



AMERICAN ACADEMY™
OF OPHTHALMOLOGY



Orbit, Eyelids, and Lacrimal System

Last major revision 2015-2016

2017-2018
BCSC
Basic and Clinical
Science Course™



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Basic and Clinical Science Course

Louis B. Cantor, MD, Indianapolis, Indiana, *Senior Secretary for Clinical Education*

Christopher J. Rapuano, MD, Philadelphia, Pennsylvania, *Secretary for Lifelong Learning and Assessment*

George A. Cioffi, MD, New York, New York, *BCSC Course Chair*

Section 7

Faculty

Jill Annette Foster, MD, *Chair*, Columbus, Ohio

Keith D. Carter, MD, Iowa City, Iowa

Vikram D. Durairaj, MD, Austin, Texas

Marsha C. Kavanagh, MD, Portsmouth, New Hampshire

Bobby S. Korn, MD, PhD, La Jolla, California

Christine C. Nelson, MD, Ann Arbor, Michigan

Morris E. Hartstein, MD, *Consultant*, Raanana, Israel

The Academy wishes to acknowledge the American Society of Ophthalmic Plastic and Reconstructive Surgery (ASOPRS) for recommending faculty members to the BCSC Section 7 committee.

The Academy also wishes to acknowledge the following committees for review of this edition:

Committee on Aging: Paul N. Rosenberg, MD, Webster, New York

Vision Rehabilitation Committee: Richard A. Harper, MD, Little Rock, Arkansas

Practicing Ophthalmologists Advisory Committee for Education: Robert G. Fante, MD, *Primary Reviewer*, Denver, Colorado; Edward K. Isbey III, MD, *Chair*, Asheville, North Carolina; Alice Bashinsky, MD, Asheville, North Carolina; David J. Browning, MD, PhD, Charlotte, North Carolina; Bradley Fouraker, MD, Tampa, Florida; Dasa Gangadhar, MD, Wichita, Kansas; Steven J. Grosser, MD, Golden Valley, Minnesota; James A. Savage, MD, Memphis, Tennessee



European Board of Ophthalmology: Peter Raus, MD, *Chair*, Brussels, Belgium; Artur Klett, MD, FEBO, *Liaison*, Tallinn, Estonia; Maria Borrelli, MD, PhD, Düsseldorf, Germany; Gerd Geerling, MD, PhD, FEBO, Düsseldorf, Germany

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Dr Browning: Aerpio (S), Alimera Sciences (C), Diabetic Retinopathy Clinical Research (S), Genentech (S), Novartis Pharmaceuticals (S), Pfizer (S), Regeneron Pharmaceuticals (S)

Dr Durairaj: KLS Martin (L), Stryker Corporation/Medical Division (L)

Dr Fante: Ophthalmic Mutual Insurance Company (C, L)

Dr Foster: Allergan (C, L), Merz (C, L)

Dr Fouraker: Addition Technology (C), Alcon Laboratories (C), Keravision (C), Ophthalmic Mutual Insurance Company (C)

Dr Geerling: Allergan (C, L), Bausch + Lomb (C, L), TearLab (C, L, O), TearScience (C, L), Théa Pharma (C, L)

Dr Grosser: Ivantis (O)

Dr Isbey: Alcon Laboratories (S), Allscripts (C), Bausch + Lomb (S), Medflow (C)

Dr Korn: Elsevier (P)

Dr Raus: Allergan (L)

Dr Savage: Allergan (L)

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Recent Past Faculty

Warren J. Chang, MD

Roberta E. Gausas, MD

Andrew R. Harrison, MD

John Bryan Holds, MD

In addition, the Academy gratefully acknowledges the contributions of numerous past faculty and advisory committee members who have played an important role in the development of previous editions of the Basic and Clinical Science Course.

American Academy of Ophthalmology Staff

Dale E. Fajardo, *Vice President, Education*

Beth Wilson, *Director, Continuing Professional Development*

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Stephanie Tanaka, *Publications Manager*

D. Jean Ray, *Production Manager*

Kimberly Torgerson, *Publications Editor*

Beth Collins, *Medical Editor*

Naomi Ruiz, *Editorial Assistant*

American Academy of Ophthalmology
655 Beach Street
Box 7424
San Francisco, CA 94120-7424

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General Introduction

The Basic and Clinical Science Course (BCSC) is designed to meet the needs of residents and practitioners for a comprehensive yet concise curriculum of the field of ophthalmology. The BCSC has developed from its original brief outline format, which relied heavily on outside readings, to a more convenient and educationally useful self-contained text. The Academy updates and revises the course annually, with the goals of integrating the basic science and clinical practice of ophthalmology and of keeping ophthalmologists current with new developments in the various subspecialties.

The BCSC incorporates the effort and expertise of more than 90 ophthalmologists, organized into 13 Section faculties, working with Academy editorial staff. In addition, the course continues to benefit from many lasting contributions made by the faculties of previous editions. Members of the Academy Practicing Ophthalmologists Advisory Committee for Education, Committee on Aging, and Vision Rehabilitation Committee review every volume before major revisions. Members of the European Board of Ophthalmology, organized into Section faculties, also review each volume before major revisions, focusing primarily on differences between American and European ophthalmology practice.

Organization of the Course

The Basic and Clinical Science Course comprises 13 volumes, incorporating fundamental ophthalmic knowledge, subspecialty areas, and special topics:

- 1 Update on General Medicine
- 2 Fundamentals and Principles of Ophthalmology
- 3 Clinical Optics
- 4 Ophthalmic Pathology and Intraocular Tumors
- 5 Neuro-Ophthalmology
- 6 Pediatric Ophthalmology and Strabismus
- 7 Orbit, Eyelids, and Lacrimal System
- 8 External Disease and Cornea
- 9 Intraocular Inflammation and Uveitis
- 10 Glaucoma
- 11 Lens and Cataract
- 12 Retina and Vitreous
- 13 Refractive Surgery

In addition, a comprehensive Master Index allows the reader to easily locate subjects throughout the entire series.

References

Readers who wish to explore specific topics in greater detail may consult the references cited within each chapter and listed in the Basic Texts section at the back of the book.

These references are intended to be selective rather than exhaustive, chosen by the BCSC faculty as being important, current, and readily available to residents and practitioners.

Videos

This edition of Section 7, *Orbit, Eyelids, and Lacrimal System*, includes videos related to topics covered in the book. The videos were selected by members of the BCSC faculty and are available to readers of the print and electronic versions of Section 7. Mobile-device users can scan the QR code below (a QR-code reader must already be installed on the device) to access the video content.

Study Questions and CME Credit

Each volume of the BCSC is designed as an independent study activity for ophthalmology residents and practitioners. The learning objectives for this volume are given on page 1. The text, illustrations, and references provide the information necessary to achieve the objectives; the study questions allow readers to test their understanding of the material and their mastery of the objectives. Physicians who wish to claim CME credit for this educational activity may do so by following the instructions given at the end of the book.

Conclusion

The Basic and Clinical Science Course has expanded greatly over the years, with the addition of much new text, numerous illustrations, and video content. Recent editions have sought to place greater emphasis on clinical applicability while maintaining a solid foundation in basic science. As with any educational program, it reflects the experience of its authors. As its faculties change and medicine progresses, new viewpoints emerge on controversial subjects and techniques. Not all alternate approaches can be included in this series; as with any educational endeavor, the learner should seek additional sources, including Academy Preferred Practice Pattern Guidelines.

The BCSC faculty and staff continually strive to improve the educational usefulness of the course; you, the reader, can contribute to this ongoing process. If you have any suggestions or questions about the series, please do not hesitate to contact the faculty or the editors.

The authors, editors, and reviewers hope that your study of the BCSC will be of lasting value and that each Section will serve as a practical resource for quality patient care.

Objectives

Upon completion of BCSC Section 7, *Orbit, Eyelids, and Lacrimal System*, the reader should be able to

- describe the normal anatomy and function of orbital and periocular tissues
 - identify general and specific pathophysiologic processes (including congenital, infectious, inflammatory, traumatic, neoplastic, and involucional) that affect the structure and function of these tissues
 - select appropriate examination techniques and protocols for diagnosing disorders of the orbit, eyelids, and lacrimal system
 - select from among the various imaging and ancillary studies available those that are most useful for the particular patient
 - describe appropriate differential diagnoses for disorders of the orbital and periocular tissues
 - state the indications for enucleation, evisceration, and exenteration
 - describe functional and cosmetic indications in the surgical management of eyelid and periorbital conditions
 - state the principles of medical and surgical management of conditions affecting the orbit, eyelids, and lacrimal system
 - identify the major postoperative complications of orbital, eyelid, and lacrimal system surgery
-