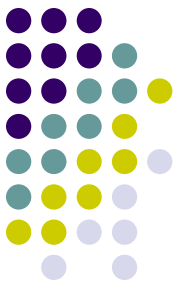
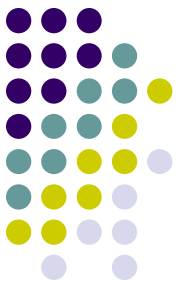


Retinal Anatomy and Histology



1

*What is the difference between the retina and the **neurosensory** retina?*
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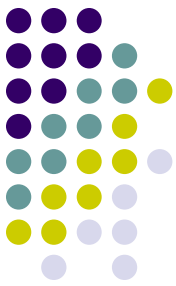
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The neurosensory retina contains three classes of cells:

--Neurons

--Glial

--Vascular



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There are five types of neural elements:

--**Neurons:**

----Photoreceptors (PRs)

----Bipolar cells

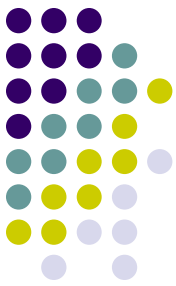
----Ganglion cells

----Amacrine cells

----Horizontal cells

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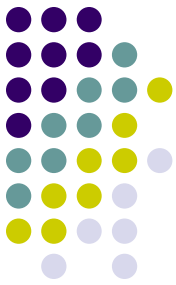
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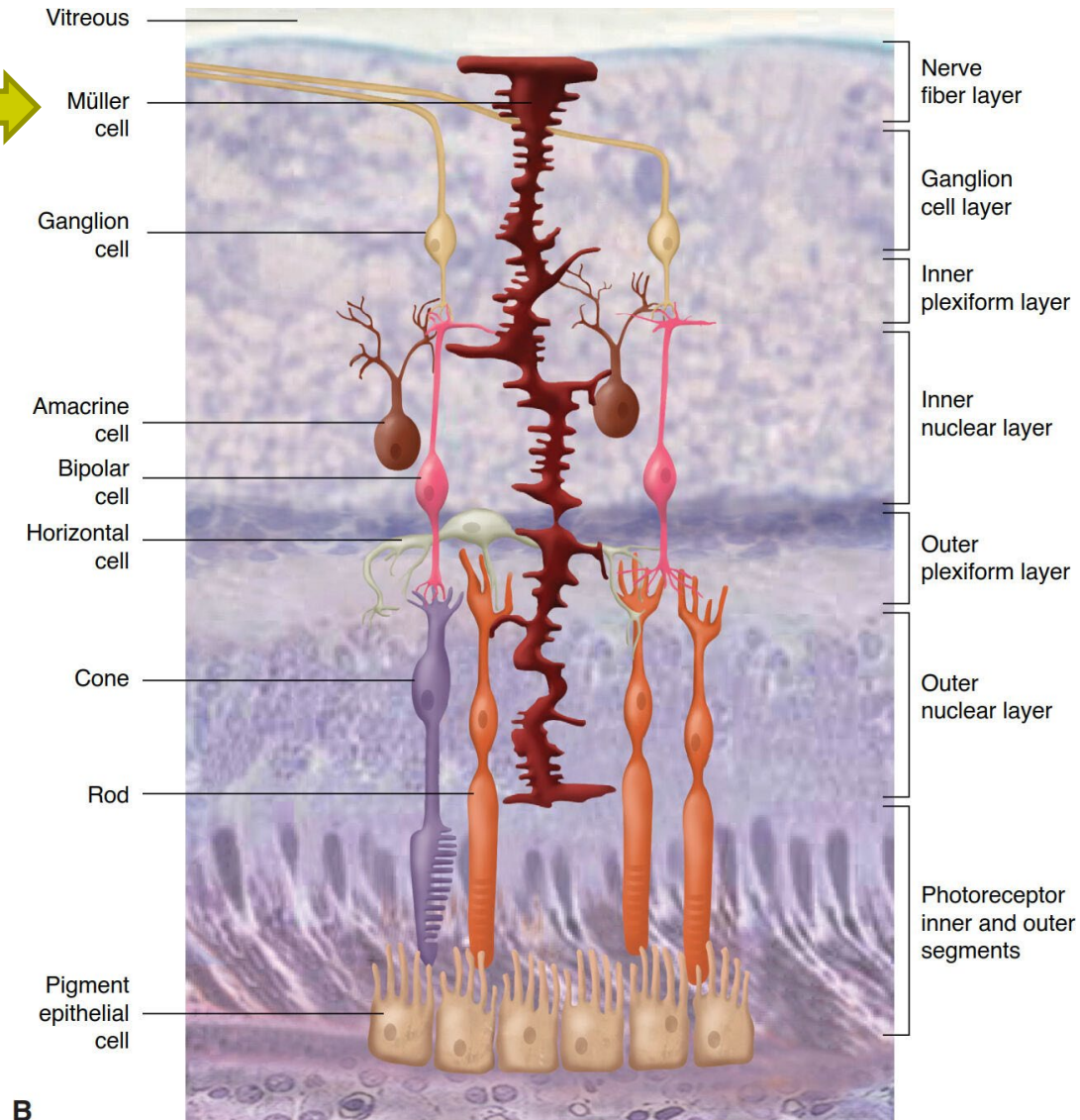
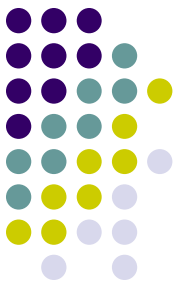
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----Microglia

--Vascular

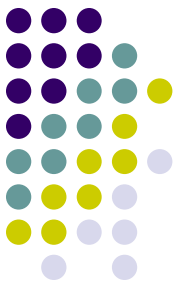
One of the glial cells is of particular note—**Müller cells**. These large cells extend the breadth of the neurosensory retina, and their foot-processes form the **internal limiting membrane** of the retina.

Retinal Anatomy and Histology



B

Müller cells



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----Ganglion cells

----Amacrine cells

----Horizontal cells

--Glial:

----Müller cells

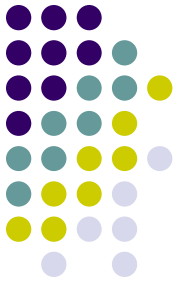
----Astrocytes

----Microglia

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----Pericytes



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----**Amacrine cells**

----**Horizontal cells**

The amacrine cells and horizontal cells are **interneurons** connecting other neural elements.

--Glial:

----Müller cells

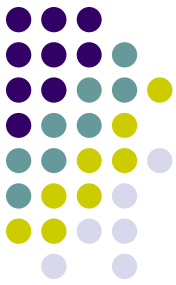
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----**Amacrine cells**

----**Horizontal cells**

The amacrine cells and horizontal cells are **interneurons** connecting other neural elements. The horizontal cells interconnect PRs with one another; the amacrine cells interconnect bipolar cells, and ganglion cells.

--Glial:

----Müller cells

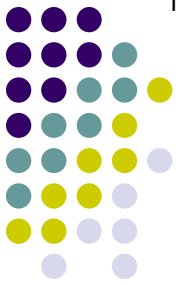
----Astrocytes

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--**Vascular:**

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Noting that amacrine and horizontal cells are interconnectors dovetails nicely with a fundamental way you should think about the neural elements of the neurosensory retina. Specifically, all of the neural elements can be conceptualized as belonging to one of two pathways:

And lastly, two vascular cell types:

--Neurons:

----Photoreceptors (PRs)

----Bipolar cells

----Ganglion cells

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--Glial:

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- The **vertical pathway** comprised of (in order) the PRs, bipolar cells, and ganglion cells; and
- the **horizontal pathway** comprised of amacrine and horizontal cells

And lastly, two vascular cell types:

--**Neurons:**

- Photoreceptors (PRs)
 - Bipolar cells
 - Ganglion cells
 - Amacrine cells
 - Horizontal cells
- Vertical pathway
- Horizontal pathway

--**Glial:**

- Müller cells
- Astrocytes
- Microglia

--**Vascular:**

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- Pericytes

Retinal Anatomy and Histology



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- The vertical pathway comprised of (in order) the PRs, bipolar cells, and ganglion cells; and
- the horizontal pathway comprised of (in order) the amacrine cells, horizontal cells, and ganglion cells.

What does it mean to say the vertical pathway is, well, vertical?
It means that this is the direct path that neural impulses take in getting out of the eye and to the visual cortex.

And lastly, two vascular cell types exist:

--Neurons:

- Photoreceptors (PRs)
- Bipolar cells
- Ganglion cells

**Vertical
pathway**

- Amacrine cells
- Horizontal cells

*Horizontal
pathway*

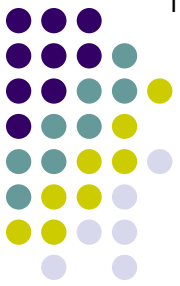
--Glial:

- Müller cells
- Astrocytes
- Microglia

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Retinal Anatomy and Histology



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- The vertical pathway comprised of (in order) the PRs, bipolar cells, and ganglion cells; and
- the horizontal pathway comprised of amacrine and horizontal cells.

And lastly, two vascular cell types exist:

--Neurons:

- Photoreceptors (PRs)
- Bipolar cells
- Ganglion cells

Vertical
pathway

- Amacrine cells
- Horizontal cells

**Horizontal
pathway**

--Glial:

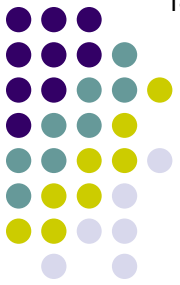
- Müller cells
- Astrocytes
- Microglia

In contrast, the horizontal pathway conducts impulses from one area of the retina to another.

--Vascular:

- Endothelial cells
- Pericytes

Retinal Anatomy and Histology



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--Neurons:

----Photoreceptors (PRs)

----Bipolar cells

Let's drill down on the PRs. Their fundamental role is to convert light energy into electrical (neural) impulses, ie, they are the site at which **phototransduction** occurs. There are two basic PR types: Rods and cones, each named for the shape of their outer segments (we'll explain what an outer seg is shortly). In the average human retina there are 100-125M rods, and 6-7M cones.

----Müller cells

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Retinal Anatomy and Histology



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----Photoreceptors (PRs)

----Dispersed cells

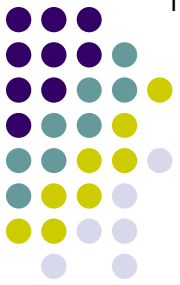
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Rods and cones differ in many ways, but the most fundamental is that cones provide color vision, whereas rods provide monochromatic vision. There are three types of cones; they differ in terms of the wavelength of light to which they are most responsive: Short wavelength (S cones), medium (M cones), and long (L cones).

----Endothelial cells

----Pericytes

Retinal Anatomy and Histology



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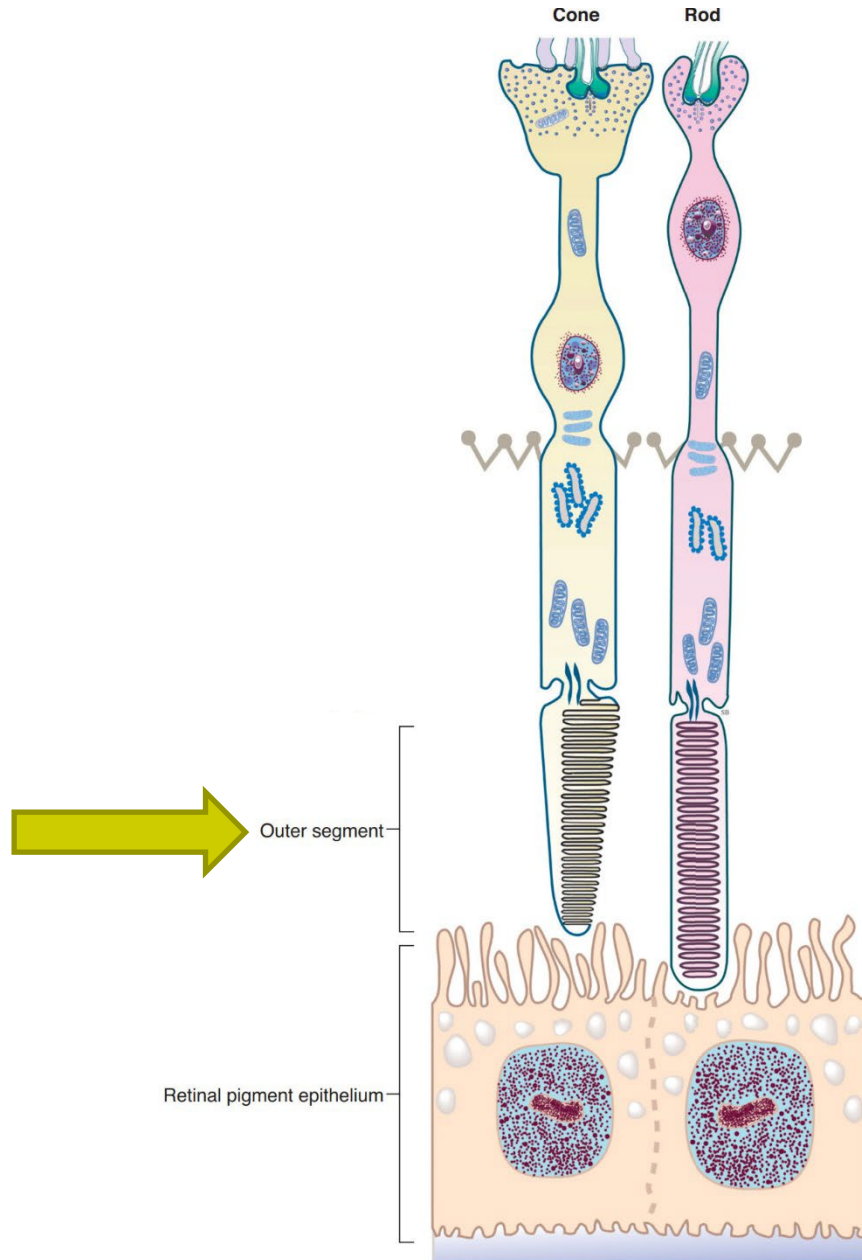
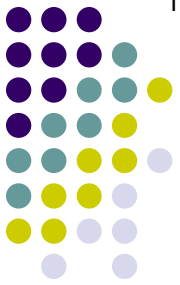
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----Bipolar cells

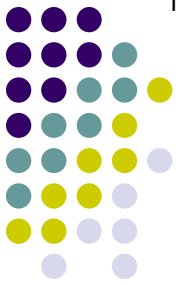
Let's talk PR morphology. PRs have several portions, one being the **outer segment** (*outer* means 'closer to the eye wall'). As mentioned, the outer segs of rods and cones are rod-shaped and conical, respectively.

----Pericytes

Retinal Anatomy and Histology



Retinal Anatomy and Histology



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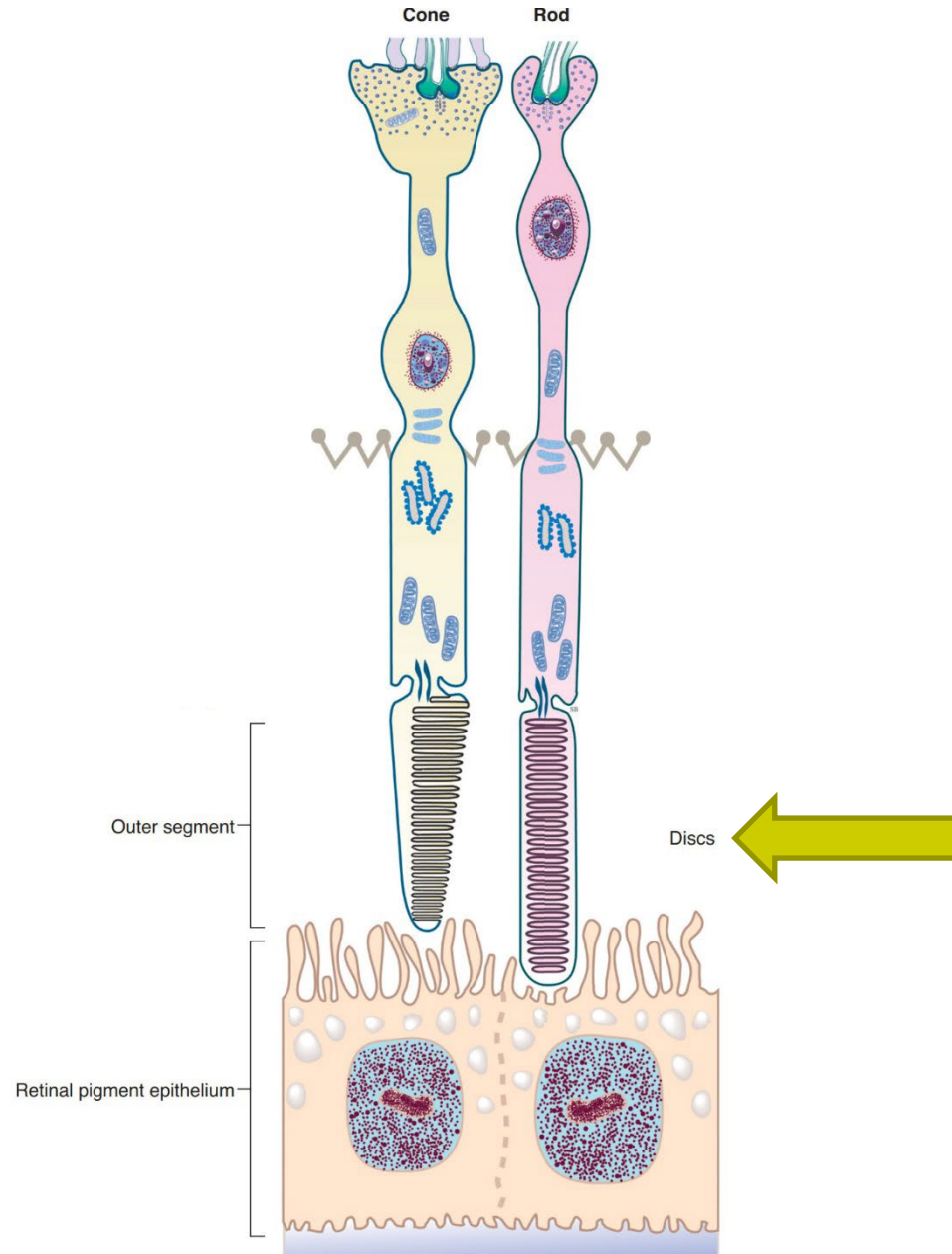
----Bipolar cells

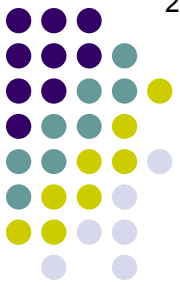
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The dominant morphologic feature of a PR outer seg are its **discs**. The disc membranes contain the protein **rhodopsin**, which is the substance that reacts to the incoming light and kicks off the process of phototransduction. After a disc's phototransduction ability is spent, it is 'shed' by the PR, and gobbled up by adjacent RPE cells.

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Retinal Anatomy and Histology





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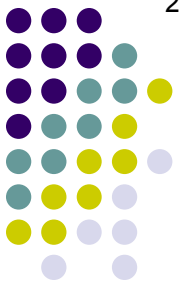
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----Pericytes

Retinal Anatomy and Histology



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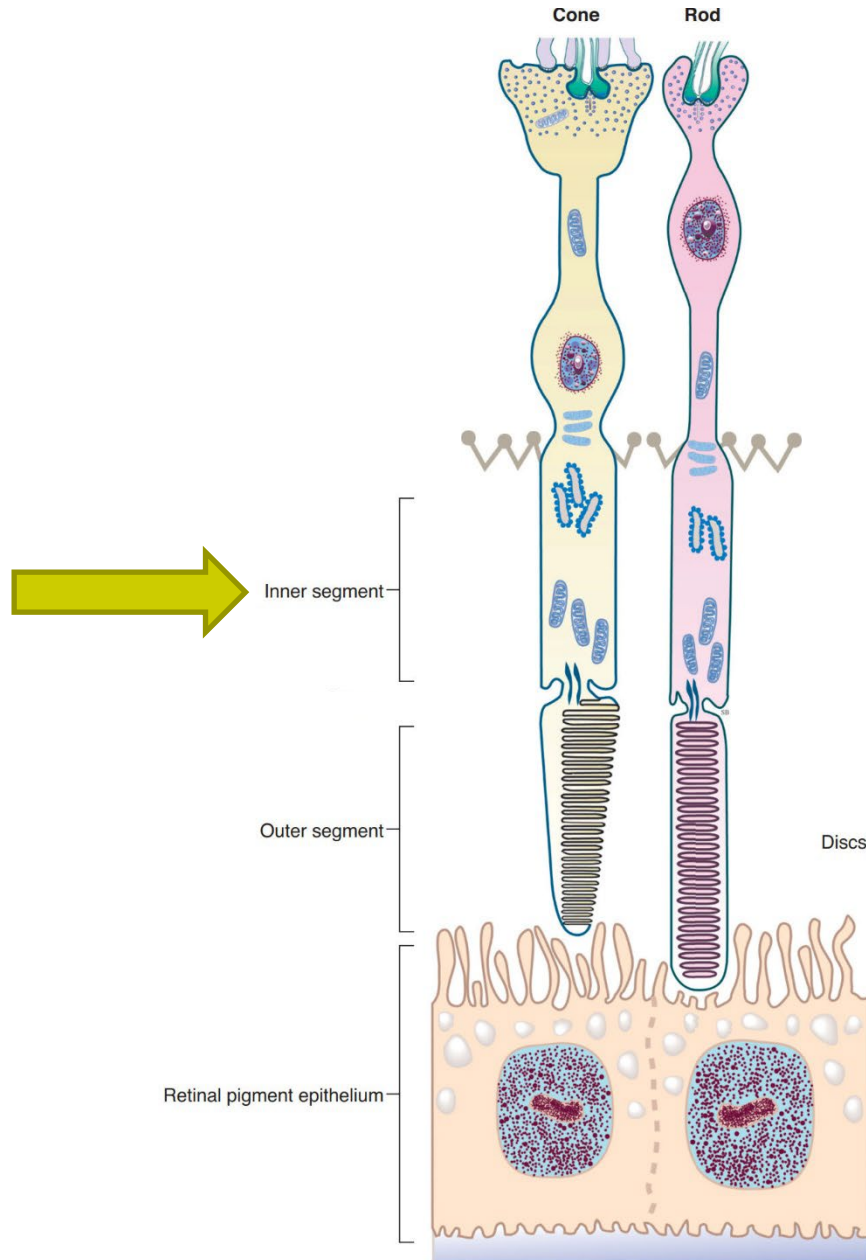
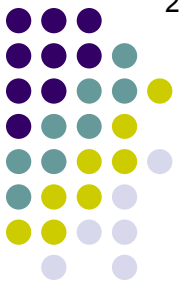
Next to the outer segment is, perhaps not surprisingly, the **inner segment**.

--Vascular:

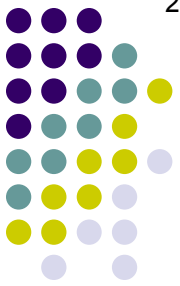
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Retinal Anatomy and Histology



Retinal Anatomy and Histology



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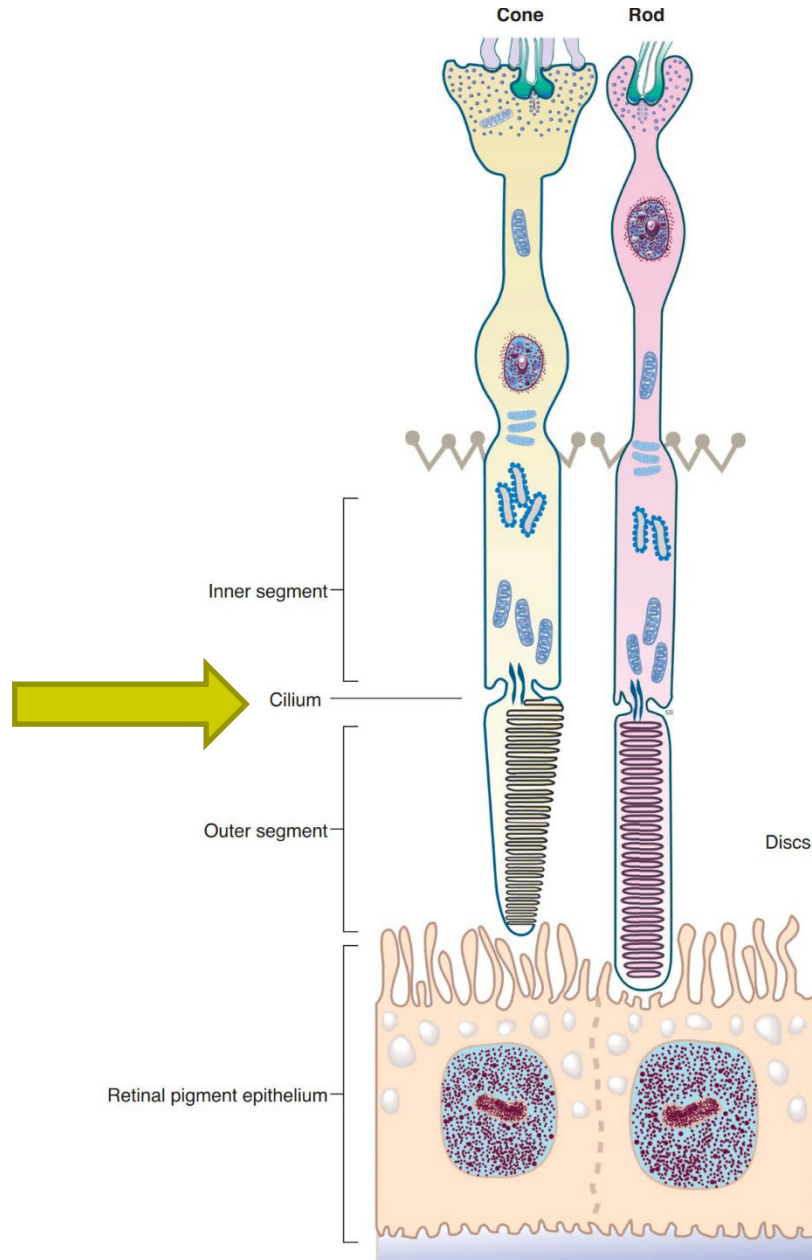
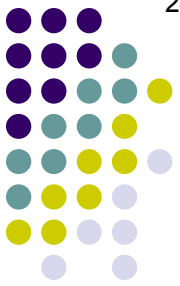
Next to the outer segment is, perhaps not surprisingly, the **inner segment**. The inner and outer segments are connected by a nonmotile cilium. Disorders affecting the integrity of the cilia have enormous consequences for PR/retinal health and visual function, as they can produce a retinitis pigmentosa-like clinical picture.

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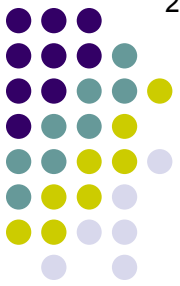
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Retinal Anatomy and Histology



Retinal Anatomy and Histology



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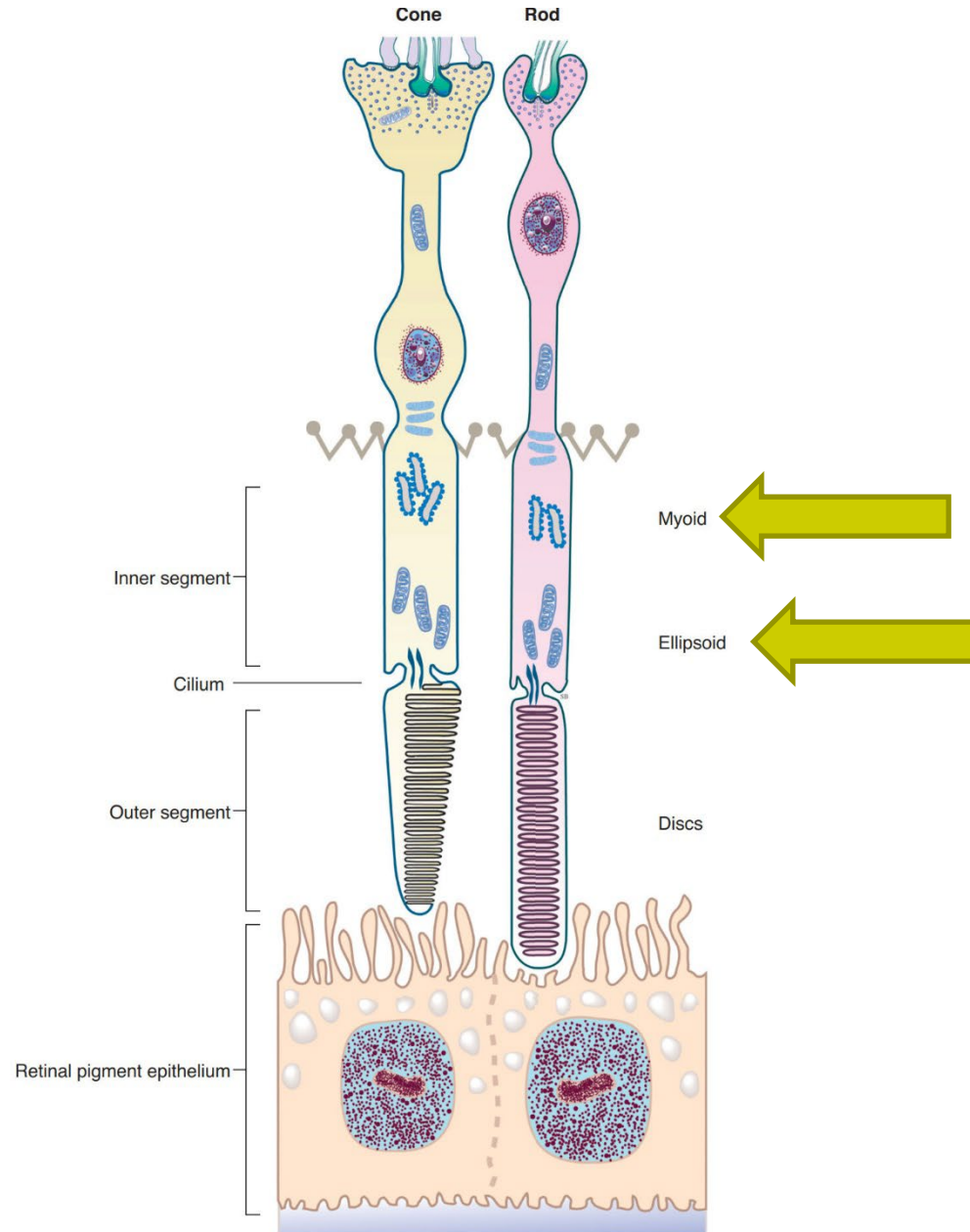
The inner segment has two subsections—an **ellipsoid** immediately adjacent to the cilium, then a **myoid**. Each area is known for its contents, with the ellipsoid being chock full of mitochondria, and the myoid full of glycogen.

--Vascular:

----Endothelial cells

----Pericytes

Retinal Anatomy and Histology



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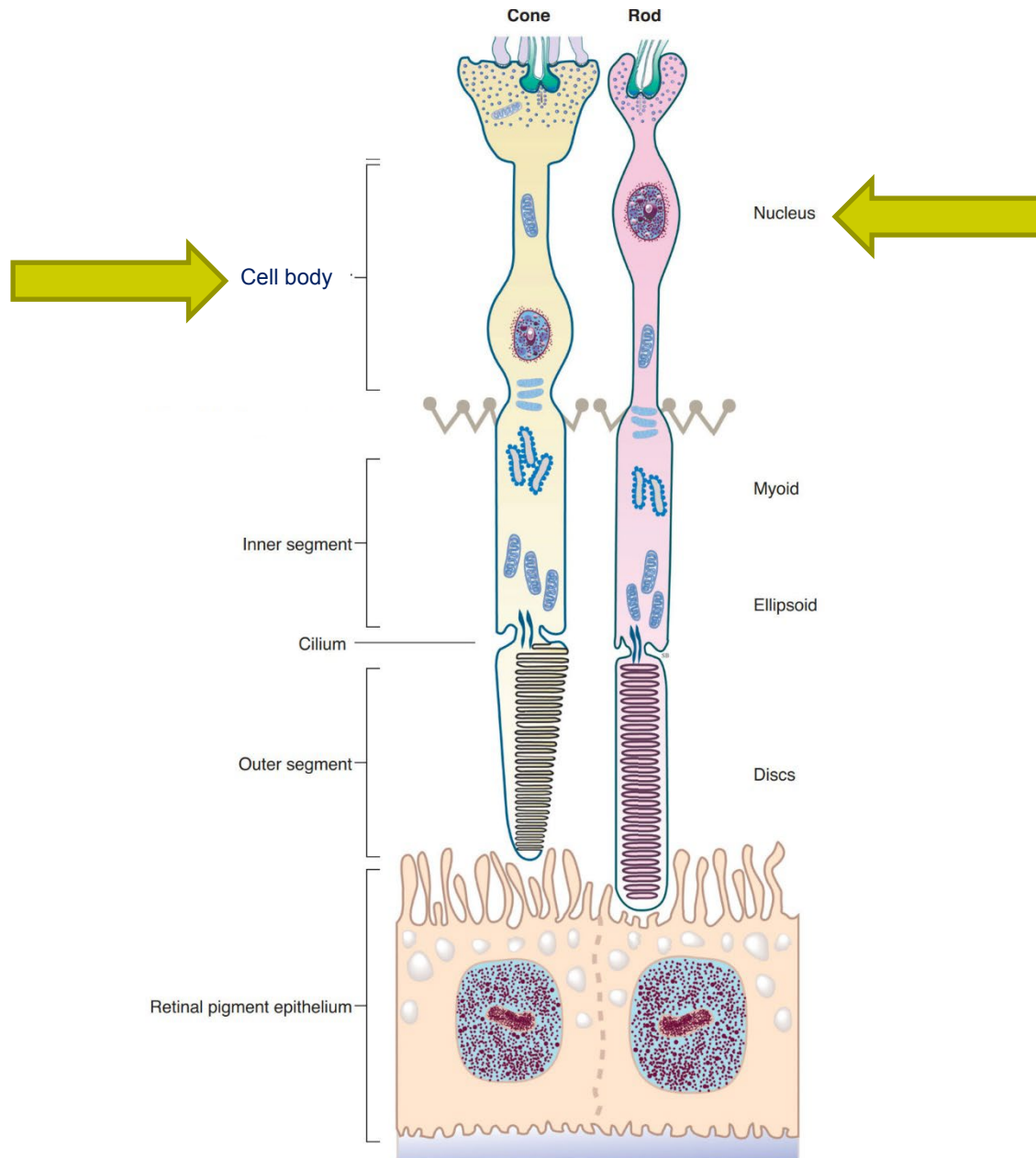
----Photoreceptors (PRs)

Continuing on... The portion of the PR next to the inner segment is the **cell body**, which houses the cell's **nucleus**.

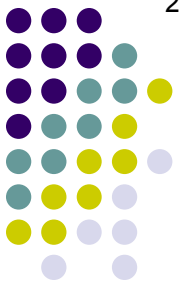
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Retinal Anatomy and Histology



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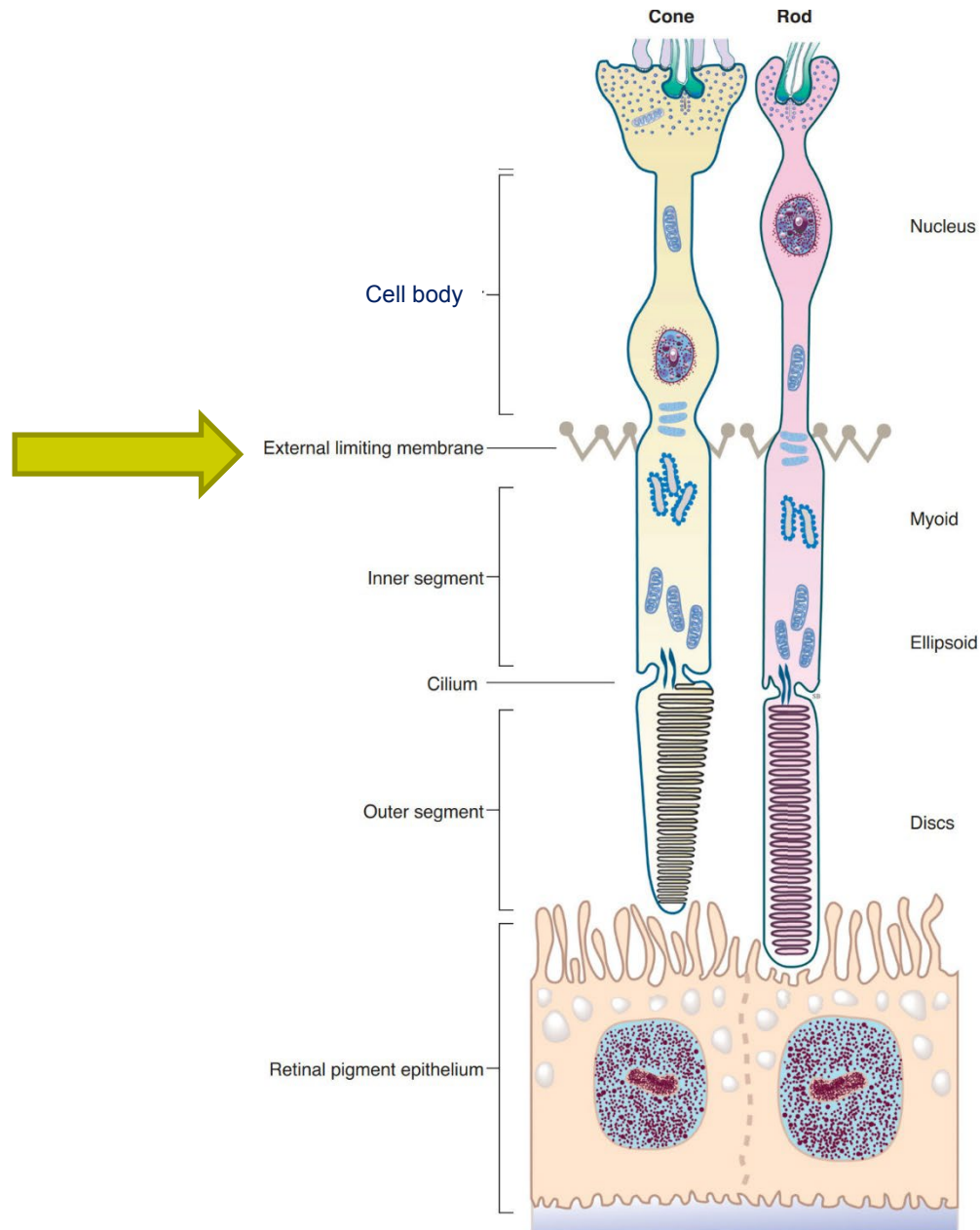
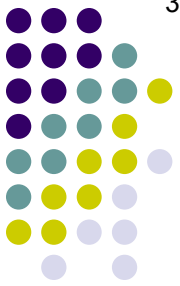
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While not a part of the PRs per se, they (the PRs) contribute to an important retinal structure located at the juncture of the inner segment and cell body—the **external limiting membrane** (ELM). The ELM is not an actual membrane, rather, it is a barrier created by connections between Mueller cells and PRs.

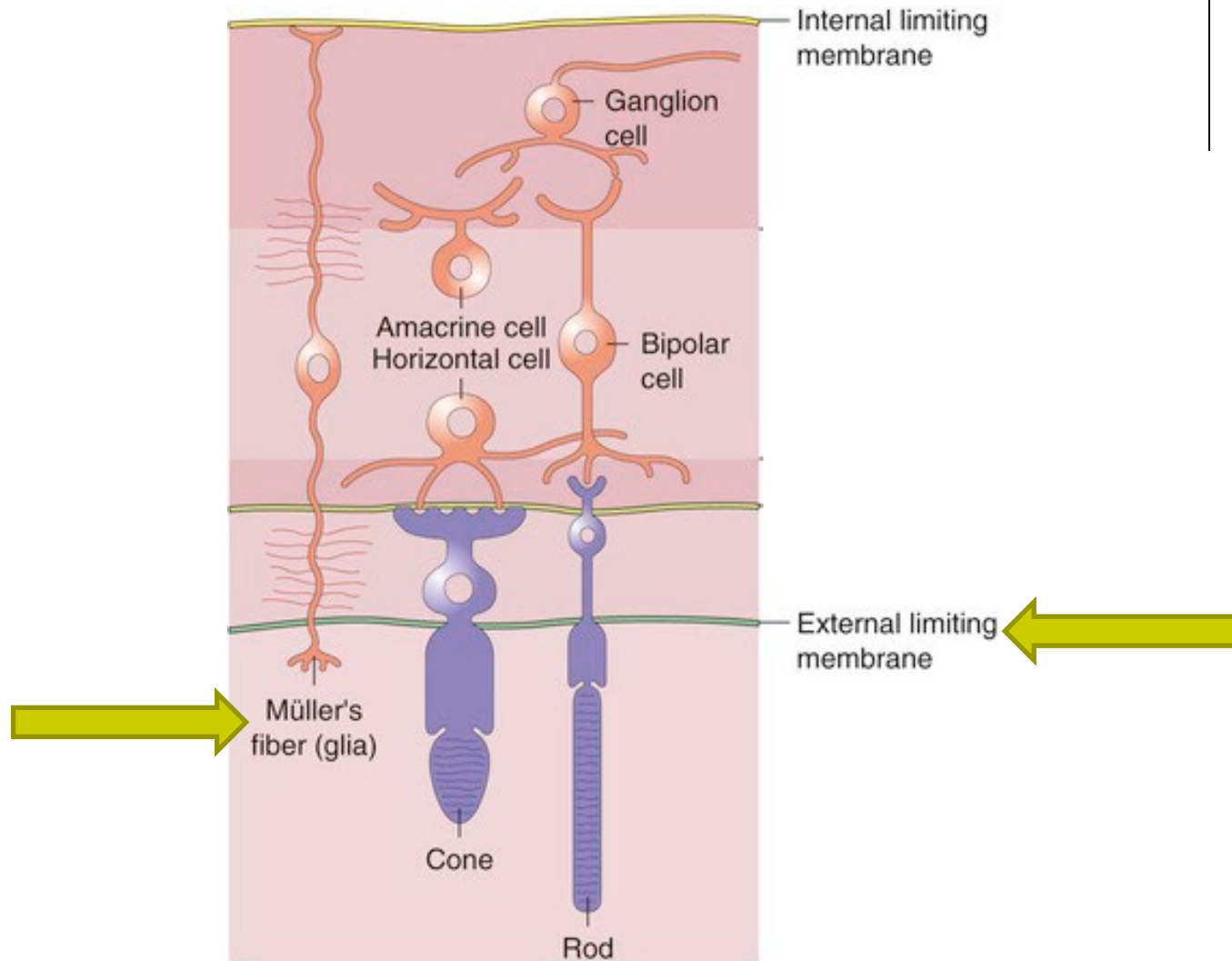
----Endothelial cells

----Pericytes

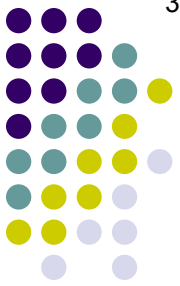
Retinal Anatomy and Histology



Retinal Anatomy and Histology



ELM, Müller cells and PRs



Retinal Anatomy and Histology

*What is the difference between the retina and the **neurosensory** retina?*
While often used interchangeably (including, on occasion, in this slide-set), these are technically not synonyms. The term *neurosensory retina* refers to the neural lining on the inside of the eye, whereas the term *retina* refers to this neural lining along with the retinal pigment epithelium (RPE).

The neurosensory retina contains three classes of cells:

There are five types of neural elements:

Three types of glial cells:

And lastly, two vascular cell types:

--Neurons:

----Photoreceptors (PRs)

Continuing on... The portion of the PR next to the inner segment is the **cell body**, which houses the cell's **nucleus**.

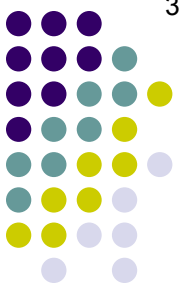
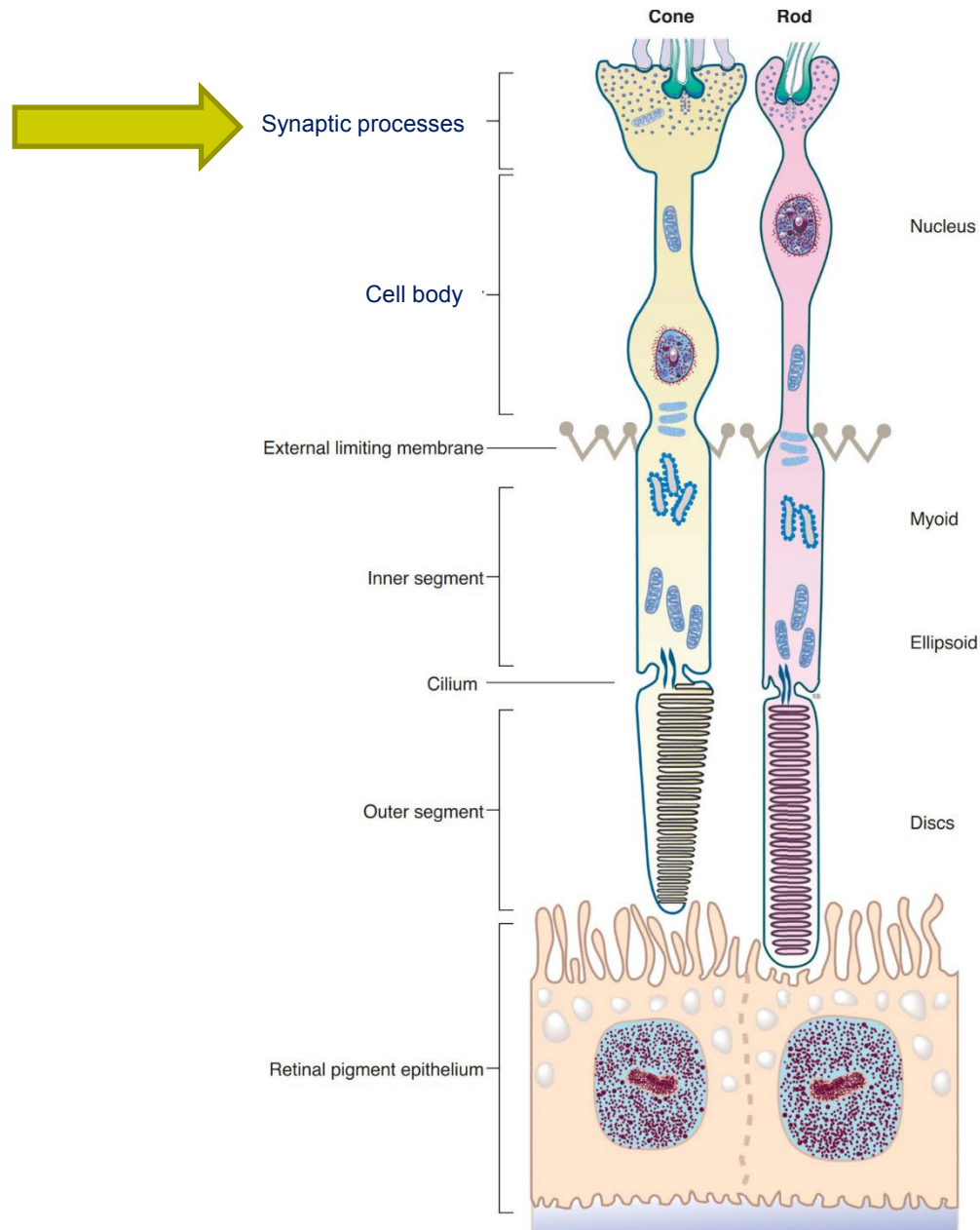
While not a part of the PRs per se, they (the PRs) contribute to an important retinal structure located at the juncture of the inner segment and cell body—the **external limiting membrane** (ELM). The ELM is not an actual membrane, rather, it is a barrier created by connections between Mueller cells and PRs.

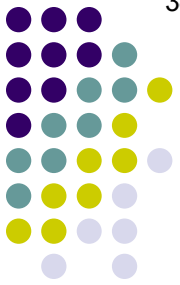
After the cell body, the final portion of the PR is an axon-like fiber terminating in the PR's synaptic processes.

----Endothelial cells

----Pericytes

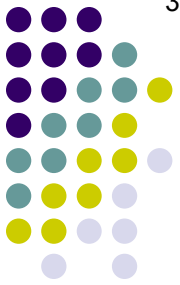
Retinal Anatomy and Histology





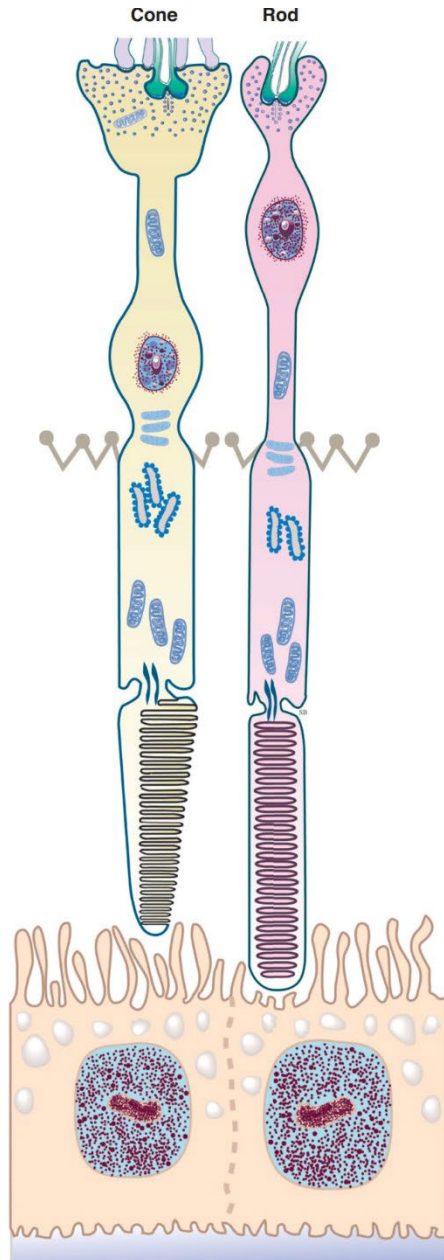
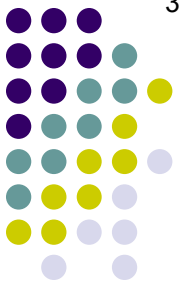
Next we will look at the layers of the neurosensory retina. But before we do, let's make sure you're on fleek* regarding the critical aspects of retinal histology we've seen thus far.

*You're so cool, Dr Flynn



Next we will look at the layers of the neurosensory retina. But before we do, let's make sure you're on fleek* regarding the critical aspects of retinal histology we've seen thus far. **Why? Because as we will see later in the slide-set, a firm grasp of this info is absolutely required to read OCTs. So go through the next section of slides over and over until they're burned into your brain. (You'll thank me later.)**

Retinal Anatomy and Histology



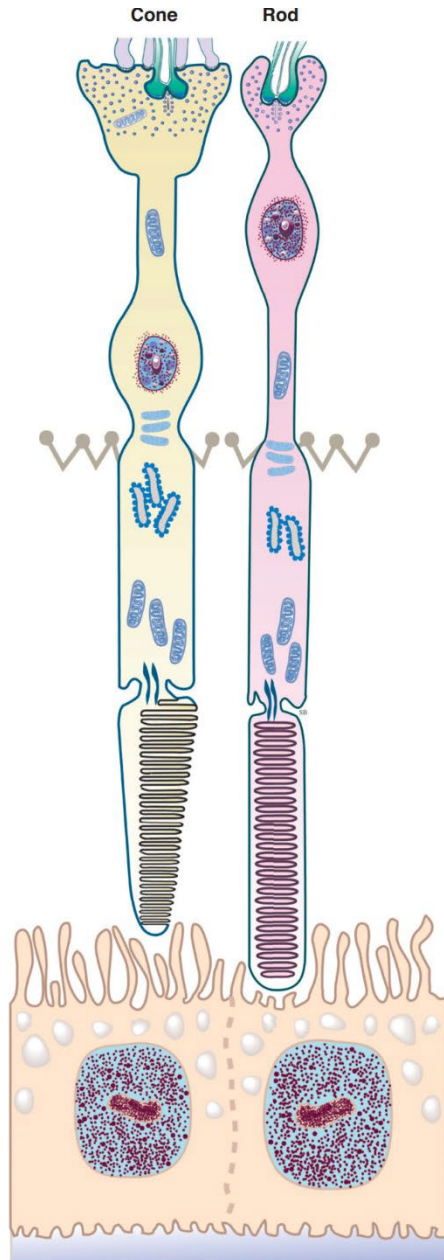
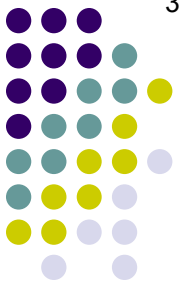
Working out → in: The first structure to be particularly aware of is...



RPE/Bruch's membrane complex

Retinal Anatomy and Histology

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The next is...

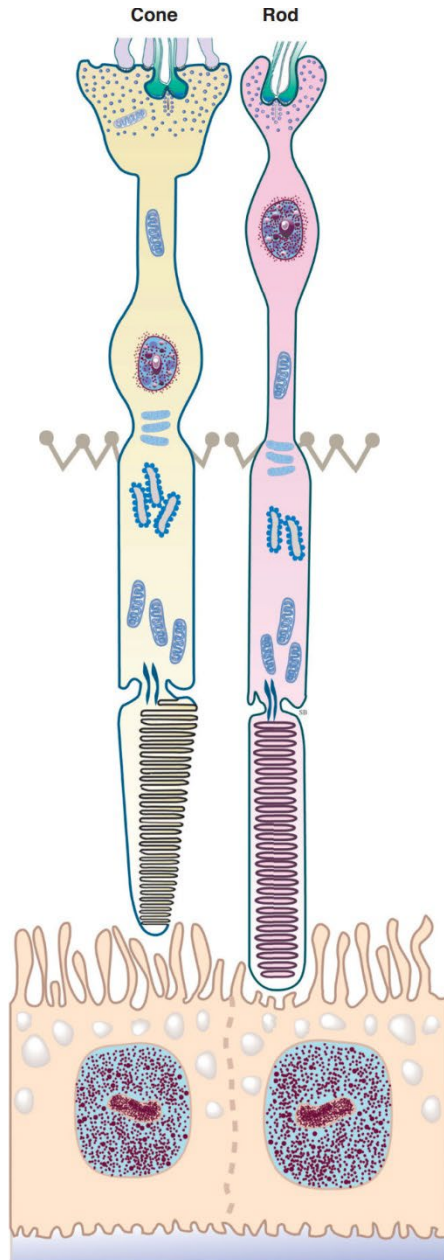
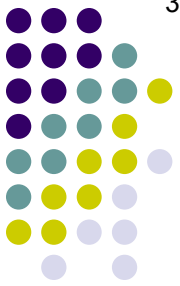


The interdigitation zone



RPE/Bruch's membrane complex

Retinal Anatomy and Histology



The next is...



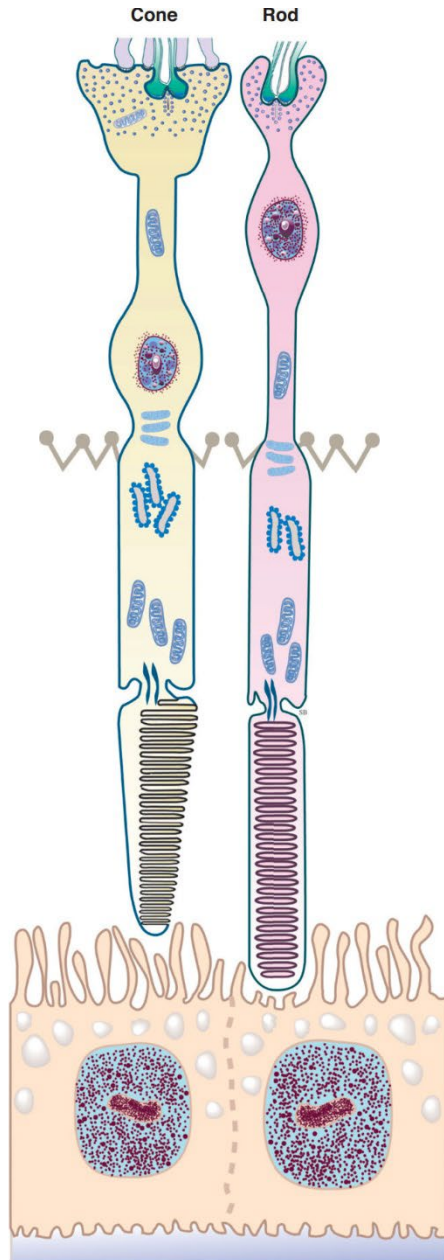
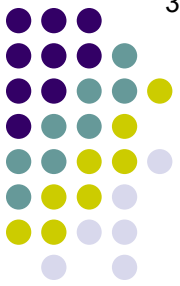
PR outer segs



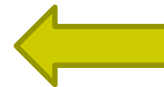
The interdigitation zone



RPE/Bruch's membrane complex



The next is...



The ellipsoid zone



PR outer segs



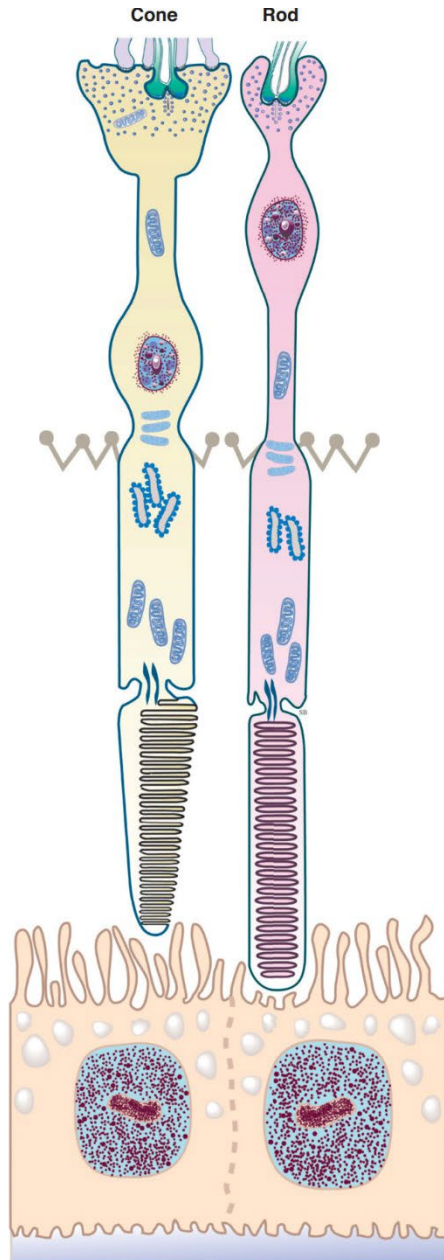
The interdigitation zone



RPE/Bruch's membrane complex

Retinal Anatomy and Histology

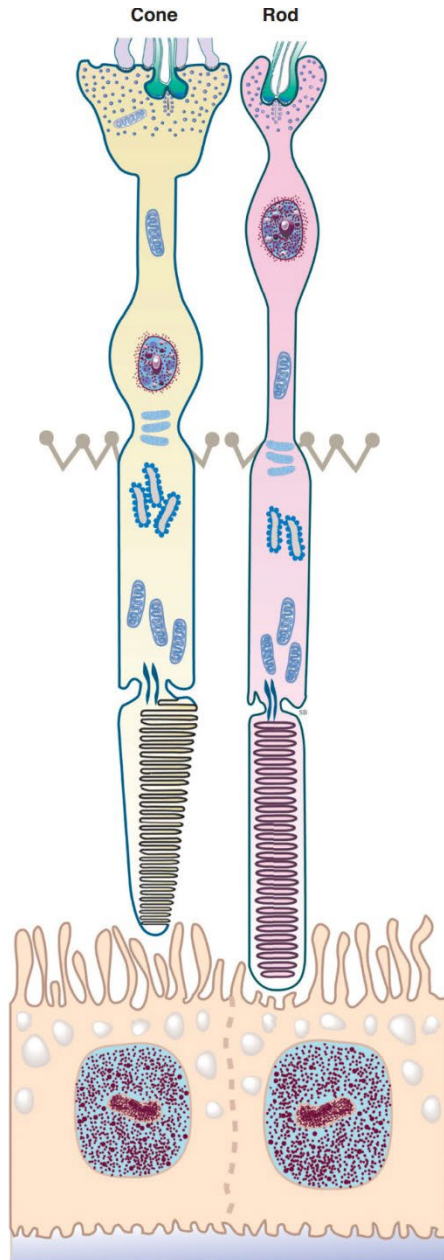
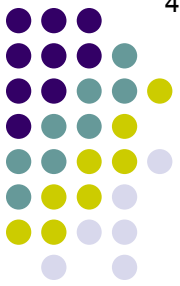
40



The next is...

- ← The myoid zone
- ← The ellipsoid zone
- ← PR outer segs
- ← The interdigitation zone
- ← RPE/Bruch's membrane complex

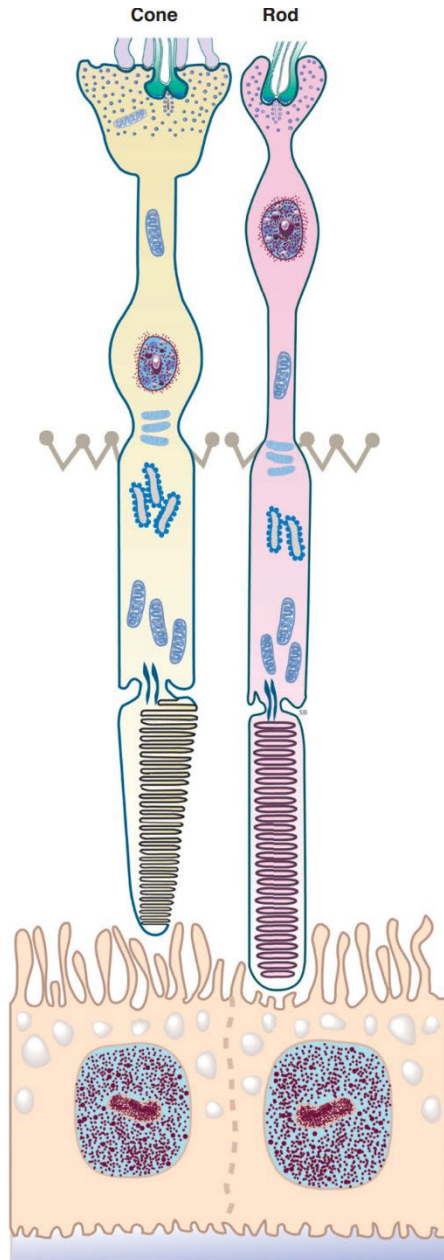
Retinal Anatomy and Histology



And the last is...

- ← The ELM
- ← The myoid zone
- ← The ellipsoid zone
- ← PR outer segs
- ← The interdigitation zone
- ← RPE/Bruch's membrane complex

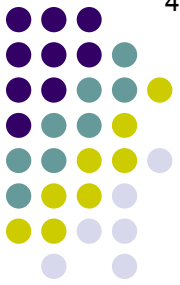
Retinal Anatomy and Histology



Re-rack those until you know them cold!

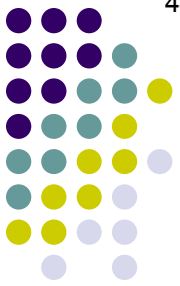
- ← The ELM
- ← The myoid zone
- ← The ellipsoid zone
- ← PR outer segs
- ← The interdigitation zone
- ← RPE/Bruch's membrane complex

Retinal Anatomy and Histology



Now we're ready to review the layers of the retina

Retinal Anatomy and Histology



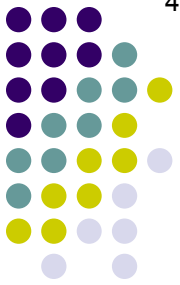
- **Neurosensory Retina Layers**

- Internal limiting membrane
- Nerve fiber layer
- Ganglion cell layer
- Inner plexiform layer
- Inner nuclear layer
- Outer plexiform layer
- Outer nuclear layer
- External limiting membrane
- Rod & cone inner and outer segments

Here they are, but don't try to memorize them at this point—instead, let's work through them.

- **RPE**

- **Bruch's membrane**



- **Neurosensory Retina Layers**

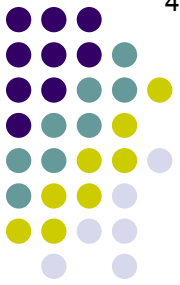
- Internal limiting membrane
- **Nerve fiber layer**
- Ganglion cell layer
- **Inner plexiform layer**
- Inner nuclear layer
- **Outer plexiform layer**
- Outer nuclear layer
- External limiting membrane
- Rod & cone inner and outer segments

These three layers consist of **fibers**, ie, axons and/or dendrites. (A *plexus* is an interlaced group of fibers.)

- **RPE**

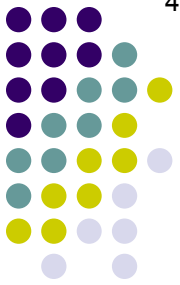
- **Bruch's membrane**

Retinal Anatomy and Histology



- **Neurosensory Retina Layers**
 - Internal limiting membrane
 - Nerve fiber layer
 - **Ganglion cell layer**
 - Inner plexiform layer
 - **Inner nuclear layer**
 - Outer plexiform layer
 - **Outer nuclear layer**
 - External limiting membrane
 - Rod & cone inner and outer segments
- **RPE**
- **Bruch's membrane**

In contrast, these layers composed of the **cell bodies** that give rise to the axons and/or dendrites of the other layers.



- **Neurosensory Retina Layers**

- Internal limiting membrane
- Nerve fiber layer ← **Processes**
- Ganglion cell layer ← **Bodies**
- Inner plexiform layer ← **Processes**
- Inner nuclear layer ← **Bodies**
- Outer plexiform layer ← **Processes**
- Outer nuclear layer ← **Bodies**
- External limiting membrane
-

- **RPE**

- **Bruch's membrane**

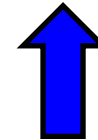
Note that this section of the retina consists of alternating layers of cell **processes** and cell **bodies**. This pattern can help you remember which layer is next to which!

Retinal Anatomy and Histology



Neurosensory Retina Layers

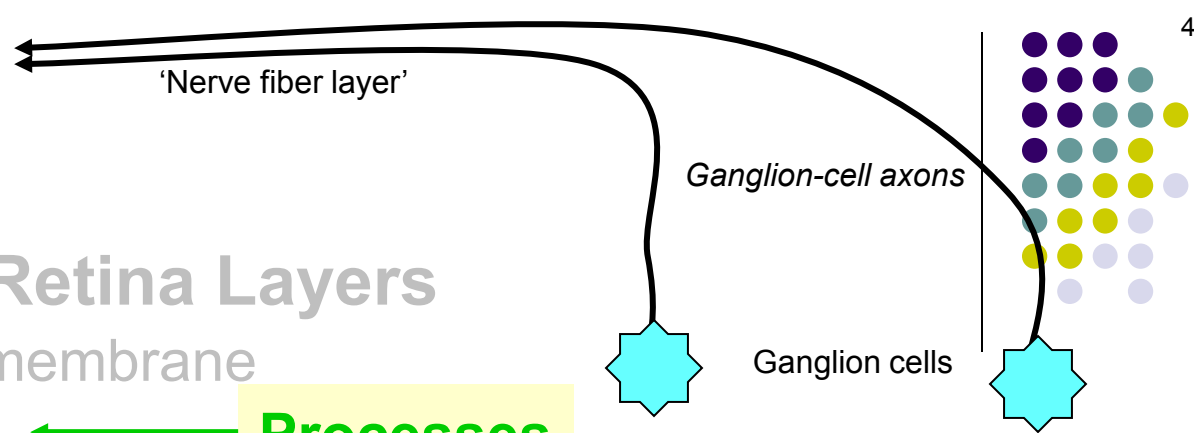
- Internal limiting membrane
- Nerve fiber layer ← **Processes** → Axons
- Ganglion cell layer ← **Bodies** → Dendrites
- Inner plexiform layer ← **Processes** → Axons
- Inner nuclear layer ← **Bodies** → Dendrites
- Outer plexiform layer ← **Processes** → Axons
- Outer nuclear layer ← **Bodies** → Dendrites
- External limiting membrane
- Rod & cone inner and outer



Further, we can see the origins of the fibers that comprise each fiber/plexiform layer

RPE

Bruch's membrane

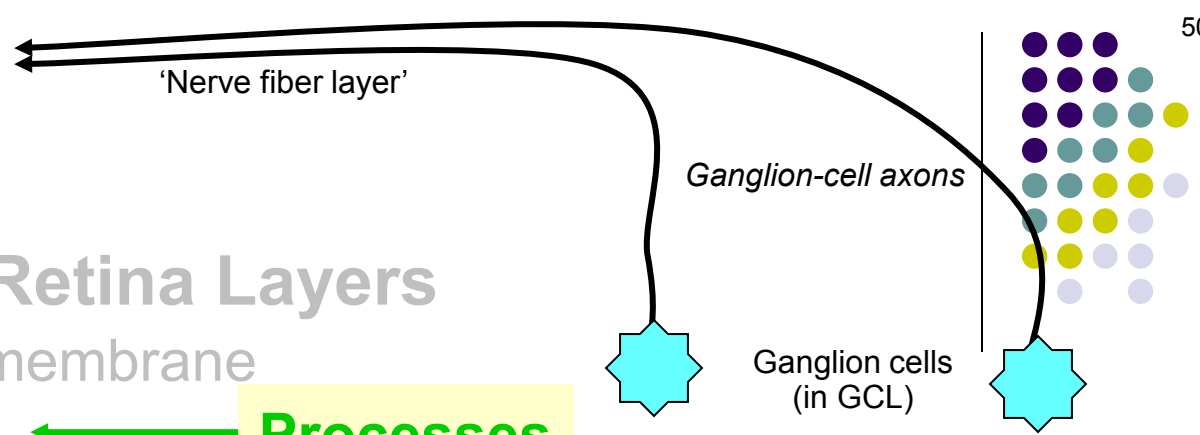


● Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← Processes
- Ganglion cell layer ← Bodies
- Inner plexiform layer ← Processes

The first layer after the ILM is the retinal **nerve fiber layer**. The NFL is composed of the axons of the ganglion cells.

- RPE
- Bruch's membrane



● Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← Processes
- Ganglion cell layer ← Bodies
- Inner plexiform layer ← Processes

The first layer after the ILM is the retinal **nerve fiber layer**. The NFL is composed of the axons of the ganglion cells. The **cell bodies** of the ganglion cells are located in the **ganglion cell layer**.

- RPE
- Bruch's membrane

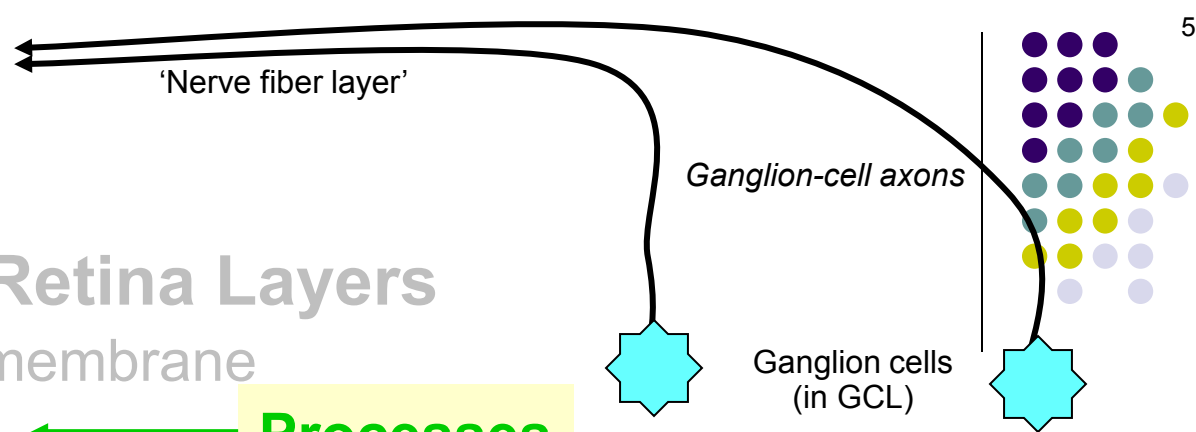
● Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← **Processes**
- Ganglion cell layer ← **Bodies**
- Inner plexiform layer ← **Processes**

The first layer after the ILM is the retinal **nerve fiber layer**. The NFL is composed of the axons of the ganglion cells. The **cell bodies of the ganglion cells are located in the ganglion cell layer**.

The NFL fibers run toward the lamina cribrosa of the sclera where they exit the eye, in the process forming first the optic nerve head, and then the optic nerve.

- RPE
- Bruch's membrane



To CNS

'Nerve fiber layer'

Ganglion-cell axons

Ganglion cells
(in GCL)

● Neurosensory Retina Layers

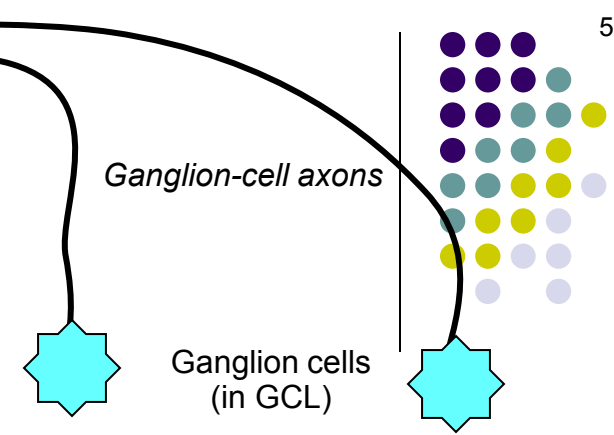
- Internal limiting membrane
- Nerve fiber layer ← Processes
- Ganglion cell layer ← Bodies
- Inner plexiform layer ← Processes

The first layer after the ILM is the retinal **nerve fiber layer**. The NFL is composed of the axons of the ganglion cells. The cell bodies of the ganglion cells are located in the **ganglion cell layer**.

The NFL fibers run toward the lamina cribrosa of the sclera where they exit the eye, in the process forming first the optic nerve head, and then the optic nerve. Most of these fibers will synapse in the lateral geniculate nucleus (LGN); others will synapse elsewhere as part of the pupillary light reflex or circadian rhythm modulation.

● RPE

● Bruch's membrane



To CNS

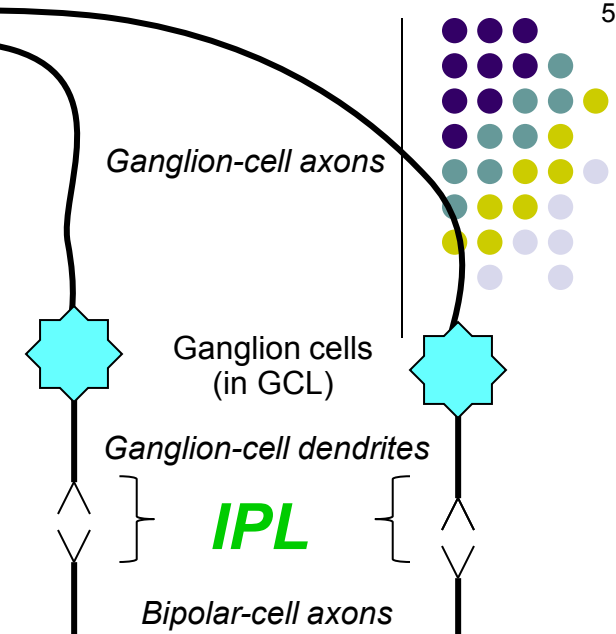
'Nerve fiber layer'

● Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← **Processes**
- Ganglion cell layer ← **Bodies**
- Inner plexiform layer ← **Processes**
- Inner nuclear layer ← **Bodies**

The **inner plexiform layer** consists of connections between the dendrites of the ganglion cells as they synapse with axons originating from bipolar cells.

- RPE
- Bruch's membrane



To CNS

'Nerve fiber layer'

Ganglion-cell axons

Ganglion cells
(in GCL)

Ganglion-cell dendrites

IPL

Bipolar-cell axons

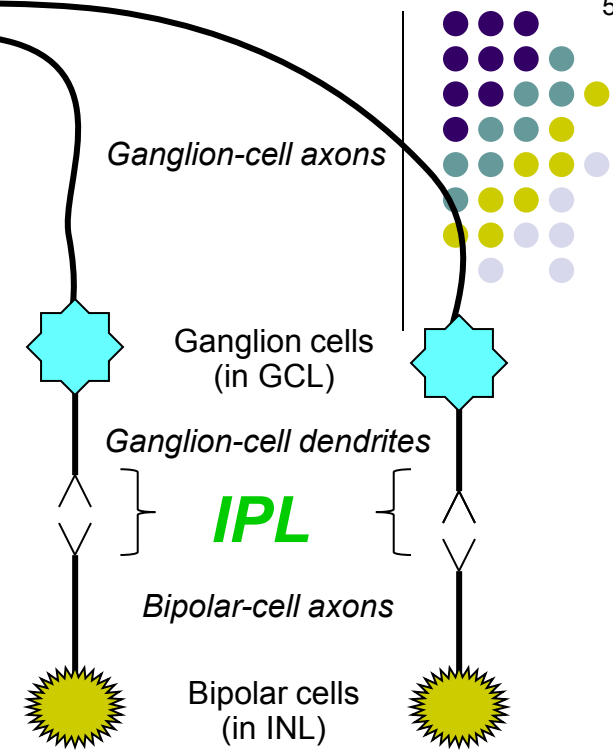
Bipolar cells
(in INL)

● Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← **Processes**
- Ganglion cell layer ← **Bodies**
- Inner plexiform layer ← **Processes**
- Inner nuclear layer ← **Bodies**

The **inner plexiform layer** consists of connections between the dendrites of the ganglion cells as they synapse with axons originating from bipolar cells. The bodies of these bipolar cells reside in the **inner nuclear layer**.

- RPE
- Bruch's membrane



To CNS

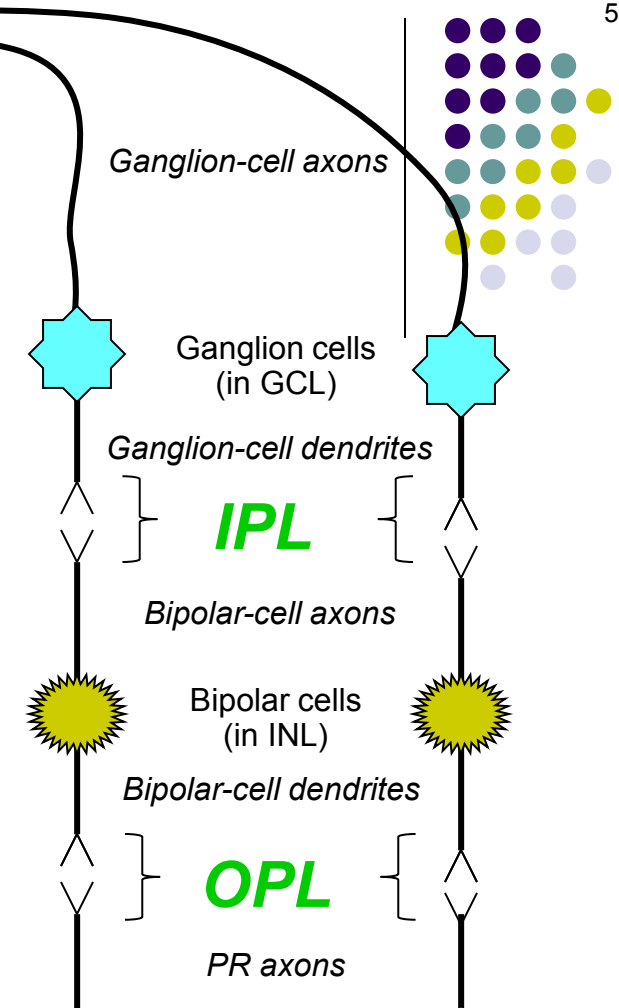
'Nerve fiber layer'

● Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← Processes
- Ganglion cell layer ← Bodies
- Inner plexiform layer ← Processes
- Inner nuclear layer ← Bodies
- Outer plexiform layer ← Processes
- Outer nuclear layer ← Bodies
- External limiting membrane

The **outer plexiform layer** consists of connections between the dendrites of the bipolar cells as they synapse with axons originating from the PRs.

● Bruch's membrane



To CNS

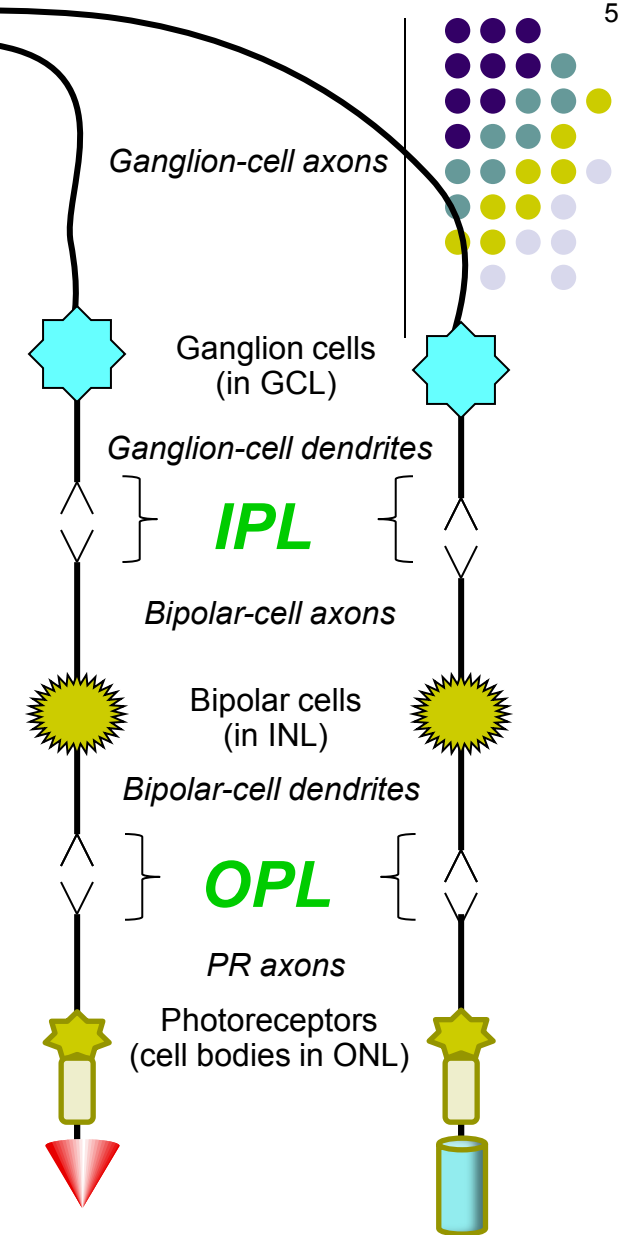
'Nerve fiber layer'

Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← **Processes**
- Ganglion cell layer ← **Bodies**
- Inner plexiform layer ← **Processes**
- Inner nuclear layer ← **Bodies**
- Outer plexiform layer ← **Processes**
- Outer nuclear layer ← **Bodies**
- External limiting membrane

The **outer plexiform layer** consists of connections between the dendrites of the bipolar cells as they synapse with axons originating from the PRs. The cell bodies of the PRs reside in the **outer nuclear layer**.

Bruch's membrane



To CNS

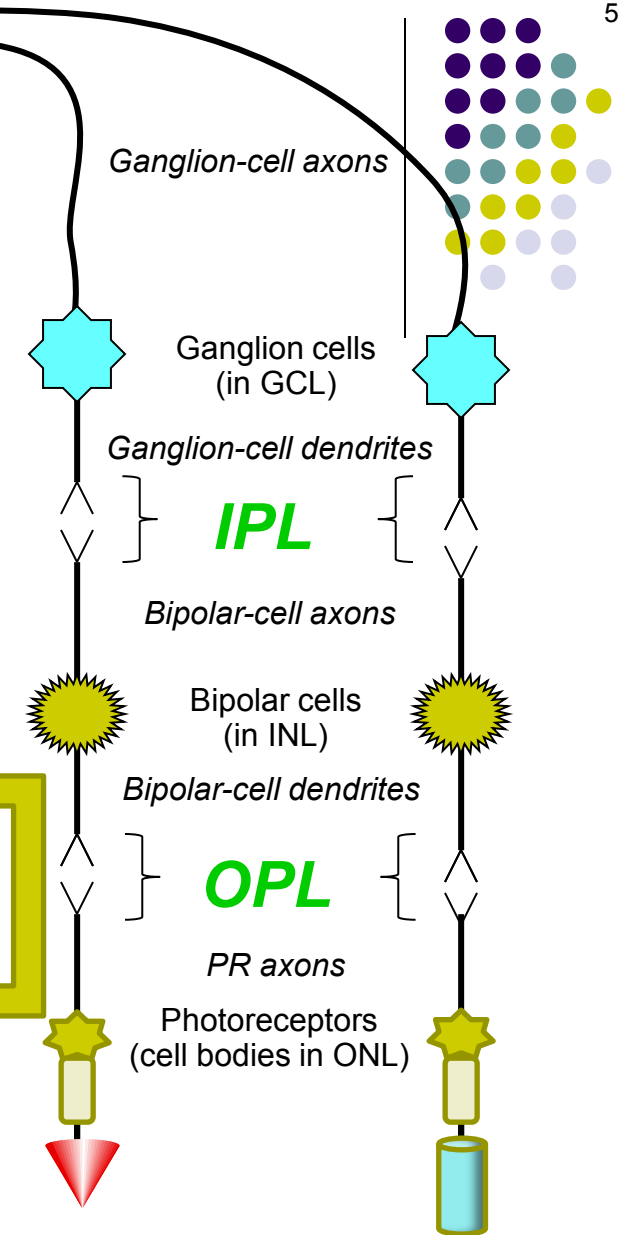
'Nerve fiber layer'

● Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← **Processes**
- Ganglion cell layer ← **Bodies**
- Inner plexiform layer ← **Processes**
- Inner nuclear layer ← **Bodies**
- Outer plexiform layer ← **Processes**

- External limiting membrane
- Rod & cone inner and outer segments

(We've already covered at length the ELM, as well as the PR inner and outer segs)



To CNS

'Nerve fiber layer'

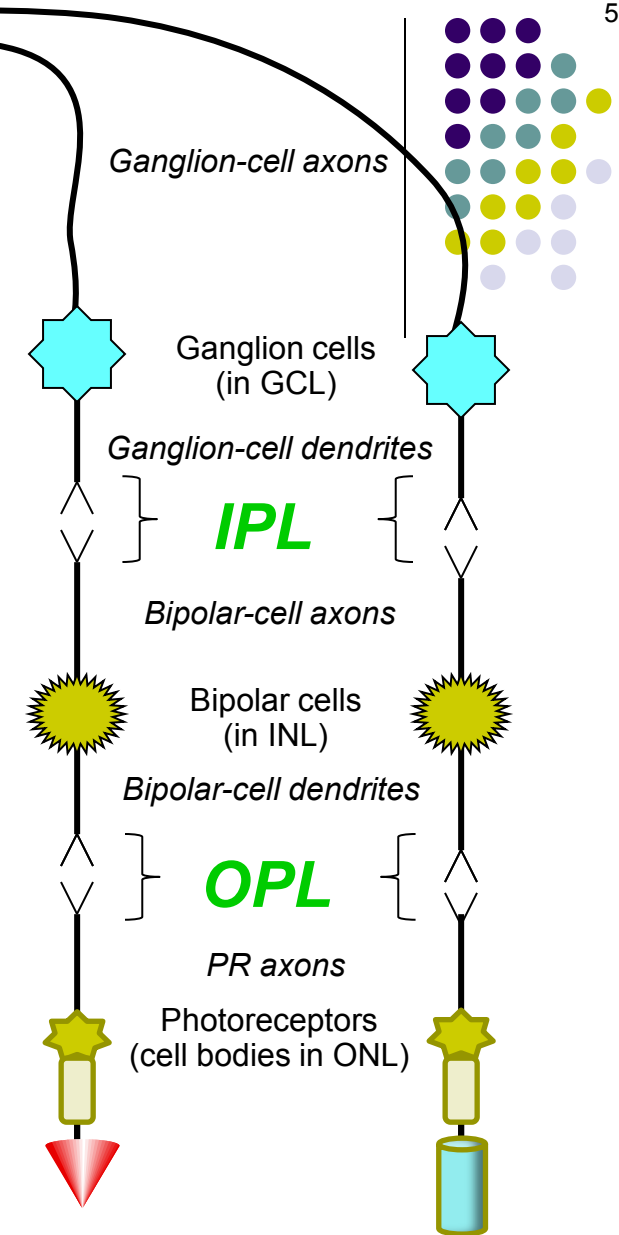
● Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← **Processes**
- Ganglion cell layer ← **Bodies**
- Inner plexiform layer ← **Processes**
- Inner nuclear layer ← **Bodies**
- Outer plexiform layer ← **Processes**
- Outer nuclear layer ← **Bodies**
- External limiting membrane

RPE

Bruch's membrane

segments



We'll look at the RPE and Bruch's in-depth shortly

To CNS

'Nerve fiber layer'

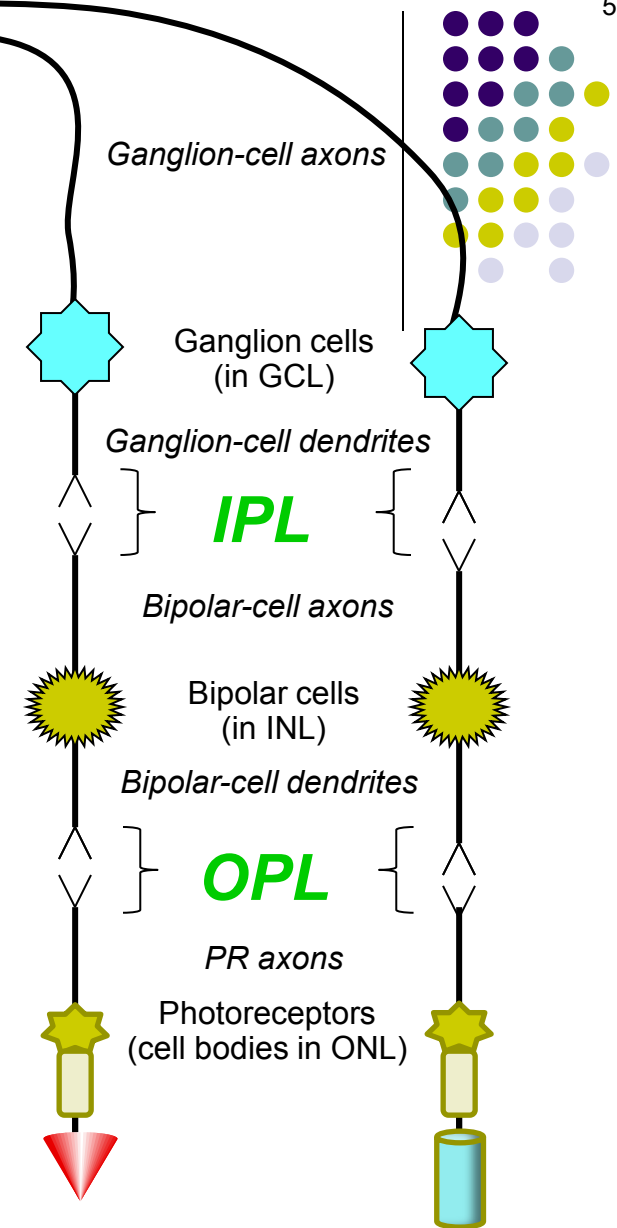
Ganglion-cell axons

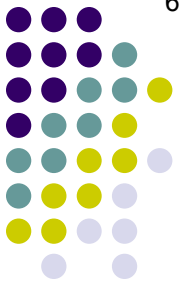
● Neurosensory Retina Layers

- Internal limiting membrane
- Nerve fiber layer ← **Processes**
- Ganglion cell layer ← **Bodies**
- Inner plexiform layer ← **Processes**
- Inner nuclear layer ← **Bodies**
- Outer plexiform layer ← **Processes**
- Outer nuclear layer ← **Bodies**
- External limiting membrane

Note that all we've done here is lay out in detail the **vertical pathway** discussed earlier

● Bruch's membrane



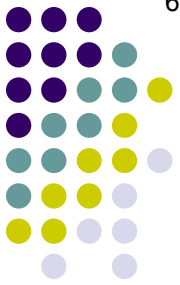


- **Neurosensory Retina Layers**

- Internal limiting membrane
- Nerve fiber layer
- Ganglion cell layer
- Inner plexiform layer
- Inner nuclear layer
- **Outer plexiform layer = *Henle's layer***
 - Important aside: The outer plexiform layer is often referred to by an eponym: **Henle's layer**.

- **RPE**

- **Bruch's membrane**



- **Neurosensory Retina Layers**

- Internal limiting membrane
- Nerve fiber layer
- Ganglion cell layer
- Inner plexiform layer
- Inner nuclear layer
- **Outer plexiform layer = Henle's layer (sort of)**

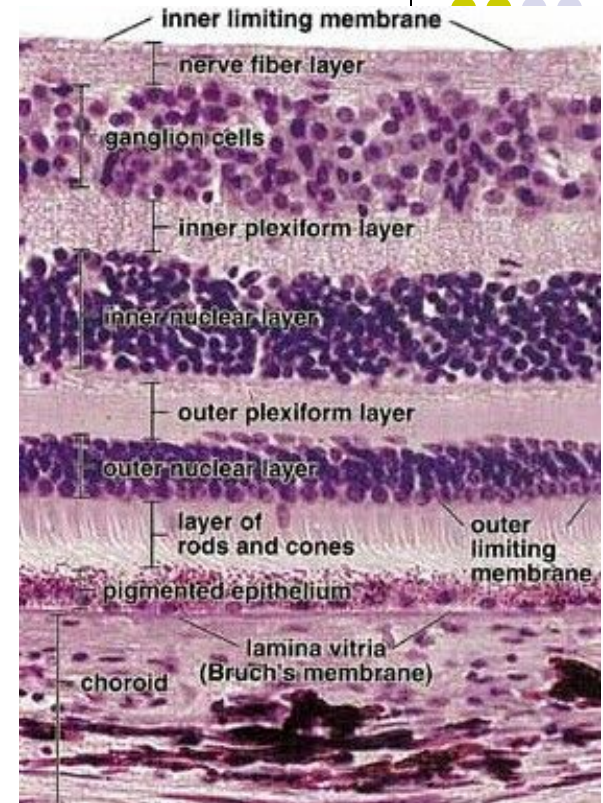
● Important aside: The outer plexiform layer is often referred to by an eponym: **Henle's layer**. However, as we will see when we correlate retinal anatomy with OCT imaging later in the slide-set, these terms are in fact **not** synonyms.

- **RPE**

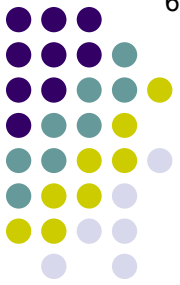
- **Bruch's membrane**

Retinal Anatomy and Histology

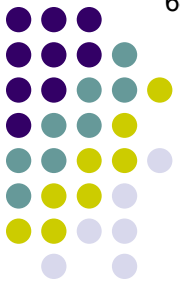
- **Neurosensory Retina Layers**
 - Internal limiting membrane
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 - Outer plexiform layer
 - Outer nuclear layer
 - External limiting membrane
 - Rod & cone inner and outer segments
- **RPE**
- **Bruch's membrane**



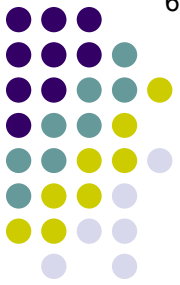
Review slide—no questions



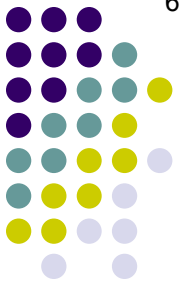
macula



Now that we're familiar with the histology of the retina, we're ready to tackle the topography of the *macula*



- We define the term *macula*...
 - ...**anatomically**
as well as both
 - ...**histologically**
and of course
 - ...**clinically**

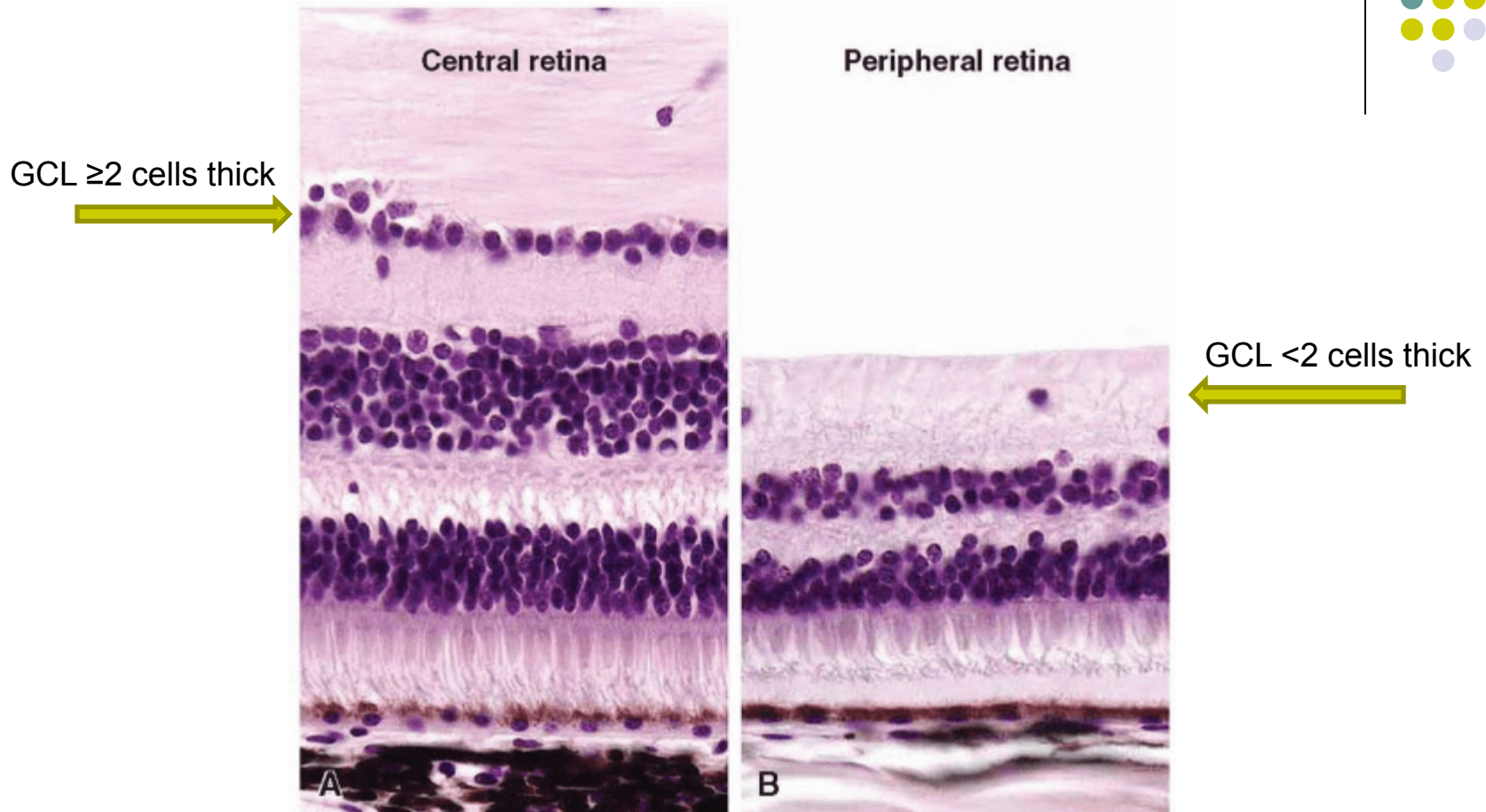
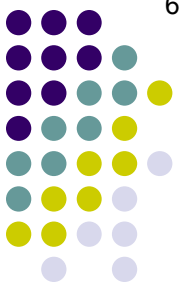


- We define the term *macula*...
 - ...**anatomically**, it is the retinal area in which the ganglion-cell layer is ≥ 2 cells thick
 - ...histologically
 - ...clinically

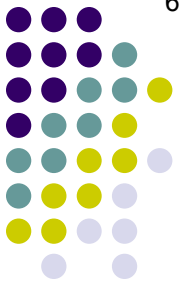
The latest iteration of the *Retina* book refers to this pigment as “oxygenated carotenoids, in particular lutein and zeaxanthin”

Retinal Anatomy and Histology

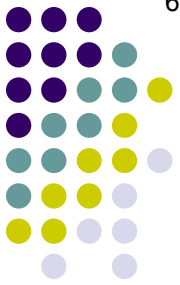
67



Changes in retinal thickness. Two sections through the central (A) and peripheral (B) regions of the retina, aligned at the retinal pigment epithelium. The peripheral retina is thinner and has only rare cell nuclei in the ganglion cell layer (the uppermost layer of nuclei).



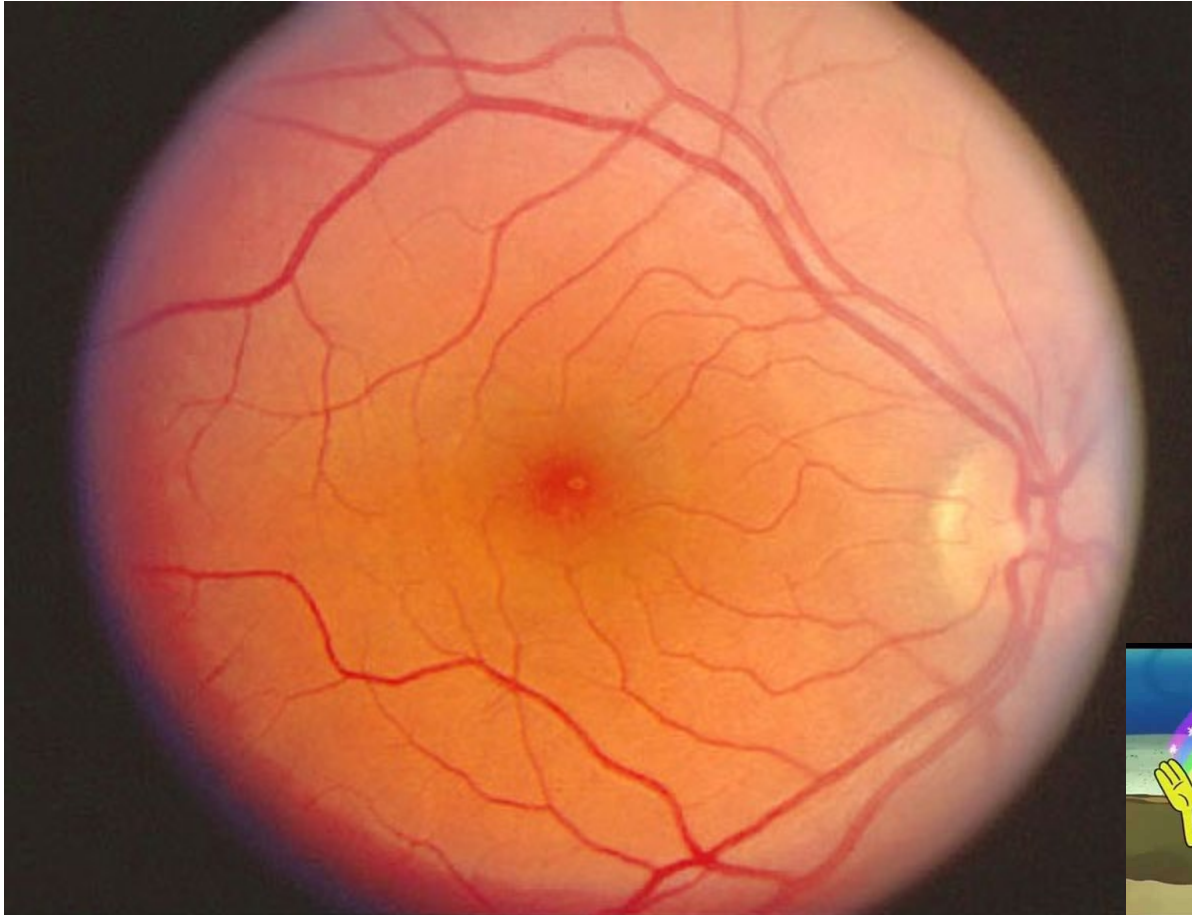
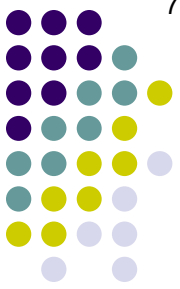
- We define the term *macula*...
 - ...**anatomically**, it is the retinal area in which the ganglion-cell layer is ≥ 2 cells thick
 - ...**histologically**, it is the retinal area containing xanthophyll pigment
 - ...**clinically**



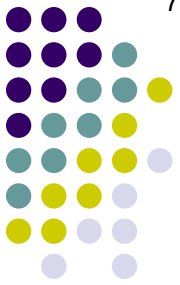
- We define the term *macula*...
 - ...**anatomically**, it is the retinal area in which the ganglion-cell layer is ≥ 2 cells thick
 - ...**histologically**, it is the retinal area containing xanthophyll pigment Xanthophyll gives the macula a slight yellowish hue (hence the 'full' name of the macula being the **macula lutea**)
 - ...**clinically**

Retinal Anatomy and Histology

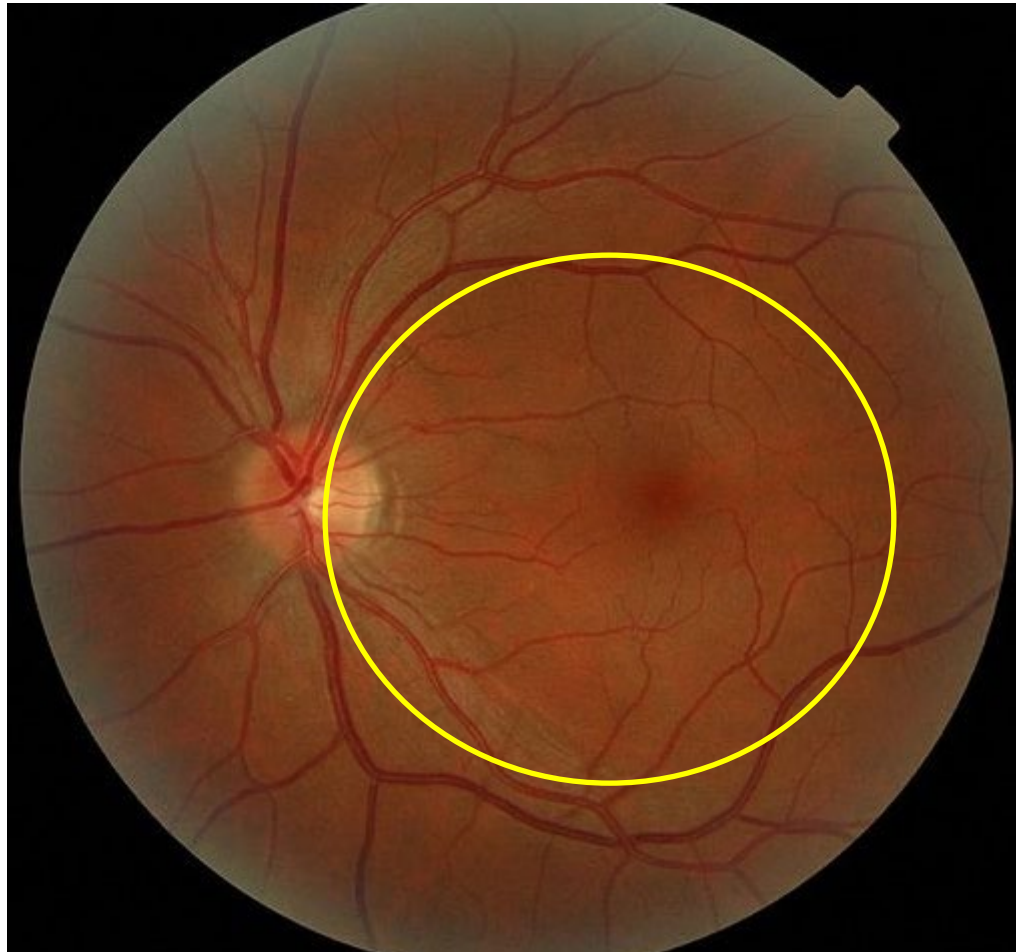
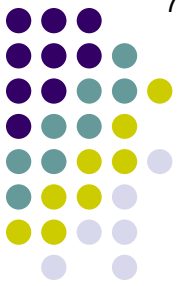
70



Macula lutea If you use your imagination, you can sort of see that the macula has a yellow tint



- We define the term *macula*...
 - ...**anatomically**, it is the retinal area in which the ganglion-cell layer is ≥ 2 cells thick
 - ...**histologically**, it is the retinal area containing xanthophyll pigment
 - ...**clinically**, it is the retinal area bounded by the temporal vascular arcades



The clinical macula

A fundus photograph of the retina, showing the optic disc and a network of retinal blood vessels. A yellow circle is drawn on the image to highlight the macula, which is the central part of the retina responsible for high-acuity vision.

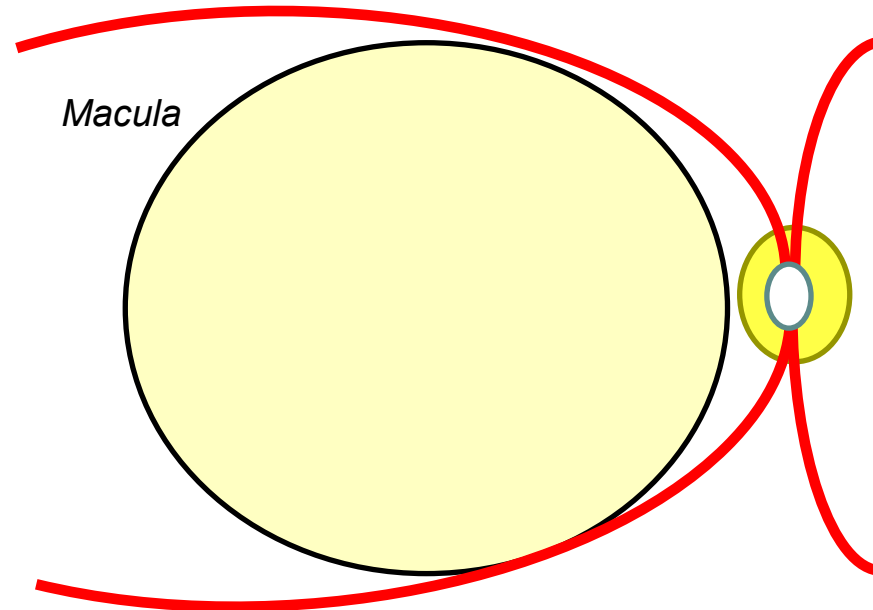
Speaking of the clinical macula...Let's look in some detail at its topography

The clinical macula



Retinal Anatomy and Histology

As said previously, the *macula* is defined clinically as the area bounded by the temporal arcades. It has a diameter of 5.5 to 6 mm or so.

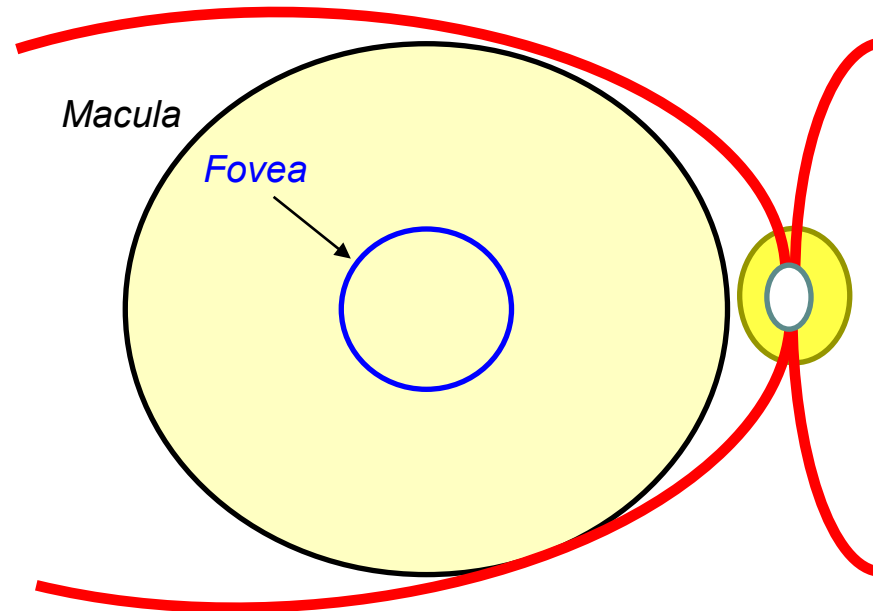


Retinal Anatomy and Histology



As said previously, the *macula* is defined clinically as the area bounded by the temporal arcades. It has a diameter of 5.5 to 6 mm or so.

The macula is organized around the *fovea*. The fovea is the central ~1.5 mm of the macula—about the size of an ONH. Its outer edge is the location at which the foveal depression starts. It contains mostly (but not exclusively) cones.

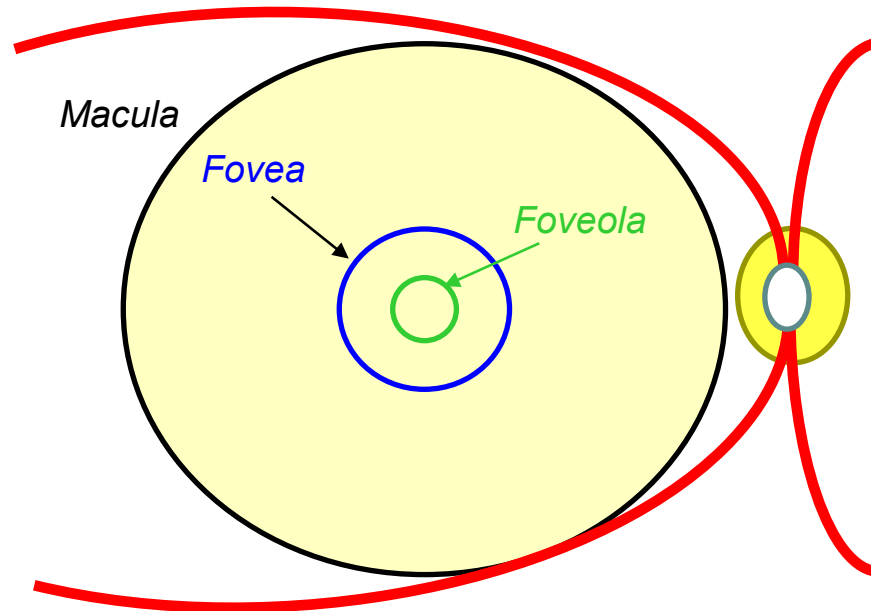


Retinal Anatomy and Histology



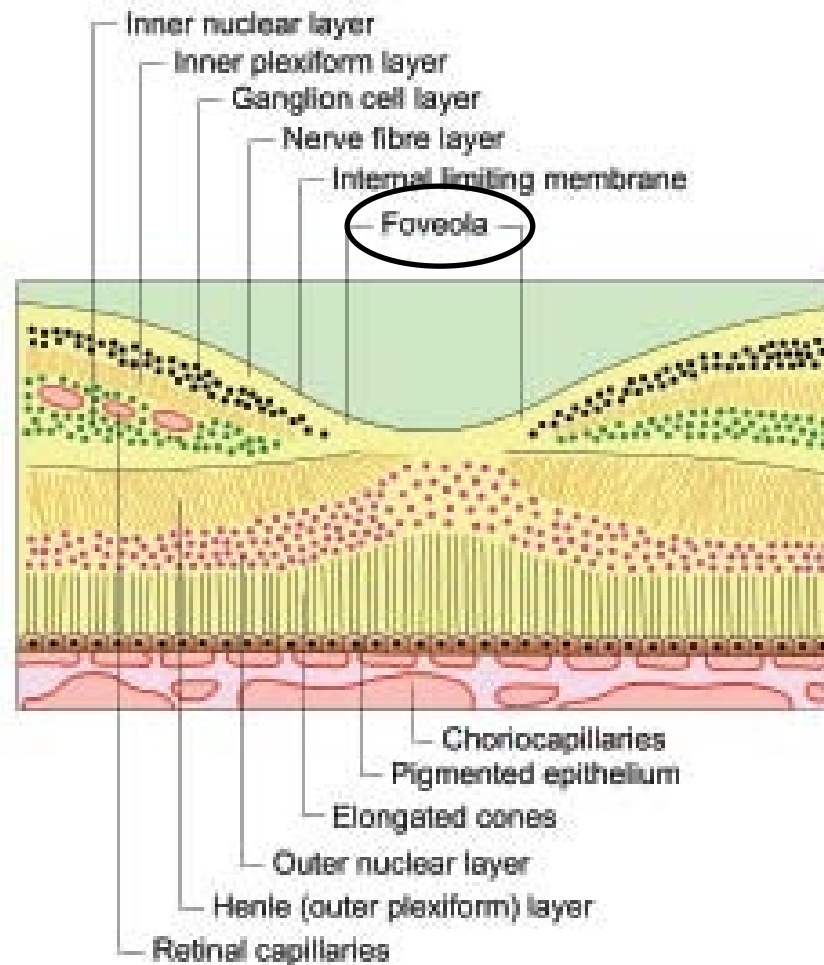
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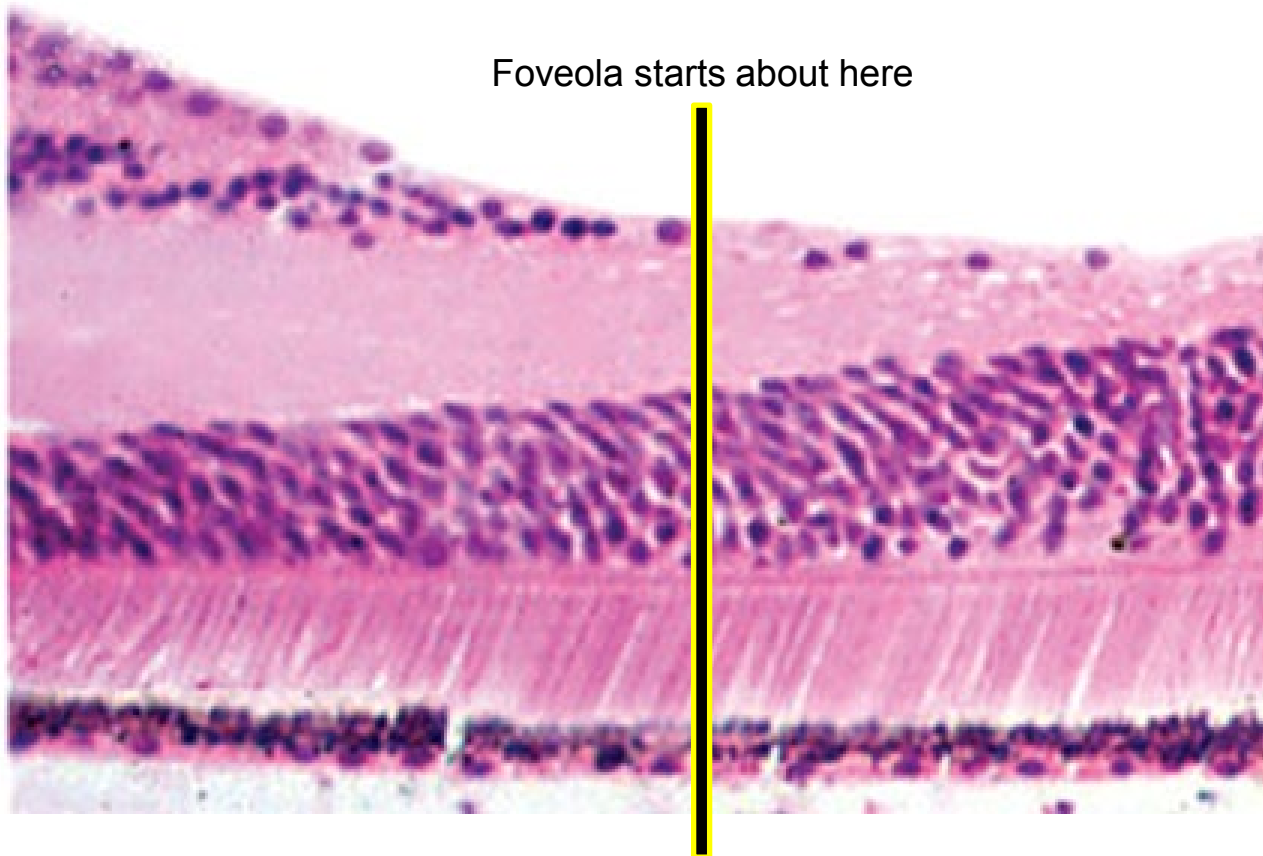
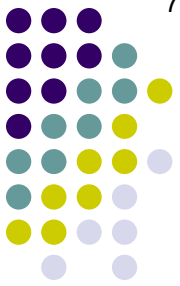
The ‘floor’ of the fovea is the *foveola*, an area ~0.35 mm in diameter—about the size of a small optic-disc cup. The foveola contains only cones and a few glial cells; the rest of the retinal layers were left behind along the walls of the fovea.

Retinal Anatomy and Histology



Foveola

Retinal Anatomy and Histology



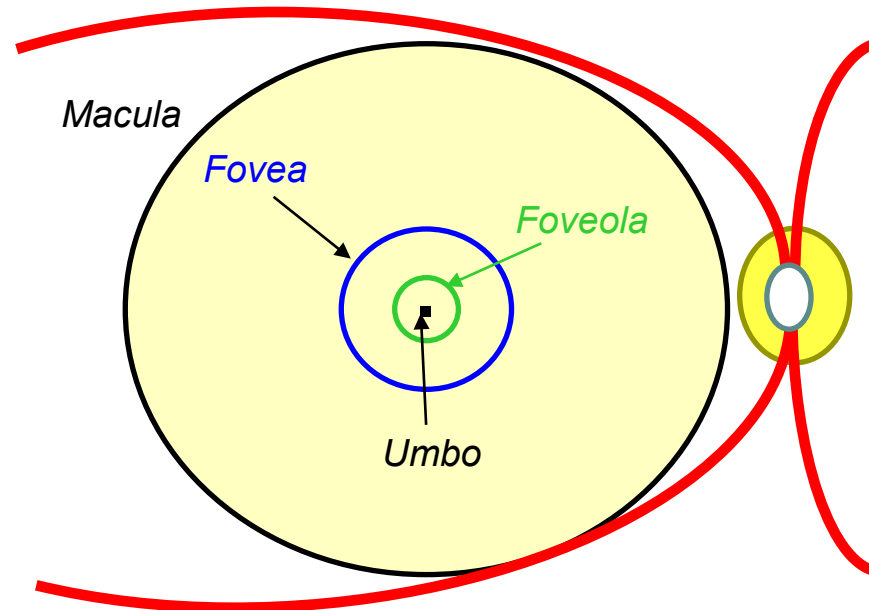
Foveola starts about here



Retinal Anatomy and Histology

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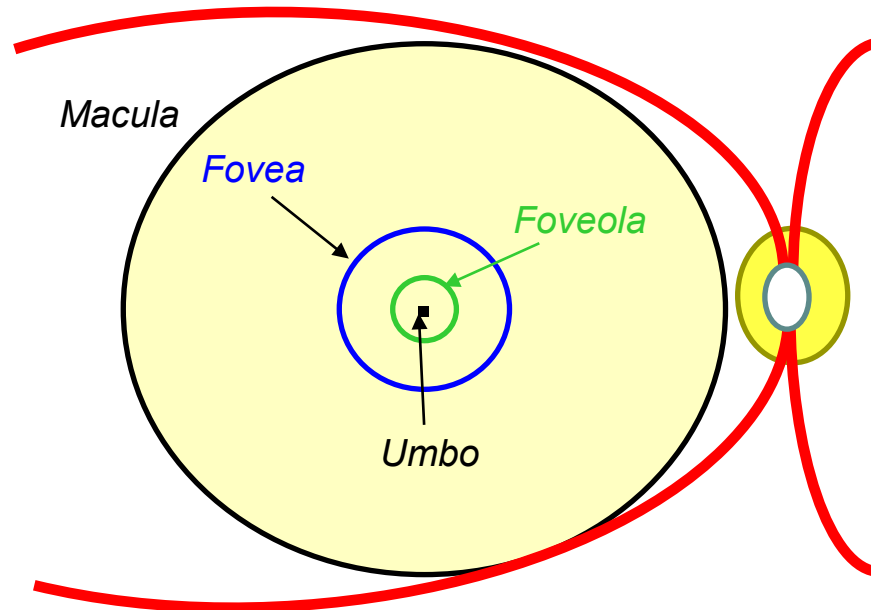
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Retinal Anatomy and Histology



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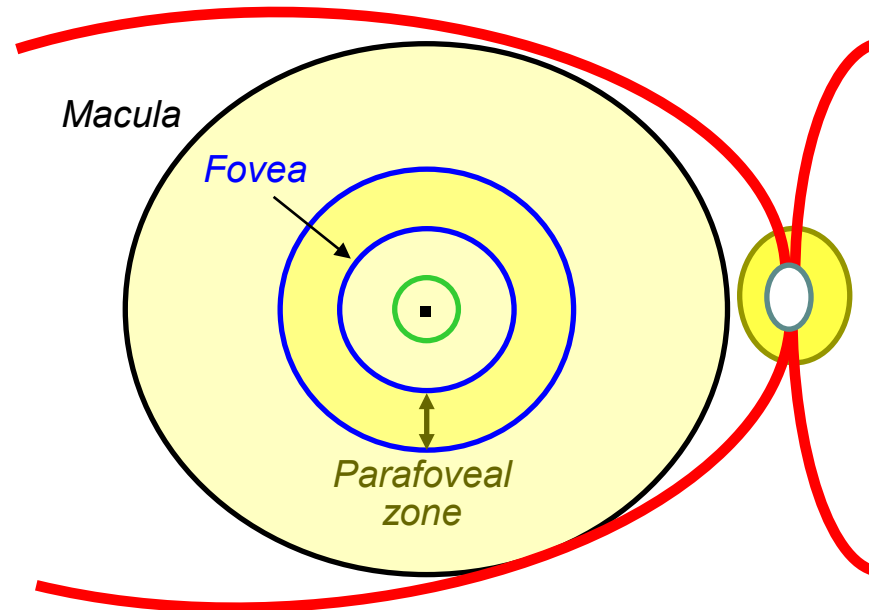
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Next we'll describe the rest of the macula from the fovea outward

Retinal Anatomy and Histology



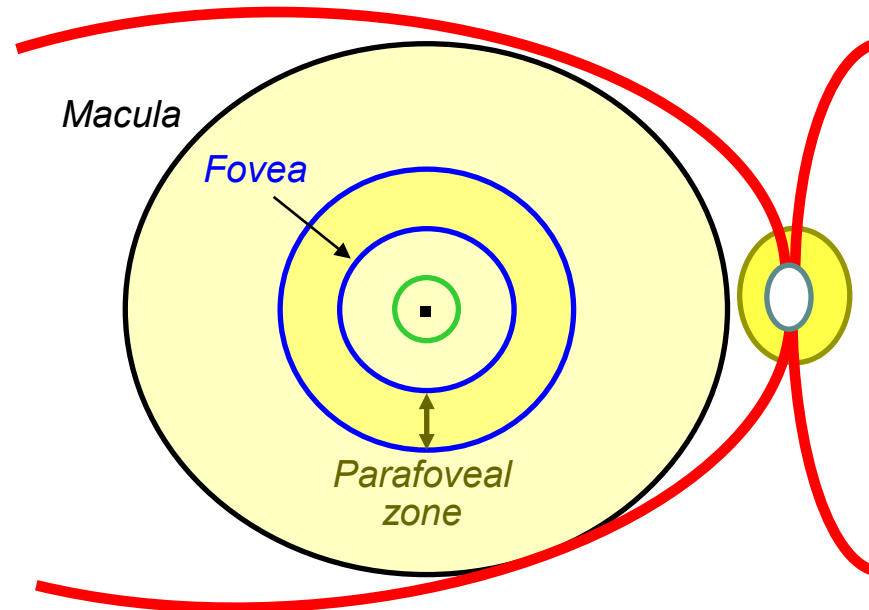
The *parafoveal zone* is the donut-shaped area about 0.5 mm in width that surrounds the fovea. (The inner edge of the donut = the outer edge of the fovea.).

Next we'll describe the rest of the macula from the fovea outward

Retinal Anatomy and Histology



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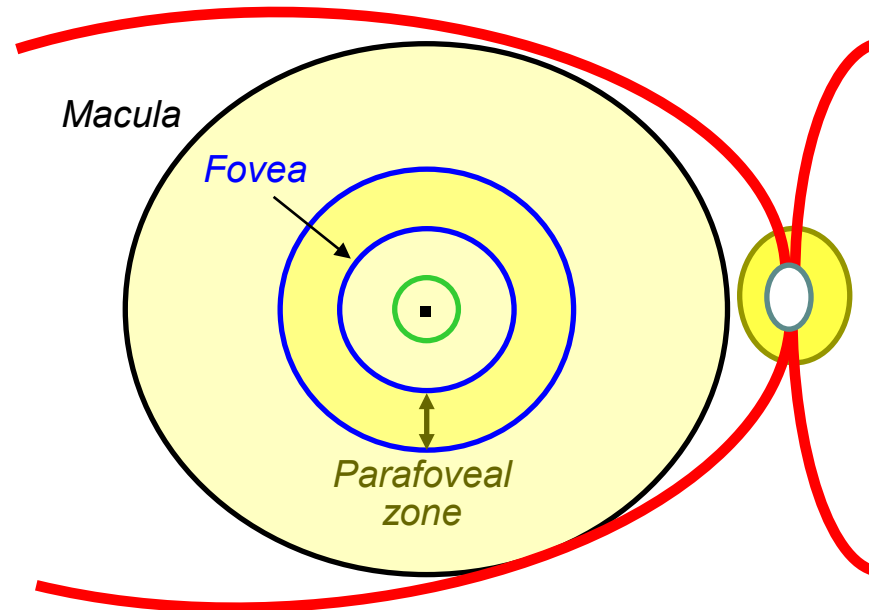


Next we'll describe the rest of the macula from the fovea outward

Retinal Anatomy and Histology



The *parafoveal zone* is the donut-shaped area about 0.5 mm in width that surrounds the fovea. (The inner edge of the donut = the outer edge of the fovea.). The parafoveal zone is where the GCL, INL and OPL are all at their thickest.

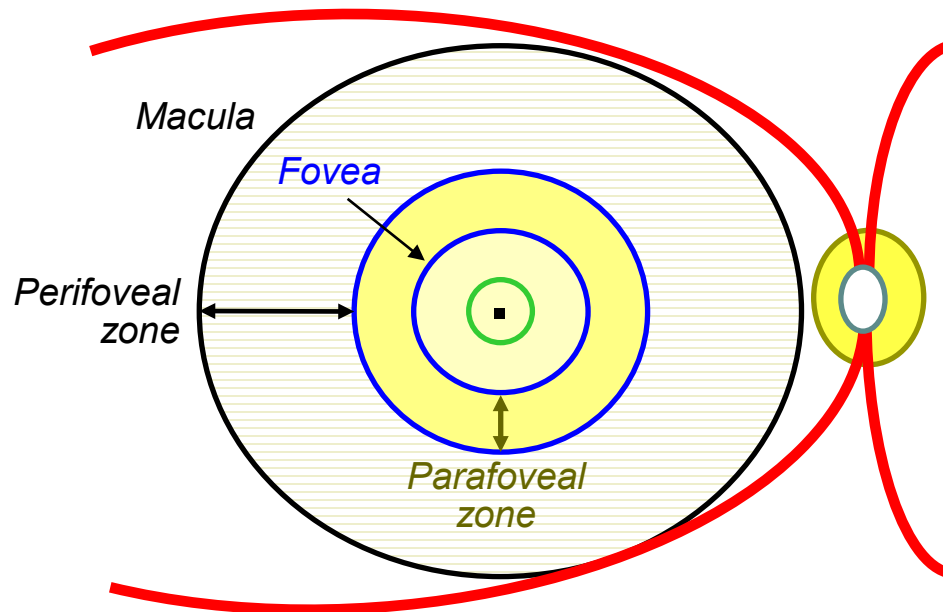


Next we'll describe the rest of the macula from the fovea outward

Retinal Anatomy and Histology



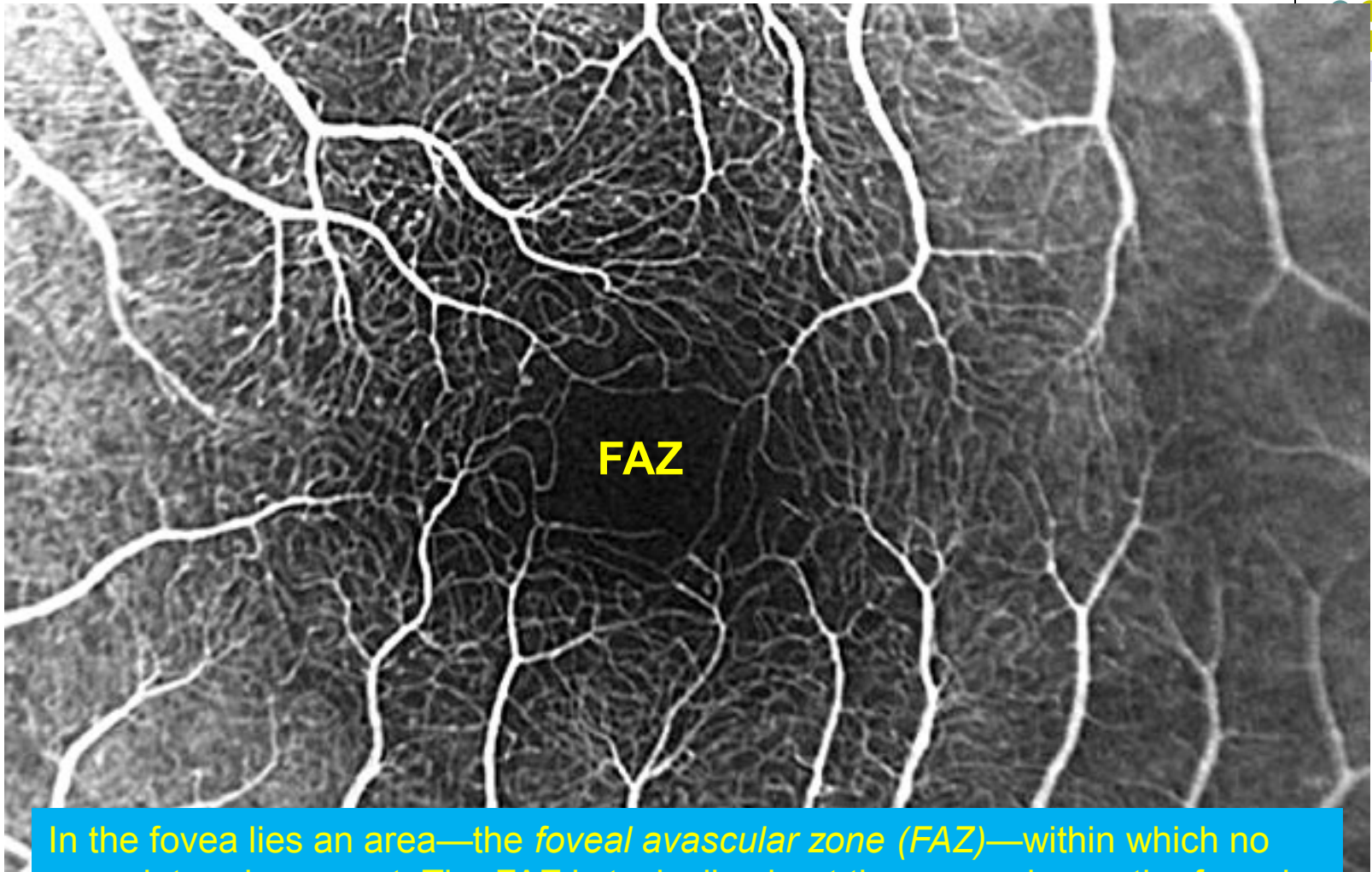
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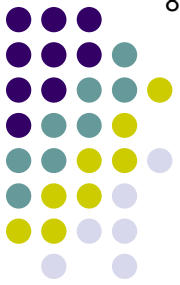
The remainder of the clinical macula—ie, the portion beyond the parafoveal zone—is the *perifoveal zone*. It is about 1.5 mm wide.

Next we'll describe the rest of the macula from the fovea outward

Retinal Anatomy and Histology

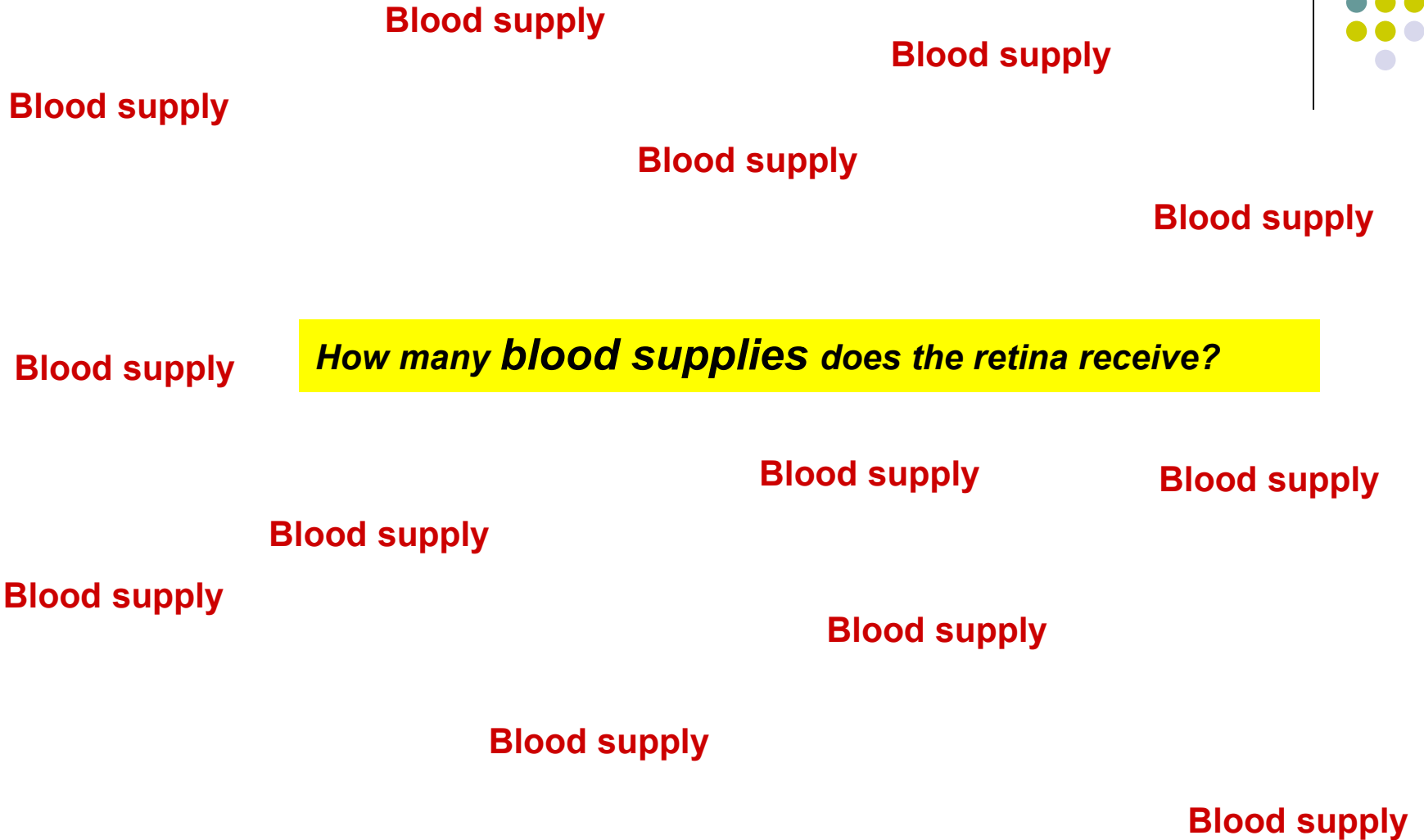
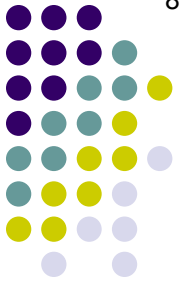


In the fovea lies an area—the *foveal avascular zone (FAZ)*—within which no vasculature is present. The FAZ is typically about the same size as the foveola, but considerable variability exists among individuals.

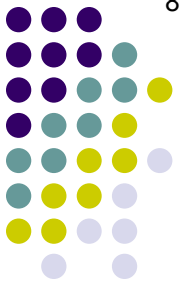


***Next let's look at the retina's
blood supplies***

Retinal Anatomy and Histology



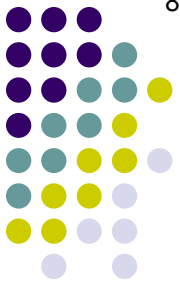
Retinal Anatomy and Histology



Blood supply

*How many **blood supplies** does the retina receive? **Two***

Blood supply

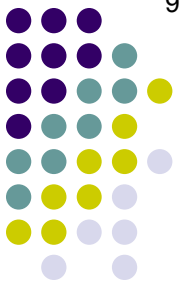


Blood supply:
Central retinal artery

***These are the sources of the
retina's two blood supplies***

Blood supply:
Choriocapillaris

Retinal Anatomy and Histology



● Retinal Layers

- Internal limiting membrane
- Nerve fiber layer
- Ganglion cell layer
- Inner plexiform layer
- Inner nuclear layer
- Outer plexiform layer
- Outer nuclear layer
- External limiting membrane
- Rod & cone inner and outer segments

● RPE

● Bruch's membrane

Inner 2/3 of INL on in

Outer 1/3 of INL on out

Blood supply:
Central retinal artery

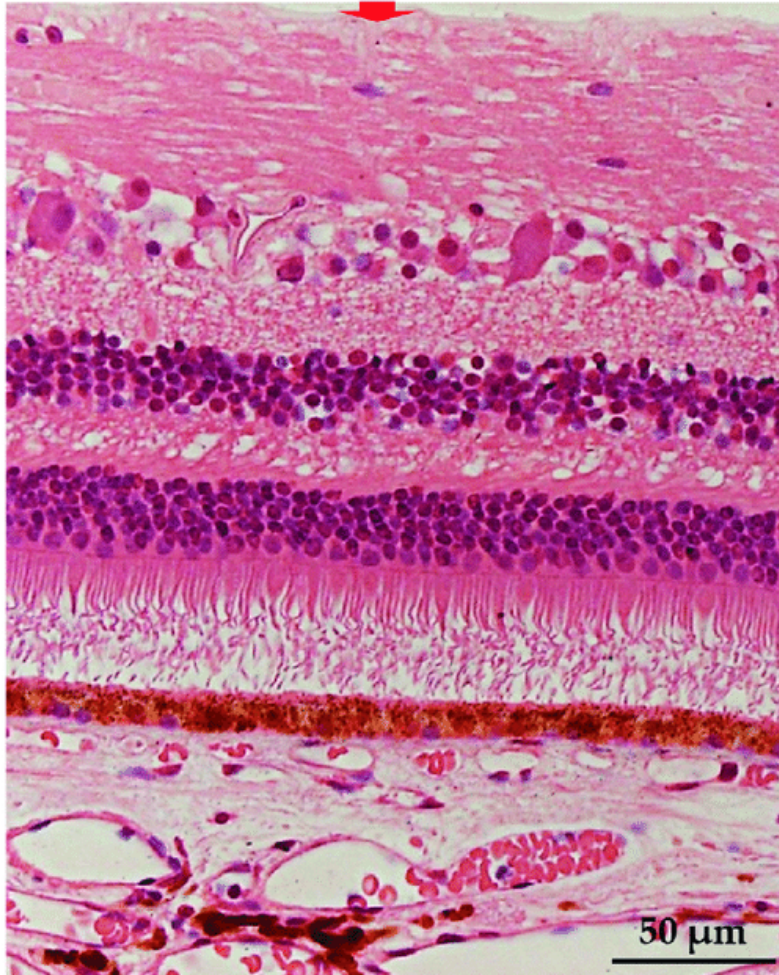
These are the layers
supplied by each source

Blood supply:
Choriocapillaris

Retinal Anatomy and Histology



Light



Internal limiting membrane

Nerve fiber layer

Ganglion cell layer

Inner plexiform layer

Inner nuclear layer

Outer plexiform layer

Outer nuclear layer

Layer of Rods and Cones

Retinal pigmented epithelium

Choroid

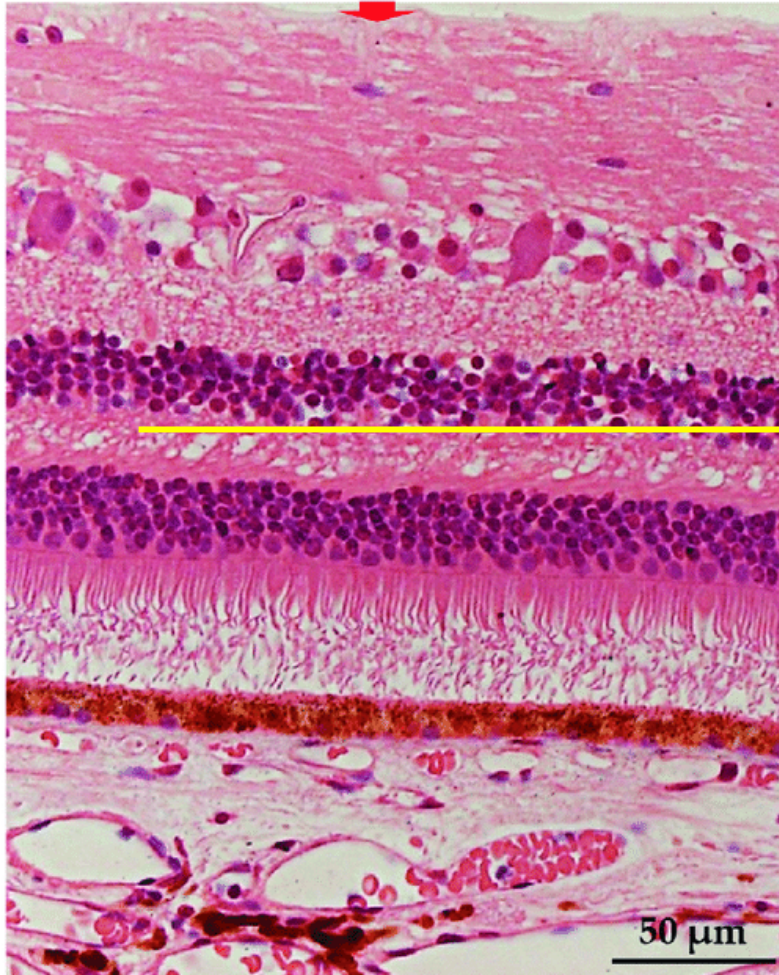
Here is a photomicrograph of the normal human retina

(No question—proceed when ready)

Retinal Anatomy and Histology



Light



Internal limiting membrane

Nerve fiber layer

Ganglion cell layer

Inner plexiform layer

Inner nuclear layer

Outer plexiform layer

Outer nuclear layer

Layer of Rods and Cones

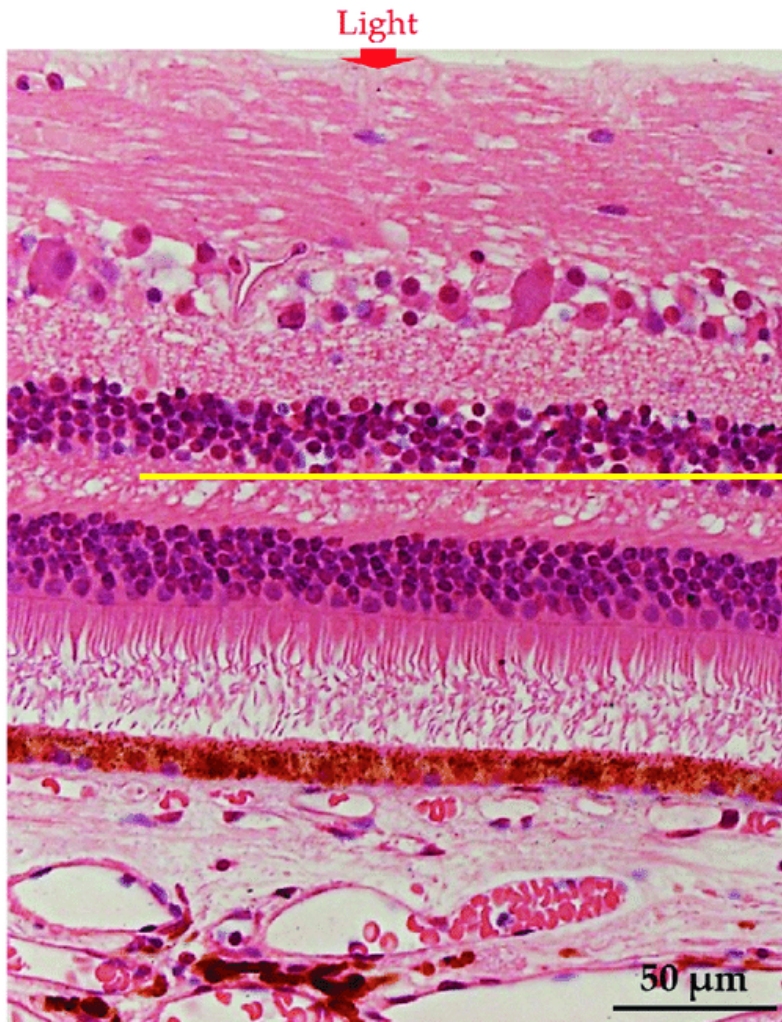
Retinal pigmented epithelium

Choroid

Here is a photomicrograph of the normal human retina

Here, approximately, is the demarcation between the layers perfused by the CRA vs the choriocapillaris

Retinal Anatomy and Histology



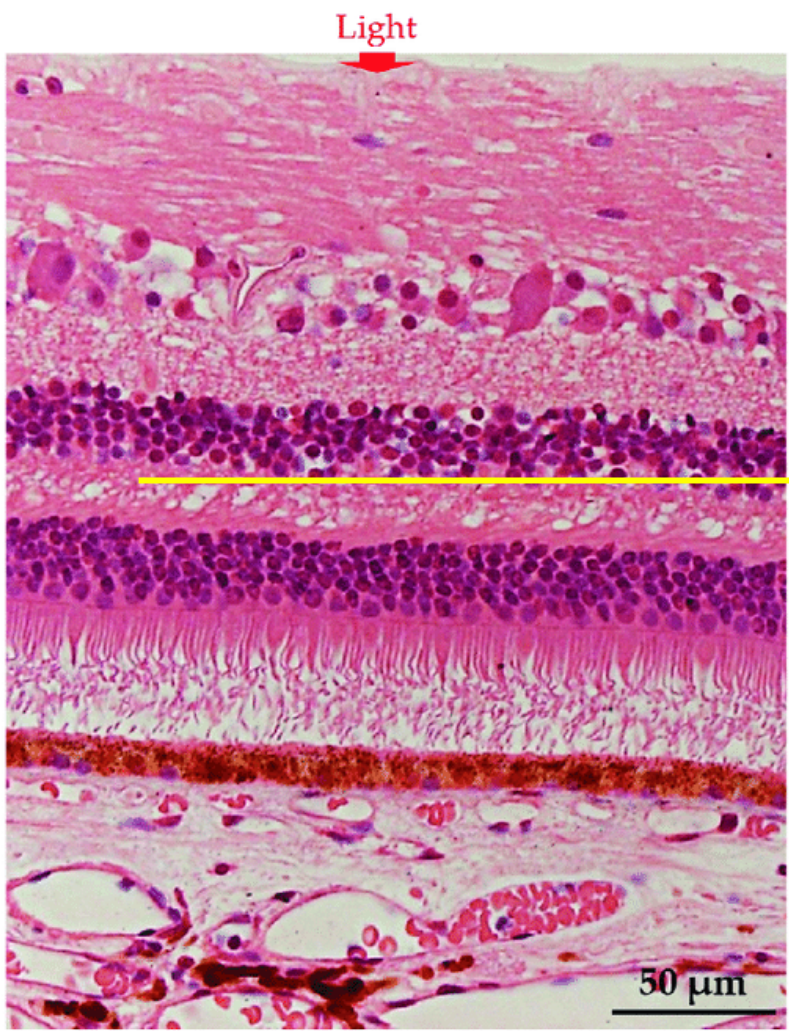
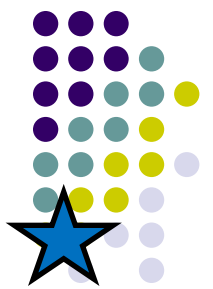
Internal limiting membrane
Nerve
Gangl
Inner
Inner
Outer
Outer
Layer
Retina
Choro



Standard (ie, dye-based) FA allows visualization of the retinal and choroidal vasculatures, but the layers are all superimposed upon one another, making it impossible to distinguish among them

(No question—proceed when ready)

Retinal Anatomy and Histology



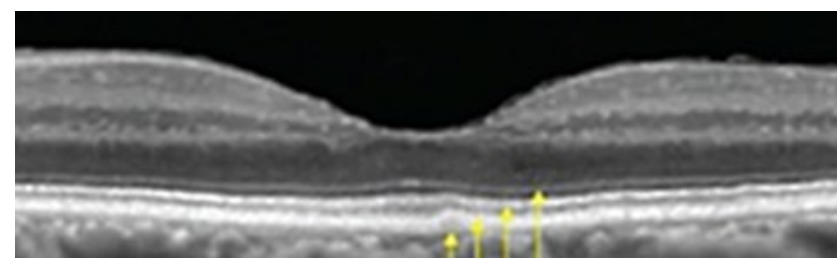
- Internal limiting membrane
- Nerve fiber layer
- Ganglion cell layer
- Inner plexiform layer
- Inner nuclear layer
- Outer plexiform layer
- Outer nuclear layer
- Layer of Rods and Cones
- Retinal pigmented epithelium
- Choroid



Instead, let's use *en face* OCTA to look at the ultrastructure of foveal circulation.



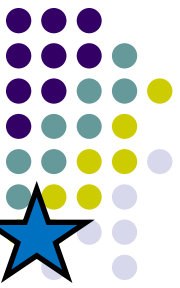
Here is a photomicrograph of the internal limiting membrane demarcation between the layers perfused by the CRA vs the choriocapillaris



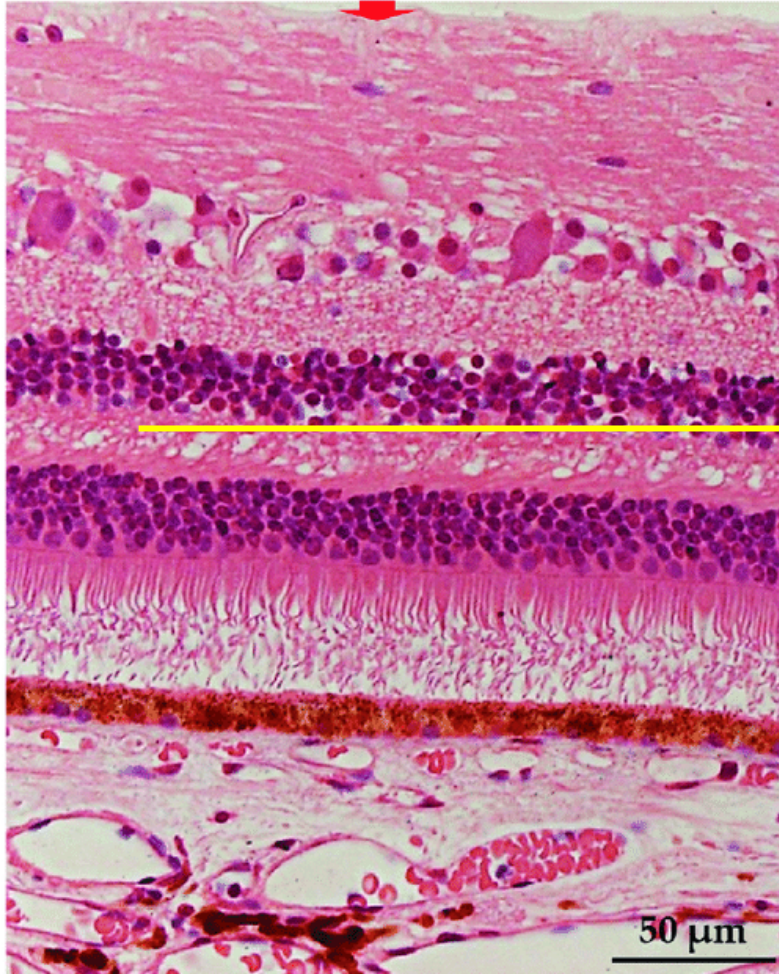
Optical coherence tomography (OCT) through the fovea (cross-sectional, not *en face*)

(No question—proceed when ready)

Retinal Anatomy and Histology



Light



Internal limiting membrane

Instead, let's use *en face* **OCTA**

The **A** in OCTA stand for 'angiography.' OCTA makes possible the visualization of the retinal vasculature without the need for intravascular dye as in FA

Outer nuclear layer

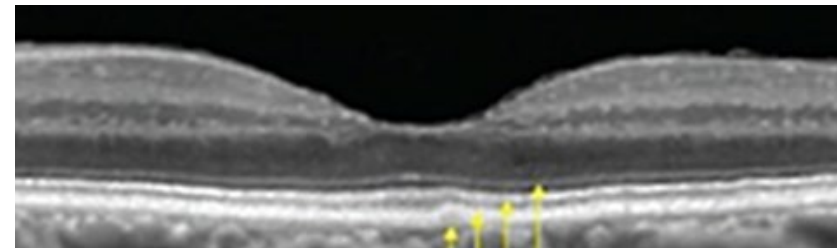
Layer of Rods and Cones

Retinal pigmented epithelium

Choroid

50 μ m

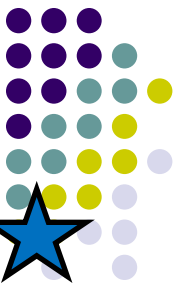
demarcation between the layers perfused by the CRA vs the choriocapillaris



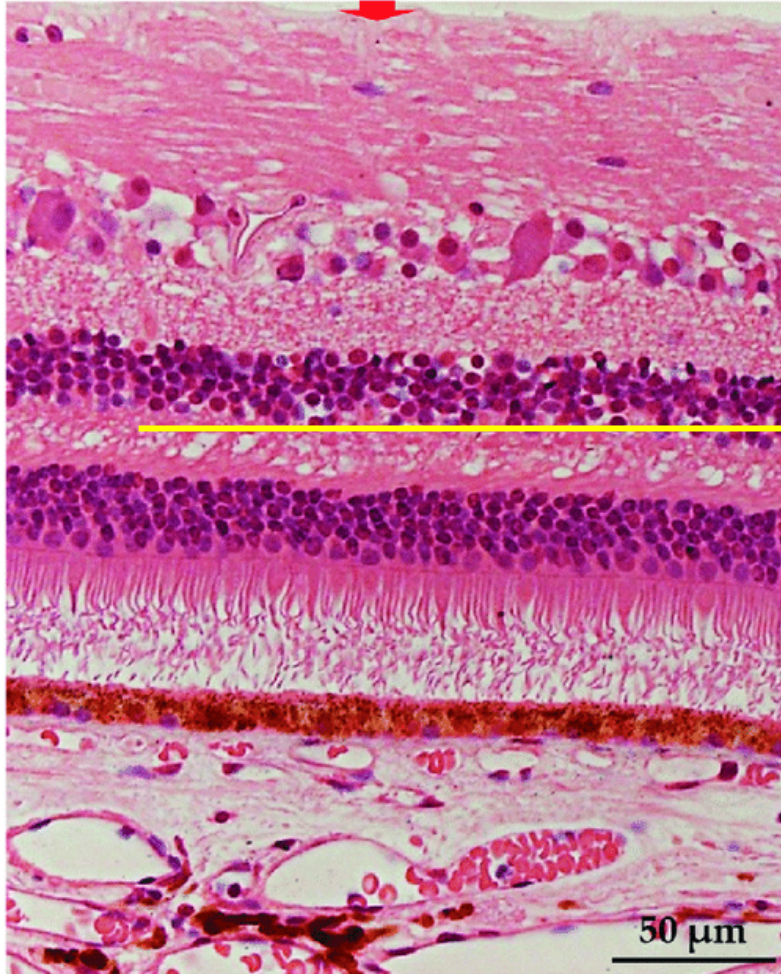
Optical coherence tomography (OCT) through the fovea (cross-sectional, not *en face*)

(No question—proceed when ready)

Retinal Anatomy and Histology



Light



Internal limiting membrane

Instead, let's use *en face* **OCTA**

The **A** in OCTA stand for 'angiography.' OCTA makes possible the visualization of the retinal vasculature without the need for intravascular dye as in FA. Further, en face OCTA not only allows us to see the vasculature, it allows us to 'slice' and inspect it layer by layer—something that cannot be done via conventional FA.

Outer nuclear layer

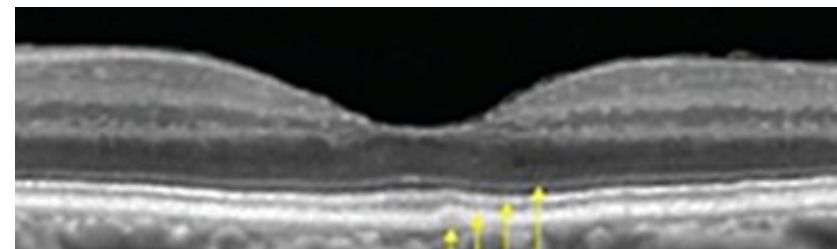
Layer of Rods and Cones

Retinal pigmented epithelium

Choroid

50 μ m

demarcation between the layers perfused by the CRA vs the choriocapillaris



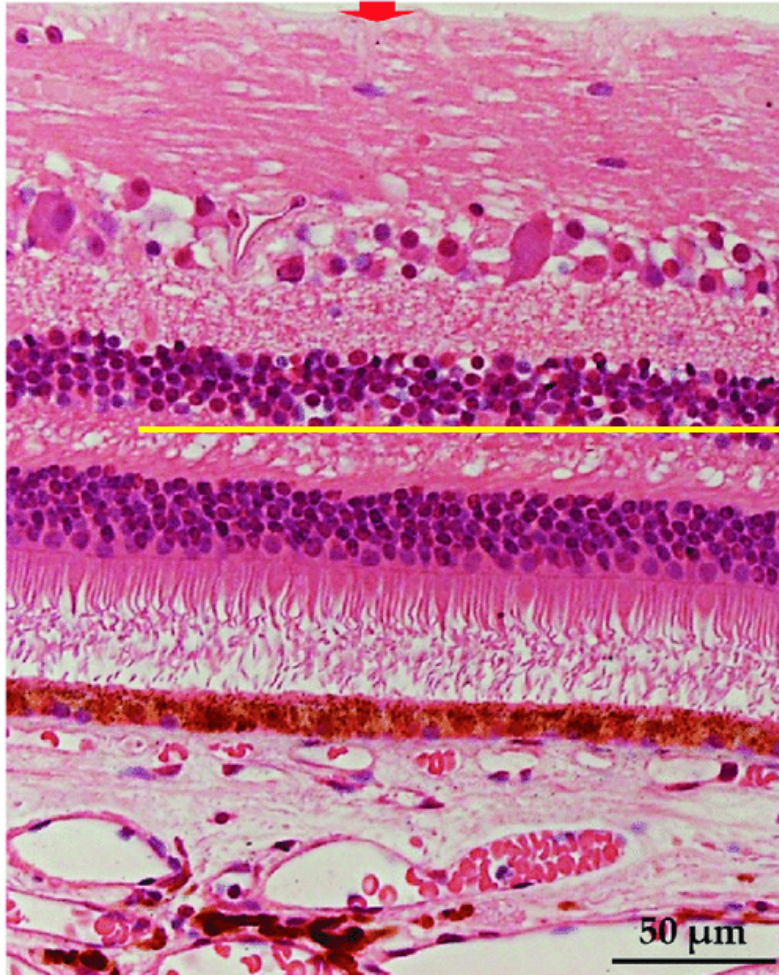
Optical coherence tomography (OCT) through the fovea (cross-sectional, not *en face*)

(No question—proceed when ready)

Retinal Anatomy and Histology



Light



Internal limiting membrane

Nerve fiber layer

Ganglion cell layer

Inner plexiform layer

Inner nuclear layer

Outer plexiform layer

Outer nuclear layer

Layer of Rods and Cones

Retinal pigmented epithelium

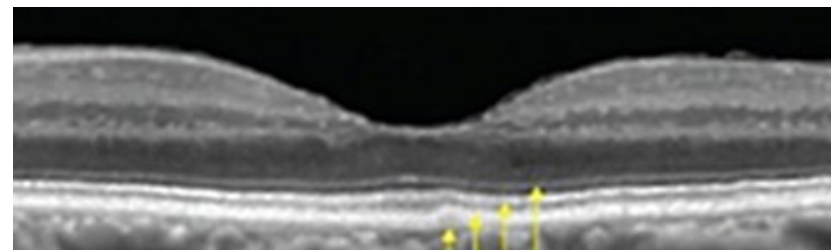
Choroid



Instead, let's use *en face* OCT to look at the ultrastructure of foveal circulation. For illustration purposes, we're gonna pretend this is a photomicrograph of the fovea (it's not).



Here is a photomicrograph of the fovea, clearly marking the demarcation between the layers perfused by the CRA vs the choriocapillaris

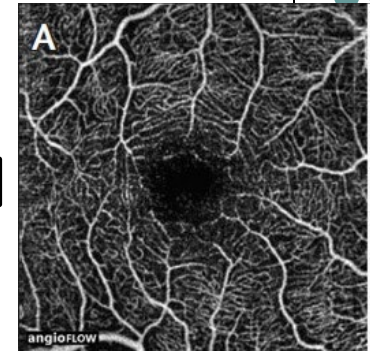
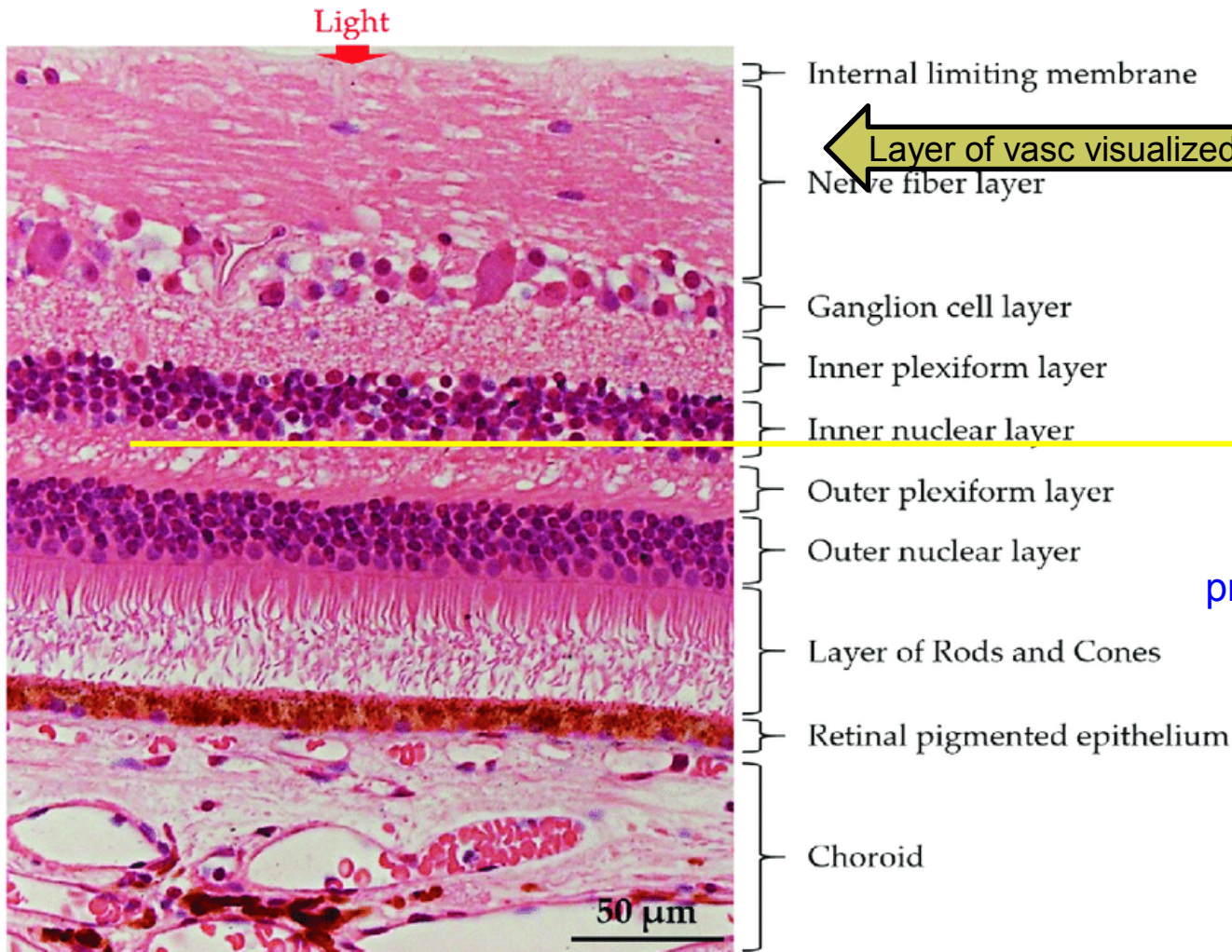


Optical coherence tomography (OCT) through the fovea (cross-sectional, not *en face*)

(No question—proceed when ready)

Retinal Anatomy and Histology

En face OCT

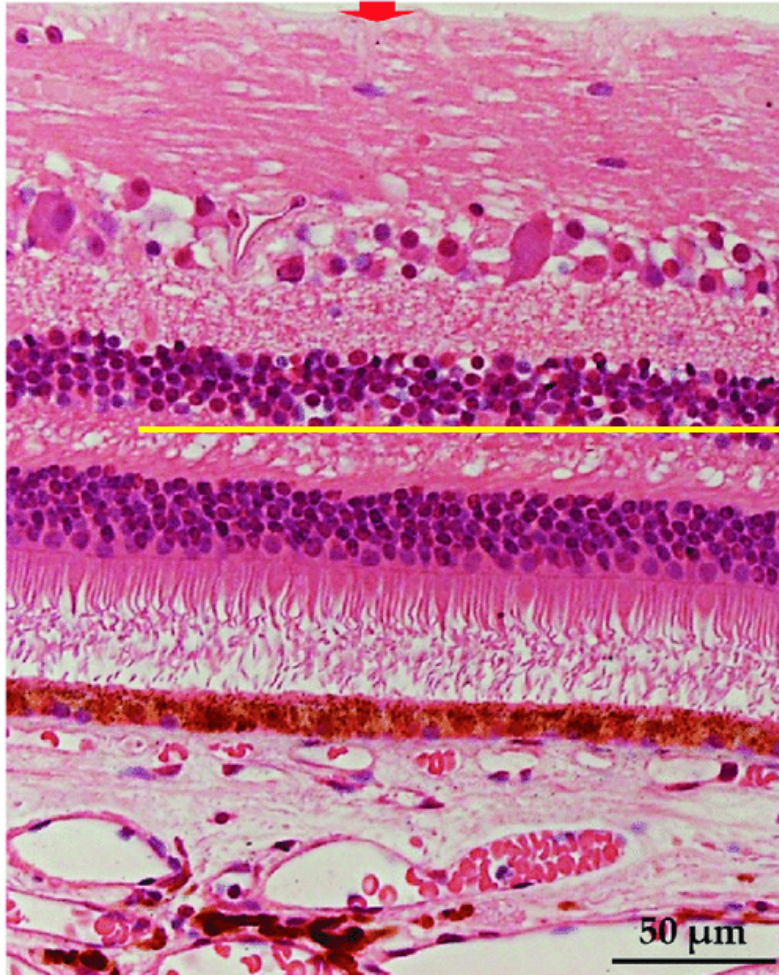


Pics **A**, **B** and **C** depict the parafoveal vasculature as we progress deeper into the retina

Retinal Anatomy and Histology

En face OCT

Light



Internal limiting membrane

Nerve fiber layer

Layer of vasc visualized

Ganglion cell layer

Inner plexiform layer

Inner nuclear layer

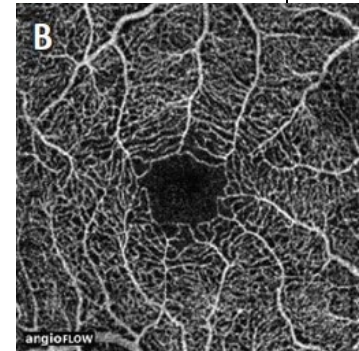
Outer plexiform layer

Outer nuclear layer

Layer of Rods and Cones

Retinal pigmented epithelium

Choroid



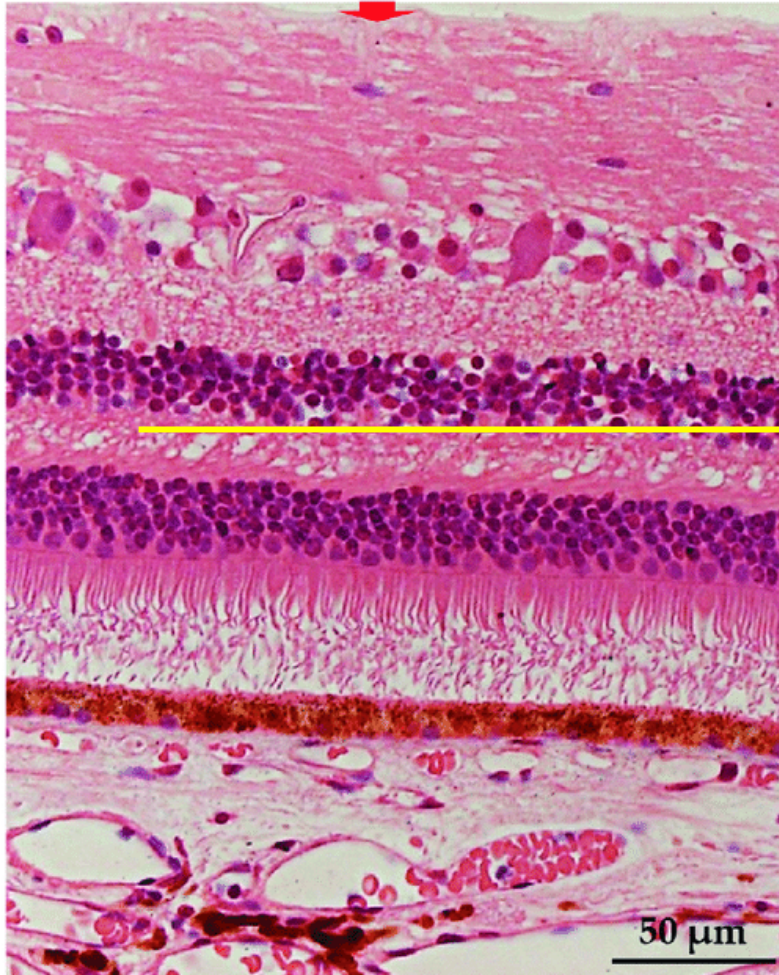
Pics A, **B** and C depict the parafoveal vasculature as we progress deeper into the retina

(No question—proceed when ready)

Retinal Anatomy and Histology

En face OCTA

Light



Internal limiting membrane

Nerve fiber layer

Ganglion cell layer

Layer of vasc visualized

Inner nuclear layer

Outer plexiform layer

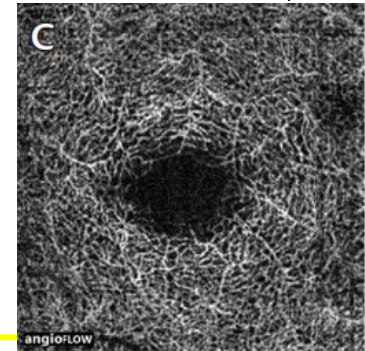
Outer nuclear layer

Layer of Rods and Cones

Retinal pigmented epithelium

Choroid

50 μ m

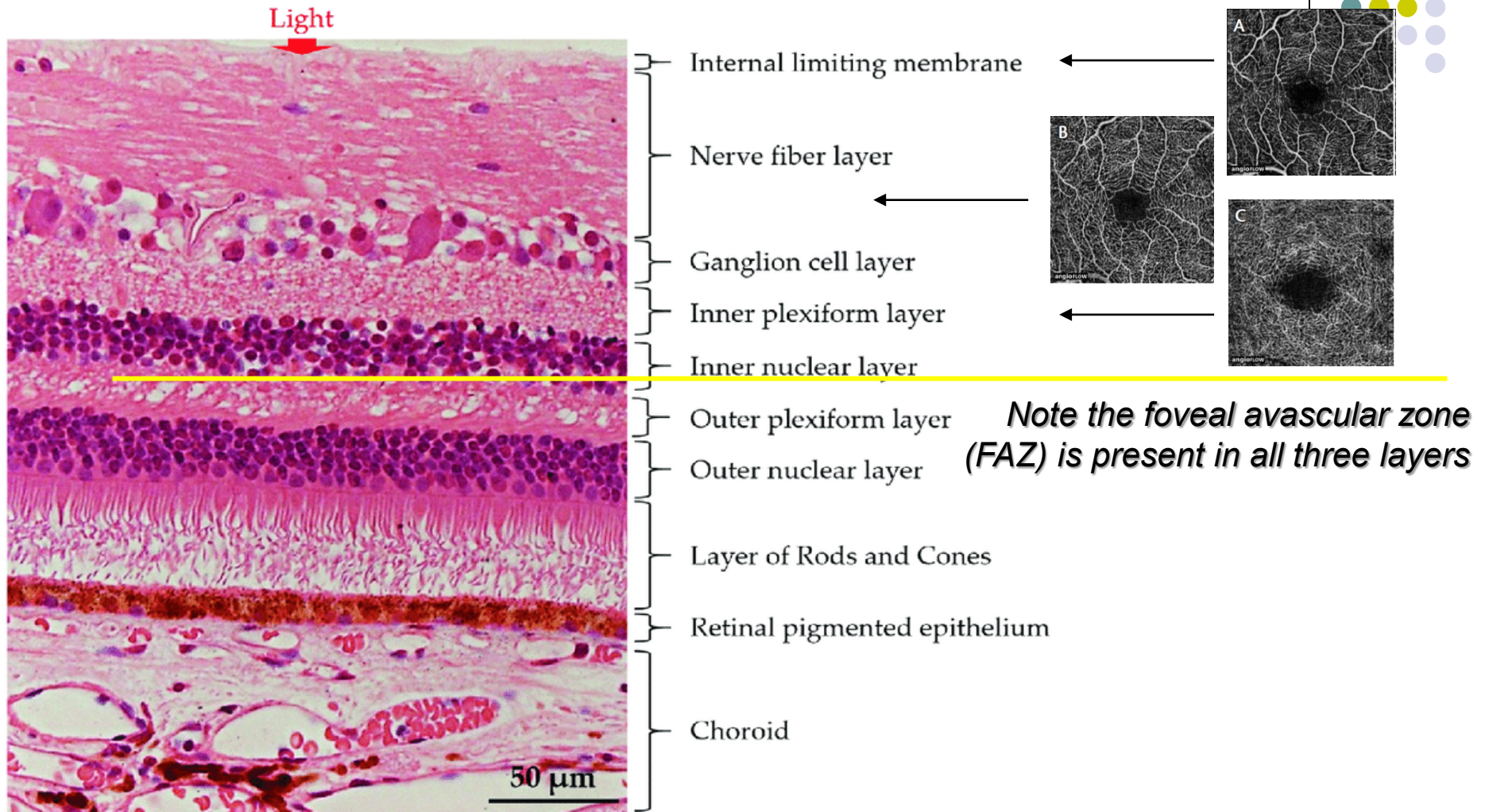


Pics A, B and C depict the parafoveal vasculature as we progress deeper into the retina

(No question—proceed when ready)

Retinal Anatomy and Histology

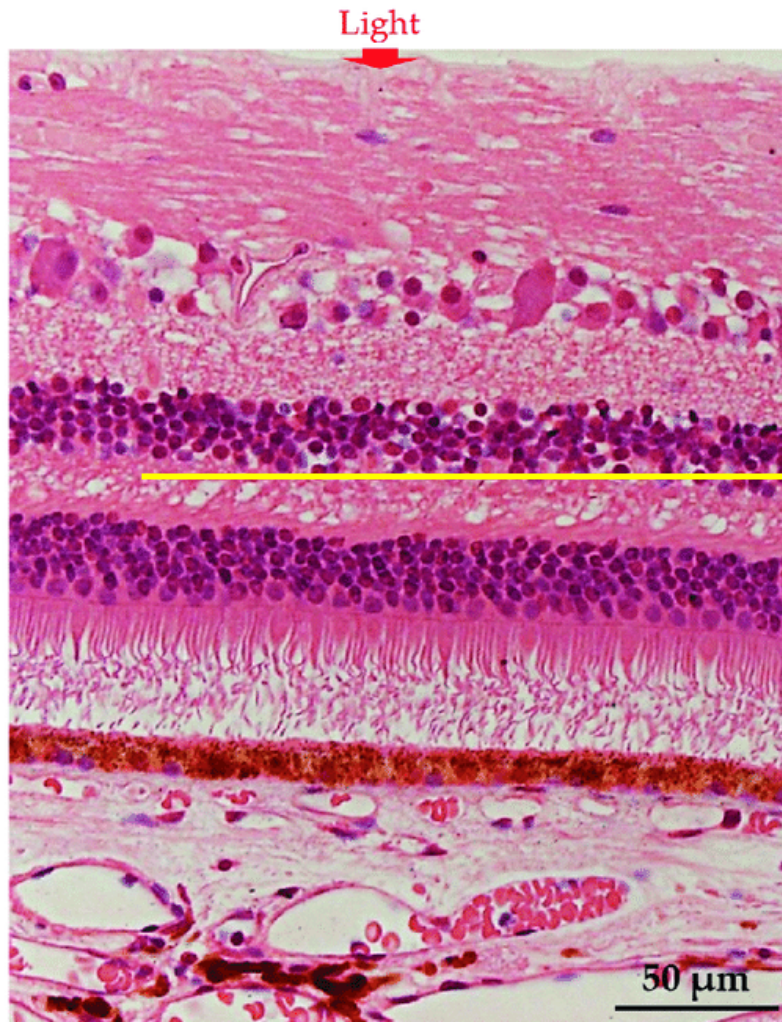
En face OCTA



(No question—proceed when ready)

Retinal Anatomy and Histology

En face OCTA



Internal limiting membrane

Nerve fiber layer

Ganglion cell layer

Inner plexiform layer

Inner nuclear layer

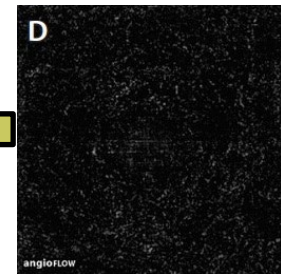
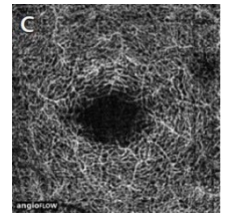
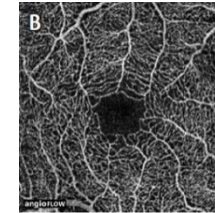
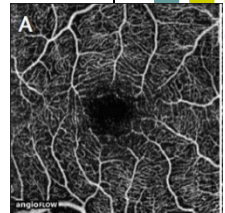
Outer plexiform layer

Outer nuclear layer

Layer of Rods and Cones

Retinal pigmented epithelium

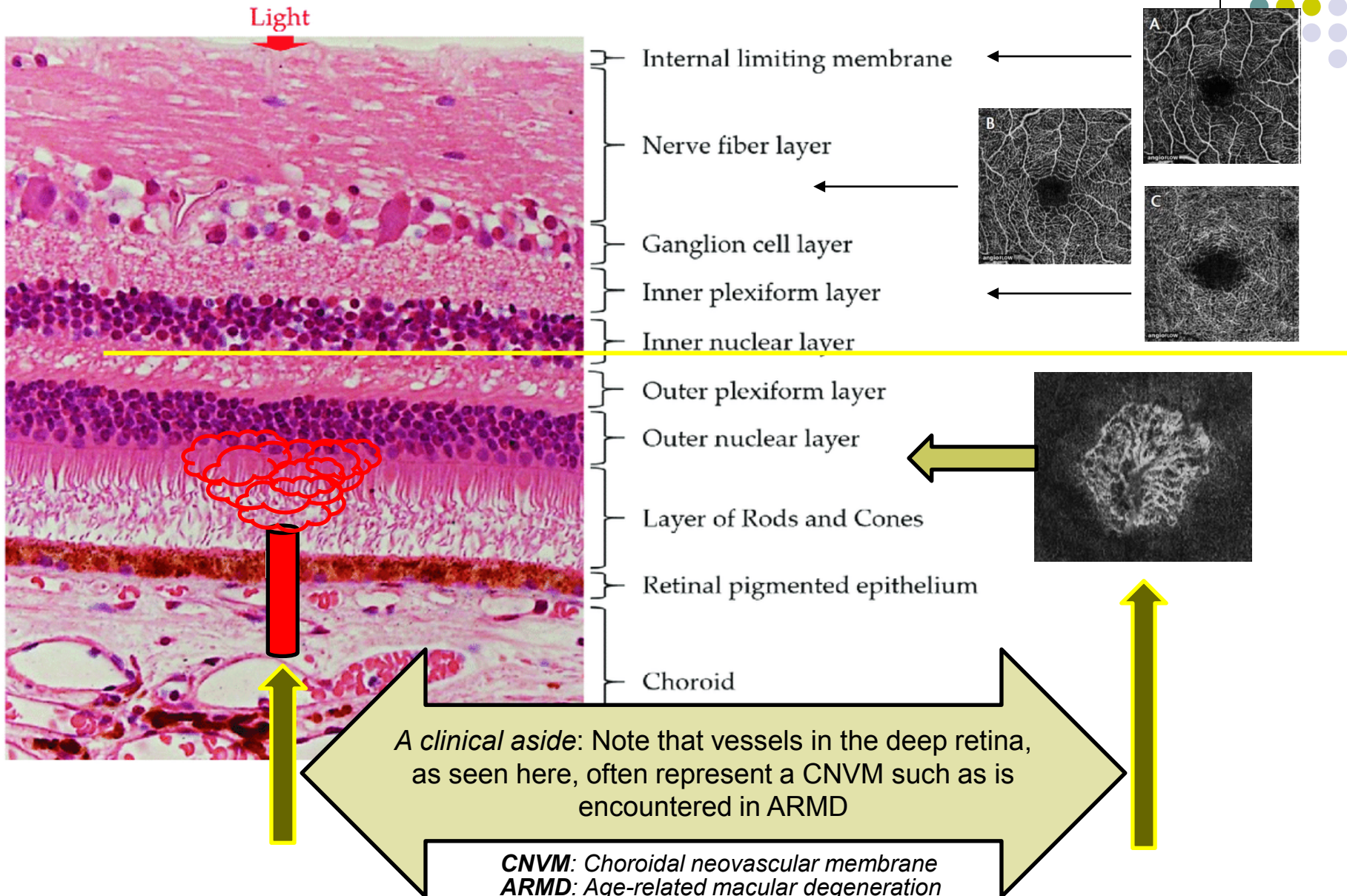
Choroid



As expected, imaging of the deeper retina (D) reveals the **absence** of intraretinal vasculature

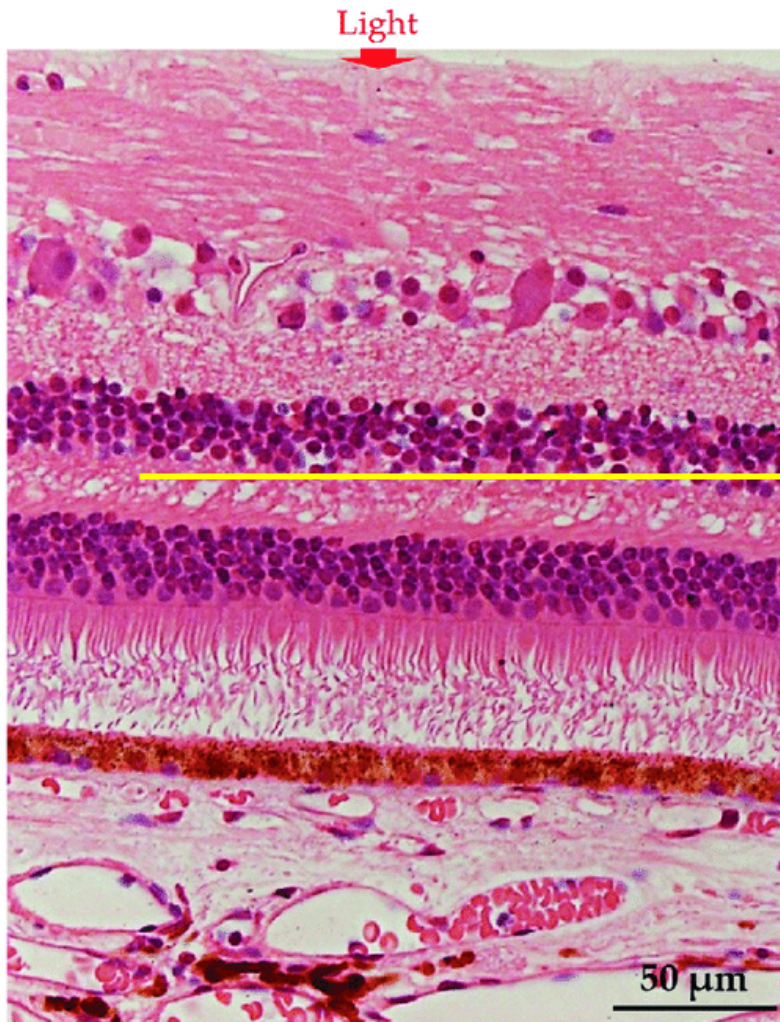
Retinal Anatomy and Histology

En face OCTA



Retinal Anatomy and Histology

En face OCTA



Internal limiting membrane

Nerve fiber layer

Ganglion cell layer

Inner plexiform layer

Inner nuclear layer

Outer plexiform layer

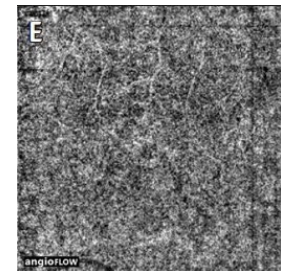
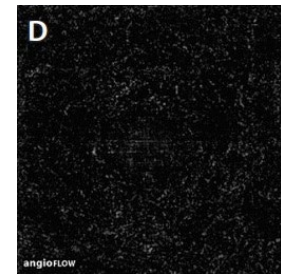
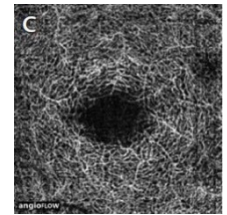
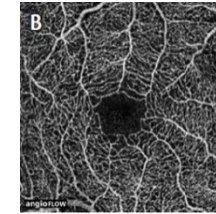
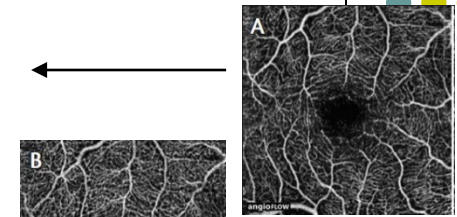
Outer nuclear layer

Layer of Rods and Cones

Retinal pigmented epithelium

Choroid

Layer of vasc
visualized

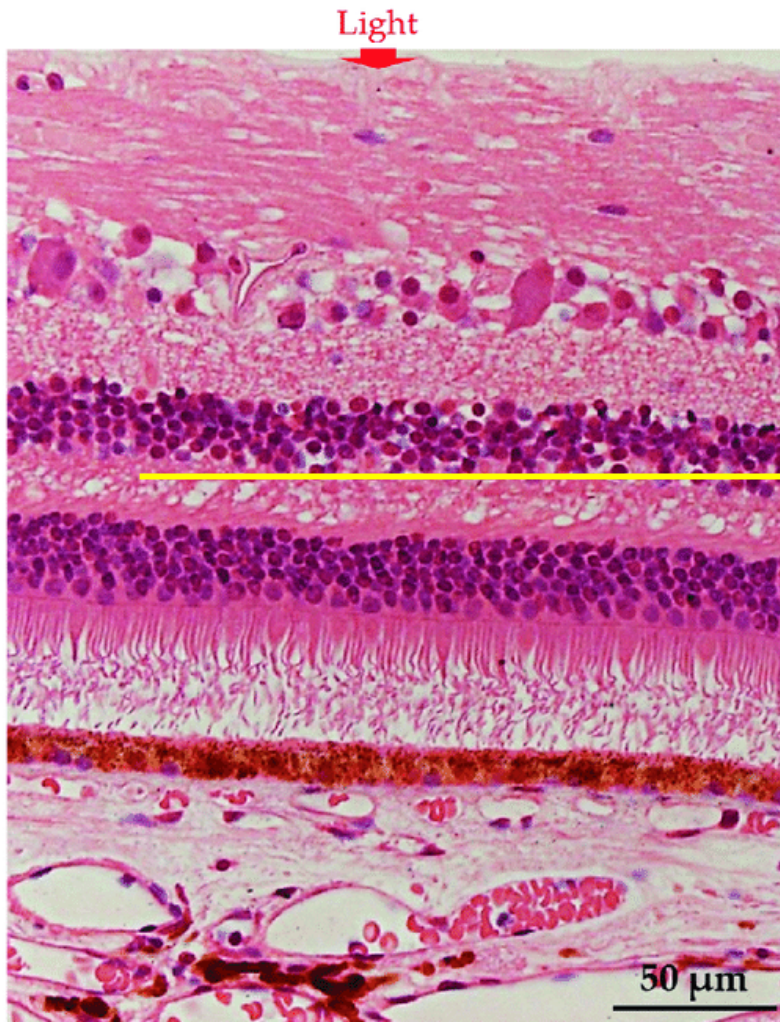


Imaging of the choriocapillaris (E) indicates it contains a dense, robust vasculature.

(No question—proceed when ready)

Retinal Anatomy and Histology

En face OCTA



Internal limiting membrane

Nerve fiber layer

Ganglion cell layer

Inner plexiform layer

Inner nuclear layer

Outer plexiform layer

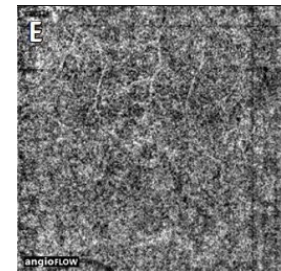
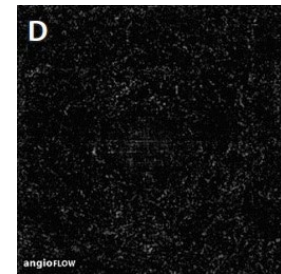
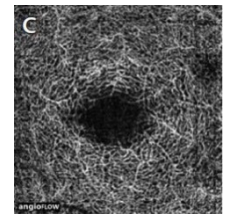
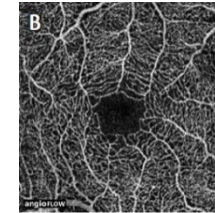
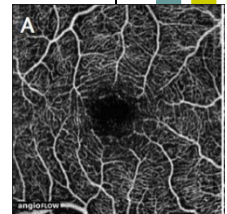
Outer nuclear layer

Layer of Rods and Cones

Retinal pigmented epithelium

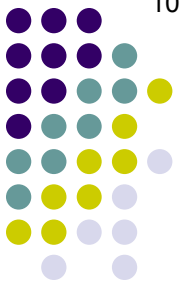
Choroid

Layer of vasc
visualized



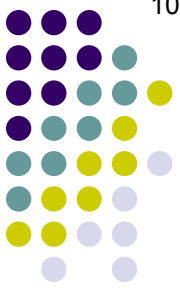
Imaging of the choriocapillaris (E) indicates it contains a dense, robust vasculature. As expected, note the absence of a void corresponding to the FAZ.

(No question—proceed when ready)



- **RPE**

*Next let's look in detail at the function and structure of the **RPE***

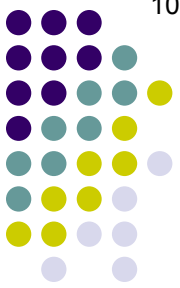


- **RPE: Functions**

1)

2)

3)



- **RPE: Functions**

1) Outer *blood-retinal barrier*

2)

3)



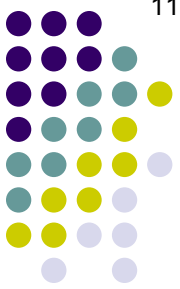
● RPE: Functions

1) Outer *blood-retinal barrier*

- Formed by *zonulae occludens* near cell apices

2)

3)



● RPE: Functions

1) Outer *blood-retinal barrier*

- Formed by *zonulae occludens* near cell apices

2)

As an aside, the *inner* blood-retinal barrier is formed by tight

3)

junctions between endothelial cells of the retinal vasculature



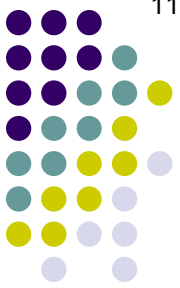
● RPE: Functions

1) Outer *blood-retinal barrier*

- Formed by *zonulae occludens* near cell apices

2) *Phagocytosis of rod/cone outer segments*

3)



● RPE: Functions

1) Outer *blood-retinal barrier*

- Formed by *zonulae occludens* near cell apices

2) *Phagocytosis of rod/cone outer segments*

3) *Vitamin A metabolism*



● RPE: Functions

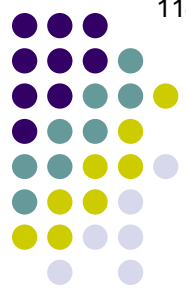
1) Outer *blood-retinal barrier*

- Formed by *zonulae occludens* near cell apices

2) *Phagocytosis of rod/cone outer segments*

3) *Vitamin A metabolism*

- *Retinol* acquired, stored and transported by RPE



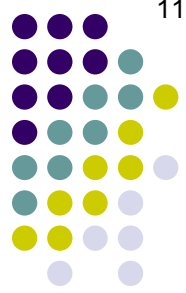
The five layers of Bruch's membrane:

- Bruch's membrane
- 1) Basement membrane of RPE
 - 2)
 - 3)
 - 4)
 - 5)

Innermost



Outermost



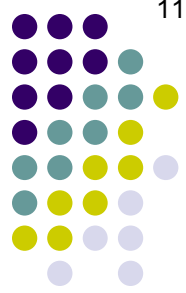
The five layers of Bruch's membrane:

- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3)
 - 4)
 - 5)

Innermost



Outermost



The five layers of Bruch's membrane:

- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4)
 - 5)

Innermost



Outermost



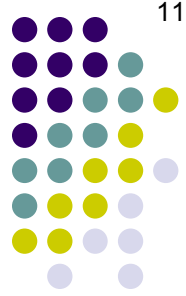
The five layers of Bruch's membrane:

- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5)

Innermost



Outermost



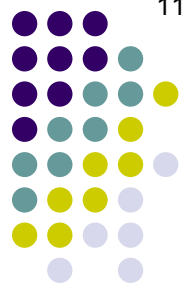
The five layers of Bruch's membrane:

- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5) Basement membrane of choriocapillaris

Innermost



Outermost



The five layers of Bruch's membrane:

0) *RPE cells*

The RPE cells themselves go here

- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5) Basement membrane of choriocapillaris

Innermost



Outermost



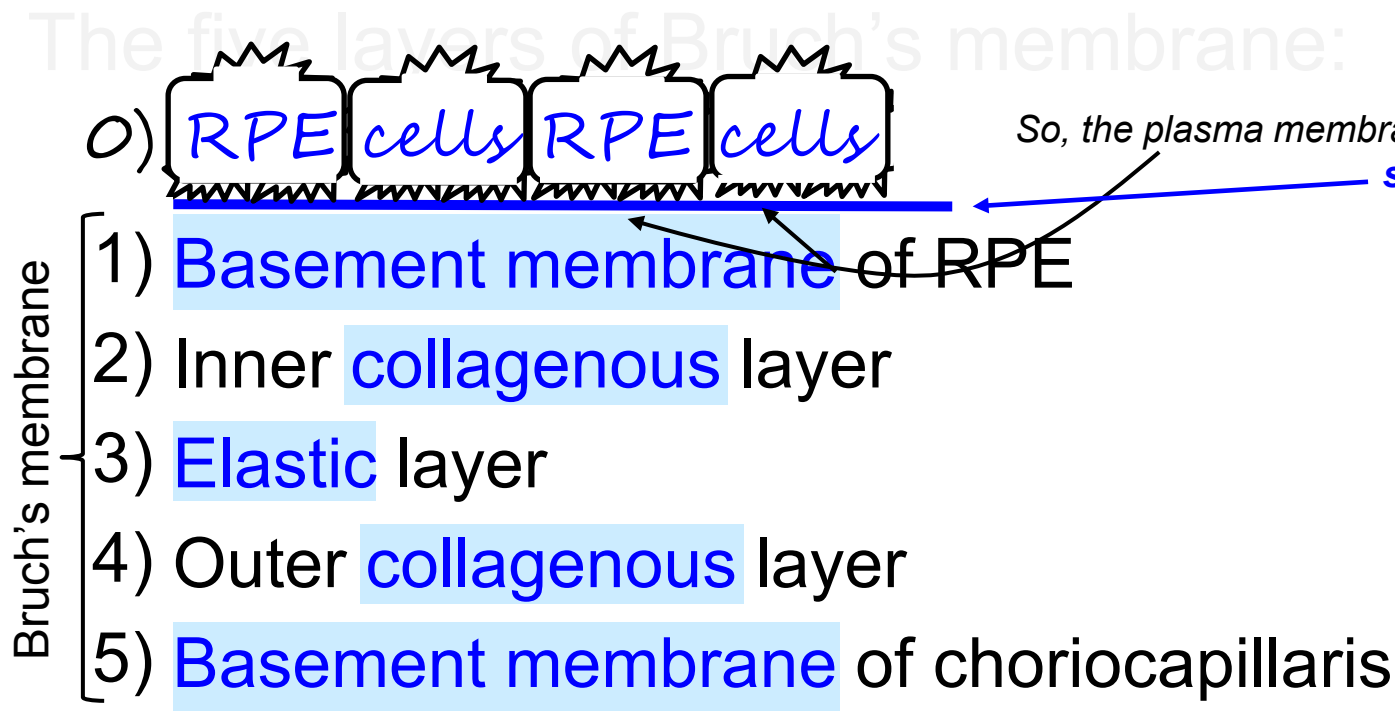
The five layers of Bruch's membrane:

- 0) RPE cells
- 1) Basement membrane of RPE
- 2) Inner collagenous layer
- 3) Elastic layer
- 4) Outer collagenous layer
- 5) Basement membrane of choriocapillaris
- Bruch's membrane

So, the plasma membranes of the RPE cells...

Innermost

Outermost

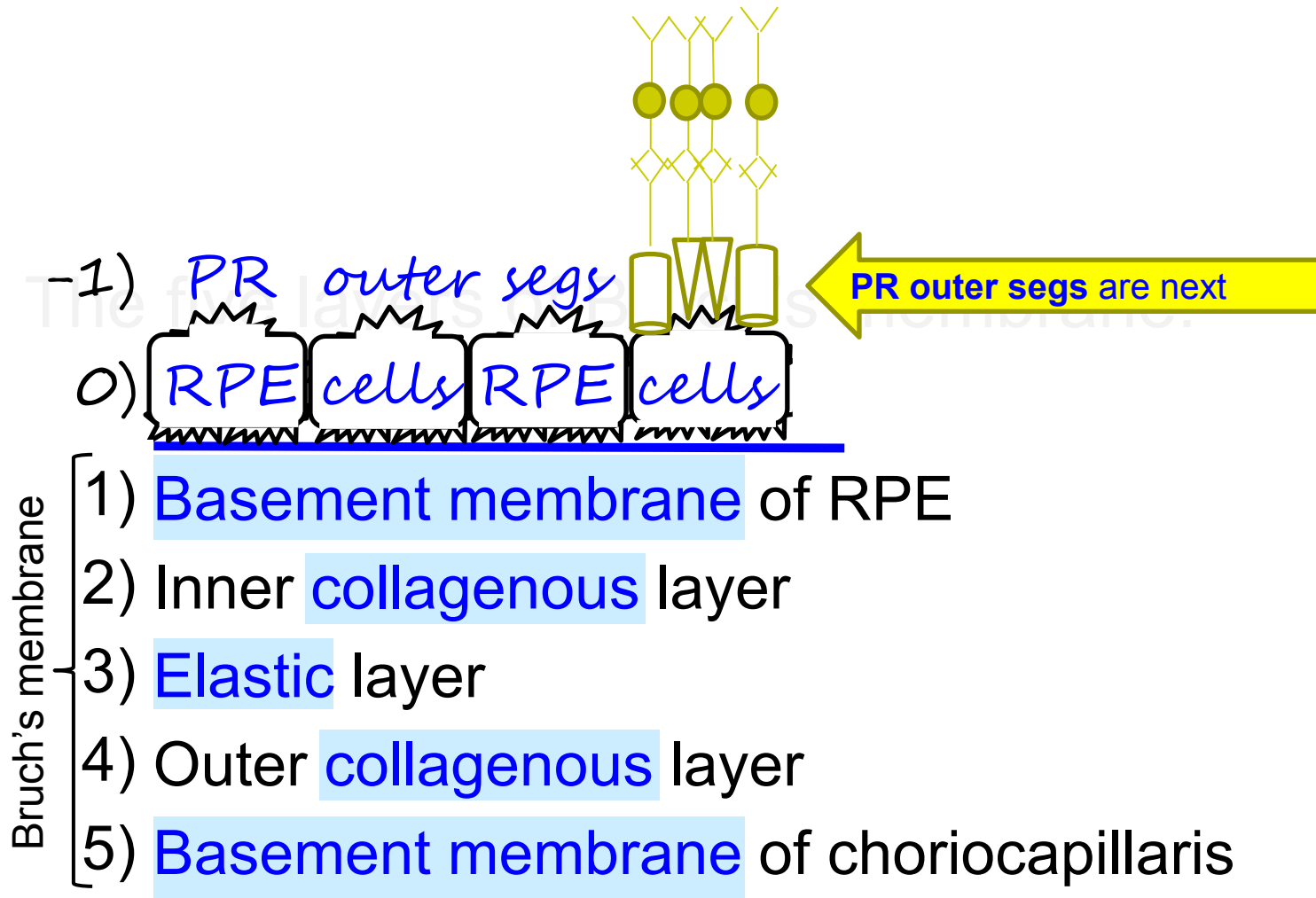


Innermost

Outermost

Retinal Anatomy and Histology

122

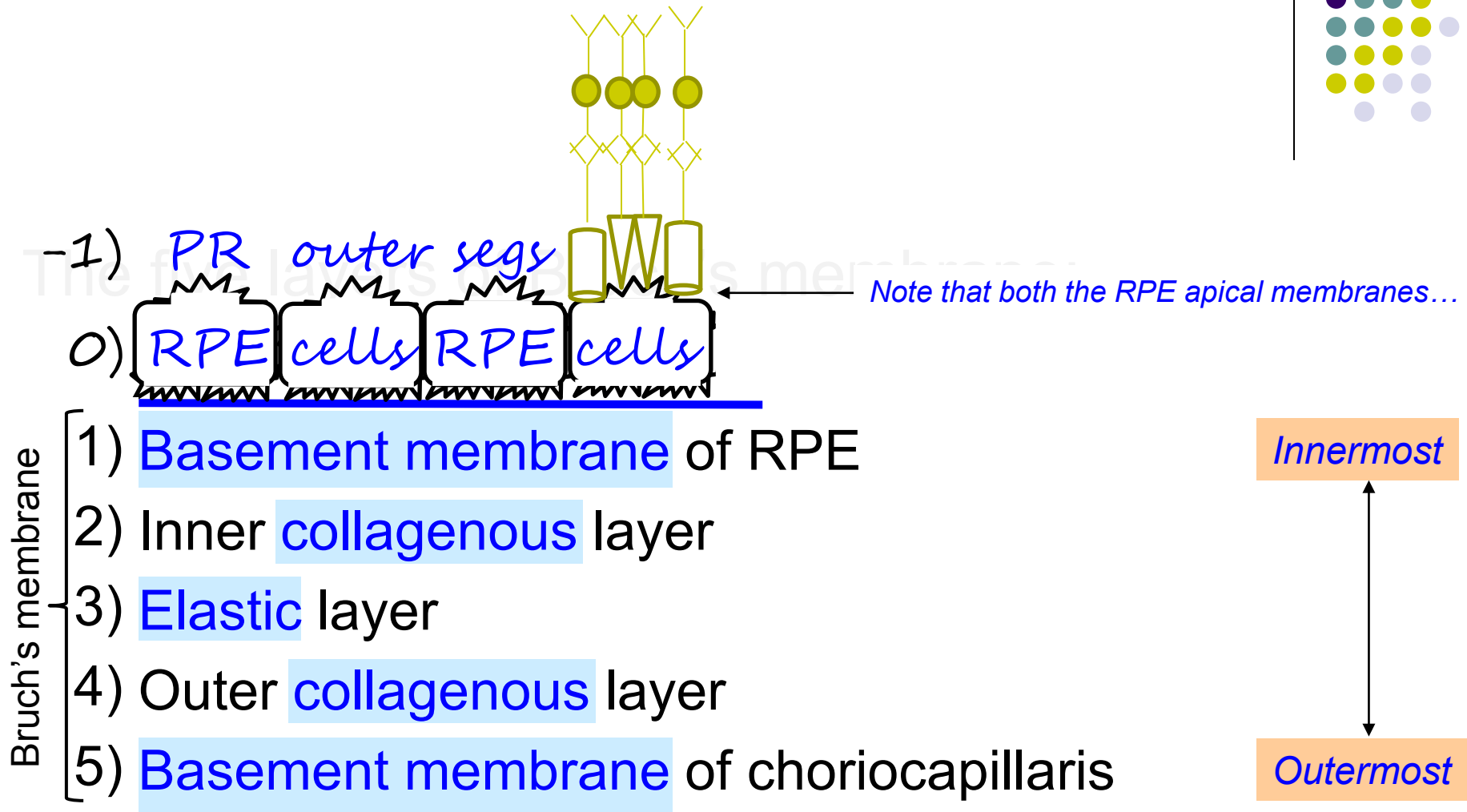
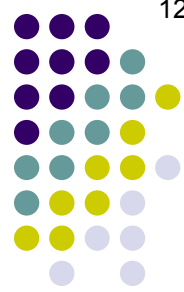


Innermost

Outermost

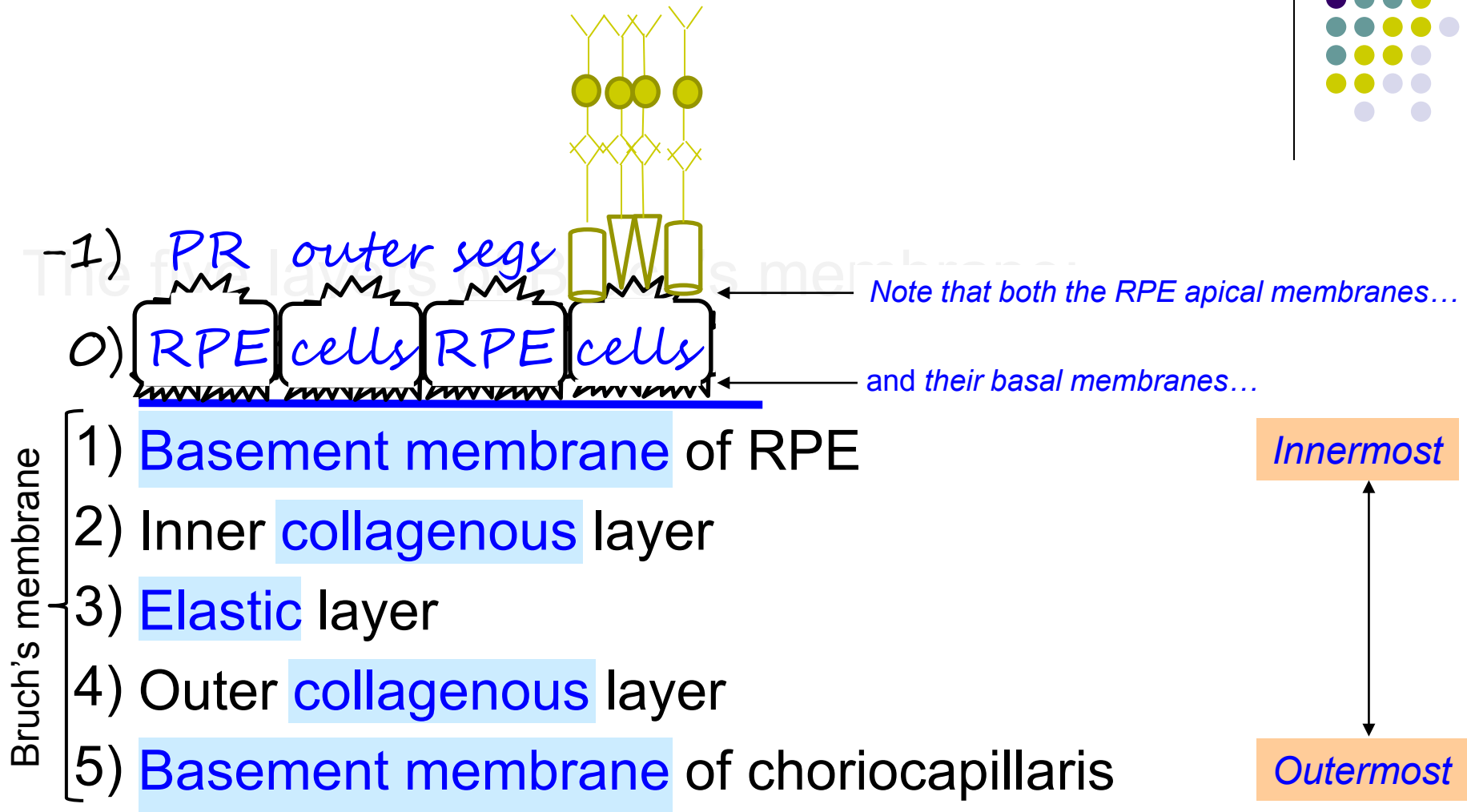
Retinal Anatomy and Histology

123



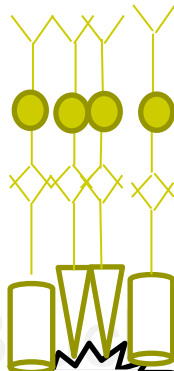
Retinal Anatomy and Histology

124



Retinal Anatomy and Histology

125



-1) PR outer segs

0) RPE cells RPE cells

Note that both the RPE apical membranes...
are highly infolded.
and their basal membranes...

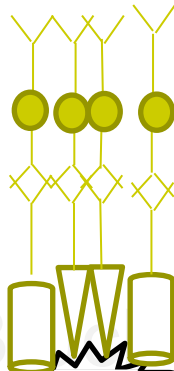
- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5) Basement membrane of choriocapillaris

Innermost

Outermost

Retinal Anatomy and Histology

126



- 1) PR outer segs
- 0) RPE cells

But note further that, while the PRs closely interdigitate with these infoldings...

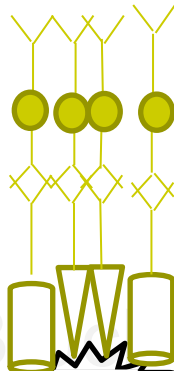
- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5) Basement membrane of choriocapillaris

Innermost

Outermost

Retinal Anatomy and Histology

127



-1) PR outer segs

0) RPE cells

But note further that, while the PRs closely interdigitate with these infoldings...

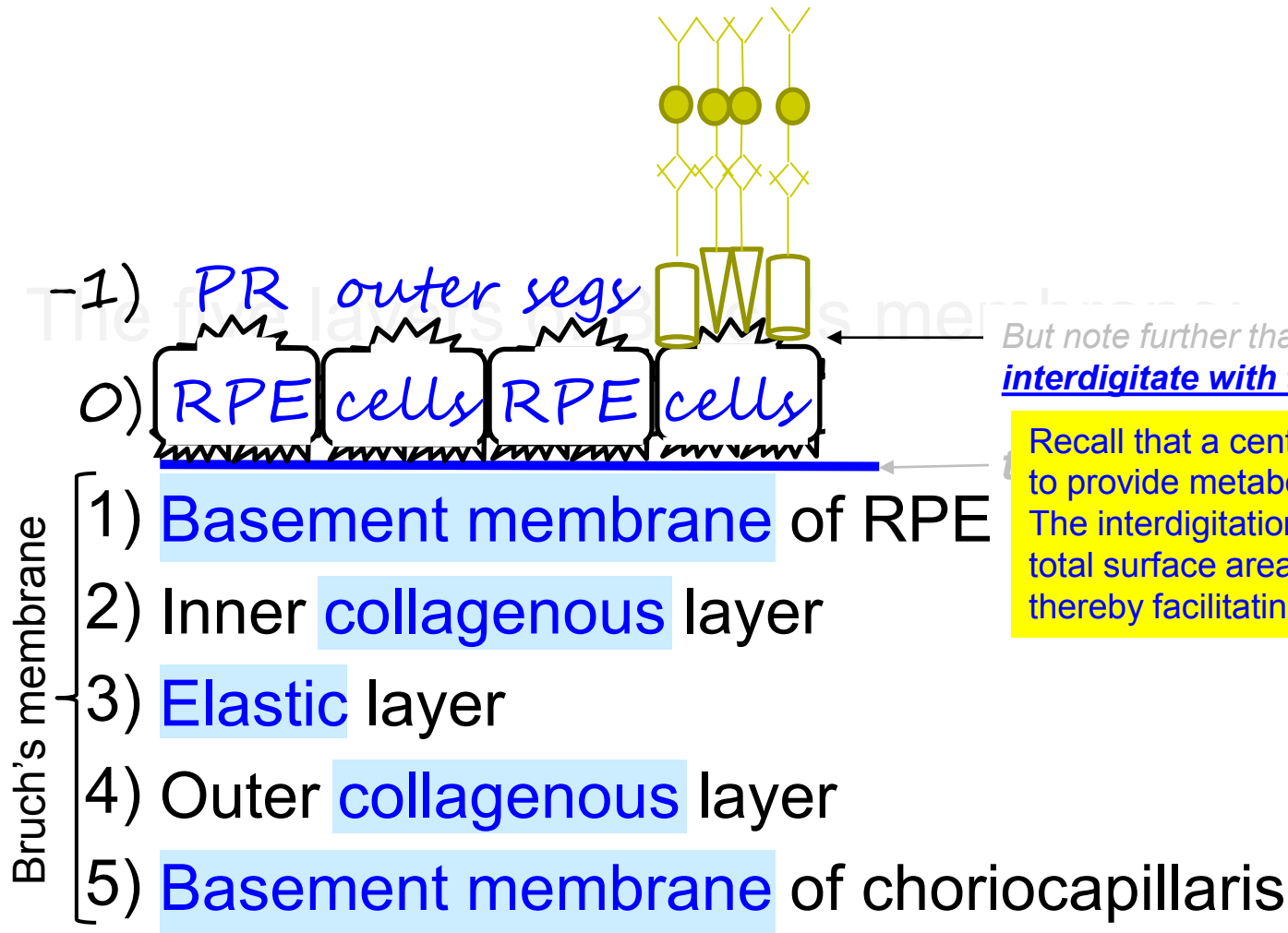
the BM does not.

- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5) Basement membrane of choriocapillaris

Innermost

Outermost

Retinal Anatomy and Histology



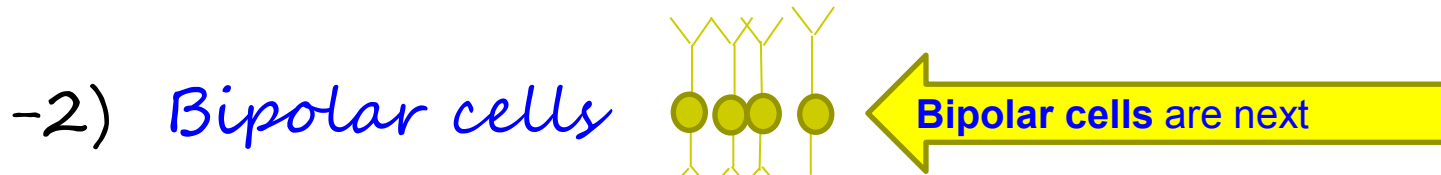
But note further that, while the PRs closely interdigitate with these infoldings...

Recall that a central function of the RPE is to provide metabolic support for the PRs. The interdigitations greatly increase the total surface area of PR-RPE contact, thereby facilitating these metabolic efforts.

Outermost

Retinal Anatomy and Histology

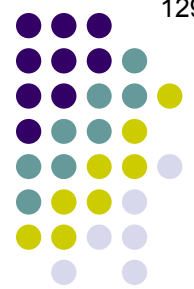
129



- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5) Basement membrane of choriocapillaris

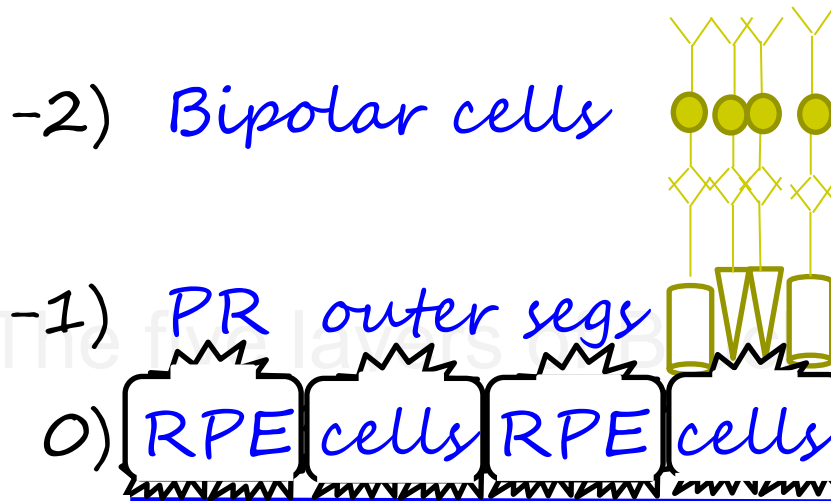
Innermost


Outermost



Retinal Anatomy and Histology

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- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5) Basement membrane of choriocapillaris
 - 6)  ?

Innermost

Outermost

Down here is...

Retinal Anatomy and Histology

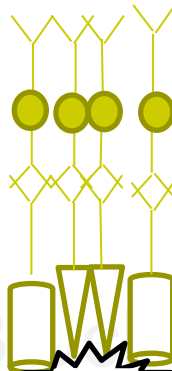
131



-2) Bipolar cells

-1) PR outer segs

0) RPE cells



- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5) Basement membrane of choriocapillaris
 - 6) ~~Choriocapillaris~~ Choriocapillaris

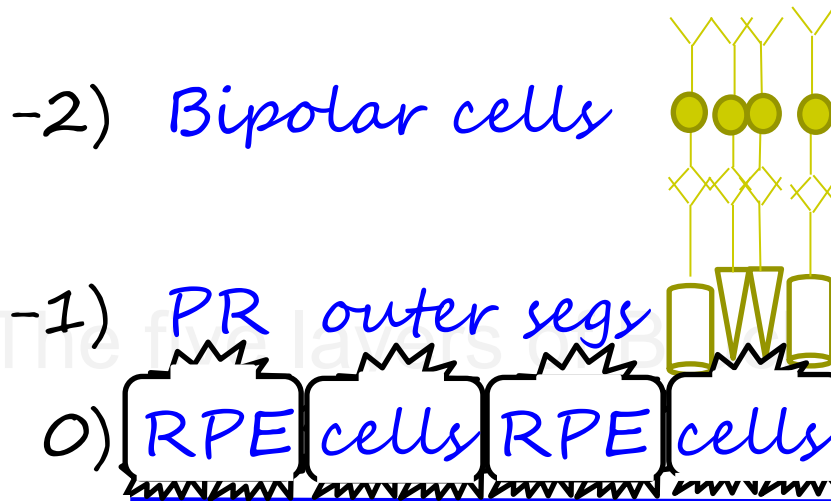
Innermost

Outermost

Down here is...
The choriocapillaris

Retinal Anatomy and Histology

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- Bruch's membrane
- 1) Basement membrane of RPE
 - 2) Inner collagenous layer
 - 3) Elastic layer
 - 4) Outer collagenous layer
 - 5) Basement membrane of choriocapillaris
 - 6) ~~Choriocapillaris~~
 - 7) ~~Choroid~~

Innermost

Outermost

And the choroid



Next we will look at macular OCT, and relate it to what we've learned about the anatomy of the retina

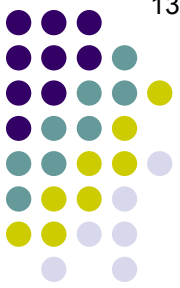
Retinal Anatomy and Histology



Next we will look at macular OCT, and relate it to what we've learned about the anatomy of the retina

OCT stand for *optical coherence tomography*. It allows cross-sectional imaging of ocular structures, including the retina (tomography means 'cross-sectional image').

Retinal Anatomy and Histology



Next we will look at macular OCT, and relate it to what we've learned about the anatomy of the retina

OCT stand for *optical coherence tomography*. It allows cross-sectional imaging of ocular structures, including the retina (tomography means 'cross-sectional image').

It works via **interferometry**: A beam of coherent light is directed toward the retina, and reflects when it encounters boundaries between tissue layers of differing optical properties. The device gathers the reflected light and compares it to a standardized beam of light reflected from a reference mirror.

Retinal Anatomy and Histology



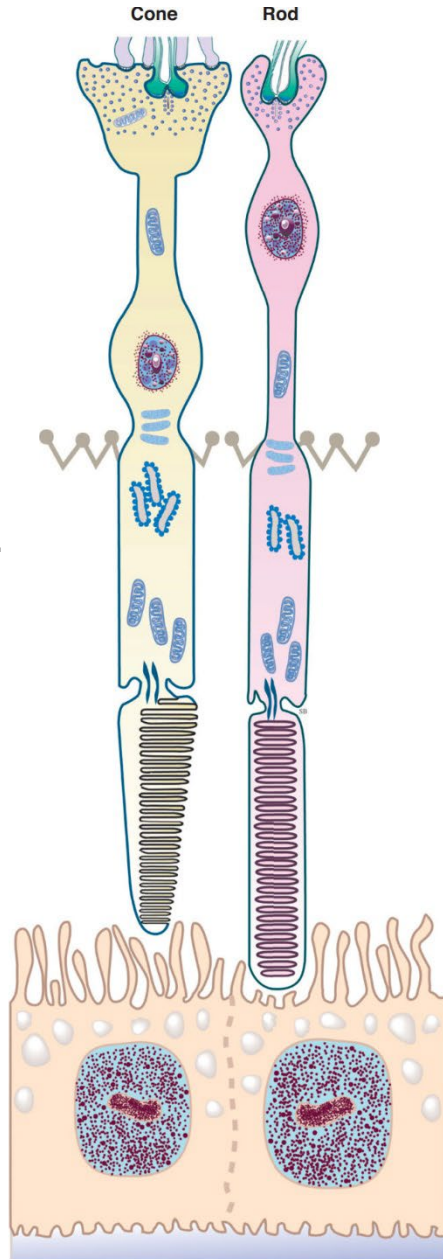
Next we will look at macular OCT, and relate it to what we've learned about the anatomy of the retina

OCT stand for *optical coherence tomography*. It allows cross-sectional imaging of ocular structures, including the retina (tomography means 'cross-sectional image').

It works via **interferometry**: A beam of coherent light is directed toward the retina, and reflects when it encounters boundaries between tissue layers of differing optical properties. The device gathers the reflected light and compares it to a standardized beam of light reflected from a reference mirror. In *spectral-domain OCT (sdOCT)*, differences in the frequencies of the two reflected beams are used to infer the ultrastructure of the retina.

Retinal Anatomy and Histology

Recall this slide from earlier.
The time/effort you spent
committing it to memory is
about to pay off.



The ELM

← The myoid zone

← The ellipsoid zone

← PR outer segs

 Interdigitation zone

 RPE/Bruch's membrane



Recall this slide from earlier.
The time/effort you spent
committing it to memory is
about to pay off. *As we will see,*
these structures are visible on
sdOCT, and it's vital you be
able to recognize them.

The ELM

The myoid zone

The ellipsoid zone

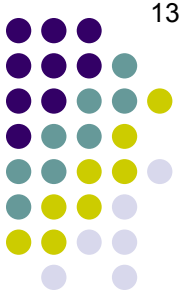
PR outer segs

Interdigitation zone

RPE/Bruch's membrane

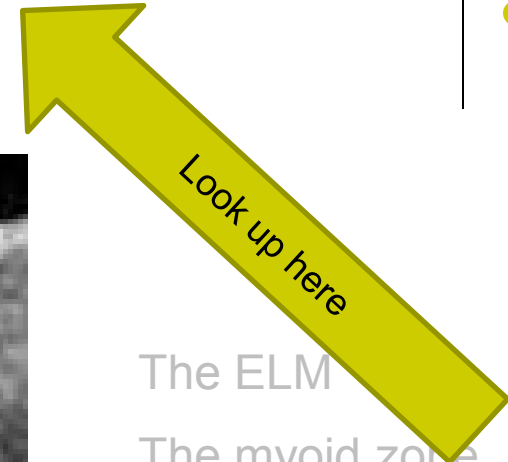
Retinal Anatomy and Histology

Let's identify the RPE/Bruch's complex first.



(Ignore this line)

(And this one)



The ELM

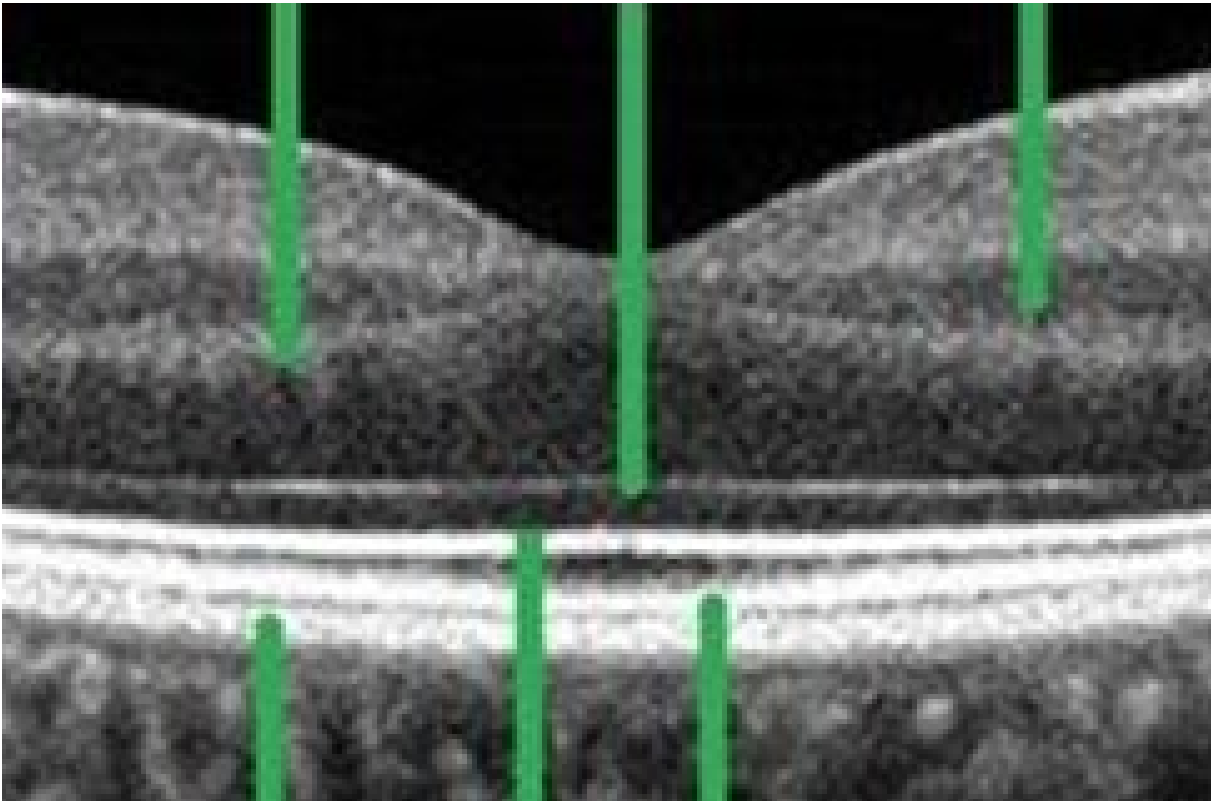
The myoid zone

The ellipsoid zone

PR outer segs

Interdigitation zone

RPE/Bruch's membrane



Retinal Anatomy and Histology

Let's identify the RPE/Bruch's complex first.

The RPE/Bruch's complex is the outermost heavy white line



(Ignore this line)

(And this one)

The ELM

The myoid zone

The ellipsoid zone

PR outer segs

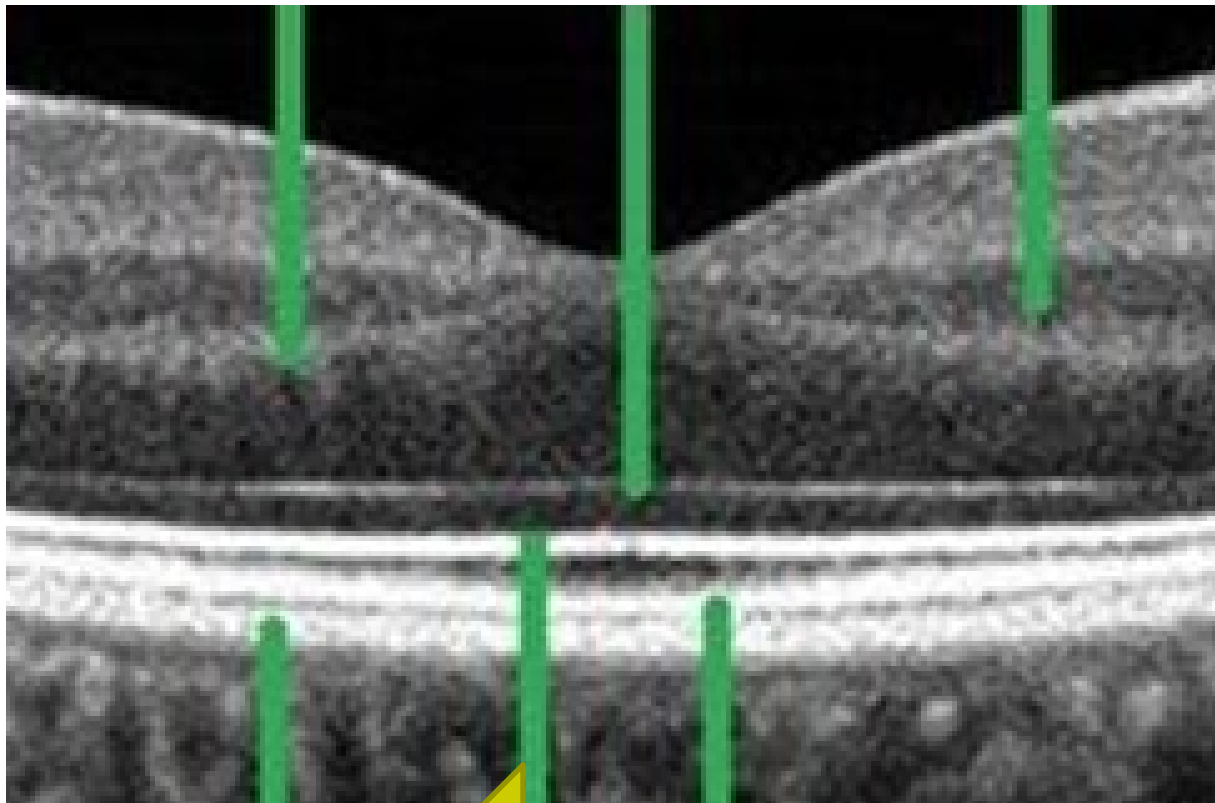
Interdigitation zone

RPE/Bruch's
membrane

Now down here

RPE/Bruch's membrane

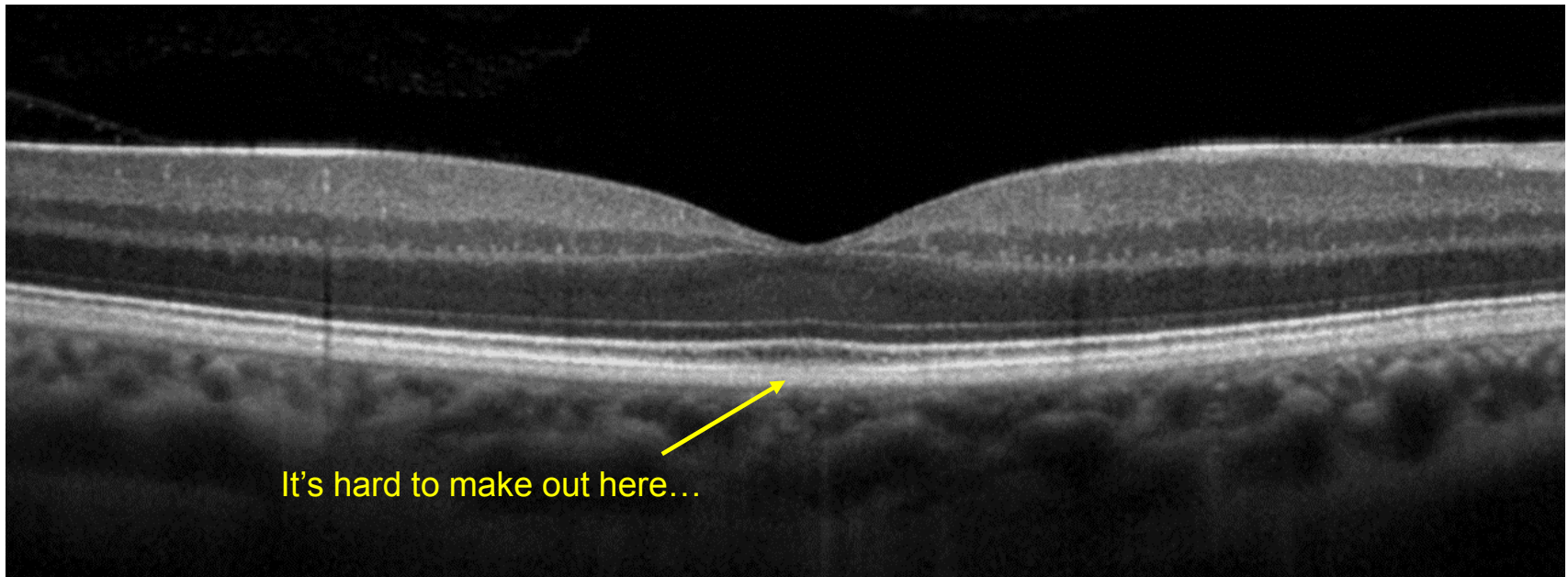
(The green line is pointing to it)



Retinal Anatomy and Histology

Let's identify the **RPE/Bruch's complex** first.

The RPE/Bruch's complex is the outermost heavy white line

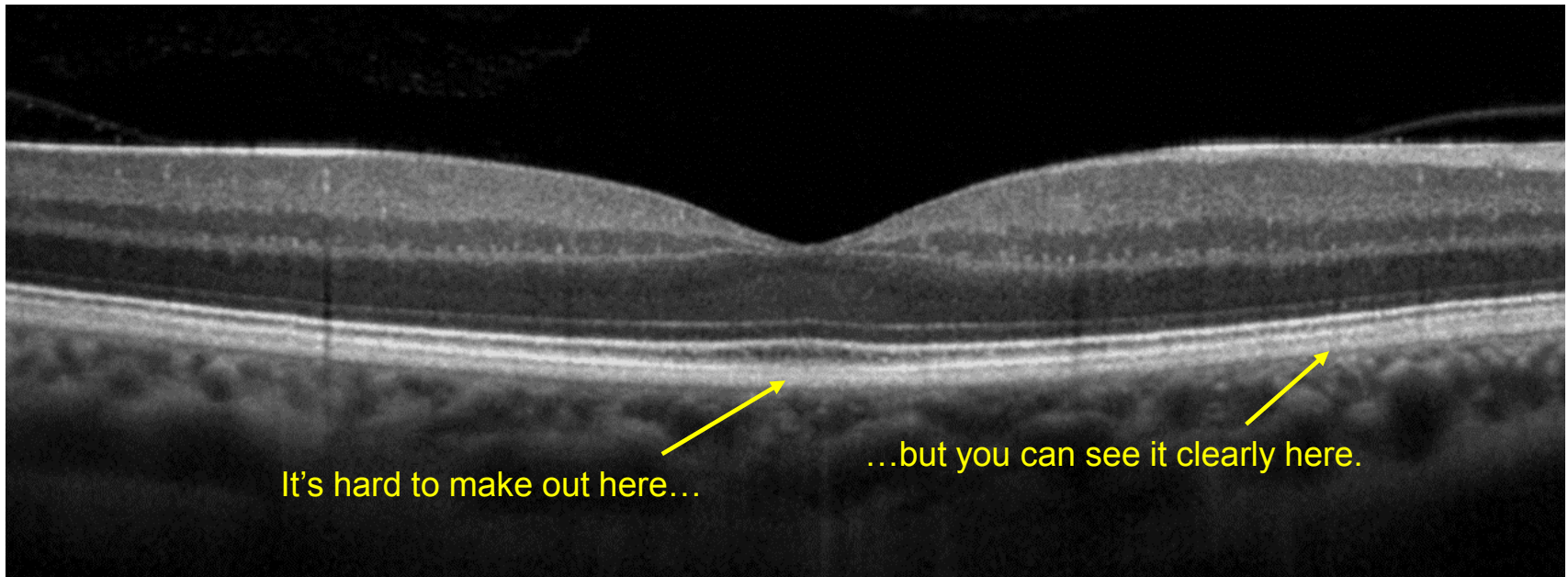


(Locating the same structure on a full-size OCT image)

Retinal Anatomy and Histology

Let's identify the **RPE/Bruch's complex** first.

The RPE/Bruch's complex is the outermost heavy white line

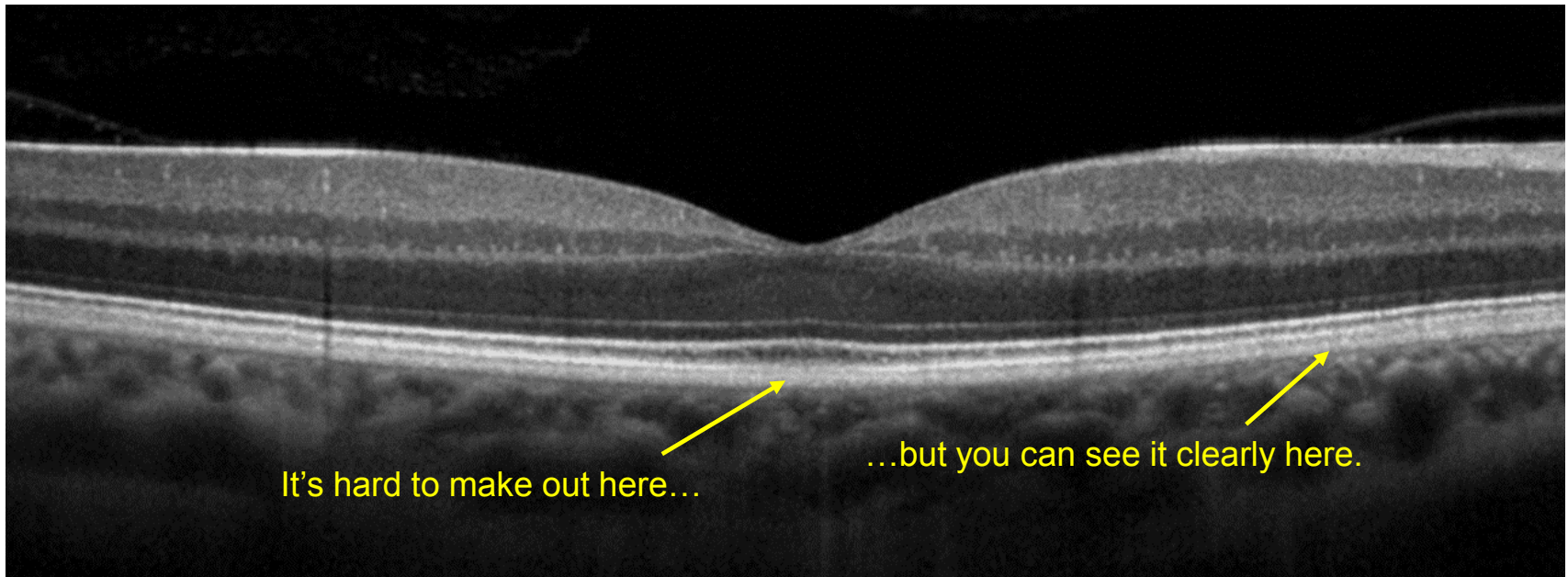
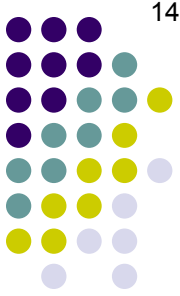


(Locating the same structure on a full-size OCT image)

Retinal Anatomy and Histology

Let's identify the **RPE/Bruch's complex** first.

The RPE/Bruch's complex is the outermost heavy white line



*You must identify **and** assess the integrity of the RPE/Bruch's complex on every OCT you read!*

(Locating the same structure on a full-size OCT image)

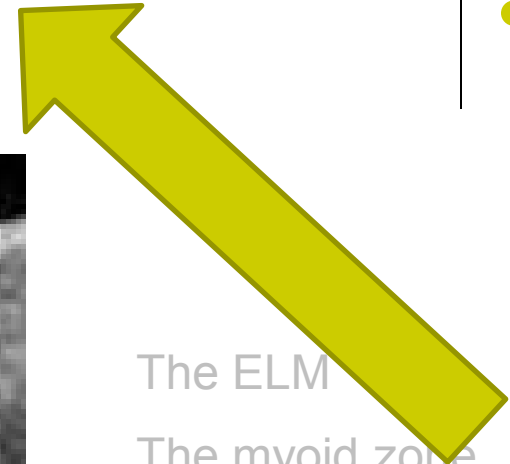
Retinal Anatomy and Histology

Next is the interdigitation zone.



(Ignore this line)

(And this one)



The ELM

The myoid zone

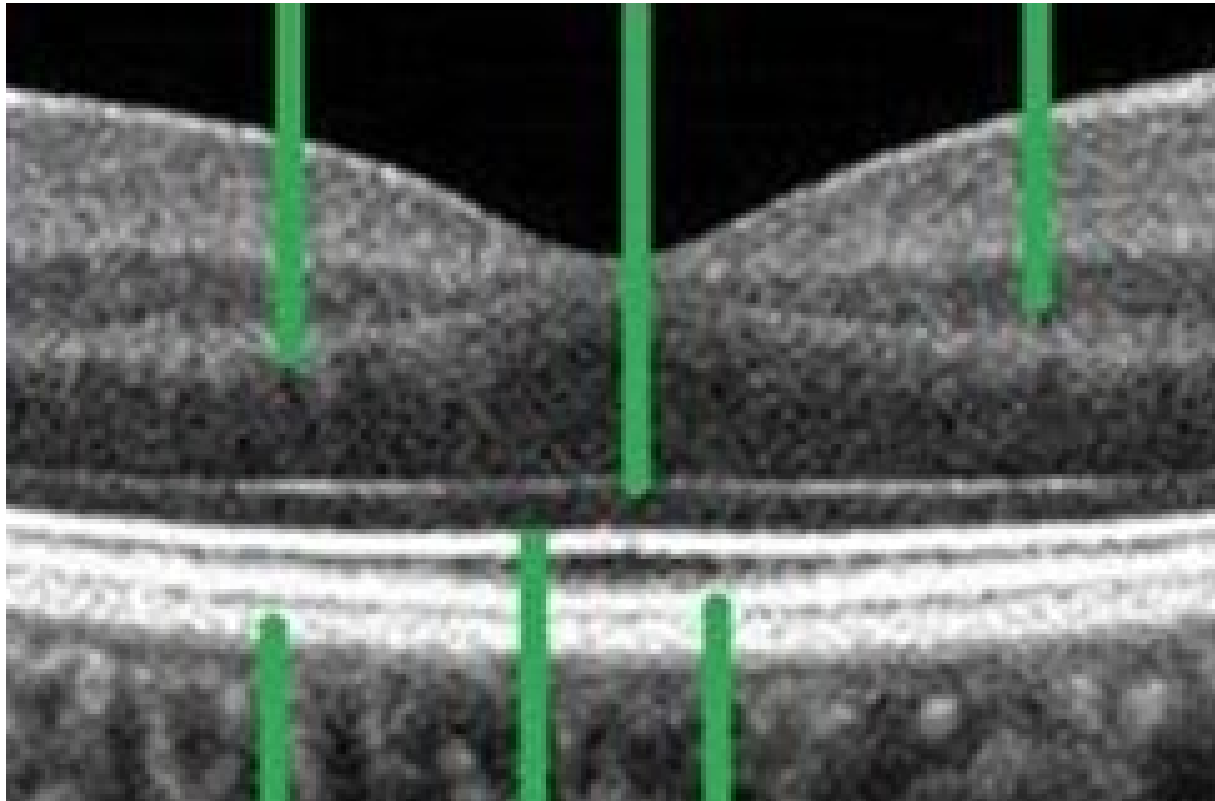
The ellipsoid zone

PR outer segs

Interdigitation zone

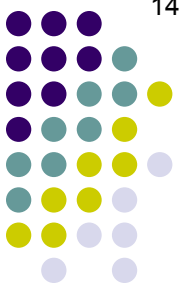
RPE/Bruch's membrane

RPE/Bruch's
membrane



Retinal Anatomy and Histology

Next is the interdigitation zone.
It is the next heavy white line



(Ignore this line)

(And this one)

The ELM

The myoid zone

The psoid zone

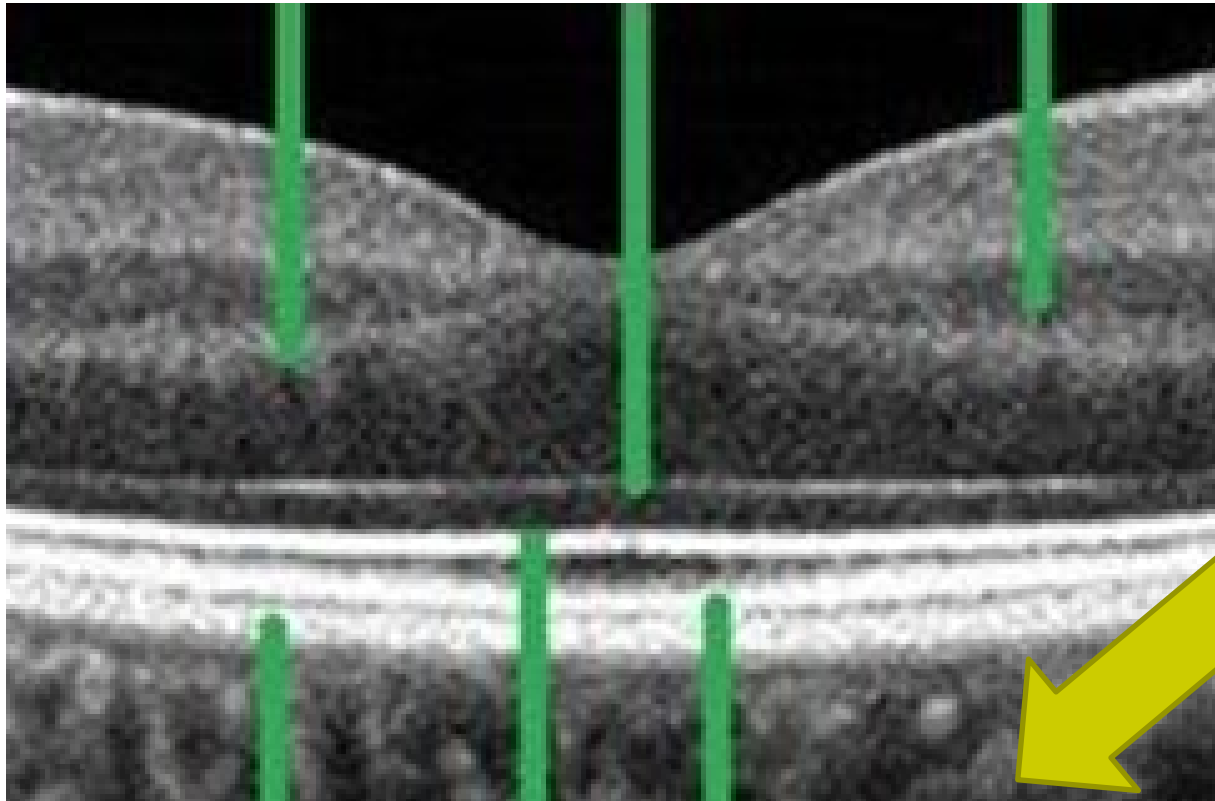
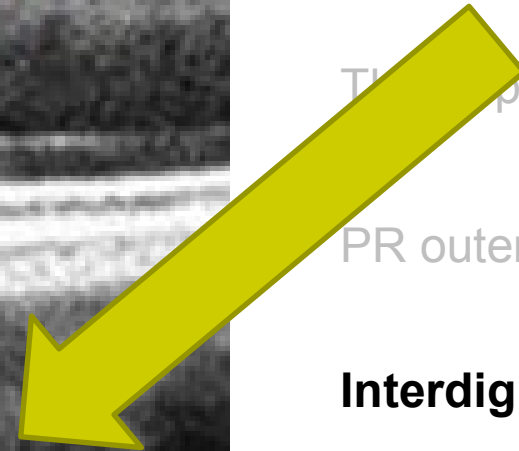
PR outer segs

Interdigitation zone

RPE/Bruch's membrane

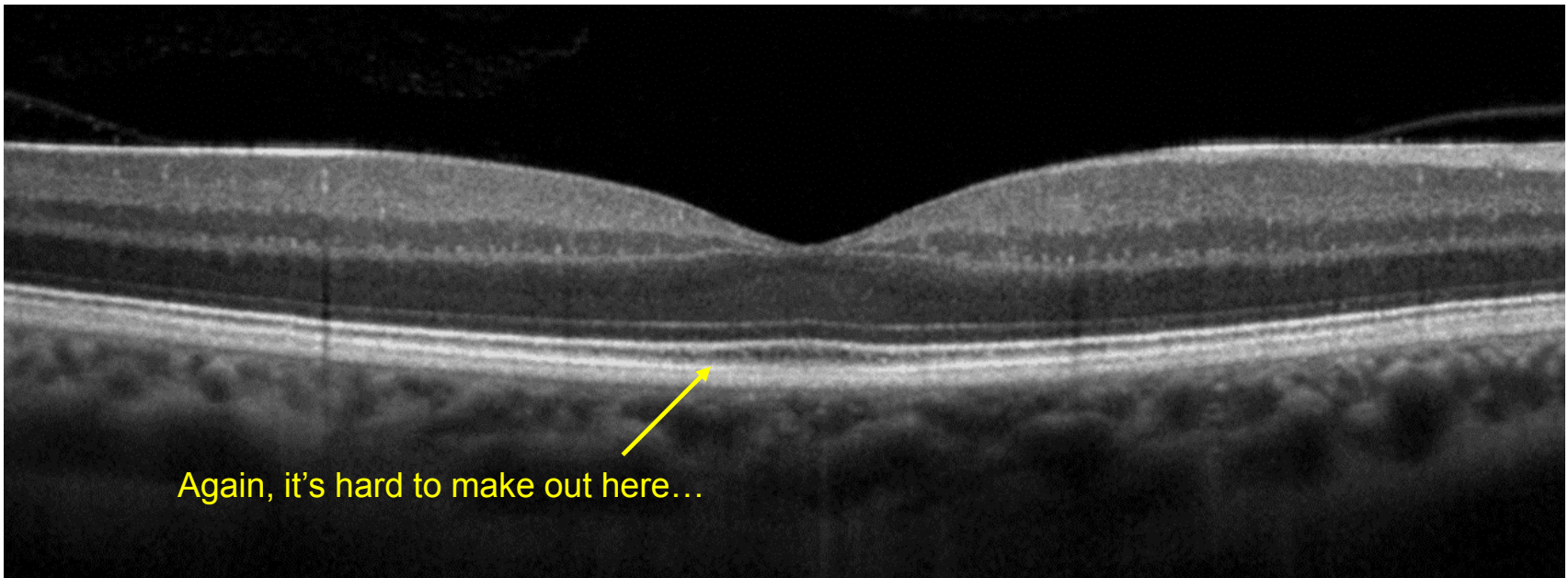
RPE/Bruch's
membrane

Interdigitation
zone
(Ditto)



Retinal Anatomy and Histology

Next is the **interdigitation zone**.
It is the next heavy white line

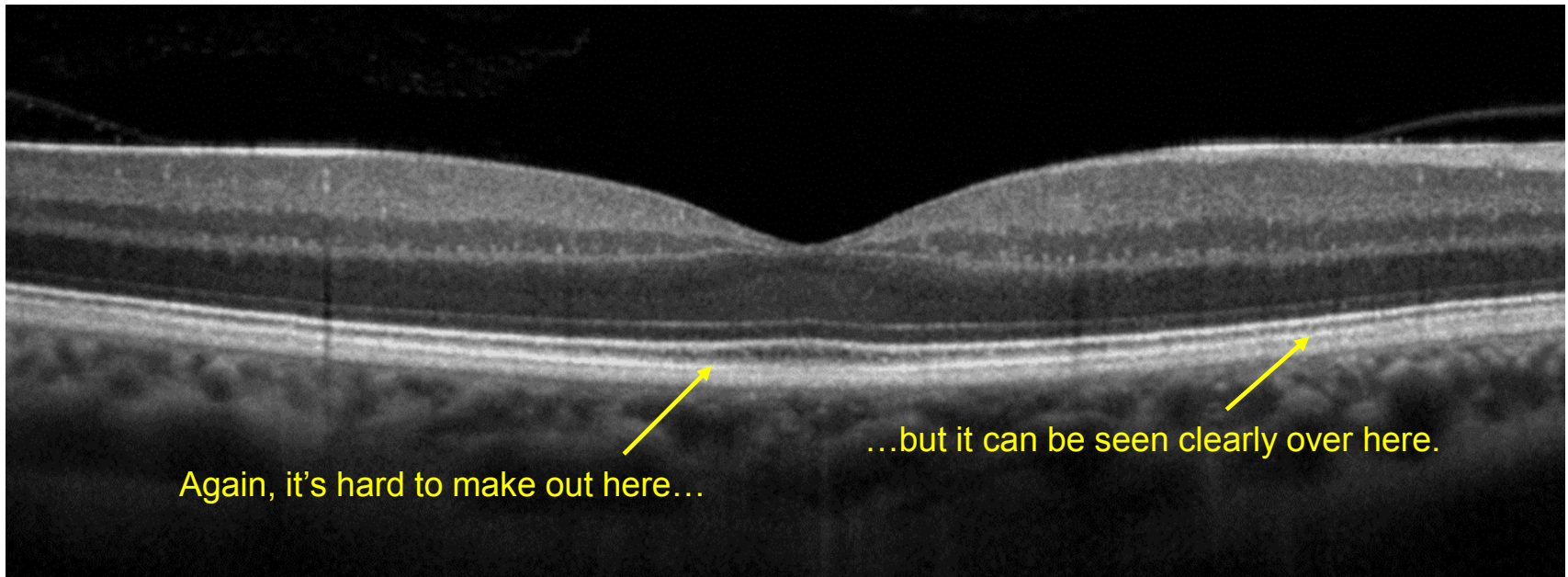


(Locating the same structure on a full-size OCT image)

Retinal Anatomy and Histology

Next is the **interdigitation zone**.

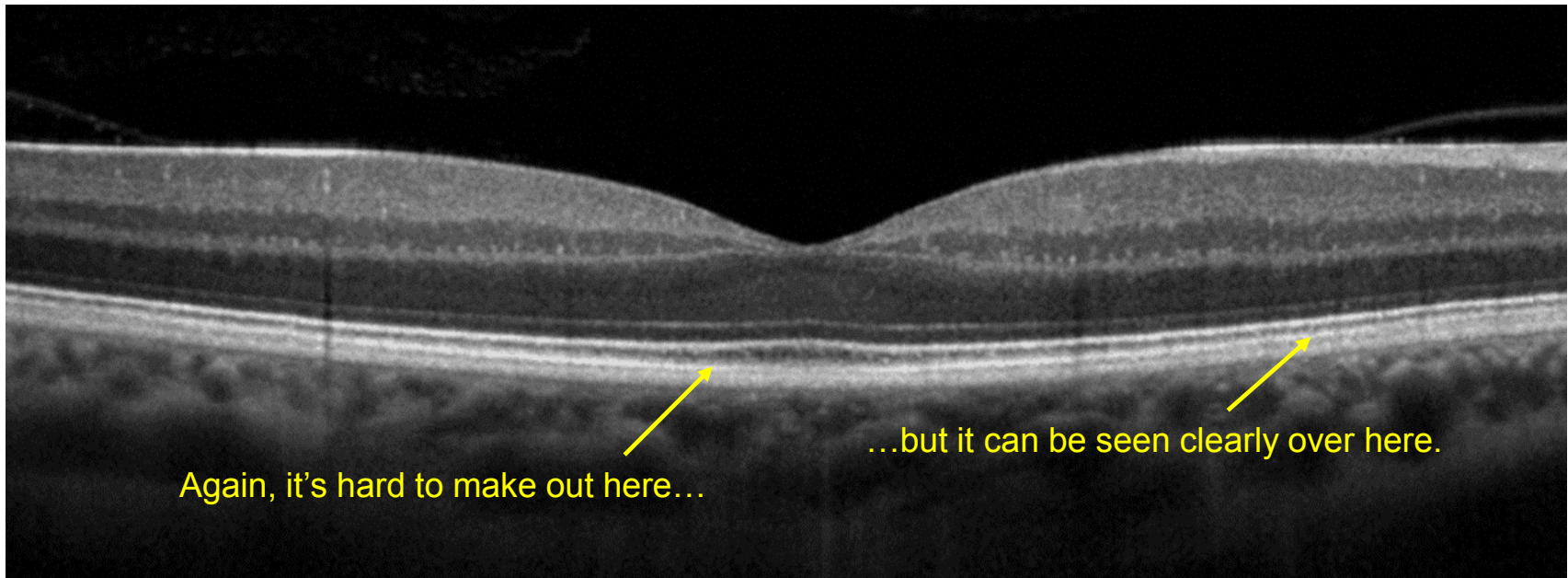
It is the next heavy white line



(Locating the same structure on a full-size OCT image)

Retinal Anatomy and Histology

Next is the **interdigitation zone**.
It is the next heavy white line

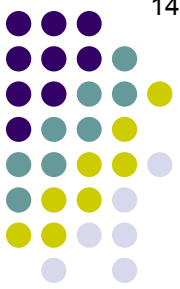


The interdigitation zone is not always clearly visible on OCT

(Locating the same structure on a full-size OCT image)

Retinal Anatomy and Histology

Next is the PR outer segs.



(Ignore this line)

(And this one)

The ELM

The myoid zone

The ellipsoid zone

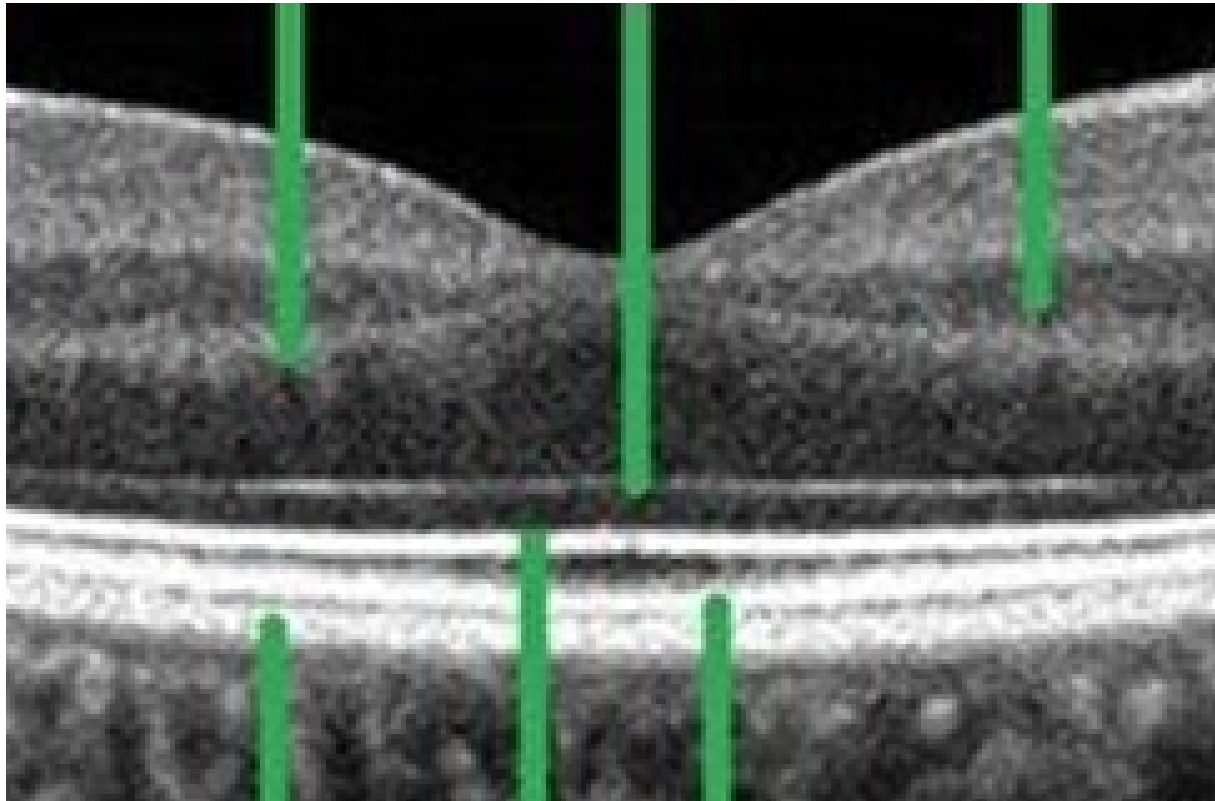
PR outer segs

Interdigitation zone

RPE/Bruch's membrane

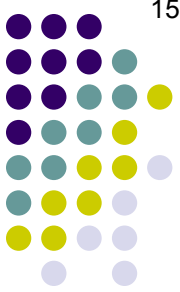
RPE/Bruch's
membrane

Interdigitation
zone



Retinal Anatomy and Histology

Next is the PR outer segs.
In the dark band just inside the interdigitation zone



(Ignore this line)

(And this one)

PR outer segs
(dark area)

The ELM

The myoid zone

The ellipsoid zone

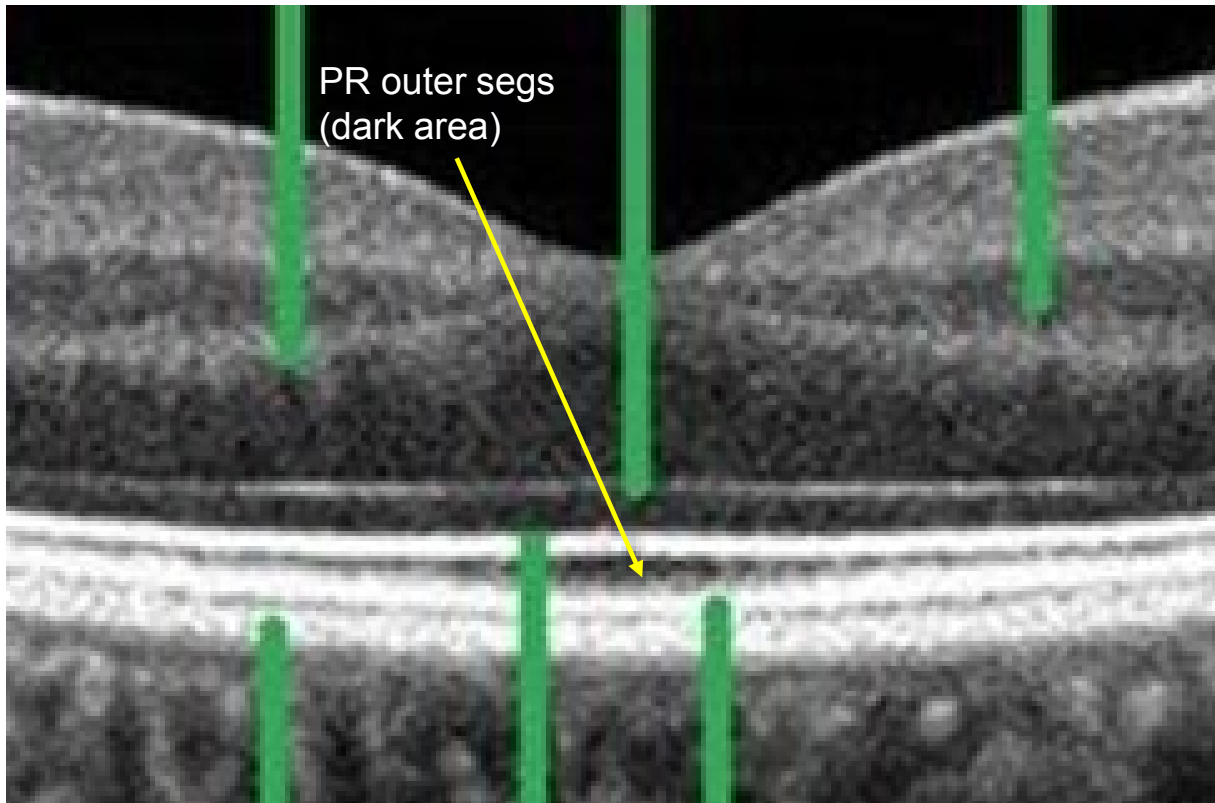
PR outer segs

Interdigitation zone

RPE/Bruch's membrane

RPE/Bruch's
membrane

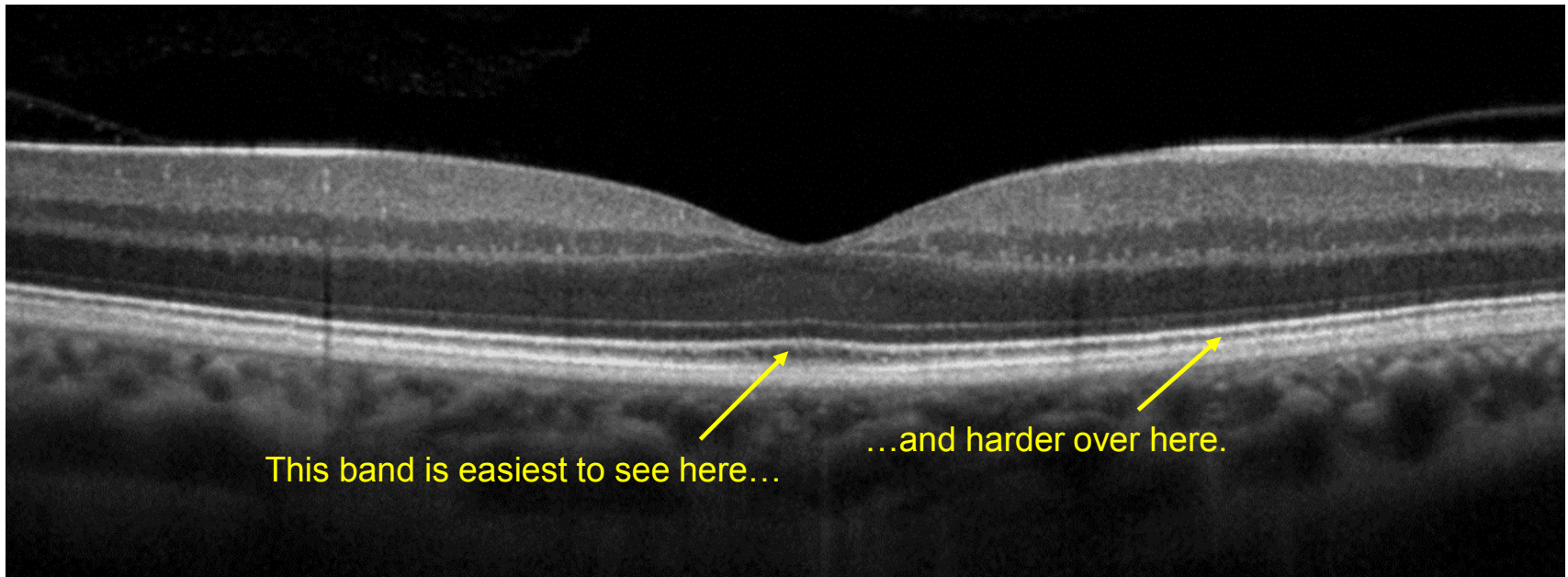
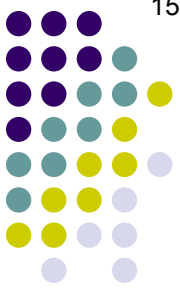
Interdigitation
zone



Retinal Anatomy and Histology

Next is the **PR outer segs**.

In the dark band just inside the interdigitation zone

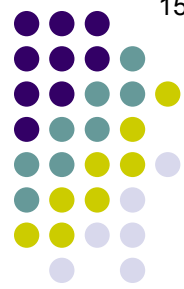


The PR outer segs band is taller at the fovea because the outer segs are longer here

(Locating the same structure on a full-size OCT image)

Retinal Anatomy and Histology

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Next is the ellipsoid zone.

(Ignore this line)

(And this one)

PR outer segs
(dark area)

The ELM

The myoid zone

The ellipsoid zone

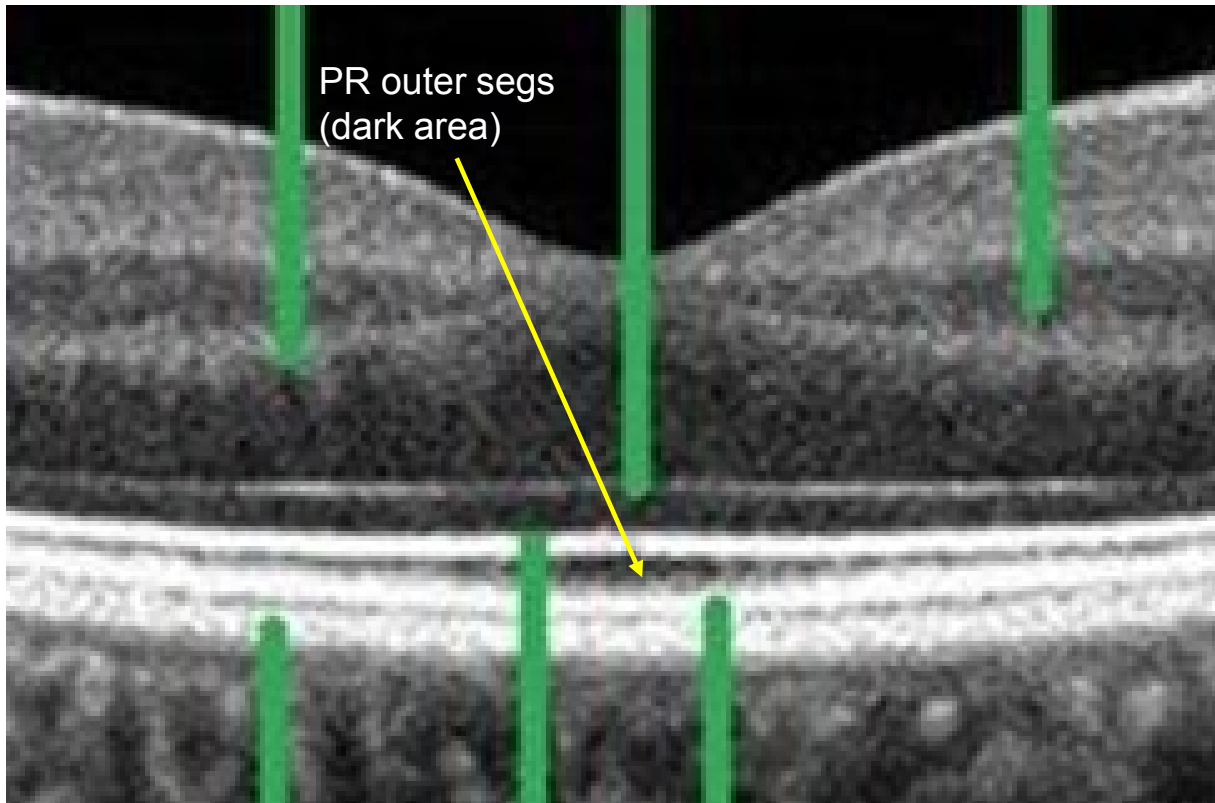
PR outer segs

Interdigitation zone

RPE/Bruch's membrane

RPE/Bruch's
membrane

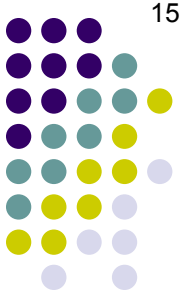
Interdigitation
zone



Retinal Anatomy and Histology

Next is the ellipsoid zone.

It is the heavy white band inside the outer segs



(Ignore this line)

(And this one)

PR outer segs
(dark area)

The ELM

The myoid zone

The ellipsoid zone

PR outer segs

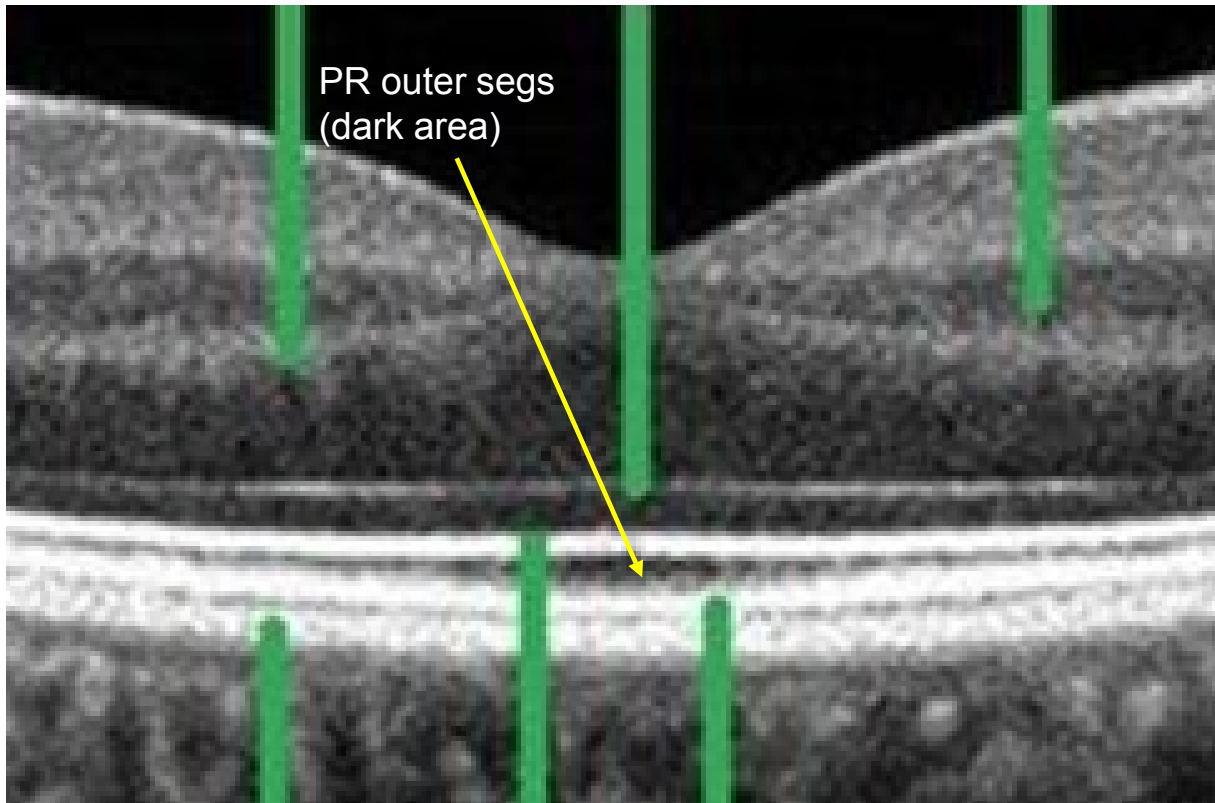
Interdigitation zone

RPE/Bruch's membrane

RPE/Bruch's
membrane

Ellipsoid zone
(the white line)

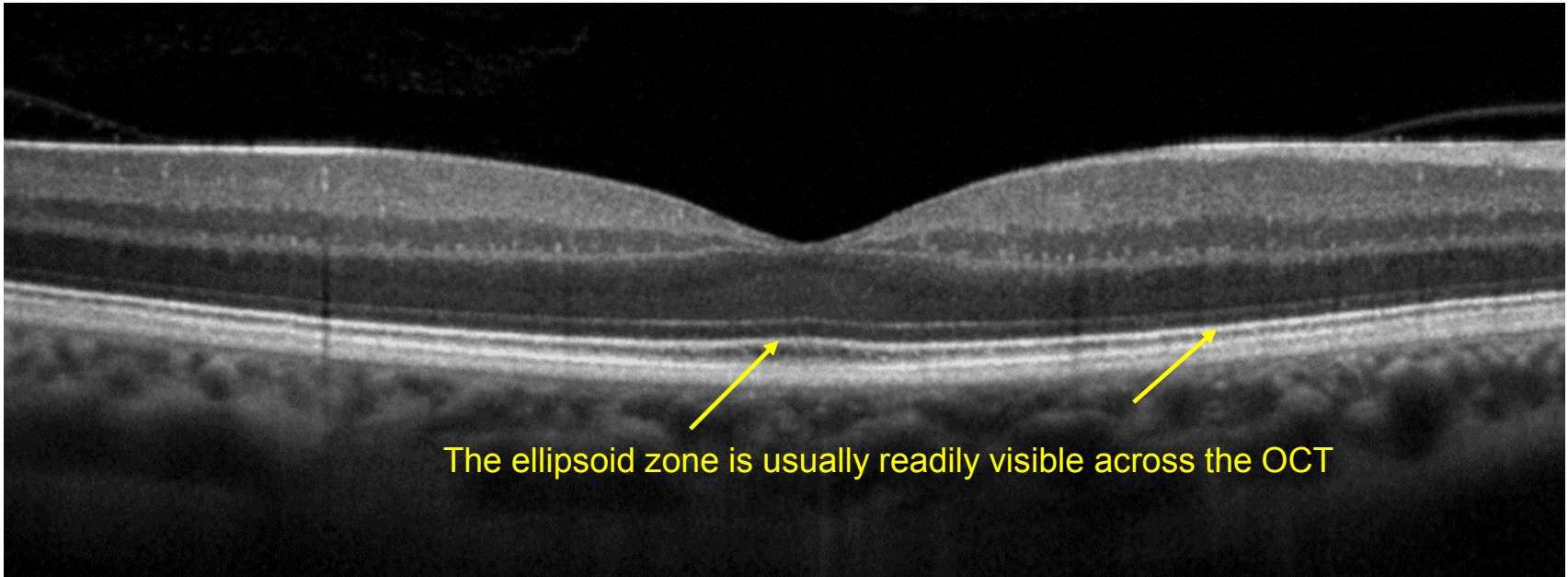
Interdigitation
zone



Retinal Anatomy and Histology

Next is the **ellipsoid zone**.

It is the heavy white band inside the outer segs

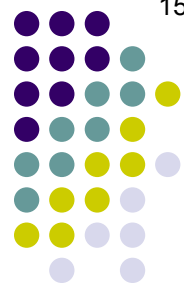


Many PR and other outer-retinal diseases manifest as changes to the EZ. Like the RPE/Bruch's complex, the EZ must be identified and assessed on every retinal OCT!

(Locating the same structure on a full-size OCT image)

Retinal Anatomy and Histology

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Next is the myoid zone.

(Ignore this line)

(And this one)

PR outer segs
(dark area)

The ELM

The myoid zone

The ellipsoid zone

PR outer segs

Interdigitation zone

RPE/Bruch's membrane

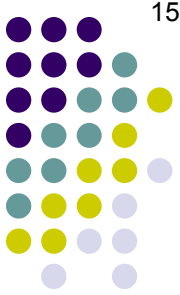
RPE/Bruch's
membrane

Ellipsoid zone
(the white line)

Interdigitation
zone

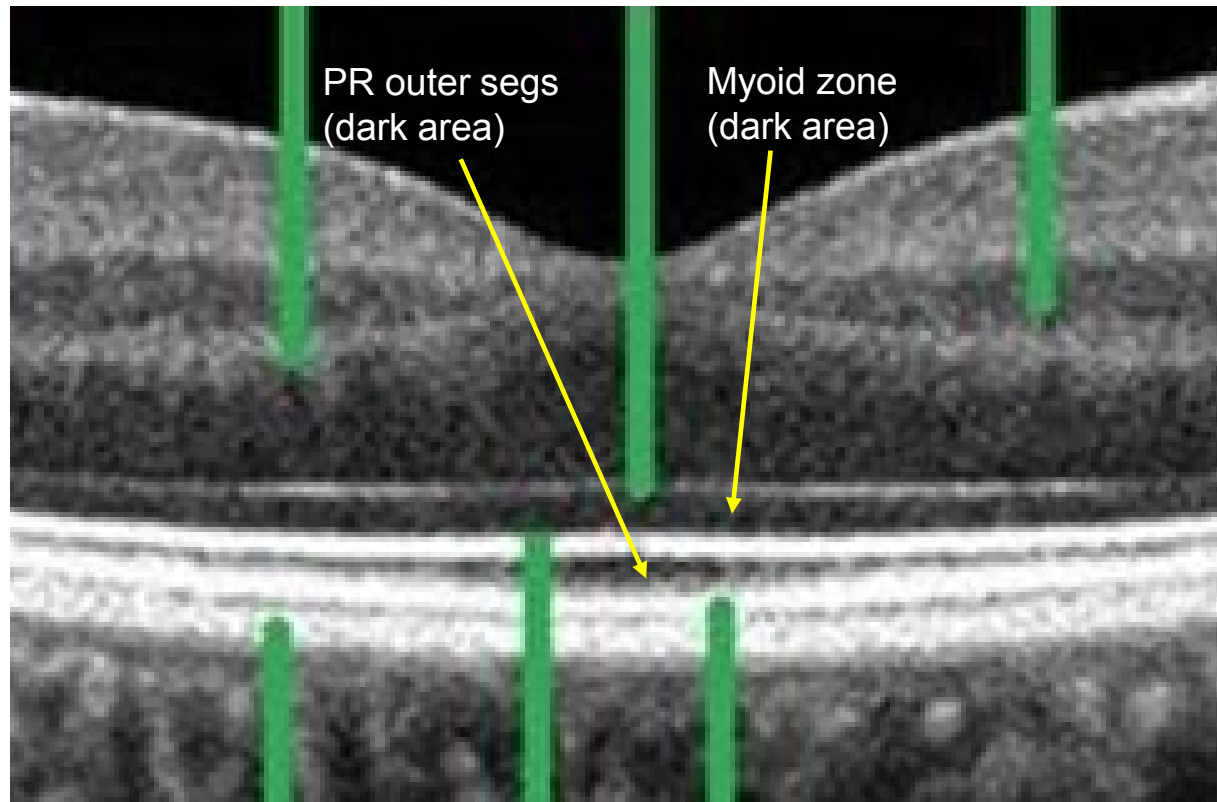
Retinal Anatomy and Histology

Next is the myoid zone.
The dark band just inside the ellipsoid zone



(Ignore this line)

(And this one)



RPE/Bruch's
membrane

Ellipsoid zone
(the white line)

Interdigitation
zone

The ELM

The myoid zone

The ellipsoid zone

PR outer segs

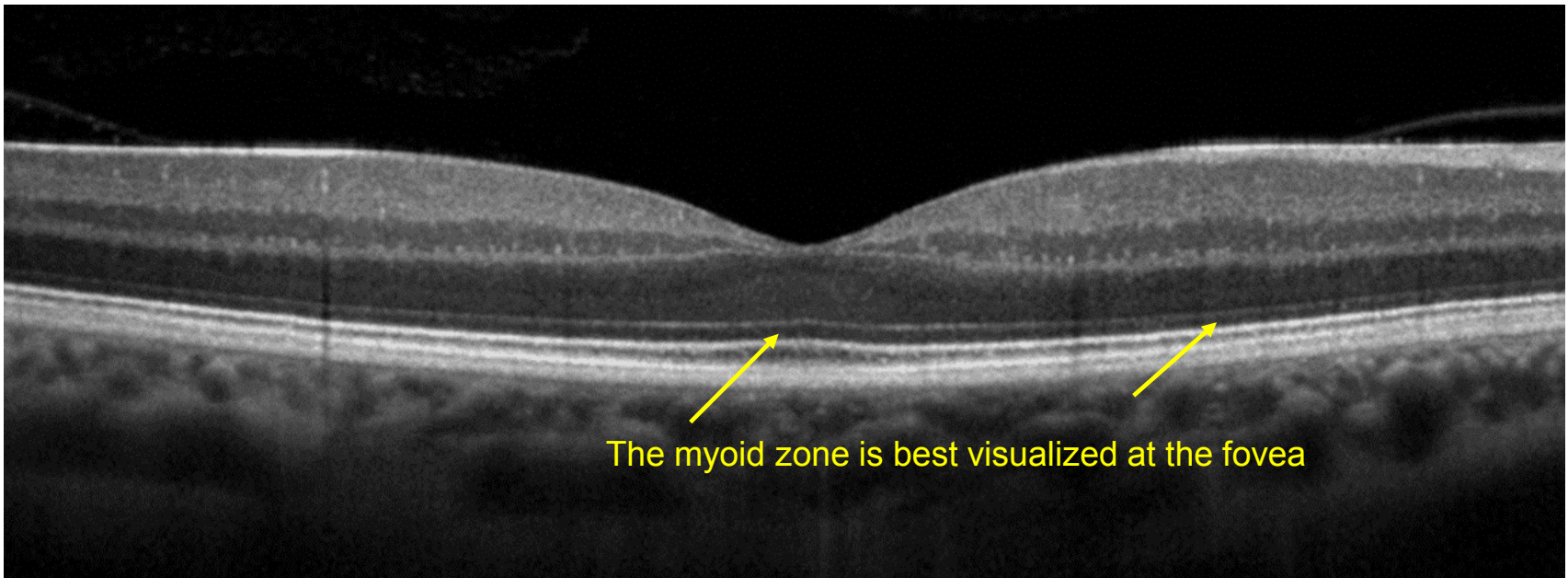
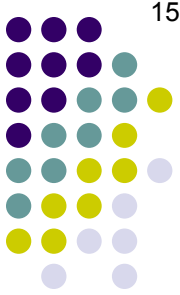
Interdigitation zone

RPE/Bruch's membrane

Retinal Anatomy and Histology

Next is the **myoid zone**.

The dark band just inside the ellipsoid zone



(Locating the same structure on a full-size OCT image)

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Next is the ELM.

(Ignore this line)

(And this one)

PR outer segs
(dark area)

Myoid zone
(dark area)

RPE/Bruch's
membrane

Ellipsoid zone
(the white line)

Interdigitation
zone

The ELM

The myoid zone

The ellipsoid zone

PR outer segs

Interdigitation zone

RPE/Bruch's membrane

Retinal Anatomy and Histology

Next is the ELM.

It's the thin white band just inside the myoid zone



(Ignore this line) (the white line) ELM (And this one)

PR outer segs
(dark area)

Myoid zone
(dark area)

The ELM

The myoid zone

The ellipsoid zone

PR outer segs

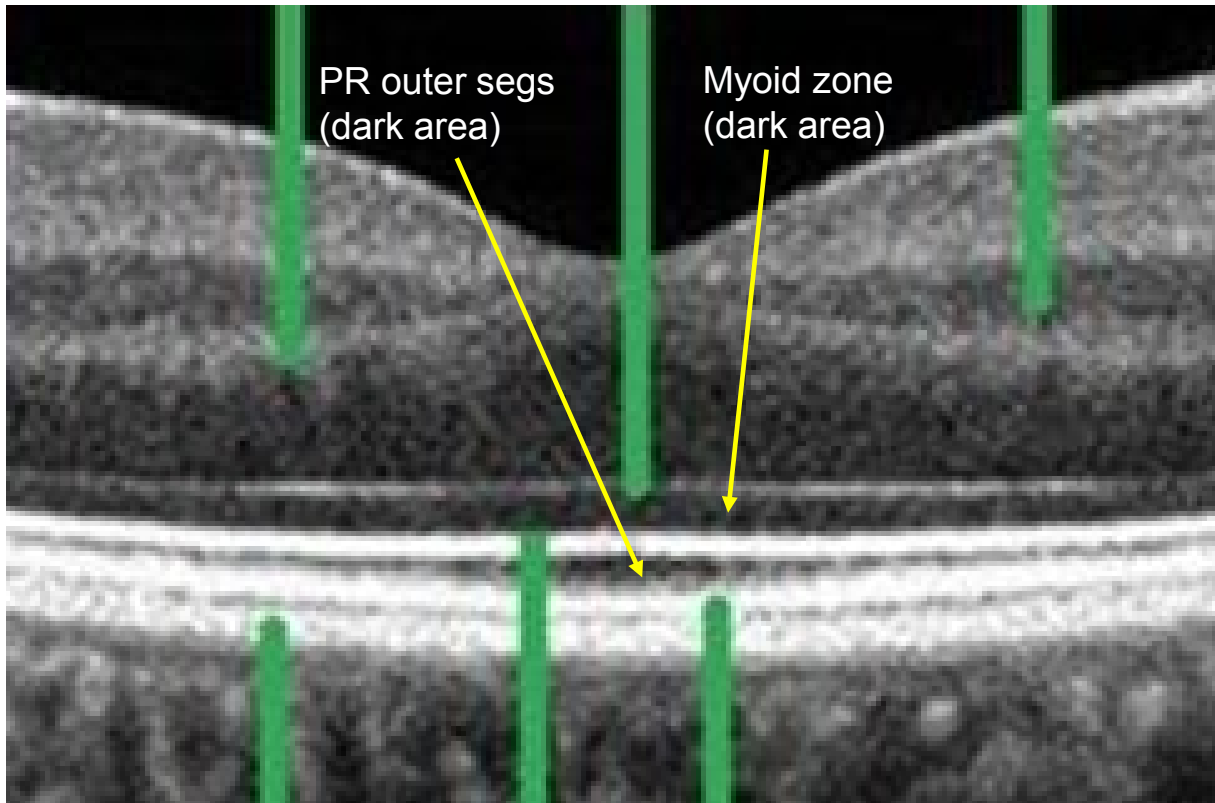
Interdigitation zone

RPE/Bruch's membrane

RPE/Bruch's
membrane

Ellipsoid zone
(the white line)

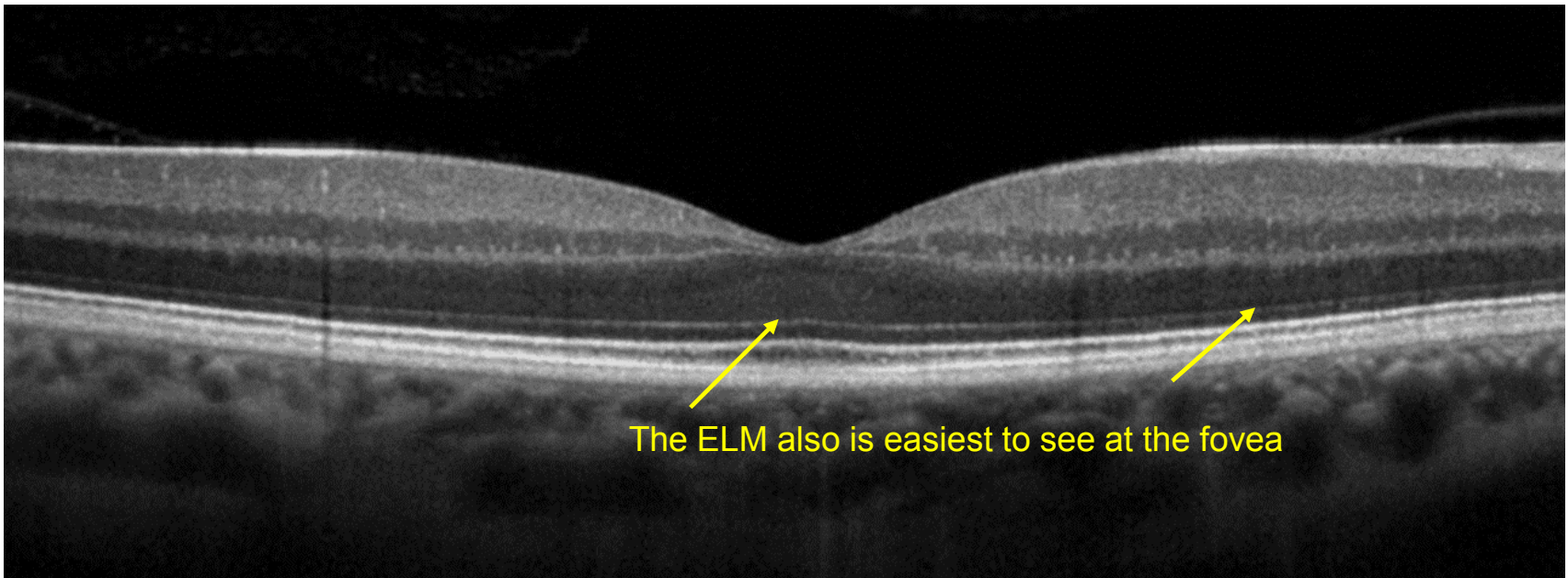
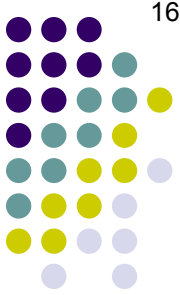
Interdigitation
zone



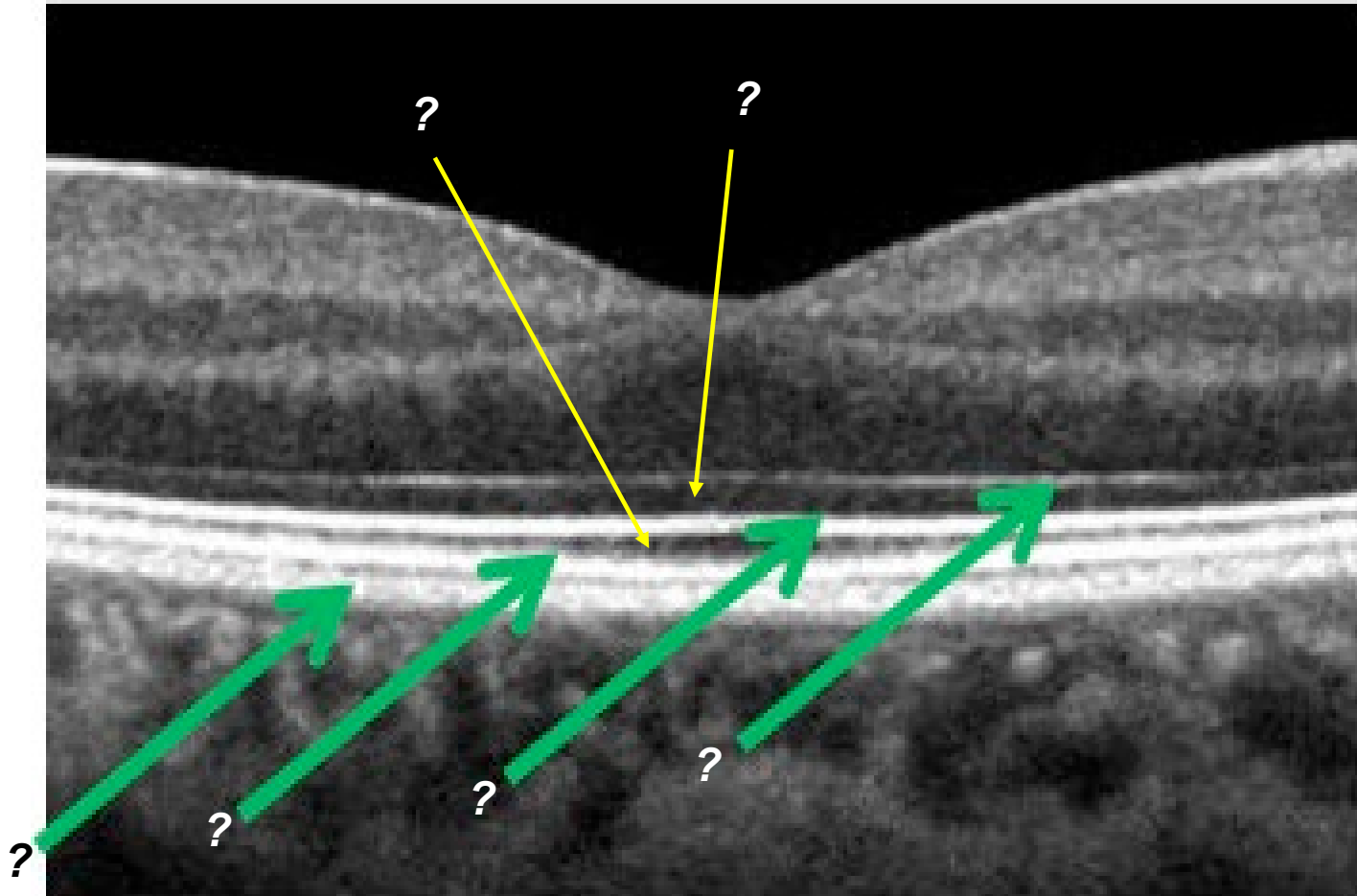
Retinal Anatomy and Histology

Next is the **ELM**.

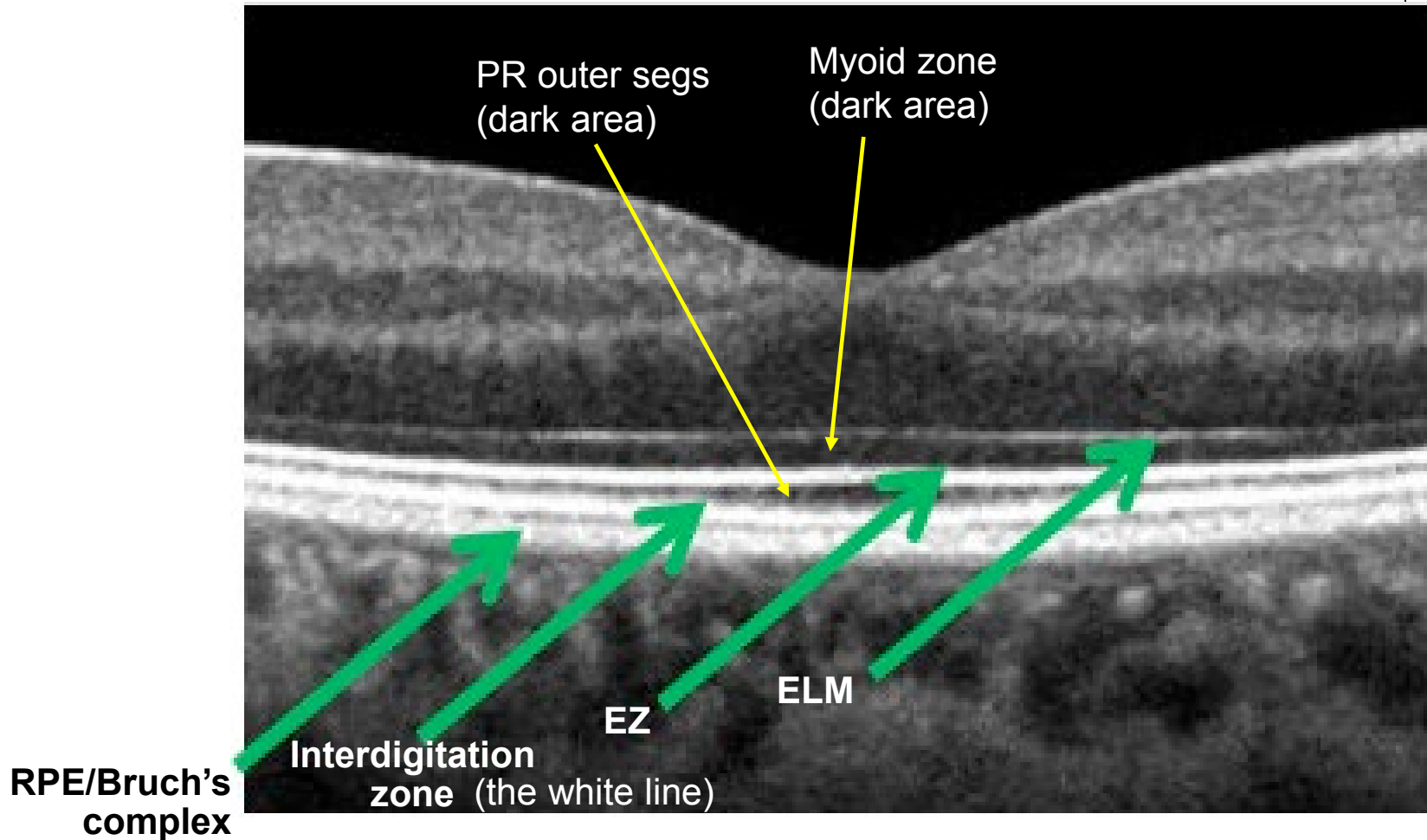
It's the thin white band just inside the myoid zone



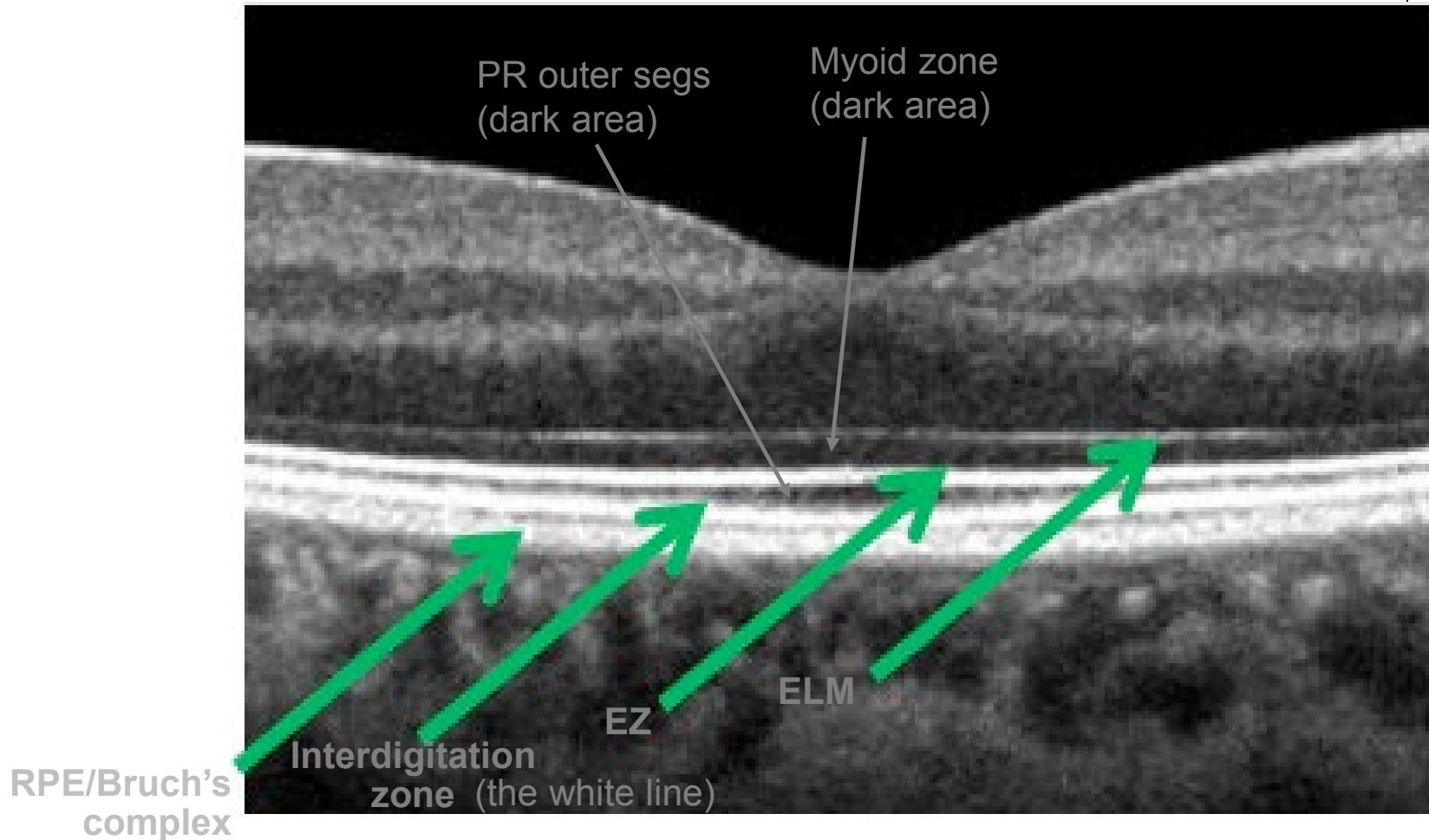
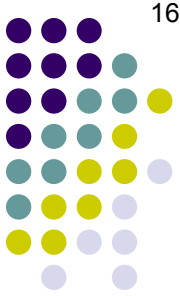
(Locating the same structure on a full-size OCT image)



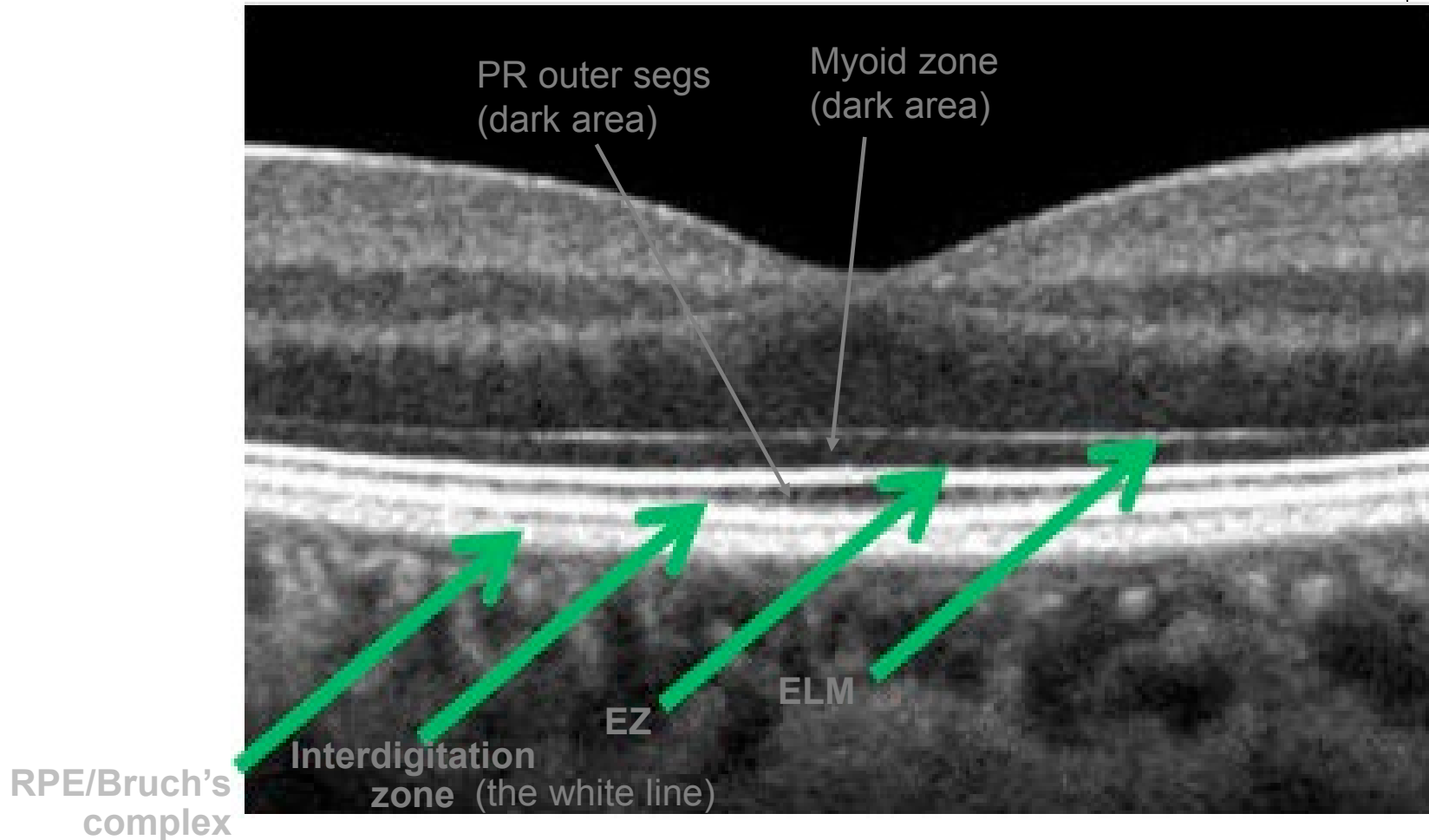
Quiz yourself by toggling back and forth between this slide and the next



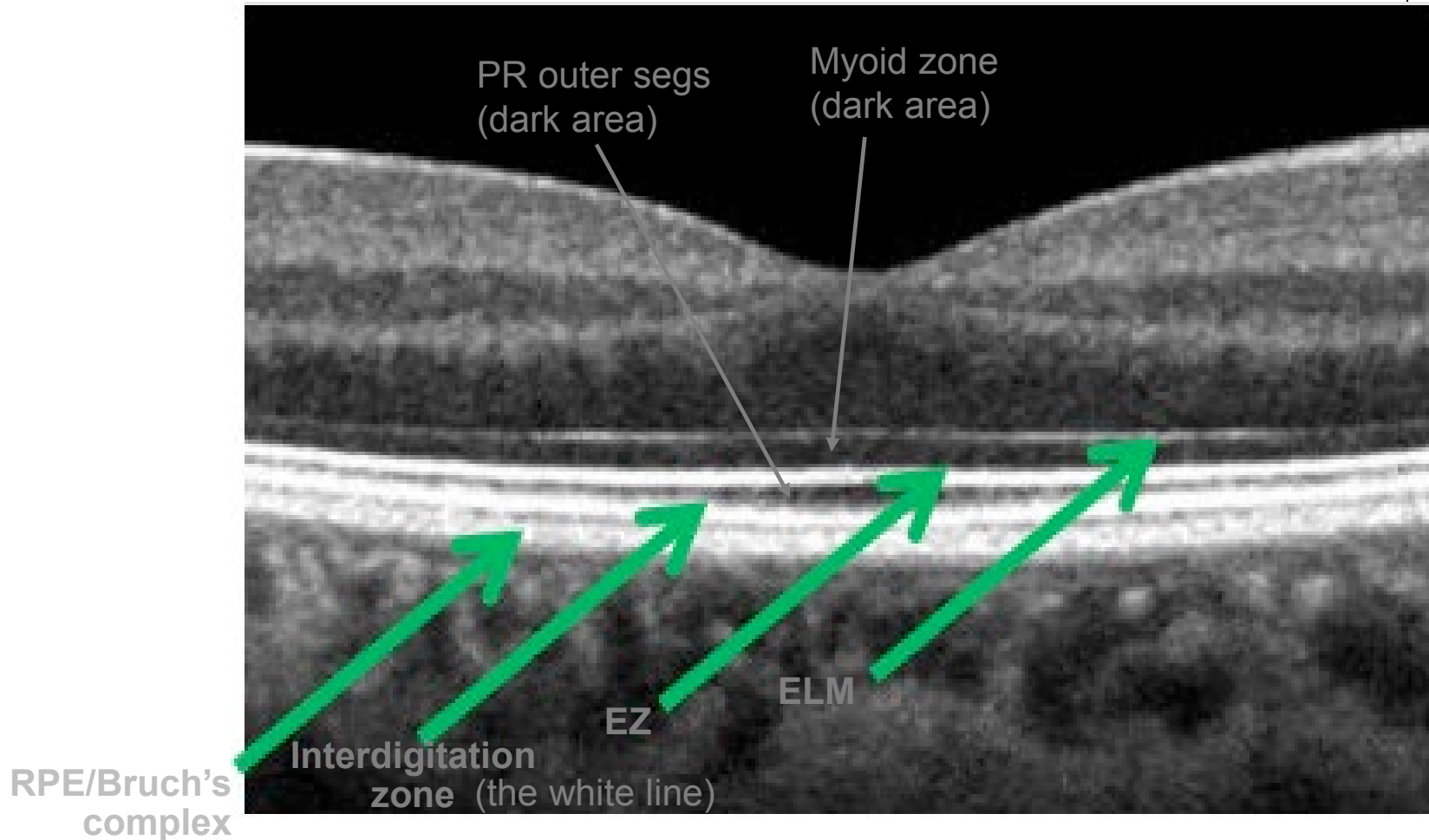
Quiz yourself by toggling back and forth between this slide and the next



An important meta-point to come away with from all this is, OCT bands are determined by differences in tissue reflectivity, but *differences in reflectivity don't necessarily correlate 1:1 with retinal **anatomy**.*

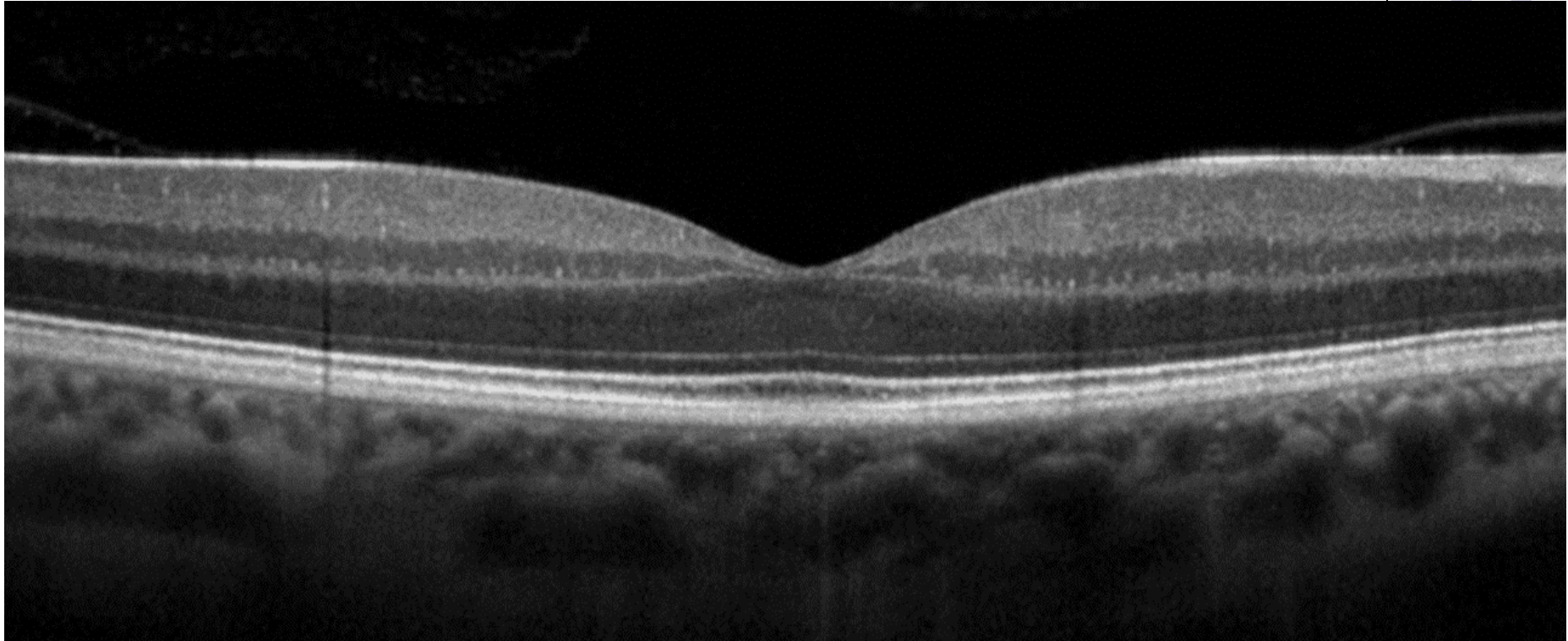


An important meta-point to come away with from all this is, OCT bands are determined by differences in tissue reflectivity, but *differences in reflectivity don't necessarily correlate 1:1 with retinal anatomy*. Consider the ellipsoid and myoid of the PRs. They are parts of the same anatomic structure (the PR inner seg), but to the OCT scanner, they look **radically** different from one another.



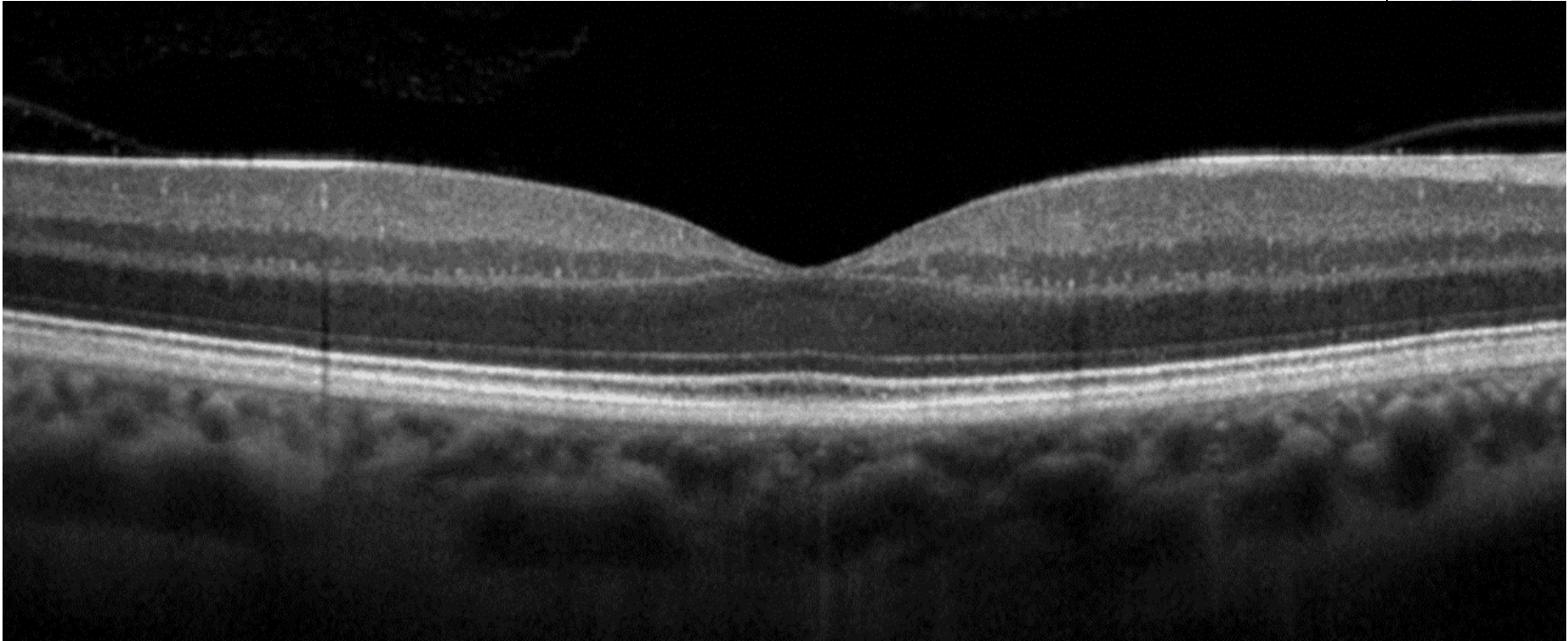
An important meta-point to come away with from all this is, OCT bands are determined by differences in tissue reflectivity, but *differences in reflectivity don't necessarily correlate 1:1 with retinal anatomy*. Consider the ellipsoid and myoid of the PRs. They are parts of the same anatomic structure (the PR inner seg), but to the OCT scanner, they look **radically** different from one another. Remember, the OCT is under no obligation to 'see' the retina the way an anatomist sees it.

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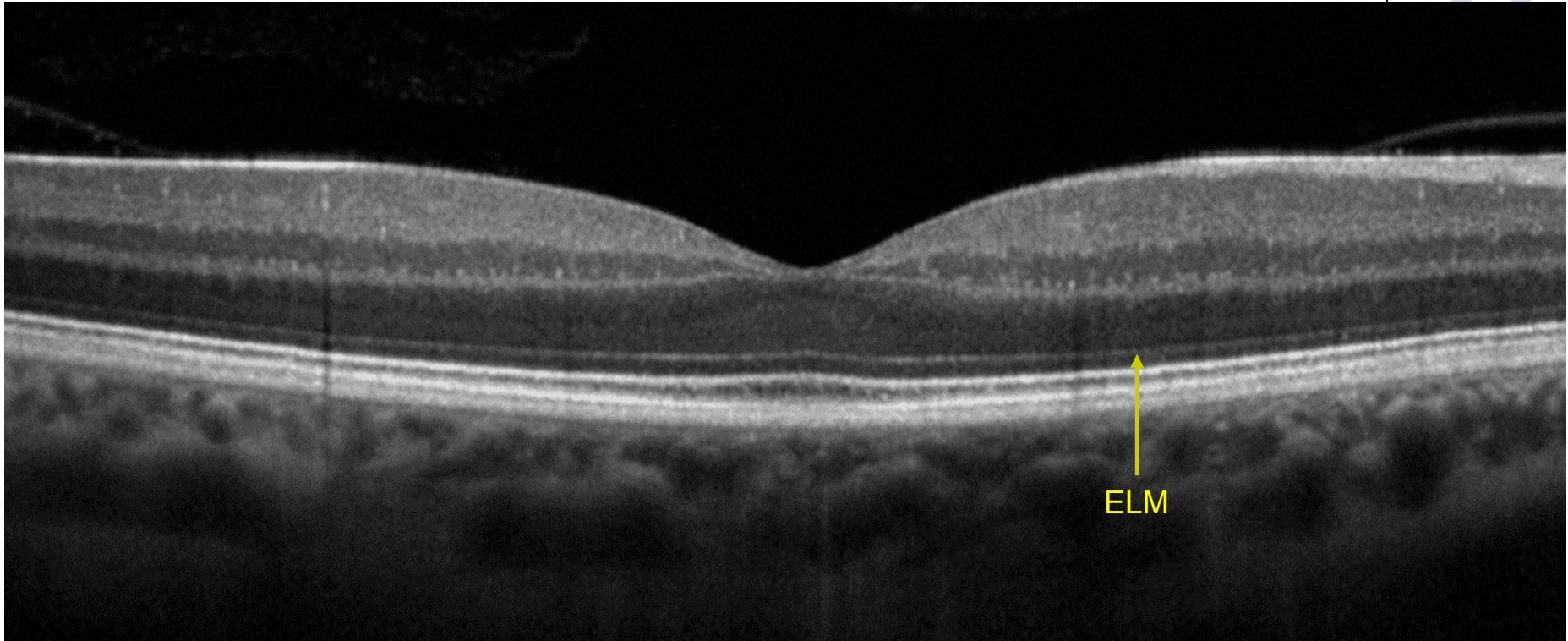


*For the remainder of our intro to OCT, we're going to switch gears and work **outward** from the **inner** aspect of the scan*

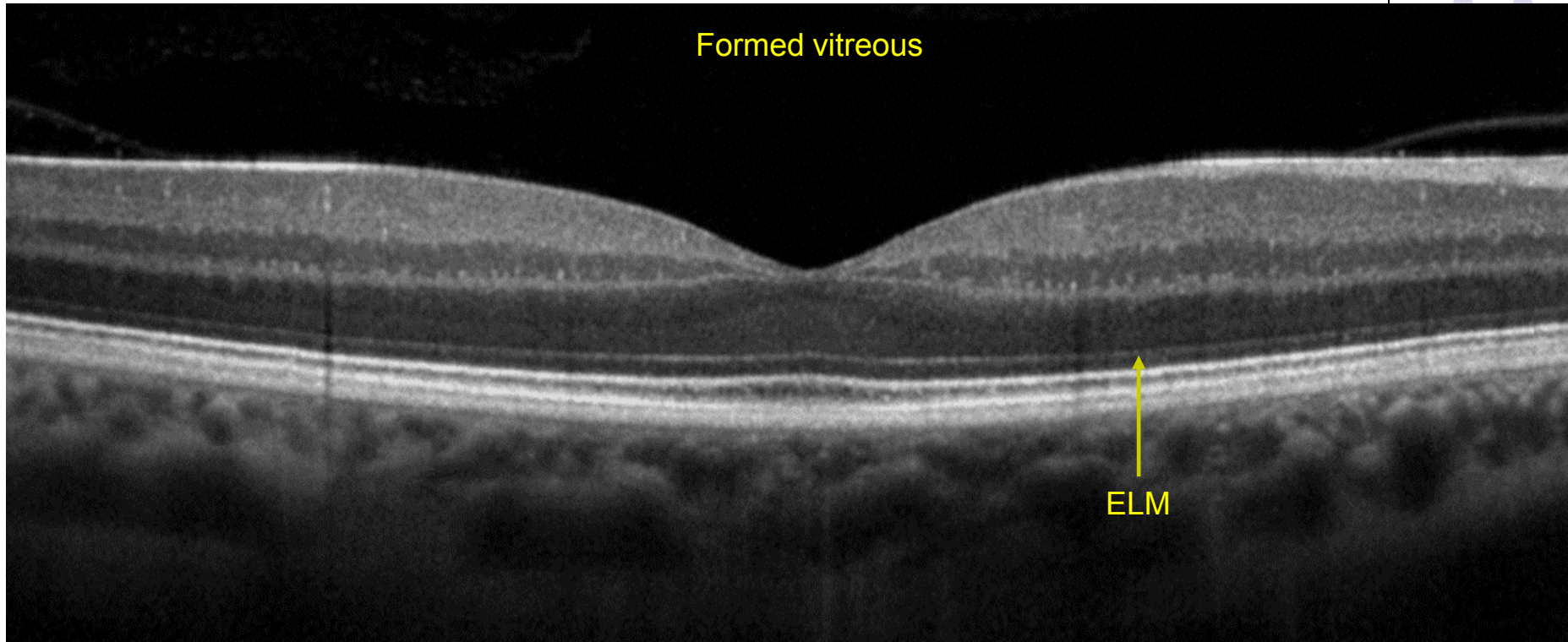
(No question—proceed when ready)



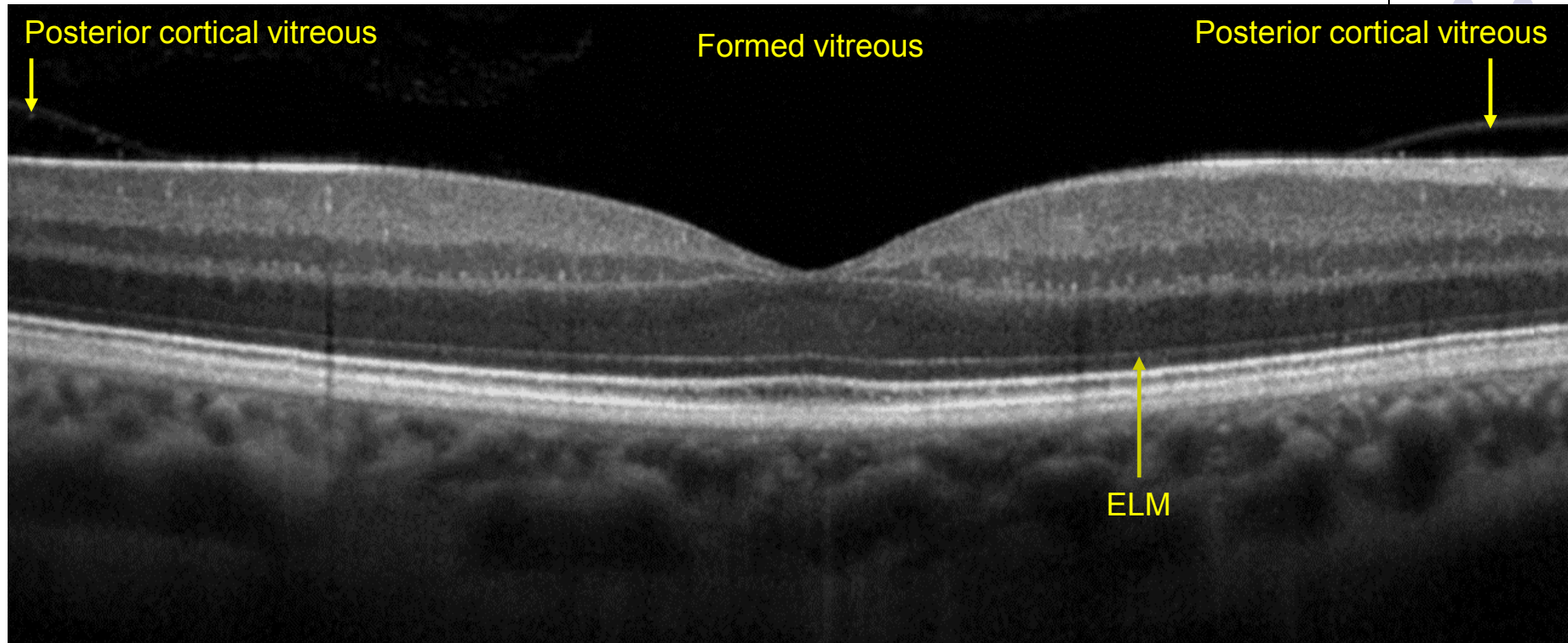
First things first: In order to ‘set the floor’ re how far down we need to go, [locate the ELM](#):



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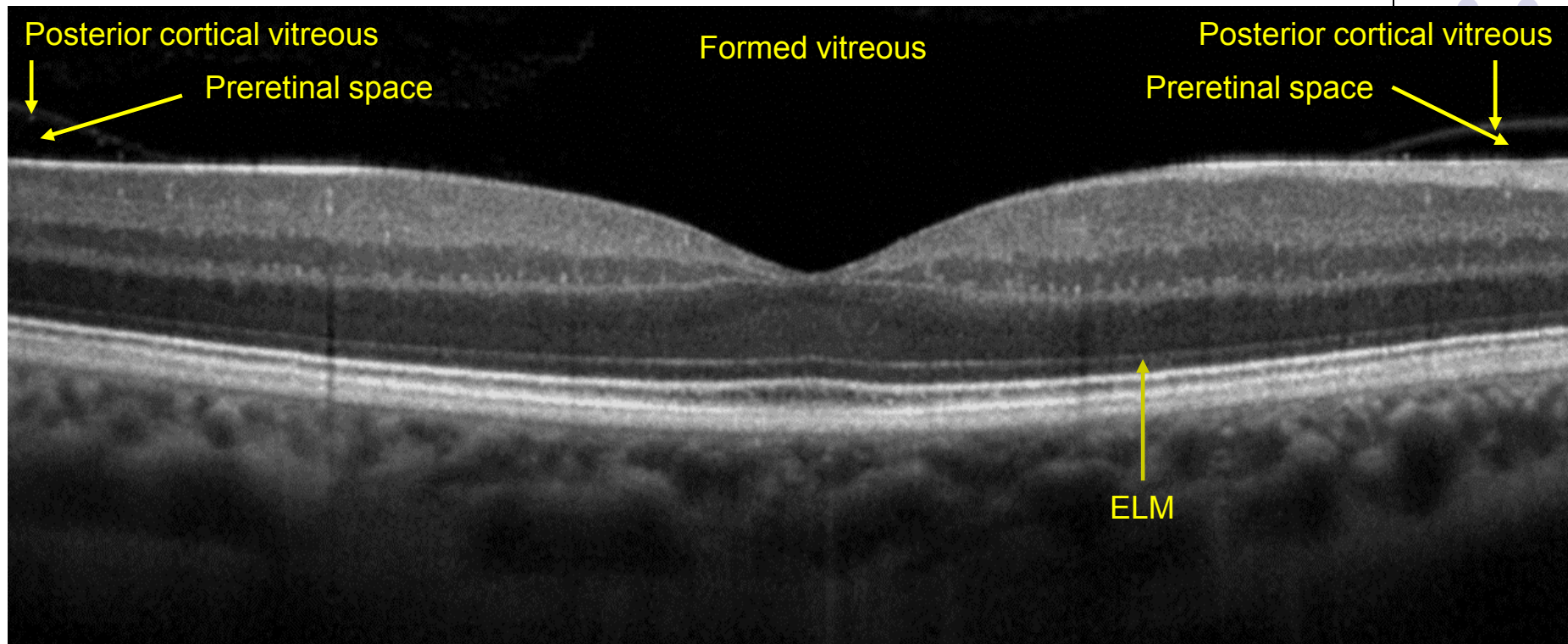


Next, let's identify the following preretinal structures:
--The formed vitreous



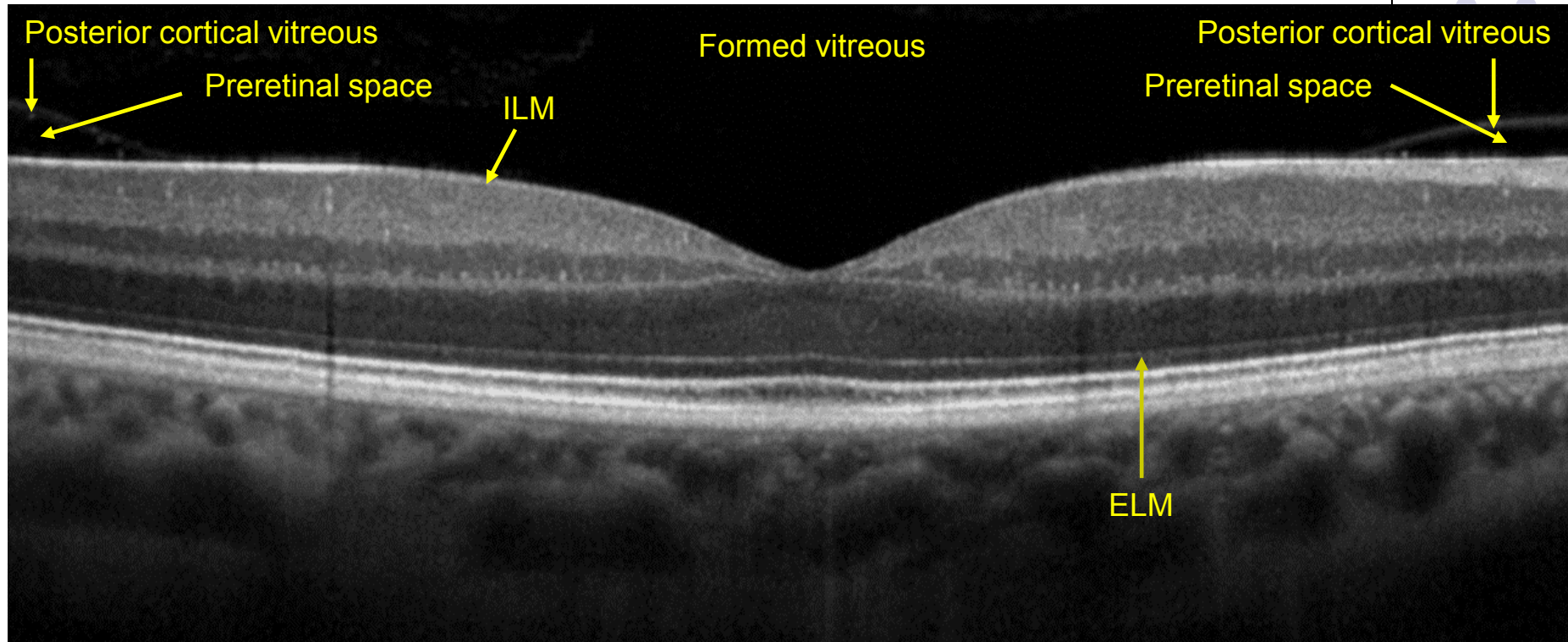
Next, let's identify the following preretinal structures:

- The formed vitreous
- The posterior cortical vitreous



Next, let's identify the following preretinal structures:

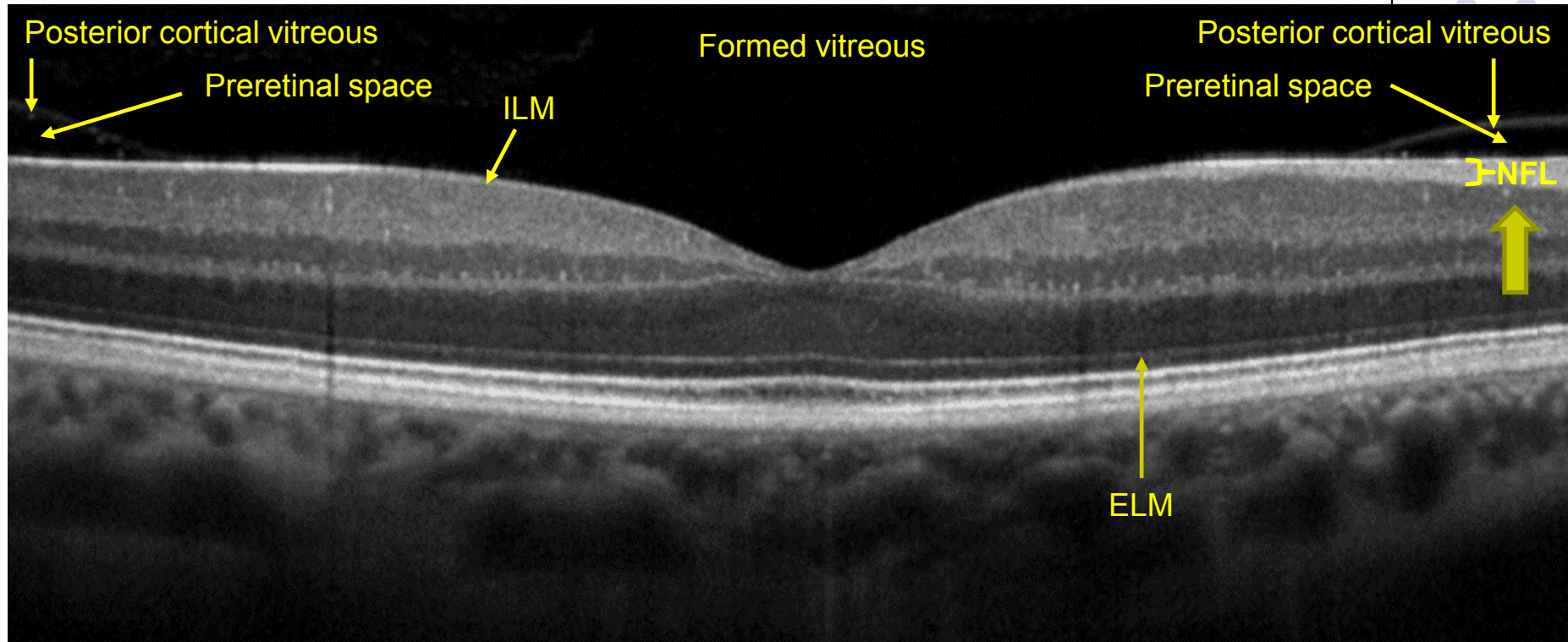
- The formed vitreous
- The posterior cortical vitreous
- The preretinal space



Next, let's identify the following preretinal structures:

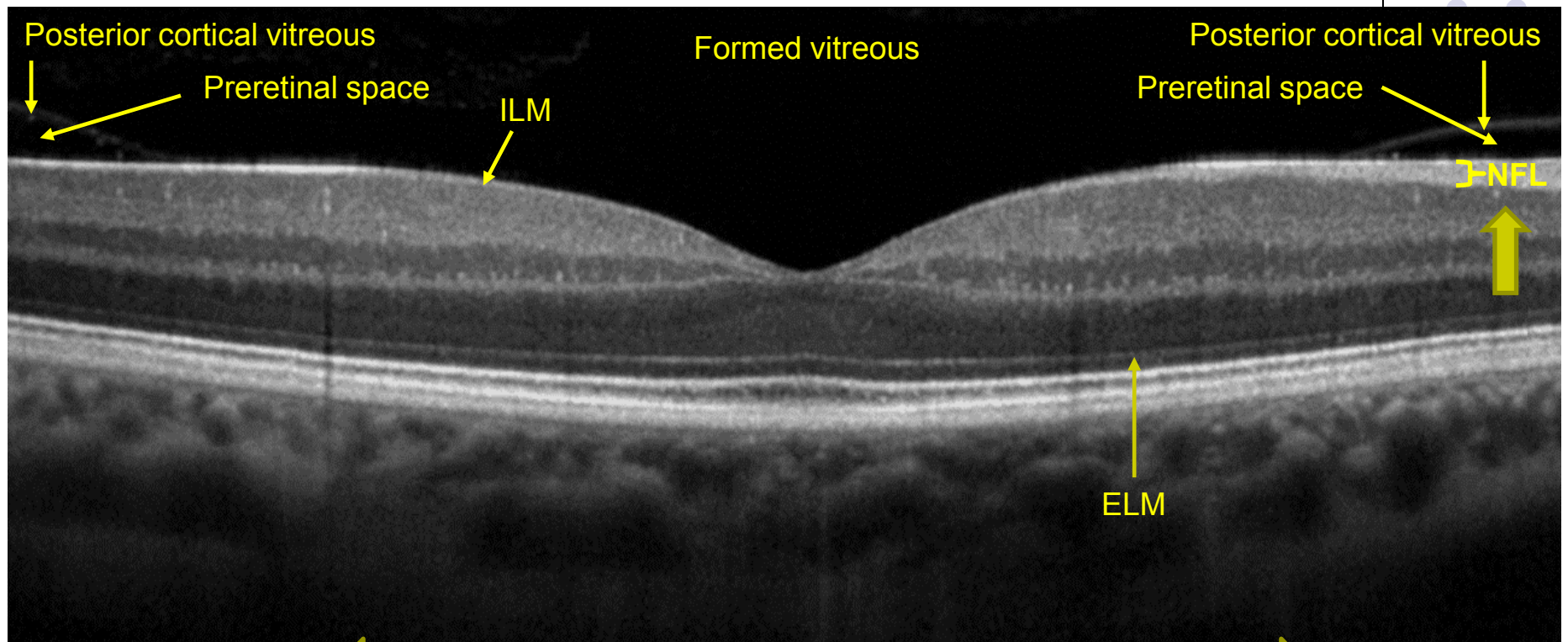
- The formed vitreous
- The posterior cortical vitreous
- The preretinal space

And now the innermost **retinal** structure, the **ILM**:



Next commences the layers of neural elements, starting with the [nerve fiber layer](#)

Retinal Anatomy and Histology

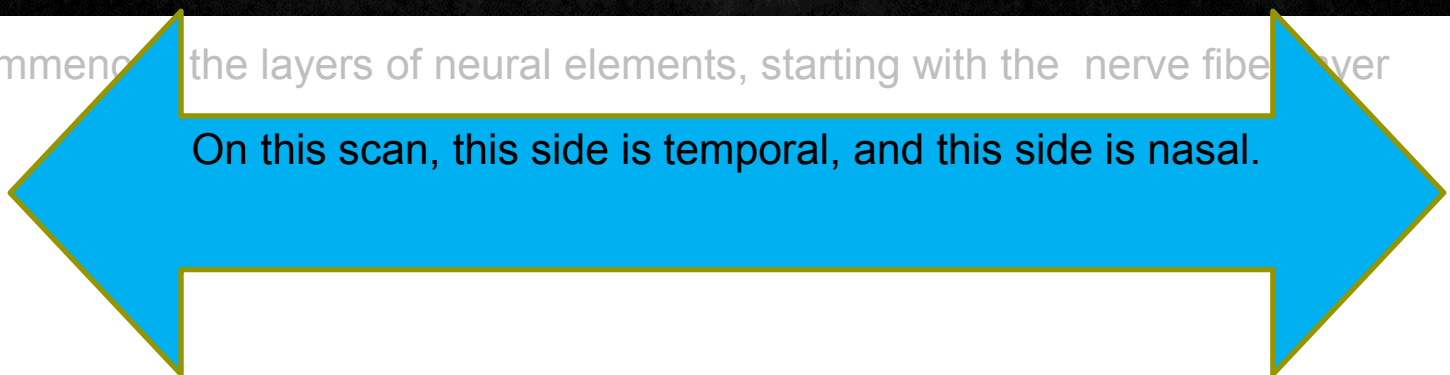


Next commence the layers of neural elements, starting with the nerve fiber layer

On this scan, this side is temporal, and this side is nasal.

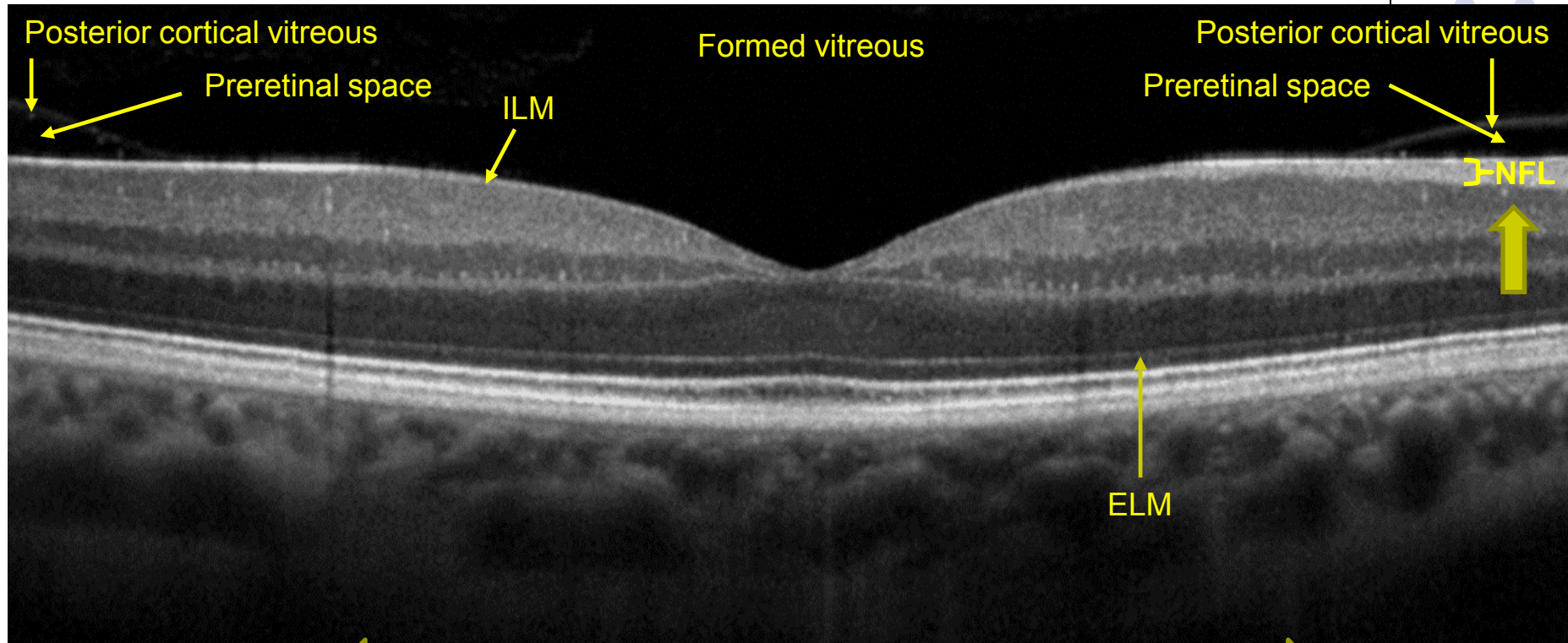
Temporal

Nasal



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Next commence the layers of neural elements, starting with the nerve fiber layer

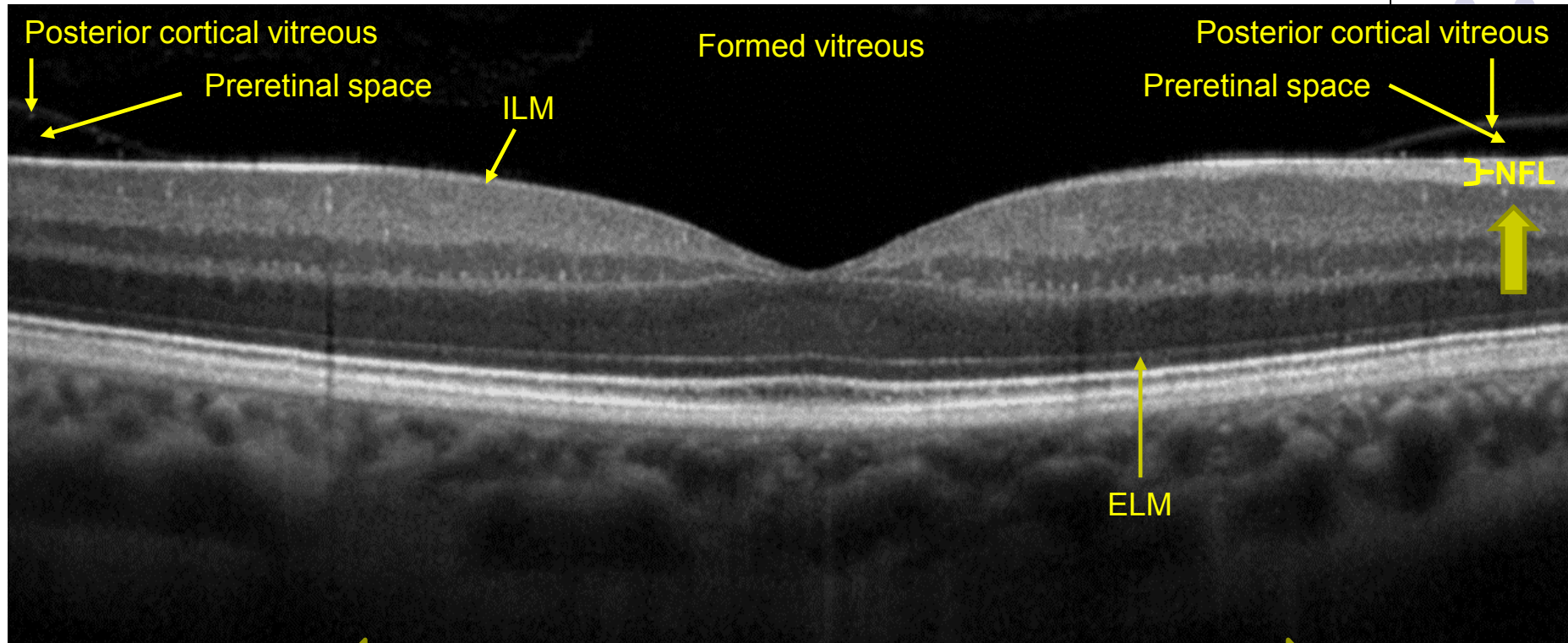
Temporal

On this scan, this side is temporal, and this side is nasal.
You can tell because the NFL is always thicker on the nasal side, owing to the fact that this is the side the papillomacular bundle is located on.

Nasal

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Next commence the layers of neural elements, starting with the nerve fiber layer

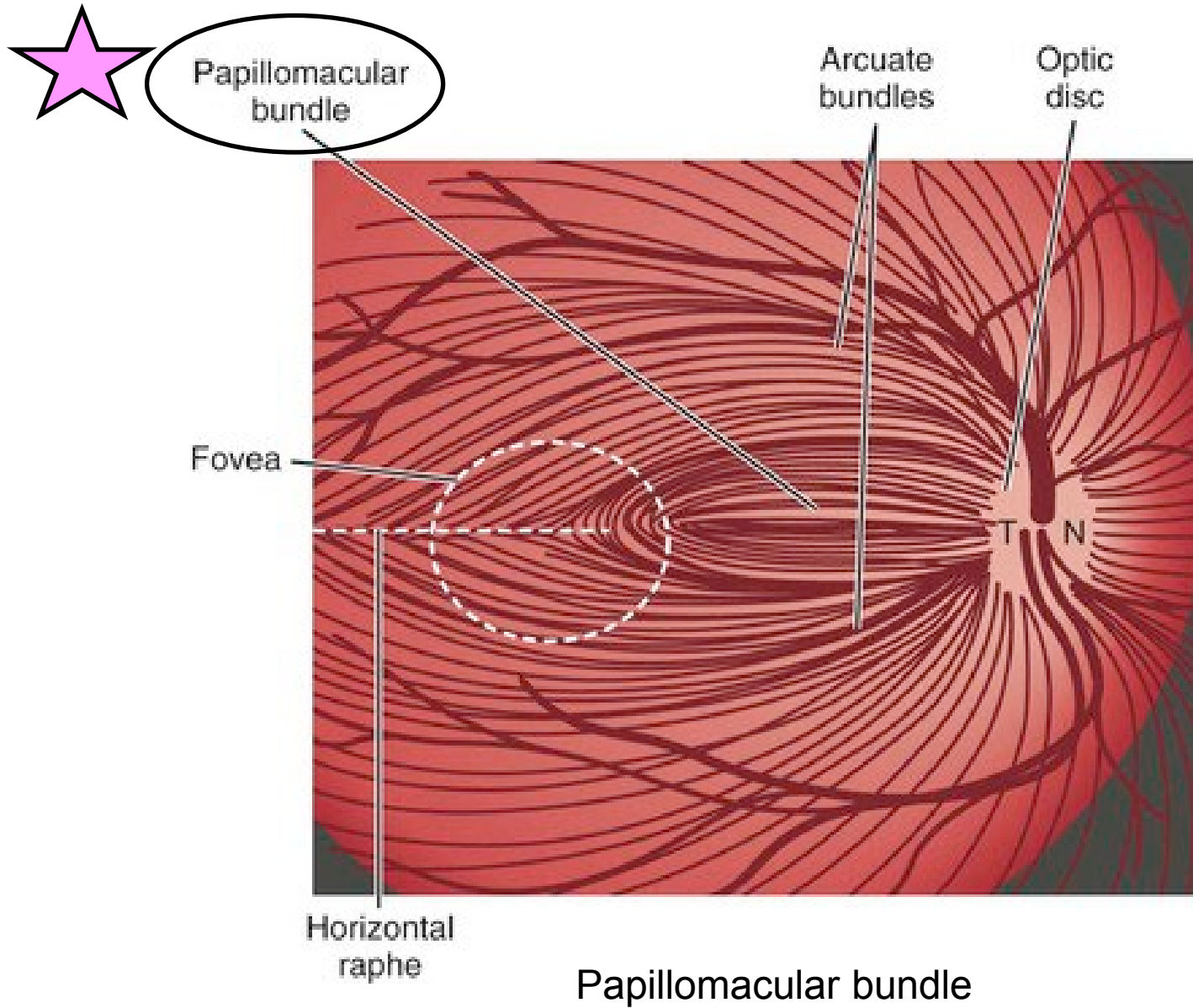
Temporal

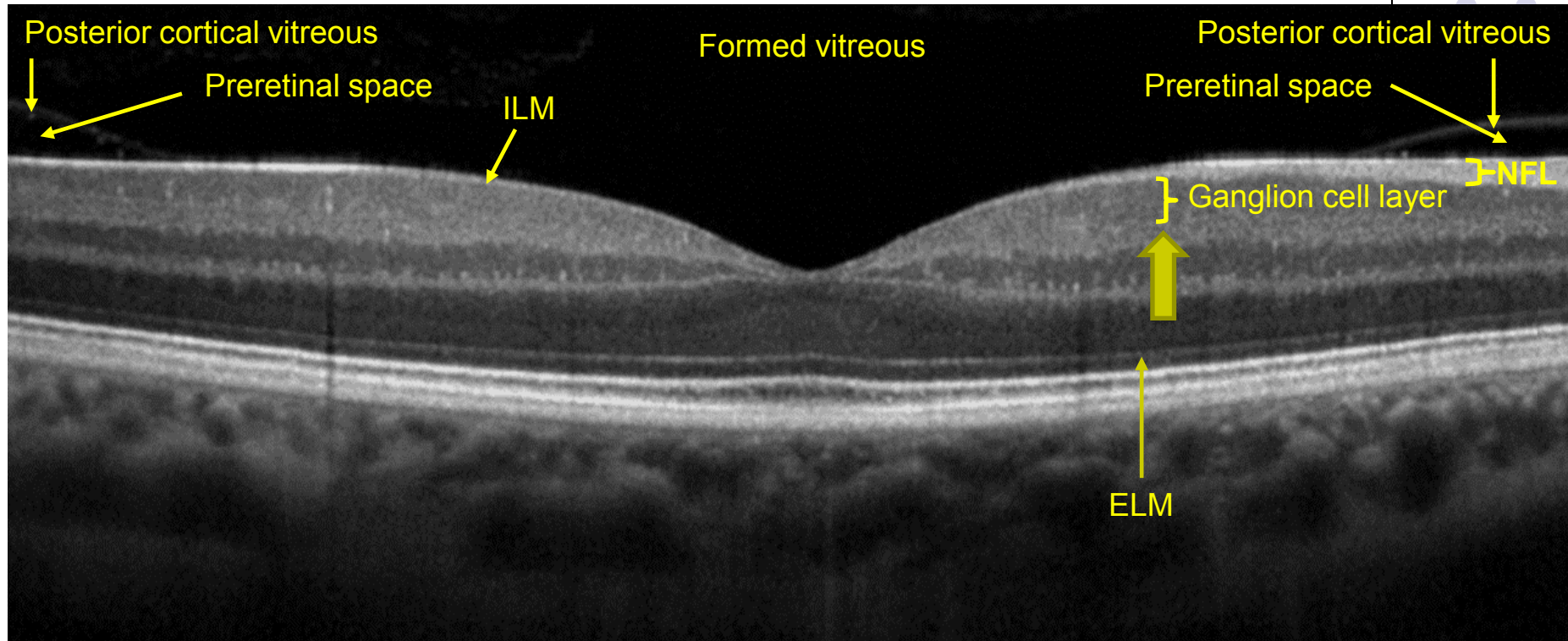
On this scan, this side is temporal, and this side is nasal. You can tell because the NFL is always thicker on the nasal side, owing to the fact that this is the side the **papillomacular bundle** is located on.

Nasal

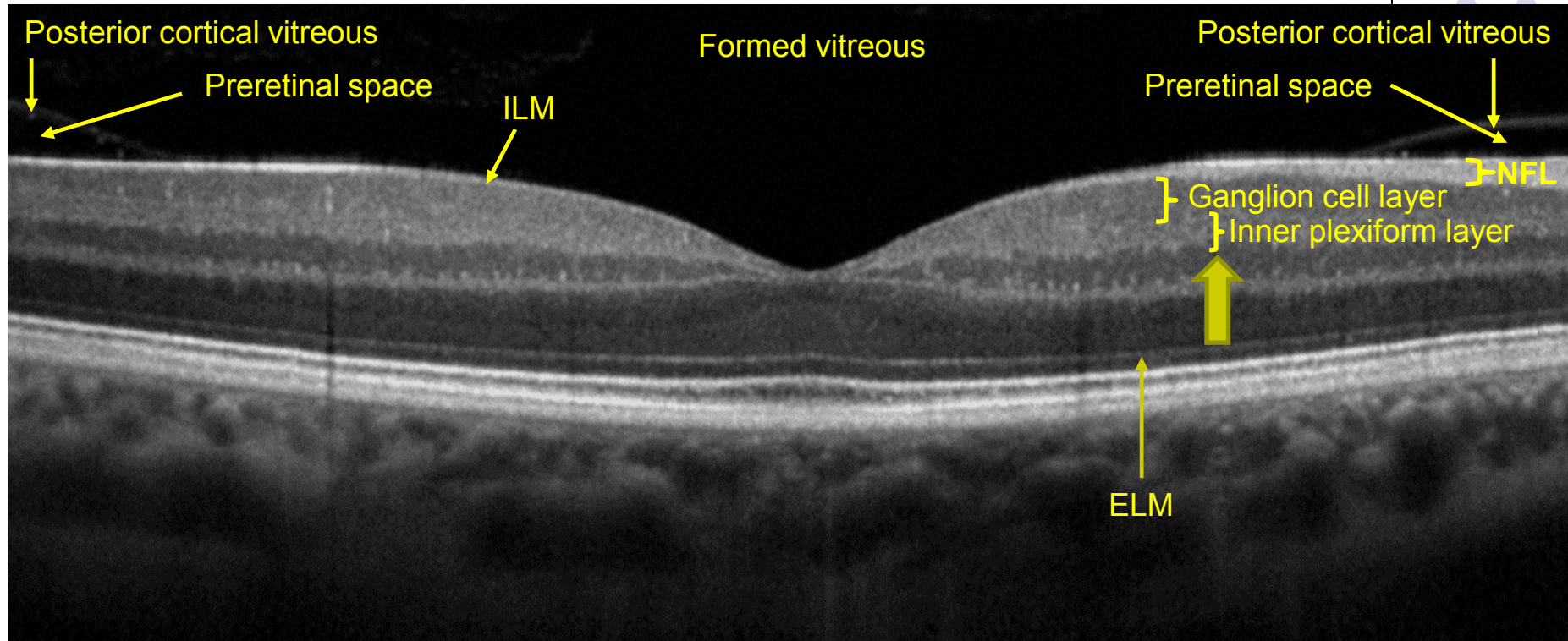
The PMB is the set of fibers running from the fovea directly to the ONH

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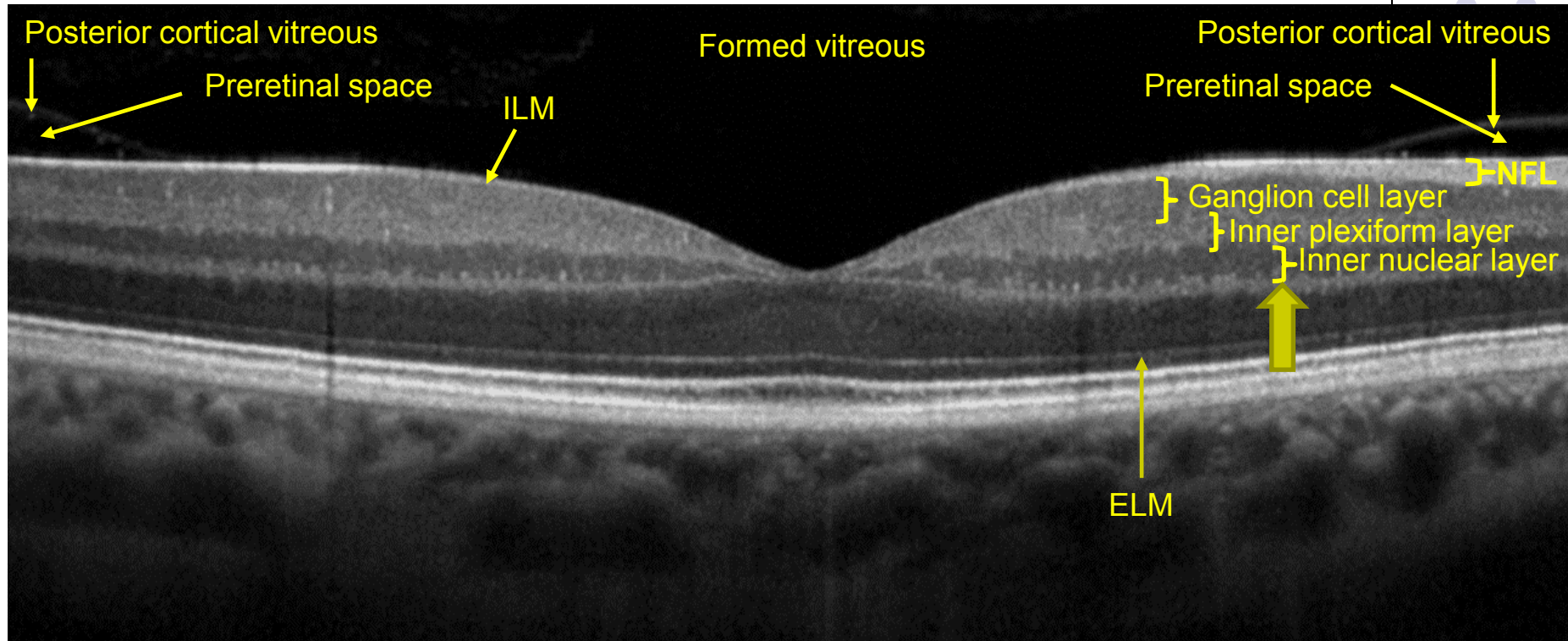


Next commences the layers of neural elements, starting with the nerve fiber layer . As the composition of the layers alternate, the next one must contain cell bodies; sure enough, it is the **ganglion cell layer** .

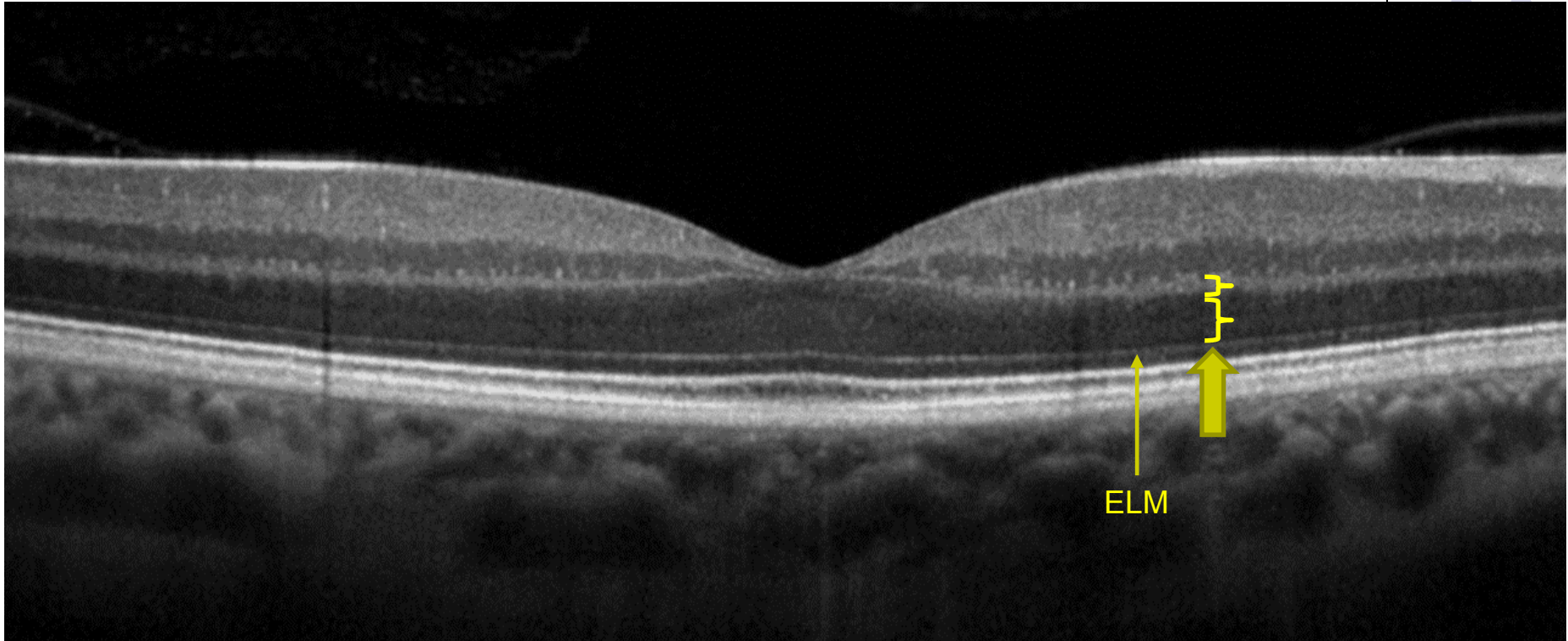


Next commences the layers of neural elements, starting with the nerve fiber layer. As the composition of the layers alternate, the next one must contain cell bodies; sure enough, it is the ganglion cell layer. The next, 'processes' layer is the **inner plexiform layer**

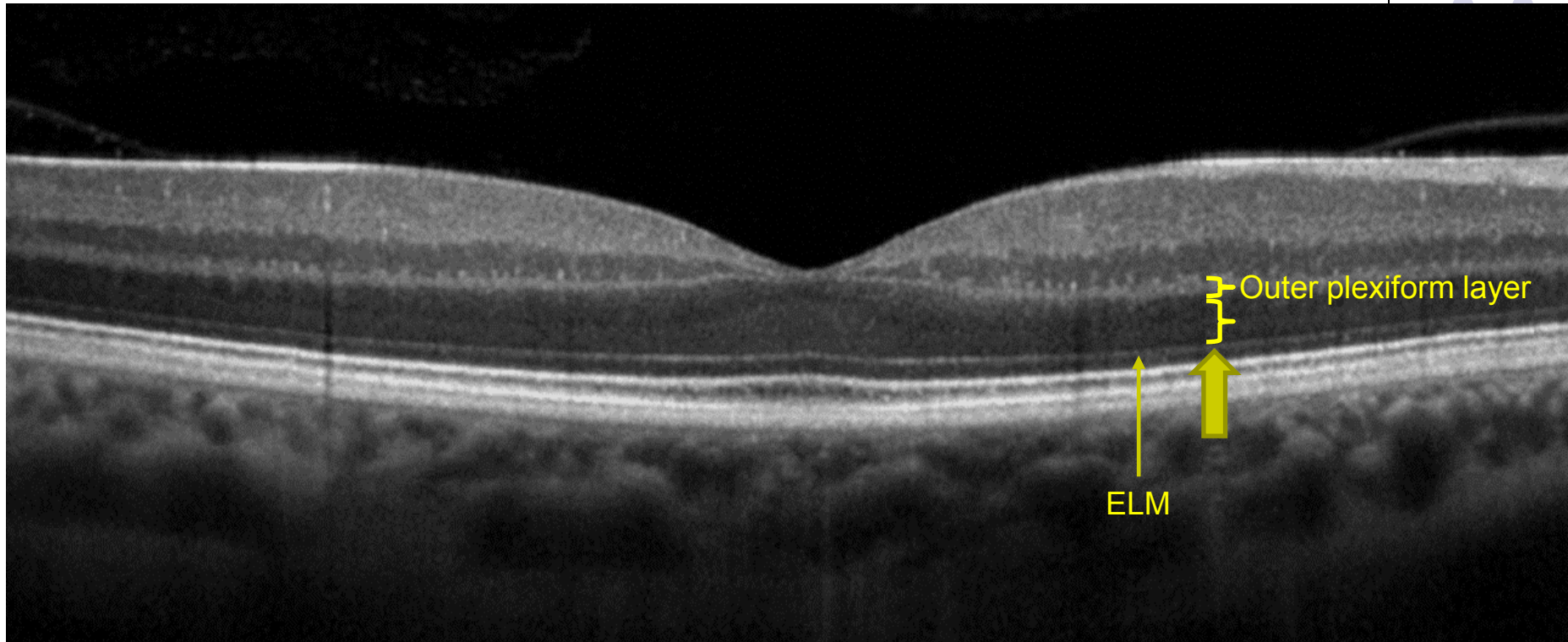
Retinal Anatomy and Histology



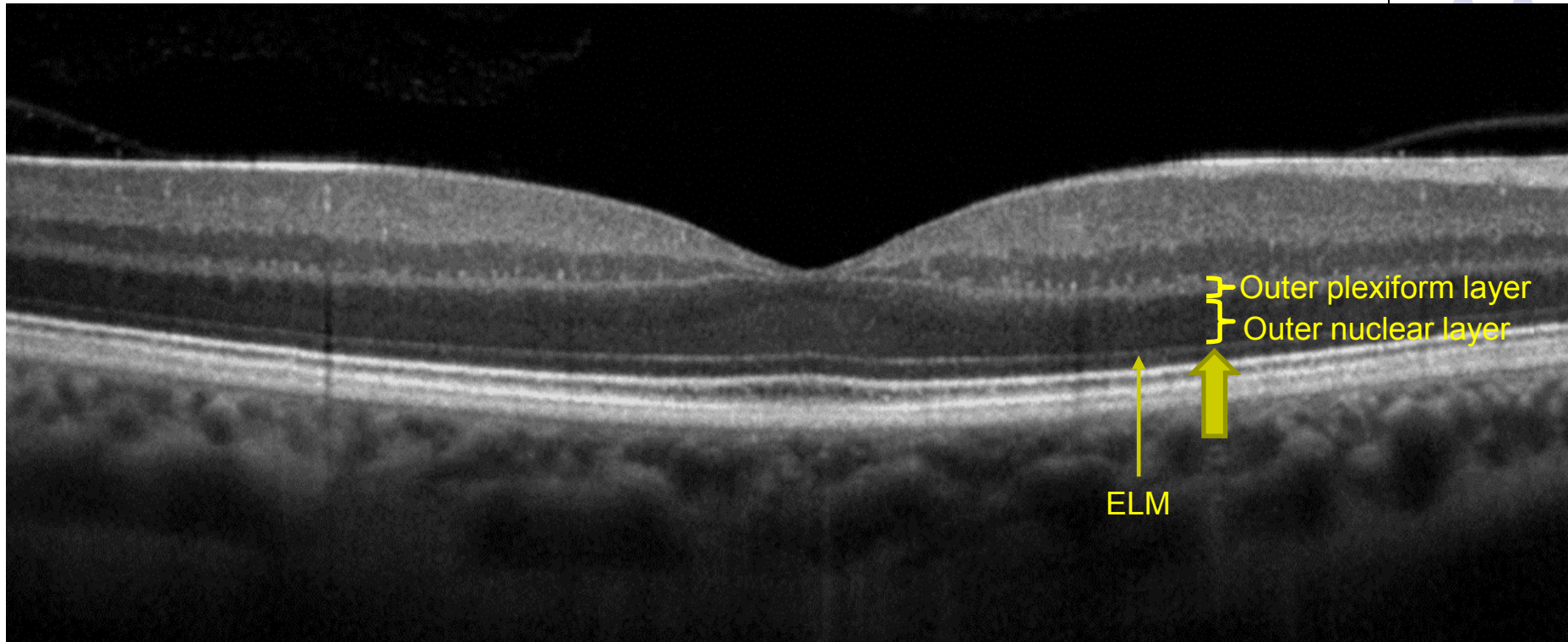
Next commences the layers of neural elements, starting with the nerve fiber layer . As the composition of the layers alternate, the next one must contain cell bodies; sure enough, it is the ganglion cell layer . The next, 'processes' layer is the inner plexiform layer , followed by the next cell-body layer, the **inner nuclear layer** .



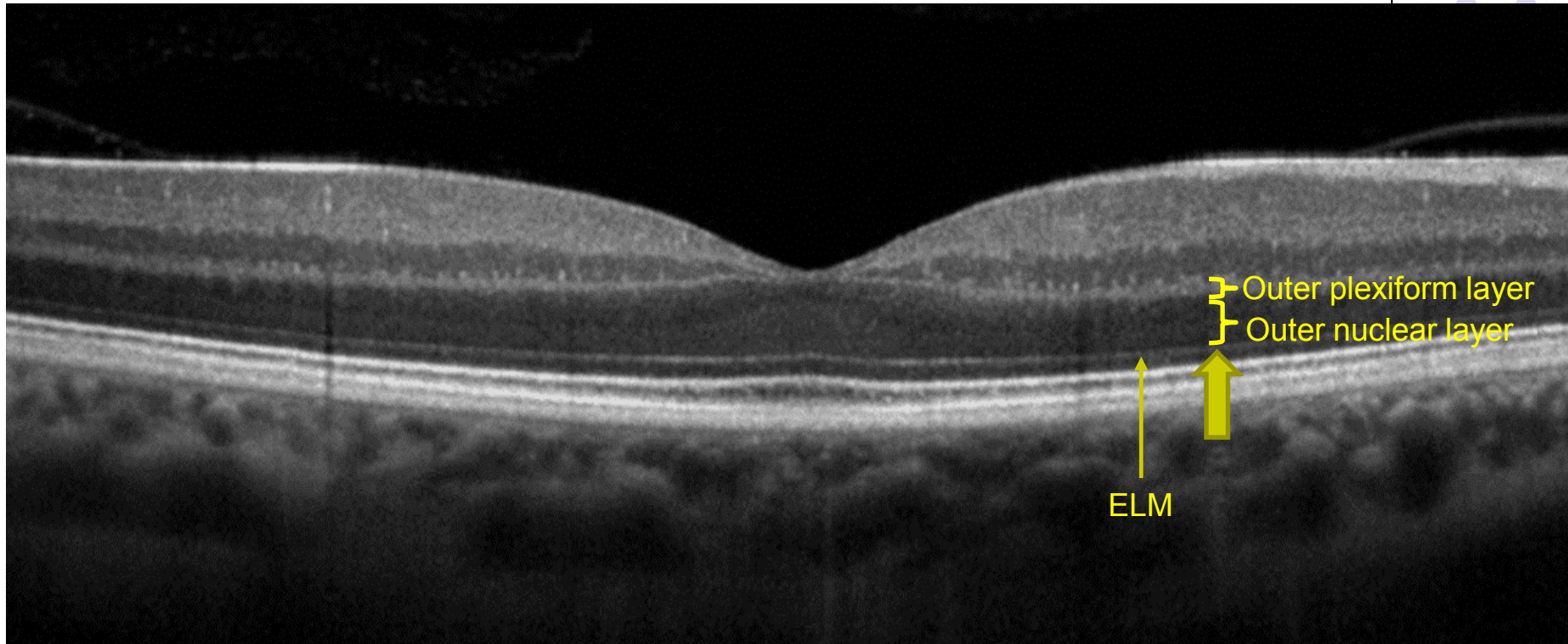
Things seem to be working out perfectly. The OCT appears to have two layers left to identify.



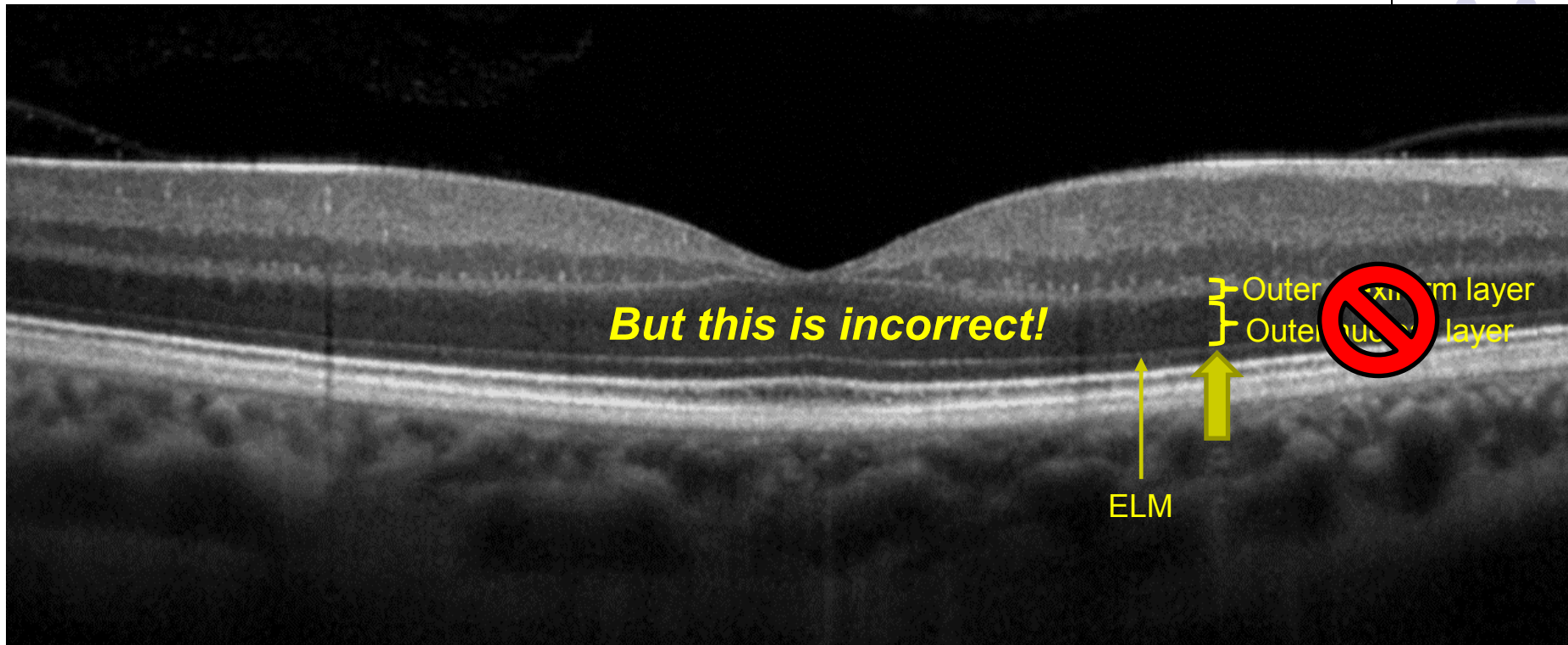
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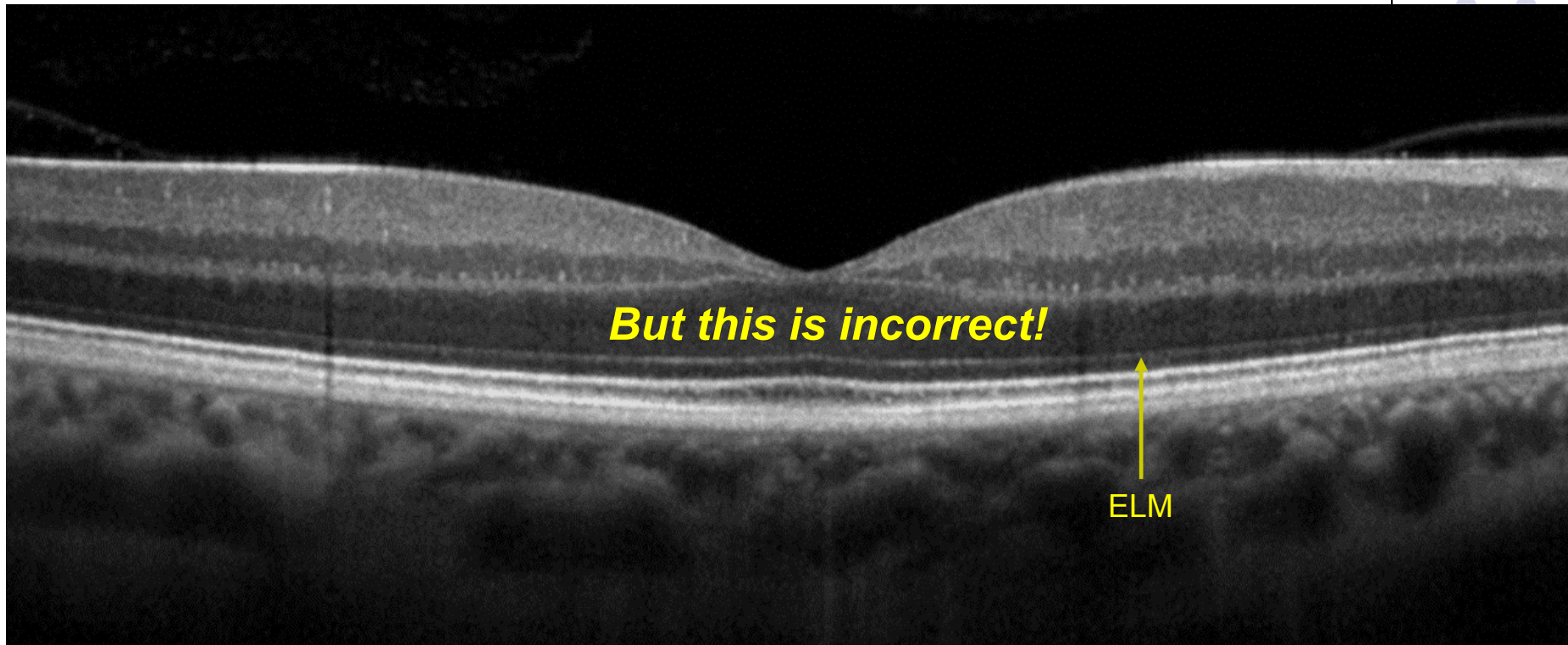


Things seem to be working out perfectly. The OCT appears to have two layers left to identify. Conveniently, there are two yet-unassigned layers—a processes layer (the outer plexiform layer), and a cell-bodies layer (the outer nuclear layer). Not uncommonly, you will see OCTs labeled in just this fashion.



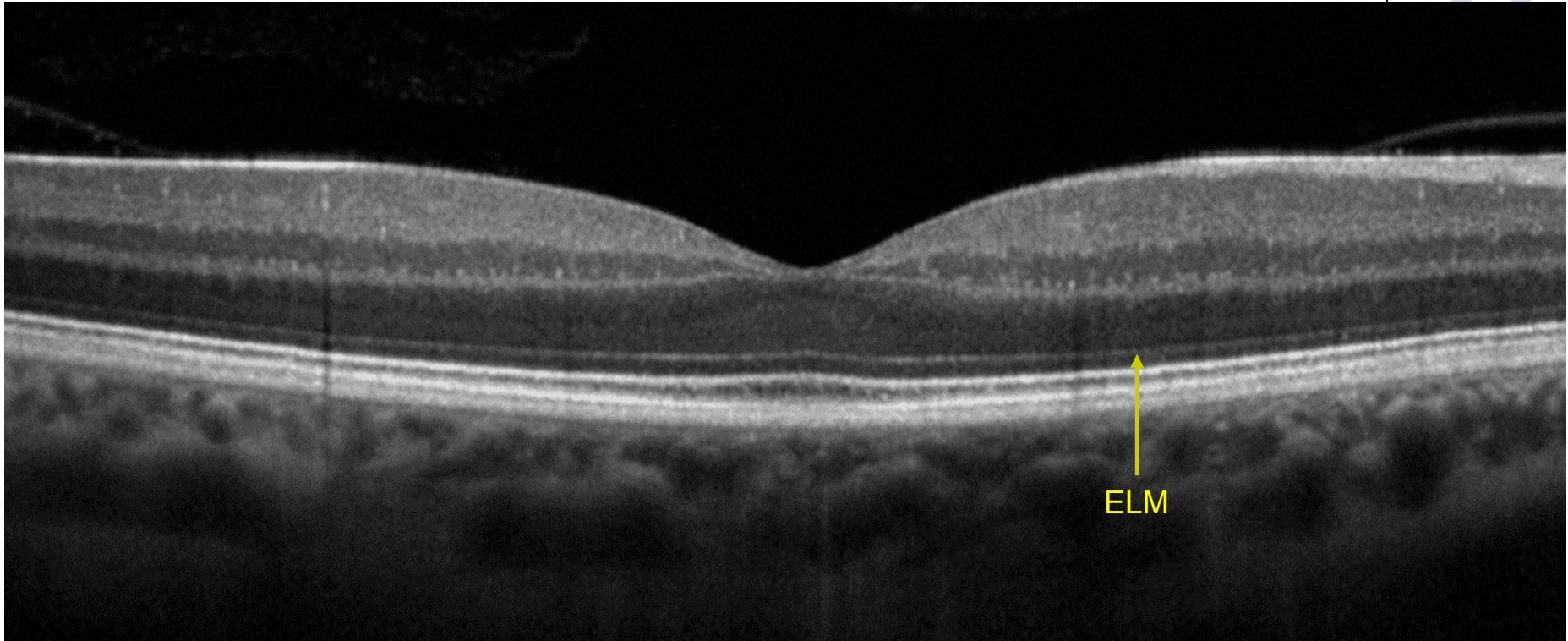
Things seem to be working out perfectly. The OCT appears to have two layers left to identify. Conveniently, there are two yet-unassigned layers—a processes layer (the outer plexiform layer), and a cell-bodies layer (the outer nuclear layer). Not uncommonly, you will see OCTs labeled in just this fashion.

But this is incorrect!



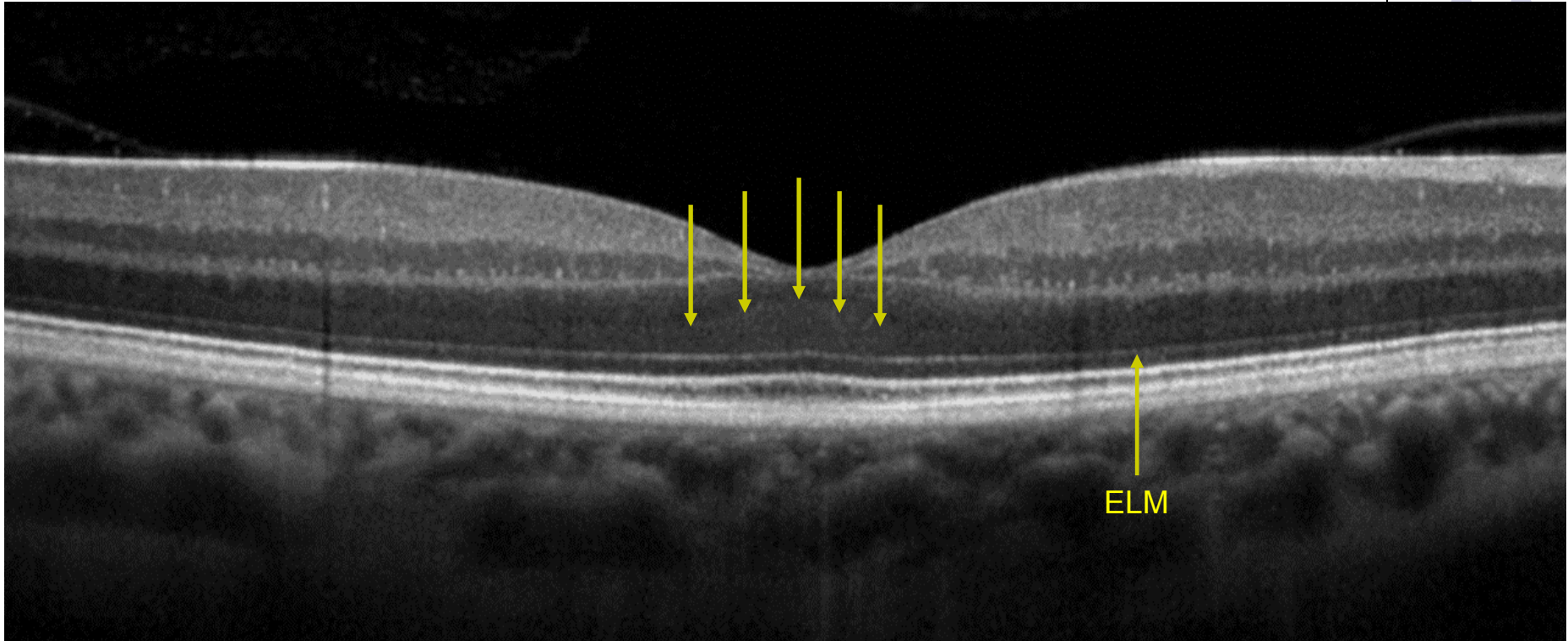
Things seem to be working out perfectly. The OCT ~~appears to have two~~ ^{has three} layers left to identify. Conveniently, there are two yet-unassigned layers—a processes layer (the outer plexiform layer), and a cell-bodies layer (the outer nuclear layer). Not uncommonly, you will see OCTs labeled in just this fashion.

Why is it incorrect? Because the OCT has **three** layers left—not two!

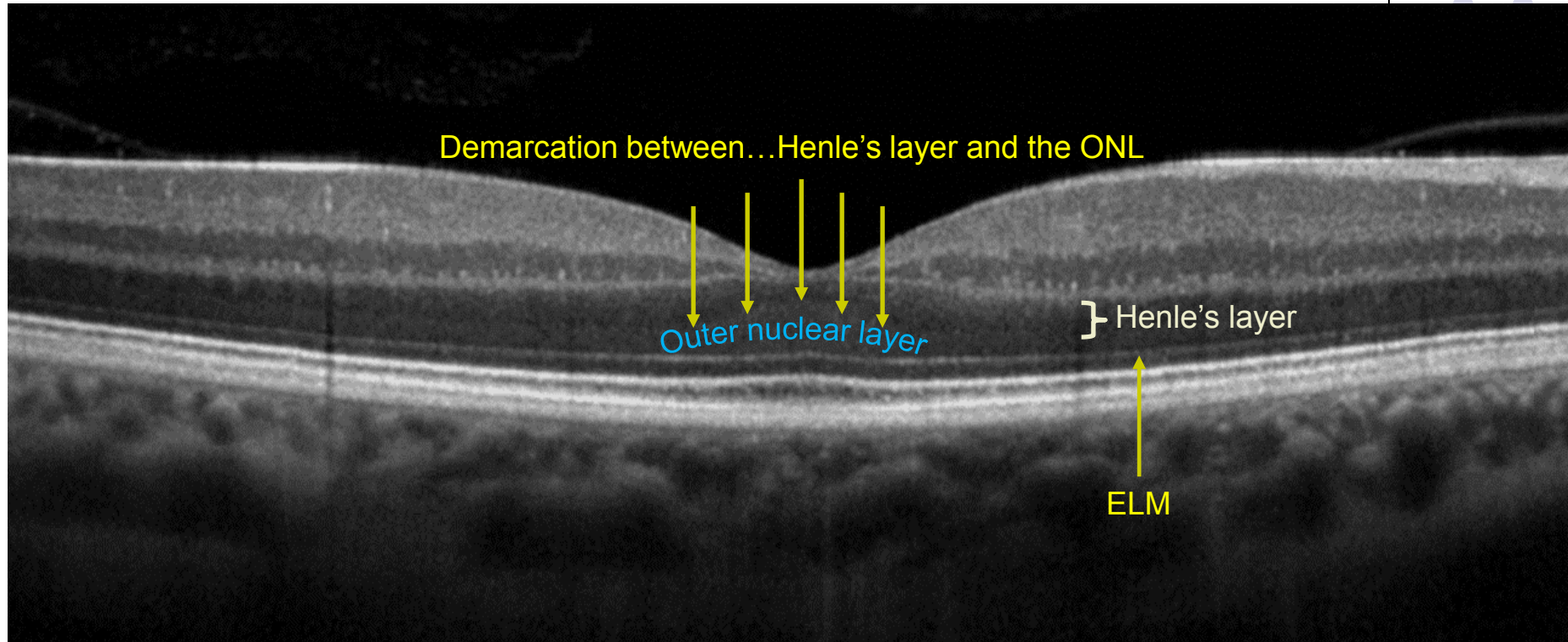


Look carefully at the remaining darker portion, and you will note the presence of a subtle demarcation line within it. (I will point it out on the next slide.)

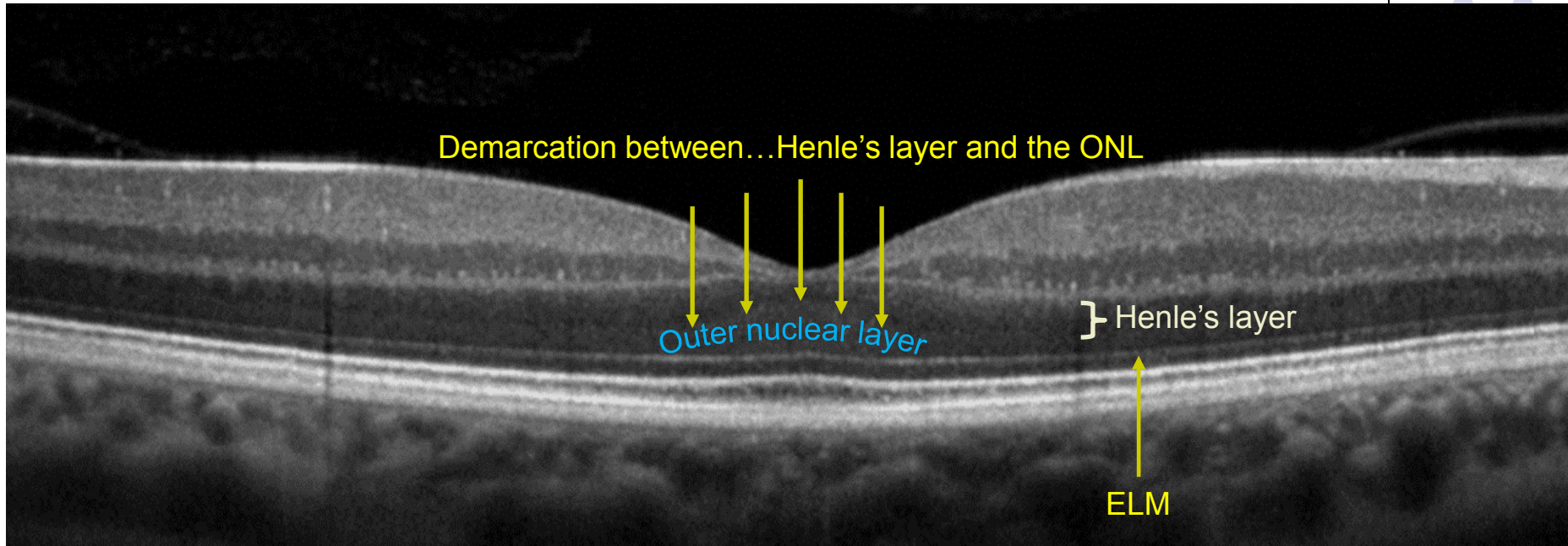
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Look carefully at the remaining darker portion, and you will note the presence of a subtle demarcation line within it. (I will point it out on the next slide.)

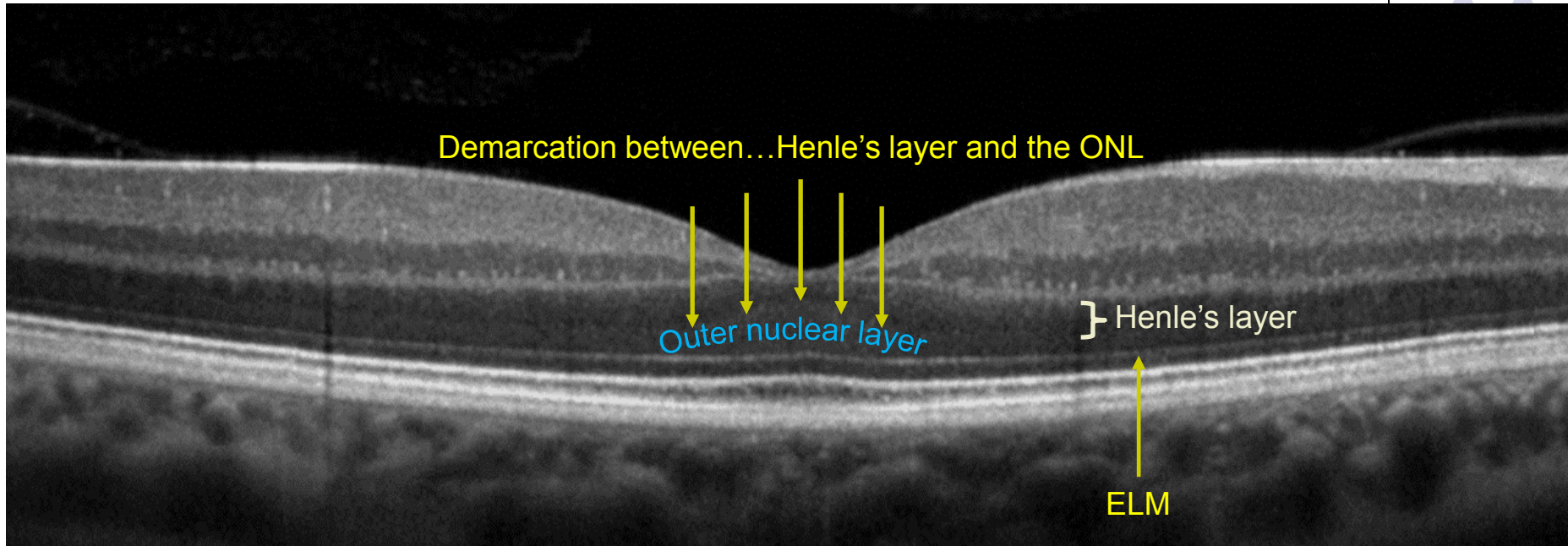


Look carefully at the remaining darker portion, and you will note the presence of a subtle demarcation line within it. (I will point it out on the next slide.) This line demarcates between the outer nuclear layer and *Henle's layer*.



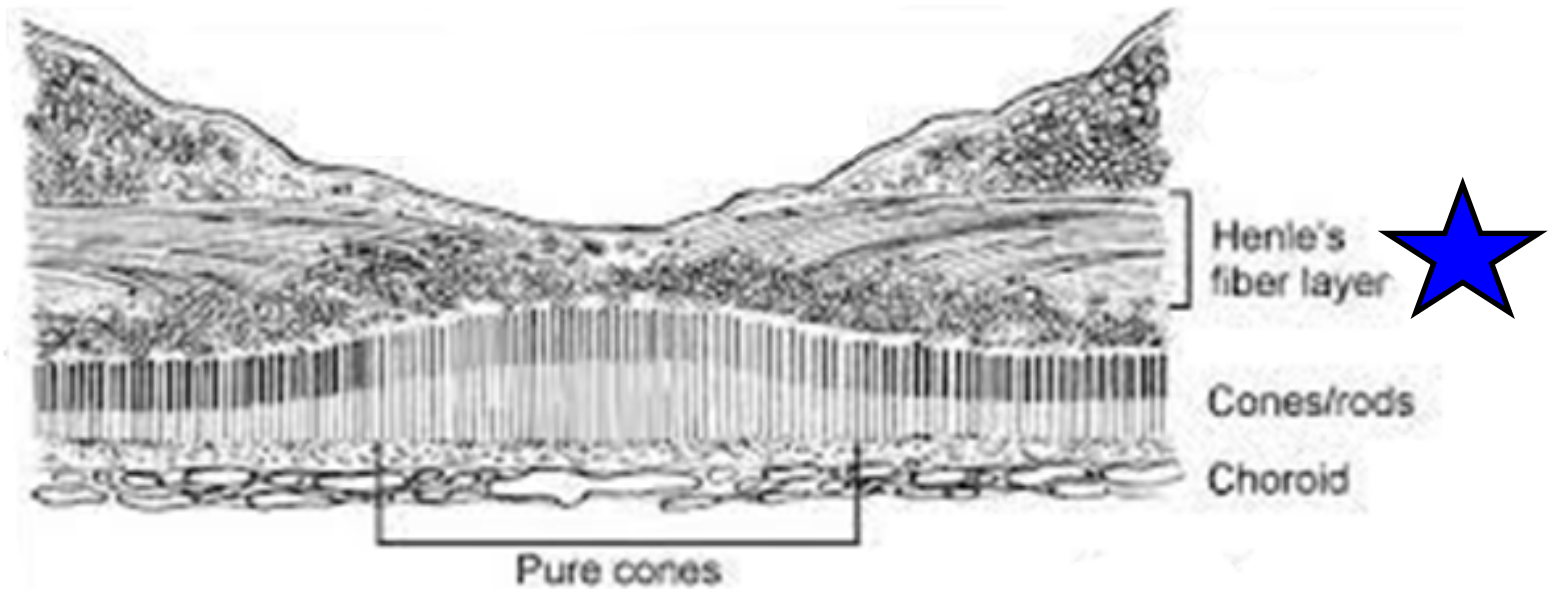
We mentioned Henle's layer earlier in the context of the OPL , when we noted that the terms were often (and erroneously) treated as synonyms.

the outer nuclear layer and **Henle's layer**

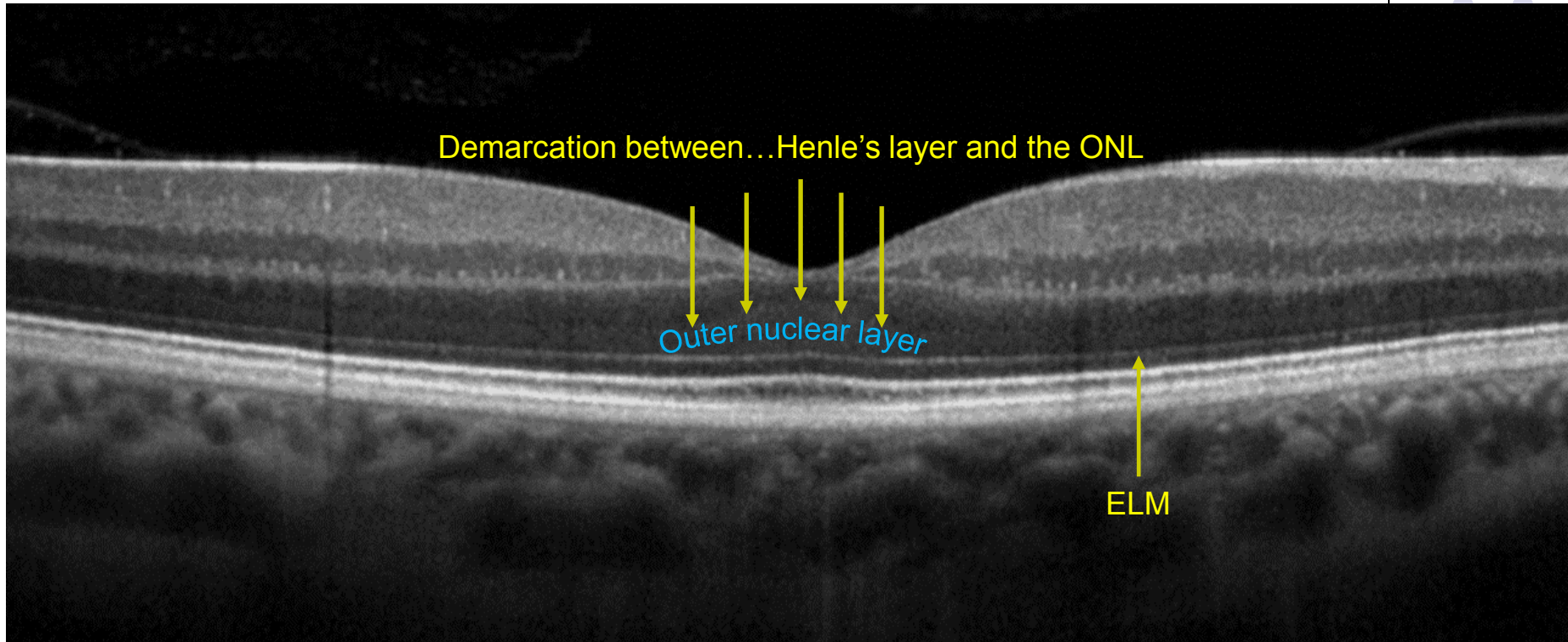


We mentioned Henle's layer earlier in the context of the OPL , when we noted that the terms were often (and erroneously) treated as synonyms. Here's why they're not synonymous. Recall that the OPL consists of the axonal processes of the PRs and the dendritic processes of the bipolar cells. (There's some horizontal-cell processes in there as well.)

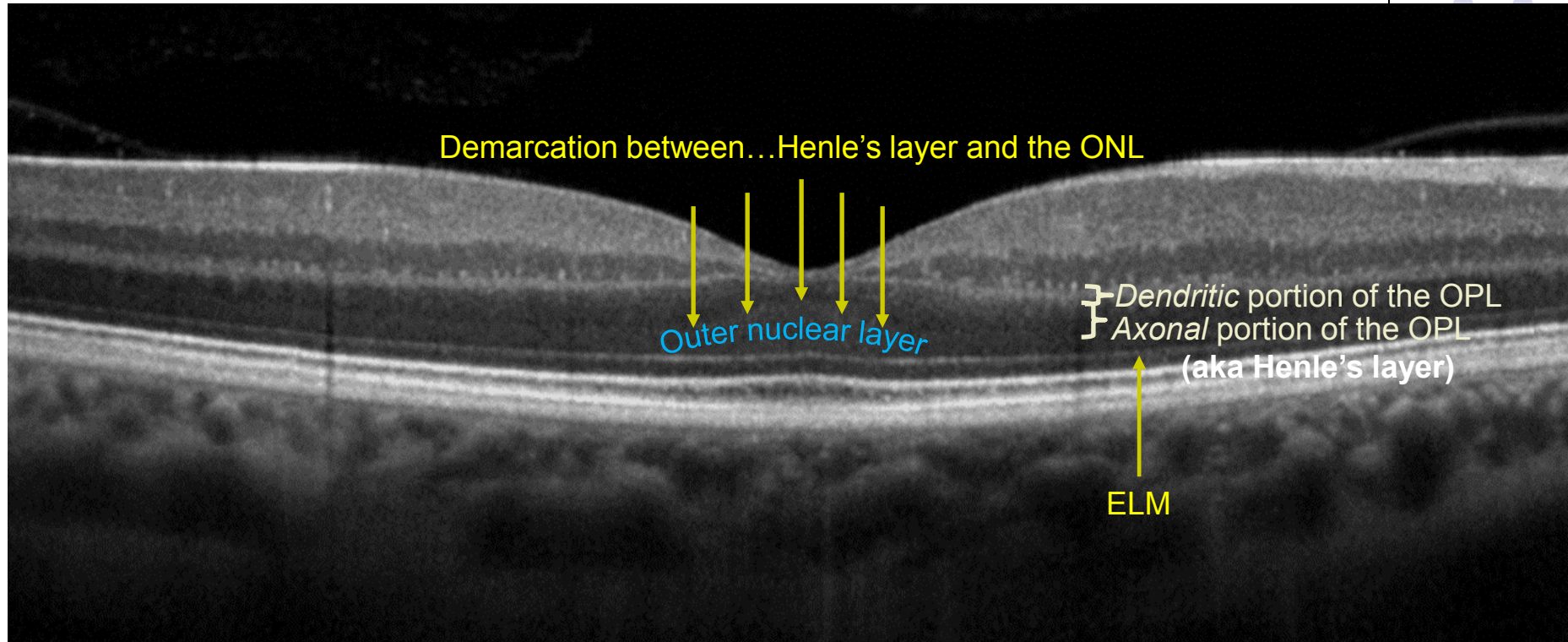
the outer nuclear layer and **Henle's layer**



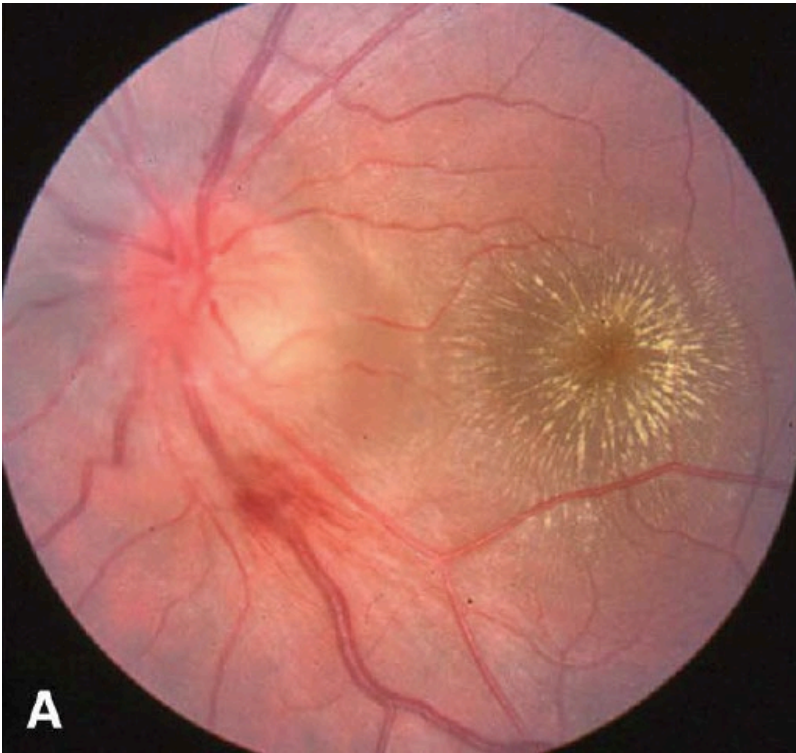
However, in the fovea/parafoveal region, the axonal processes of the PRs are elongated, and radiate directly away from the foveal center in all directions, running almost parallel to the retinal surface (see above). *These long, radially oriented axonal fibers comprise the Henle's layer portion of the OPL.*



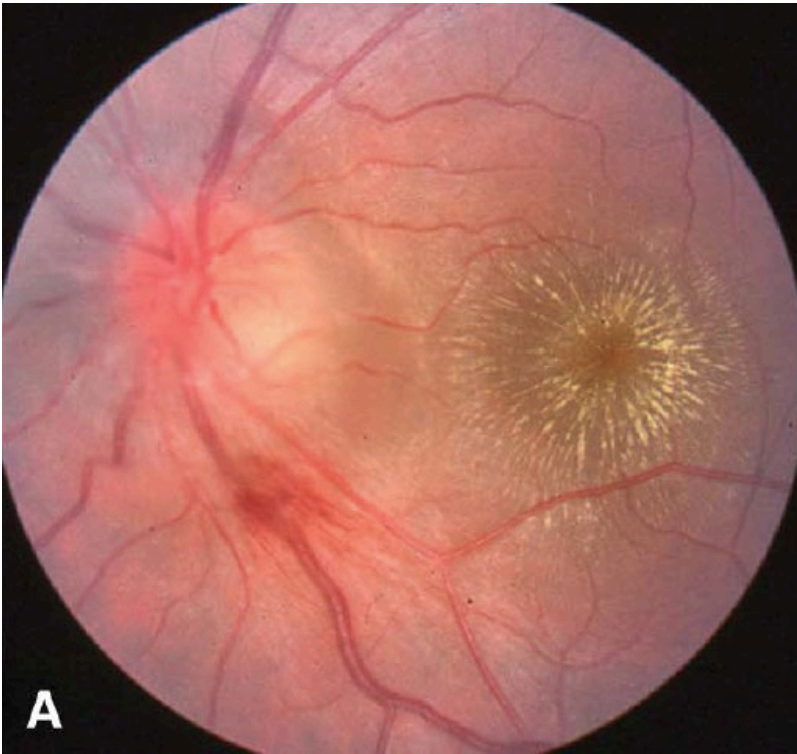
You can now appreciate the appearance of the OCT in the foveal region. The orientation of the PR axons leads the OCT to 'see' them as a layer separate and distinct from that of the bipolar-cell dendrites with which they form the outer plexus.



You can now appreciate the appearance of the OCT in the foveal region. The orientation of the PR axons leads the OCT to 'see' them as a layer separate and distinct from that of the bipolar-cell dendrites with which they form the outer plexus. This is why it's misleading to treat the terms *Henle's layer* and *OPL* as synonyms: Technically speaking, Henle's layer is the axonal portion of the OPL in the foveal and parafoveal region.

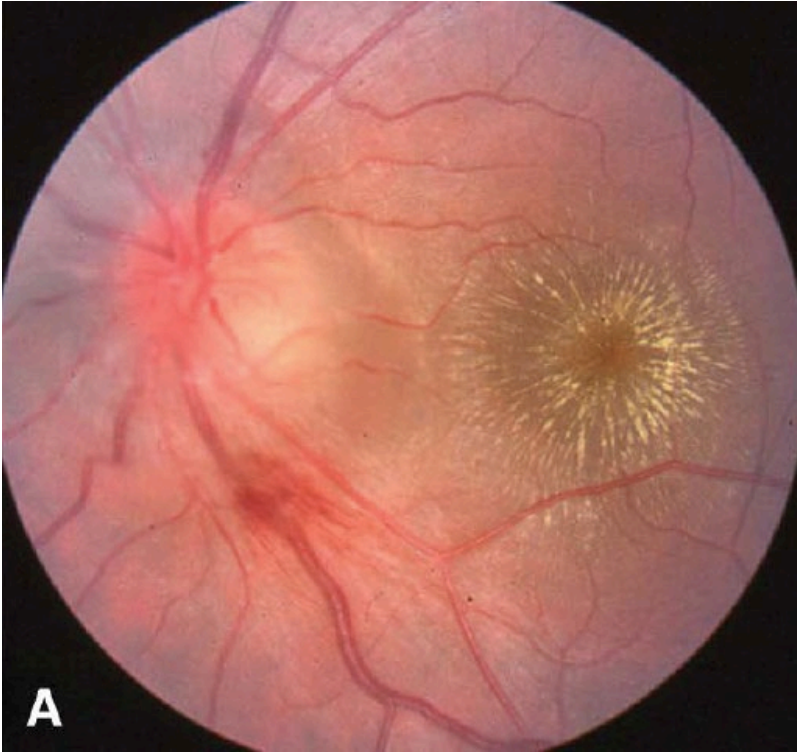
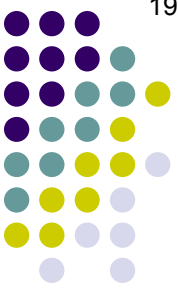
**A**

Highly relevant sidebar: The condition depicted above is *neuroretinitis*. (The *neuro*- part refers to the ONH swelling.) The classic cause is infection with *Bartonella henslae*; it is a form of *cat-scratch disease*. The descriptive term for the appearance of the macula in neuroretinitis is a *macular star*.

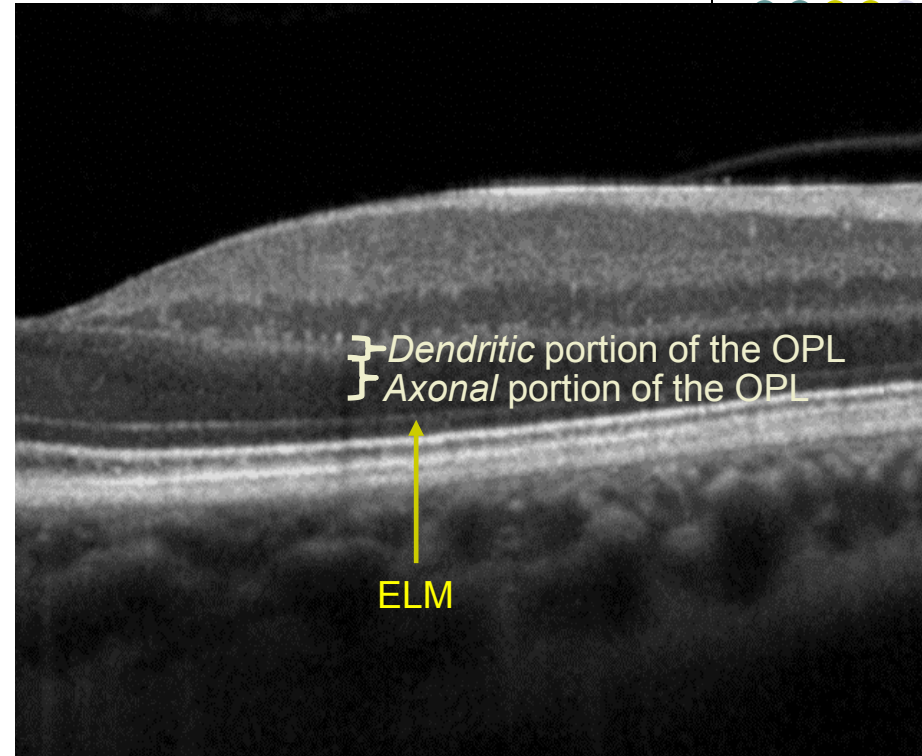
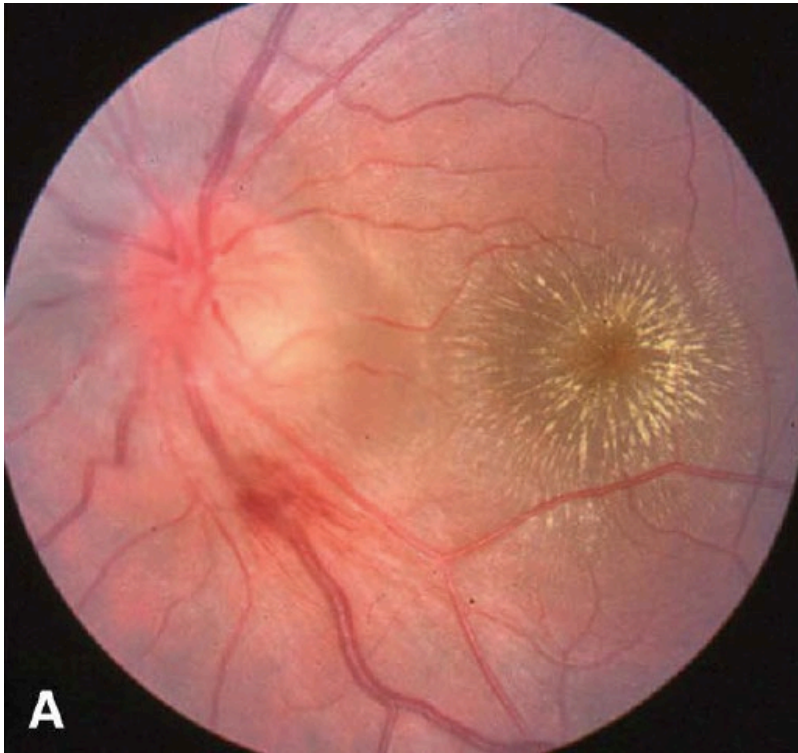
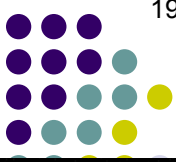


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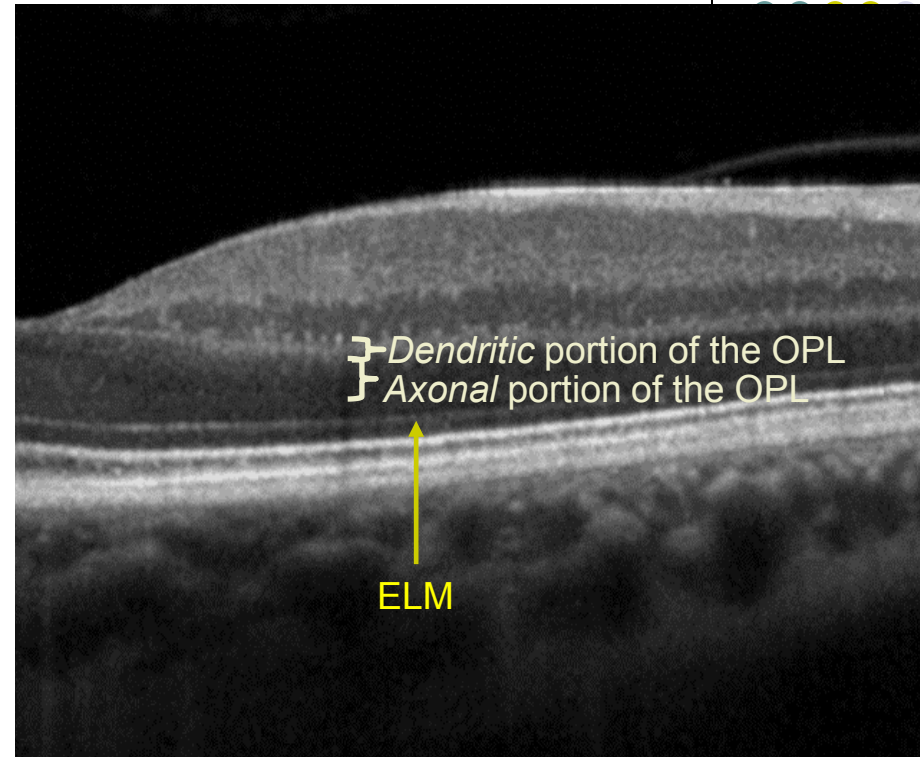
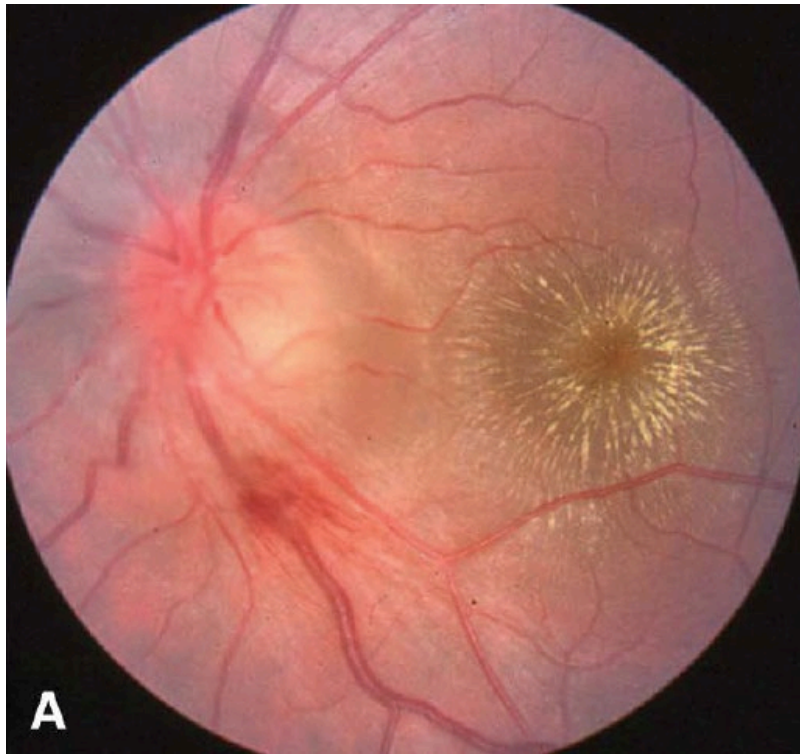
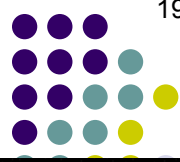
The point of this sidebar: The reason a macular star look the way it does is that the exudate is located in Henle's layer, and thus it mirrors Henle's radial orientation.



Make a connection in your head between the clinical appearance of a macular star...



Make a connection in your head between the clinical appearance of a macular star... and the OCT appearance of Henle's layer.

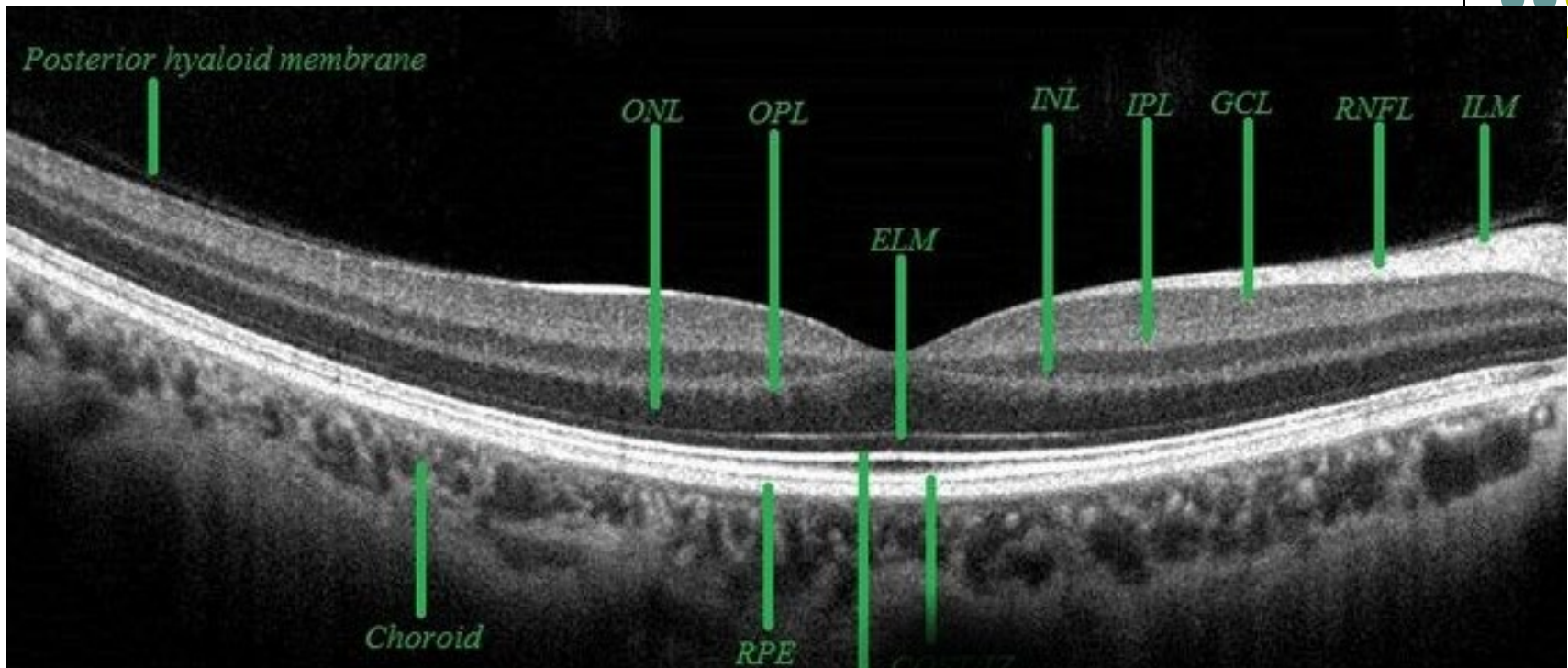


Make a connection in your head between the clinical appearance of a macular star... and the OCT appearance of Henle's layer. While they look nothing like one another, each arises from the same fundamental fact of retinal anatomy/histology!



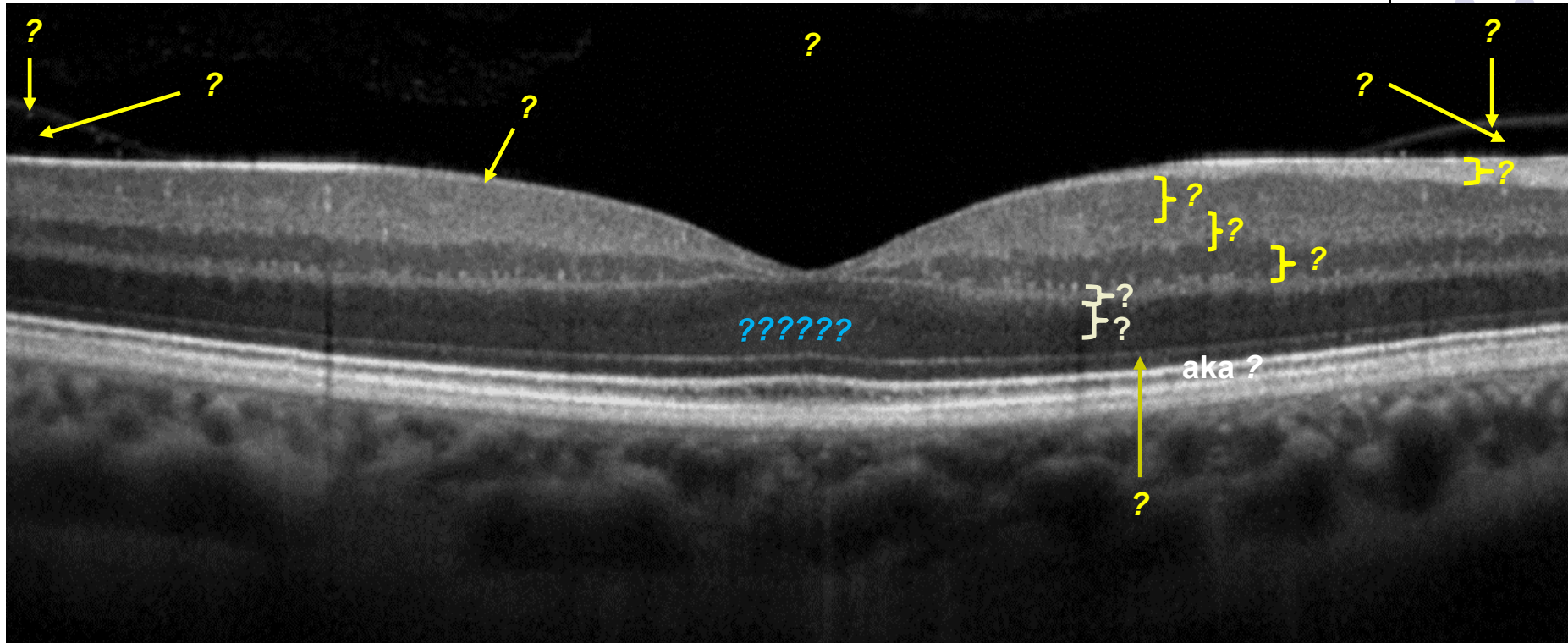
One last word about this OPL/Henle's layer issue—you will find that the *BCSC* books are not consistent in how they use these terms. (For example, the *Retina* book uses them as synonyms on one page, and as referring to separate layers two pages later.)

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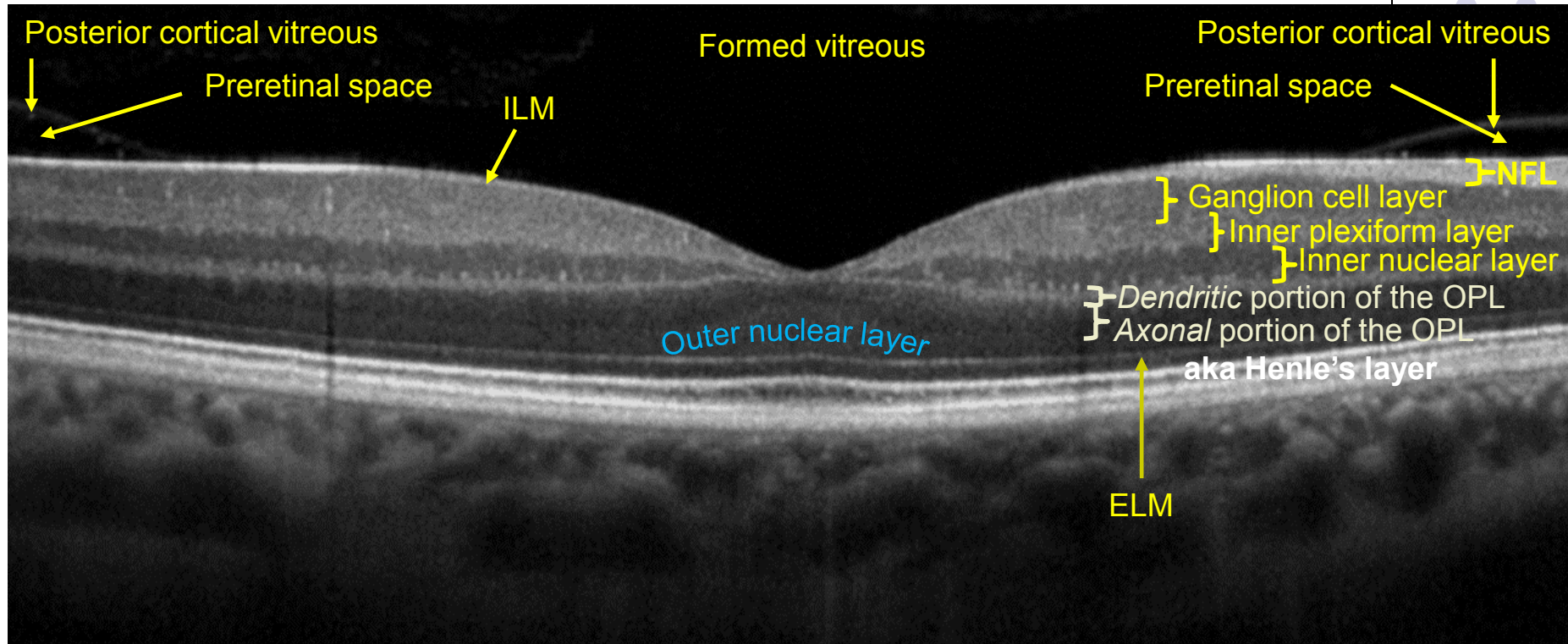
One last word about this OPL/Henle's layer issue—you will find that the *BCSC* books are not consistent in how they use these terms. (For example, the *Retina* book uses them as synonyms on one page, and as referring to separate layers two pages later.) Likewise, you will frequently encounter OCT images labeled in a manner that is unclear or misleading regarding what is the OPL, what is Henle's, and what is the ONL (eg, the above). You may also find that your program's retina specialist disagrees with how I've laid things out here. **Caveat emptor.**

Retinal Anatomy and Histology



*Quiz yourself by toggling back and forth between this slide and the next.
When you've got it, you're done!*

Retinal Anatomy and Histology





That's it! Go through this slide-set a couple of times (at least) until you feel like you have a handle on it. [When you're ready, do slide-set R17](#), which covers this material in a Q&A format (and more detail).