

Q

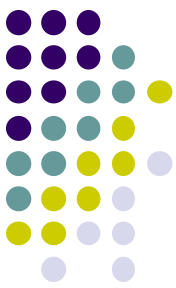
- β blockers

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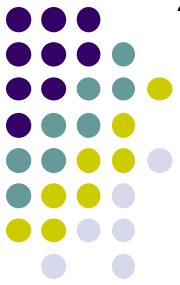
Ocular Hypotensives: List the common agents

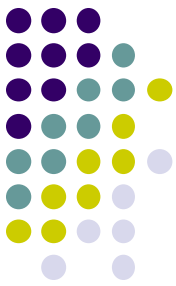


A

Ocular Hypotensives: List the common agents

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol





Q

Ocular Hypotensives: List the common agents

- β blockers

- Timolol
- Betaxolol
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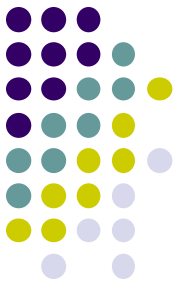
- Prostaglandin analogues

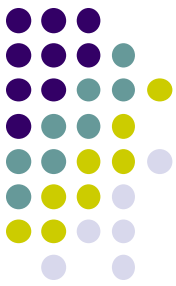
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- () ← The 'big three' FDA-approved PGA that dominate the American market
- () ← An FDA-approved PGA, much less well-known than the big three
- () ← A PGA 'combo drug'

A

Ocular Hypotensives: List the common agents

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
 - Prostaglandin analogues
 - Latanaprost
 - Travaprost
 - Bimatoprost
 - (Tafluprost) ← An FDA-approved PGA, much less well-known than the big three
 - (Latanaprostene bunod) ← A PGA 'combo drug'
- The 'big three' FDA-approved PGA that dominate the American market*





Q

Ocular Hypotensives: List the common agents

- *β blockers*

- Timolol
- Betaxolol
- Carteolol

- *Prostaglandin analogues*

- Latanaprost
- Travaprost
- Bimatoprost

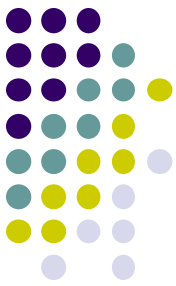
The three FDA-approved PGA that dominate the American market

(Tafluprost)

What is the brand name of tafluprost?

the big three

- (Latanaprostene banded) *At 0.01% is a drug*



A

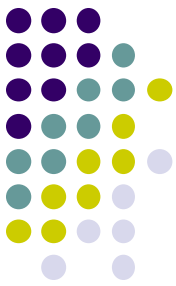
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- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimatoprost
 - **(Tafluprost)**
 - (Latanaprostene bimatoprost)

The three FDA-approved PGA that dominate the American market

the big three

*What is the brand name of tafluprost?
Zioptan (and that's all we'll have to say about it)*



Q

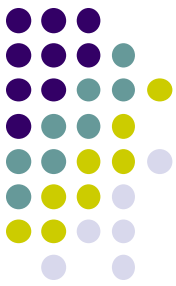
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The three FDA-approved PGA that dominate the American market

 - (Tafluprost) ← *An FDA approved*
 - (**Latanaprostene bunod**) ←

What is the brand name of latanaprostene bunod?



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 - (**Latanaprostene bunod**) ←
- The three FDA-approved PGA that dominate the American market*

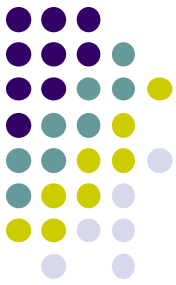
*What is the brand name of latanaprostene bunod?
Vyzulta*

(We'll have more to say about this drug later)

Q

Ocular Hypotensives: List the common agents

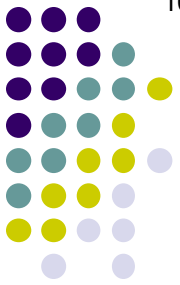
- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- Prostaglandin analogues
 - Latanaprost
 - Travaprost
 - Bimataprost
- Nonselective α/β agonist
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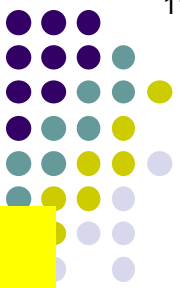
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 - Epinephrine
 - Dipivefrin

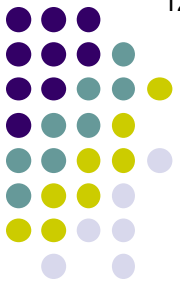
(This drove me **nuts** when I was a med student—how could the same disease be treated by two different medicines with the *exact opposite effect*? The first time I read it, I assumed it was a typo.)



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Ocular Hypotensives: List the common agents

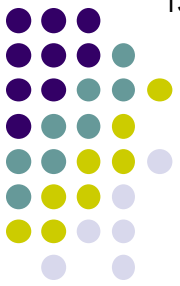
- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimataprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- *CAI (carbonic anhydrase inhibitors)*
 -
 -
 -

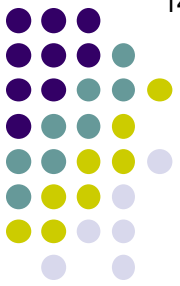


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 - Epinephrine
 - Dipivefrin
- *CAI*
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide





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- **CAI**
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
 - ?

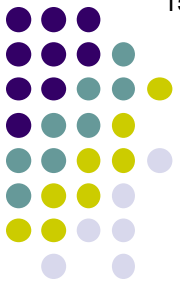
There is another, less well-known CAI—what is it?

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 - Epinephrine
 - Dipivefrin
- **CAI**
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
 - Methazolamide

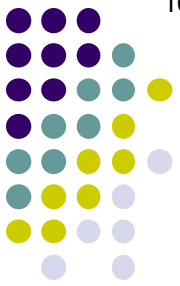
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Methazolamide



Q

Ocular Hypotensives: List the common agents

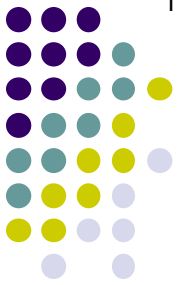
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 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimataprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- *CAI*
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
 -
 -



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Ocular Hypotensives: List the common agents

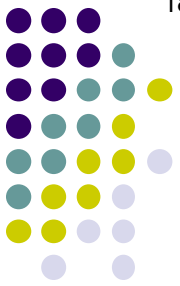
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 - Timolol
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 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimatoprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- *CAI*
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine



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Ocular Hypotensives: List the common agents

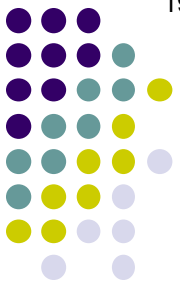
- *β blockers*
 - Timolol
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- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimataprost
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 - Epinephrine
 - Dipivefrin
- *CAI*
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
- *Miotics*
 -

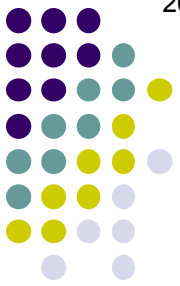


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Ocular Hypotensives: List the common agents

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- Nonselective α/β agonist
 - Epinephrine
 - Dipivefrin
- CAI
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- Selective α agonists
 - Apraclonidine
 - Brimonidine
- Miotics
 - Pilocarpine (*Pilo* for short)

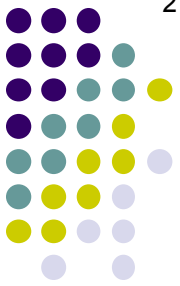




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Ocular Hypotensives: List the common agents

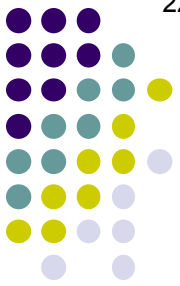
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- *CAI*
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*



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 - Brimonidine
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
 - Netarsudil



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Ocular Hypotensives: List the common agents

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 - **Bimataprost**
- Nonselective α/β agonist
 - Epinephrine
 - Dipivefrin
- CAI
 - **Dorzolamide**
 - **Brinzolamide**
 - **Acetazolamide**
- Selective α agonists
 - **Apraclonidine**
 - **Brimonidine**
- Miotics
 - Pilo
- Rho kinase inhibitor
 - **Netarsudil**

Brand Name?

XXXXX

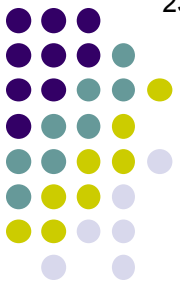
XXXXX

XXXXX

XXXXX

XXXXX

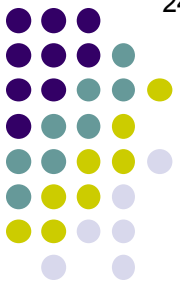
These meds are rarely used anymore (except for pilo in certain situations), so we won't bother with their brand names



A

Ocular Hypotensives: List the common agents

	Brand Name?
• <i>β blockers</i>	
• Timolol	Timoptic
• Betaxolol	XXXXX
• Carteolol	XXXXX
• <i>Prostaglandin analogues</i>	
• Latanaprost	Xalatan
• Travaprost	Travatan
• Bimataprost	Lumigan
• <i>Nonselective α/β agonist</i>	
• Epinephrine	XXXXX
• Dipivefrin	XXXXX
• <i>CAI</i>	
• Dorzolamide	Trusopt
• Brinzolamide	Azopt
• Acetazolamide	Diamox
• <i>Selective α agonists</i>	
• Apraclonidine	Iopidine
• Brimonidine	Alphagan
• <i>Miotics</i>	
• Pilo	XXXXX
• <i>Rho kinase inhibitor</i>	
• Netarsudil	Rhopressa

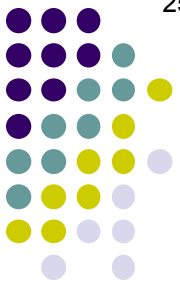


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 - Brimonidine
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
 - Netarsudil

What is the name of the equation that describes the factors determining IOP?



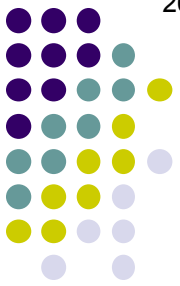
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What is the name of the equation that describes the factors determining IOP?

The Goldmann equation



Q

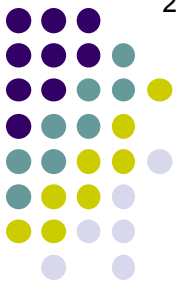
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- Rho kinase inhibitor
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What is the name of the equation that describes the factors determining IOP?

The Goldmann equation

What is the Goldmann equation? (Meaning, write it out)



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Ocular Hypotensives: List the common agents

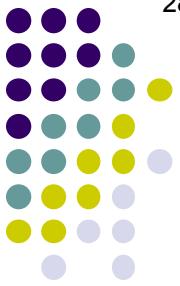
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The Goldmann equation

What is the Goldmann equation? (Meaning, write it out)

$$\text{IOP} = \frac{\text{Rate of aqueous formation}}{\text{Rate of aqueous outflow}} + \text{EVP}$$



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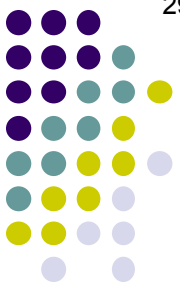
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Note:

- 1) EVP = write it out
- 2) In the interest of simplicity, I fudged a little on the denominator—technically, it's outflow one word, not outflow **rate**



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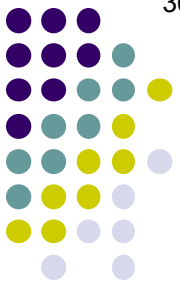
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Note:

- 1) EVP = episcleral venous pressure
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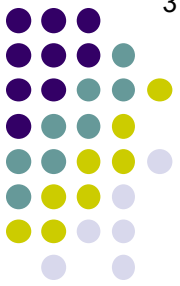
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The Goldmann equation implies three means by which IOP can be lowered. What are they?

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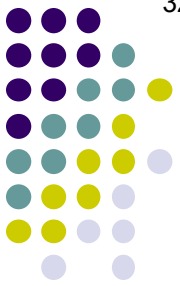
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Note:

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- 2) In the interest of simplicity, I fudged a little on the denominator—technically, it's outflow **facility**, not outflow **rate**

The Goldmann equation implies three means by which IOP can be lowered. What are they?

- Decrease the rate of aqueous formation
- Increase the rate of aqueous outflow
- Decrease episcleral venous pressure



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The Goldmann equation

What is the Goldmann equation? (Meaning, write it out)

$$\text{IOP} = \frac{\text{Rate of aqueous formation}}{\text{Rate of aqueous outflow}} + \text{EVP}$$

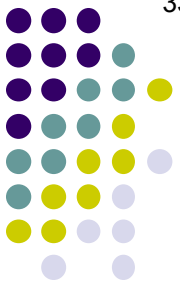
Note:

- 1) EVP = episcleral venous pressure
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The Goldmann equation implies three means by which IOP can be lowered. What are they?

- Decrease the rate of aqueous formation
- Increase the rate of aqueous outflow
- Decrease episcleral venous pressure

*There is another commonly-employed means of decreasing IOP that is **not** implied by the Goldmann equation. What is it?*



Q

Ocular Hypotensives: List the common agents

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimatoprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- *CAI*
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
 - Netarsudil

What is the name of the equation that describes the factors determining IOP?

The Goldmann equation

What is the Goldmann equation? (Meaning, write it out)

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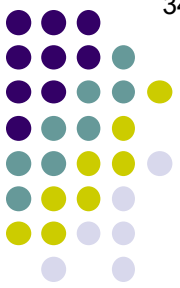
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Dehydration of the vitreous



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What is the name of the equation that describes the factors determining IOP?

The Goldman equation

Where, specifically, is aqueous formed?

Write it out

$$IOP = \frac{\text{Rate of aqueous formation}}{\text{Rate of aqueous outflow}} + EVP$$

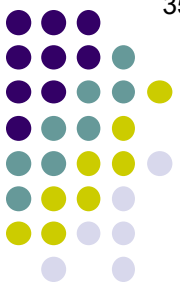
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What is the name of the equation that describes the factors determining IOP?

The Goldmann equation

Where, specifically, is aqueous formed?

In the nonpigmented epithelium of the pars plicata portion of the ciliary body

$$IOP = \frac{\text{Rate of aqueous formation}}{\text{Rate of aqueous outflow}} + EVP$$

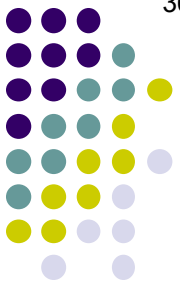
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The Goldmann equation

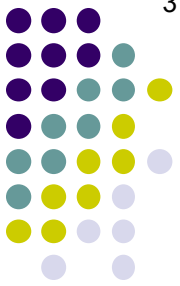
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What are the two types/pathways of aqueous outflow?

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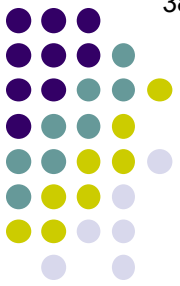
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- Trabecular meshwork (TM)
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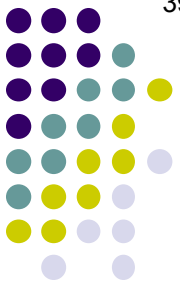
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One of these is referred to as **conventional** outflow; the other, **unconventional**. Which is which?

- TM =
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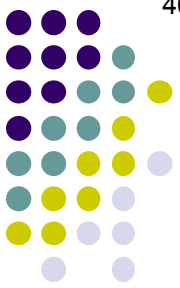
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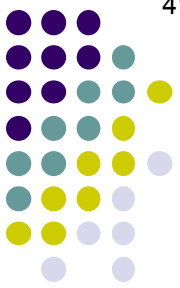
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One outflow pathway is pressure **dependent**; the other, pressure **independent**. Which is which?

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*Of the three means implied by the Goldmann equation, how do **β blockers** lower IOP? (Note: It could be more than one)*

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By decreasing the rate of aqueous formation

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By decreasing the rate of aqueous formation

By what mechanism do they reduce aqueous formation?

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*Of the three means implied by the Goldmann equation, how do **β blockers** lower IOP? (Note: It could be more than one)*

By decreasing the rate of aqueous formation

By what mechanism do they reduce aqueous formation?

By inhibiting production of cAMP in the ciliary epithelium

Q

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*Of the three means implied by the Goldmann equation, how do **β blockers** lower IOP? (Note: It could be more than one)*

By decreasing the rate of aqueous formation

By what mechanism do they reduce aqueous formation?

By inhibiting production of cAMP in the ciliary epithelium

By how much do they lower IOP?

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- Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **β blockers** lower IOP? (Note: It could be more than one)*

By decreasing the rate of aqueous formation

By what mechanism do they reduce aqueous formation?

By inhibiting production of cAMP in the ciliary epithelium

By how much do they lower IOP?

20-30%

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*Of the three means implied by the Goldmann equation, how do **PGAs** lower IOP? (Note: It could be more than one)*

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- Decrease the rate of aqueous formation
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By increasing the rate of aqueous outflow

Q

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The Goldmann equation implies three means by which IOP can be lowered. What are they?

- Decrease the rate of aqueous formation
- Increase the rate of aqueous outflow**
- Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **PGAs** lower IOP? (Note: It could be more than one)*

By increasing the rate of **aqueous outflow**

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

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By increasing the rate of **aqueous outflow**

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?
Mainly via the **U/S pathway**

Q

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By what mechanism do they increase U/S outflow?

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By increasing the rate of aqueous outflow

By what mechanism do they increase U/S outflow?

It is unknown at this time

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By how much do they lower IOP?

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 - **Bimataprost**
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- *CAI*
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
 - Netarsudil

$$IOP = \frac{\text{Rate of aqueous formation}}{\text{Rate of aqueous outflow}} + EVP$$

The Goldmann equation implies three means by which IOP can be lowered. What are they?

- Decrease the rate of aqueous formation
- Increase the rate of aqueous outflow**
- Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **PGAs** lower IOP? (Note: It could be more than one)*

By increasing the rate of aqueous outflow

By what mechanism do they increase U/S outflow?

It is unknown at this time

By how much do they lower IOP?

25-33%

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimatoprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- **CAI**
 - **Dorzolamide**
 - **Brinzolamide**
 - **Acetazolamide**
- *Selective α agonists*
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The Goldmann equation implies three means by which IOP can be lowered. What are they?

- Decrease the rate of aqueous formation
- Increase the rate of aqueous outflow
- Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **CAIs** lower IOP? (Note: It could be more than one)*

A

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimatoprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- **CAI**
 - **Dorzolamide**
 - **Brinzolamide**
 - **Acetazolamide**
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
 - Netarsudil

$$\text{IOP} = \frac{\text{Rate of aqueous formation}}{\text{Rate of aqueous outflow}} + \text{EVP}$$

The Goldmann equation implies three means by which IOP can be lowered. What are they?

--Decrease the rate of aqueous formation

--Increase the rate of aqueous outflow

--Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **CAIs** lower IOP? (Note: It could be more than one)*

By decreasing the rate of aqueous formation

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimatoprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- **CAI**
 - **Dorzolamide**
 - **Brinzolamide**
 - **Acetazolamide**
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
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 - Netarsudil

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The Goldmann equation implies three means by which IOP can be lowered. What are they?

--Decrease the rate of aqueous formation

--Increase the rate of aqueous outflow

--Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **CAIs** lower IOP? (Note: It could be more than one)*

By decreasing the rate of aqueous formation

By what mechanism do they reduce aqueous formation?

A

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
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--Decrease the rate of aqueous formation

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--Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **CAIs** lower IOP? (Note: It could be more than one)*

By decreasing the rate of aqueous formation

By what mechanism do they reduce aqueous formation?

By inhibiting the enzyme carbonic anhydrase

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
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By decreasing the rate of aqueous formation

By what mechanism do they reduce aqueous formation?

By inhibiting the enzyme carbonic anhydrase

By how much do they lower IOP?

A

Ocular Hypotensives

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*Of the three means implied by the Goldmann equation, how do **CAIs** lower IOP? (Note: It could be more than one)*

By decreasing the rate of aqueous formation

By what mechanism do they reduce aqueous formation?

By inhibiting the enzyme carbonic anhydrase

By how much do they lower IOP?

15-20%

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
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*Of the three means implied by the Goldmann equation, how do **selective α agonists** lower IOP? (Note: It could be more than one)*

Q/A

Ocular Hypotensives

- *β blockers*
 - Timolol
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*Of the three means implied by the Goldmann equation, how do **selective α agonists** lower IOP? (Note: It could be more than one)*

Both meds decrease aqueous formation *and* increase outflow. Additionally, apra vs brimo reduces EVP.

A

Ocular Hypotensives

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 - Betaxolol
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Q

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By what mechanism do they reduce aqueous formation?
This is not addressed in the BCSC

Q

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This is not addressed in the BCSC

By what mechanism do they increase aqueous outflow?

Q/A

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By what mechanism do they reduce aqueous formation?
This is not addressed in the BCSC

By what mechanism do they increase aqueous outflow?

- Apraclonidine increases outflow
- Brimonidine increases outflow

A

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
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*Of the three means implied by the Goldmann equation, how do **selective α agonists** lower IOP? (Note: It could be more than one)*

Both meds decrease aqueous formation *and* increase outflow. Additionally, apraclonidine reduces EVP.

By what mechanism do they reduce aqueous formation?
This is not addressed in the BCSC

By what mechanism do they increase aqueous outflow?
--Apraclonidine increases TM outflow
--Brimonidine increases U/S outflow

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
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- Increase the rate of aqueous outflow
- Decrease episcleral venous pressure (*apra*)

*Of the three means implied by the Goldmann equation, how do **selective α agonists** lower IOP? (Note: It could be more than one)*

Both meds decrease aqueous formation *and* increase outflow. Additionally, apraclonidine reduces EVP.

By what mechanism do they reduce aqueous formation?
This is not addressed in the BCSC

By what mechanism do they increase aqueous outflow?

- Apraclonidine** increases **TM** outflow
- Brimonidine** increases **U/S** outflow

Mnemonic for remembering their outflow pathways:

Apraclonidine: 'ATM'

Brimonidine: 'BUS'

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
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 - Travaprost
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- Increase the rate of aqueous outflow
- Decrease episcleral venous pressure (*apra*)

*Of the three means implied by the Goldmann equation, how do **selective α agonists** lower IOP? (Note: It could be more than one)*

Both meds decrease aqueous formation *and* increase outflow. Additionally, apraclonidine reduces EVP.

By what mechanism do they reduce aqueous formation?
This is not addressed in the BCSC

By what mechanism do they increase aqueous outflow?
--Apraclonidine increases TM outflow
--Brimonidine increases U/S outflow

By how much do they lower IOP?

A

Ocular Hypotensives

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 - Timolol
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- Decrease the rate of aqueous formation
- Increase the rate of aqueous outflow
- Decrease episcleral venous pressure (*apra*)

*Of the three means implied by the Goldmann equation, how do **selective α agonists** lower IOP? (Note: It could be more than one)*

Both meds decrease aqueous formation *and* increase outflow. Additionally, apraclonidine reduces EVP.

By what mechanism do they reduce aqueous formation?
This is not addressed in the BCSC

By what mechanism do they increase aqueous outflow?
--Apraclonidine increases TM outflow
--Brimonidine increases U/S outflow

By how much do they lower IOP?
20-30%

Q

Ocular Hypotensives

- *β blockers*
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*Of the three means implied by the Goldmann equation, how do **miotics** lower IOP? (Note: It could be more than one)*

A

Ocular Hypotensives

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$$\text{IOP} = \frac{\text{Rate of aqueous formation}}{\text{Rate of aqueous outflow}} + \text{EVP}$$

The Goldmann equation implies three means by which IOP can be lowered. What are they?

--Decrease the rate of aqueous formation

--**Increase the rate of aqueous outflow**

--Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **miotics** lower IOP? (Note: It could be more than one)*

By increasing the rate of aqueous outflow

Q

Ocular Hypotensives

- *β blockers*
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*Of the three means implied by the Goldmann equation, how do **miotics** lower IOP? (Note: It could be more than one)*

By increasing the rate of aqueous outflow

By what mechanism do they increase outflow?

Q/A

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- Increase the rate of aqueous outflow**
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*Of the three means implied by the Goldmann equation, how do **miotics** lower IOP? (Note: It could be more than one)*

By increasing the rate of aqueous outflow

By what mechanism do they increase outflow?

They stimulate contraction of the direction portion of the muscle.

Q/A

Ocular Hypotensives

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- Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **miotics** lower IOP? (Note: It could be more than one)*

By increasing the rate of aqueous outflow

By what mechanism do they increase outflow?

They stimulate contraction of the longitudinal portion of the ciliary muscle.

Q/A

Ocular Hypotensives

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 - Timolol
 - Betaxolol
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*Of the three means implied by the Goldmann equation, how do **miotics** lower IOP? (Note: It could be more than one)*

By increasing the rate of aqueous outflow

By what mechanism do they increase outflow?

They stimulate contraction of the longitudinal portion of the ciliary muscle. These muscle fibers attach to the

structure (two words) .

Q/A

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- Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how do **miotics** lower IOP? (Note: It could be more than one)*

By increasing the rate of aqueous outflow

By what mechanism do they increase outflow?

They stimulate contraction of the longitudinal portion of the ciliary muscle. These muscle fibers attach to the scleral spur .

Q/A

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimatoprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- *CAI*
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
- **Miotics**
 - **Pilo**
- *Rho kinase inhibitor*
 - Netarsudil

$$IOP = \frac{\text{Rate of aqueous formation}}{\text{Rate of aqueous outflow}} + EVP$$

The Goldmann equation implies three means by which IOP can be lowered. What are they?

- Decrease the rate of aqueous formation
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They stimulate contraction of the longitudinal portion of the ciliary muscle. These muscle fibers attach to the scleral spur. Tension on the scleral spur produces tightness in the two words, thereby allowing aqueous to egress more efficiently.

Q/A

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tl;dr They increase outflow through the TM pathway

Q

Ocular Hypotensives

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By how much do they lower IOP?

A

Ocular Hypotensives

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They stimulate contraction of the longitudinal portion of the ciliary muscle. These muscle fibers attach to the scleral spur. Tension on the scleral spur produces tightness in the trabecular meshwork, thereby allowing aqueous to egress more efficiently.

By how much do they lower IOP?

15-20%

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
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 - Dorzolamide
 - Brinzolamide
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 - Brimonidine
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A

Ocular Hypotensives

- *β blockers*
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- *Miotics*
 - Pilo
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--Increase the rate of aqueous outflow

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*Of the three means implied by the Goldmann equation, how do **Rho kinase inhibitors** lower IOP? (Note: It could be more than one)*

Primarily by increasing the rate of aqueous outflow (they may also reduce aqueous formation as well as decrease EVP, but these are thought to make minor contributions to their IOP-lowering effect)

Q

Ocular Hypotensives

- *β blockers*
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Primarily by increasing the rate of **aqueous outflow** (they may also reduce aqueous formation as well as decrease contribution of uveoscleral pathway)

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

A

Ocular Hypotensives

- *β blockers*
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 - Betaxolol
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Primarily by increasing the rate of **aqueous outflow** (they may also reduce aqueous formation as well as decrease contribution)

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Mainly via **the TM pathway**

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
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Primarily by increasing the rate of aqueous outflow (they may also reduce aqueous formation as well as decrease EVP, but these are thought to make minor contributions to their IOP-lowering effect)

By what mechanism do they increase TM outflow?

A

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
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Primarily by increasing the rate of aqueous outflow (they may also reduce aqueous formation as well as decrease EVP, but these are thought to make minor contributions to their IOP-lowering effect)

By what mechanism do they increase TM outflow?

By inducing relaxation of cytoskeletal elements found within TM cells

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimataprost
- *Nonselective α/β agonist*
 - Epinephrine
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Primarily by increasing the rate of aqueous outflow (they may also reduce aqueous formation as well as decrease EVP, but these are thought to make minor contributions to their IOP-lowering effect)

By what mechanism do they increase TM outflow?

By inducing relaxation of cytoskeletal elements found within TM cells

By how much do they lower IOP?

A

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
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 - Bimataprost
- *Nonselective α/β agonist*
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Primarily by increasing the rate of aqueous outflow (they may also reduce aqueous formation as well as decrease EVP, but these are thought to make minor contributions to their IOP-lowering effect)

By what mechanism do they increase TM outflow?

By inducing relaxation of cytoskeletal elements found within TM cells

By how much do they lower IOP?

By my reading of the research, in the 20-25% range

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Travaprost
 - Bimataprost
- *Nonselective α/β agonist*
 - Epinephrine
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- *CAI*
 - Dorzolamide
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The Goldmann equation implies three means by which IOP can be lowered. What are they?

- Decrease the rate of aqueous formation
- Increase the rate of aqueous outflow
- Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how does **latanaprostene bunod** lower IOP? (Note: It could be more than one)*

A

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Travaprost
 - Bimataprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- *CAI*
 - Dorzolamide
 - Brinzolamide
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- *Rho kinase inhibitor*
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The Goldmann equation implies three means by which IOP can be lowered. What are they?

- Decrease the rate of aqueous formation
- Increase the rate of aqueous outflow**
- Decrease episcleral venous pressure

Of the three means implied by the Goldmann equation, how does **latanaprostene bunod** lower IOP? (Note: It could be more than one)

By increasing the rate of aqueous outflow

Q

Ocular Hypotensives

- *β blockers*
 - Timolol
 - Betaxolol
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- **Prostaglandin analogues**
 - *Latanaprostene bunod*
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- Increase the rate of aqueous outflow**
- Decrease episcleral venous pressure

*Of the three means implied by the Goldmann equation, how does **latanaprostene bunod** lower IOP? (Note: It could be more than one)*

By increasing the rate of **aqueous outflow**

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

A

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- *β blockers*
 - Timolol
 - Betaxolol
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By increasing the rate of **aqueous outflow**

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

Q

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Via **both**

How does manage to affect both outflow pathways?

Q/A

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Travaprost
 - Bimatoprost
- α/β agonists
 - Epinephrine
 - Dipivefrin
- CAI
 - Dorzolamide
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 - Apraclonidine
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?

?

By increasing the rate of **aqueous outflow**

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

How does it manage to affect both outflow pathways?

The latanaprostene bunod molecule is cleaved into two moieties: and .

A

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Travaprost
 - Bimatoprost
- **Latanaprost** α/β agonist
 - Epinephrine
 - Dipivefrin
- CAI
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
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 - Pilo
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Of the three means implied by the Goldmann equation, how does **latanaprostene bunod** lower IOP? (Note: It could be more than one)

Nitric oxide

aqueous outflow

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

How does it manage to affect both outflow pathways?

The latanaprostene bunod molecule is cleaved into two moieties: **latanaprost** and **nitric oxide (NO)**.

Q/A

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Travaprost
 - Bimatoprost
- **Latanaprost**
 - α/β agonist
 - Epinephrine
 - Dipivefrin
 - U/S vs TM
- **Nitric oxide**
 - U/S vs TM
- Dorzolamide
- Brinzolamide
- Acetazolamide
- **Selective α agonists**
 - Apraclonidine
 - Brimonidine
- **Miotics**
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Of the three means implied by the Goldmann equation, how does *latanaprostene bunod* lower IOP? (Note: It could be more than one)

By increasing the rate of **aqueous outflow**

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

How does it manage to affect both outflow pathways?

The latanaprostene bunod molecule is cleaved into two moieties: **latanaprost** and **nitric oxide (NO)**. In turn, these increase and outflow, respectively.

A

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Travaprost
 - Bimatoprost
- **Latanaprost**
 - Epinephrine
 - Dipivefrin
- **Nitric oxide**
 - Dorzolamide
 - Brinzolamide
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- Decrease episcleral venous pressure

Of the three means implied by the Goldmann equation, how does **latanaprostene bunod** lower IOP? (Note: It could be more than one)

Latanaprost

Nitric oxide

↑ U/S outflow

↑ TM outflow

aqueous outflow

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

How does manage to affect both outflow pathways?

The latanaprostene bunod molecule is cleaved into two moieties: **latanaprost** and **nitric oxide (NO)**. In turn, these increase **U/S** and **TM** outflow, respectively.

Q

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Latanaprost
 - α/β agonist
 - Epinephrine
 - Dipivefrin
 - **↑ U/S outflow**
 - Nitric oxide
 - **↑ TM outflow**
 - Travaprost
 - Bimatoprost
- Dorzolamide
- Brinzolamide
- Acetazolamide
- **Selective α agonists**
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Of the three means implied by the Goldmann equation, how does *latanaprostene bunod* lower IOP? (Note: It could be more than one)

aqueous outflow

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

How does it manage to affect both outflow pathways?

The latanaprostene bunod molecule is cleaved into two moieties: **latanaprost** and **nitric oxide (NO)**. In turn, these increase **U/S** and **TM** outflow, respectively.

How do the constituent moieties accomplish their effects?

--**Latanaprost:**

--**NO**

A

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Latanaprost
 - ↑ U/S outflow
 - Nitric oxide
 - ↑ TM outflow
 - Travaprost
 - Bimatoprost
 - Meprobamate
 - Epinephrine
 - Dipivefrin
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
 - Netarsudil

$$\text{IOP} = \frac{\text{Rate of aqueous formation}}{\text{Rate of aqueous outflow}} + \text{EVP}$$

The Goldmann equation implies three means by which IOP can be lowered. What are they?

- Decrease the rate of aqueous formation
- Increase the rate of aqueous outflow**
- Decrease episcleral venous pressure

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Via **both**

How does it manage to affect both outflow pathways?

The latanaprostene bunod molecule is cleaved into two moieties: **latanaprost** and **nitric oxide (NO)**. In turn, these increase **U/S** and **TM** outflow, respectively.

How do the constituent moieties accomplish their effects?

- Latanaprost**: Mechanism unknown (as noted previously)
- NO**

Q

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Latanaprost
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 - ↑ TM outflow
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 - Bimatoprost
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Via **both**

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How do the constituent moieties accomplish their effects?

- Latanaprost**: Mechanism unknown (as noted previously)
- NO**:

A

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- β blockers
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 - Betaxolol
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The latanaprostene bunod molecule is cleaved into two moieties: **latanaprost** and **nitric oxide (NO)**. In turn, these increase **U/S** and **TM** outflow, respectively.

How do the constituent moieties accomplish their effects?

- Latanaprost**: Mechanism unknown (as noted previously)
- NO**: By inducing relaxation of cytoskeletal elements found within TM cells

Q

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
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Latanaprost

Nitric oxide

↑ U/S outflow

↑ TM outflow

aqueous outflow

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

"By inducing relaxation of cytoskeletal elements found within TM cells"...Where have I heard that before? (No cheating by looking back)

How do the considered molecules accomplish their effects?

- Latanaprost: Mechanism unknown (as noted previously)
- NO: By inducing relaxation of cytoskeletal elements found within TM cells**

- α/β adrenergic agonists
 - Epinephrine
 - Dipivefrin
- α_1 antagonists
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- Selective α_2 agonists
 - Apraclonidine
 - Brimonidine
- Miotics
 - Pilocarpine
- Rho kinase inhibitor
 - Netarsudil

Q/A

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*

Latanaprost

Nitric oxide

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This phrase was used to characterize the mechanism of action of the

How do the considered molecules accomplish their effects?

- Latanaprost: Mechanism unknown (as noted previously)
- NO: By inducing relaxation of cytoskeletal elements found within TM cells**

- Selective α_1 antagonists
 - Apraclonidine
 - Brimonidine
- Miotics
 - Pilocarpine
- Rho kinase inhibitor
 - Netarsudil

A

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
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"By inducing relaxation of cytoskeletal elements found within TM cells"...Where have I heard that before? (No cheating by looking back)

This phrase was used to characterize the mechanism of action of the **Rho kinase inhibitors**

How do the considered molecules accomplish their effects?

--Latanaprost: Mechanism unknown (as noted previously)

--**NO: By inducing relaxation of cytoskeletal elements found within TM cells**

- *Rho kinase inhibitor*
 - Netarsudil

Q

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*

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Latanaprost

Nitric oxide

↑ U/S outflow

↑ TM outflow

aqueous outflow

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

"By inducing relaxation of cytoskeletal elements found within TM cells"...Where have I heard that before? (No cheating by looking back)

This phrase was used to characterize the mechanism of action of the **Rho kinase inhibitors**

Does this mean NO and RhoKIs have the same mechanism of action?

How do the considered molecules accomplish their effects?

--Latanaprost: Mechanism unknown (as noted previously)

--**NO: By inducing relaxation of cytoskeletal elements found within TM cells**

- Selective α_1 antagonists
 - Apraclonidine
 - Brimonidine
- Miotics
 - Pilocarpine
- Rho kinase inhibitor
 - Netarsudil

A

Ocular Hypotensives

- β blockers
 - Timolol
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- Decrease episcleral venous pressure

Of the three means implied by the Goldmann equation, how does *latanaprostene bunod* lower IOP? (Note: It could be more than one)

Latanaprost

Nitric oxide

↑ U/S outflow

↑ TM outflow

aqueous outflow

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

"By inducing relaxation of cytoskeletal elements found within TM cells"...Where have I heard that before? (No cheating by looking back)

This phrase was used to characterize the mechanism of action of the **Rho kinase inhibitors**

Does this mean NO and RhoKIs have the same mechanism of action?

In one sense yes—they both interfere with the Rho signaling cascade that stiffens cytoskeletal elements. However, the two agents act at very different points in that signaling cascade.

How do the considered medicines accomplish their effects?

--Latanaprost: Mechanism unknown (as noted previously)

--**NO: By inducing relaxation of cytoskeletal elements found within TM cells**

- Miotics
 - Pilo
- Rho kinase inhibitor
 - Netarsudil

Q

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Travaprost
 - Bimatoprost
- **Latanaprost**
 - Epinephrine
 - Dipivefrin
- **Nitric oxide**
 - Dorzolamide
 - Brinzolamide
 - Apraclonidine
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- **Miotics**
 - Pilo
- **Rho kinase inhibitor**
 - Netarsudil

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Of the three means implied by the Goldmann equation, how does *latanaprostene bunod* lower IOP? (Note: It could be more than one)

Latanaprost

Nitric oxide

↑ U/S outflow

↑ TM outflow

↓ IOP by ?

aqueous outflow

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

By how much does *latanaprostene bunod* lower IOP?

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Of the three means implied by the Goldmann equation, how does *latanaprostene bunod* lower IOP? (Note: It could be more than one)

By increasing the rate of **aqueous outflow**

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

By how much does *latanaprostene bunod* lower IOP? That's not the right question. The right question is, by how much more does it lower IOP *compared to latanaprost alone*?

- Latanaprost**: mechanism unknown (as noted previously)
- NO**: By inducing relaxation of cytoskeletal elements found within TM cells

Q

Ocular Hypotensives

- β blockers
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Of the three means implied by the Goldmann equation, how does *latanaprostene bunod* lower IOP? (Note: It could be more than one)

By increasing the rate of **aqueous outflow**

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

By how much does *latanaprostene bunod* lower IOP? That's not the right question. The right question is, by how much more does it lower IOP compared to *latanaprost* alone?

OK then, by how much more does it lower IOP compared to *latanaprost* alone?

- Latanaprost**: mechanism unknown (as noted previously)
- NO**: By inducing relaxation of cytoskeletal elements found within TM cells

↓ IOP mmHg vs *latanaprost* alone

A

Ocular Hypotensives

- β blockers
 - Timolol
 - Betaxolol
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- **Prostaglandin analogues**
 - *Latanaprostene bunod*
 - Latanaprost
 - ↑ U/S outflow
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aqueous outflow

Does it increase outflow via the conventional (TM) pathway, or the unconventional (U/S) pathway?

Via **both**

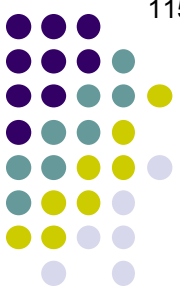
By how much does *latanaprostene bunod* lower IOP? That's not the right question. The right question is, by how much more does it lower IOP compared to *latanaprost* alone?

OK then, by how much more does it lower IOP compared to *latanaprost* alone?

By about 1 mmHg

- Latanaprost*: mechanism unknown (as noted previously)
- NO**: By inducing relaxation of cytoskeletal elements found within TM cells

↓ IOP 1.2 mmHg vs *latanaprost* alone



Q

Ocular Hypotensives: List the common agents

- **β blockers**

- Timolol
- Betaxolol
- Carteolol

- **Prostaglandin analogues**

- Latanaprost
- Travaprost
- Bimataprost

- *Nonselective α/β agonist*

- Epinephrine
- Dipivefrin

- **CAI**

- Dorzolamide
- Brinzolamide
- Acetazolamide

(Rank the topical formulations)

- **Selective α agonists**

- Apraclonidine
- Brimonidine

- *Miotics*

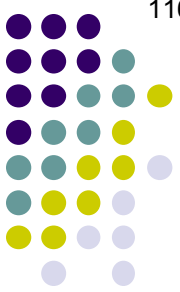
- Pilo

- *Rho kinase inhibitor*

- Netarsudil

Rank these four commonly-used drug classes in terms of their IOP-lowering efficacy:

- 1)
- 2)
- 3)
- 4)



A

Ocular Hypotensives: List the common agents

- **β blockers**

- Timolol
- Betaxolol
- Carteolol

- **Prostaglandin analogues**

- Latanaprost
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- *Nonselective α/β agonist*

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- Dorzolamide
- Brinzolamide
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- **Selective α agonists**

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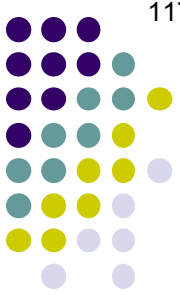
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- *Rho kinase inhibitor*

- Netarsudil

Rank these four commonly-used drug classes in terms of their IOP-lowering efficacy:

- 1) PGAs
- 2) Beta blockers
- 3) Selective α agonists
- 4) CAIs



Q

Ocular Hypotensives: List the common agents

- **β blockers**

- Timolol
- Betaxolol
- Carteolol

- **Prostaglandin analogues**

- Latanaprost
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Rank these four commonly-used drug classes in terms of their IOP-lowering efficacy:

- 1) **PGAs**
- 2) **Beta blockers**
- 3) Selective α agonists
- 4) CAIs

Give two reasons the PGAs beat the β blockers:

- 1)
- 2)



A/Q

Ocular Hypotensives: List the common agents

- **β blockers**

- Timolol
- Betaxolol
- Carteolol

- **Prostaglandin analogues**

- Latanaprost
- Travaprost
- Bimataprost

- *Nonselective α/β agonist*

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- *CAI*

- Dorzolamide
- Brinzolamide
- Acetazolamide

- *Selective α agonists*

- Apraclonidine
- Brimonidine

- *Miotics*

- Pilo

- *Rho kinase inhibitor*

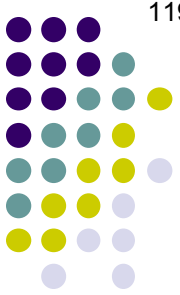
- Netarsudil

Rank these four commonly-used drug classes in terms of their IOP-lowering efficacy:

- 1) **PGAs**
- 2) **Beta blockers**
- 3) Selective α agonists
- 4) CAIs

Give two reasons the PGAs beat the β blockers:

- 1) Slightly better IOP reduction on average
- 2) Better 24^o IOP control (β blocker efficacy drops during 'acxativity')



A

Ocular Hypotensives: List the common agents

- **β blockers**

- Timolol
- Betaxolol
- Carteolol

- **Prostaglandin analogues**

- Latanaprost
- Travaprost
- Bimataprost

- *Nonselective α/β agonist*

- Epinephrine
- Dipivefrin

- *CAI*

- Dorzolamide
- Brinzolamide
- Acetazolamide

- *Selective α agonists*

- Apraclonidine
- Brimonidine

- *Miotics*

- Pilo

- *Rho kinase inhibitor*

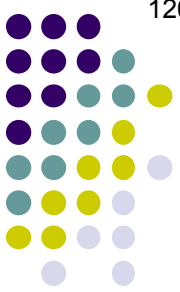
- Netarsudil

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- 1) **PGAs**
- 2) **Beta blockers**
- 3) Selective α agonists
- 4) CAIs

Give two reasons the PGAs beat the β blockers:

- 1) Slightly better IOP reduction on average
- 2) Better 24° IOP control (β blocker efficacy drops during sleep)



Ocular Hypotensives: List the common agents

- **β blockers**
 - Timolol
 - Betaxolol
 - Carteolol
- **Prostaglandin analogues**
 - Latanaprost
 - Travaprost
 - Bimataprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- *CAI*
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- *Selective α agonists*
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 - Brimonidine
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
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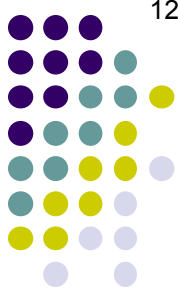
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- 1) **PGAs**
- 2) **Beta blockers**
- 3) Selective α agonists
- 4) CAIs

Give two reasons the PGAs beat the β blockers:

- 1) Slightly better IOP reduction on average
- 2) Better 24^o IOP control (**β blocker efficacy drops during sleep**)

This is why the second dose should be instilled a number of hours before bedtime!



Q

Ocular Hypotensives: List the common agents

- **β blockers**

- Timolol
- Betaxolol
- Carteolol

- **Prostaglandin analogues**

- Latanaprost
- Travaprost
- Bimataprost

- Nonselective α/β agonist

- Epinephrine
- Dipivefrin

- CAI

- Dorzolamide
- Brinzolamide
- Acetazolamide

- Selective α agonists

- Apraclonidine
- Brimonidine

- Miotics

- Pilo

- Rho kinase inhibitor

- Netarsudil

Rank these four commonly-used drug classes in terms of their IOP-lowering efficacy:

1) PGAs

2) **Beta blockers**

3) **Selective α agonists**

OK, but why are the β blockers ranked ahead of the selective α agonists? As I recall, both reduce IOP in the 20-30% range.

during sleep)

Q/A

Ocular Hypotensives: List the common agents

- **β blockers**

- Timolol
- Betaxolol
- Carteolol

- **Prostaglandin analogues**

- Latanaprost
- Travaprost
- Bimataprost

- Nonselective α/β agonist

- Epinephrine
- Dipivefrin

- CAI

- Dorzolamide
- Brinzolamide
- Acetazolamide

- Selective α agonists

- Apraclonidine
- Brimonidine

- Miotics

- Pilo

- Rho kinase inhibitor

- Netarsudil

Rank these four commonly-used drug classes in terms of their IOP-lowering efficacy:

1) PGAs

2) **Beta blockers**

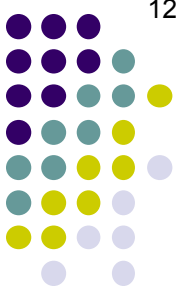
3) **Selective α agonists**

OK, but why are the β blockers ranked ahead of the selective α agonists? As I recall, both reduce IOP in the 20-30% range.

It's true, their efficacies are equal—at one word. However, the β blockers produce slightly better IOPs at diff word, so they win.

during sleep)





A

Ocular Hypotensives: List the common agents

- **β blockers**

- Timolol
- Betaxolol
- Carteolol

- **Prostaglandin analogues**

- Latanaprost
- Travaprost
- Bimataprost

- Nonselective α/β agonist

- Epinephrine
- Dipivefrin

- CAI

- Dorzolamide
- Brinzolamide
- Acetazolamide

- Selective α agonists

- Apraclonidine
- Brimonidine

- Miotics

- Pilo

- Rho kinase inhibitor

- Netarsudil

Rank these four commonly-used drug classes in terms of their IOP-lowering efficacy:

1) PGAs

2) **Beta blockers**

3) **Selective α agonists**

OK, but why are the β blockers ranked ahead of the selective α agonists? As I recall, both reduce IOP in the 20-30% range.

It's true, their efficacies are equal—at **peak**. However, the β blockers produce slightly better IOPs at **trough**, so they win.

during sleep)

Q

Ocular Hypnotensives: List the common agents

Some drugs are dispensed as fixed-combination meds.
The drugs/classes involved are:

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- Prostaglandin analogues
 - Latanaprost
 - Travaprost
 - Bimatoprost
- Nonselective α/β agonist
 - Epinephrine
 - Dipivefrin
- CAI
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
- Selective α agonists
 - Apraclonidine
 - Brimonidine
- Miotics
 - Pilo
- Rho kinase inhibitor
 - Netarsudil

Class?

Drug?

Drug?

Drug?

Drug?

A

Ocular Hypnotensives: List the common agents

Some drugs are dispensed as fixed-combination meds.
The drugs/classes involved are:

- *β blockers*
 - **Timolol**
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - **Latanaprost**
 - Travaprost
 - Bimatoprost
- *Nonselective α/β agonist*
 - Epinephrine
 - Dipivefrin
- *CAI*
 - **Dorzolamide**
 - **Brinzolamide**
 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - **Brimonidine**
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
 - **Netarsudil**

CAI

(as Brinzolamide)

(as Dorzolamide)

Brimonidine

Timolol

Latanaprost

Netarsudil

Q

Ocular Hypotensives: List the common agents

- β blockers
 - **Timolol**
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- *Rho kinase inhibitor*
 - Netarsudil

Brimonidine

Latanaprost

CAI

(as Brinzolamide)

(as Dorzolamide)

What is the brand name of the Timolol/Dorzolamide combo drop?

Timolol

Netarsudil

A

Ocular Hypotensives: List the common agents

- β blockers
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 - Pilo
- *Rho kinase inhibitor*
 - Netarsudil

Brimonidine

Latanaprost

CAI

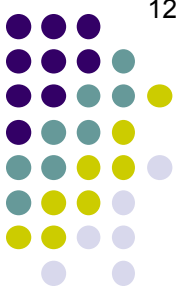
(as Brinzolamide)

(as Dorzolamide)

What is the brand name of
the Timolol/Dorzolamide
combo drop?
Cosopt

Timolol

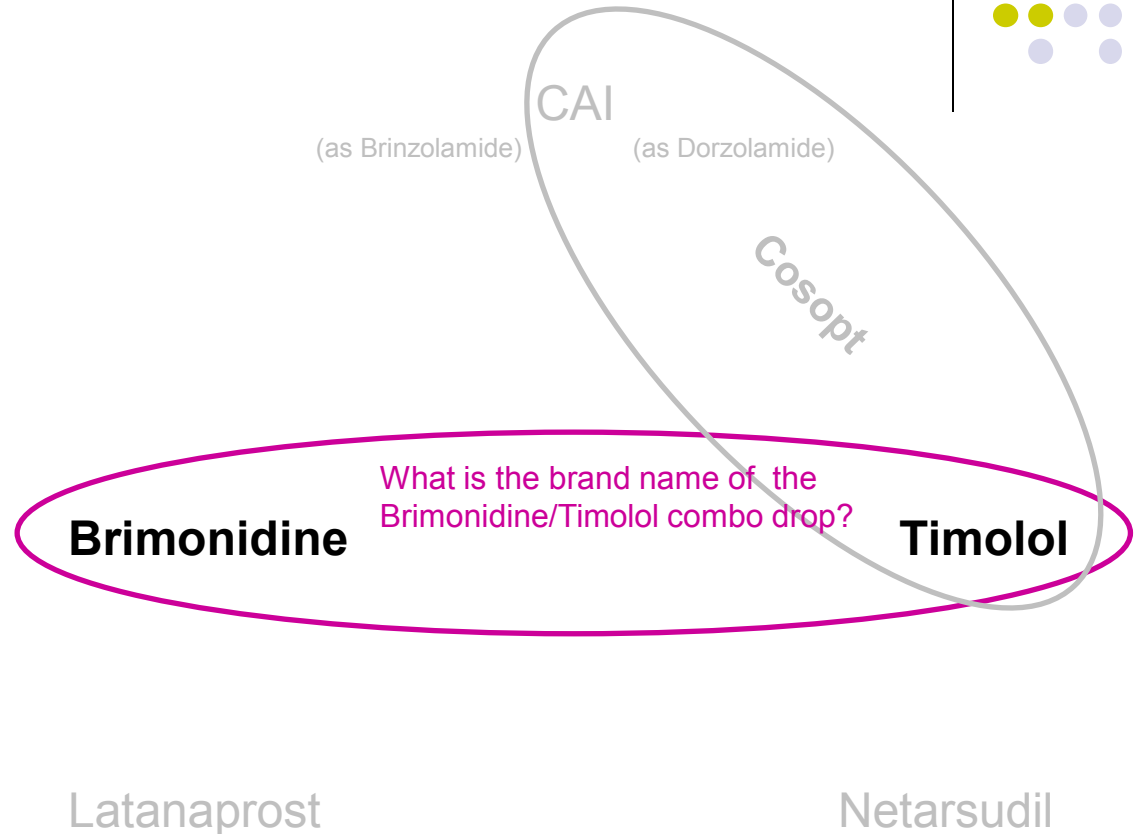
Netarsudil

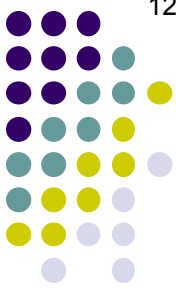


Q

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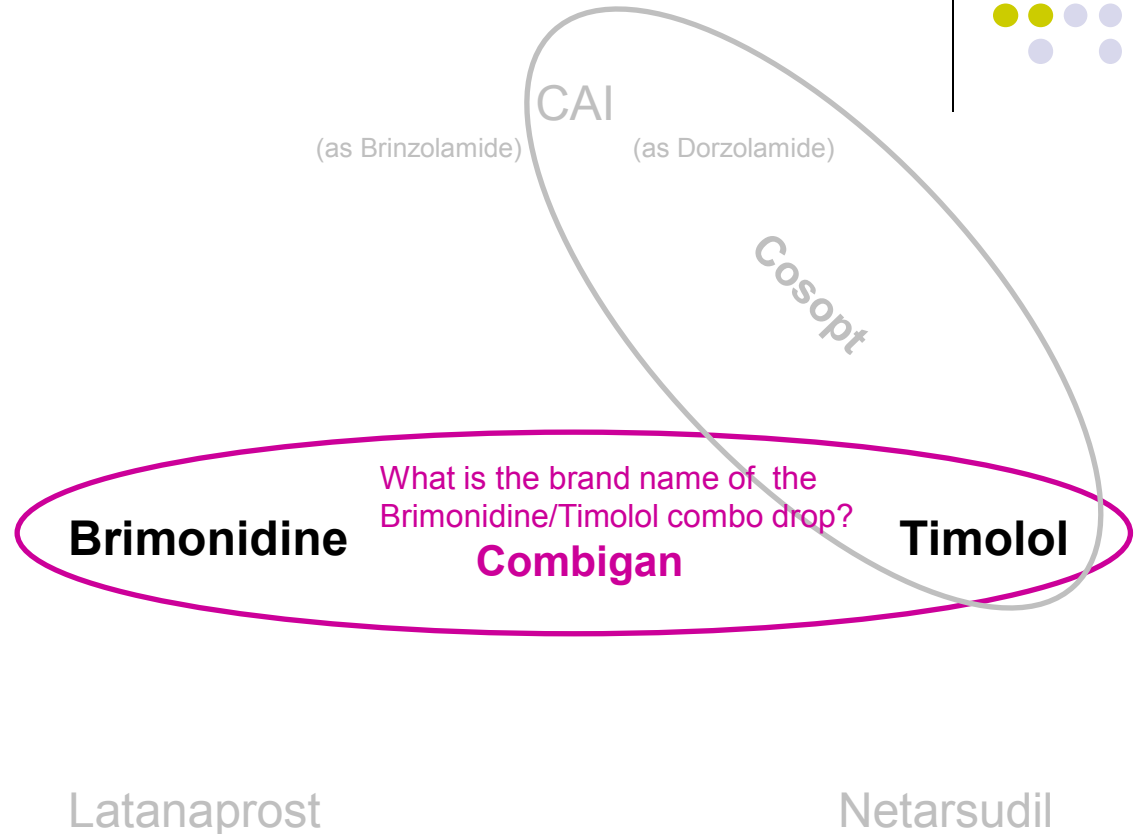


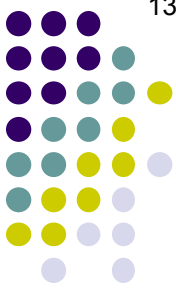


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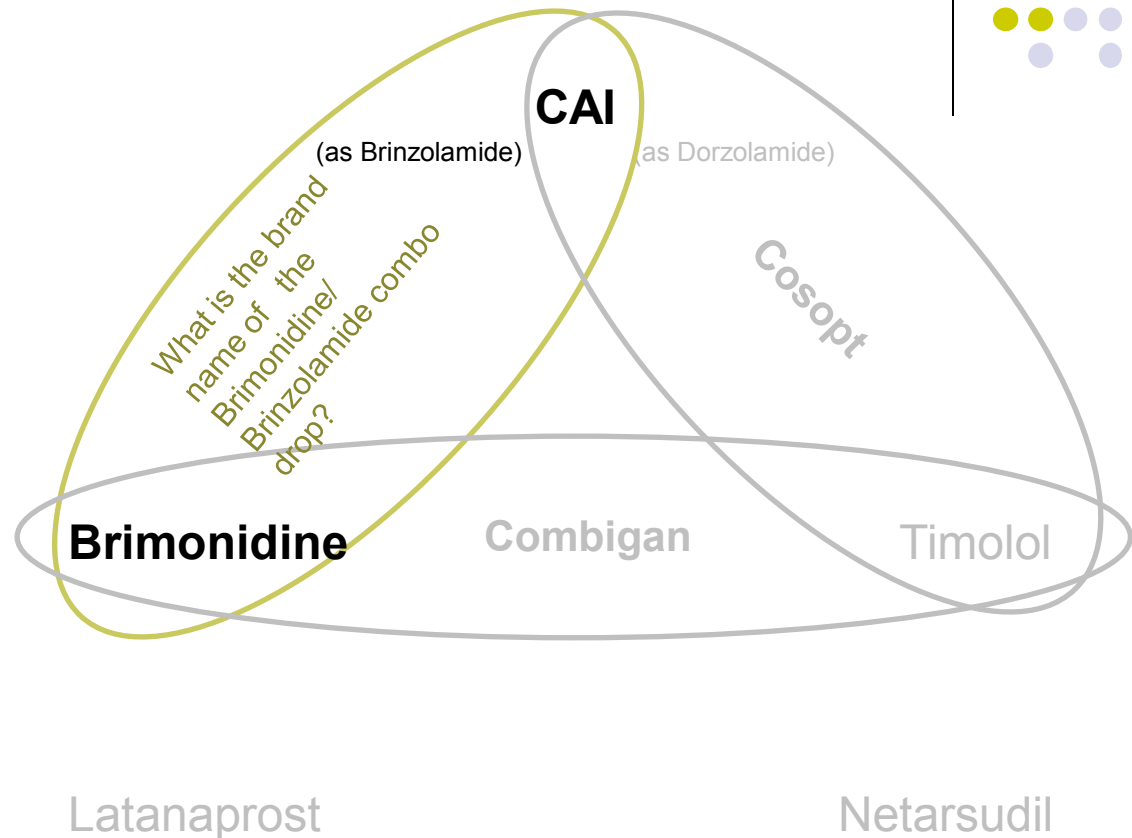




Q

Ocular Hypotensives: List the common agents

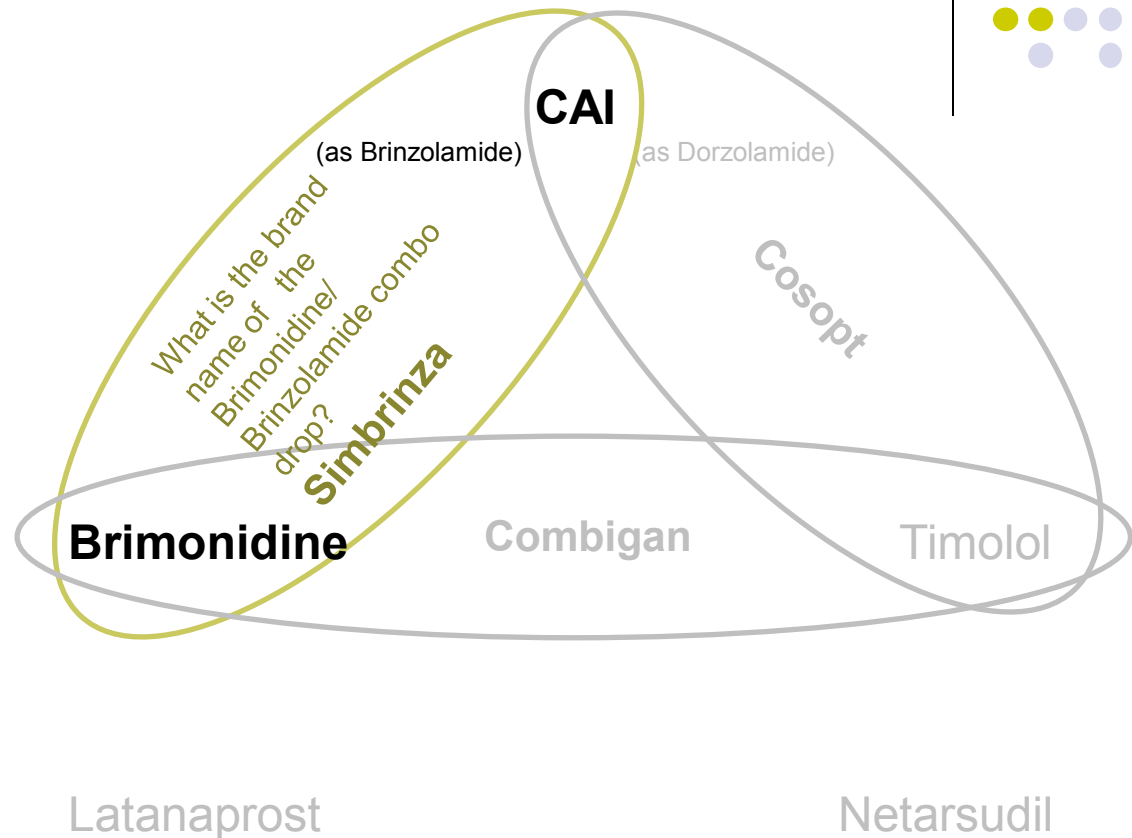
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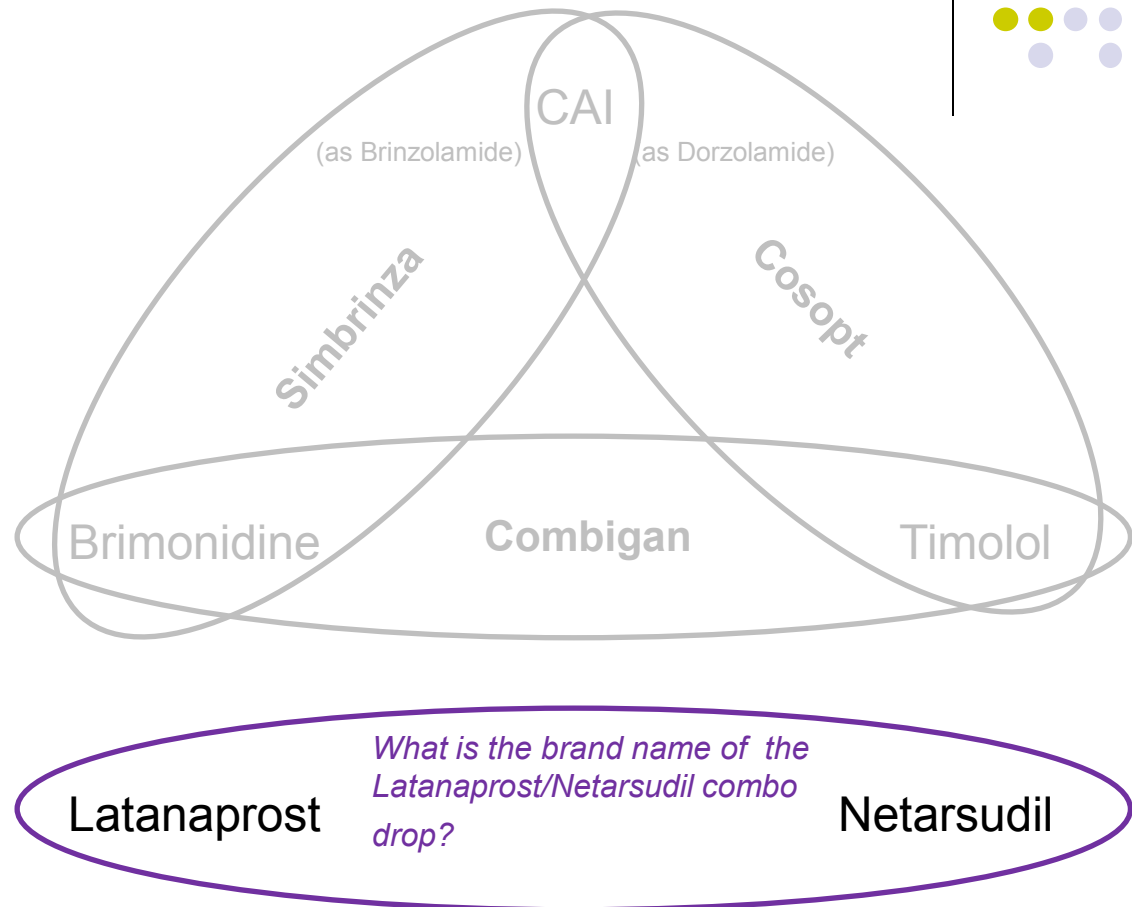
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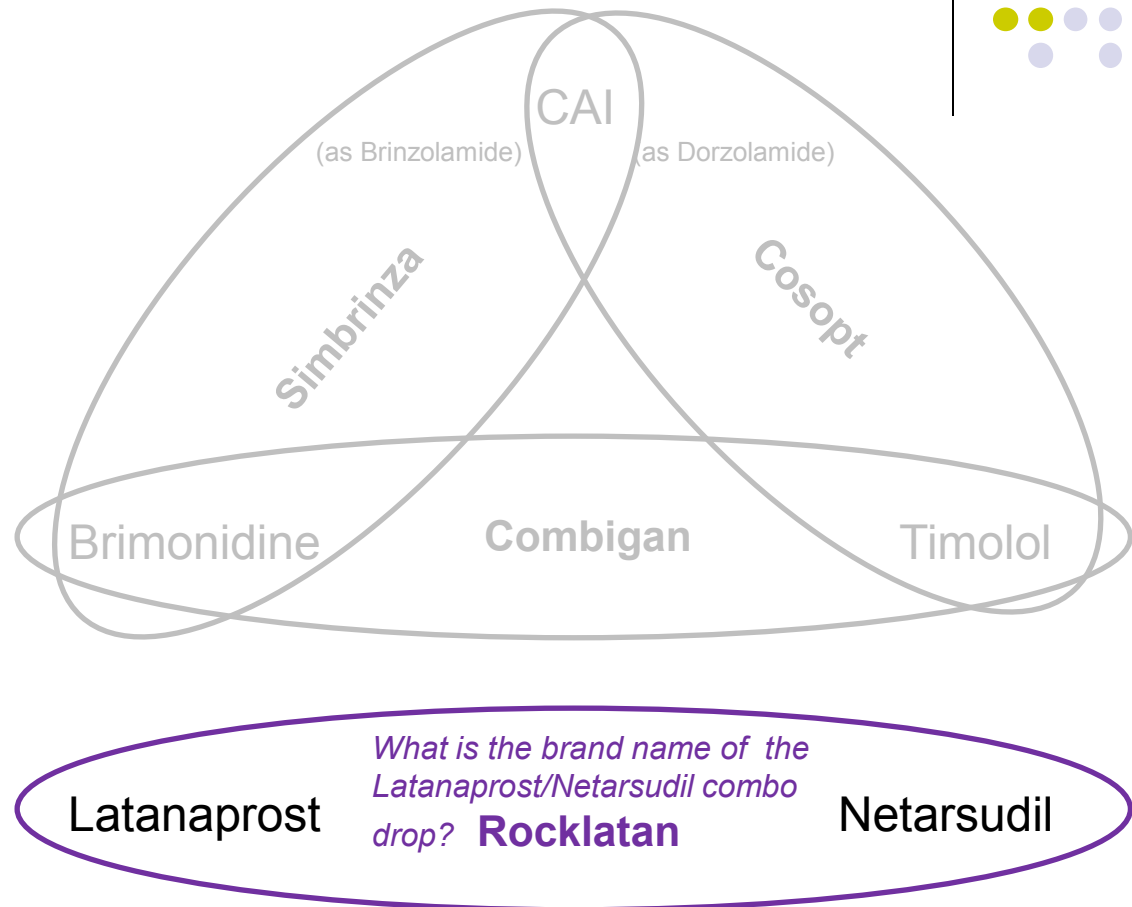
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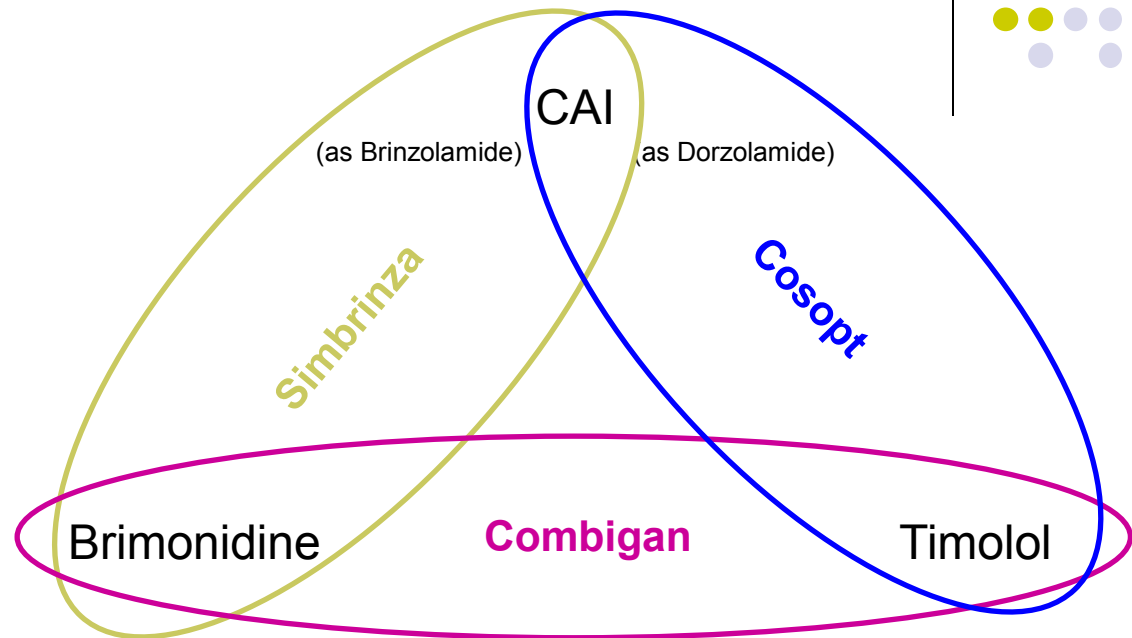
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Q

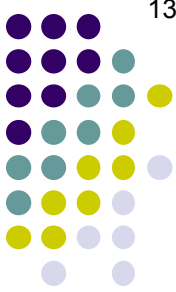
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Give five advantages combo drugs provide over simply using the same meds as separate drops.

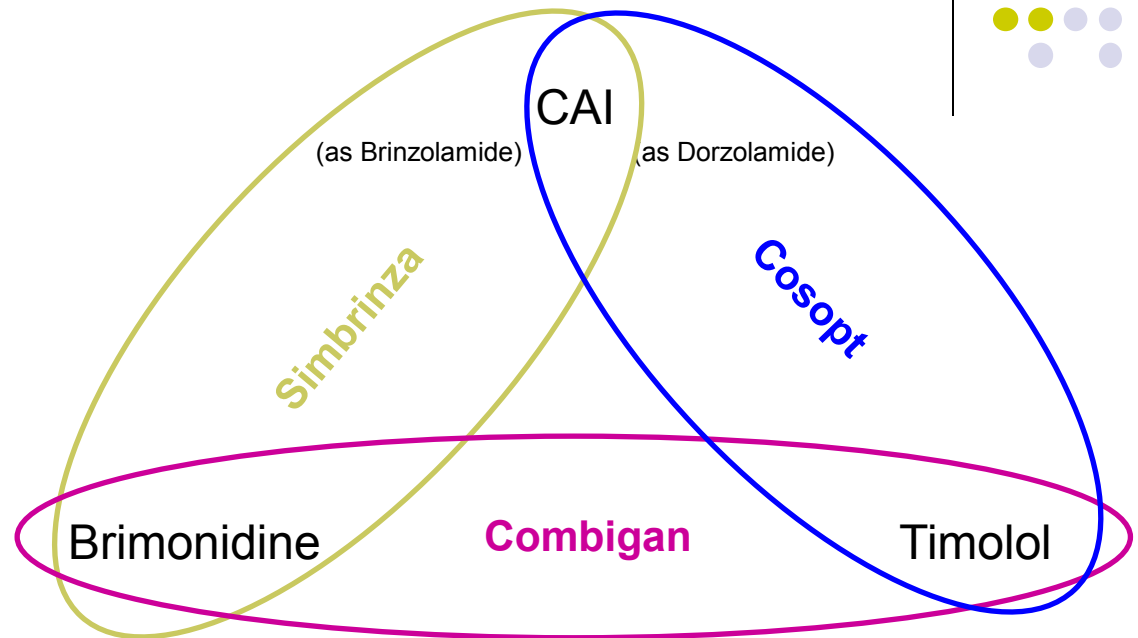
- 1)
- 2))
- 3)
- 4)
- 5)



A

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 - **Netarsudil**



Give five advantages combo drugs provide over simply using the same meds as separate drops.

- 1) Convenience
- 2) Costs less (usually)
- 3) By halving the number of drops, the preservative-load the ocular surface must endure is halved as well, thus making irritation less of an issue
- 4) Improved compliance
- 5) Eliminates washout (ie, when an impatient pt instills their second drop too soon after the first, thereby washing it out)

Q

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What is the standard dosing frequency for latanaprost?

Latanaprost

Rocklatan

Netarsudil

A

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What is the standard dosing frequency for latanaprost?
Daily

Latanaprost

Rocklatan

Netarsudil

Q

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What is the standard dosing frequency for latanaprost?
Daily

What is the standard dosing frequency for netarsudil?

Latanaprost

Rocklatan

Netarsudil

A

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 - **Netarsudil**

What is the standard dosing frequency for latanaprost?
Daily

What is the standard dosing frequency for netarsudil?
Daily

Latanaprost

Rocklatan

Netarsudil

Q

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- *Rho kinase inhibitor*
 - **Netarsudil**

What is the standard dosing frequency for latanaprost?
Daily

What is the standard dosing frequency for netarsudil?
Daily

What is the preferred/recommended time to take latanaprost?

Latanaprost

Rocklatan

Netarsudil



A

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- *Rho kinase inhibitor*
 - **Netarsudil**

What is the standard dosing frequency for latanaprost?
Daily

What is the standard dosing frequency for netarsudil?
Daily

What is the preferred/recommended time to take latanaprost?
Bedtime

Latanaprost

Rocklatan

Netarsudil

Q

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 - **Netarsudil**

What is the standard dosing frequency for latanaprost?
Daily

What is the standard dosing frequency for netarsudil?
Daily

What is the preferred/recommended time to take latanaprost?
Bedtime

What is the preferred/recommended time to take netarsudil?

Latanaprost

Rocklatan

Netarsudil

A

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What is the standard dosing frequency for latanaprost?
Daily

What is the standard dosing frequency for netarsudil?
Daily

What is the preferred/recommended time to take latanaprost?
Bedtime

What is the preferred/recommended time to take netarsudil?
Bedtime

Latanaprost

Rocklatan

Netarsudil

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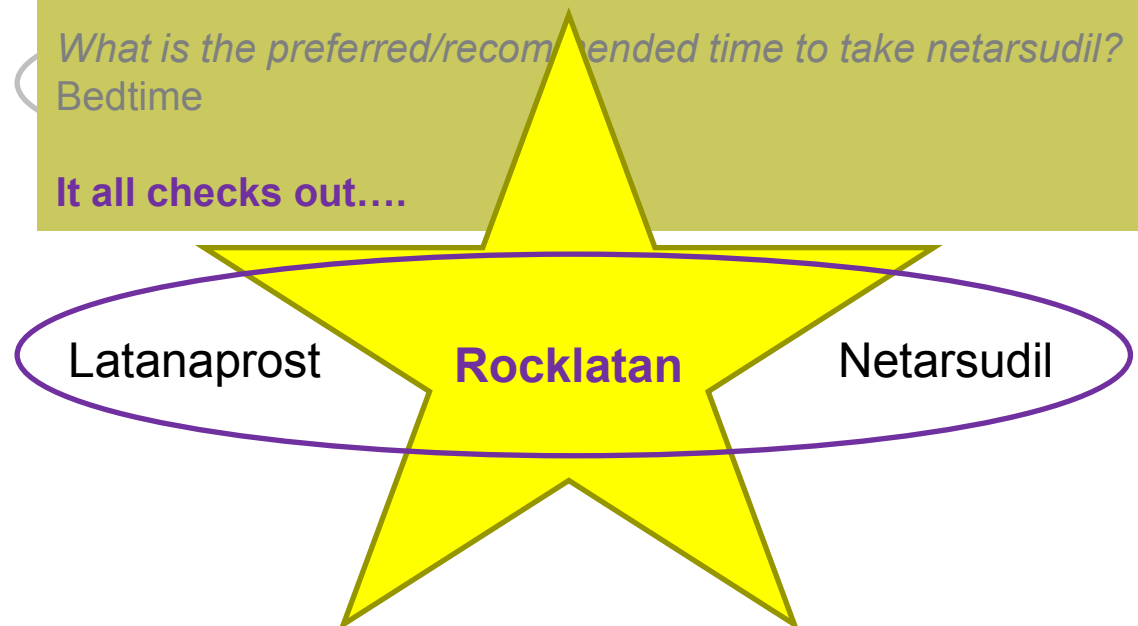
What is the standard dosing frequency for latanaprost?
Daily

What is the standard dosing frequency for netarsudil?
Daily

What is the preferred/recommended time to take latanaprost?
Bedtime

What is the preferred/recommended time to take netarsudil?
Bedtime

It all checks out....



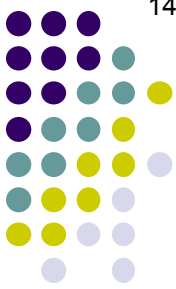
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Which is the only agent FDA-approved for prophylaxing against post-procedure IOP spikes?





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lopidine



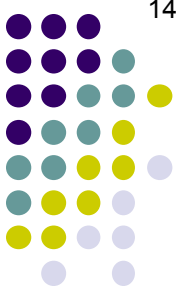
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lopidine works well for this indication, with one exception--in those pts already on a particular hypotensive drop for glaucoma. So if a pt is already on the drop in question, don't bother with the pre-procedure lolidine, as it's not going to work. Which drop are we talking about?



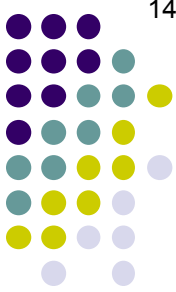
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Brimonidine



Q

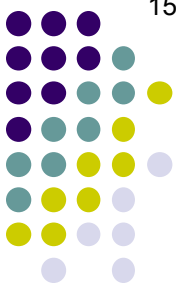
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Brimonidine

*So if a pt is on brimonidine, what drop **should** you use to blunt a post-procedure IOP spike?*



A

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Brimonidine

*So if a pt is on brimonidine, what drop **should** you use to blunt a post-procedure IOP spike?*
Pilo

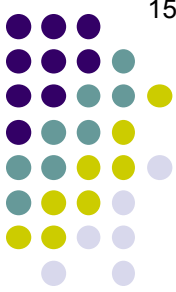
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 - **Pilo**
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Speaking of pilo--besides prophylaxing IOP spikes in pts on brimonidine, in what other situations is it useful?

- 1)
- 2)



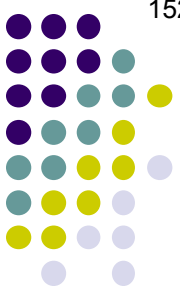
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Speaking of pilo--besides prophylaxing IOP spikes in pts on brimonidine, in what other situations is it useful?

- 1) Managing angle closure
- 2) Deepening the angle in plateau-iris syndrome



Q

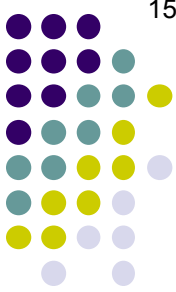
Ocular Hypotensives: List the common agents

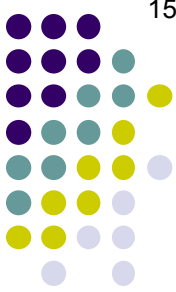
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 - **Pilo**
- *Rho kinase inhibitor*
 - Netarsudil

Speaking of pilo--besides prophylaxing IOP spikes in pts on brimonidine, in what other situations is it useful?

- 1) Managing angle closure
- 2) Deepening the angle in plateau-iris syndrome

What is the feared side effect of pilo?





A

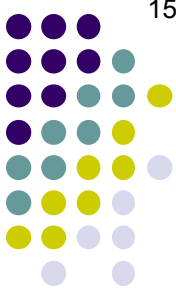
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Retinal tears



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What is the feared side effect of pilo?
Retinal tears

Because of its association with retinal tears, what should be done prior to initiation of (non-emergent) pilo therapy?



A

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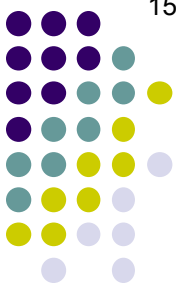
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- 1) Managing angle closure
- 2) Deepening the angle in plateau-iris syndrome

What is the feared side effect of pilo?
Retinal tears

Because of its association with retinal tears, what should be done prior to initiation of (non-emergent) pilo therapy?

A careful retina evaluation

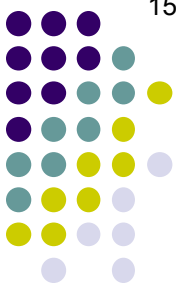


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In the present context, how many subtypes of α receptors are we concerned about?



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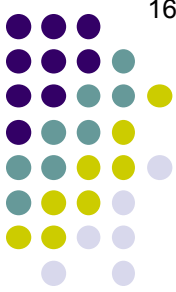
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What are these two α receptor subtypes called?





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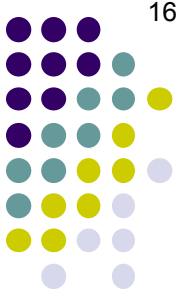
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What are these two α receptor subtypes called?

They are called α_1 and α_2



Q

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With respect to the eyes, what does activation of each subtype produce?

α_1 :

--?

--?

--?

α_2 :

--?

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tors

Q/A

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--Pupil

one word

--Eyelid

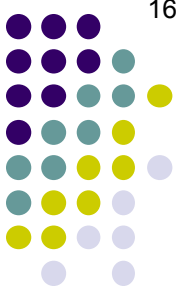
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α_2 :

--?

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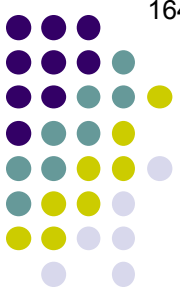
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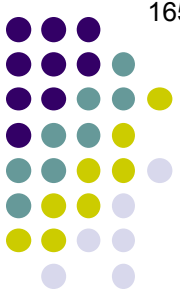
--Reduced

acronym

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tors



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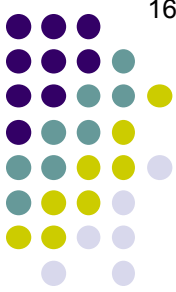
α_2 :

--Reduced IOP

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tors



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Note: The *Glaucoma* book states that **neuroprotection** is another 'possible' effect of α_2 stimulation

- *Nonselective α /*

- Epinephrine
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α_2 :

--Reduced IOP and 'neuroprotection'?

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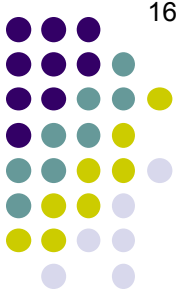
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Note: The *Glaucoma* book states that **neuroprotection** is another 'possible' effect of α_2 stimulation. That said, it doesn't elaborate on this claim, or explain what is meant by 'neuroprotection' (in fact, the term doesn't even appear in the index)

- *Nonselective α_1/α_2 agonists*

- Epinephrine
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--Pupil mydriasis

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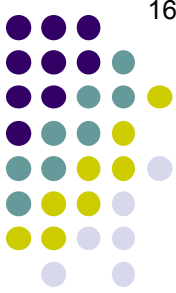
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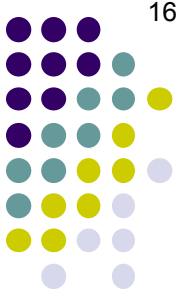
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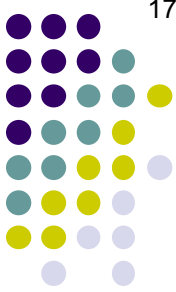
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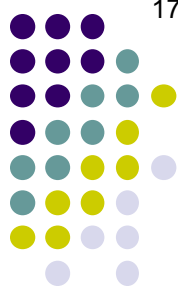
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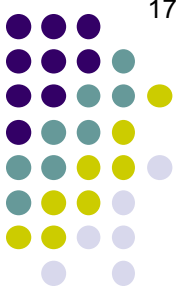
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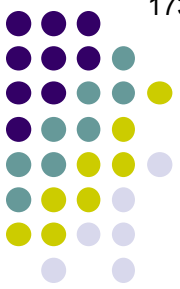


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Which agent is notoriously allergenic?



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Which agent is notoriously allergenic?
lopidine



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How notorious is it, ie, what proportion of pts develop topical sensitivity?

*Which agent is **notoriously** allergenic?*
lopidine



A

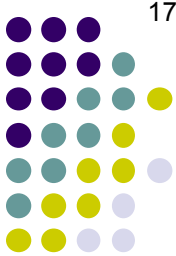
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Iopidine

*There are two classic manifestations of iopidine sensitivity—
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Q/A

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-- of the lid and periorbital skin

-- conjunctivitis



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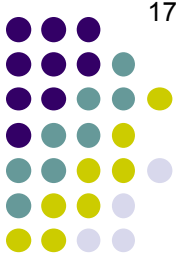
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- Follicular conjunctivitis



Q

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There are two classic manifestations of iopidine sensitivity—what are they?

--Contact dermatitis of the lid and periorbital skin

--**Follicular conjunctivitis**

When you encounter a follicular conjunctivitis, three things (ie, causes) should come to mind. One is reaction to a 'toxin' such as iopidine. What are the other two?

--Toxin

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Q/A

Ocular Hypotensives: List the common agents

- β blockers
 - Timolol
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 - Acetazolamide
- Selective α agonists
 - **Apraclonidine**
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- Miotics
 - Pilo
- Rho kinase inhibitor
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--Chlamydia infection



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(ie, cau **The tendency of a drug to lose effectiveness over time**

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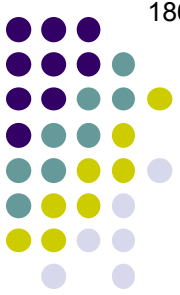
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*As mentioned above, iopidine is not in common usage as a long-term IOP med. Of the meds that **are** commonly used long-term, which is most notoriously allergenic?*



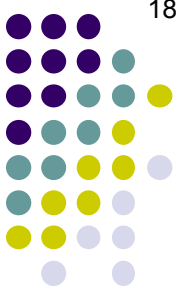
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Brimonidine



Q

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- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- Prostaglandin analogues

- Latanoprost
 - Travoprost
 - Bimatoprost
- Iopidine sensitivity:
- Contact dermatitis of the lid and periorbital skin
 - Follicular conjunctivitis

?

- Nonselective α/β agonist

- Epinephrine
- Dipivefrin

Are the manifestations of brimonidine sensitivity the same as those to iopidine?

- CAI

- Dorzolamide
- Brinzolamide
- Acetazolamide

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Brimonidine

- Selective α agonists

- Apraclonidine
- **Brimonidine**

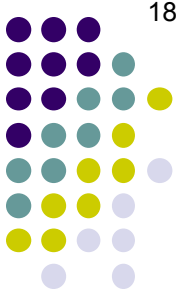
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- Pilo

- Rho kinase inhibitor

- Netarsudil





A

Ocular Hypotensives: List the common agents

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- Prostaglandin analogues

- Latanoprost
 - Travoprost
 - Bimatoprost
- Iopidine sensitivity:
- Contact dermatitis of the lid and periorbital skin
 - Follicular conjunctivitis

Yes

- Nonselective α/β agonist

- Epinephrine
- Dipivefrin

Are the manifestations of brimonidine sensitivity the same as those to iopidine?

- CAI

- Dorzolamide
- Brinzolamide
- Acetazolamide

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Brimonidine

- Selective α agonists

- Apraclonidine
- **Brimonidine**

- Miotics

- Pilo

- Rho kinase inhibitor

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Q

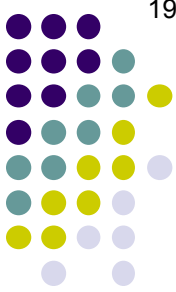
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As mentioned above, iopidine is not in common usage as a long-term IOP med. Of the meds that are commonly used long-term, which is most notoriously allergenic?

Brimonidine

Almost half of iopidine pts develop sensitivity to it. In this regard, how notorious is brimonidine?



A

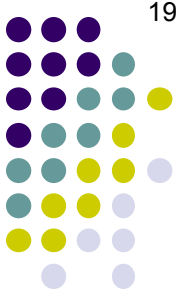
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Brimonidine

Almost half of iopidine pts develop sensitivity to it. In this regard, how notorious is brimonidine? Much less so, although still significant—between 10 and 15%



Q

Ocular Hypotensives: List the common agents

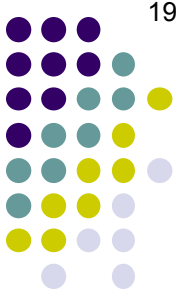
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Brimonidine

*Almost half of **iopidine** pts develop sensitivity to it. In this regard, how notorious is **brimonidine**? Much less so, although still significant—between 10*

If a pt is known to be allergic to iopidine, is it a given that s/he will be allergic to brimonidine?



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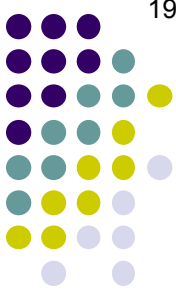
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Surprisingly no—the cross-sensitivity between these meds is minimal

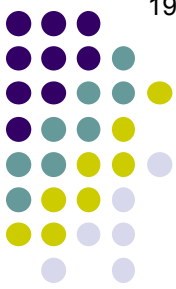


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Which of these is available PO?



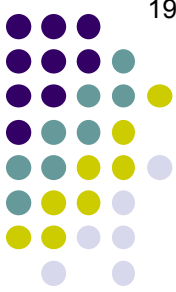
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Acetazolamide and **methazolamide**



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What are the common systemic side effects of PO CAIs?

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Q/A

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What are the common systemic side effects of PO CAIs?

- Malaise/fatigue/depression
- Paresthesias
- Hematologic issues:

two specific issues

- Bitter classic descriptor taste
- Nephrolithiasis



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What are the common systemic side effects of PO CAIs?

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- Hematologic issues:
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 - Thrombocytopenia
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How do the parasthesias typically manifest?

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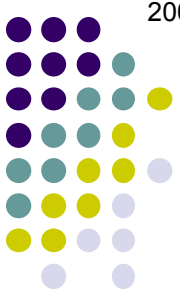
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*Which of these is associated with **topical** CAIs?*





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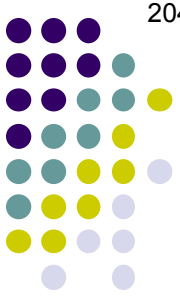
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--**Bitter ('metallic') taste**

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Acetazolamide and **methazolamide**

What are the common systemic side effects of PO CAIs?

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Topical dorzolamide is notorious for a particular adverse effect—what is it?

*Which of these is associated with **topical** CAIs?*



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Which of these is available PO?

Acetazolamide and **methazolamide**

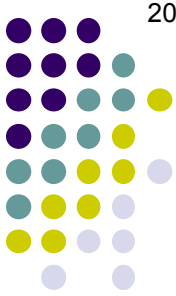
What are the common systemic side effects of PO CAIs?

--Malaise/fatigue/depression

Topical dorzolamide is notorious for a particular adverse effect—what is it?

It stings

*Which of these is associated with **topical** CAIs?*



Q

Ocular Hypotensives: List the common agents

- *β blockers*
 - Timolol
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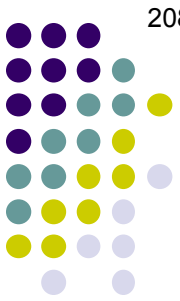
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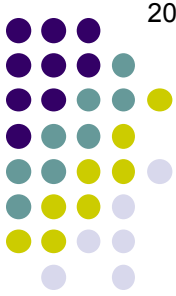
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If a pt balks at making their eye sting 3x/d, what can you do to ease their suffering (other than d/c'ing it)?

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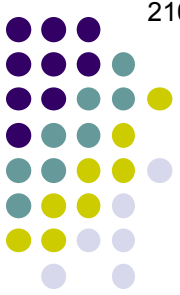
stings

*If a pt balks at making their eye sting 3x/d, what can you do to ease their suffering (other than d/c'ing it)?
Dose it bid (it is nearly as efficacious bid as it is tid)*

Why does it sting?

The vehicle has to be somewhat acidic to keep the medicine in solution

*Which of these is associated with **topical** CAIs?*

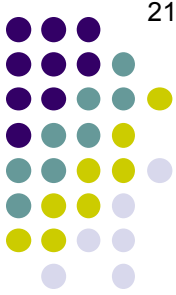


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Which two drugs lowers episcleral venous pressure (EVP)?



A

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lopidine and netarsudil (maybe)

Q

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Are beta blockers known to cause significant ocular side effects?



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Are beta blockers known to cause significant ocular side effects?

No; beta blocker side effects of concern are *systemic*, not ocular



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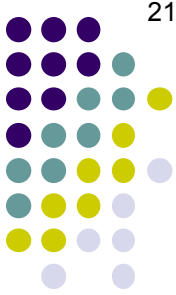
Are beta blockers known to cause significant ocular side effects?

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What systemic side effects are of particular concern?

1)

2)



A

Ocular Hypotensives: List the common agents

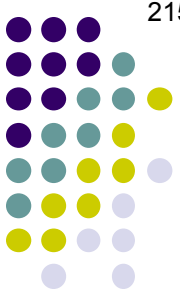
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Are beta blockers known to cause significant ocular side effects?

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What systemic side effects are of particular concern?

- 1) Cardiac arrhythmias (so avoid in pts with cardiac conduction issues, eg, heart block)
- 2) Bronchospasm (so avoid in pts with lung dz, especially COPD and asthma)

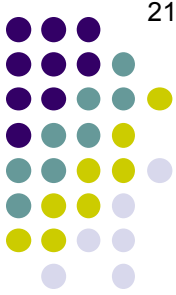


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In population-based studies, which prostaglandin analogue is the most efficacious?

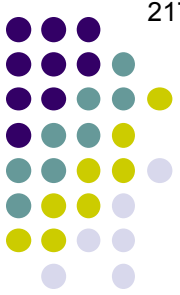


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In population-based studies, which prostaglandin analogue is the most efficacious?
 They are all of very similar efficacy



Q

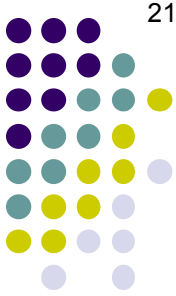
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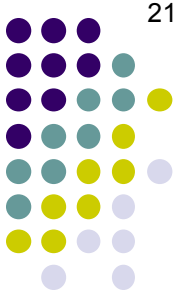
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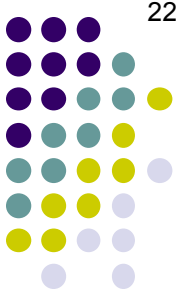
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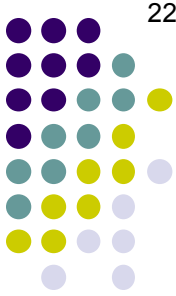
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No! The fact that *aggregated* data fail to find differences in efficacy/tolerability does not mean such differences do not exist *for individual pts*. Thus, if you have a pt who either does not respond to, or is intolerant of, one PGA, you should not give up on the class entirely; rather, consider switching to a different PGA.

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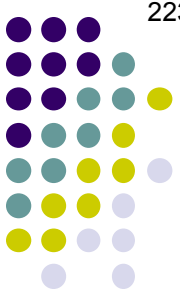
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Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

- 1)
- 2)
- 3)
- 4)
- 5)



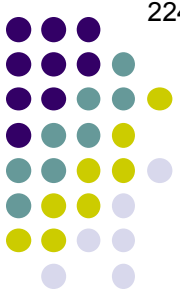
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Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

- 1) *Eyelash growth*
- 2) *Conjunctival hyperemia*
- 3) *Darkening of irides*
- 4) *Cystoid macular edema (CME)*
- 5) *PG-associated periorbitopathy (PAP)*



Q

Ocular Hypotensives: List the common agents

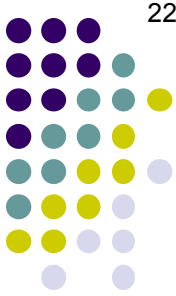
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1) **Eyelash growth**

What's the \$2 term for eyelash growth?





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Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

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*What's the \$2 term for eyelash growth?
'Hypertrichosis'*



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*Other deleterious eyelash changes may occur—
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Trichiasis and distichiasis*



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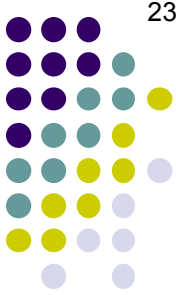
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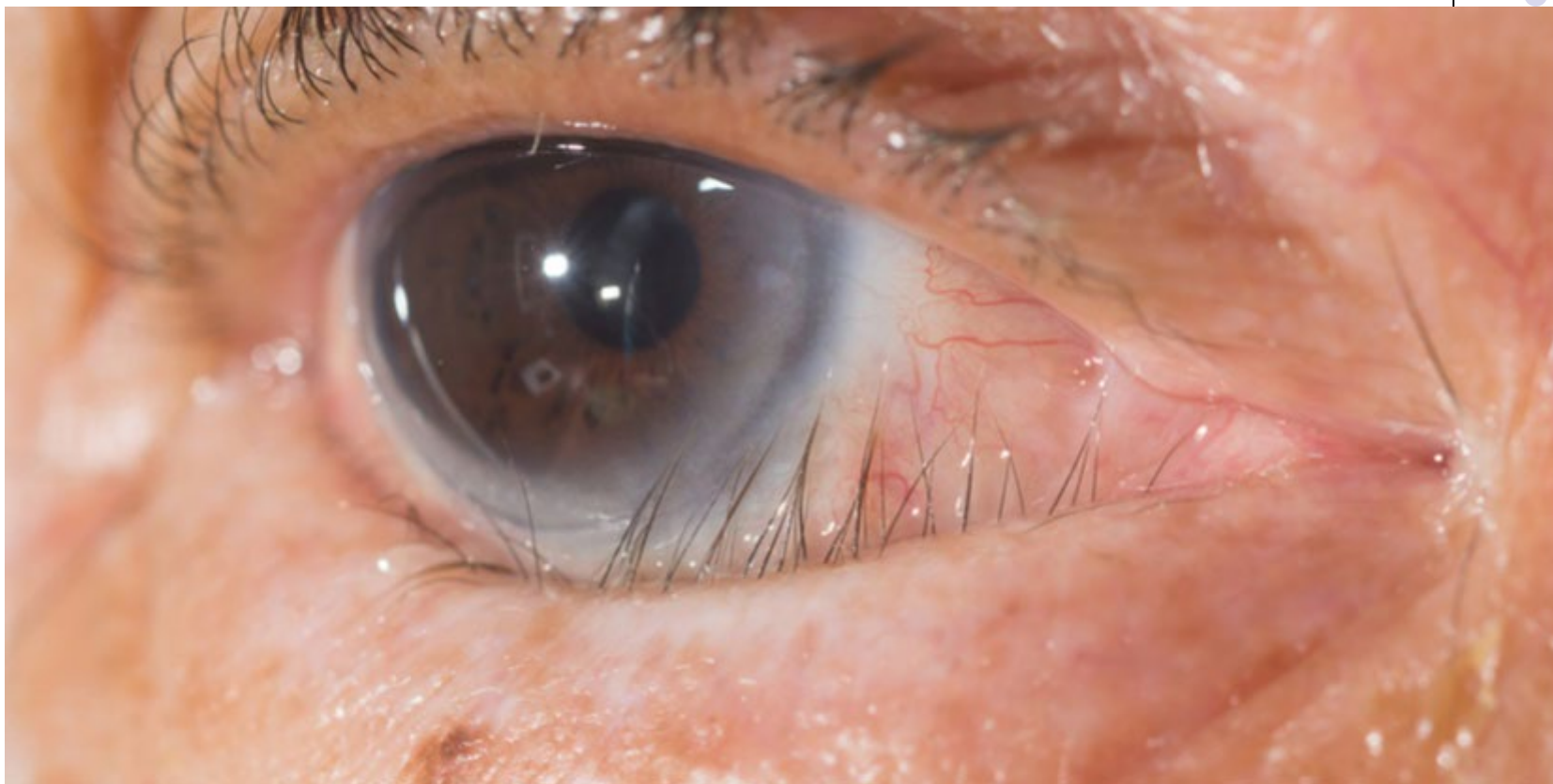
Other deleterious eyelash changes may occur—
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Trichiasis and distichiasis

What's the difference between trichiasis and distichiasis?

Trichiasis refers to lashes directed against the ocular surface that originate from their normal anatomic location on the lid margin.

Ocular Hypotensives: List the common agents



Trichiasis



Q

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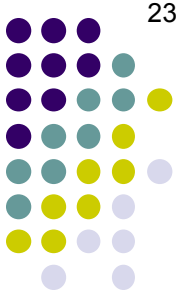
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Trichiasis and distichiasis

What's the difference between trichiasis and distichiasis?

Trichiasis refers to lashes directed against the ocular surface that originate from their normal anatomic location on the lid margin.

In contrast, *distichiasis* refers to lashes abutting the surface that are growing from an abnormal location (specifically, the orifices of the two words).



A

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- Miotics
 - Pilo
- Rho kinase inhibitor
 - Netarsudil

Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

1) **Eyelash growth**

What's the \$2 term for eyelash growth?
'Hypertrichosis'

Other deleterious eyelash changes may occur—
what, specifically?

Trichiasis and distichiasis

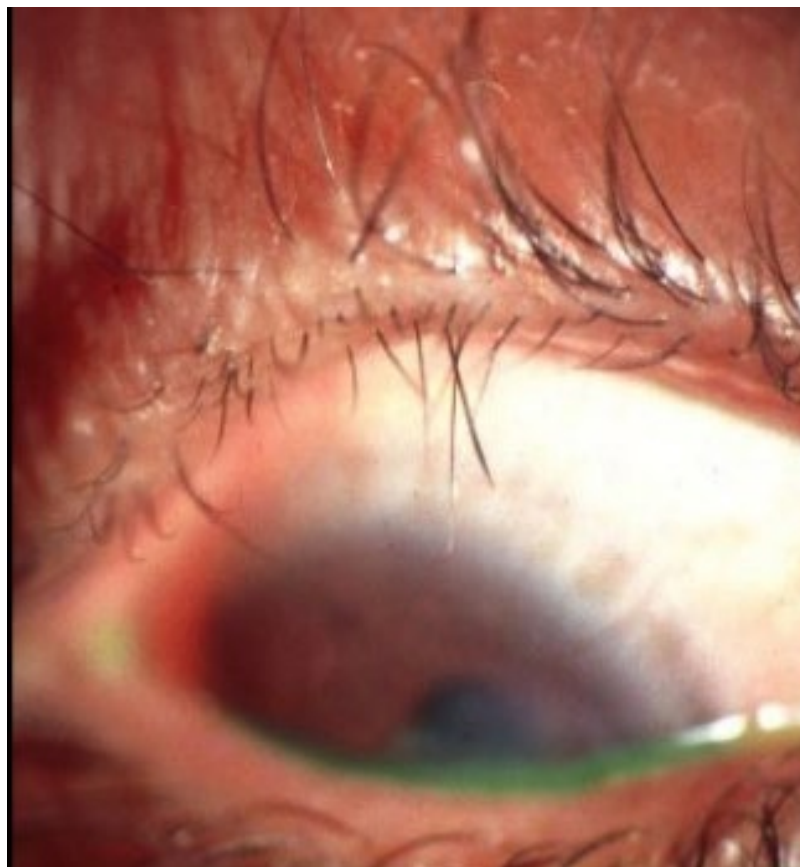
What's the difference between trichiasis and distichiasis?

Trichiasis refers to lashes directed against the ocular surface that originate from their normal anatomic location on the lid margin.

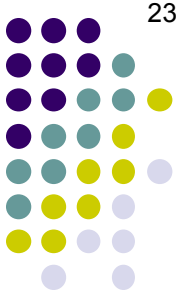
In contrast, *distichiasis* refers to lashes abutting the surface that are growing from an abnormal location (specifically, the orifices of the meibomian glands).



Ocular Hypotensives: List the common agents



Distichiasis: Lashes arising from MG orifices



Q

Ocular Hypotensives: List the common agents

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- Prostaglandin analogues
 - Latanaprost
 - Travaprost
 - Bimatoprost
- Nonselective α/β agonist
 - Epinephrine
 - Dipivefrin
- CAI
 - Dorzolamide
 - Brinzolamide
 - Acetazolamide
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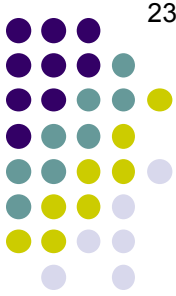
Hypertrichosis

Is the side effect of eyelash growth universally unwelcomed?

What's the difference between trichiasis and distichiasis?

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In contrast, distichiasis refers to lashes abutting the surface that are growing from an abnormal location (specifically, the orifices of the meibomian glands).



A

Ocular Hypotensives: List the common agents

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Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

1) **Eyelash growth**

What's the \$2 term for eyelash growth?

Hypertrichosis

Is the side effect of eyelash growth universally unwelcomed?

Not by a long shot—some individuals welcome and seek out eyelash growth as a cosmetically desirable outcome

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Is the side effect of eyelash growth universally unwelcomed?

Not by a long shot—some individuals welcome and seek out eyelash growth as a cosmetically desirable outcome. In fact, a dilute formulation of a PGA is sold under the brand-name Latisse as an FDA-approved eyelash growth promoter.

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What's the \$2 term for eyelash growth?

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Not by a long shot—some individuals welcome and seek out eyelash growth as a cosmetically desirable outcome. In fact, a dilute formulation of bimatoprost is sold under the brand-name Latisse as an FDA-approved eyelash growth promoter.

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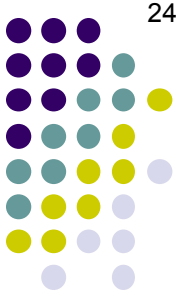
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Ocular Hypotensives: List the common agents



Latisse

Ocular Hypotensives: List the common agents



(Note the active ingredient)

Latisse

Q

Ocular Hypotensives: List the common agents

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
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Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

1) Eyelash growth

2) **Conjunctival hyperemia**

3) Darkening of irides

4) Ocular hyperemia (OHE)

Do PGAs cause acute hyperemia, chronic hyperemia, or both?



A

Ocular Hypotensives: List the common agents

- *β blockers*
 - Timolol
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 - Latanaprost
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Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

1) Eyelash growth

2) **Conjunctival hyperemia**

3) Darkening of irides

4) Ocular itching (PMF)

Do PGAs cause acute hyperemia, chronic hyperemia, or both?
Both

How can you minimize the cosmetic impact of acute hyperemia?

Q/A

Ocular Hypotensives: List the common agents

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
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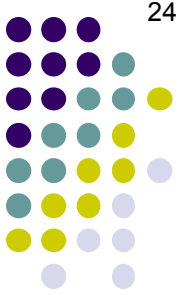
2) **Conjunctival hyperemia**

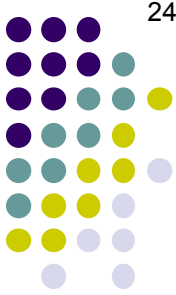
3) Darkening of irides

4) Ocular discomfort (OAF)

Do PGAs cause acute hyperemia, chronic hyperemia, or both?
Both

How can you minimize the cosmetic impact of acute hyperemia?
By having the pt use their PGA at **daily event**, when cosmesis is not an issue





A

Ocular Hypotensives: List the common agents

- *β blockers*
 - Timolol
 - Betaxolol
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 - Latanaprost
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Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

1) Eyelash growth

2) **Conjunctival hyperemia**

3) Darkening of irides

4) Ocular itching (OIF)

Do PGAs cause acute hyperemia, chronic hyperemia, or both?
Both

How can you minimize the cosmetic impact of acute hyperemia?
By having the pt use their PGA at bedtime, when cosmesis is not an issue

Q

Ocular Hypotensives: List the common agents

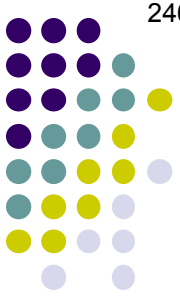
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Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

- 1) Eyelash growth
- 2) Conjunctival hyperemia
- 3) **Darkening of irides**

- *What proportion of pts will experience darkening of their irides after 5 years of PGA use?*

- Netarsudil



Q/A

Ocular Hypotensives: List the common agents



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 - Timolol
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- 2) Conjunctival hyperemia
- 3) **Darkening of irides**

- *What proportion of pts will experience darkening of their irides after 5 years of PGA use?*
Overall, as many as a fraction, with some facing a **much** higher risk (to be explained)

- Netarsudil

A

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- *What proportion of pts will experience darkening of their irides after 5 years of PGA use?*
Overall, as many as a third, with some facing a **much** higher risk (to be explained)

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Ocular Hypotensives: List the common agents

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- 3) **Darkening of irides**

- *What proportion of pts will experience darkening of their irides after 5 years of PGA use?*
Overall, as many as a third, with some facing a **much** higher risk (to be explained)
- *Will the iris return to its baseline coloration upon discontinuation of the drop?*

- Netarsudil

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It will **not**

- Netarsudil

Q

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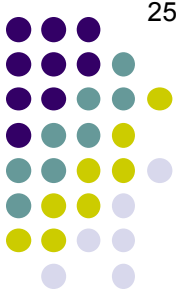
- *What proportion of pts will experience darkening of their irides after 5 years of PGA use?*
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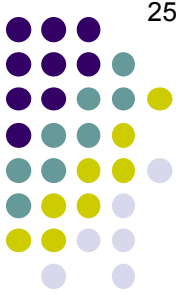
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*Now for the 'higher risk' issue: Of the myriad colors the human iris can assume, the BCSC emphasizes **two** that are particularly likely to darken in response to PGA use.*

- *What are they?*

- Netarsudil





A

Ocular Hypotensives: List the common agents

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Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

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*Now for the 'higher risk' issue: Of the myriad colors the human iris can assume, the BCSC emphasizes **two** that are particularly likely to darken in response to PGA use.*

- *What are they?*
Green-brown and **yellow-brown** (aka **hazel**)

- Netarsudil



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Green-brown and **yellow-brown** (aka **hazel**)

(Full disclosure: Being significantly red-green colorweak myself, I deferred to my wife to select the font color best representing 'hazel.' So if you disagree, take it up with her.)

- Netarsudil

Q

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- What proportion of pts will experience darkening of their irides after 5 years of PGA use?
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How likely are **green-brown** and **hazel** irides to darken?

the human iris can assume, the
darken in response to PGA use.

Green-brown and **yellow-brown** (aka **hazel**)

- Netarsudil

Q/A

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How likely are **green-brown** and **hazel** irides to darken?

Very—% will do so after 5 years

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Green-brown and **yellow-brown** (aka **hazel**)

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How likely are **green-brown** and **hazel** irides to darken?

Very—80%+ will do so after 5 years

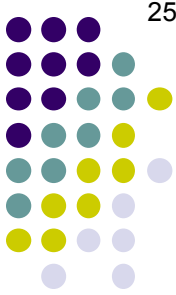
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-

-

- Netarsudil



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What about **blue eyes**—are they at high risk as well?

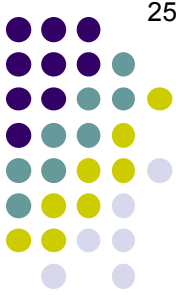
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Green-brown and **yellow-brown** (aka **hazel**)

- Netarsudil

Q/A

Ocular Hypotensives: List the common agents



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Overall, as many as a third, with some facing a **much** higher risk (to be explained)

- *Will the iris return to its baseline coloration upon discontinuation of the drop?*

*How likely are **green-brown** and **hazel** irides to darken?*

Very—80%+ will do so after 5 years

*What about **blue eyes**—are they at high risk as well?*

- Not by comparison—just under **%** will darken

the human iris can assume, the darken in response to PGA use.

Green-brown and **yellow-brown** (aka **hazel**)

- Netarsudil

A

Ocular Hypotensives: List the common agents

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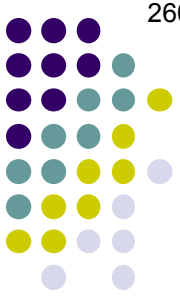
What about **blue eyes**—are they at high risk as well?

- Not by comparison—just under 10% will darken

the human iris can assume, the darken in response to PGA use.

Green-brown and **yellow-brown** (aka **hazel**)

- Netarsudil



Q

Ocular Hypotensives: List the common agents

- β blockers
 - Timolol
 - Betaxolol
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Overall, as many as a third, with some facing a **much** higher risk (to be explained)

- *Will the iris return to its baseline coloration upon discontinuation of the drop?*
It will **not**

*Now for the 'higher risk' issue: Of the myriad colors the human iris can assume, the BCSC emphasizes **two** that are particularly likely to darken in response to PGA use.*

- *What are they?*
Green-brown and **yellow-brown** (aka **hazel**)

- *In addition to the iris, another structure of ophthalmic concern may darken as a result of PGA use—what is it?*

- Netarsudil



A

Ocular Hypotensives: List the common agents

- *β blockers*
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 - Betaxolol
 - Carteolol
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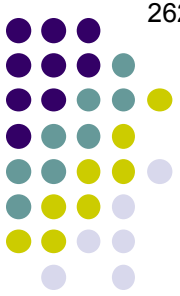
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- *What are they?*
Green-brown and **yellow-brown** (aka **hazel**)

- *In addition to the iris, another structure of ophthalmic concern may darken as a result of PGA use—what is it?*
The periocular skin
- Netarsudil



Q

Ocular Hypotensives: List the common agents

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
- Prostaglandin analogues
 - Latanaprost
 - Travaprost
 - Bimatoprost

Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

- 1) Eyelash growth
- 2) Conjunctival hyperemia
- 3) **Darkening of irides**

- What p... Overall... *In one word (ending with -tic), what sort of process is responsible for the darkening of the irises and/or periocular skin?* PGA use? (ained)
- Will the... It will n... *Now for the higher risk issue. Of the myriad colors the human iris can assume, the BCSC emphasizes **two** that are particularly likely to darken in response to PGA use. What are they?* **Green-brown** and **yellow-brown** (aka *hazel*)
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Q/A

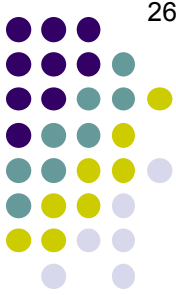
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- What is the mechanism of action of PGAs? In one word (ending with -tic), what sort of process is responsible for the darkening of the irises and/or periocular skin? It is a process. PGA use? (gained)
- Overall, what is the mechanism of action of PGAs? PGAs are used to treat glaucoma.
- Will the darkening of the irides and/or periocular skin be reversible? It will not.
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A

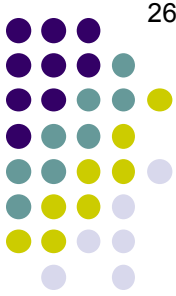
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- What is the mechanism of action of PGAs? (Q145)
Overall, PGAs work by increasing aqueous humor production. (PGAs increase aqueous humor production by stimulating the ciliary epithelium.)
- In one word (ending with -tic), what sort of process is responsible for the darkening of the irises and/or periocular skin?
It is a melanocytic process
- Will the darkening of the irides and/or periocular skin be reversible? (Q146)
It will not be reversible.
- Now for the higher risk issue: Of the myriad colors the human iris can assume, the BCSC emphasizes **two** that are particularly likely to darken in response to PGA use.
What are they?
Green-brown and **yellow-brown** (aka **hazel**)
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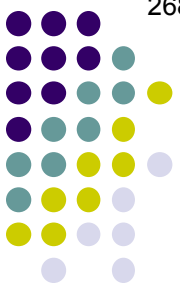
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Ocular Hypotensives: List the common agents



What cell is responsible for melanocytic processes?



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Hurr durr, Imma guess **melanocytes**?



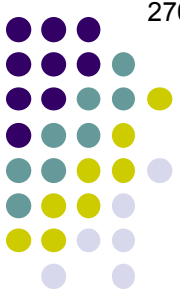
Ocular Hypotensives: List the common agents



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Neural crest cells (NCCs)



Ocular Hypotensives: List the common agents



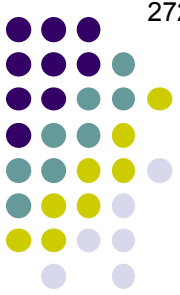
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Briefly, what's the backstory on neural crest cells?



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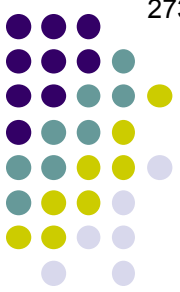
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NCCs are a subtype of **embryo cell type** cells



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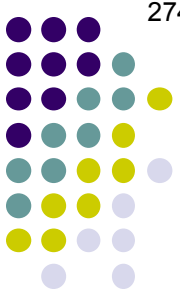
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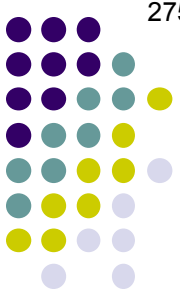
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Neural crest cells (NCCs)

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NCCs are a subtype of neuroectodermal cells. Early v Late in embryogenesis, some of the neuroectodermal cells located along the dorsal v ventral aspect of the structure (two words) are induced to transition into NCCs.



What cell is responsible for melanocytic processes?

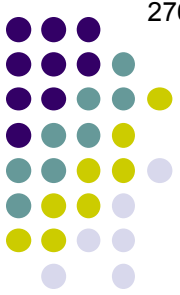
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Neural crest cells (NCCs)

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NCCs are a subtype of neuroectodermal cells. Early in embryogenesis, some of the neuroectodermal cells located along the dorsal aspect of the neural tube are induced to transition into NCCs.



What cell is responsible for melanocytic processes?

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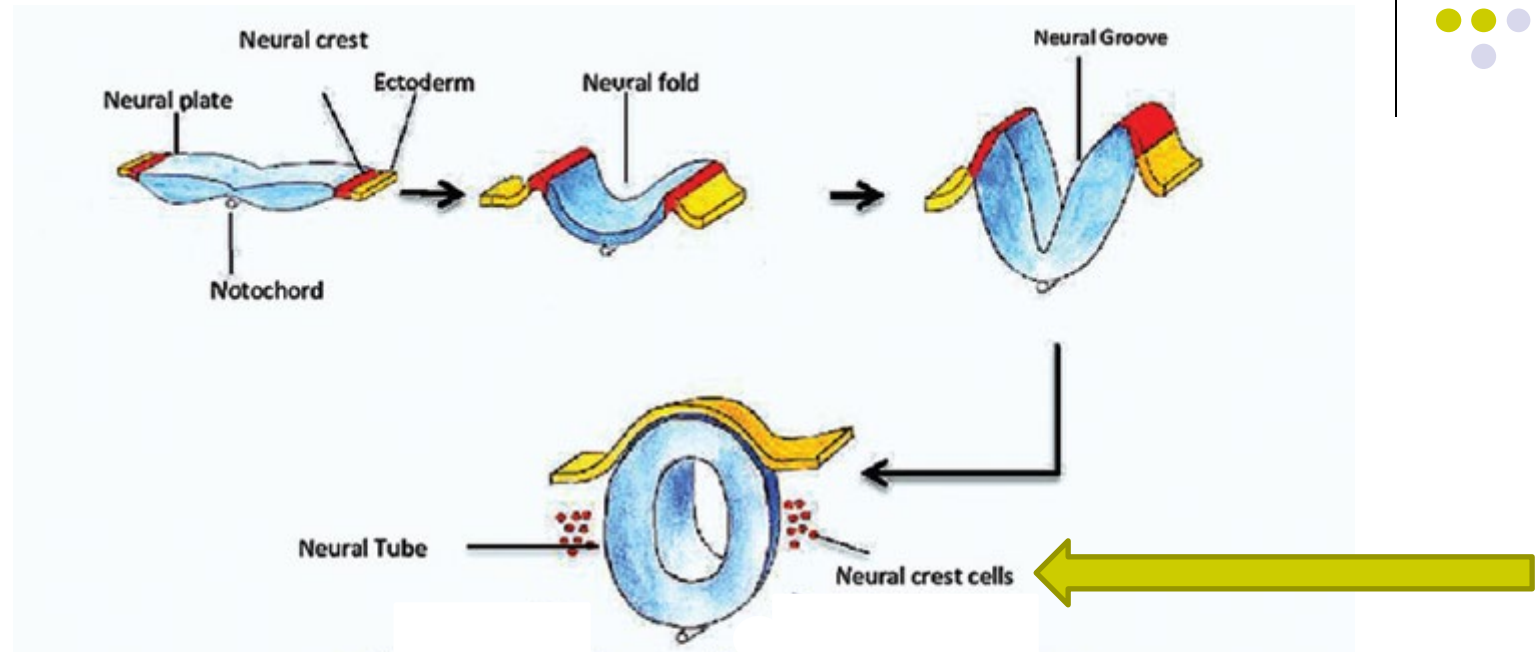
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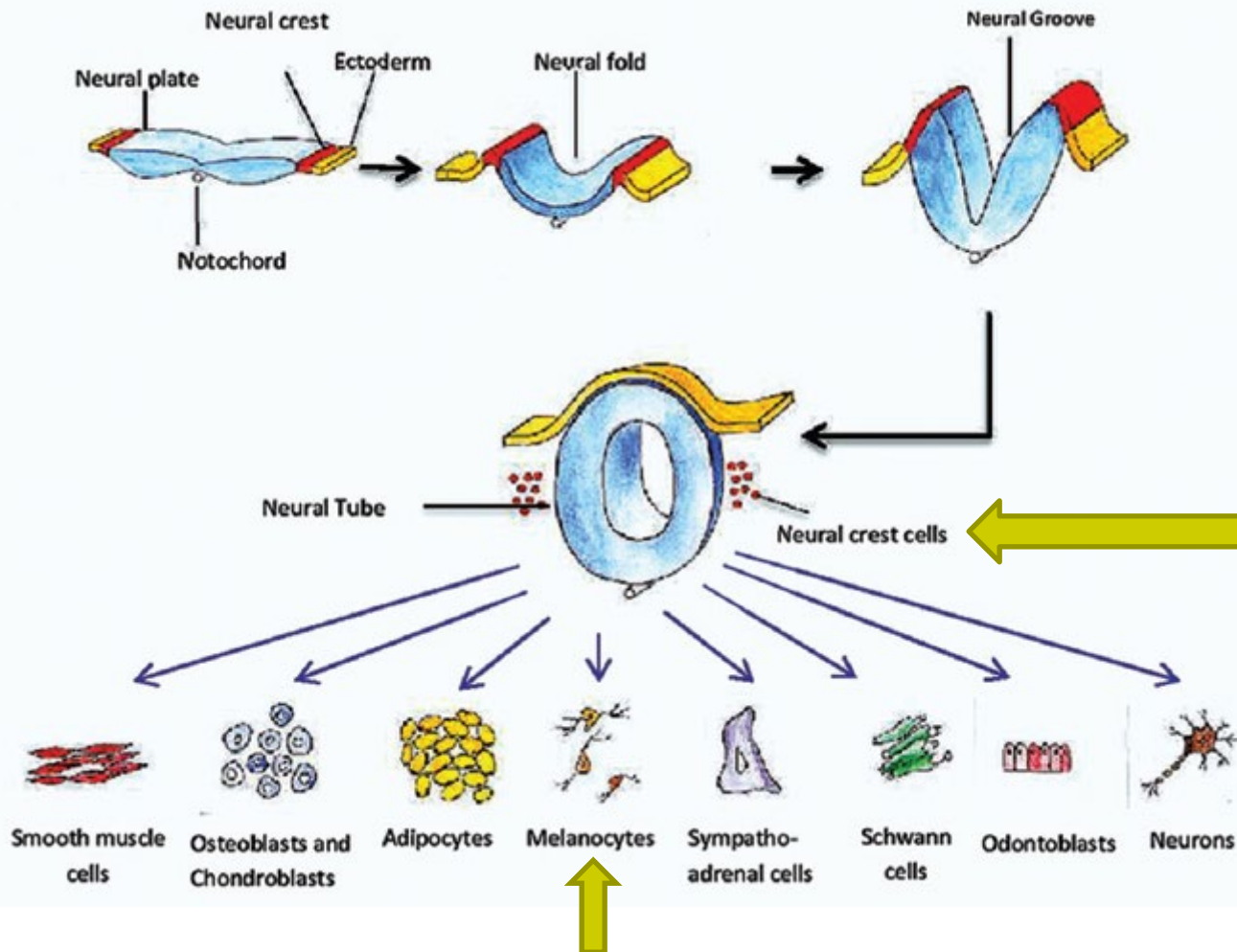
NCCs are a subtype of neuroectodermal cells. Early in embryogenesis, some of the neuroectodermal cells located along the dorsal aspect of the neural tube are induced to transition into NCCs. NCCs then migrate widely across the embryo, and upon arriving at their destination they proliferate and differentiate into specialized tissues and cells, including melanocytes.

Ocular Hypotensives: List the common agents



Neural crest cells...

Ocular Hypotensives: List the common agents



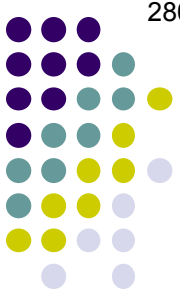
Neural crest cells...and their derivatives



Ocular Hypotensives: List the common agents

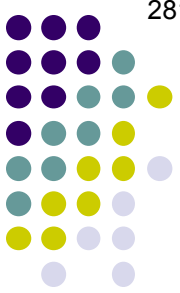


Next let's consider the function of surface melanocytes. What do they do?



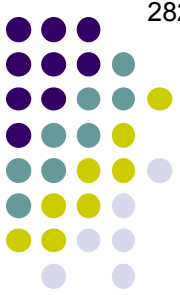
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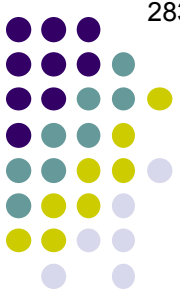
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What is the name of the membrane-bound structure in which melanin is contained?

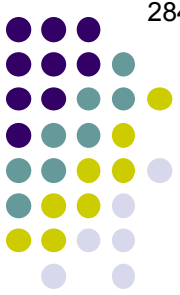


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A melanosome



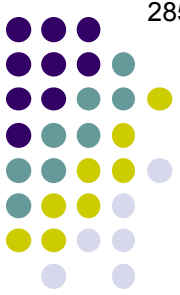
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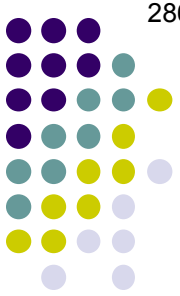
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No—once packaged in melanosomes, melanin is transferred to neighboring cells (eg, skin melanocytes transfer their melanin to nearby cell type)



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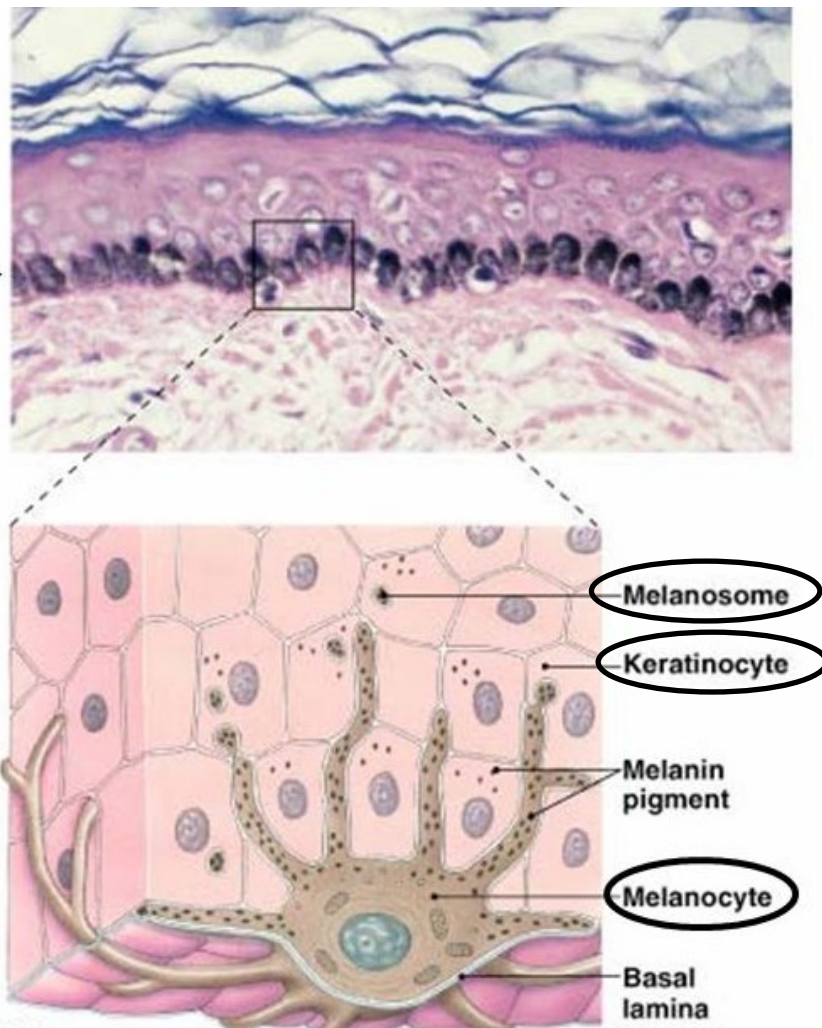
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Ocular Hypotensives: List the common agents

Basal layer →



Melanocyte and its keratinocytes



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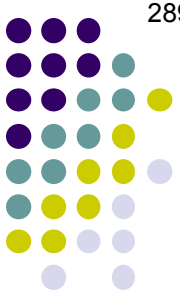
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Some people have darker skin than others. (Thanks, Captain Obvious.) Is it the case that darker-complected individuals have more melanocytes?





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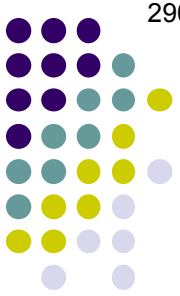
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No, the number of melanocytes does not vary with degree of pigmentation. People with darker complexion have more melanin in their keratinocytes.



Q

Ocular Hypotensives: List the common agents

- β blockers
 - Timolol
 - Betaxolol
 - Carteolol
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 - Latanaprost
 - Travaprost
 - Bimatoprost

Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

- 1) Eyelash growth
- 2) Conjunctival hyperemia
- 3) **Darkening of irides**

- What is the mechanism of action of PGA use? (Overall effect on the eye)
- In one word (ending with -tic), what sort of process is responsible for the darkening of the irises and/or periocular skin? It is a melanocytic process

- Will the darkening of the irises and/or periocular skin be reversible? It will be reversible.
- What specific aspect of the melanocytic process is responsible? Before we answer, let's sidebar to review this process.

- Now for the higher risk issue: Of the myriad colors the human iris can assume, the brown iris is the most common. Brown is the color of the melanocytes in the iris. Brown is the color of the melanocytes in the iris. Brown is the color of the melanocytes in the iris.
- B. What is the mechanism of action of PGA use? (Overall effect on the eye)
- V. What is the mechanism of action of PGA use? (Overall effect on the eye)
- G. What is the mechanism of action of PGA use? (Overall effect on the eye)

- In the context of the higher risk issue, what is the mechanism of action of PGA use—what is it?
- The periocular skin is the skin around the eye. The periocular skin is the skin around the eye. The periocular skin is the skin around the eye.
- Netarsudil



A

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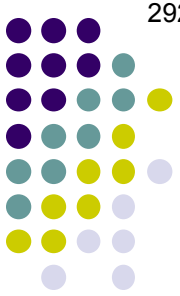
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- The periocular skin
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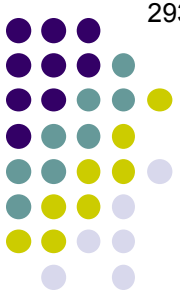
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- In the periocular skin, what is the cause of the darkening? The periocular skin

- Netarsudil



Q

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- The periocular skin
 - Netarsudil



A

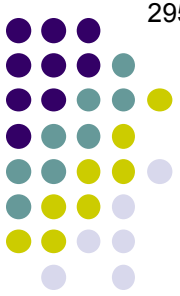
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- What is the mechanism of action of PGA use? Overall, the mechanism of action is to increase aqueous humor outflow (intraocular pressure is lowered).
- Will the darkening of the irides and/or periocular skin be a problem? It will not be a problem if the patient is not using PGA.
- In one word (ending with -tic), what sort of process is responsible for the darkening of the irises and/or periocular skin? It is a melanocytic process.
- What specific aspect of the melanocytic process is responsible? Before we answer, let's sidebar to review this process...
- Does all this melanocytic mischief put PGA users at an increased risk of developing melanoma of the iris and/or periocular skin? No it doesn't, and this shouldn't come as a surprise given that melanocytic proliferation is **not** a component of the darkening response. Increased numbers or melanosomes within melanocytes. Worth emphasizing what's **not** the cause, and that's melanocyte proliferation (which **doesn't occur**).
- The periocular skin
- Netarsudil



A

Ocular Hypotensives: List the common agents

- β blockers
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 - Betaxolol
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 - Latanaprost
 - Travaprost
 - Bimatoprost
- Nonselective α/β agonist

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- 1) Eyelash growth
- 2) Conjunctival hyperemia
- 3) Darkening of irides
- 4) **Cystoid macular edema (CME)**
- 5) PG-associated periorbital edema (PAPE)

Which are more likely to get PGA-associated CME: phakic, or pseudophakic eyes?
Pseudophakic

- CA
 -
 -
 -
 -
 -
- Selective α_1 agonist
 - Brimonidine
- Miotics
 - Pilo
- Rho kinase inhibitor
 - Netarsudil

Q

Ocular Hypotensives: List the common agents

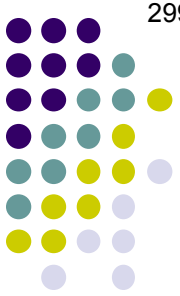
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Which are more likely to get PGA-associated CME: phakic, or pseudophakic eyes?
Pseudophakic

What renders a pseudophakic eye even more likely to PGA-associated CME?



A

Ocular Hypotensives: List the common agents

- *β blockers*
 - Timolol
 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
 - Travaprost
 - Bimatoprost
- *Nonselective α/β agonist*

Prostaglandin analogues have a number of notable side effects. Identify 5 of them:

- 1) Eyelash growth
- 2) Conjunctival hyperemia
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An open posterior capsule (s/p either intra-op rupture, or YAG)

- *CA*
 -
 -
- *Se*
 -
 -
 -
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
 - Netarsudil

Q

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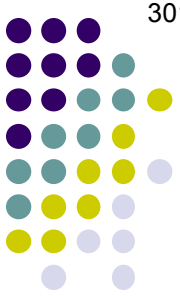
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Does aphakic status also convey an increased risk of CME?



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Indeed it does

Q

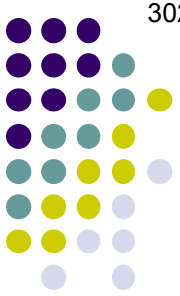
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Q/A

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A constellation of orbital/periorbital changes 2ndry to

4ish words

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--Enophthalmos

--Deepening of the lower vs upper -lid sulcus

--?

--?

--?

A

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- Deepening of the upper-lid sulcus
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- Deepening of the upper -lid sulcus
- Ptosis of the lower vs upper lid
- ?
- ?

A

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- Inferior
- ?

two words

A

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- Deepening of the upper lid sulcus
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- Inferior scleral show
- A one word orbit

A

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Q

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Is PAP reversible with cessation of PGA therapy?



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As of this writing, this remains unsettled

Q

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Note that of the five side effects identified, four are related to cosmesis. This implies that caution should be exercised in long-term use of PGAs in one group of pts (other than supermodels). Which pts are these?



A

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*Note that of the five side effects identified, four are related to **cosmesis**. This implies that caution should be exercised in long-term use of PGAs in one group of pts (other than supermodels). Which pts are these? Those with **unilateral** glaucoma*

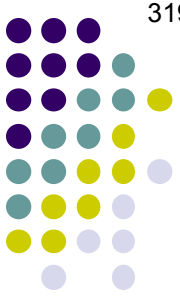


Ocular Hypotensives: List the common agents



Unilateral hypertrichosis following latanoprost use OS only

Ocular Hypotensives: List the common agents

**A****B**

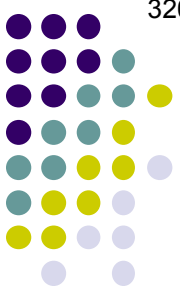
The right (A) and left (B) eyes of a patient on unilateral treatment with a topical prostaglandin analogue for the left eye. Left-sided periorbital skin hyperpigmentation, hypertrichosis, deepening of the superior eyelid sulcus, and loss of periorbital fat are evident.

Q

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A small number (~1%) of PGA pts will experience an idiosyncratic reaction significant enough to warrant discontinuation. What is that reaction?





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Another commonly-used med on the list is notorious for causing a granulomatous anterior uveitis. Which one?



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Q

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What corneal condition is a strong contraindication to PGA use?



A

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What corneal condition is a strong contraindication to PGA use?
HSV keratitis



Q

Ocular Hypotensives: List the common agents

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- *Rho kinase inhibitor*
 - Netarsudil

*What corneal condition is a strong contraindication to PGA use?
HSV keratitis*

*Are we talking about active dz only, or does this apply also to a
history of HSV keratitis?*



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Why the contraindication?



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What corneal condition is a strong contraindication to PGA use?
HSV keratitis

Are we talking about active dz only, or does this apply also to a history of HSV keratitis?
Both

Why the contraindication?
PGA use has been associated with prolongation and/or recurrence of HSV keratitis

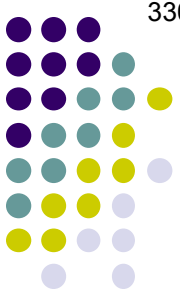
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*These three are **pro-drugs**; i.e., they become activated via cleavage by corneal esterases:*

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Which class must be used cautiously in patients who take MAOIs and/or tricyclics?

(Monoamine oxidase inhibitors)



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Topical CAIs are relatively contraindicated in Fuchs dystrophy pts. Why?





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Topical CAIs are relatively contraindicated in Fuchs dystrophy pts. Why?
 Because they may cause/exacerbate corneal edema



Q

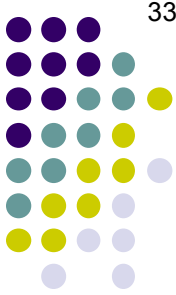
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What is the mechanism for CAI-induced corneal edema?



A

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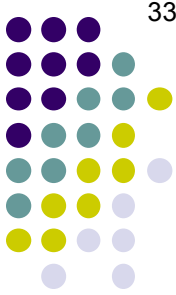
Topical CAIs are relatively contraindicated in Fuchs dystrophy pts. Why?

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Recall that endothelial cells make use of carbonic anhydrase in performing their pump function to maintain K deturgescence.

In addition to inhibiting aqueous formation, topical CAIs inhibit K endothelial pump function.



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Topical CAIs are relatively contraindicated in Fuchs dystrophy pts. Why?

Because they may cause/exacerbate corneal edema

What is the mechanism for CAI-induced corneal edema?

Recall that endothelial cells make use of carbonic anhydrase in performing their pump function to maintain K deturgescence. In addition to inhibiting aqueous formation, topical CAIs inhibit K endothelial pump function. If endothelial pump function is already tenuous (as it is in Fuchs), the addition of a CAI could lead to the occurrence or worsening of edema.

Q

Ocular

What is the 'nonresponder' rate for the β blockers, ie, what percent of pts will not manifest a meaningful decrease in IOP?

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What is a well-known cause of nonresponding that should probably keep you from trying a β blocker in the first place?

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What is a well-known cause of nonresponding that should probably keep you from trying a β blocker in the first place?
If the pt is on a **systemic** β blocker (eg, for HTN). In such pts, a topical β blocker may not move IOP much.

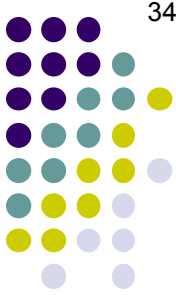


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With respect to pregnancy, and under the former system of classifying drugs:

(No question yet—proceed when ready)



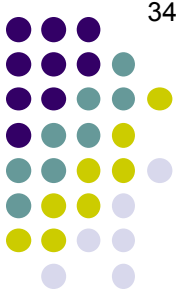
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With respect to pregnancy, and under the former system of classifying drugs:

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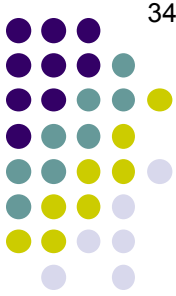
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What treatment options fall under 'none'?

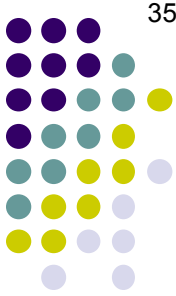
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--Suspend all treatment during pregnancy--just monitor the pt, and resume tx after delivery

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--If suspending tx seems imprudent, consider

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--If suspending tx seems imprudent, consider SLT

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--If conditions warrant it, consider

two words

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- --If suspending tx seems imprudent, consider SLT
- --If conditions warrant it, consider incisional surgery

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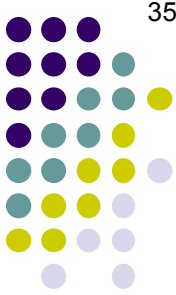
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With as few meds as possible (preferably **none**)

If meds are to be used, which is the best option?

Q/A

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 With as few meds as possible (preferably **none**)

If meds are to be used, which is the best option?

Most experts would probably recommend timolol, but at the % strength rather than the usual %



A

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 - Betaxolol
 - Carteolol
- *Prostaglandin analogues*
 - Latanaprost
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 - Acetazolamide
- *Selective α agonists*
 - Apraclonidine
 - Brimonidine
- *Miotics*
 - Pilo
- *Rho kinase inhibitor*
 - Netarsudil

With respect to pregnancy, and under the former system of classifying drugs:

Which are Class A?

None of them

Which are Class B?

Brimonidine. (The rest are all Class C.)

OK then, how should glaucoma be managed during pregnancy?
With as few meds as possible (preferably **none)**

If meds are to be used, which is the best option?

Most experts would probably recommend timolol, but at the 0.25% strength rather than the usual 0.5%



Q

Ocular Hypotensives: List the common agents

- β blockers
 - **Timolol 0.25**
 - Betaxolol
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You probably know that the cap color for T_5 is...

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With respect to pregnancy, and former system of classifying dru

Which are Class A?
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You probably know that the cap color for $T_{.5}$ is... **yellow**



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None of them

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You probably know that the cap color for $T_{.5}$ is... **yellow**



But do you know the cap color for $T_{.25}$?

- Apraclonidine
- Brimonidine
- Miotics
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0.25%

0.5%

and glaucoma be managed during pregnancy?
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You probably know that the cap color for $T_{.5}$ is... **yellow**

But do you know the cap color for $T_{.25}$? **Light blue**

- Apraclonidine
- Brimonidine
- Miotics
 - Pilo
- Rho kinase inhibitor
 - Netarsudil

0.25%

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- Selective α agonists

- A
- B

Won't the 0.25 strength be only half as effective as the 0.5?

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- A Won't the 0.25 strength be only half as effective as the 0.5?
- B Far from it. In fact, in many pts, it works just as well

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What about nursing mothers—should $T_{.25}$ be used for them as well?

- Selective α agonists

- A
- B

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Far from it. In fact, in many pts, it works just as well

used during pregnancy?

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No, because β blocker metabolites get concentrated in breast milk

- Selective α agonists

- A
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Why not use a PGA in pregnant women?

Which are Class B?

Brimonidine. (The rest are all Class C.)

Q/A

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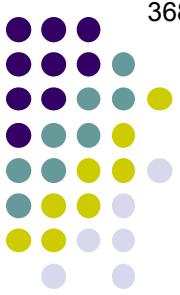
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Reach way back to your Ob/Gyn rotation and recall that prostaglandins are involved in two words.

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Q/A

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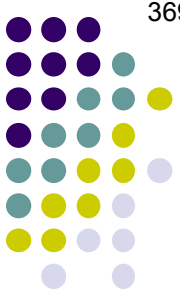
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Why not use a PGA in pregnant women?

Reach way back to your Ob/Gyn rotation and recall that prostaglandins are involved in inducing labor .

Which are Class B?

Brimonidine. (The rest are all Class C.)





A

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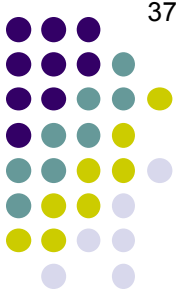
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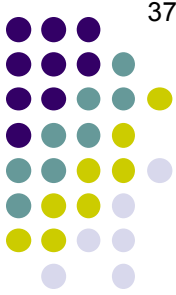
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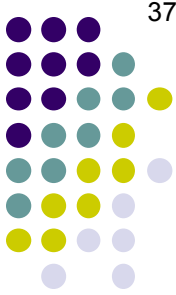
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What does IIH stand for in this context?



A

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What does IIH stand for in this context?
Idiopathic intracranial hypertension



A

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As for **topical** CAIs in pregnancy, the *Glaucoma* book doesn't address them directly.