

Q

**Concerning PUK**



- Autoimmune PUK is usually laterality and circumferential extent

# A

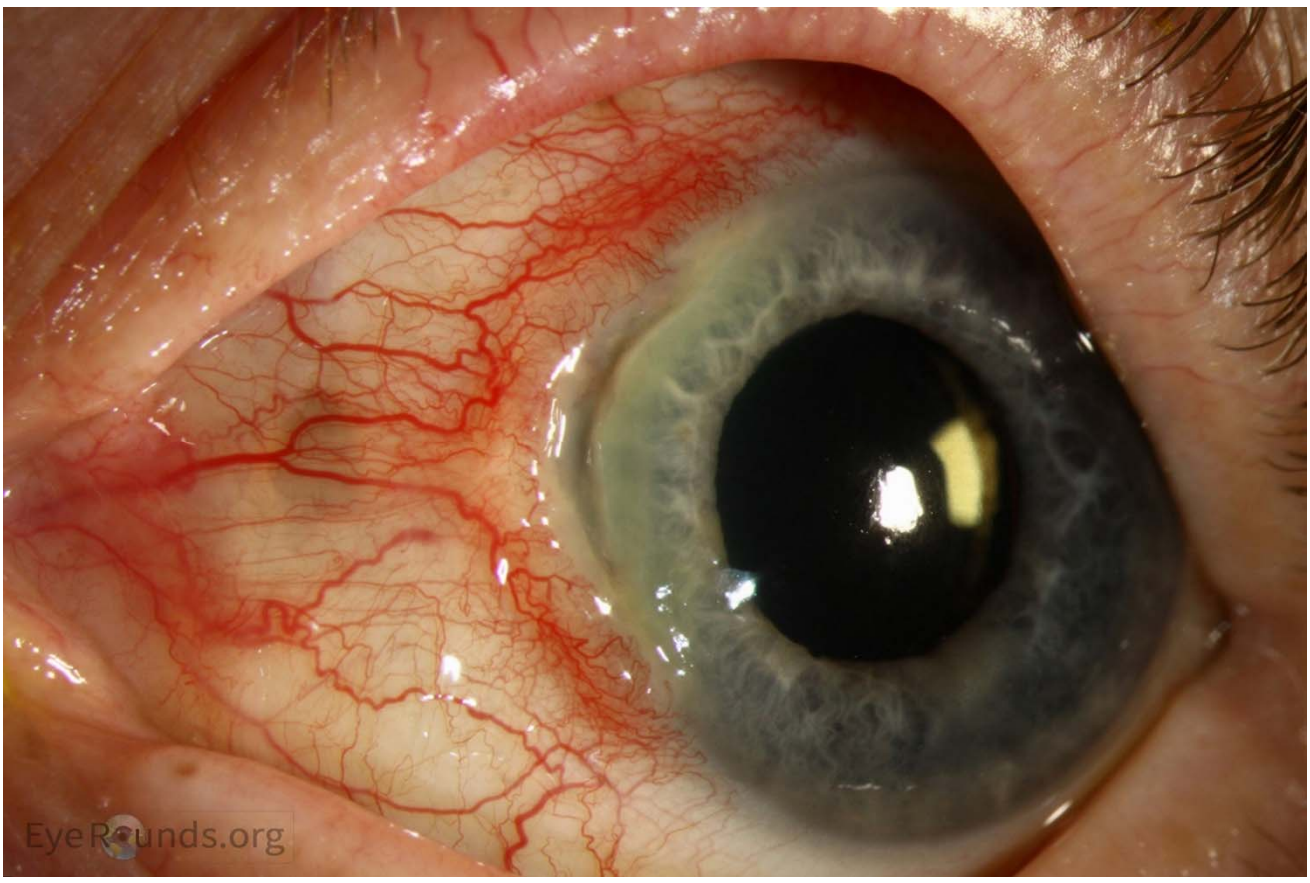
## Concerning PUK



- Autoimmune PUK is usually unilateral and sectoral

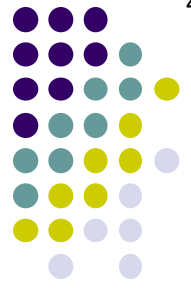


**Concerning PUK**



EyeRounds.org

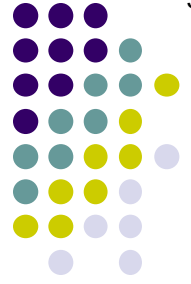
Autoimmune PUK



Q

Concerning PUK

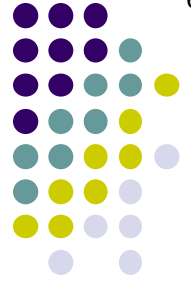
- Autoimmune PUK is usually unilateral and sectoral
- It often heralds improvement vs worsening of systemic disease



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- Autoimmune PUK is usually **unilateral** and **sectoral**
- It often heralds **exacerbation** of systemic disease

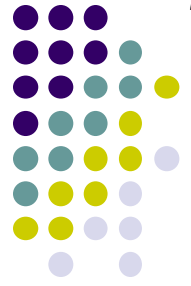


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*With what general category of autoimmune dz is PUK associated?*

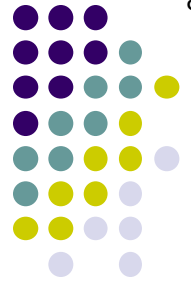
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- Autoimmune *With what general category of autoimmune dz is PUK associated?*  
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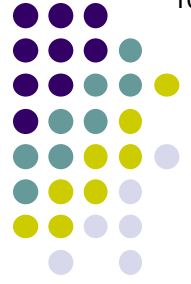


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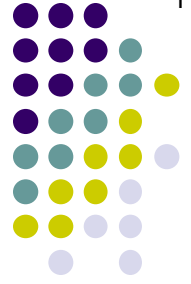
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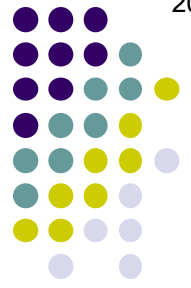
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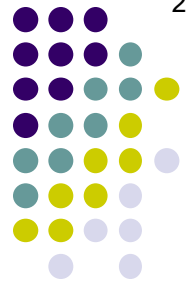
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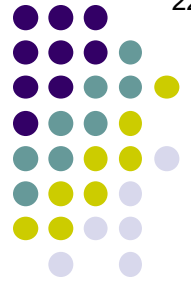
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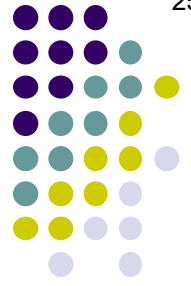
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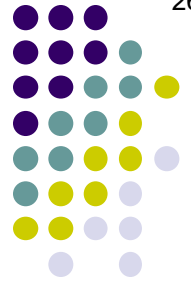


*The term 'Wegener's granulomatosis' has **fallen out of favor.***



*What term is preferred in its place?*

'Granulomatosis with polyangiitis' **Why did the name 'Wegener's granulomatosis' fall out of favor?**



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*Why did the name 'Wegener's granulomatosis' fall out of favor?*  
Because Dr. Wegener was a Nazi



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*If you're having trouble remembering that granulomatosis with polyangiitis (GwP) is the entity formerly known as Wegener's...*



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**Think of the little 'w' as standing for 'Wegener's'***



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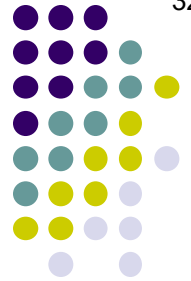
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Necrotizing vasculitis of:  
--the upper and lower respiratory tract  
--the kidneys  
--small and medium-sized arteries and veins



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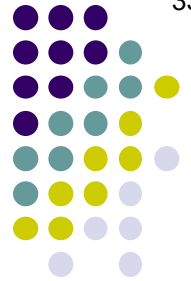
--the kidneys?

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*What is the classic manifestation of the classic triad? That is, with what specific condition do these pts always present?\**

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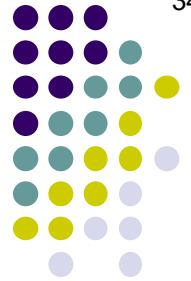
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**Sinusitis.** Don't diagnose a pt with GwP without it!\*

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*What proportion of GwP pts have ophthalmic involvement?*



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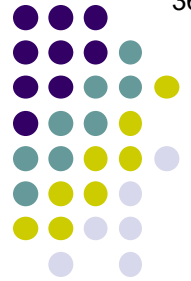
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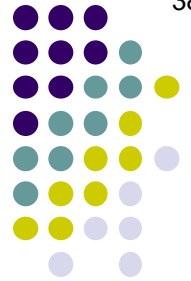
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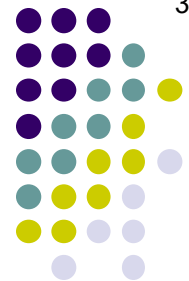
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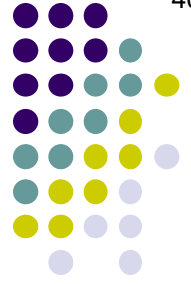
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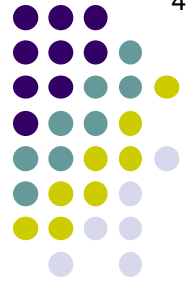
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*Is retinal involvement in GwP a thing?*





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*With which connective-tissue diseases (CTDs) and/or vasculitides has PUK been associated?*

Pretty much all of them

*Which three conditions are most likely to present with PUK?*

Rheumatoid arthritis, **granulomatosis with polyangiitis**, and polyarteritis nodosa

*What proportion of GwP pts have ophthalmic involvement?*

About half

*What is the most common manifestation of that involvement? (It's not PUK.)*

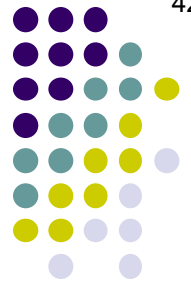
Orbital inflammation

*What is the next most common manifestation?*

Scleritis (including PUK)

*Is retinal involvement in GwP a thing?*

Yes, albeit uncommonly



Q

Concerning PUK

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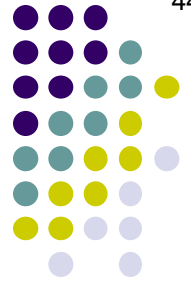
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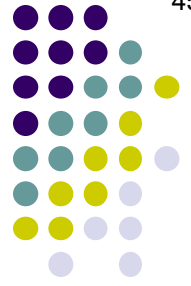
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Ab

**For more on GwP, see slide-set U1**

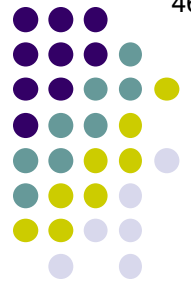
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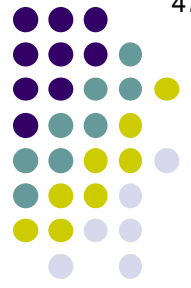
*In a nutshell, what is the pathophysiology of PAN?*

V  
P  
  
V  
R

*vasculitides has PUK been associated?*

*PUK?*

and **polyarteritis nodosa**



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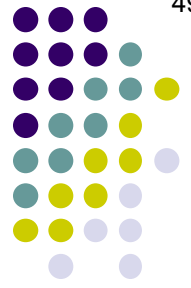
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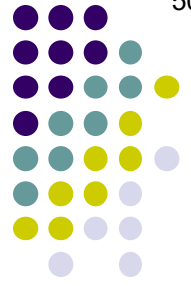
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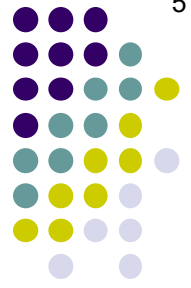
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# Q/A

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# A

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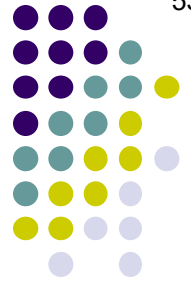
*Who is the typical PAN pt?*

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PUK?

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*PAN is strongly associated with seropositivity for what virus?*

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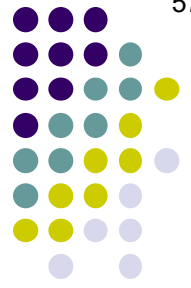
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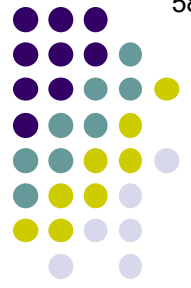
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Q

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*Who is the typical*

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*What is the typical presentation of PAN? (Note: It's not ophthalmic.)*

*Is there a racial pre*

No

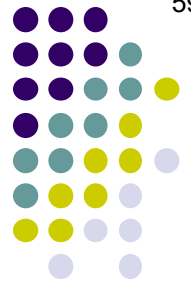
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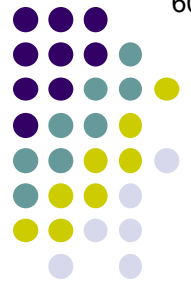
*...PUK?*  
 and **polyarteritis nodosa**

*Who is the typical*  
 A male between

*What is the typical presentation of PAN? (Note: It's not ophthalmic.)*  
 Constitutional symptoms: Fever, fatigue, weight loss. Renal vasculitis resulting in secondary HTN is common.

*Is there a racial pre*  
 No

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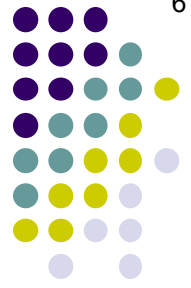
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Uncommon

*Which vasculitides has PUK been associated?*  
PAN and **polyarteritis nodosa**

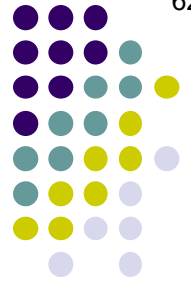
*Who is the typical patient?*  
A male between 50-60

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*Is there a racial predilection?*  
No

*What proportion of PAN pts develop ophthalmic involvement?*  
About 20%

*PAN is strongly associated with seropositivity for what virus?*  
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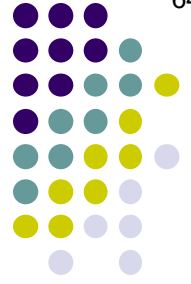
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**Infectious PUK**



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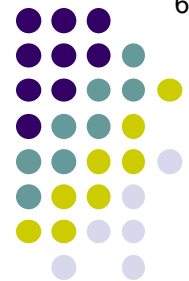
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**Infectious PUK**

*If the PUK is associated with copious mucopurulent discharge, what infectious etiology should you consider?*



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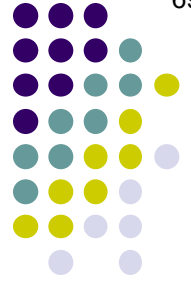
*If the PUK is associated with copious mucopurulent discharge, what infectious etiology should you consider?*  
Gonococcal disease



# Q


## Concerning PUK

- Autoimmune PUK is usually **unilateral** and **sectoral**
- It often heralds **exacerbation** of systemic disease
- The treatment goal is to stop K melting through 3 maneuvers:
  - 1) Improve
  - 2) Promote  via
  - 3) Suppress



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- Autoimmune PUK is usually **unilateral** and **sectoral**
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- The treatment goal is to stop K melting through 3 maneuvers:
  - 1) Improve **wetting**
  - 2) Promote **re-epithelialization** via **lubes, BCL, patching, glue**  
  
*(bandage contact lens)*
  - 3) Suppress **systemic inflammation**



# Q

## Concerning PUK

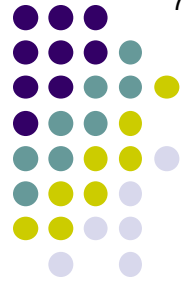
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*Of these three maneuvers, which is paramount?*

3) Suppress systemic inflammation



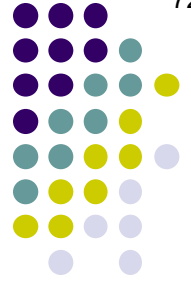
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- The treatment goal is to stop K melting through 3 maneuvers:
  - 1) Improve wetting
  - 2) Promote re-epithelialization via

*Of these three maneuvers, which is paramount?  
Controlling the underlying disease process--  
without this, the other maneuvers are akin to re-  
arranging the deck chairs on the *Titanic**

3) **Suppress systemic inflammation**



# Q

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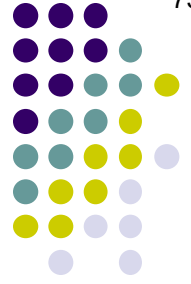
### 1) Improve **wetting**

*How should one improve wetting?*

2) Promote re-epithelialization via tubes, BCL, patching, glue

3) Suppress systemic inflammation. Local maneuvers are





# A

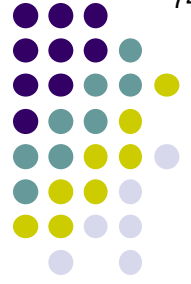
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- The treatment goal is to stop K melting through 3 maneuvers:

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*How should one improve wetting?*

With frequent dosing of preservative-free artificial tears (PF ATs)



# Q

## Concerning PUK

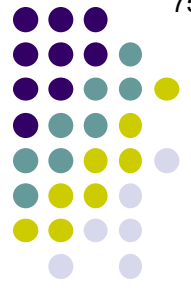
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*In addition to improving wetting, what other benefit derives from frequent PF AT use?*



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- The treatment goal is to stop K melting through 3 maneuvers:

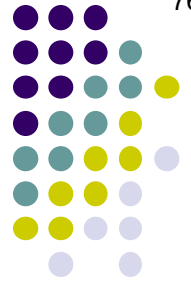
### 1) Improve **wetting**

*How should one improve wetting?*

With frequent dosing of preservative-free artificial tears (PF ATs)

*In addition to improving wetting, what other benefit derives from frequent PF AT use?*

They will remove inflammatory cytokines from the ocular surface

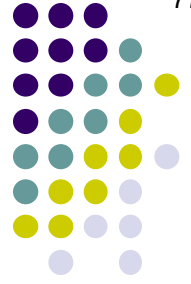


# Q

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- Autoimmune PUK is usually unilateral and sectoral
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*What specific sort of glue is being referred to here?*



# A

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# Q

## Concerning PUK

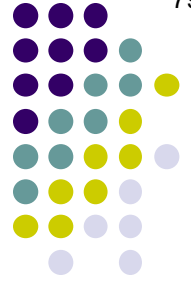
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*How does glue assist in PUK healing?*

- 1)
- 2)



# A

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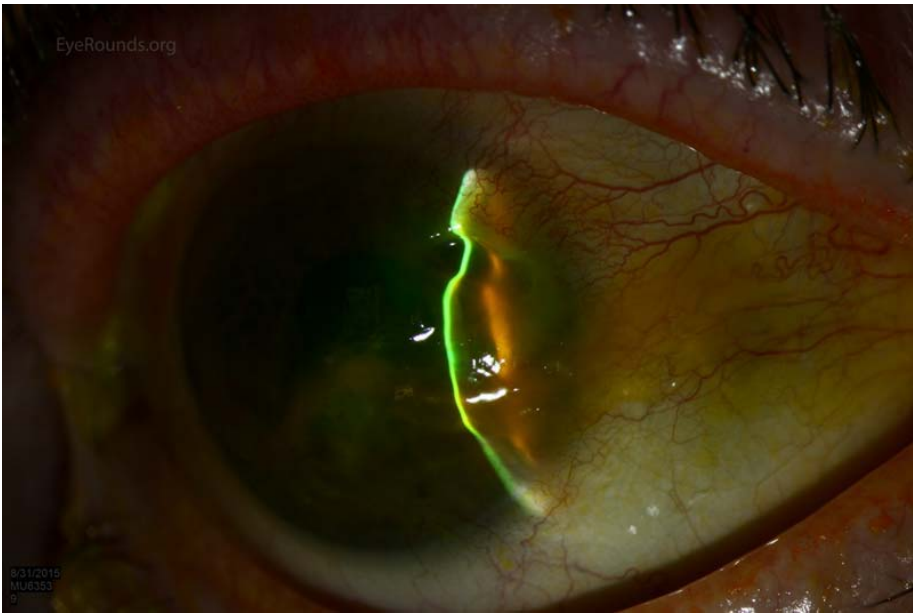
*How does glue assist in PUK healing?*

1) It provides tectonic stability, thereby reducing the risk of perforation

2) It acts as a barrier preventing PMNs from reaching (and destroying) corneal stroma



# Concerning PUK



Just prior to perfiging



Same eye s/p gluing (and on IMT)

PUK in RA





# Q

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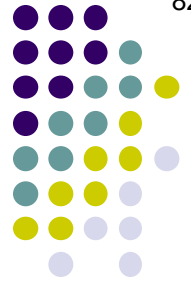
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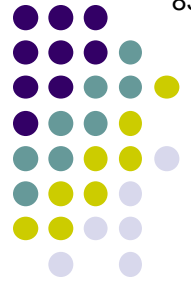
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A BCL must be placed over the glued cornea



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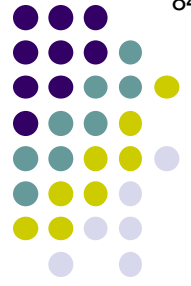
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An antibiotic drop should be used to prophylax against the possibility of a BCL-induced bacterial superinfection



# Q

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*What bacteria species must you be certain is adequately covered by the antibiotic?*



# A

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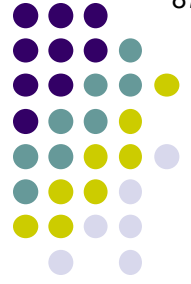
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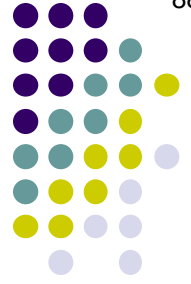
*What bacteria species must you be certain is adequately covered by the antibiotic? **Pseudomonas***



# Q

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    - You should also consider stopping common ocular drug, which can delay re-epithelialization. As a general rule: If the cornea is significantly thinned, avoid same drug.
  - 3) Suppress systemic inflammation

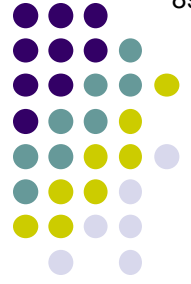


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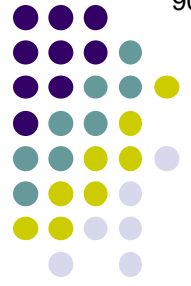


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  - 4) *Conj flap over the peripheral defect?*

*What about using a conj flap to cover the peripheral defect?*



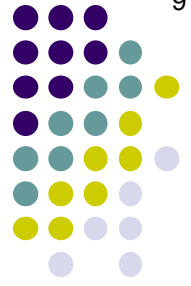
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  - 3) Suppress systemic inflammation
  - 4) *Conj flap over the peripheral defect? NO!*

*What about using a conj flap to cover the peripheral defect?*

Conj flaps are contraindicated in autoimmune PUK because they bring the conj vasculature (and thus all those nasty blood-borne inflammatory mediators) even closer to the melt



# Q

## Concerning PUK

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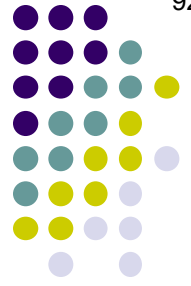
*In what clinical scenario might a conj flap over a PUK defect be an appropriate treatment maneuver?*

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4) *Conj flap over the peripheral defect? YES!*

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# A/Q

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*In what clinical scenario might a conj flap over a PUK defect be an appropriate treatment maneuver?*

In **infectious** PUK, especially when the organism is type of bug

- 3) Suppress systemic inflammation
- 4) *Conj flap over the peripheral defect? YES!*

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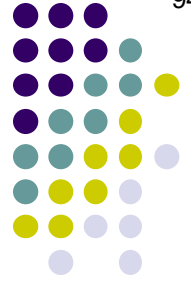
*In what clinical scenario might a conj flap over a PUK defect be an appropriate treatment maneuver?*  
 In **infectious** PUK, especially when the organism is **fungal**

3) Suppress systemic inflammation

4) *Conj flap over the peripheral defect? YES!*

*What about using a conj flap to cover the peripheral defect?*

Conj flaps are contraindicated in autoimmune PUK because they bring the conj vasculature (and thus all those nasty blood-borne inflammatory mediators) even closer to the melt



# Q

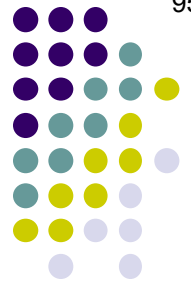
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  - 3) Suppress systemic inflammation
  - 4) *Conj surgery:*

*What about using a conj flap to cover the peripheral defect?*

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*What conj surgery is very helpful in autoimmune PUK?*



# A

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  - 3) Suppress systemic inflammation
  - 4) *Conj surgery: Sectoral conj resection*

*What about using a conj flap to cover the peripheral defect?*

Conj flaps are contraindicated in autoimmune PUK because they bring the conj vasculature (and thus all those nasty blood-borne inflammatory mediators) even closer to the melt

*What conj surgery is very helpful in autoimmune PUK?*

Sectoral conj resection (ie, cutting the conj **away** from the PUK zone) can be very effective

**Q**

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

**Polyarteritis nodosa (PAN)**

**Relapsing polychondritis (RP)**

**Rheumatoid arthritis (RA)**

**Granulomatosis with polyangiitis (GwP)**

**Mooren's ulcer (MU)**

**Churg-Strauss (CS)**

- Saddle-nose deformity (2):



**A**

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**Relapsing polychondritis (RP)**

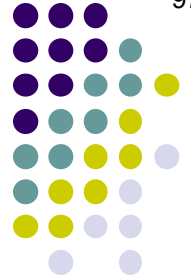
**Rheumatoid arthritis (RA)**

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- Saddle-nose deformity (2): **RP; GwP**

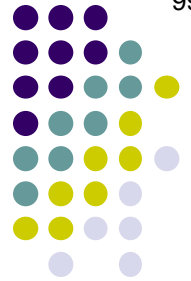




**Concerning PUK**



Saddle-nose deformity

**Q**

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Polyarteritis nodosa (PAN)

Relapsing polychondritis (RP)

Rheumatoid arthritis (RA)

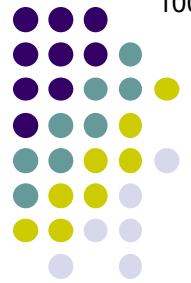
Granulomatosis with polyangiitis (GwP)

Mooren's ulcer (MU)

Churg-Strauss (CS)

- **Saddle-nose deformity** (2): RP; GwP

*If a pt with a saddle nose had interstitial keratitis rather than PUK, what diagnosis should you consider?*

**A**

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*If a pt with a saddle nose had interstitial keratitis rather than PUK, what diagnosis should you consider?*

**Congenital syphilis**

**Q**

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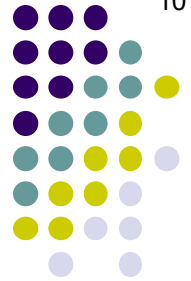
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- Asthma and eosinophilia:



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- Deformed auricular pinnae:

**A**

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Rheumatoid arthritis (RA)

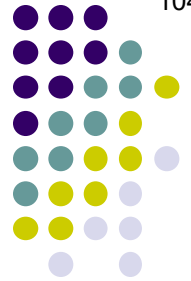
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Relapsing polychondritis (RP)

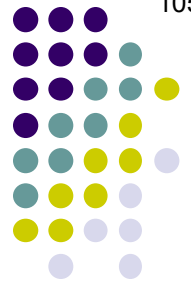
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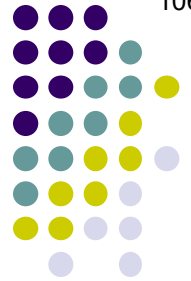




**Concerning PUK**



Auricular damage in RP

**Q**

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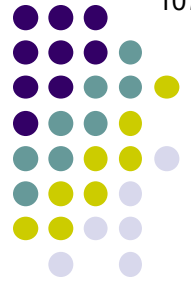
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- Ulcer has overhanging edge (2):

**A**

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- Ulcer has overhanging edge (2): **MU; PAN**

## Concerning PUK



Mooren's ulcer. Note the overhanging edge.

**Q**

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*What is the classic description regarding the pattern of progression for PUK in both Mooren's and PAN?*

**A/C**

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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Rheumatoid arthritis (RA)

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Relapsing polychondritis (RP)

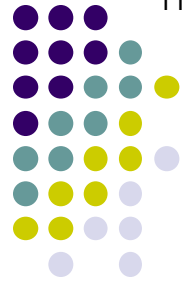
Granulomatosis with polyangiitis (GwP)

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- Saddle-nose deformity (2): RP; GwP
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- Deformed auricular pinnae: RP
- Ulcer has overhanging edge (2): MU; PAN

*What is the classic description regarding the pattern of progression for PUK in both Mooren's and PAN?*

- 1) Starts [redacted] then
- 2) progresses [redacted] then
- 3) progresses [redacted]

**A**

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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- Asthma and eosinophilia: **CS**
- Deformed auricular pinnae: **RP**
- Ulcer has overhanging edge (2): **MU; PAN**

*What is the classic description regarding the pattern of progression for PUK in both Mooren's and PAN?*

- 1) Starts **sectoral**, then
- 2) progresses **circumferentially**, then
- 3) progresses **centrally**

**Q**

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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**Relapsing polychondritis (RP)**

**Rheumatoid arthritis (RA)**

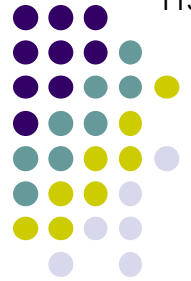
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- Ulcer has overhanging edge (2): **MU; PAN**
- Sclera never involved:



**A**

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

**Polyarteritis nodosa (PAN)**

**Relapsing polychondritis (RP)**

**Rheumatoid arthritis (RA)**

**Granulomatosis with polyangiitis (GwP)**

**Mooren's ulcer (MU)**

**Churg-Strauss (CS)**

- Saddle-nose deformity (2): **RP; GwP**
- Asthma and eosinophilia: **CS**
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- Sclera never involved: **MU**

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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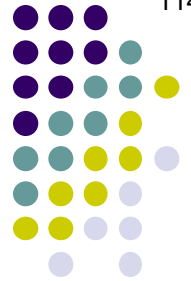
Rheumatoid arthritis (RA)

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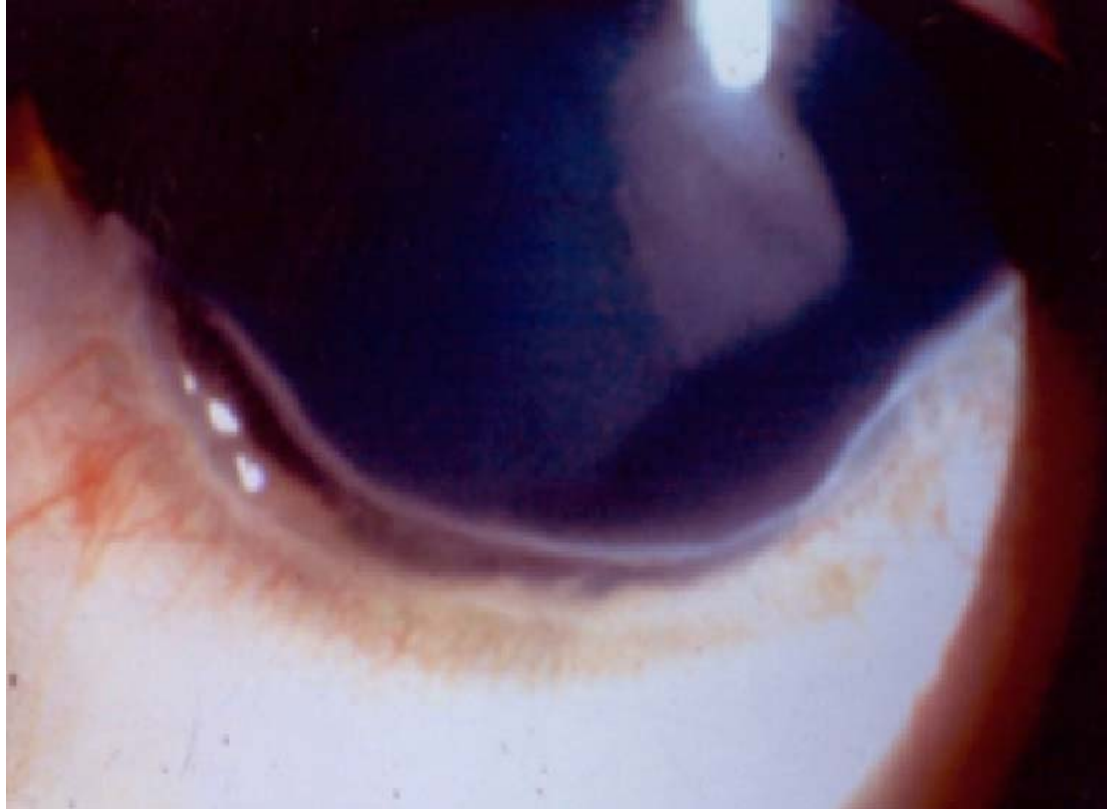
Churg-Strauss (CS)



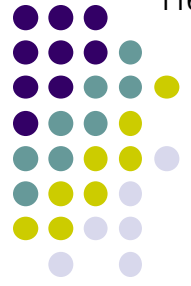
- Saddle-nose deformity (2): RP; GwP
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- Deformed auricular pinnae: RP
- Ulcer has overhanging edge (2): MU; PAN
- **Sclera never involved: MU**

*Take note! This is a key factor differentiating between Mooren's and other forms of PUK.*

## Concerning PUK



Mooren's ulcer. Note the adjacent sclera is totally quiet

**Q**

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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- ANCA positive (2):

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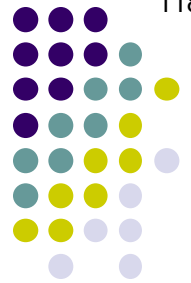
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- Sclera never involved: **MU**
- ANCA positive (2): **GwP; CS** *(Hey, what about PAN??!! Un momento, por favor)*

**Q**

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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*What does ANCA stand for?*

**A**

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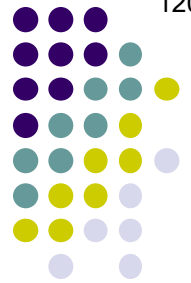
Granulomatosis with polyangiitis (GwP)

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*What does ANCA stand for?*

Antineutrophil cytoplasmic antibodies



Q

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*What are they?*



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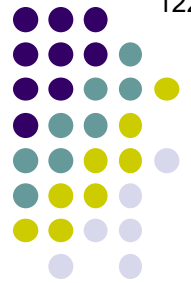
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Antineutrophil cytoplasmic antibodies

*What are they?*

Autoantibodies against antigens found within the cytoplasm of neutrophils



Q

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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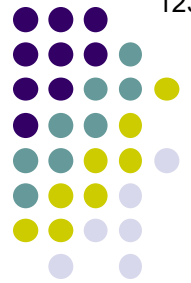
*What are they?*

Autoantibodies against antigens found within the cytoplasm of neutrophils

*With which specific ANCA pattern is each condition associated?*

*Granulomatosis with polyangiitis:*

*Churg-Strauss:*



# A

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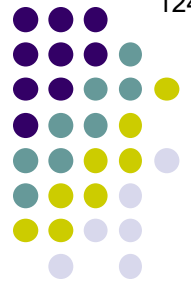
*What are they?*

Autoantibodies against antigens found within the cytoplasm of neutrophils

*With which specific ANCA pattern is each condition associated?*

*Granulomatosis with polyangiitis: Cytoplasmic (c-ANCA)*

*Churg-Strauss: Perinuclear (p-ANCA)*



Q

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*What about PAN? I thought it was ANCA-positive as well.*

**A/C**

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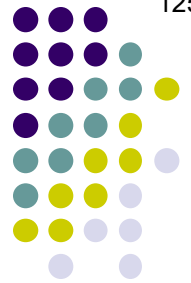
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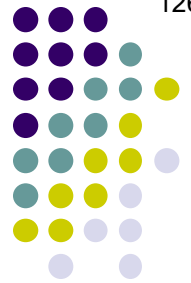
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This is a sticky widget. In the 1990s, rheumatologists determined that the label PAN was being applied to conditions that were actually separate disease entities. Thus, PAN was subdivided into several conditions:

-- word + abb. which affects only medium- and small-sized 'muscular' arteries; and

-- two words, which affects smaller arteries, arterioles, capillaries and venules.





# A

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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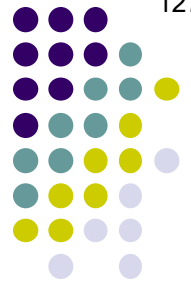
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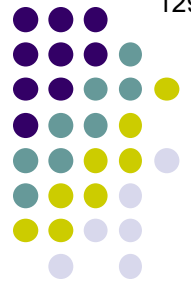
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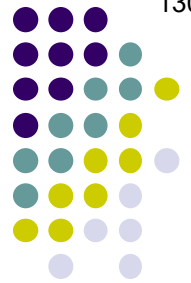
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It turns out microscopic polyangiitis is ANCA-positive, but classic PAN is not (PAN is not ANCA-positive, especially granulomatosis with

*What's the difference between a 'small-sized' artery and a 'smaller' artery?*

Rule of thumb: Classic PAN only affects arteries large enough to be named, whereas microscopic angiitis only affects vessels smaller than that.



Q

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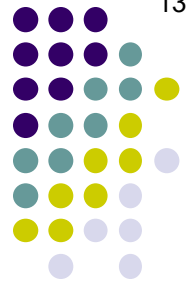
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- ANCA positive (2): **GwP; CS; PAN (10% of cases)**

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Unfortunately, no. Per the BCSC *Uveitis* book, ~10% of *PAN* pts will be c- or p-ANCA positive.



Q

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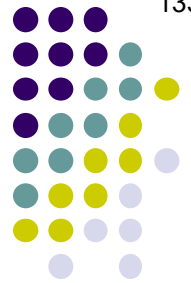
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*Got it. So if it's ANCA+ it's not PAN, right?*

Unfortunately, no. Per the BCSC Uveitis book, ~10% of PAN pts will be c- or p-ANCA positive.



# A

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--**Classic PAN**, which affects **OK, tell me this much at least--are both classic PAN and microscopic angiitis associated with PUK?**

--**Microscopic polyangiitis**, which is ANCA-positive. **Yes**

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Unfortunately, no. Per the BCSC Uveitis book, ~10% of PAN pts will be c- or p-ANCA positive.

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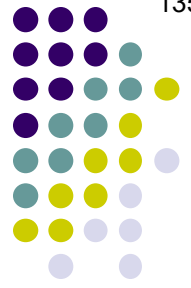
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- Is a diagnosis of exclusion:

**A**

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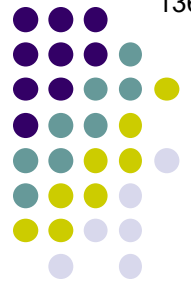
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- Ulcer has overhanging edge (2): **MU; PAN**
- Sclera never involved: **MU**
- ANCA positive (2): **GwP; CS; PAN**
- Is a diagnosis of exclusion: **MU**
- Chest X-ray likely abnormal (3):





# A

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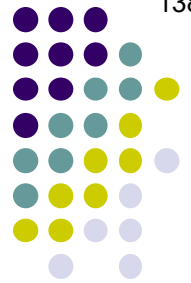
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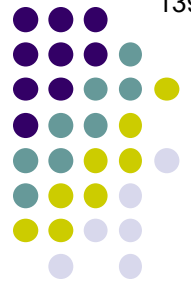
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- Ulcer has overhanging edge (2): MU; PAN
- Sclera never involved: MU
- ANCA positive (2): GwP; CS; PAN
- Is a diagnosis of exclusion: MU
- Chest X-ray likely abnormal (3): GwP; CS; RP
- Associated with hepatitis seropositivity:



# A

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- ANCA positive (2): **GwP; CS; PAN**
- Is a diagnosis of exclusion: **MU**
- Chest X-ray likely abnormal (3): **GwP; CS; RP**
- Associated with hepatitis seropositivity: **PAN**



Q

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

Polyarteritis nodosa (PAN)

Relapsing polychondritis (RP)

Rheumatoid arthritis (RA)

Granulomatosis with polyangiitis (GwP)

Mooren's ulcer (MU)

Churg-Strauss (CS)

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- Asthma and eosinophilia: CS
- Deformed auricular pinnae: RP
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- Sclera never involved: MU
- ANCA positive (2): GwP; CS; PAN
- Is a diagnosis of exclusion: MU
- Chest X-ray likely abnormal (3): GwP; CS; RP
- Associated with **hepatitis seropositivity: PAN**

*Which hepatitis virus is definitely associated with PAN?*



# A

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

Polyarteritis nodosa (PAN)

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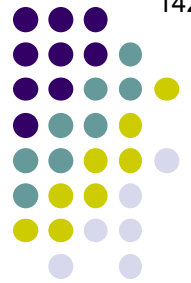
Mooren's ulcer (MU)

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- Saddle-nose deformity (2): RP; GwP
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- Deformed auricular pinnae: RP
- Ulcer has overhanging edge (2): MU; PAN
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- ANCA positive (2): GwP; CS; PAN
- Is a diagnosis of exclusion: MU
- Chest X-ray likely abnormal (3): GwP; CS; RP
- Associated with **hepatitis seropositivity: PAN**

*Which hepatitis virus is definitely associated with PAN?*

Hepatitis B



Q

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- Chest X-ray likely abnormal (3): GwP; CS; RP
- Associated with **hepatitis seropositivity: PAN**

*Which hepatitis virus is definitely associated with PAN?*

Hepatitis B

*What percent of PAN pts test positive for are Hep B surface Ag ?*



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For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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**Rheumatoid arthritis (RA)**

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**Mooren's ulcer (MU)**

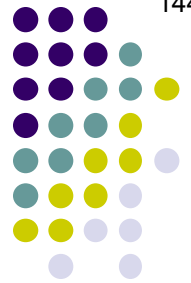
**Churg-Strauss (CS)**

- Saddle-nose deformity (2): RP; GwP
- Asthma and eosinophilia: CS
- Deformed auricular pinnae: RP
- Ulcer has overhanging edge (2): MU; PAN
- Sclera never involved: MU
- ANCA positive (2): GwP; CS; *PAN*
- Is a diagnosis of exclusion: MU
- Chest X-ray likely abnormal (3): GwP; CS; RP
- Associated with **hepatitis seropositivity: PAN**

*Which hepatitis virus is definitely associated with PAN?*

Hepatitis B

*What percent of PAN pts test positive for are Hep B surface Ag ?*  
About 10



Q

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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Rheumatoid arthritis (RA)

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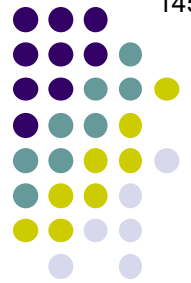
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- Sclera never involved: MU
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- Is a diagnosis of exclusion: MU
- Chest X-ray likely abnormal (3): GwP; CS; RP
- Associated with **hepatitis seropositivity: PAN**

*Which hepatitis virus is definitely associated with PAN?*

Hepatitis B

*Which form is probably associated, but the evidence is not as strong as for B?*





# A

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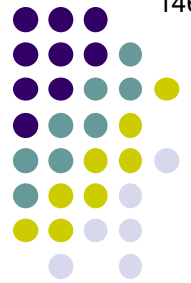
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- Deformed auricular pinnae: RP
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- Sclera never involved: MU
- ANCA positive (2): GwP; CS; PAN
- Is a diagnosis of exclusion: MU
- Chest X-ray likely abnormal (3): GwP; CS; RP
- Associated with **hepatitis seropositivity: PAN**

*Which hepatitis virus is definitely associated with PAN?*

Hepatitis B

*Which form is probably associated, but the evidence is not as strong as for B?*

Hepatitis C



Q

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

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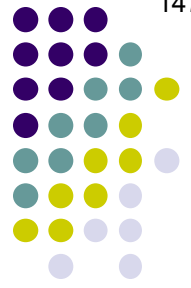
Mooren's ulcer (MU)

Relapsing polychondritis (RP)

Granulomatosis with polyangiitis (GwP)

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- Deformed auricular pinnae: RP
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- Sclera never involved: MU
- ANCA positive (2): GwP; CS; PAN
- Is a diagnosis of exclusion: MU
- Chest X-ray likely abnormal (3): GwP; CS; RP
- Associated with hepatitis seropositivity: PAN
- Associated with helminthic seropositivity:



# A

For each statement, identify which of these causes of PUK is/are associated (some will more than one answer)

**Polyarteritis nodosa (PAN)**

**Relapsing polychondritis (RP)**

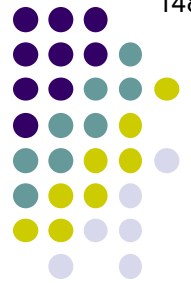
**Rheumatoid arthritis (RA)**

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**Mooren's ulcer (MU)**

**Churg-Strauss (CS)**

- Saddle-nose deformity (2): **RP; GwP**
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- Chest X-ray likely abnormal (3): **GwP; CS; RP**
- Associated with hepatitis seropositivity: **PAN**
- Associated with helminthic seropositivity: **MU**



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- Renal function may be impaired (4):



# A

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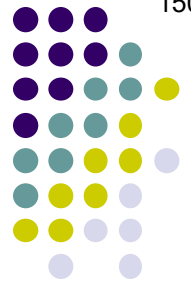
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- Associated with helminthic seropositivity: MU
- Renal function may be impaired (4): GwP; PAN; CS; RP
- Chronic, tx-resistant sinusitis common:



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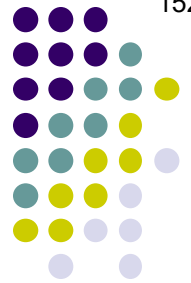
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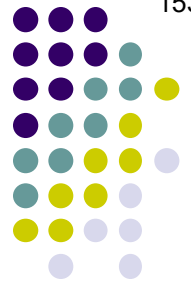
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- Renal function may be impaired (4): GwP; PAN; CS; RP
- Chronic, tx-resistant sinusitis common: GwP
- **Extremely** painful:





# A

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- **Extremely** painful: MU

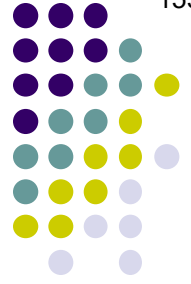
*(All forms of inflammatory PUK are painful, but Mooren's is exceptionally so.)*



# Q

## Concerning PUK

- With respect to manifesting PUK, which of the following doesn't belong, and why?
  - RA, Mooren's, Behçet, IBD (*IBD = Inflammatory bowel disease*)



# A

## Concerning PUK

- With respect to manifesting PUK, which of the following doesn't belong, and why?
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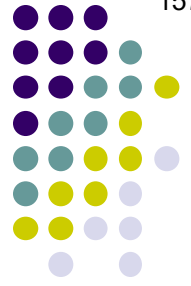


# Q

## Concerning PUK

- With respect to manifesting PUK, which of the following doesn't belong, and why?
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*Why is Mooren's the oddball in this group?*

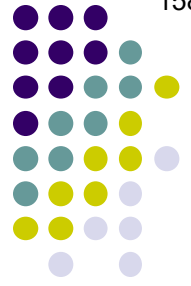


# A

## Concerning PUK

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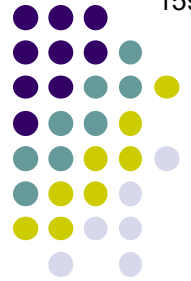
*Why is Mooren's the oddball in this group?*  
PUK in the others is due to a systemic condition,  
whereas Mooren's is, by definition, ocular only



Q

**Concerning PUK**

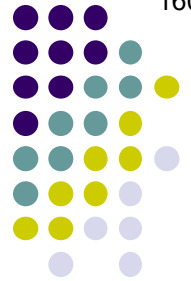
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- And in this group?
  - Mooren's, Terrien's marginal, Sarcoid, SLE



# A

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# Q

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*Why is Terrien's the oddball in this group?*





# Q/A

## Concerning PUK

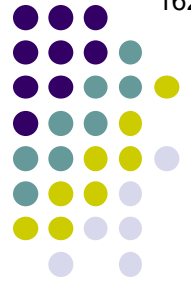
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Two reasons:

--PUK in the others is an  process; Terrien's is

--



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# Q/A

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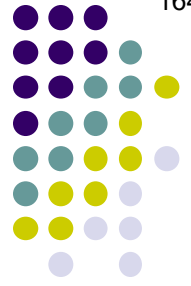
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# A

## Concerning PUK

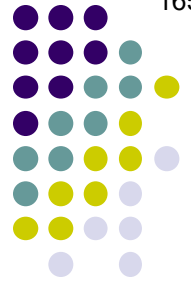
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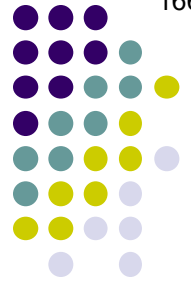
# Q

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V *If the epithelium is intact, what is going on that puts Terrien's on the DDx for PUK?*

T --PUK in the others is an inflammatory process; Terrien's is noninflammatory  
--As implied by the word 'ulcerative' in the name, the corneal epithelium is disrupted in PUK. In contrast **the epithelium is intact in Terrien's.**



# Q/A

## Concerning PUK

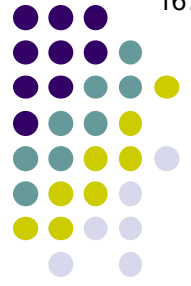
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Q

## Concerning PUK

Speaking of Terrien's...

*Is it a common, or an uncommon condition?*

- With the
- I
- Ar
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*Why is Terrien's the oddball in this group?*

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Q

## Concerning PUK

Speaking of Terrien's...

*Is it a common, or an uncommon condition?*

Uncommon

*Does it have a gender predilection?*

• Wi

the

• I

• Ar

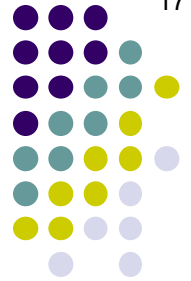
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# A

## Concerning PUK

Speaking of Terrien's...

*Is it a common, or an uncommon condition?*

Uncommon

- *Does it have a gender predilection?*  
While once thought to be more common in males, it is now considered equal

the

●

● Ar

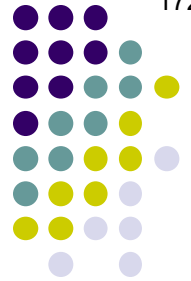
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•

• Ar

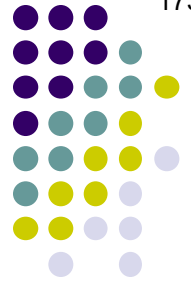
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the

*During what life-stage does Terrien's typically first appear?*

Young adulthood (late teens - early 30s)

●

● Ar

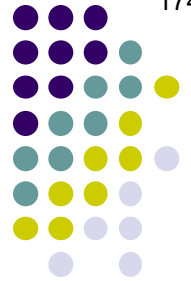
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Q

## Concerning PUK

Speaking of Terrien's...

*Is it a common, or an uncommon condition?*

Uncommon

- *Does it have a gender predilection?*  
While once thought to be more common in males, it is now considered equal

*Is it unilateral, or bilateral?*

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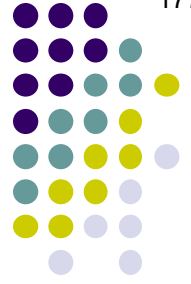
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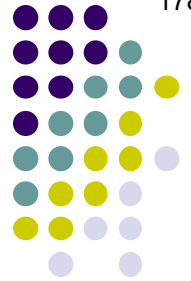
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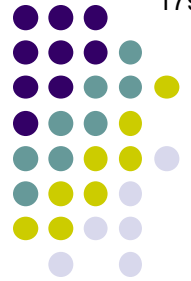
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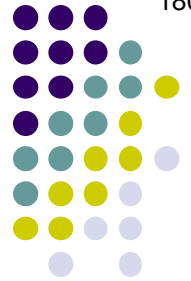
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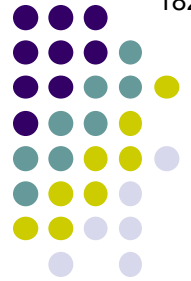
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two words

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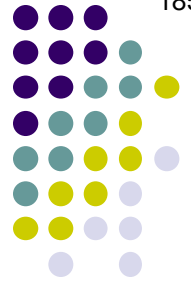
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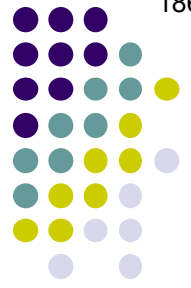
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## Concerning PUK



Terrien marginal degeneration. Note the leading lipids and the trailing pannus

## Concerning PUK

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**Remember this!!!** Consider it your tl;dr for Terrien's

*Does it affect vision? If so, how?*

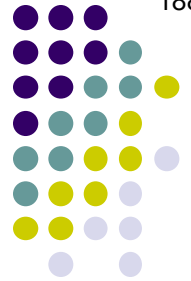
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Uncommon

*Does Terrien's render the cornea significantly thinner than normal?*

*Does it have*

While once

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the

*Is it unilate*

Bilateral (e

•

*Which sec*

It starts su

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*Is it a common, or an uncommon condition?*

Uncommon

*Does it have any systemic implications?*

While once

*Does Terrien's render the cornea significantly thinner than normal?*

Yes

*Is it unilateral?*

Bilateral (e

*Which sector is affected?*

It starts su

*Does it affect vision? If so, how?*

Yes, by inducing high astigmatism

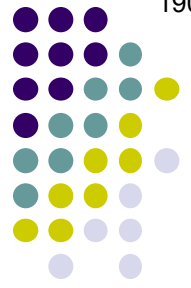
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Uncommon

*Does it have any associated conditions?*

While once

*Does Terrien's render the cornea significantly thinner than normal?*

Yes

*Is it unilateral?*

Bilateral (a

*Is the thinned Terrien's cornea at risk for rupture with mild trauma?*

*Which sector?*

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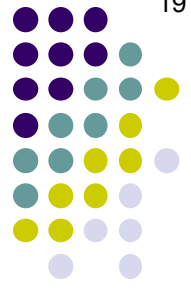
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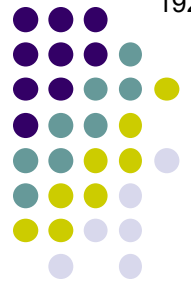
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Yes

*Which sector does it start?*

It starts su

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Yes

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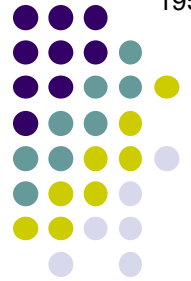
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While once normal, it becomes flattened

Flattened equal

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**Fuchs' superficial marginal keratitis**

Yes

*Does it affect vision? If so, how?*

Yes, by inducing high astigmatism

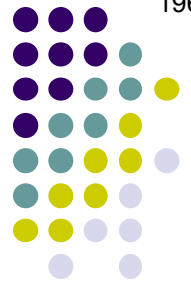
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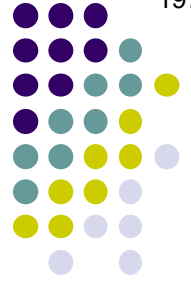
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## Concerning PUK



Fuchs' superficial marginal keratitis



# Q

## Concerning PUK

- All of the following are true concerning Mooren's ulcer *except* (could be more than one):
  - Cause is unknown
  - One clinical type presents as a unilateral PUK in the elderly
  - The other type presents as bilateral disease in young African women
  - Patients with the 'African' variety often have a history of systemic helminth infection
  - Mooren's responds readily to aggressive local therapy



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  - *The other type presents as bilateral disease in young African ~~women~~*
  - Patients with the 'African' variety often have a history of systemic helminth infection *T*
  - *Mooren's responds ~~readily~~ <sup>poorly</sup> to aggressive local therapy*

*Mooren's ulcer* is a chronic, progressive PUK. By definition, the cause is unknown. It starts sectorally, progresses circumferentially, then finally centrally. The leading edge is undermined and de-epithelialized. Two clinical varieties are recognized: Unilateral disease in the elderly, and rapidly progressive, severe bilateral disease that strikes young African men. These men usually are seropositive for helminthic disease.

The plethora of treatments stands as gloomy testimony to the relative ineffectiveness of each. Ocular modalities include topical steroids, BCL, *n-acetylcysteine* drops, topical cyclosporine and conjunctival resection. Quite often, systemic immunosuppressives are needed: steroids, MTX, and/or cyclophosphamide.