TABLE 4 TREATMENT RECOMMENDATIONS AND FOLLOW-UP FOR AMD

Recommended Treatment	Diagnoses Eligible for Treatment	Follow-up Recommendations		
Non-Neovascular AMD		Intervals	Testing	
Observation with no medical or surgical therapies ^{6,130,202}	Early AMD (AREDS category 2)	Return examination at 6–24 months if asymptomatic or prompt examination for new symptoms suggestive of CNV	Fundus photos, fluorescein angiography, or OCT as appropriate ⁶	
	Advanced AMD with bilateral subfoveal geographic atrophy or disciform scars	Return examination at 6–24 months if asymptomatic or prompt examination for new symptoms suggestive of CNV	Fundus photos, fluorescein angiography, or as appropriate ⁶	
Antioxidant vitamin and mineral supplements as recommended in the original AREDS and AREDS2 reports ^{6,18}	 Intermediate AMD (AREDS category 3) Advanced AMD in one eye (AREDS category 4) 	Return examination at 6–18 months if asymptomatic or prompt examination for new symptoms suggestive of CNV	 Monitoring of monocular near vision (reading/Amsler grid) Fundus photography and/or fundus autofluorescence as appropriate 	
Neovascular AMD			Fluorescein angiography and/or OCT for suspicion of CNV	
Aflibercept intravitreal injection 2.0 mg as described in published reports ¹⁴⁶	Macular CNV	 Patients should be instructed to promptly report symptoms suggestive of endophthalmitis, including eye pain or increased discomfort, worsening eye redness, blurred or decreased vision, increased sensitivity to light, or increased number of floaters 		
			eatment initially; subsequent follow-up and treatment depends on the almologist. A maintenance treatment regimen of every 8 weeks has weeks in the first year of therapy.	
		Monitoring of monocular near vision (reading/Amsl		
Bevacizumab intravitreal injection 1.25 mg as described in published reports ^{150,155,159,160,200,203}	Macular CNV	 Patients should be instructed to promptly report symptoms suggestive of endophthalmitis, including eye pain or increased discomfort, worsening eye redness, blurred or decreased vision, increased sensitivity to light, or an increased number of floaters. 		
The ophthalmologist should provide appropriate informed consent with respect to the off-label status ¹⁵⁶			eatment initially; subsequent follow-up and treatment depends on the almologist	
		Monitoring of monocular near vision (reading/Amsl	er grid)	
Ranibizumab intravitreal injection 0.5 mg as recommended in literature ^{152,157-160,179,201,204-206}	Macular CNV		mptoms suggestive of endophthalmitis, including eye pain or red or decreased vision, increased sensitivity to light, or an increased	
		clinical findings and judgment of the treating ophth		
		Monitoring of monocular near vision (reading/Amsl	er grid)	
Less Commonly Used Treatments for Neovascular AM				
PDT with verteporfin as recommended in the TAP and VIP reports ^{174,207,209*}	 Macular CNV, new or recurrent, where the classic component is >50% of the lesion and the entire lesion is ≤5400 µm in greatest linear diameter 		Return examination approximately every 3 months until stable, with retreatments as indicated Monitoring of monocular near vision (reading/Amsler grid)	
	Occult CNV may be considered for PDT with vision <20/50 or if the CNV is <4 MPS disc areas in size when the vision is >20/50			
	 Juxtafoveal CNV is an off-label indication for PDT but may be considered in select cases 			
Thermal laser photocoagulation surgery as recommended in the MPS reports ^{169,172,202}	 May be considered for extrafoveal classic CNV, new or recurrent 	thereafter depending on the clinical and angiograph	approximately 2–4 weeks after treatment, and then at 4–6 weeks and hic findings	
	May be considered for juxtapapillary CNV	Retreatments as indicated Application of management as wision (reading (Application))	مديدها	
		Monitoring of monocular near vision (reading/Amsl	er gria)	

AMD = Age-Related Macular Degeneration; AREDS = Age-Related Eye Disease Study; CNV = choroidal neovascularization; MPS = Macular Photocoagulation Study; OCT = optical coherence tomography; PDT = photodynamic therapy; TAP = Treatment of Age-Related Macular Degeneration with Photodynamic Therapy; VIP = Verteporfin in Photodynamic Therapy

^{*} Contraindicated in patients with porphyria or known allergy.